

**M U N I**  
**M E D**

# **ABCDE approach**

Petr Suk

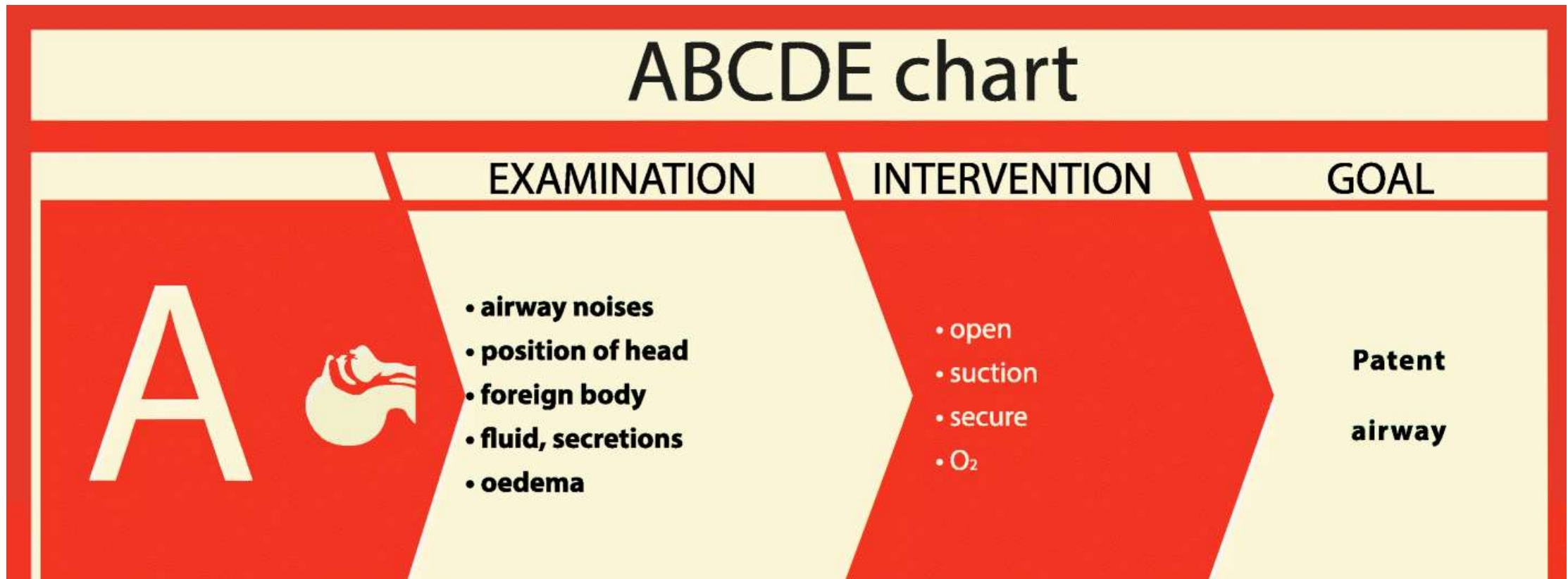
# Endpoints

- Student is able to briefly recognize unstable patient.
- Student knows principles of ABCDE approach.
- Student is familiar with basic interventions recommended in ABCDE approach.

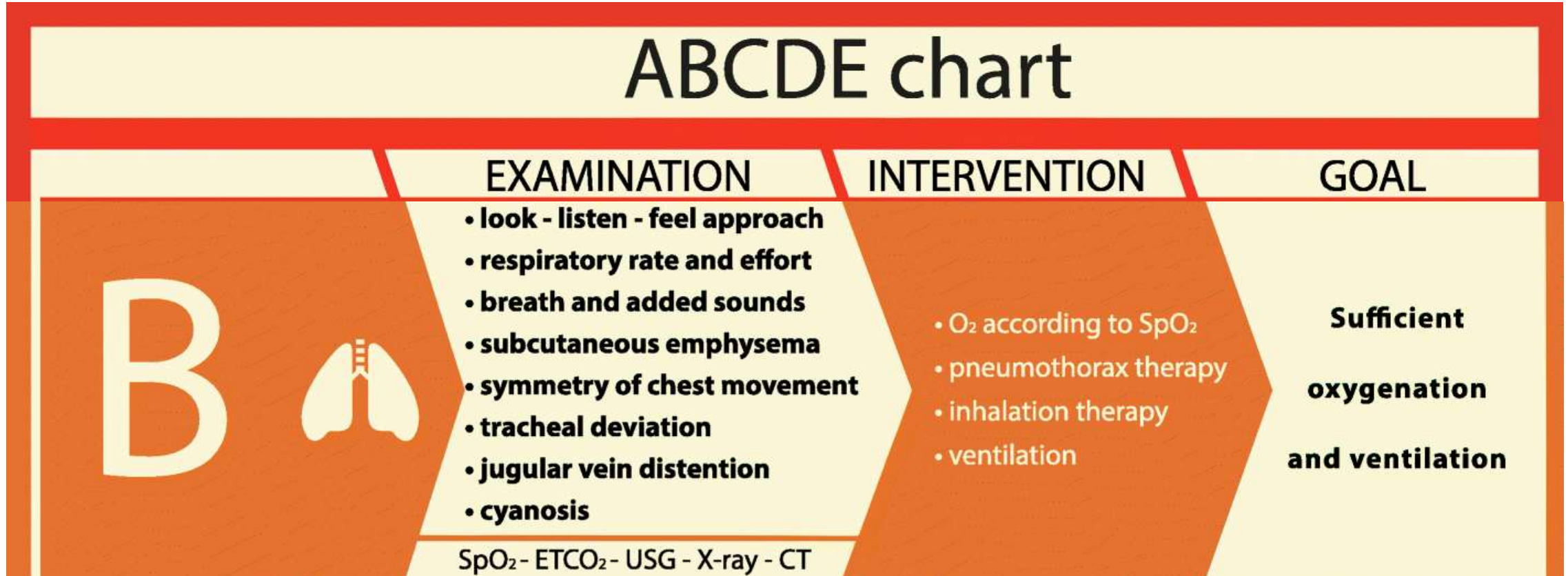
# Basics of ABCDE approach

- applicable in all clinical emergencies for immediate assessment and treatment.
- high-quality ABCDE skills among all treating team members can save valuable time and improve team performance.
- can be used in the street without any equipment.
- The aims of the ABCDE approach are:
  - to provide life-saving treatment
  - to break down complex clinical situations into more manageable parts
  - to serve as an assessment and treatment algorithm
  - to establish common situational awareness among all treatment providers
  - to buy time to establish a final diagnosis and treatment

# A - Airway




# B - Breathing

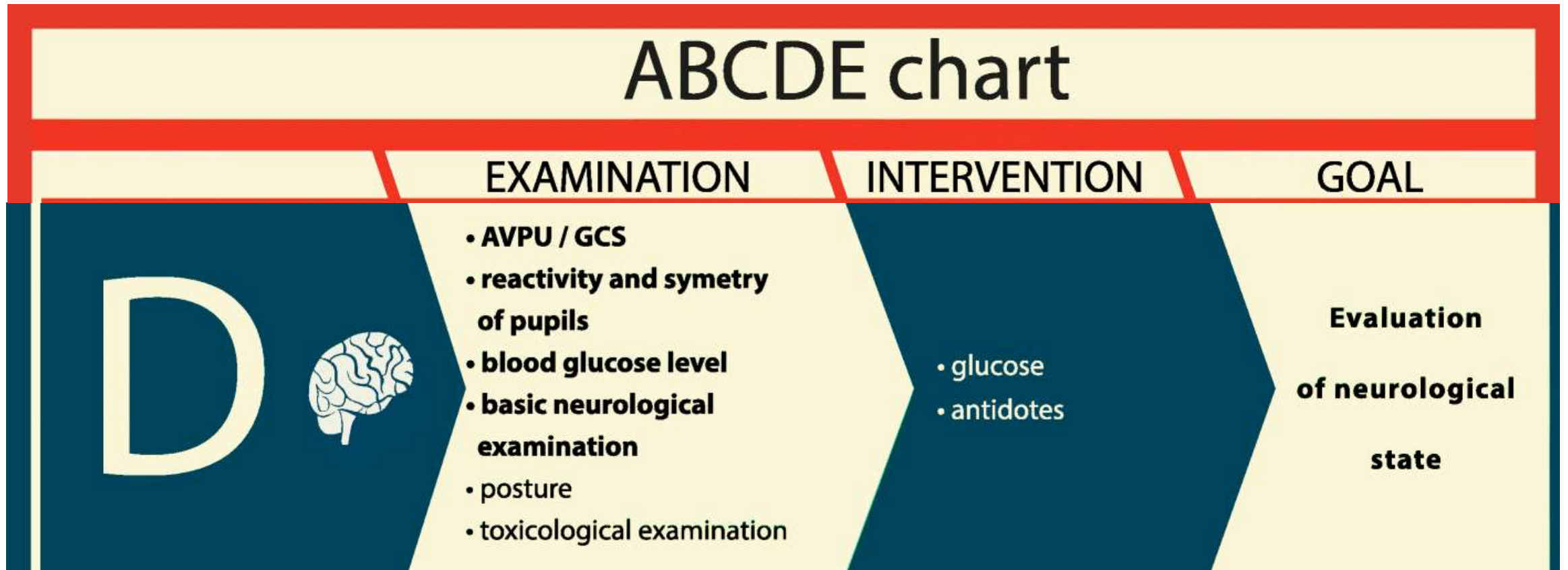


# C - Circulation

## ABCDE chart

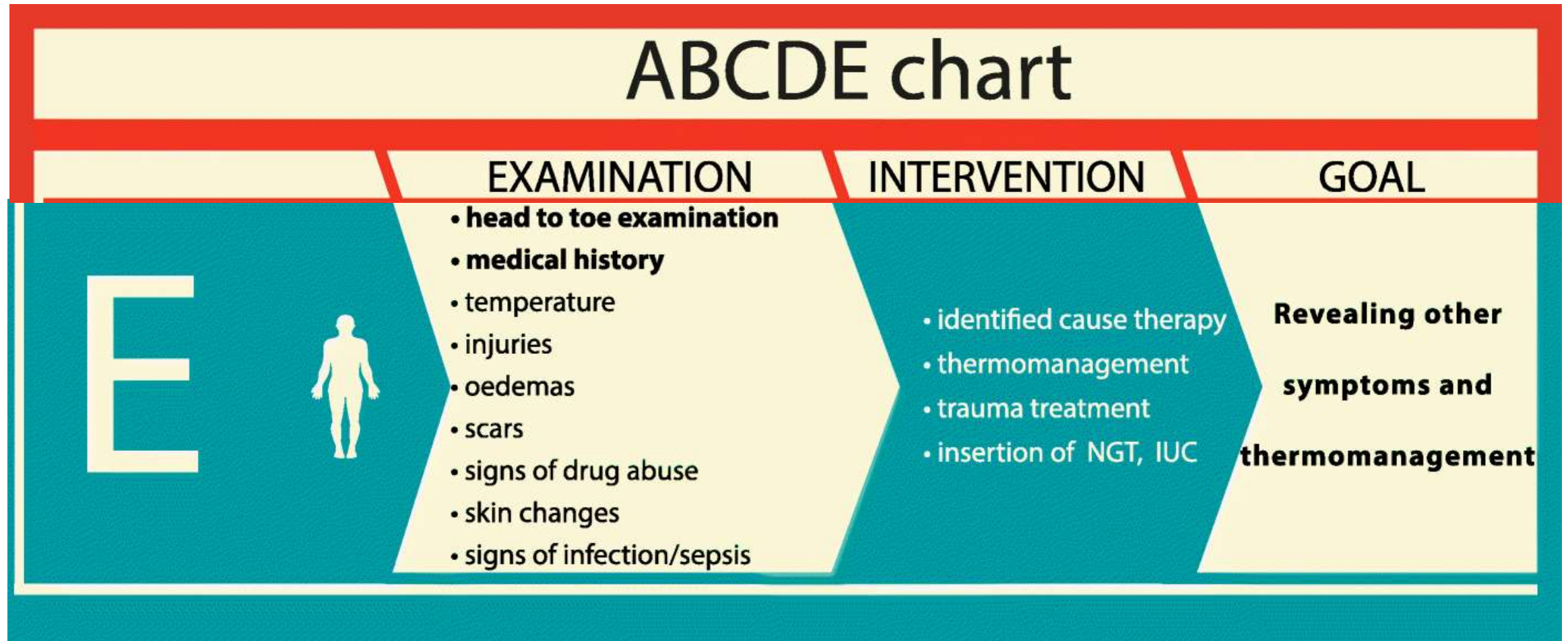
	EXAMINATION	INTERVENTION	GOAL
	<ul style="list-style-type: none"><li>• <b>heart rate</b></li><li>• <b>blood pressure</b></li><li>• <b>capillary refill time</b></li><li>• <b>bleeding</b></li><li>• <b>skin colour</b></li><li>• blood samples</li><li>• diuresis</li></ul> <p>ECG - USG - CT - X-ray</p>	<ul style="list-style-type: none"><li>• I.V. / I.O. access</li><li>• control of bleeding</li><li>• massive haemorrhage protocol</li><li>• fluids</li><li>• drugs</li><li>• transfusion</li></ul>	<p><b>Stabilization of circulation</b></p>

# D - Disability





# E - Exposure





# Take home message

- Call for help as soon as possible, if you are not sure about the patient condition!
- Once you recognize potential life threatening condition, treat it immediately.
- If you do not know what to do, start again from letter A...

MUNI  
MED