Histology and Embryology

Lecturers:

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Lecture 1

Introduction

- The object and significance of histology.
- Relevance of histology to other biomedical disciplines.
- History, current state, and future of histology.
- · Methodologies to study a structure of cells and tissues.

Cytology

- The cell definition, characteristics, compartmentalization.
- · Cell nucleus ultrastructure and function, chromosomes, nucleolus.
- Endoplasmic reticulum
- Golgi apparatus
- · Centrosome
- · Mitochondria
- Lyzosomes + Peroxisomes
- Cytoplasmic inclusions
- · Cytoskeleton
- Cell surface specialisations
- · Cell cycle, cell division, cell differentiaion

Histology

Microscopic and submicroscopic structure of the body

(cells, extracellular matrix, fluid substances)

Cytology

General aspects of the structures composing the cells and their functioning

General histology

What are the main types of tissues?
What are their functions?
What cell types these tissues are made of?

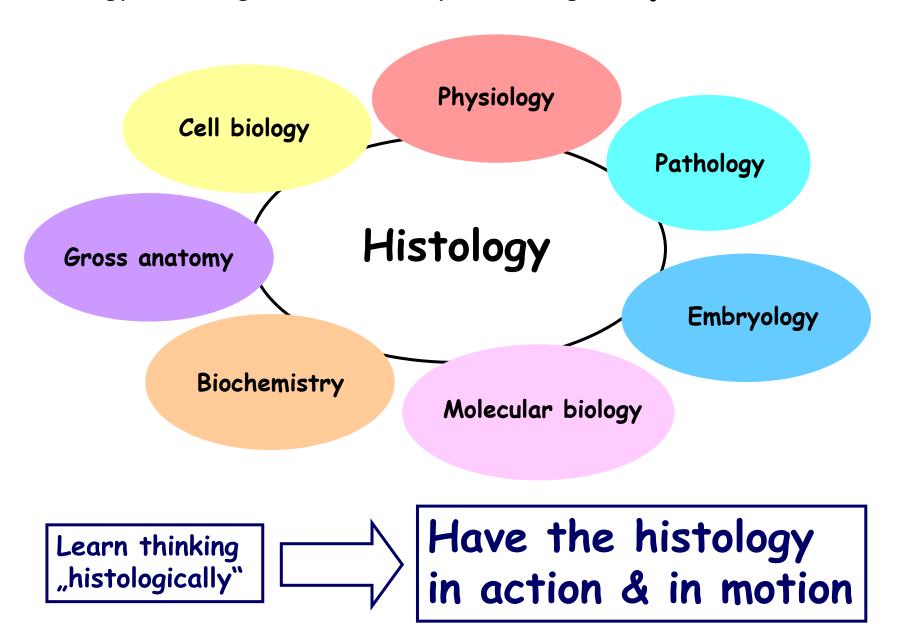
Microscopic anatomy

Composition and structure of organ systems & individual organs

Which tissue types and how organized?
Which special cell types?
Which special structures? (e.g. tubules)
How does it all work?

All this mirrors hierarchical organisation of living organisms

Histology is no longer a static discipline dealing with just the structure !!!



Studying histology was first made mandatory for medical students in 1893 by John's Hopkins Medical School!

Most histologists are Germans primarily because they made great microscopes.

Eponymously theirs....

Jan Evangelista Purkyně 1787 – 1869

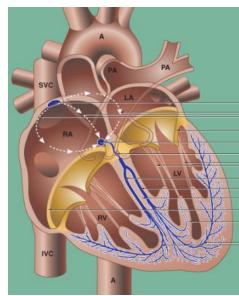
Bohemian physiologist

Schwann + Schleiden - 1839 - cell theory

- Pioneer in histological techniques
 First to use something like a microtome
- Introduced the term plasma
- Found Purkinje fibers of the heart -
- Found Purkinje cells of the cerebellar cortex

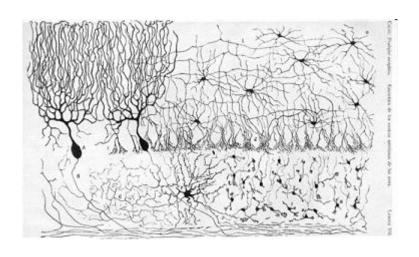


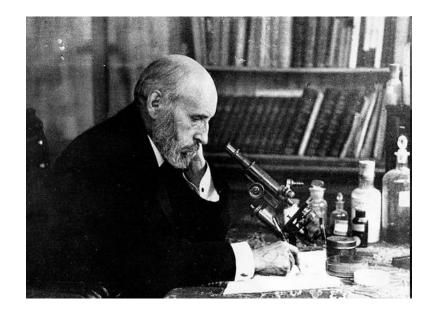




Santiago Ramón Y Cajal 1852 - 1934

Spanish physician and anatomist





He established the neuron as the primary structural and functional unit of the nervous system.

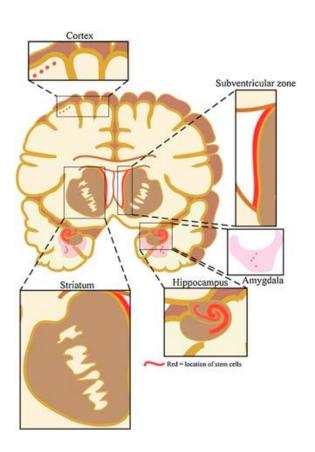
Nobel Prize in 1906

"Once the development was ended, the founts of growth and regeneration of the axons and dendrites dried up irrevocably. In the adult centers, the nerve paths are something fixed, ended, and immutable. Everything may die, nothing may be regenerated. It is for the science of the future to change, if possible, this harsh decree."

Making unexpected discoveries

(since early 1990s)

The existence of multipotent self-renewing progenitors residing in the postantal and adult nervous system



DEFINITELY IN:

- Subventricular zone of the lateral ventricle
- Subgranular zone of the dentate gyrus of the hippocampus

POSSIBLY IN:

- · Cortex?
- · Amygdala?



Methodologies to study cells and tissues 1

Making it observable



Stabilization of the structure

Fixation

Making the objects smaller - transmissible for the light

Embedding + Sectioning

Making the structures well visible

"Staining"

Enlargement



Utility of Microscopes



Light (optical) microscopes

(interaction of photons with a matter)

Resolution 0.1 µm

- Equipped for visible light only
- · Equipped for fluorescence
- · Confocal laser scanning





Electron microscopes

(interaction of electrons with a matter)

Resolution 0.1 nm (in practice 1 nm)

- Transmission
- Scanning

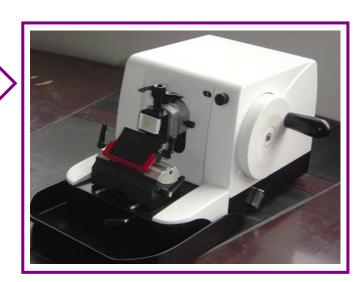
Methodologies to study cells and tissues 2

Fixation (denaturation)

- Organic solvents (EtOH, MetOH, Aceton,...)
- Aldehydes (form-, paraform-, glutar-aldehyde, ...)
- Organic acids (acetic, picric, ...)
- · Heavy metals (salts of mercury, chrome, osmium, ...)

Embedding + Sectioning

- · Paraffine wax
- Celloidine (=cellulose nitrate)
- Durcupan (synthetic polymer)
- LR White (synthetic polymer)
- · others



"Staining"

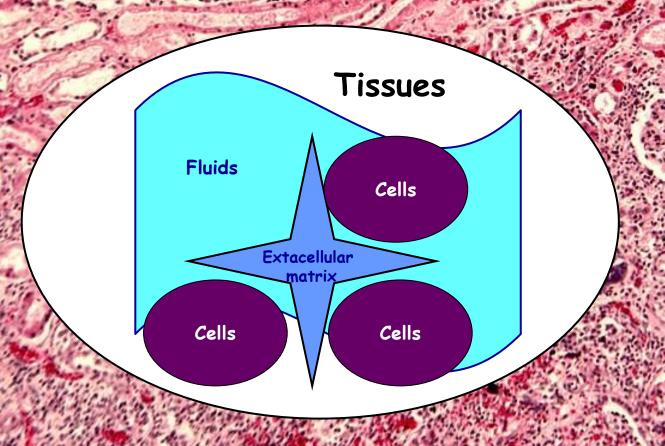
Chemical stains (H+E, Azan, van Gieson, ...)

Histochemical stains (for proteins/enzymes, sugars, lipids, ...)

Immunochemical visualization (labeled antibodies)

Heavy metals (for TEM - salts of uranium, lead, wolfram, ...)

Understanding the complex systems can only be built on understanding its components



Fluids

- · Intersticial fluid
- Plasma (in blood)
- Lymph (in lymph vessels)
 - · Cerebrospinal fluid
- Intracellular fluid (cytosol)

The cells make it all

Living organisms are composed of cells

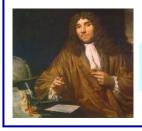
Long way to this discovery:



Robert Hooke 1665

He for the first time observed the structure of cork - cell





Antonie van Leeuwenhoek 1678

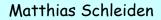
He for the first time observed microscopical organisms (bacteria, protozoa)



1839



All organisms are composed of one or more cells



Theodor Schwann



Rudolph Virchow 1855

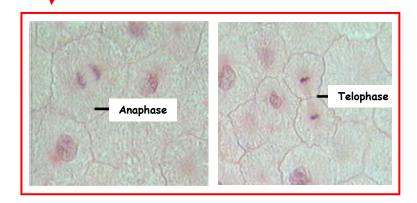
Cell can develop only from preexisting cells "Omnis cellula e cellula"

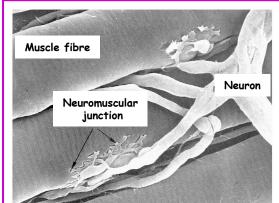
Cell is unifying theme/element of life

(cells are very similar among each other: small + specialized functions)

Current cell theory - 6 principles on which it is built

- · Cell is the smallest structural and functional unit capable of life functions
- Function of each cell is given by its specific structure
- Cells are bulding units of all multicellular organisms cells are responsible for all processes taking place in the organisms
- Structure and function of all organisms is based on structural and functional properties of cells from which they are composed
- All new cells originate from preexisting cells
- Thanks to the continuity of life on the Earth, all cells are in principle the same (universal genetic code and its expression)

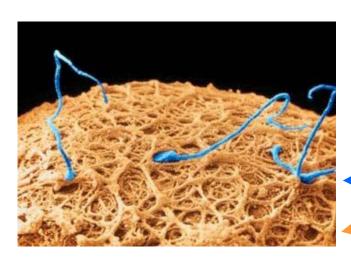


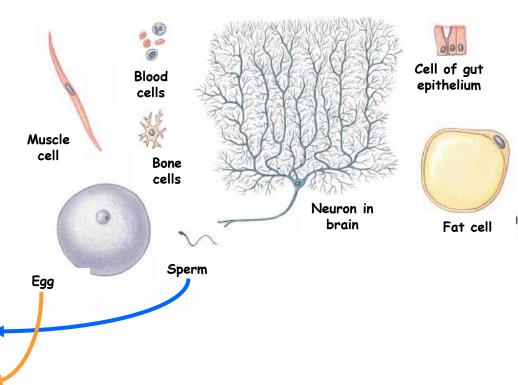


Despite of their common scheme, structural and functional diversity is a typical feature of all eukaryotic cell types

The cells of human tissues and organs are also structurally and functionally very diverse

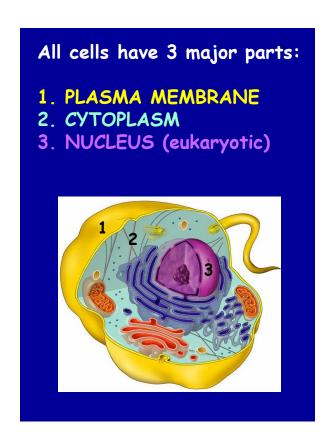
Such diversity is critical for an ability of cells to serve various functions in human body

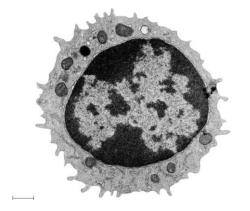


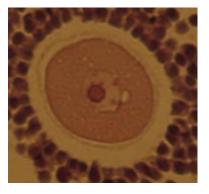


No cell is exactly like all others, but cells do have many common structural and functional features.

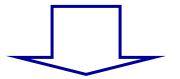
Keep in mind that not all cells contain all the structures we will discuss!



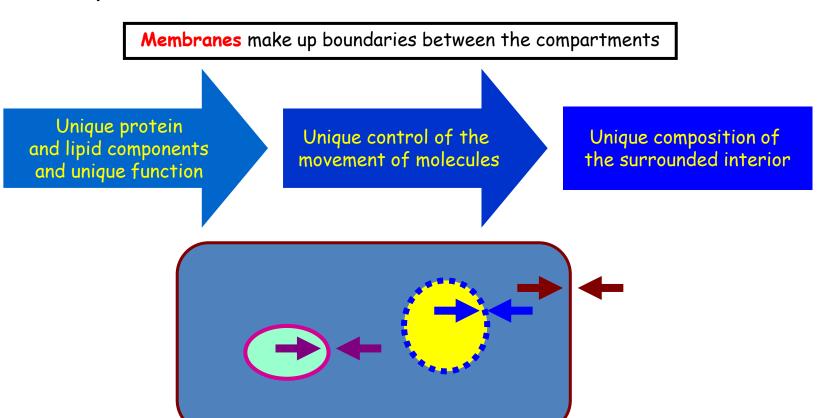




Cellular organization is based on COMPARTMENTALIZATION



Specialized functions can be carried out in different locations



Compartments & Membranes

Many small compartments are better

More membrane surface per volume surrounded

More space for:

- regulation
- · nutrients exchange
- · waste removal

Surface area is proportional to the square (r^2) of its diameter. Volume is proportional to the cube (r^3) of its diameter.

Amplification X Reduction of selected compartments

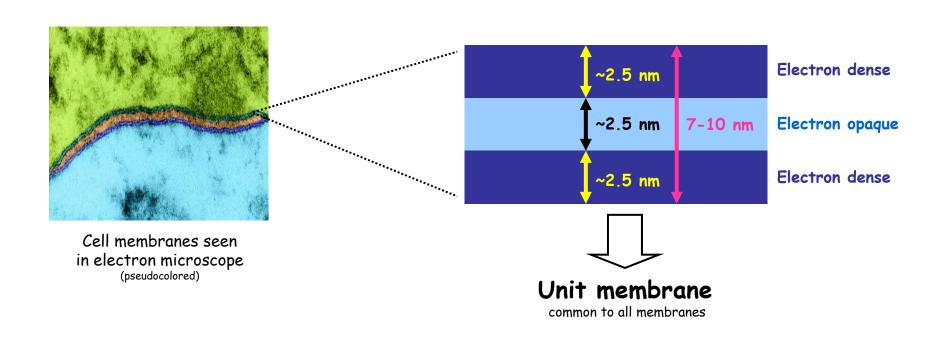


Specialization of cells for different functions

Cell differentiation

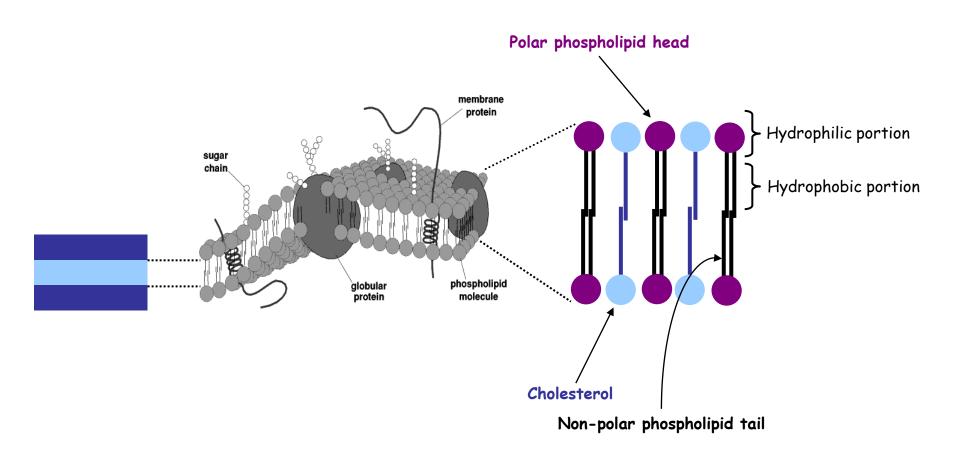
Rough ER in secretory cells Mitochondria in cardiac musle cells

Biological membrane structure 1



Biological membrane structure 2

Fluid mosaic - A bilayer of lipids with mobile globular proteins



Membrane structure 3

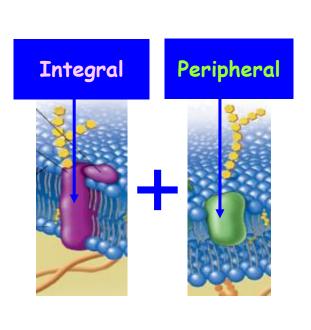
Membrane lipids

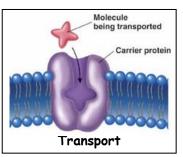
Make up 90-99% of molecules in membrane (in numbers).

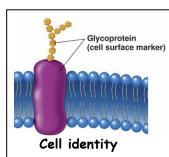
- Phospholipids 75% of lipids
- · Cholesterol 20%
- Glycolipids 5% only on cytoplasmic membrane GLYCOCALYX

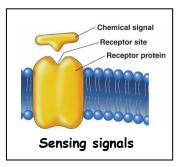
Membrane proteins

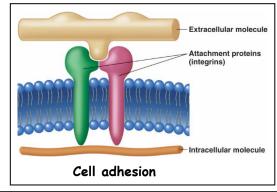
Constitute 1-10% of total molecules but 50% of the weight because of their larger size.

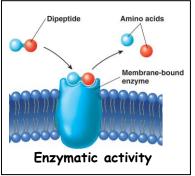












Organelles

Specialized internal structures with specialized functions

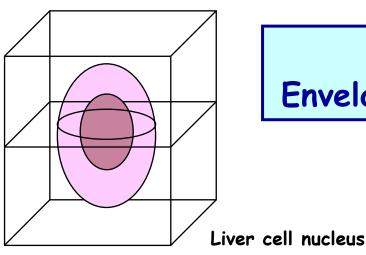
Membranous

- Endoplasmic reticulum
- Golgi apparatus
- Lysosomes
- Endosomes
- Peroxisomes
- · Mitochondria

Non-membranous

- Ribosomes
- · Centrosomes
- · Centrioles
- Basal bodies

Related to specific structure and function of the cell e.g., much energy needed \rightarrow many mitochondria



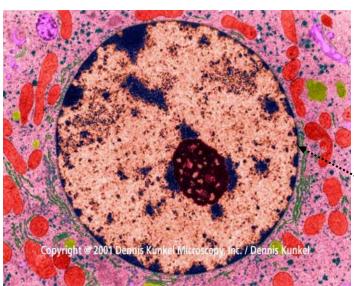
Nucleus 1 Envelop-bounded structure

Mostly:

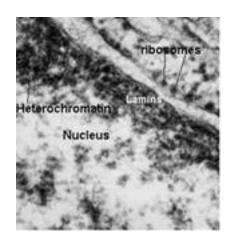
• Spheherical (5-10 μ m) (lobular, twisted, disk-shaped,...)

Nucleus

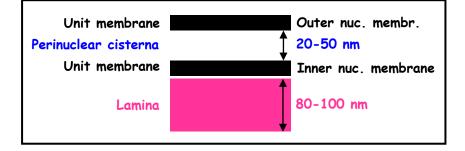
- · Located centrally
- One per cell (osteoclast more, erythrocyte none)

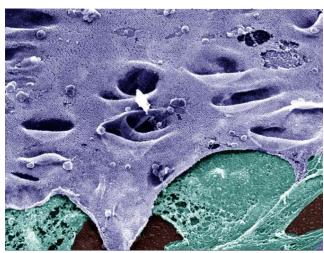


Unit membrane Outer nuc. membr. Perinuclear cisterna 20-50 nm Unit membrane Inner nuc. membrane 80-100 nm Lamina



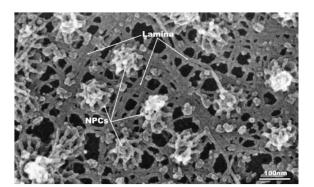
Nucleus 2 Continuation on nuclear envelop





Lamins:

- Intermadiate filament proteins (A, B, C)
- · Form meshwork inside of INM, some extend into nucleoplasm
- · Nuclear strength and architecture
- · Anchorage sites for chromatin
- · DNA replication and mRNA transcription
- · Involved in apoptosis



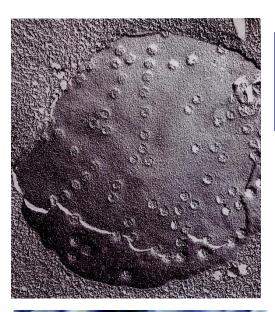
Laminopathies

- · Human diseases (at least 13 known)
- Mutations in lamin genes (almost 200 mutations known)
- · Deregulated gene expression
- Premature aging

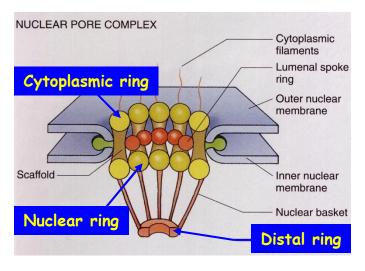


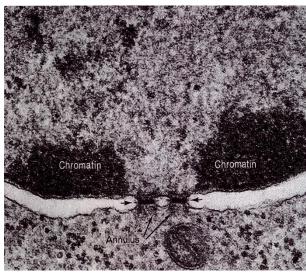
Hutchinson-Gilford progeria

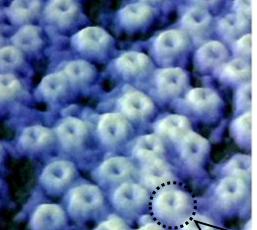
Rare - 1-4 per 8 milion of newborns Missense mutation in A-type lamin



Nucleus 3 Nuclear pore complex







Diameter ~ 100 - 125 nm

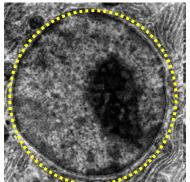
Three rings (8 subunits each)

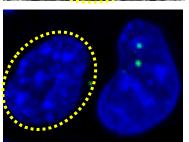
Inner filamentous basket

Transport via nuclear pores

(Nucleocytoplasmic shuttling)

- · Proteins, RNAs, ribosome subunits
- Bidirectional
- · Needs nuclear localization/export signals
- · Helped by importins/exportins
- · Regulated by Ran GTPases





Nucleus 4 Chromatin

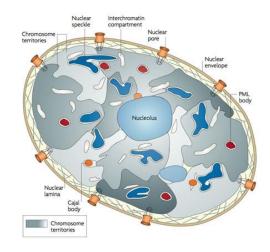
Interphase nucleus

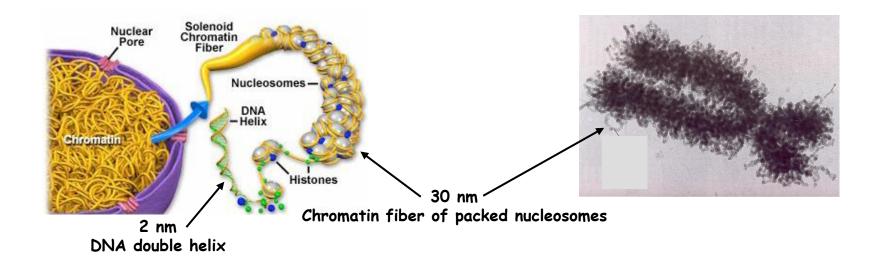
Heterochromatin

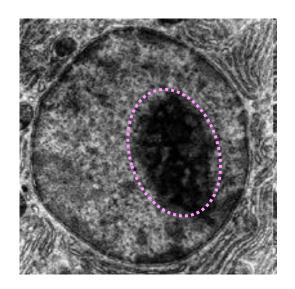
Feulgen positive - dark in light microscope
Dark/dense granular in TEM
Transcriptionally inactive

Euchromatin

Invisible in light microscope Relaxed uncoiled chromosomes Transcriptionally active







Nucleus 5 Nucleolus

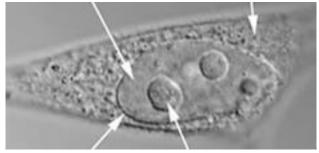
non-membrane-bounded structure

Main functions

Synthesis of rRNA Assembly of ribosomes

nucleoplasm

cytoplasm



nuclear membrane

nucleolus

Pars fibrosaPrimary transcripts of rRNA

Pars granulosa Assembly of ribosomes

Nucleolar-organizing regions of DNA

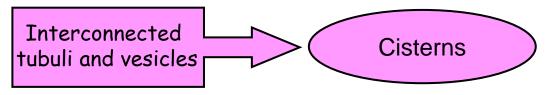
on five chromosomes in human cells (chrs. 13, 14, 15, 21, 22)

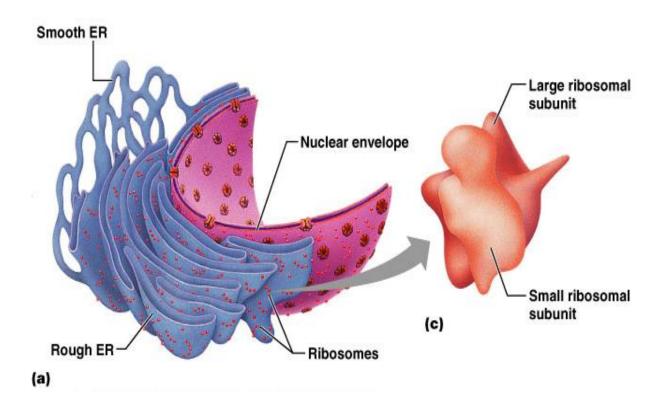
Endoplasmic reticulum 1

"within cell"

"net"

Majority of the membrane within cells.

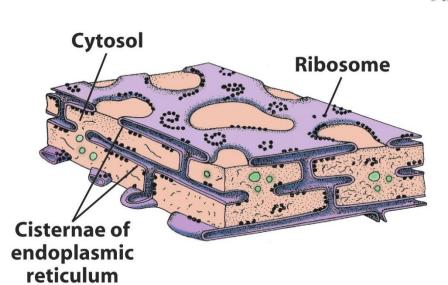


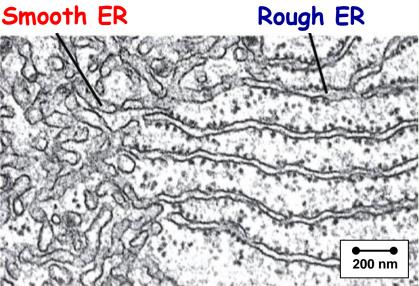


Endoplasmic reticulum 2

NO attached ribosomes \rightarrow **No** protein-synthesis functions! Manufactures phospholipids and cholesterol

- Liver lipid and cholesterol metabolism, breakdown of glycogen and, along with the kidneys, detoxification of drugs
- **Testes** synthesis of steroid-based hormones (testosterone)
- Intestinal cells absorption, synthesis, and transport of lipids
- Skeletal and cardiac muscle storage and release of calcium (sarcoplasmic reticulum)

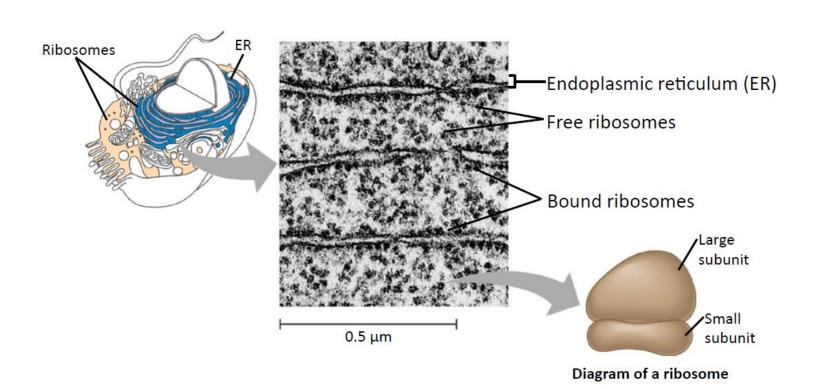




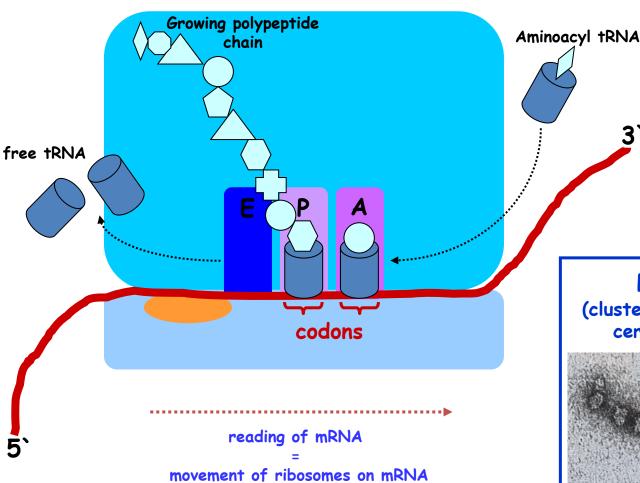
External surface has ribosomes attached

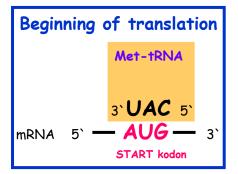
- Manufactures all secreted proteins
- · Synthesizes integral membrane proteins
- Modifies proteins

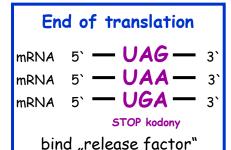
Ribosomes



Ribosomes - Translation

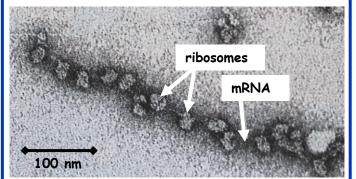




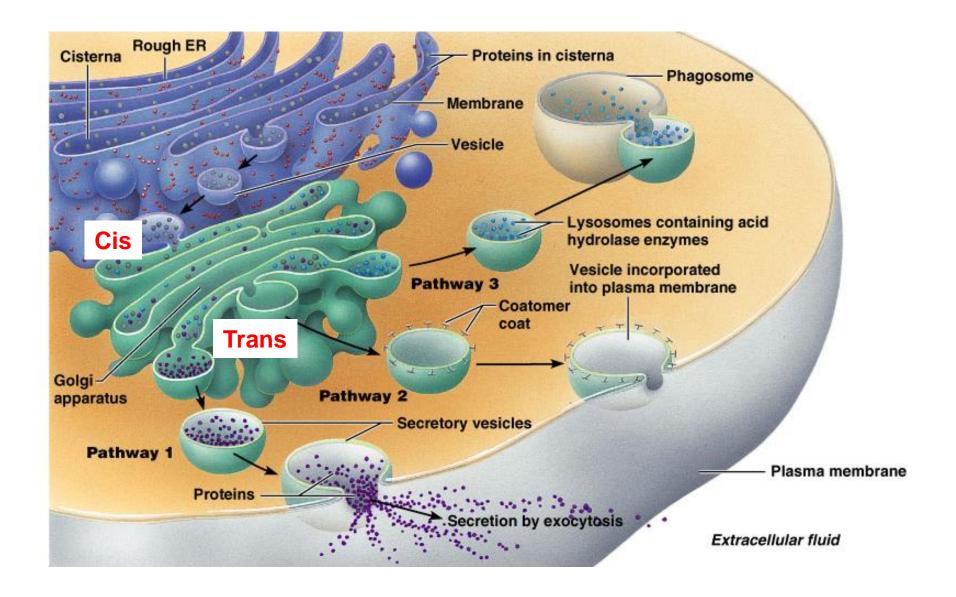


POLYRIBOSOME

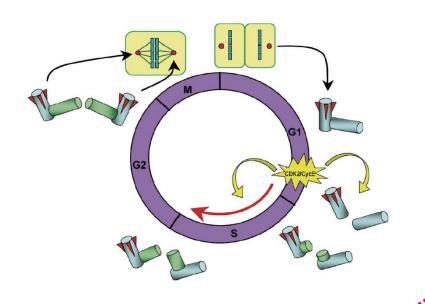
(cluster of ribosomes translating certain segment of mRNA)

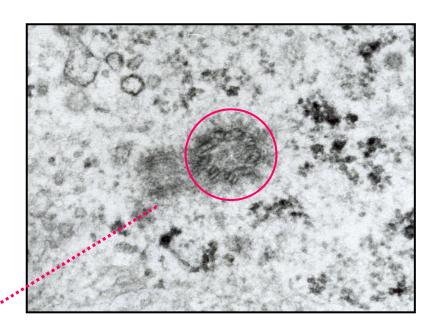


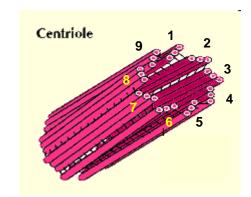
Golgi apparatus - Transgolgi pathway



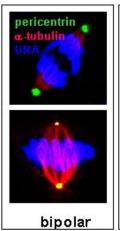
Centrosome

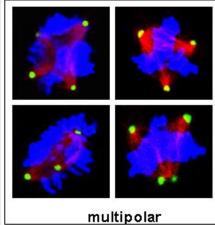




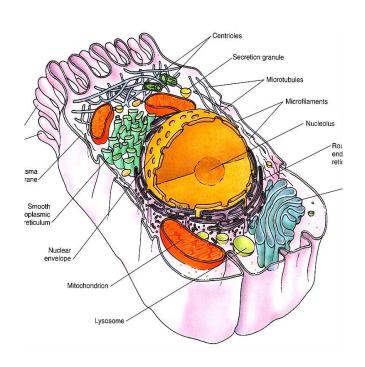


Diameter - 0.2 μ m Length - 0.5 μ m

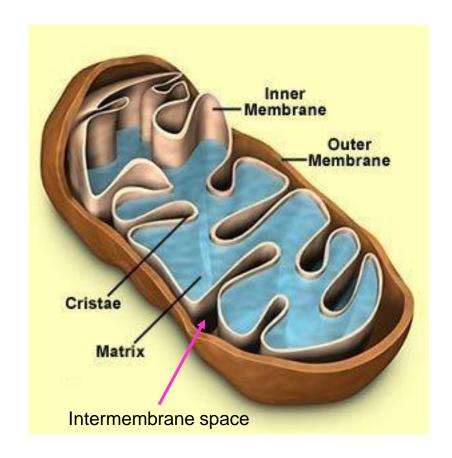




Mitochondria 1

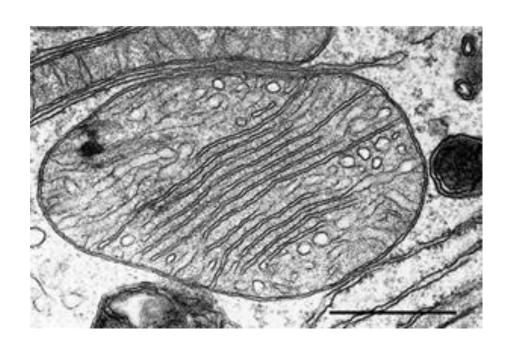


- · all cells except erythrocytes
- double membrane
- diameter cca 0,5 μm
- length up to 50 (100) μm
- oxidative metabolism (glucose ATP + CO₂ + H₂0)
- cytochrome c activation of apoptotic pathway
- · origin in oocyte
- mtDNA (circular)
- brown fat thermogenesis



- · both membranes with low fluidity
- · both membranes equipped with many protein molecules
- growth and divission of mitochondria

Mitochondria 2

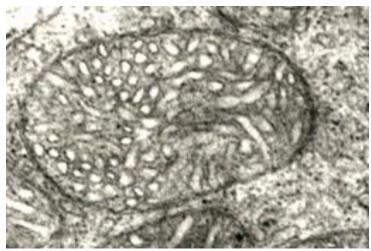


Mitochondria 3

with crists



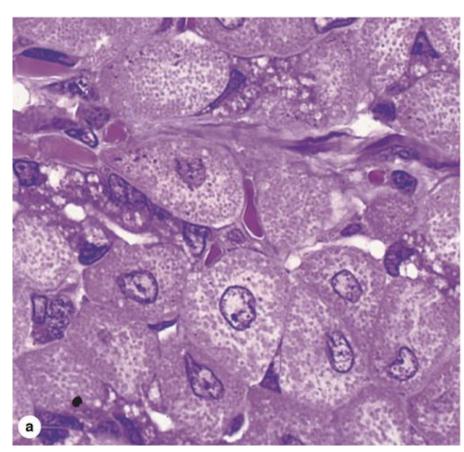
with tubuli (in steroid producing cells)



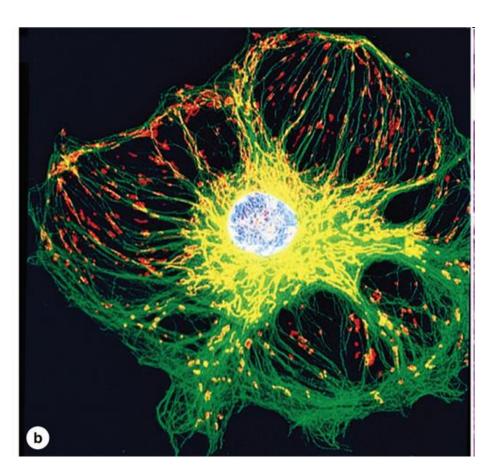




Mitochondria 4



mitochondrial eosinophilia



mitochondria microtubuli

Lysosomes 1

endosome-lysosome system

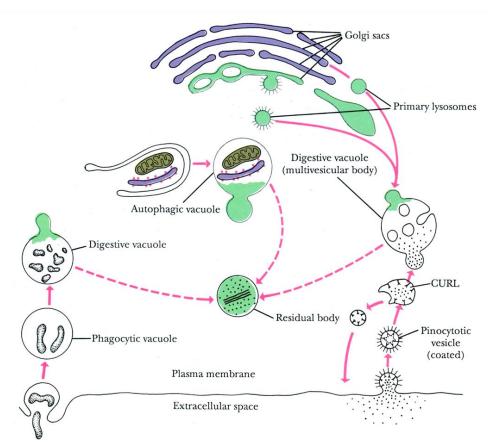


Figure 2.17. Origins of primarily lysosomes from the Golgi and trans-Golgi network. Primary lysosomes fuse with and discharge hydrolytic enzymes into autophagic, pinocytotic (or endosome), and phagocytic vacuoles to form secondary lysosomes (digestive vacuoles). Residual bodies contain undigested residue. Endosomes fuse to form a compartment where uncoupling of the ligands and surface receptors occurs (CURL, see text for explanation). The compartment containing the free ligands subsequently fuses with the lysosome; the receptors remain bound to the membrane of vesicles which is partitioned off from the CURL and recycle to the plasma membrane. (Modified from Novikoff AB, Holtzman E: Cells and Organelles, 2nd ed. New York, Holt, Rinehart and Winston, 1976.)

- · in all cells except for erythrocytes
- vesicles about 0,05 0,5 μm
- membrane-bound
- highly acidic internal space (cca pH 5)
- hydrolytic enzymes inside (min. 50 types)
- tagging by mannose-6-fosphate

Lysosomes 2

primary x secondary

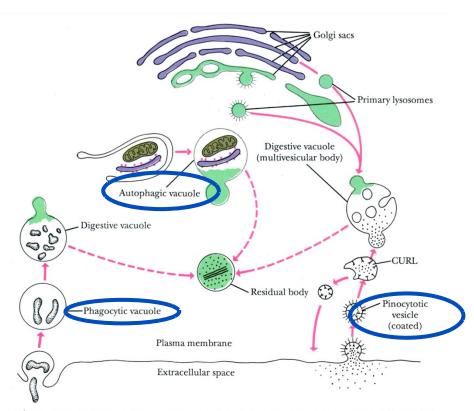
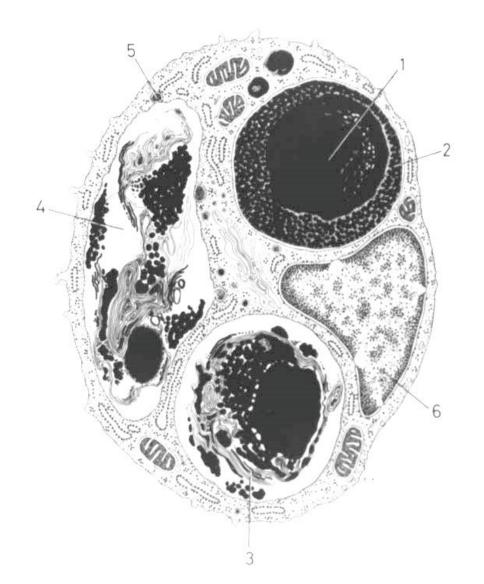


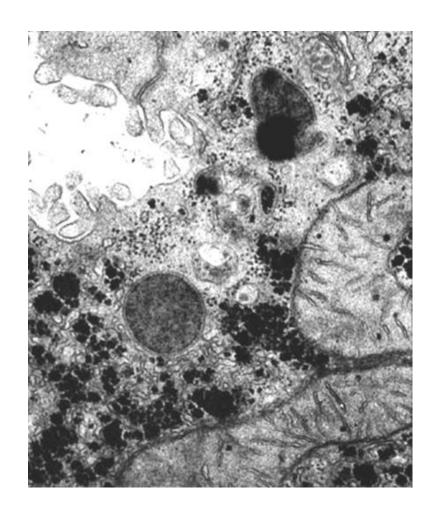
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- primary lysosomes
- secondary lysosomes (fagolysosomes)
- residual bodies (lipofuscin)

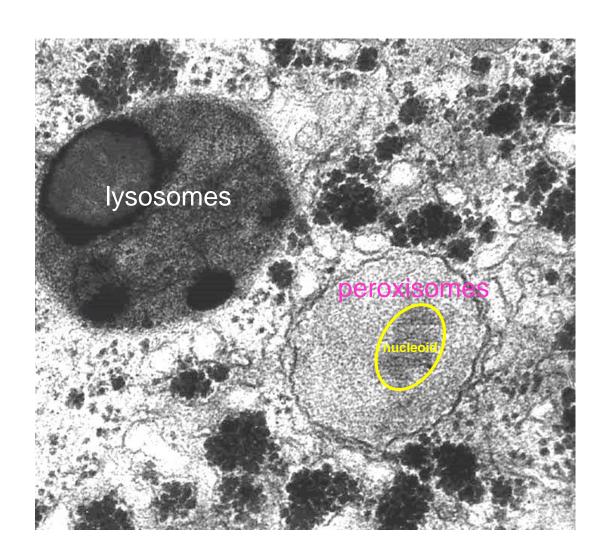
Lysosomes 3

secondary lysosomes





Peroxisomes

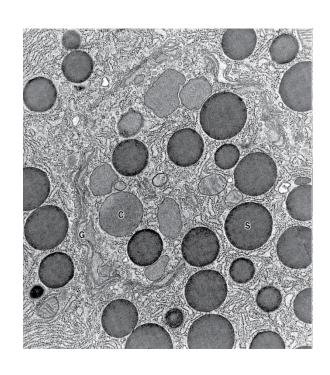


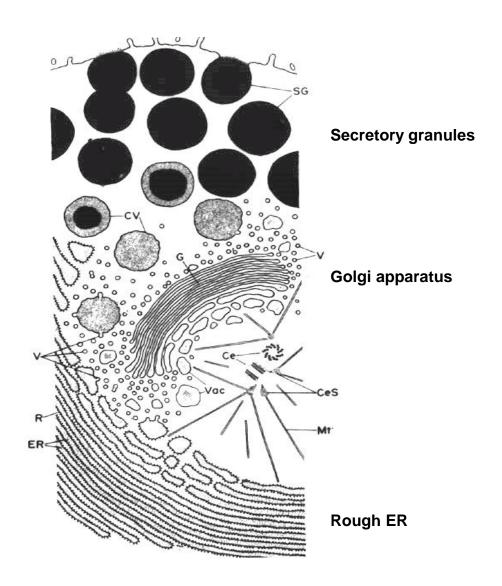
- structuraly similar to lysosoms
- functionally similar to mitochondria
- "nucleus " = nucleoid
- degradation of fatty acids (H₂0₂, H₂O, 0₂)
- detoxification (complement SER)
- origin: growth from ER or division

(no or only little metabolic activity on themselves)

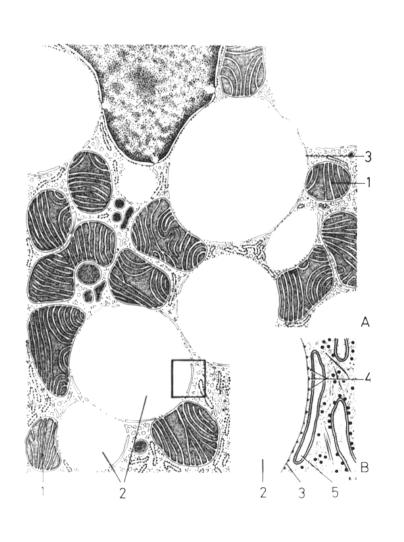
- secretory granules
- storage compounds: sugars (glycogen), lipids
- crystals (proteins)
- **pigments**: endogenous (autogenic and hematogenic) + exogenous

Secretory granules



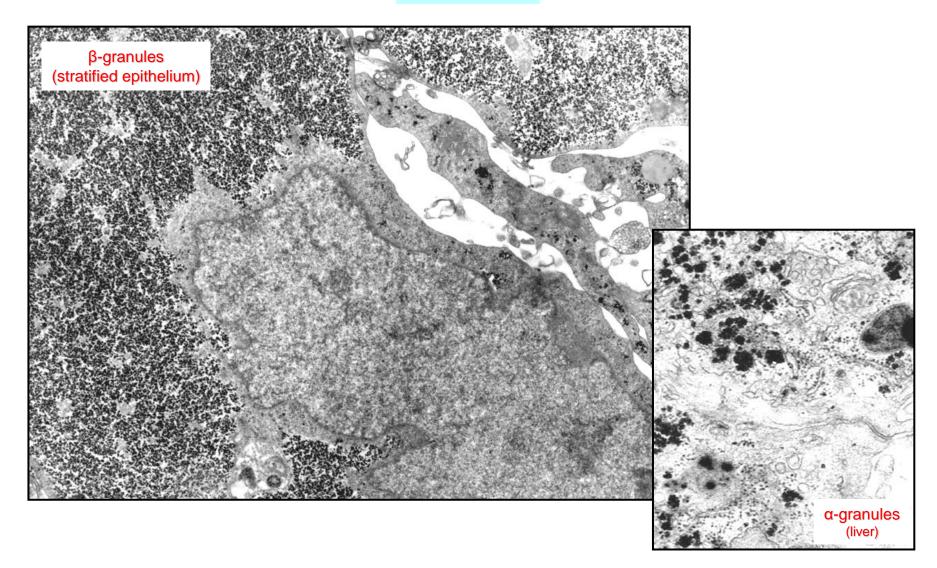


Lipid inclusions





Glycogen

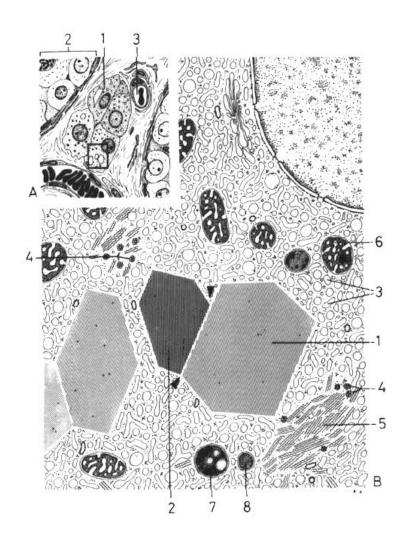


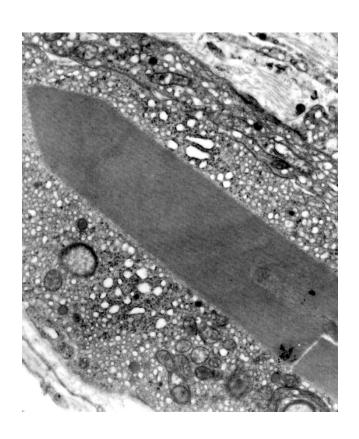
Glycogen



Glycogen in liver cells (light microscope; PAS reaction)

Crystals





Protein inclusions in Leydig cells

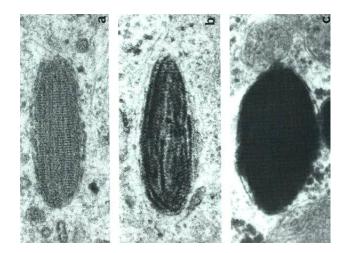
Pigments (colour inclusions): Exogenous x Endogenous

Autogenous

Specific functions - melanin

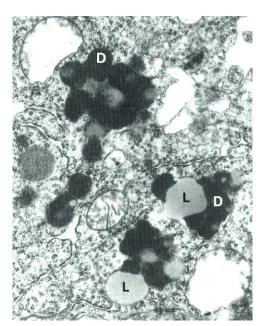
Hematogenous

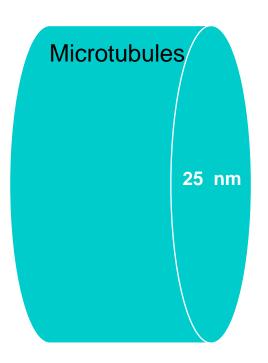
Hemoglobin decomposition – **hemosiderin**, **biliverdin**, **bilirubin**



Pigment in aged cells

lipofuscin – accumulation of residual bodies in long-lived cells (neurones, kardiomyocytes)



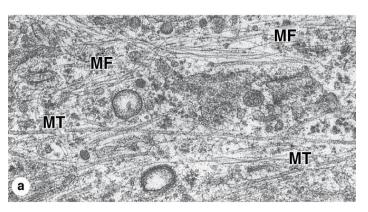


Intermediate filaments

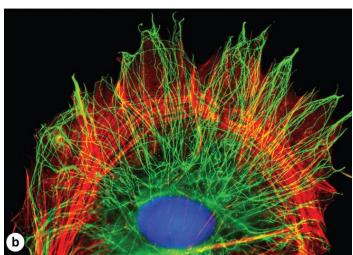
10 nm

Microfilaments (actin)

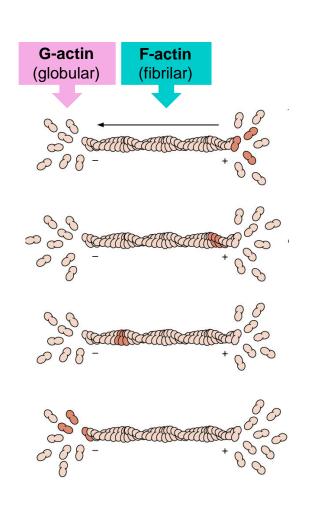
7 nm

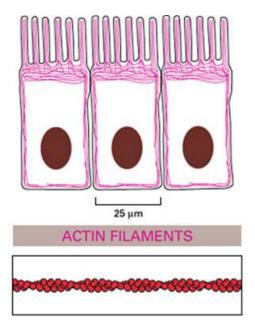


microtubules microfilaments - actin



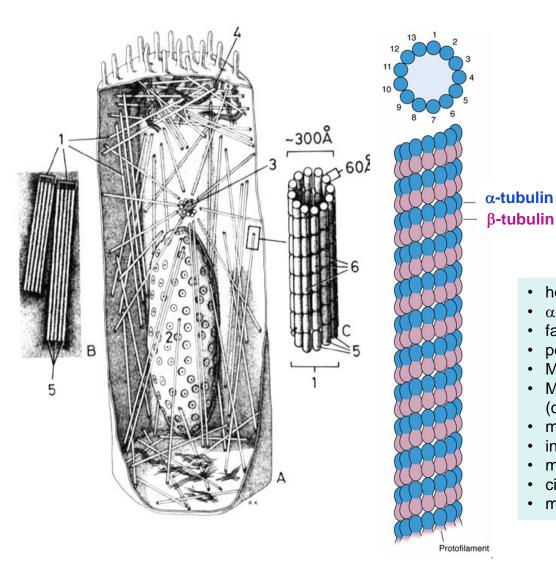
Microfilaments (actin)

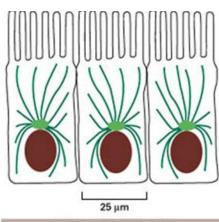




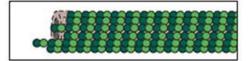
- actin isoformes (α, β, γ)
- · fast polymerisation and depolymerisation
- polarisation (+ a ends)
- stabilisation by associated proteins (tropomyosin myofibrils)
- crosslinking by associated proteins (fimbrin, filamin, ...)
- anchoring to cell membrane (vinculin, tallin, ...)
- cortical actin membrane skeleton
- myosin motors (analogous to dynein + kinesin on microtubuli)

Microtubules





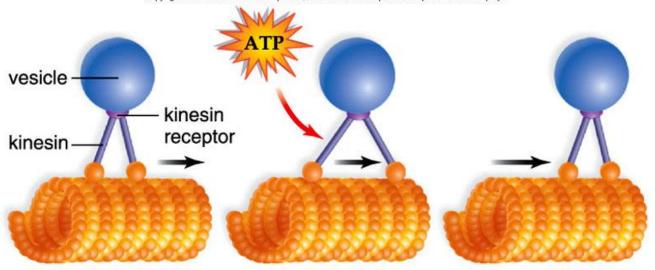
MICROTUBULES



- hollow tubes
- α -tubulin + β -tubulin dimers
- fast polymerisation and depolymerisation
- polarisation (+ a ends)
- MAP (proteins associated with microtubuli)
- MTOC microtubules organizing centre (centrosome; γ-tubulin)
- mechanical support
- · intracellular transport
- · mitotic spindle
- · cilia and flagella
- mitotic poisons (colchicin, taxol, ...)

Microtubules - motors

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vesicle moves, not microtubule

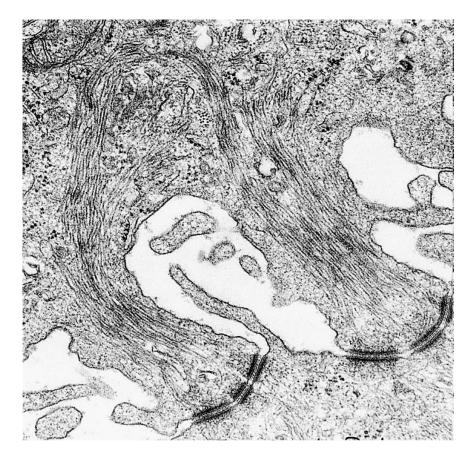
Kinesins

- move towards "plus" end of microtubuli
- · transport from centrosome

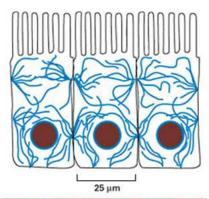
Dyneins

- move towards "minus" end microtubuli
- · transport towards centrosome
- axonal transport long distance

Intermediate filaments



Cytokeratin intermediate filaments in stratum basale of epidermis



INTERMEDIATE FILAMENTS



- "chemically" highly heterogenou group
- common composition (tetramers) "thread like"
- · more stable than actin and tubulin structures
- · cell type specific:

Cytokeratins (epithelia)

Vimentin (cells of mesenchymal origin)

Desmin (muscle cells)

Neurofilaments (neurons)

Glial fibrial acidic protein (neuroglia)

Lamins (nuclear envelope)

Free

- microvilli (irregular, regular striated border, brush border)
- · cilia

Lateral

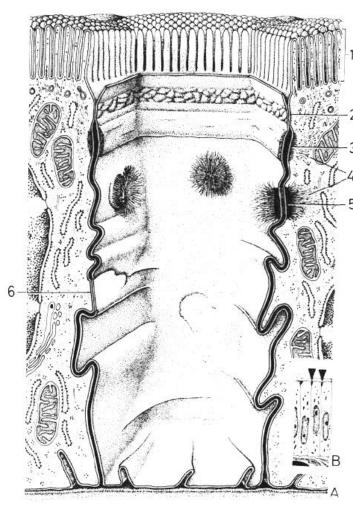
Cell-to-cell junction:

- sealing: tight junction=zonula occludens
- adhesion: zonula adherens, desmosom
- communication: nexus (Gap junction)

Basal

- focal adhesions
- hemidesmosomes
- basal labyrinth

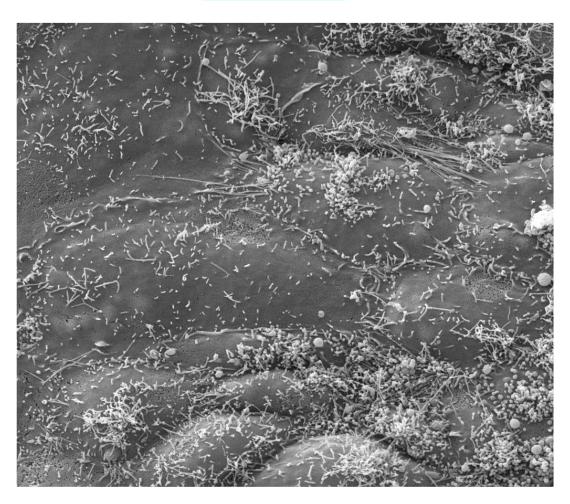
free surface



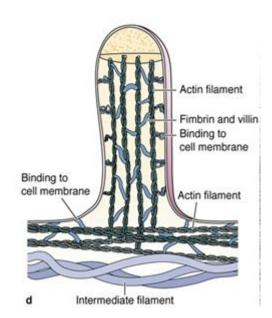
lateral surface

basal surface

Microvilli



Free surface of cultured human embryonic stem cells



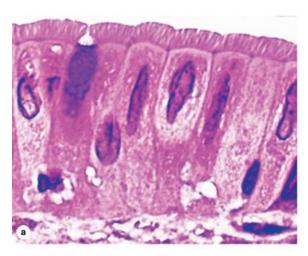
Microvilli

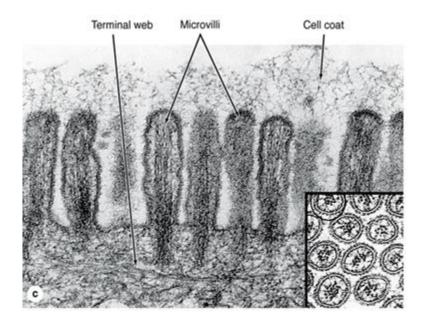
Thickness about 0,1 μm Length about 1-6 μm

Actin filaments in microvilli

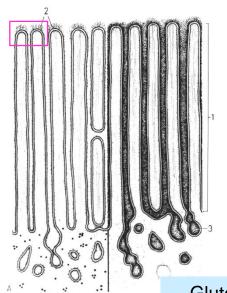
- 20 in microvilli of epithelial cells
- several hundreds in stereocilia of hair cells

Regularly organised microvilli = striated border + brush border



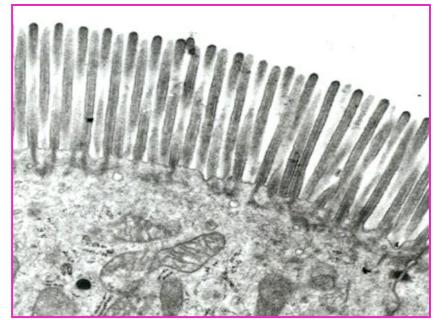




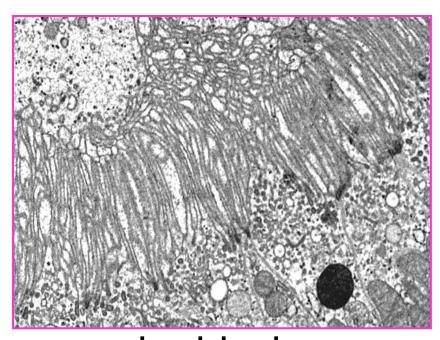


Microvilli

Gluten - Celiac disease



striated border (tops of enterocytes)

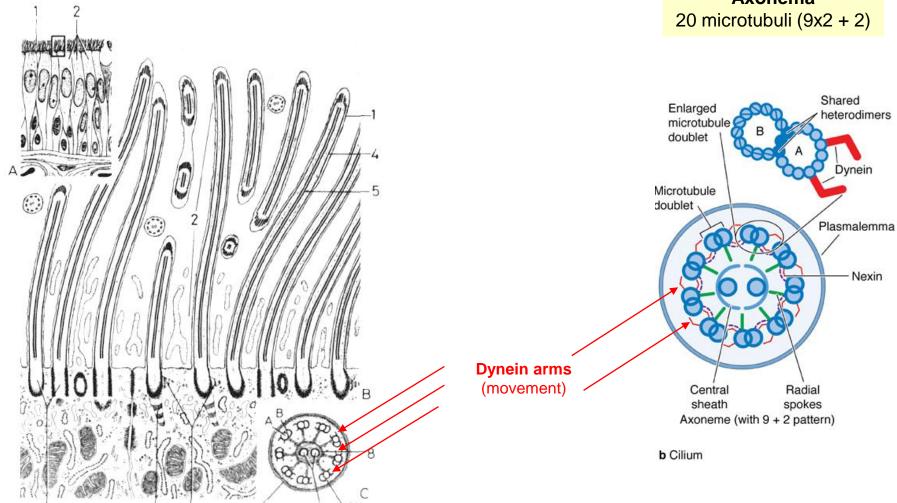


brush border (proximal tibuli of kidney)

Cilia + Flagella

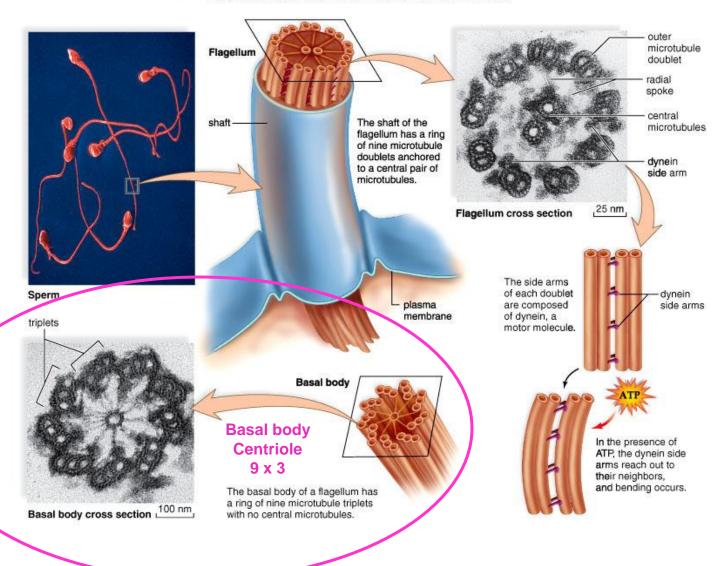
Thickness about 0,25 µm Length about 7-10 μm

Axonema 20 microtubuli (9x2 + 2)



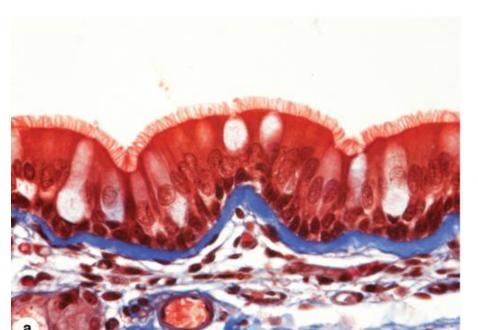
Cilia + Flagella

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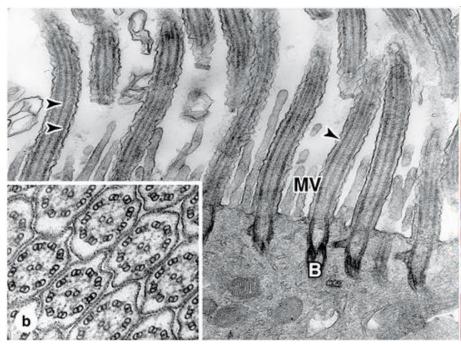


Cilia + Flagella

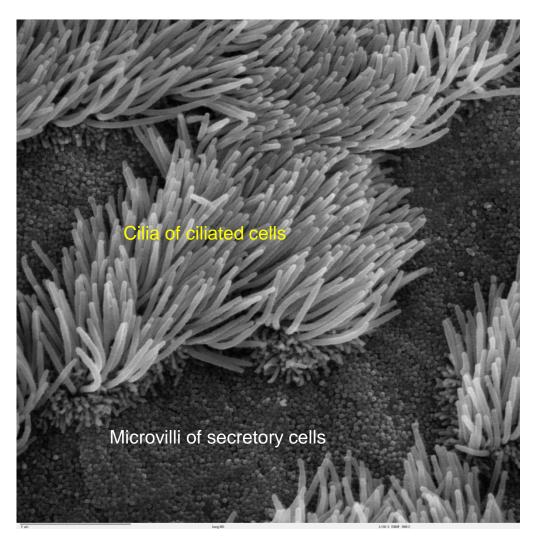
in light microscope



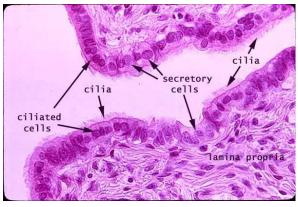
in electron microscope

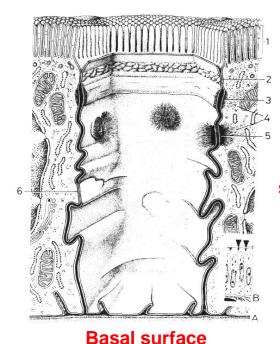


Cilia + Flagella



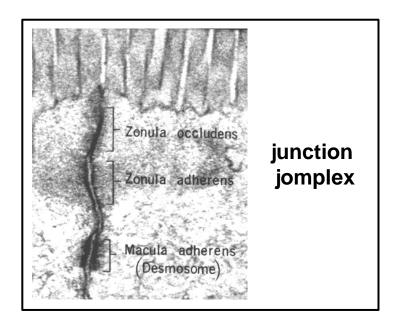
oviduct





lateral

surface



Adhesion

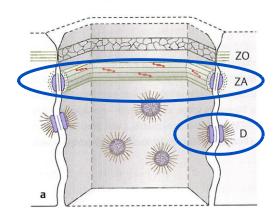
- Macula adherens (desmosome)
- Zonula adherens
- Hemidesmosome
- Focal adhesion

Sealing

Zonula occludens (tight junction)

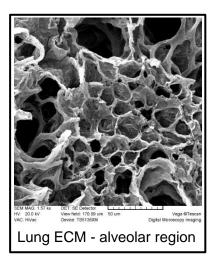
Communication

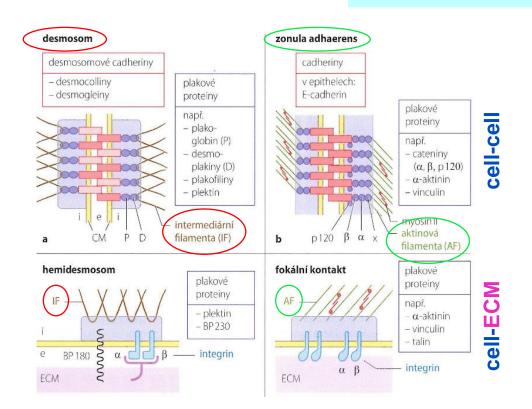
Gap junction (nexus)



Adhesion

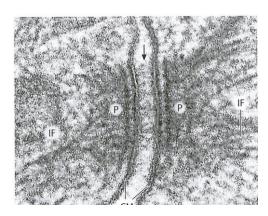
- Macula adherens (desmosom)
- Zonula adherens
- Hemidesmosome
- Focal adhesion

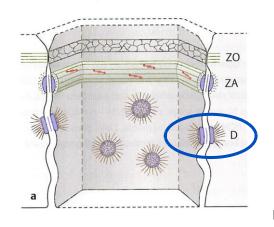




Unified composition

- Transmembrane proteins (cadherins+ integrins)
- Adaptor (plak) proteins
- Cytoskelelal fibers

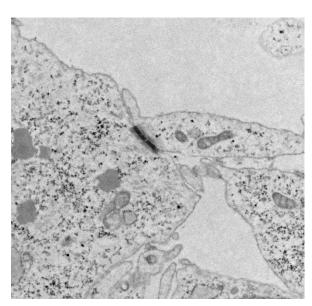


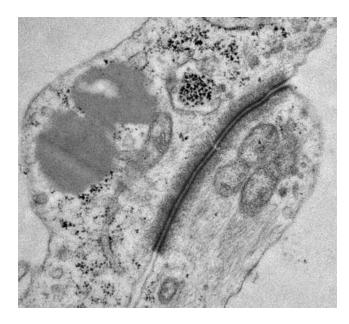


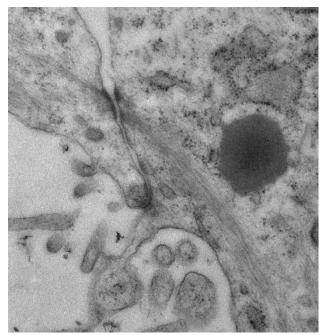
Adhesion

Macula adherens (desmosome)

Diameter about 0,3 μm Distance between membranes about 20-40 nm

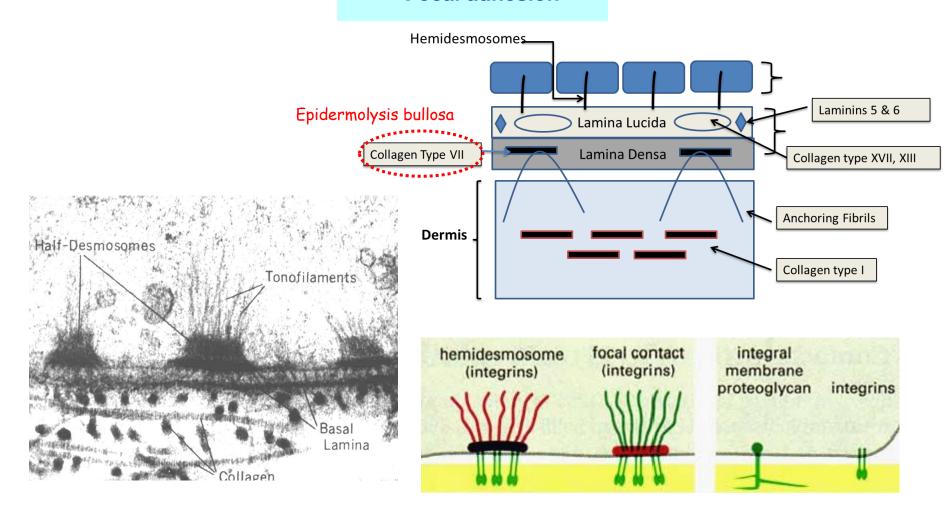




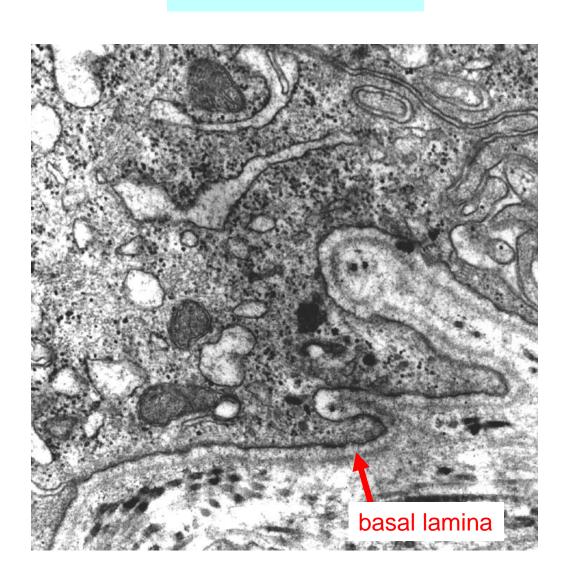


Adhesion

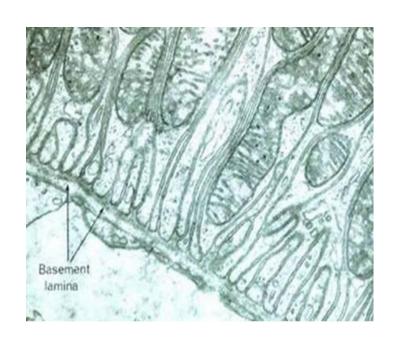
- Hemidesmosome
- Focal adhesion

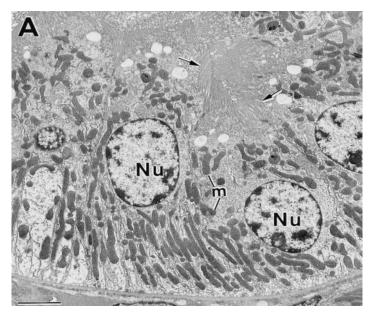


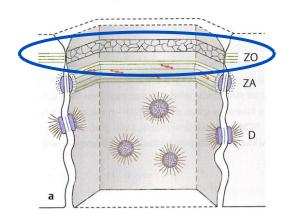
Focal adhesion



Basal labyrinth

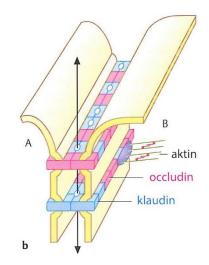






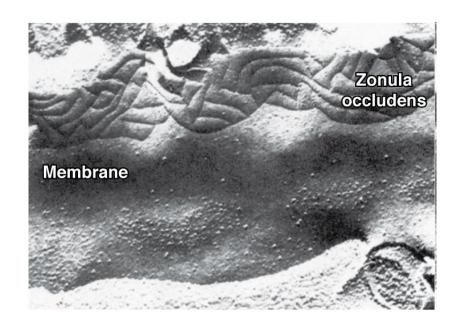
Sealing

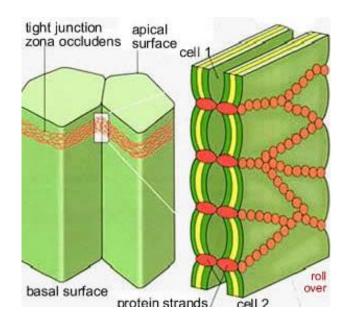
Zonula occludens (tight junction)

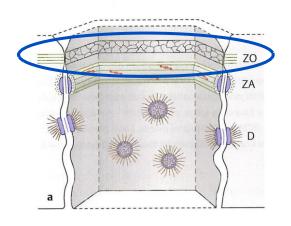


Damage by:

Clostridium perfringens Helicobacter pylori (ZO-1)

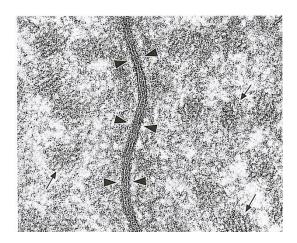


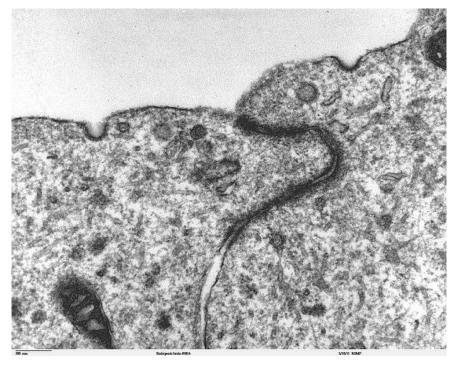


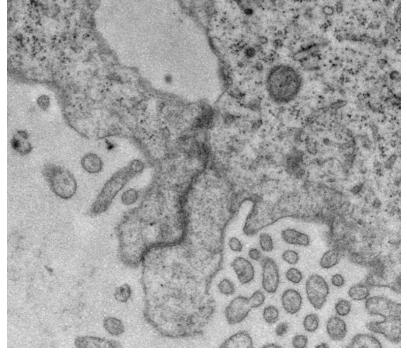


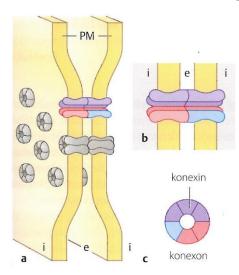
Sealing

Zonula occludens (tight junction)





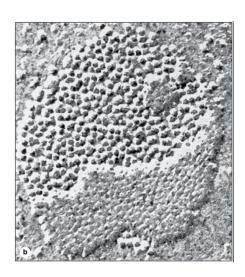


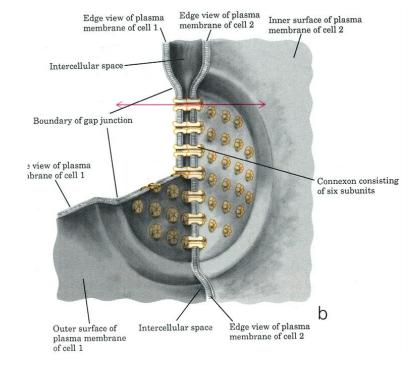


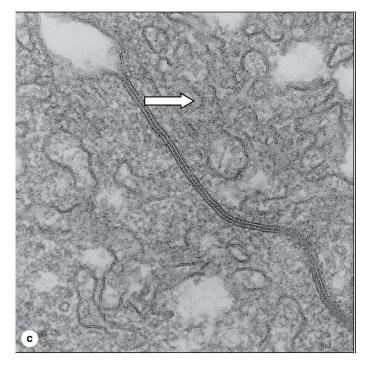
Communication

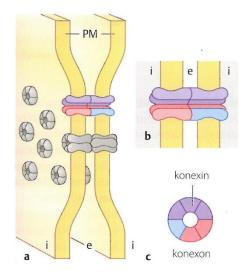
Gap junction (nexus)

Diameter about 0,3 μm Distance between cell membranes about 3 nm Internal diameter of the channel about 2 nm



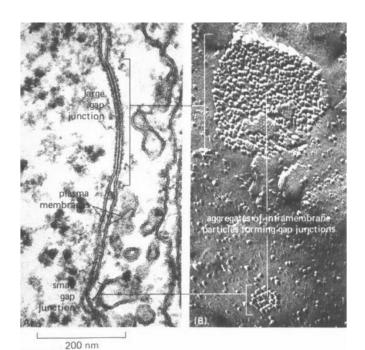


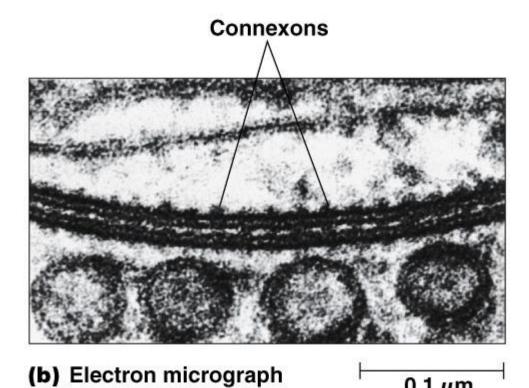




Communication

Gap junction (nexus)





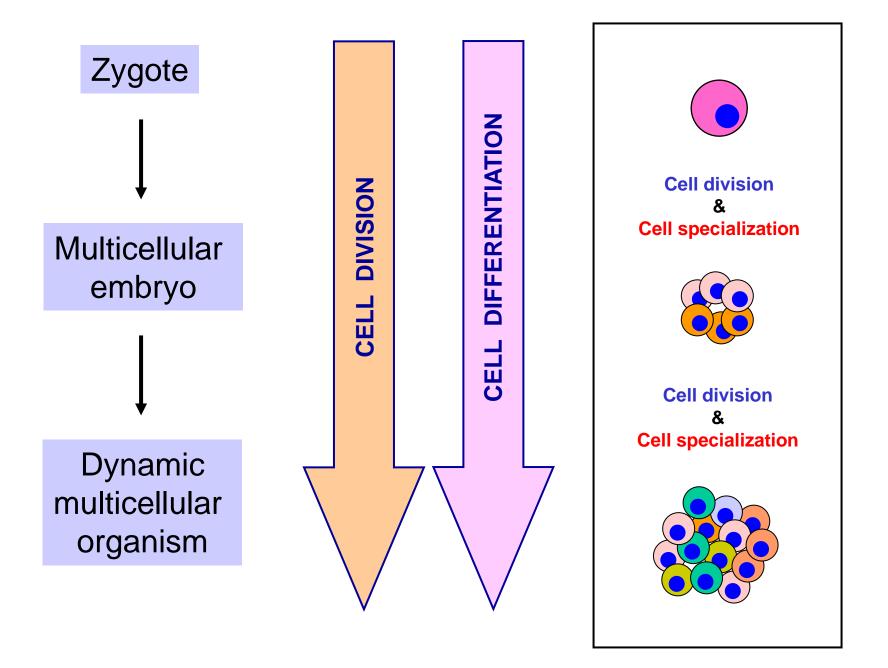
of a gap junction

0.1 μm

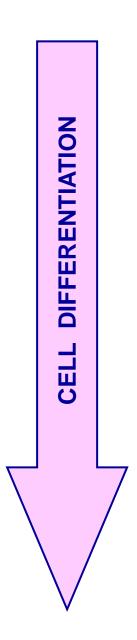
Activities of cells

- Movement intracellular, amoeboid, cilia, flagella
- **Metabolism** income, processing, outcome
- Responsivenes
- Growth
- Differentiation
- Division (amplification)

Division x Differentiation of cells 1



Division x Differentiation of cells 2



STABLE GENOME

Genomic equivalence

(= equal amount of DNA and the same nucletide sequence in all cells of a organism – cloning)



VARIABLE TRANSCRIPTOME

Transcription Regulators

+ other regulations:

- translation
- posttranslational modification

Division x Differentiation of cells 3

Tissue renewal and regeneration

₹5

Stem cells

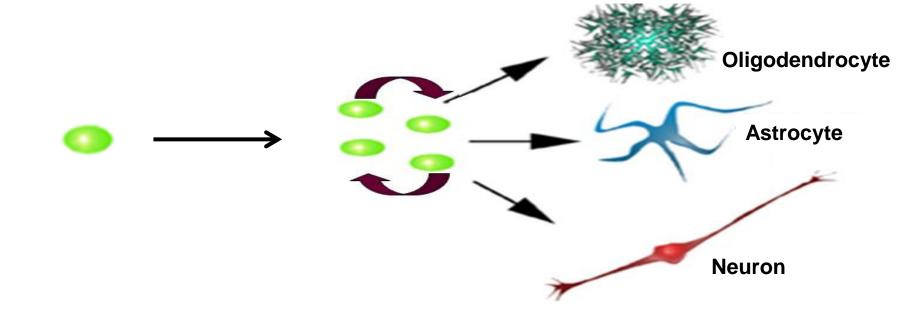
- slowly dividing (usually)
- multipotent

Progenitor cells

- "transit amplifying cells"
- fast proliferation
- multipotent

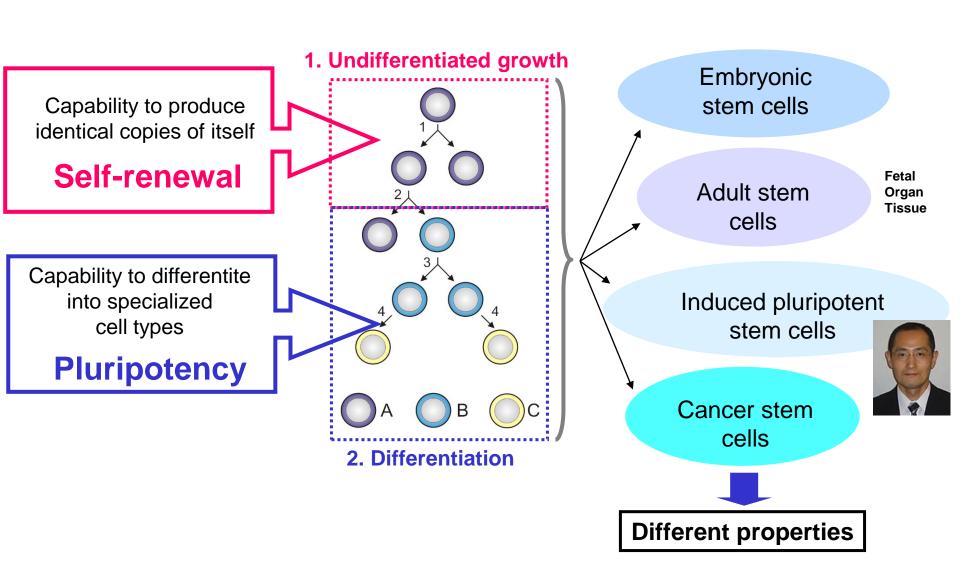
Terminally diferentiated cells

nondividing



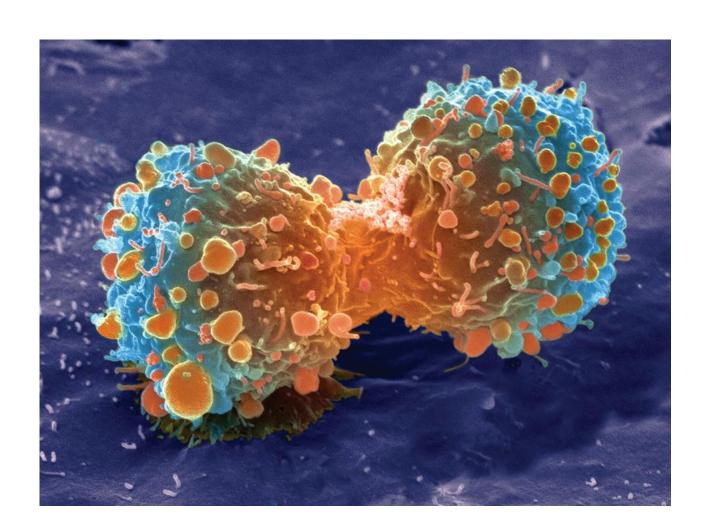
Mother nature and scientists supply us with many

Stem cells generate and regenerate our body



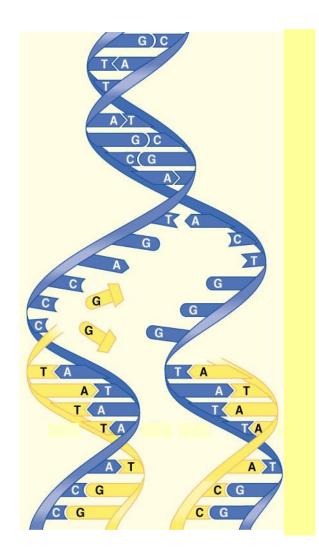
Basic concept 1

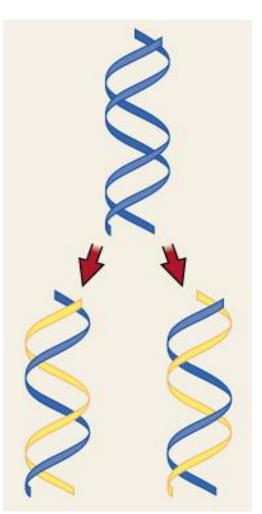
MITOSIS and CYTOKINESIS produce genetically identical cells

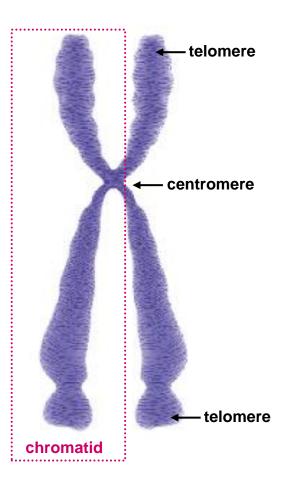


STABLE (non-changing) GENOME

Due to semiconservative duplication of DNA

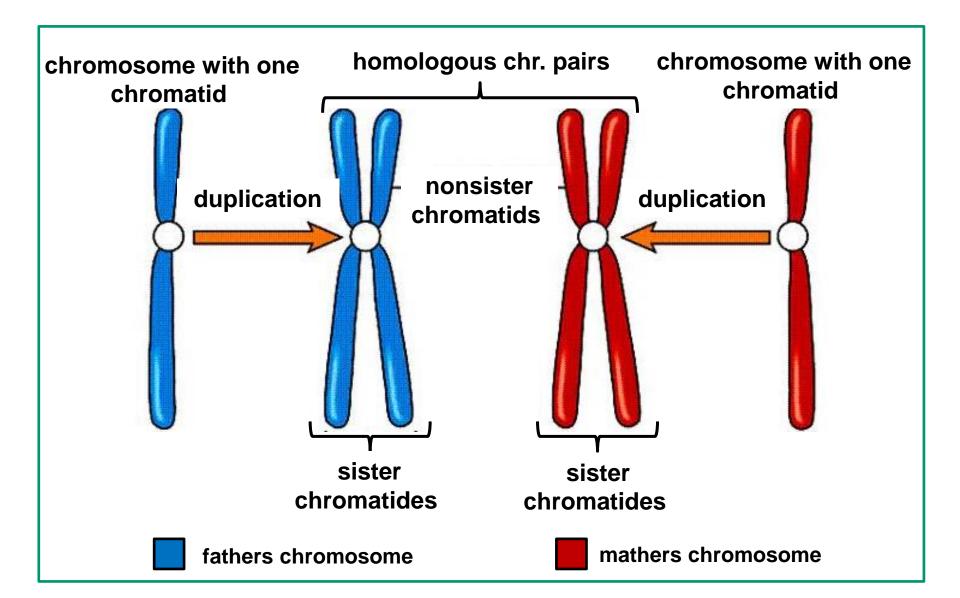




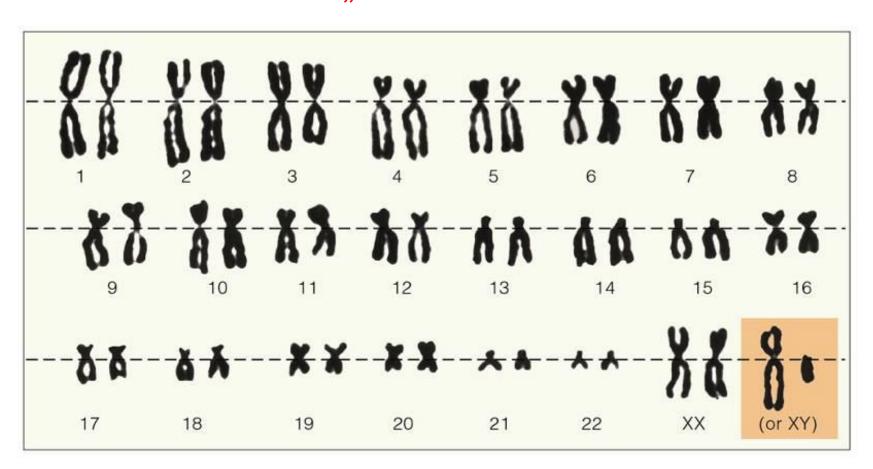


Condensed duplicated chromosome

Metabolism of chromosomes – Homologous chromosomes



Pairs of homologous chromosomes (2N) organized into so called "KARYOTYPE"

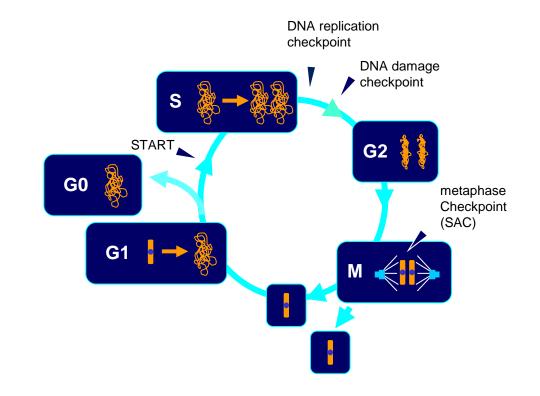


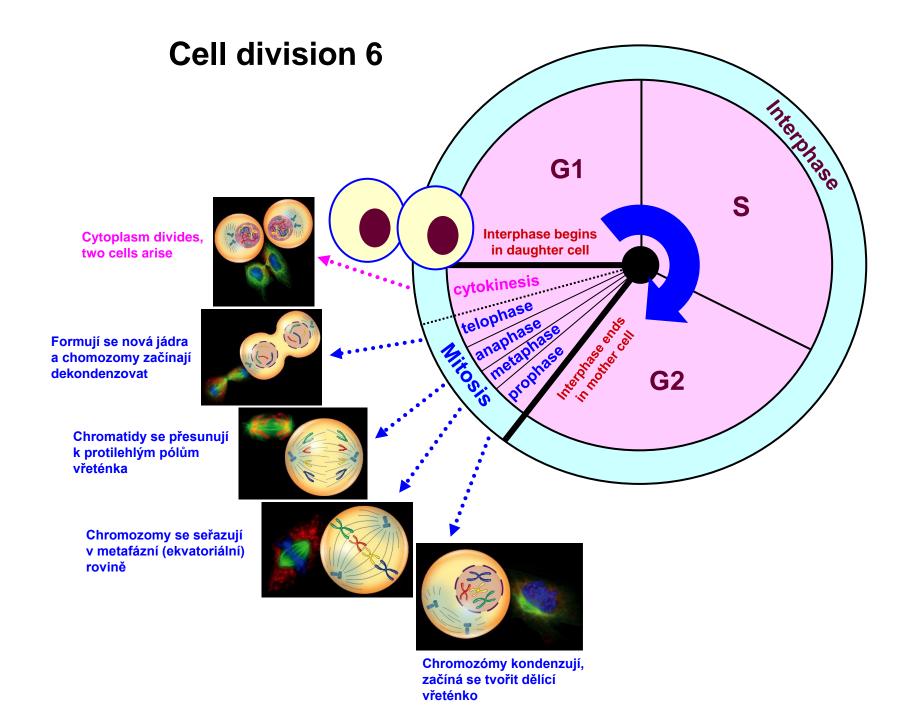
Basic concept 2

MITOSIS and CYTOKINESIS are parts of cell cycle

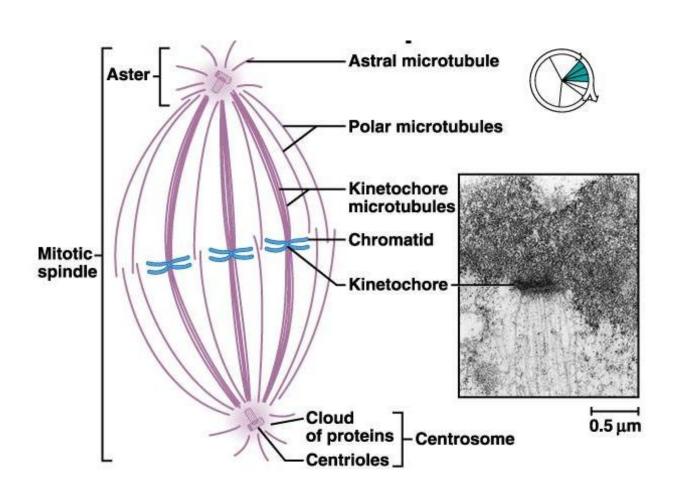
CELL CYCLE

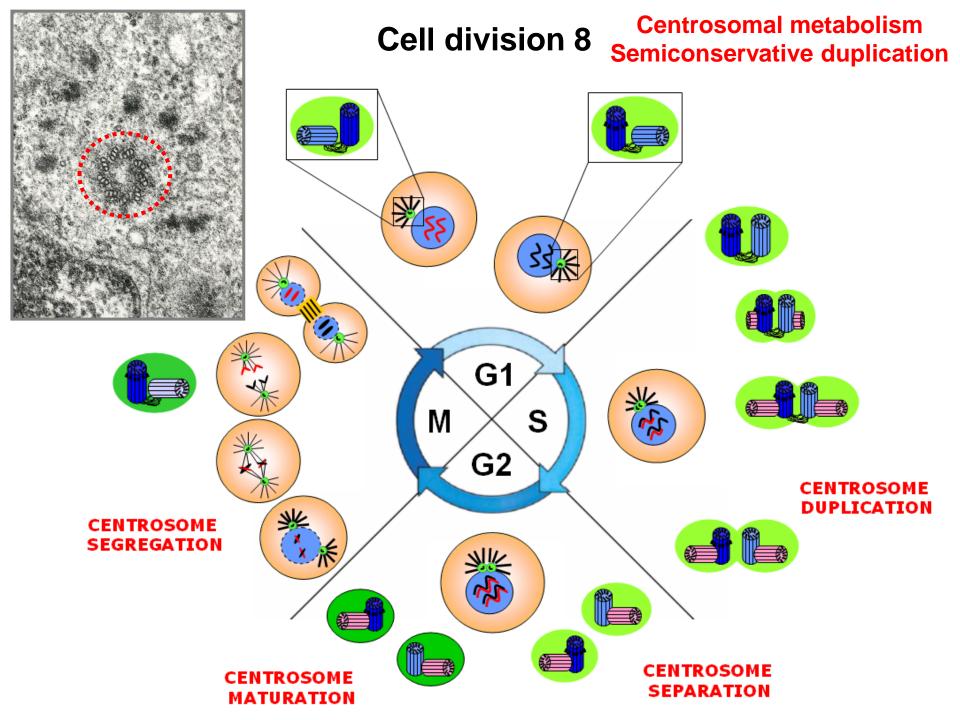
- semi-modular character
- equipped with checkpoints
- among cells it is coordinated by signalling molecules



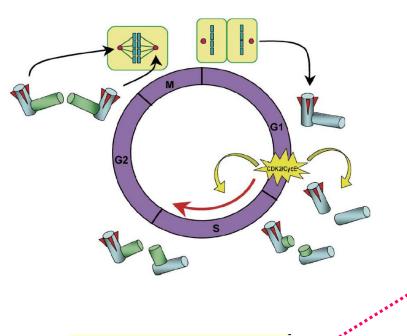


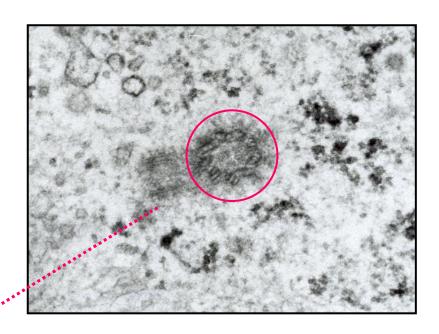
Mitotic spindle

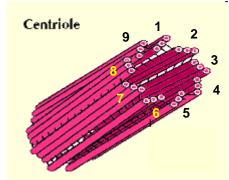




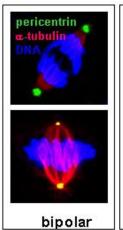
Centrosome structure

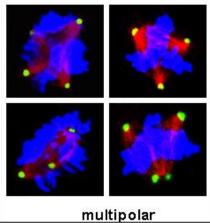






Diameter - 0.2 μ m Length - 0.5 μ m

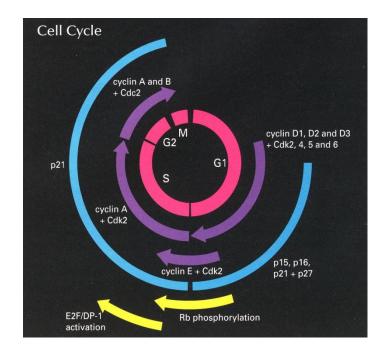




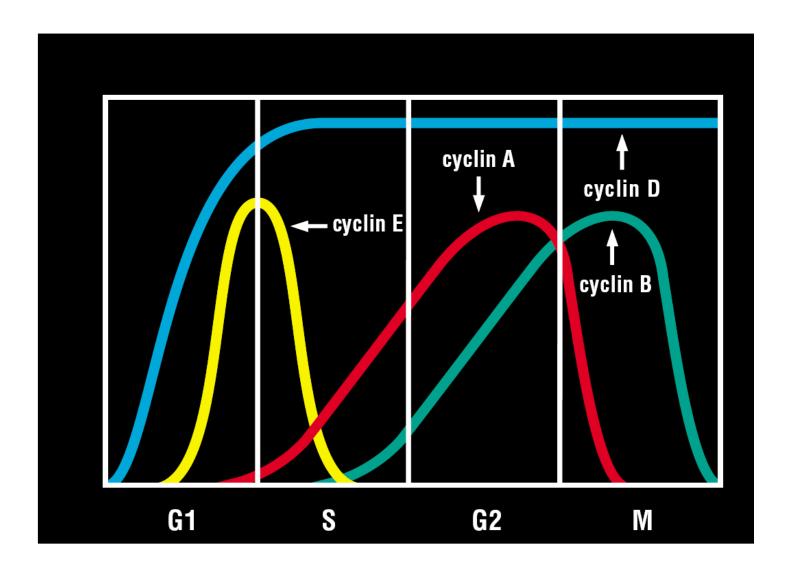
Regulation – Cyklin-Dependent Kinases (CDK) + Cyklins

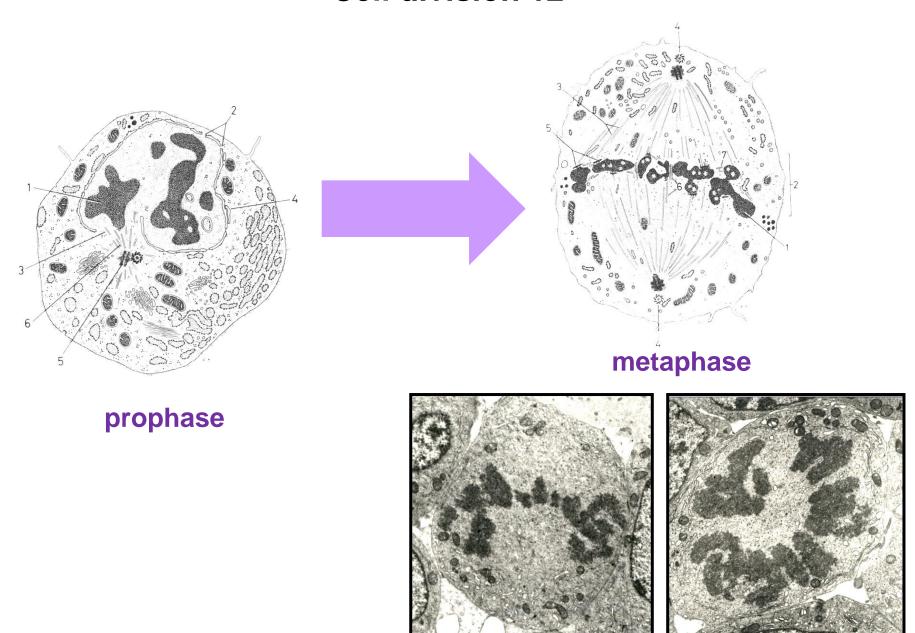
kinase	PSTAIRE motif	regulatory subunits	putative substrates		
Cdc2 p34	PSTAIRE	cyclin A & B	Rb, NF, histone H		
Cdk2	PSTAIRE	cyclin A, E & D	Rb, p27		
Cdk3	PSTAIRE	cyclin E	E2F-1/DP-1		
Cdk4	PV/ISTVRE	cyclin D1, D2, & D3	Rb		
Cdk5	PISSLRE	p35	NF, Tau		
Cdk6	PLSTIRE	cyclin D1, D2, & D3	Rb		
Cdk7	NRTALRE	cyclin H	Cdc2, Cdk4/6		
Cdk8	SACRE	cyclin C	RNA Pol II		
Cdk9	PITALRE	cyclin T	Rb, MBP		

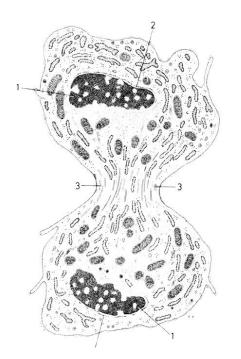
cell cycle stage	cyclin-Cdk complexes	inhibitors						
		p15	p16	p18	p19	p21	p27	p57
G1	cyclin D-Cdk4/6						+/-	+/-
G1/S	cyclin E-Cdk2							
S	cyclin A-Cdk2							
G2/M	cyclin B-Cdc2							



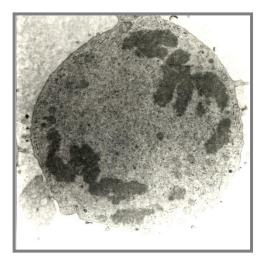
Periodicity of cyclin expression

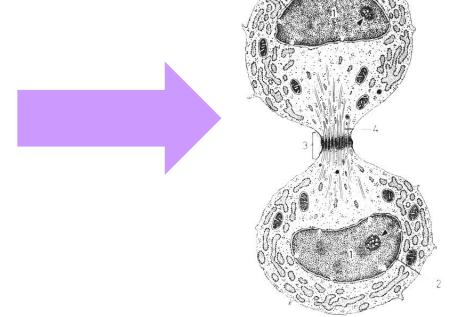






anaphase - telophase





telophase

Histology lectures

Key elements of the microscopic structure of tissues and organs and their relevance to the function Very latest discoveries
in the field of tissue structure
and maintenance and their
relevance to the disease
development and therapy

Thank you for your attention!

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