



# Check response - open airway - check breathing - call 112



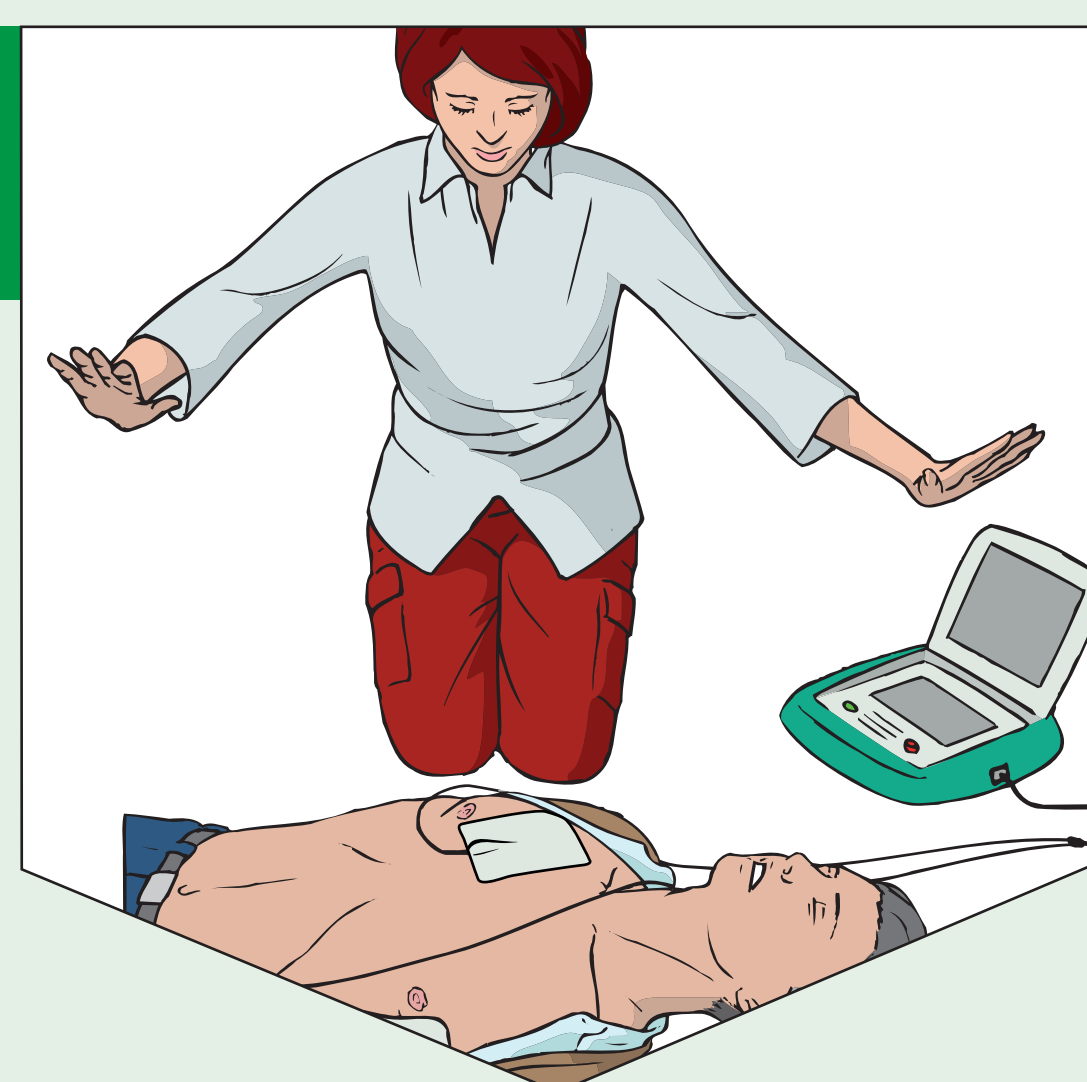
### Activate the AED

Follow the voice prompts without delay.



### Attach pads

Attach one pad below the left armpit.  
Attach the other pad below the right collar bone,  
next to the breastbone.



### Stand clear

Ensure that nobody touches the victim whilst the  
AED is analysing the heart rhythm.



### Deliver shock

Ensure that everybody is clear of the victim.



### Start CPR immediately

Place your hands in the centre of the chest.  
Deliver 30 chest compressions.

Seal your lips around the mouth.  
Blow steadily until the chest rises.

Give next breath when the chest falls.

Continue CPR.

# 30:2

Follow the voice prompts without delay.

