



INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

COMPACT
Kompetence v jazykovém vzdělávání

HEART

Exercise I: Which sentence is not relevant to a patient with heart problems?

- 1) Patient's complaints: **A** shortness of breath **B** blurred vision **C** tightness in the chest
- 2) What aggravates a heart patient's problems?
A going up the stairs **B** climbing up a mountain **C** swimming in a pool
- 3) Where does the pain radiate? **A** to the neck **B** to the shoulder **C** to the loins
- 4) Where will the patient notice some swelling? **A** wrist **B** ankles **C** feet
- 5) How does the heart beat? **A** rapidly **B** it skips a beat **C** musically

Exercise II: Tick the correct statement.

- 1) **A** The patient is referred by his family doctor.
B The patient himself decided to consult a specialist.
- 2) **A** The condition has been getting worse over the last few weeks.
B The condition has changed over the last four weeks.
- 3) **A** The pain radiates to his head.
B The pain radiates to his left arm.
- 4) **A** His heart always beats normally.
B He has palpitations.
- 5) **A** His heart beats either slowly or rapidly.
B His heart skips a beat several times per minute.
- 6) **A** Only one of his feet is swollen by the evening.
B The swelling of his feet disappears by the morning.

Exercise III: Formulate questions based on the patient's answers.

D: *Have you ever had any medical or heart problems?*

P: I've never been diagnosed with anything but I think something could be wrong with my heart.

D:

P: It beats irregularly especially when I smoke.

D:

P: I get pressure in my chest sometimes when I have to walk a long distance.

D:

P: Absolutely. I'm always short of breath when I go upstairs.

D:

P: Yes, I break out in a really bad sweat when my chest hurts.

D:

P: Down my left arm.

D:

P: Yes, my ankles seem to be swollen all the time.

D:

P: Yes, the pain is fairly constant, but it helps when I put my feet up.

Taken from:

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