

## Scrub up

Test your knowledge of hygiene by doing this quiz.



- 1 What is MRSA?
  - a a virus
  - b a bacterium
  - c an antibiotic
- 2 How do you catch MRSA?
  - a by eating from dirty plates
  - b from poor hospital hygiene
  - c by drinking bad water
- 3 Which of these things has nothing to do with bacteria?
  - a wine making
  - b yoghurt
  - c the common cold
  - d bad smells
- 4 In an operating theatre, which of these things breaks hygiene rules?
  - a wearing your mask over your nose
  - b wearing your hair loose
  - c wearing make-up
- 5 Which of these things is most important in stopping the spread of MRSA?
  - a hospital staff should wash their hands between patients
  - b cleaners should disinfect door handles
  - c visitors should wear masks
- 6 Where do staphylococcus bacteria live?
  - a in noses
  - b in soil
  - c in toilets
- 7 When Florence Nightingale, founder of modern nursing, worked in a hospital during the Crimean war (1854-1856), the death rate dropped from 60% to 2.2%. Why?
  - a She made nurses wash their hands
  - b She gave her patients fruit and vegetables to eat
  - c The ventilation was improved

- 8 How long should you wash your hands in hot water to be sure they are clean?
  - a fifteen seconds
  - b half a minute
  - c one minute



## Vocabulary

### Hygiene equipment

- 1 Match each of these items of hygiene equipment to a picture.

- bin \_\_\_\_\_ clinical waste disposal bag \_\_\_\_\_  
 bucket \_\_\_\_\_ detergent \_\_\_\_\_  
 cloth \_\_\_\_\_ disposable gloves \_\_\_\_\_  
 mop \_\_\_\_\_ paper towels \_\_\_\_\_  
 sink \_\_\_\_\_ soap dispenser \_\_\_\_\_



Taken from:

Grice, Tony (2007) *Oxford English for Careers – Nursing 1*. Oxford: OUP.