

# **Making hospital beds (2) occupied bed**



# Hospital bed

- Hospitalized patient spends long hours in bed, comfort depends largely upon the hospital bed and frequent changes in position if the patient's condition permits
- Hospital bed is constructed to provide several possible positions and maximum safety for patient.
- They have a hinged frame (called the GATCH) that permits adjustments of the head and foot section.

# Making hospital beds

- The linens must remain taut and free of wrinkles even if the patient is restless and moving about in bed. Specific techniques for making a hospital bed help to keep bed linens in position and maintain tautness.



# The occupied bed

- Many patient have a condition that requires stayng in bed; such patients must have a change of bed linens daily
- When a patient is cofined to bed continuously, comfort is very important
- Soiled or wrinkled linens cause presure areas and irritate the skin
- Making occupied bed requires more time and effort, so attention should be given to the body mechanics of both patient and nurse
- The bed is ussally made inmediately following the patient's bed bath.

# Making an occupied bed process (1)



- Equipment is the same as for unoccupied bed
- Bed have to be in higher position
- Nurse must use initial touch to the patient and explain the procedure

# Making an occupied bed process (2)

**Asist patient to move to the side of the bed nearest you, if you are alone you must raise siderail**



# Making an occupied bed process (3)



soiled cotton drawsheet

# Making an occupied bed process (4)



clean cotton drawsheet



# Making an occupied bed process (5)



**Assist patient to move back in the horizontal position**

# Making an occupied bed process (6)



When you need apply diaper you can do it when is patient in side position

# Making an occupied bed process (6)



**Final arrangement - tuck the side of the draw sheet under the mattress smoothly, working from the head toward the foot**

# Making an occupied bed process (7)



**pillow have to be only under  
the head and shoulders  
(prevention of headache)**



**blanket is only under the armpit  
(it is up to the patient how long he want  
to have the blanket)**