#### Institute of Microbiology shows:



#### TRACING THE CRIMINAL

Part two: Streptococcus

### Most important streptococci

Story	On BA	Name of the criminal
4.	viri- dation (alpha)	Streptococcus pneumoniae
5.		Group of "oral streptococci"
1.	(beta) hemo- lysis*	Streptococcus pyogenes
2.		Streptococcus agalactiae
3.		Group of "non-A-non-B" streptococci
_	none	Ahemolytical streptococci

\*in S. agalactiae partial haemolysis only

### Survey of topics

Clinical characteristics: Haemolytical streptococci

Clinical characteristics: Viridating streptococci

Therapy of streptococcal diseases

Diagnostics of streptococci

Differential diagnostics of streptococci

Late sequellae of streptococcal diseases

# Clinical characteristics: (B-) haemolytical streptococci

(with partial or total haemolysis)

www.rezivo-drevo.cz

### Story One



 Mr Hobby likes to work with wood. He worked at his workshop, when a large wood has fallen on his foot. A large lacerated wound emerged, and even dirty. Mr Hobby was taken to a hospital. The wound was sewed by a surgeon, but high fever and signs of sepsis were found. At reoperation, necrotizing inflamation of fascia with necrosis was found. Unfortunatelly, the care did not help: the leg had to be taken away.



These large, dark, boil-like blisters are a diagnostic symptom of necrotizing fasciitis (also known as flesh-eating disease).

(Source: EMBBS, 1996 http://mdchoice.com/)

### Who is guilty?

- It is Streptococcus pyogenes
- strepto = in chains, pyo-genes = making pus
- Streptococcus pyogenes is known as causative agent of accute tonsilitis. Nevertheless, it causes pyogene tissue inflamations, too. Unlike staphylococci, causing abscesi, here flegmonae are rather common.
- Besides tonsilitis, it causes also scarlatina, scarlatiniform tonsilitis and erysipelas. There are strains producing erythrogenous toxin (erythros = red)
- When the bacterium itself is infected by a bakteriophage, it is even more virulent and becomes a "meat eating bug" our case.

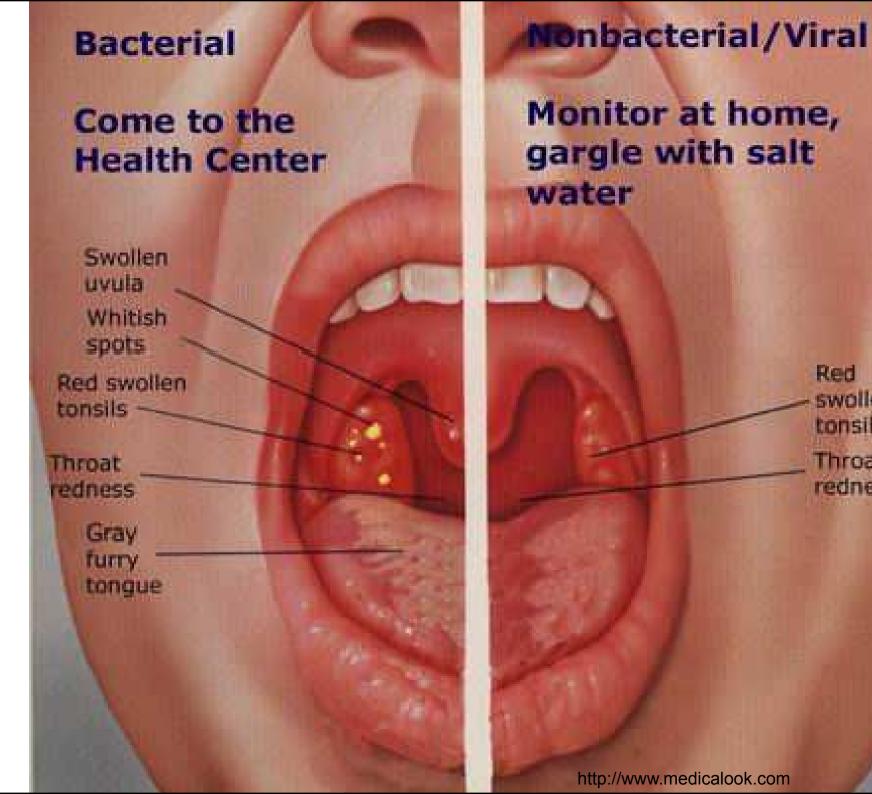
### Necrotising fasciitis ("flesh eating bacteria")

In fact, it is extremely rare, only in streptococcal strains infected by a phagus. Other infections are much more common.



http://people.tribe.net

### O S disea Typical youngsters tonsilitis



Red

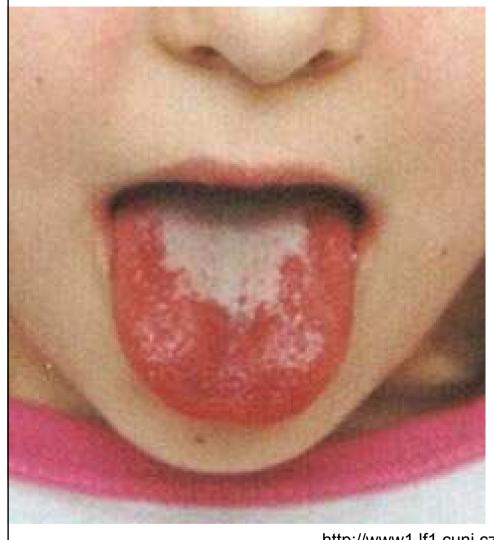
swollen

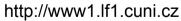
tonsils

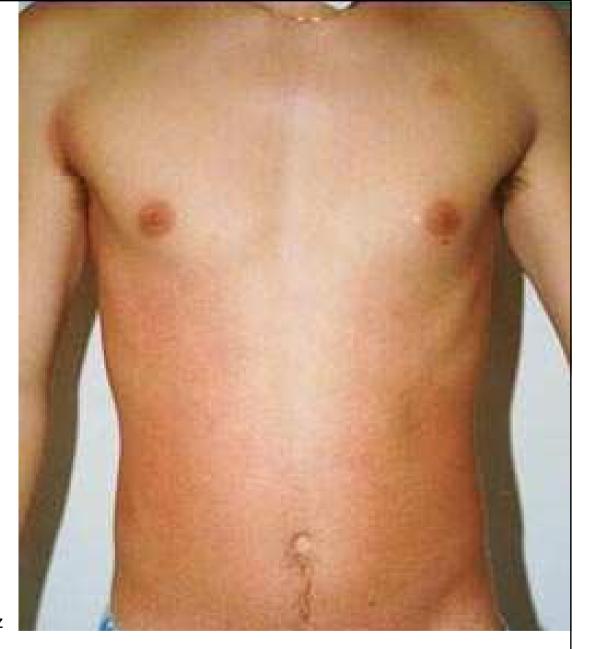
Throat

redness

#### Scarlet fever







Scarlet fever = haevy tonsillitis + exanthema (on skin) + features on mucous membrane. Streptococcus must produce an erythrogenous toxin.



### Erysipelas with phlegmona





http://www.megru.unizh.ch

More complications:
Repeated erysipelas may
also damage lymphatic
vessels, leading to chronical
lymphedema.

http://homepage.univie.ac.at

### **Story Two**

- Young lady Erika was not too often present at preventive controls during pregnancy. Few days before delivery she found herself in a birthhouse. Delivery itself did not bring any complications. Soon the child started to have signs of sepsis and respiratory failure. Quick treatment saved the child's life, and also prevented progression to meningitis that is, unfortunatelly, quite common here.
- Later Mrs. Erika was shown to be a carrier of a bacteria, that was shown to be guilty.

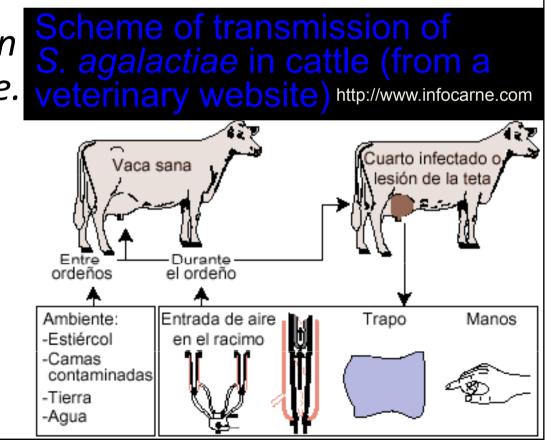


http://home.cc.umanitoba.ca/~soninr/Dylan%20in%20hospital.JPG

### Who is guilty now?

 Bacterium Streptococcus agalactiae is a Streptococcus, too. In humans, it rather infects lower parts of body (urogenital infections) with risk of newborn infection

Clever students should mention species name **a-galactiae**, i. e. "milk-less". This bacterium really causes also milk gland inflamation with dammaged milk production; these features, nevertheless, are seen in cattle, not humans



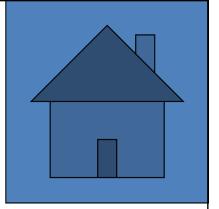
### Story Three



- Harry the boy has a sore throat. It looks like tonsilitis, but he already subdued both adenectomia and tonsilectomia.
- Parents went with Harry to see a doctor, to prescribe him some antibiotics. But the doctor said – first throat swab, and then maybe antibiotics. She invited Harry in three days. After thath, she prescribed penicillin, and it started to have effect very soon.



### Who caused Harry's problems?

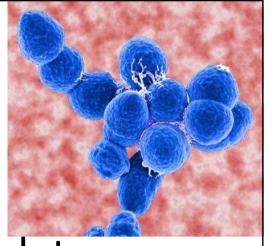


- So named "non-A-non-B" streptococci are called so as they do not belong neither to A group (in which *Streptococcus pyogenes* is the only one) nor to B group (where *S. agalactiae* is the most important one).
- They do not cause so often tonsilitis, but rather pharyngitis

   inflamations of pharynx. Nevertheless, they are often
   present in healthy persons' throats.
- The same as in tonsilitis, in susceptible strains the first antibiotic to be used is penicilin; macrolids in allergic persons only.

# Clinical characteristics: viridating (α-haemolytical) streptococci

### **Story Four**



- Missis Evelyn, retreated, has her spleen let extracted long ago after a car accident.
- Several days ago, she caught a "common cold", she did not pay attention to this, but later her status worsened, so her daughter drove her to a hospital, where she was hospitalized on infectious diseases department with suspicious meningitis
- Grace to soon antibiotic treatment her status became better and she got back her health.

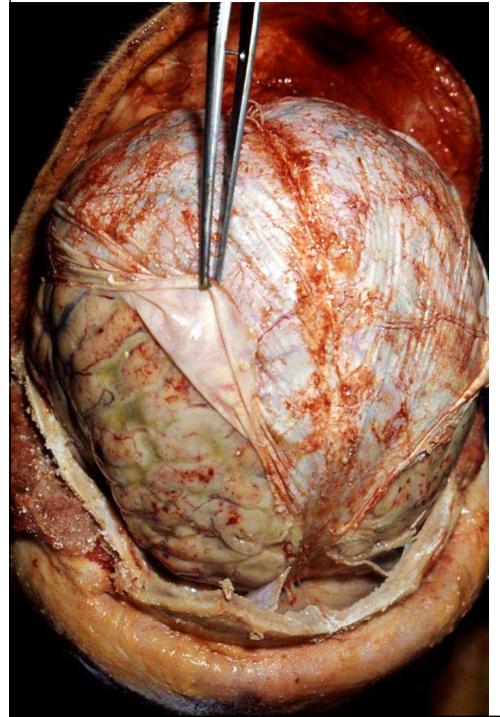
#### This time criminal is:

- Streptococcus pneumoniae, or "pneumococcus". It was also called *Diplococcus pneumoniae*, as it does not form chains, but couples. Its shape is not perfectly spherical, but rather lancet shaped.
  - (Remember this, examinators might ask you this the examination. ©)
- In small amount, it is present in healthy persons' phrarynx. On the other hand, it causes pneumoniae, sinusitis, otitis media and even sepsis and meningitis.

### Healthy tympanon (left), otitis media (right)



### Pneumococcal meningitis

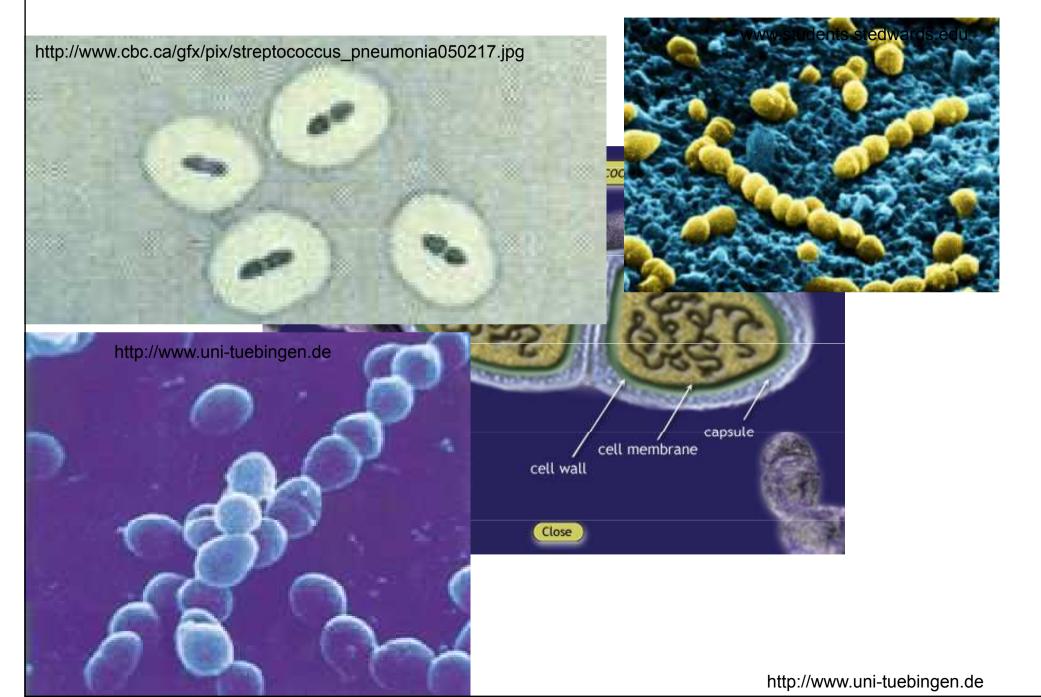




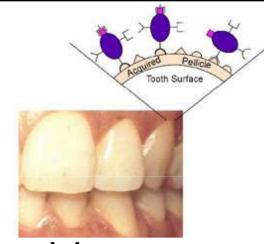
http://www.meningitis.com.au

http://commons.wikimedia.org

### This is how the criminal looks like:



### Story Five



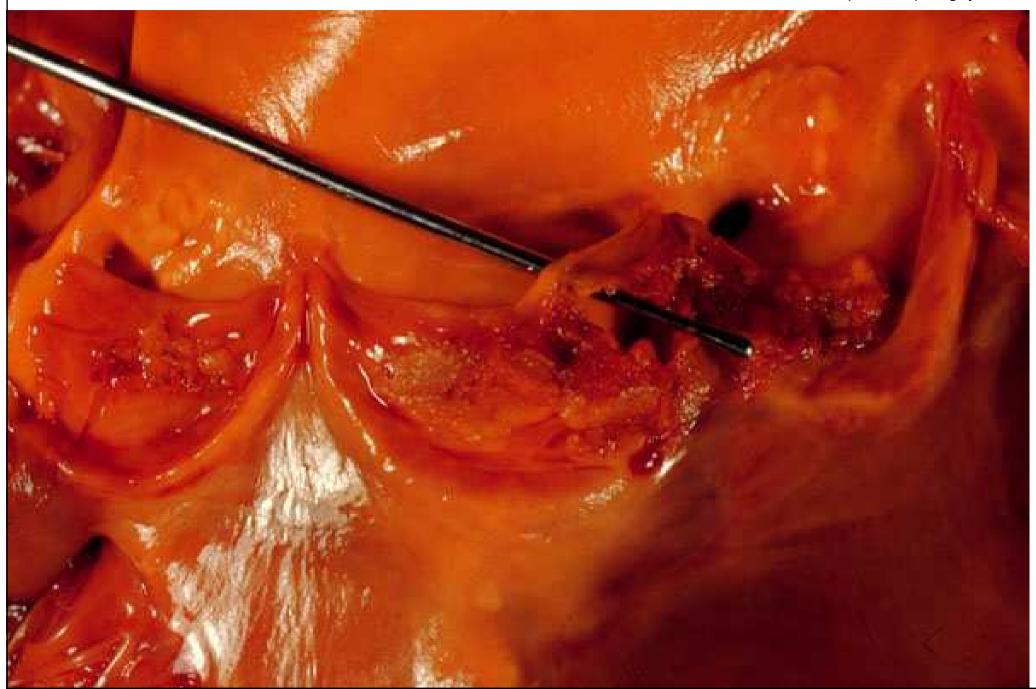
- Mr. Hearty has long durating heart problems.
   Even the artificial heart valvula had to be installed into his body.
- One month ago, he ad an awful dental carries, and it durated long time before he came to see a stomatologist.
- Now his heart problems worsened so that he had to be hospitalised. Diagnosis endocarditis lenta was set down.

#### Who is the criminal in this crime?

- Oral streptococci, viridans streptococci, alpha streptococci, all these names describe streptococci viridating on blood agar; usually we mean "viridans streptococci, but not pneumococcus"
- They are part of normal oral and pharyngeal flora. Even at physiological conditions, all the time some streptococci penetrate in small amounts into the bloodstream The problem starts, when they come there too many together, and when they meet a suitable terrain.

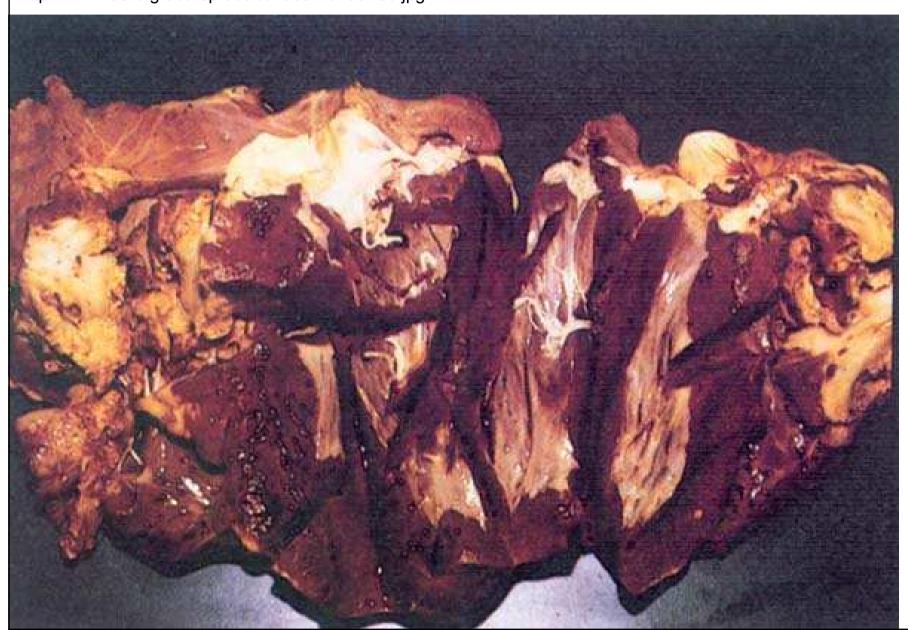
### Vegetation on a valve

http://www.pathguy.com



### Diseased heart

http://www.fao.org/docrep/003/t0756e/T0756E83.jpg



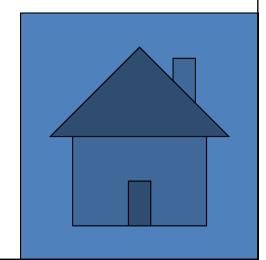
### Some possible criminals



S. salivarius



Among "oral" streptococci, *S. mutans* has probably the highest relation to dental caries.

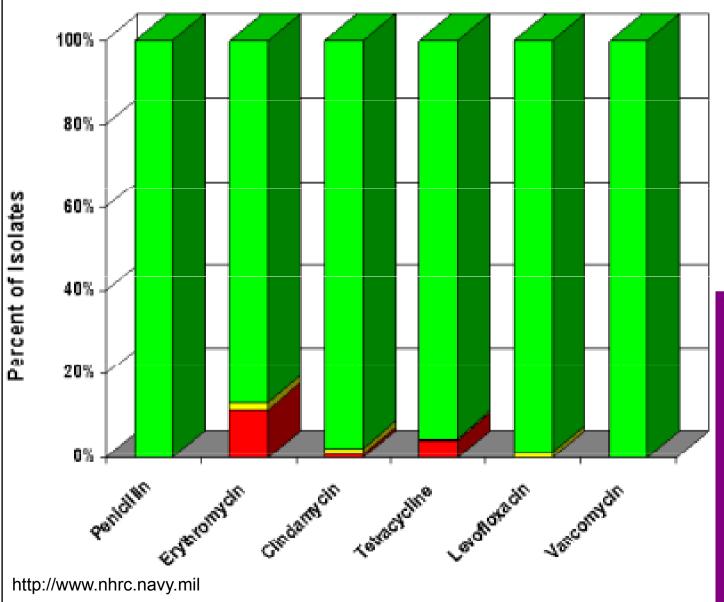


## Therapy of streptococcal diseases

### Treatment: the criminal should be punished

 Guilty Streptococci will be punished by a suitable antibiotic. In Streptococci the No. 1 drug is the classical Fleming's penicillin (either G-penicillin for parenteral use of V-penicillin for oral use). Macrolides shoudl be used in PNC-allergic persons only. Doxycyklin, co-trimoxazol, ampicilin and others might be used. Vancomycin is a reserve, 100% effective antibiotic (no zone = a mistake, it is not a streptococcus)

### Susceptibility of streptococci to atb



- Sensitive
- Intermediate
- Resistant
- The picture
   demostrates a study in
   1615 military addicts
   performed in 2003
- As you can see, in
   S. pyogenes drug of choice remains penicillin

### Susceptibility testing

- Usually we read the diffusion disk test by measuring the zones and comparing with the reference zones
- Again: the worse pathogen (pyogene streptococcus) is more susceptible than milder pathogens
- The tests are performed on MH agar with blood or on blood agar. On the MH agar without blood steptococci grow poorly, or do nt grow at all.

Nevertheless, we cannot utilise this fact in diagnostic – some steptococci are able to grow there!

### Streptococcal susceptibility test



Antibiotic	Abbr.	Reference zone
Penicilin (basic penic.)	Р	28 mm
Cefalotin (cefalosp. 1. g.)	KF	18 mm
Erytromycin (makrolid)	E	23 mm
Clindamycin (linkosamid)	DA	19 mm
Chloramphenicol	С	21 mm
Doxycyklin (tetracyclin)	DO	19 mm
Vancomycin (glycopeptid)	VA	17 mm

Clindamycin: Usually tested, but not in our practical session

# Diagnostics of streptococci

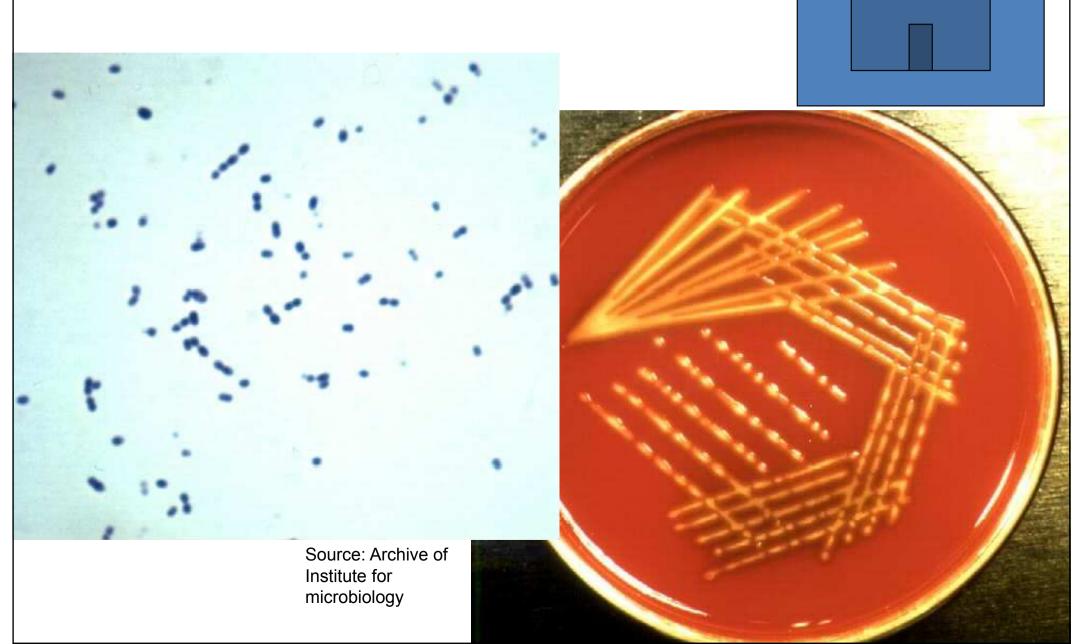
### Description of criminals (diagnostics) 1

- Microscopy: grampositive cocci
- Cultivation: on BA grey to colorless colonies, usually small, larger colonies has only Streptococcus agalactiae
- Hemolytical properties: some viridate, some partially or totally hemolyze
- They do not grow neither on BA with 10 % NaCl, nor on Slanetz-Bartley or Bile aesculin medium.
- Together with entorococci, they are resistant to aminoglykosides, so medium with amikacin is used as a selective medium.

#### Description of criminals (diagnostics) 2

- Biochemical tests: both catalase and oxidase negative, biochemical differentiation of individual species possible especially in viridating streptococci
- Antigen analysis helps rather in haemolytical streptococci. Lancefield system is used – theoretically all streptococci are involved, but many viridans streptococci have no antigen in this system. Groups are labelled by letters A, B, C, E, F, G etc.

## Photos of criminal database



# Differential diagnostics of streptococci

## Differenciation from other suspects (diferencial diagnostics 1) http://memiserf.medmikro.ruhr-uni-bochum.de

- Gram stain show all bacteria, that do not belong among grampositive cocci.
- Negative catalase test differenciates streptococci
   from staphylococci
- Growth on SB and BE media differenciates enterococci. All of them are also positive in so named PYR-test, while among streptococci only one of them is positive, and that one is rarely confused because of its very strong haemolysis and other properties

## Differenciation from other suspects (diferencial diagnostics 2)

- Hemolysis should be observed now it clasiffies streptococci into haemolytical, viridating and others
- Pneumococcus vs. other viridans streptococci:
   Pneumococcus has positive optochin test, test of solubility in powder bile etc.
- S. pyogenes vs. other haemolytic streptococci:
   Both Bacitracin and PYR test are ⊕ in S. pyogenes
- *S. agalactiae*vs. other haemolytic streptococci:

CAMP test is ⊕ in *S. agalactiae* 

About all these tests – more info later

mikroby.blox.pl Schematically: Unknown bacterium G+ coccus Streptococcus Staphylococcus Enterococcus Virid. Streptococcus Haemol. Streptococcus Strèptoc. no virid., no haem. Pneumococcus S. pyogenes S. agalactiae (SAG) Oral streptococcus Streptococcus non-A-non-B

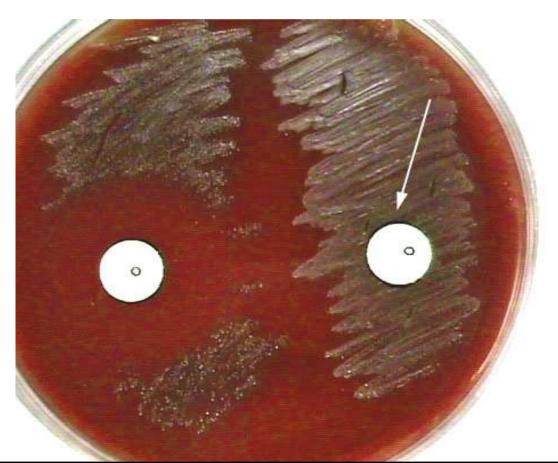
#### Pneumococcus: How to become suspicious

- Pneumococcus can be differenciated by the optochin test – see following slide.
- Suspicion maybe taken, when:
  - microscopically lancet-shaped diplococci can be seen
  - cultivation: colonies flat, coin-shaped to dishshaped, sometimes with a central elevation
  - on the other hand, sometimes the colonies are large and mucoid: those are strains with a strong capsulla production (usually highly virulent)

#### Optochin test

 Classical test to differenciate pneumococcus from oral streptococci. Pneumococcus is susceptible to optochin (antibiotic), oral streptococci are resistant. (Optochin is not used therapeutically today, it remained in diagnostics only)

 Sometimes, the test of solubility in powder bile is used. Test of mouse pathogenicity is today considered to be historical



#### Species determination of oral Streptococcus

- Only someone mad (or a researcher sometimes it is the same) would differenciate an oral streptococcus to species level, when the strain is from oral cavity of pharynx. Why to do it, when we consider it to be a part of normal flora?
- On the other hand, in strains from blood cultures, differenciation is logical. In viridating streptococci, it has no sense to attempt the antigen analysis, but, as we know already, biochemical tests are very useful.
- In Czech conditions, it is mainly STREPTOtest 16

#### STREPTOtest 16 – how to read it

Three musketeers were four. STREPTOtest 16 (and STAPHYtest 16 and ENTEROtest 16) use 17 reactions.

- First reaction is again VPT (D'Artagnan!)
- 2<sup>nd</sup> to 9<sup>th</sup> reaction is again the first strip in the double-strip
- Similarly, 10<sup>th</sup> to 17<sup>th</sup> reaction is the second strip in the couble strip

# An example of result of Streptotest 16: Code 511 420 *Streptococcus salivarius* % probab. 97.19 Typicity index 1.00

	1	2 H	3 G	4 F	5	6	7	8	9	10	11	12	13	14	15	16	17
	Tube			el — first row					H G F E D C B A Panel – second row								
		1 0								Tarioi — Second Tow							
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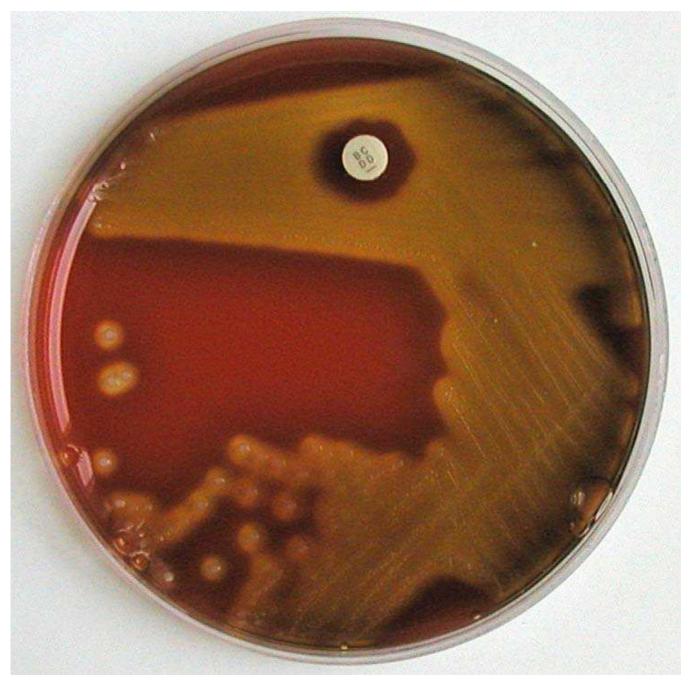
## Escpecially dagerous criminal: the pyogene *Streptococcus*. What to do?

#### **PYR** test

- PYR test is performed similarly as oxidase test.
  We touch by the strip (its reaction square) the
  colonies. Then we wait ten minutes. A reagent
  is added, one more minute of waiting follows.
  Red = positive
- Bacitracin test was used sooner. It had the same principle as the Optochin test, only an other antibiotic wass used.

#### Bacitracin test

Photo: Archive of Institute for Microbiology



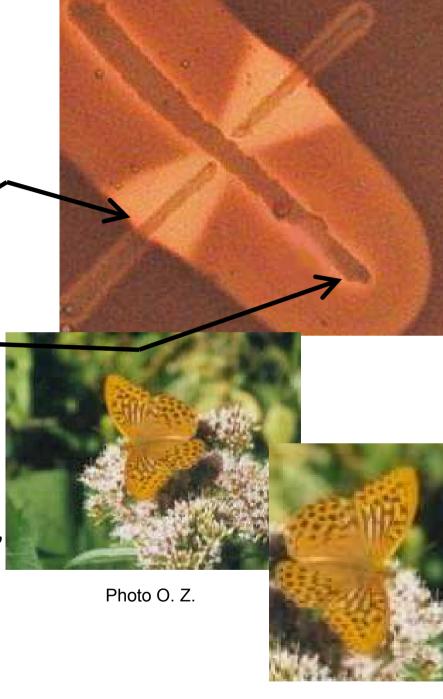
## And now the second: *Streptococcus* agalactiae – 1

- Many bacteria produce haemolysins
- When two bacteria produce haemolysins, their cooperation may be either synergic or antagonistic.
- An example of a synergism is CAMP factor of Str.
   agalactiae and beta lysin of Staph. aureus
- It is not possible to use it for *Staphylococcus* diagnostics not all strains of Stapyhlococi produce the beta lysin! So, the test is used in *Streptococcus* diagnostics only.

#### Streptococcus agalactiae – 2 CAMP test

 TESTED strain of a Streptococcús and TESTING strain of beta-lysin procucing Staphylococcus are inoculated on the blood agar

 In case of positivity, we see stronger haemolysis in shape of two triangles, or, more poetically, butterfly wings



# CAMP test – another picture



#### Haemolytical criminals – conclusion

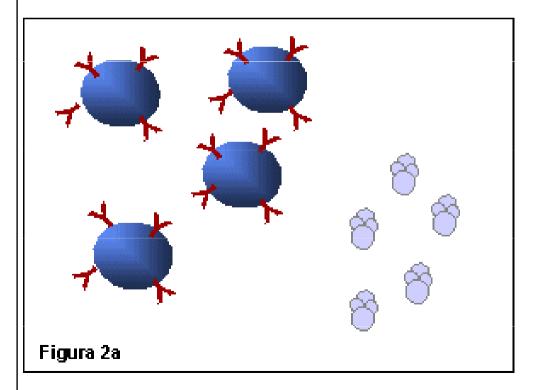
Bacitracin and PYR test	CAMP test	Streptococcus					
positive	negative*	S. pyogenes					
negative	positive	S. agalactiae					
negative	negative	non-A-non-B Streptococcus**					
positive	positive	a nonsens, a bad test, mix of two strains etc.					

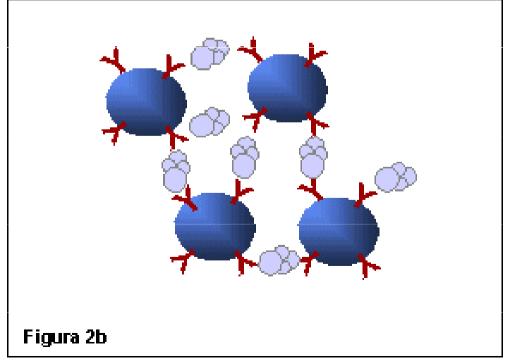
<sup>\*</sup>sometimes week synergism, not having the proper size and shape

<sup>\*</sup>eventually more detailed diagnostic using antigen analysis

#### Latex agglutination

Latex agglutination is used for detailed diagnostics of non-A-non-B streptococci, if necessary, according to Lancefield scheme. However, conclusion "it is a non-A-non-B strep" is usually sufficient. The principle of latex agglutination is showed on the pictures. Aglutination of streptococci with the antibody is helped by latex particles





http://www.seimc.org

#### Remember:

 Streptococci with haemolysis (total or partial), but aslo streptococci with no haemolysis at all can be usually determinated using latex agglutination (if necessary). Their biochemical activity uses to be poor.

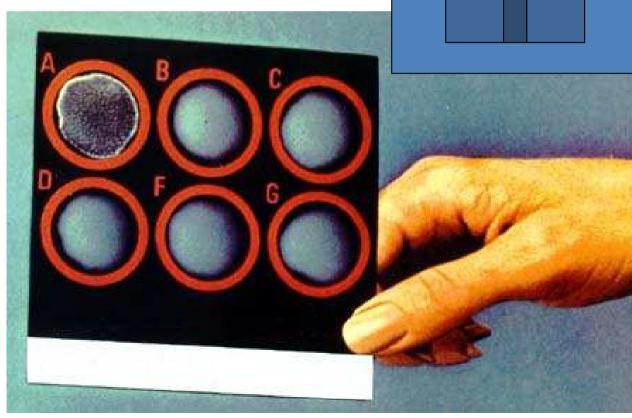
Streptocooci with viridation

 (alpha-streptococci) can be usually determinated using biochemical testing (if necessary). Their antigen determinants use to be poor.

#### Latex agglutination – practically

 Practical test: the vessels with mixtures of antibodies and latex particles, result (positive in the first cicrle)





http://www.medicine.uiowa.edu

http://www.pro-lab.com

# Late sequelae of streptococcal diseases

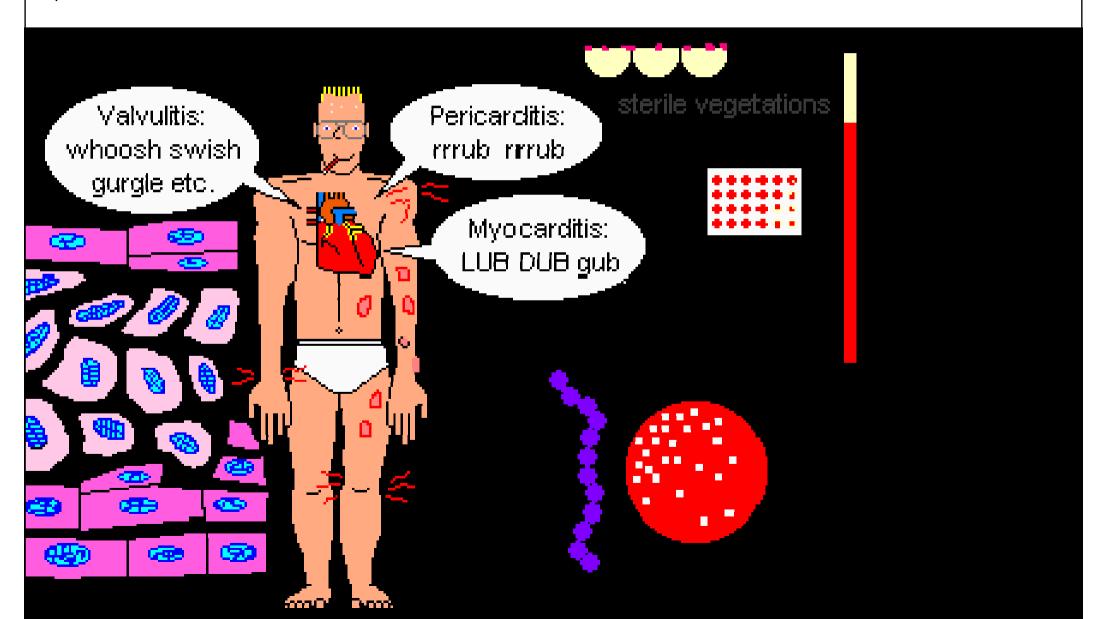
## Streptococcus pyogenes is even worse than we already knew

 You know that *S. pyogenes* causes tonsillitis, scarlatina, erysipelas. But the worst still waits: Even after being flown out from the organism, a terrible sequelae may occur! Antibodies circulate in the blood... and mistakenly, instead of being bound to streptococci, they bind to some structures of the organism. So, accute glomerulonephritis or rheumatic fever occurs.

You may mention, that we have had this already once in the spring semester...

#### Rheumatic Fever

http://mednote.co.kr

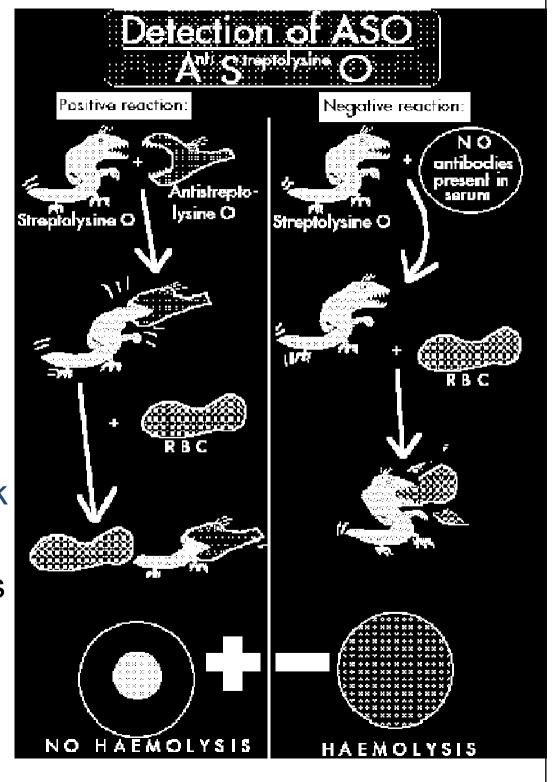


#### ASO: how to see, if the risk exists

- Using ASO test you will see, if a normal antibody response is formed, or an autoimmunity overresponse with risk of development of glomerulonefritis/rheum. fever
- ASO test is usually performed after a streptococcal infection. By the antibody detection, we do not try to detect the infection (we know about it), but to clarify, whetrer autoimmunity response is developed. So it is NOT an indirect diagnostic, although antibodies are measured.

## ASO: principle (repeating)

- The antibody blocates the haemolytical effect of the toxin (streptolyzin O) on a RBC.
- In ASO, we do not use the geometrical row. The values of dilution are in a table.
- Titre over cca 250 means a risk of antibody response
- In Czech, abbreviation ASLO is used instead of ASO in English.



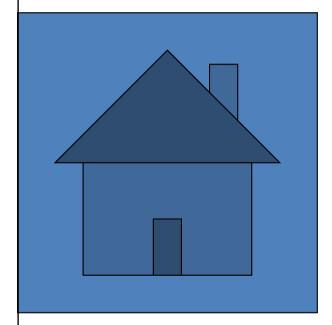
#### How to read an ASO panel

 Each patient has one row. The dilutions are here and in tables on your working tables.



Panel has a positive control and five patients

#### Goodbye at the next part!





www.giantmicrobes.cz

Soft toy-Streptococcus