#### Exercise 1

at, from, in, with, in, with, at, at (graduate from a university vs. graduate in a subject)

#### **Vocabulary**

# 1. Look at these adjectives. Do you know the meaning of all of them? With your partner create sentences with each of them and if possible find an antonym and form a noun.

efficient fatigued = worn out=exhausted

oxygen-enrichedresponsibledigestibleconnectiveconsciously controlled = voluntarypossible

suggested answers

efficient - inefficient, efficiency fatigued=worn out=exhausted - lively, fresh,

oxygen-enriched – oxygen-deprived (oxygen-

poor), deoxygenated, with low level of oxygen; responsible - irresponsible, responsibility

(oxygen-enrichment) connective - disconnective; connection,

digestible - indigestible, digestion, digestibility connectivity

!digested (undigested) vs. digestible possible - impossible, possibility

consciously controlled=voluntary -

unconsciously, consciousness; involuntary,

volunteer, voluntariness

#### Verbs: do you see any synonyms or near synonyms?

take in	made up of	expel
absorb	remove	chew
dispose of	add	affect

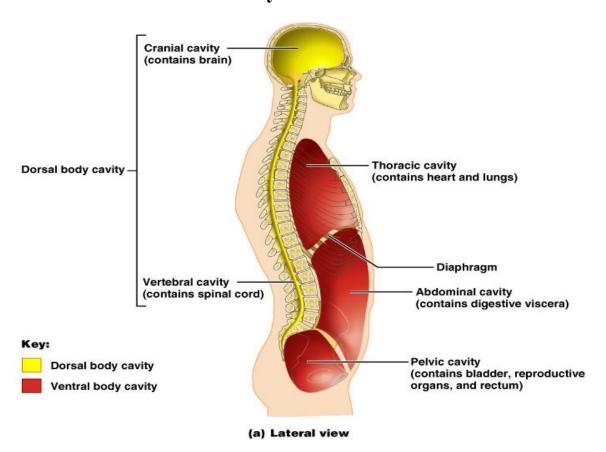
consist of bite stop bleeding

be composed of clot excrete
allow exhale influence
nourish permit feed
comprise breathe (!breath) inhale

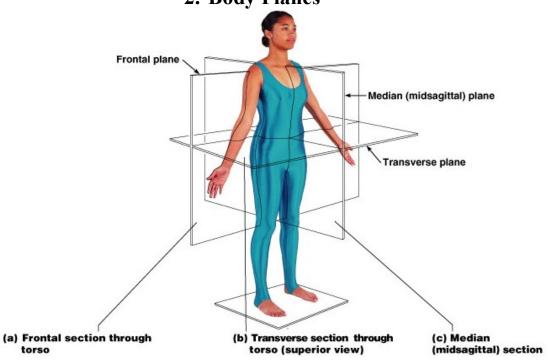
take in and absorb dispose of, remove, expel, excrete

consist of, be composed of, comprise, be made up of bite, chew clot, stop bleeding allow, permit nourish, feed exhale, breathe, inhale affect, influence

## 1. Body cavities



## 2. Body Planes



## 3. Directional terms

TABLE 1.1 Orientation and Directional Terms

Term	Definition	Example	
Superior (cranial)	Toward the head end or upper part of a structure or the body; above		The head is superior to the abdomen
Inferior (caudal)	Away from the head end or toward the lower part of a structure or the body; be- low		The navel is inferior to the chin
Anterior (ventral)*	Toward or at the front of the body; in front of	8	The breastbone is anterior to the spine
Posterior (dorsal)*	Toward or at the back of the body; behind	<u>.</u>	The heart is posterior to the breastbone
Medial	Toward or at the midline of the body; on the inner side of		The heart is medial to the arm

<sup>&</sup>quot;Whereas the terms ventral and anterior are synonymous in humans, this is not the case in four-legged animals. Ventral specifically refers to the "belly" of a vertebrate animal and thus is the inferior surface of four-legged animals. Likewise, although the dorsal and posterior surfaces are the same in humans, the term dorsal specifically refers to an animal's back. Thus, the dorsal surface of four-legged animals is their superior surface.

Term	Definition	Example	
Lateral	Away from the midline of the body; on the outer side of		The arms are lateral to the chest
Intermediate	Between a more medial and a more lateral structure	***	The collarbone is intermediate between the beastbone and shoulder
Proximal	Closer to the origin of the body part or the point of attachment of a limb to the body trunk		The elbow is proximal to the wrist
Distal	Farther from the origin of a body part or the point of attachment of a limb to the body trunk		The knee is distal to the thigh
Superficial (exter- nal)	Toward or at the body surface	<b>**</b>	The skin is superficial to the skeletal muscles
Deep (internal)	Away from the body surface; more internal	2	The lungs are deep to the skin

abdomen	abdominal
arm	brachial
armpit	axillary
back	dorsal
back of head	occipital
back of knee	popliteal
between hips	sacral
breast	mammary
breastbone	sternal
buttocks	gluteal
ear	otic
elbow	cubital
finger	digital
foot	pedal
forearm	antebrachial
forehead	frontal

antecubital
inguinal
cephalic
coxal
buccal
pectoral
mental
tarsal
crural
lumbar
umbilical
cervical
genital
plantar
vertebral
femoral
carpal

# 2. Complete the sentences: - \_\_\_\_\_\_ventral (abdominal and pelvic)\_

•
Theventral (abdominal and pelvic) cavity contains the digestive, excretory, and reproductive
organs.
Thedorsal/vertebral cavity contains the spinal cord.
The ventral/thoracic cavity contains the heart, lungs, and associated structures.
Thedorsal/cranial cavity contains the brain.
6. Complete the sentences:  Themedian/midsagittal plane divides the body into a right and left half.
Thetransverse/horizontal/cross-section plane divides the body/organs into upper and lower
portions.
Thesagittal/parasagittal plane divides the body into an unequal right and left side.
Thefrontal/coronar plane divides the body into an anterior and posterior portion.

3. Match the corresponding terms and their directions. 1-L, 2-H, 3-D, 4-G, 5-F, 6-J, 7-I, 8-C, 9-E, 10-B, 11-K, 12-A

### 5. see the table above