

# Muscle tissue

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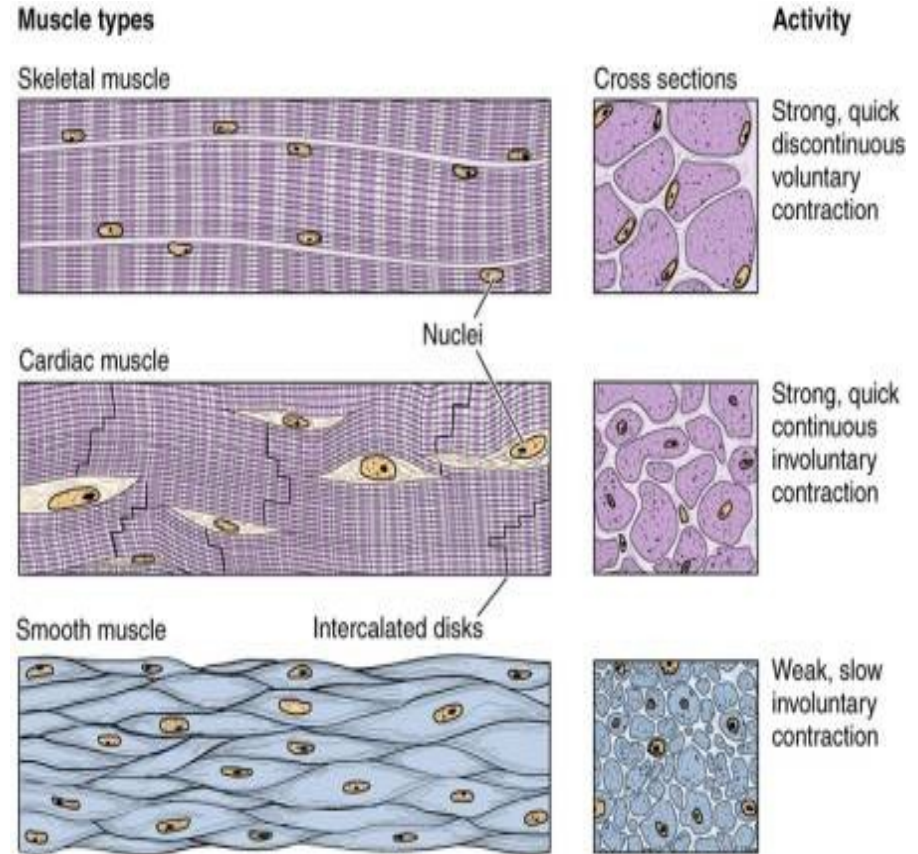
# General characteristic of muscle tissue

## Hallmarks

- Unique cell architecture
- Excitability and contraction
- Mesodermal origin

## Muscle tissue

- Skeletal
- Cardiac
- Smooth

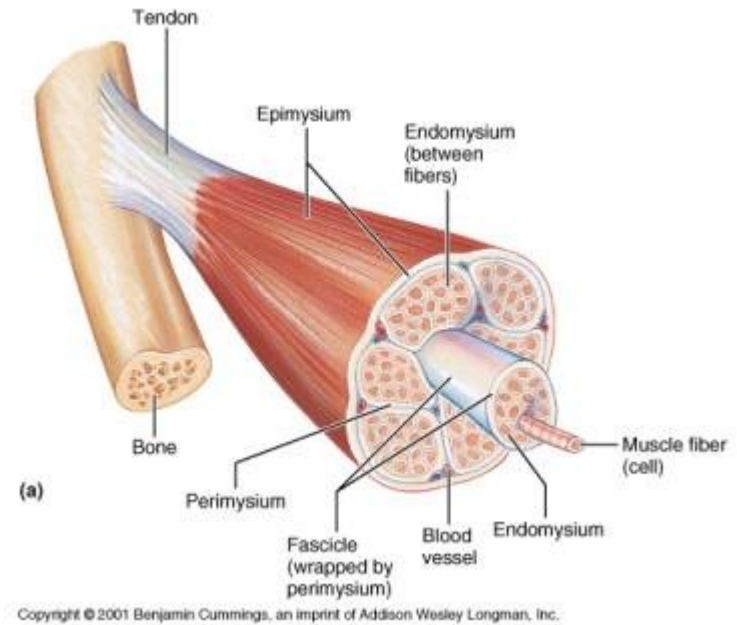


# Histology of skeletal muscle tissue

- Composition: muscle cells + connective tissue, blood vessels
- Unique cell architecture – long multinuclear cells – muscle fibers (rhabdomyocytes)
- Long axis of cells is oriented parallel with direction of contraction
- Specific terminology:
  - cell membrane = sarcolemma
  - cytoplasm = sarcoplasm
  - sER = sarcoplasmic reticulum
  
  - Muscle fiber – microscopic unit of skeletal muscle
  - Myofibril – LM unit – myofilaments – unit of muscle fibers
  - Myofilaments – filaments of actin and myosin (EM)

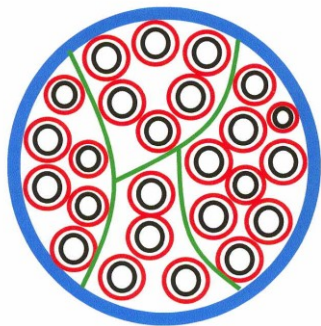
# Connective tissue of skeletal muscle

- Containment
- Limit of expansion of the muscle
- Transmission of muscular forces
- **Endomysium** – around each muscle cell (fiber)
- **Perimysium** – around and among the primary bundles of muscle cells
- **Epimysium** – dense irregular collagen c.t., continuous with tendons and fascia
- Fascia – dense regular collagen c.t.

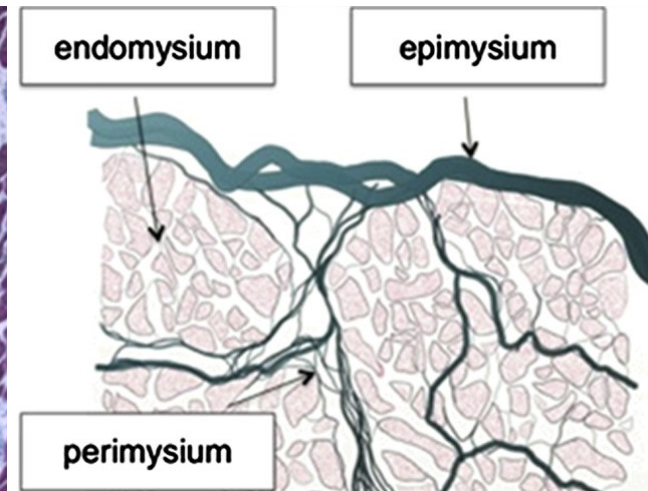
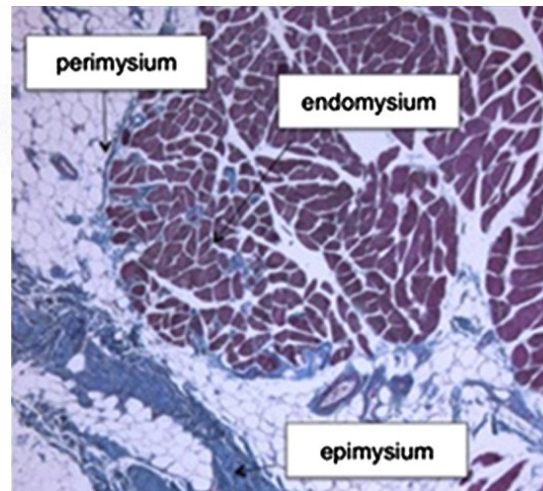


## -mysiums

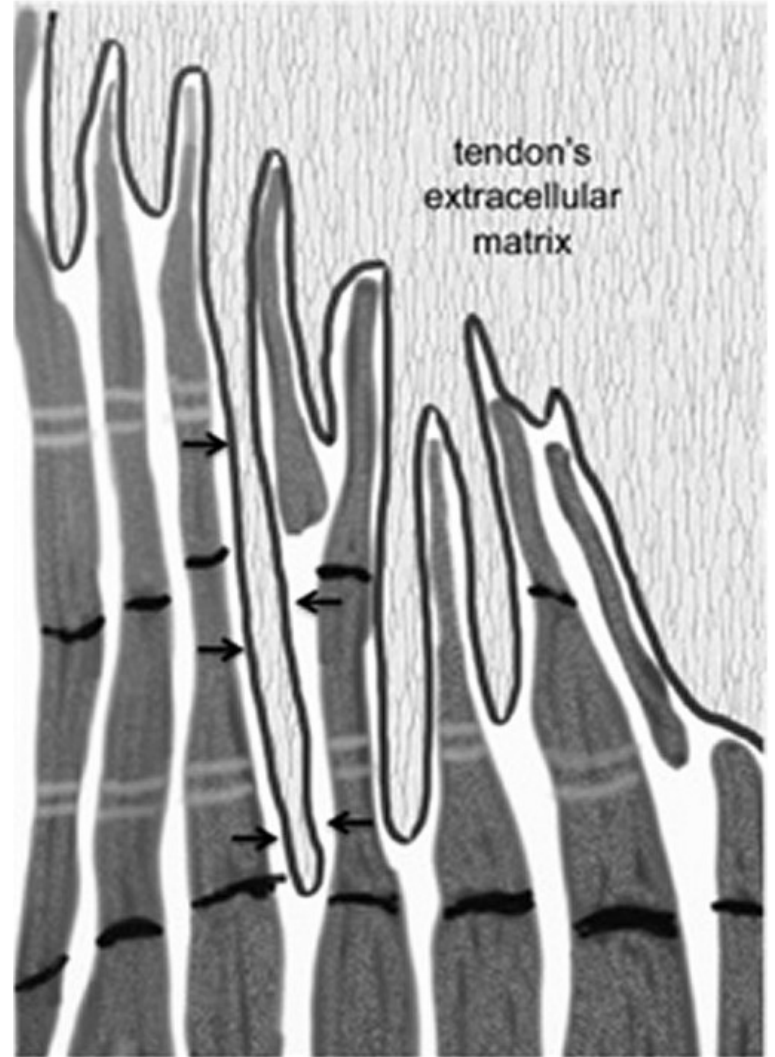
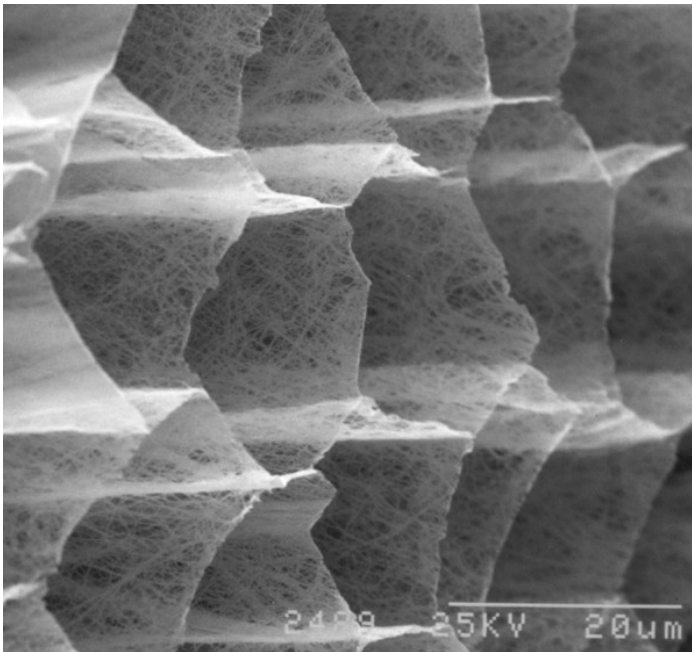
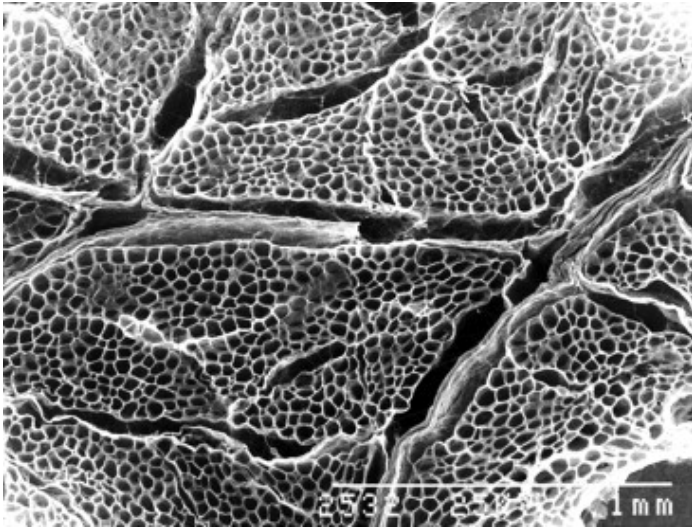
(connective tissue coats of a skeletal muscle)

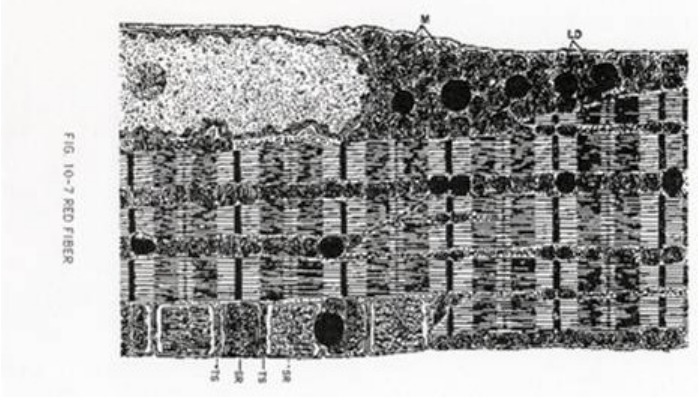
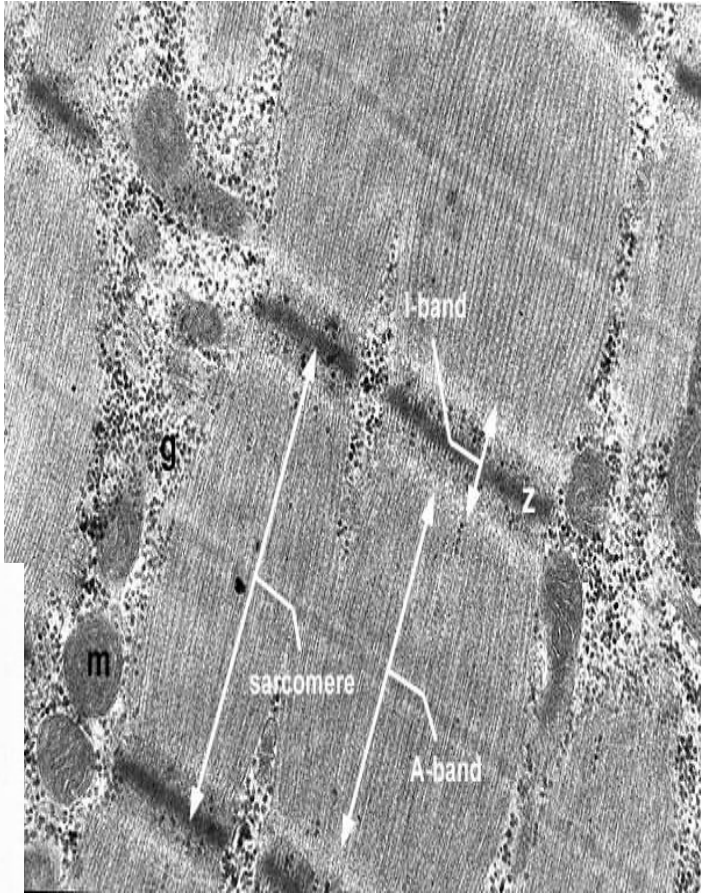
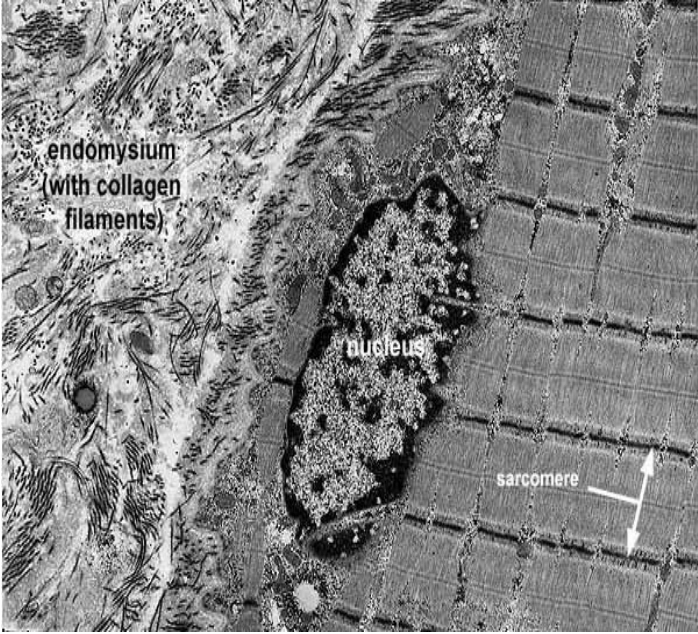


- skeletal muscle fiber
- endo - mysium
- peri - mysium
- epi - mysium



# Connective tissue of skeletal muscle

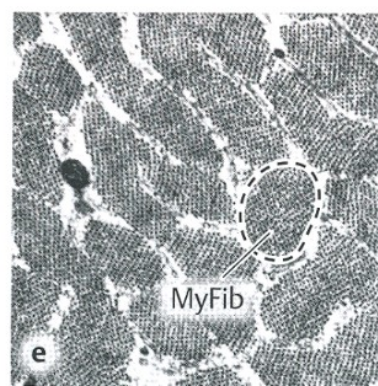
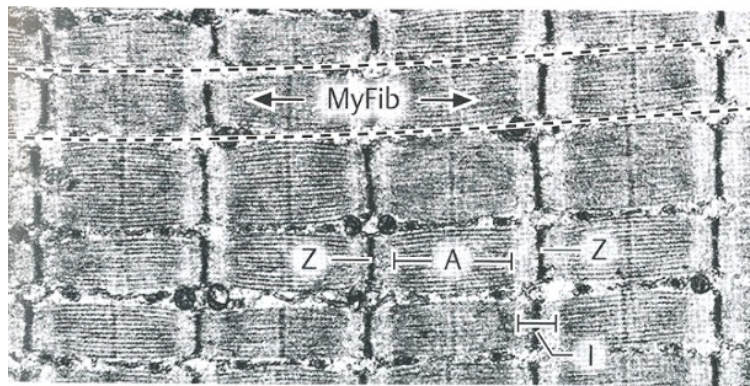
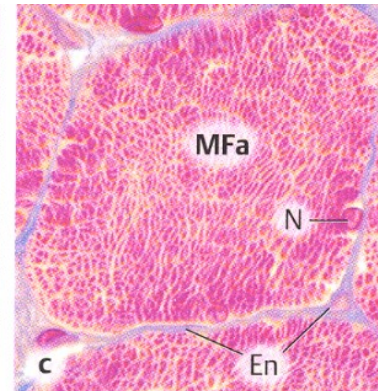
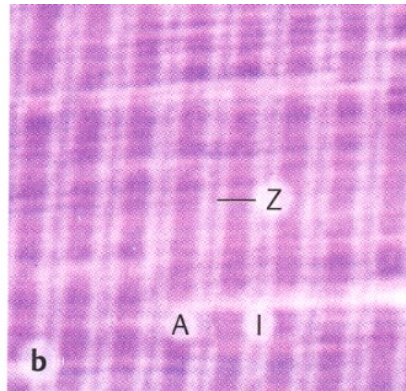
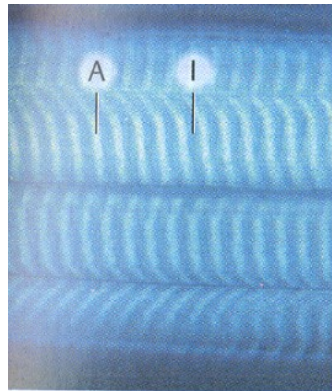






# Structure of skeletal muscle

- morphological and functional unit: **muscle fiber (rhabdomyocyte)** – elongated, cylindrical-shaped, multinucleated cell (syncytium)
- nuclei are located at the periphery (under sarcolemma)
- **myofibrils** show cross striation
- diameter of muscle fiber: 25-100  $\mu\text{m}$
- length: millimeters - centimeters (up to 15)





# Ultrastructure of rhabdomyocyte

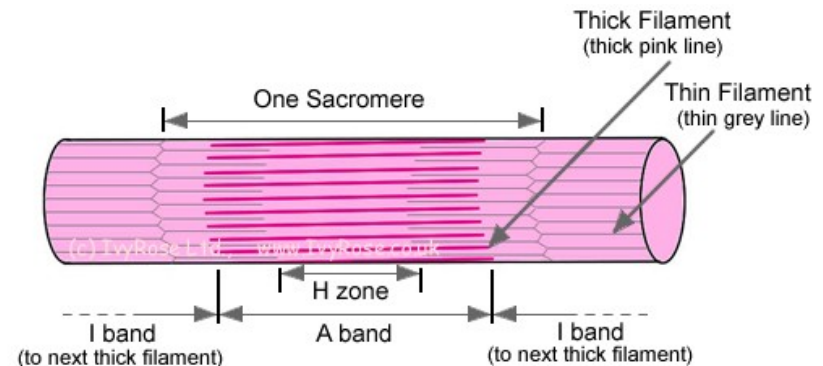
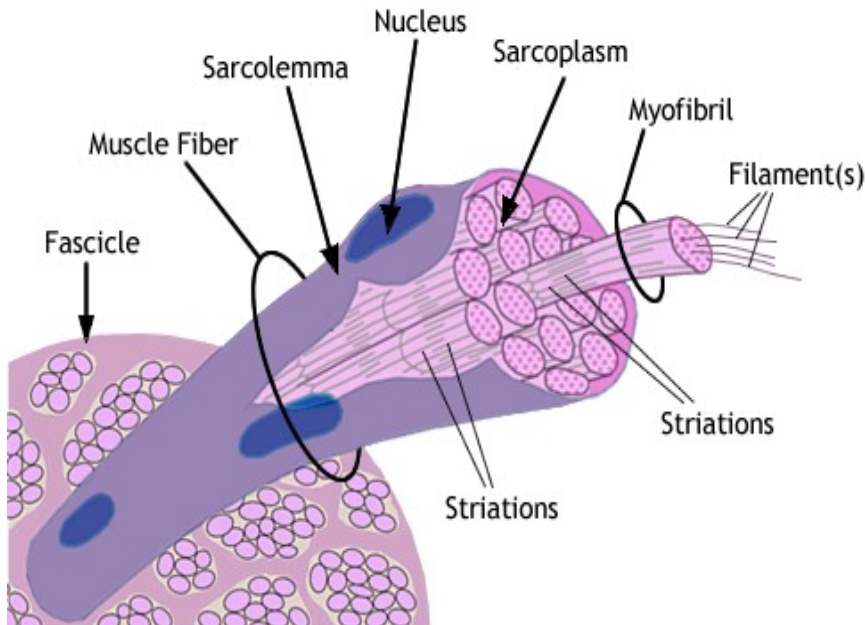
Muscle fiber = myofiber = syncytium = rhabdomyocyte

**Muscle fiber** – morphological and functional unit of skeletal muscle [Ø 25 – 100 µm]

**Myofibrils** – compartment of fiber sarcoplasm [Ø 0.5 – 1.5 µm]

**Sarcomere** – the smallest contractile unit [2.5 µm], serial arrangement in myofibrils

**Myofilaments** – actin and myosin, are organized into sarcomeres [Ø 8 and 15 nm]



# Ultrastructure of rhabdomyocyte

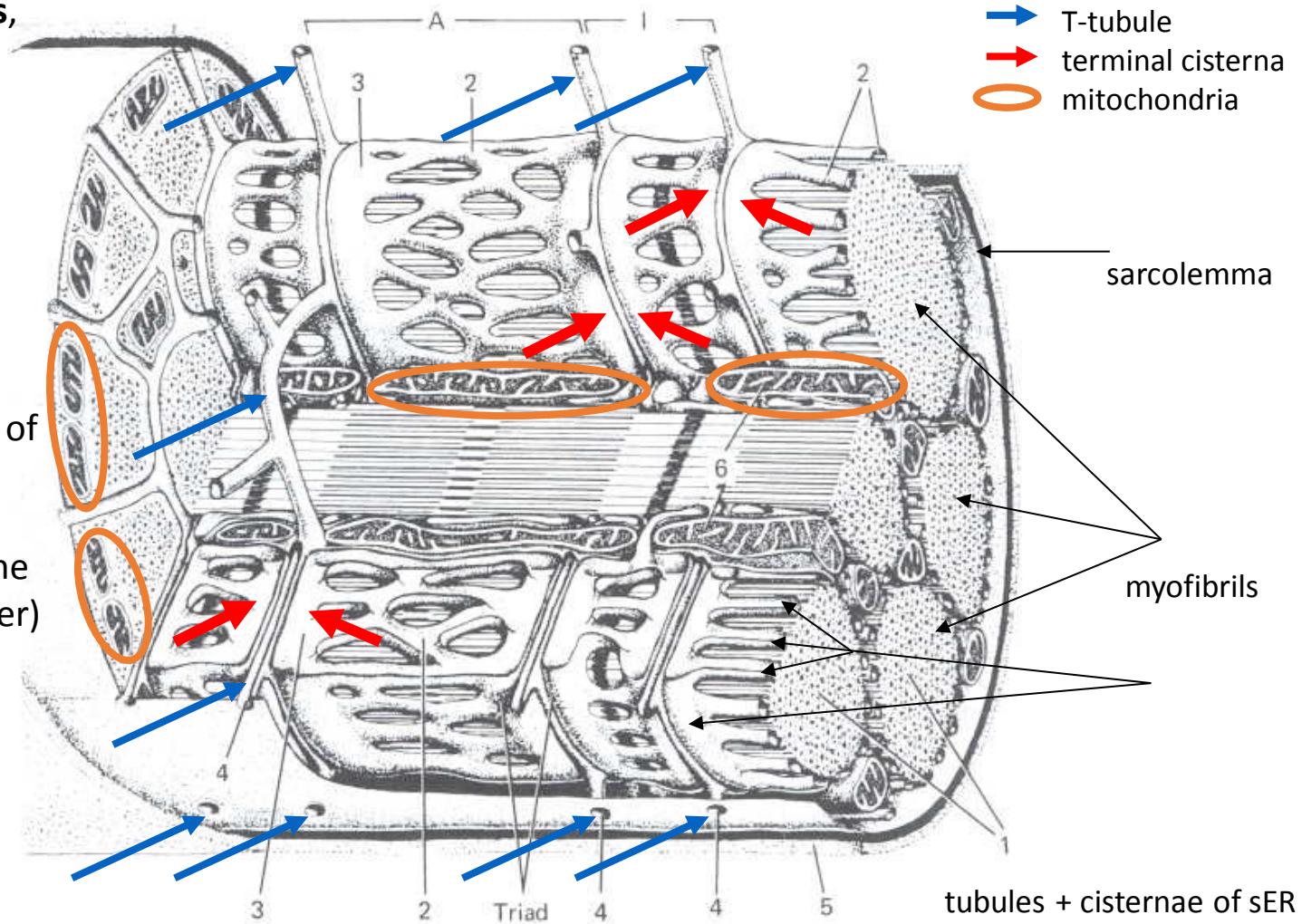
**Sarcolemme + t-tubules,**

**Sarcoplasm:**

Nuclei,  
Mitochondria,  
Golgi apparatus,  
Glycogen ( $\beta$  granules)

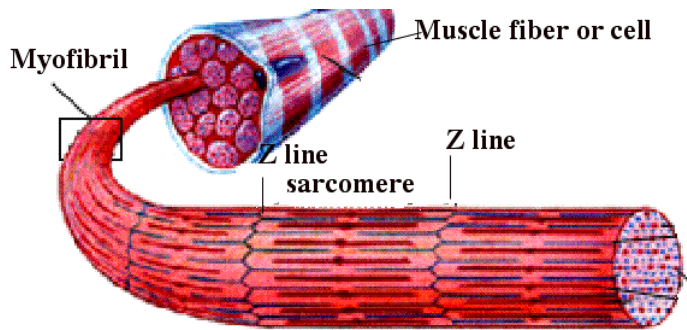
**Sarcoplasmic reticulum**  
(smooth ER) – reservoir of  $Ca^{2+}$

**Myofibrils** (parallel to the length of the muscle fiber)

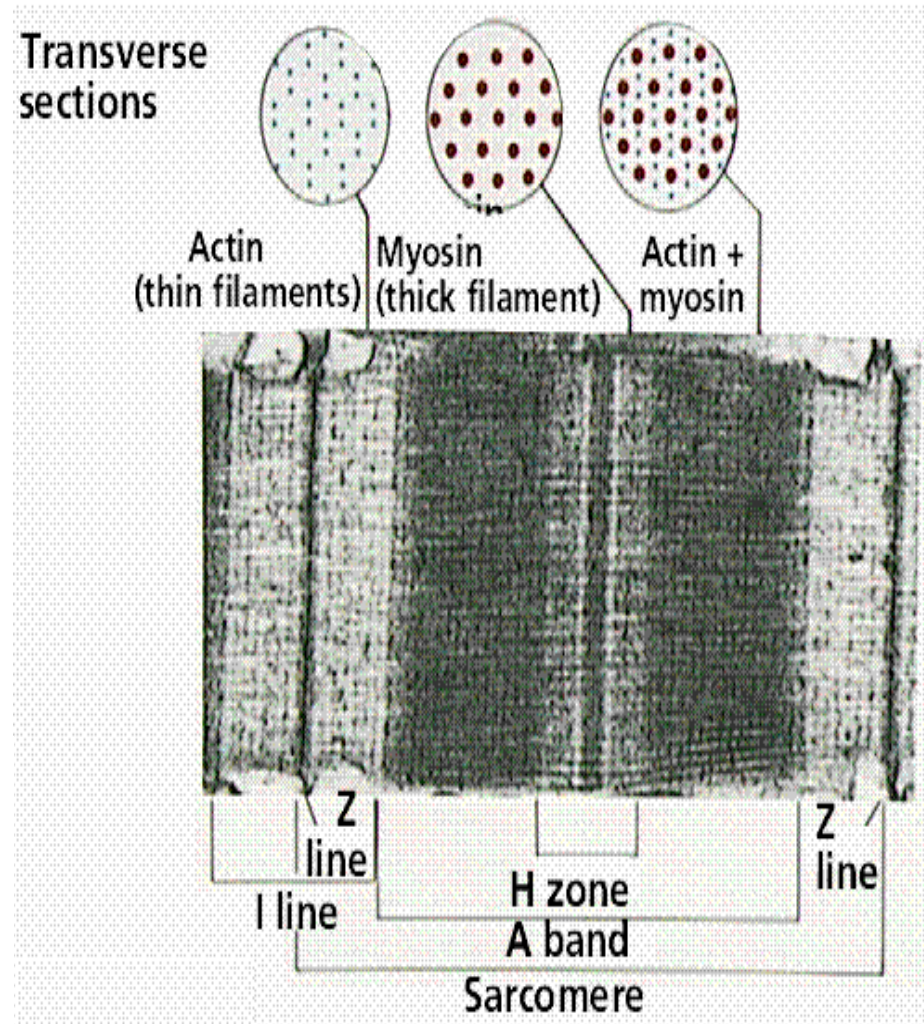
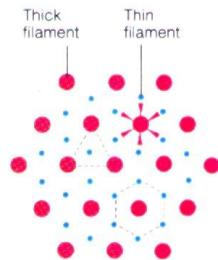


# Myofibrils

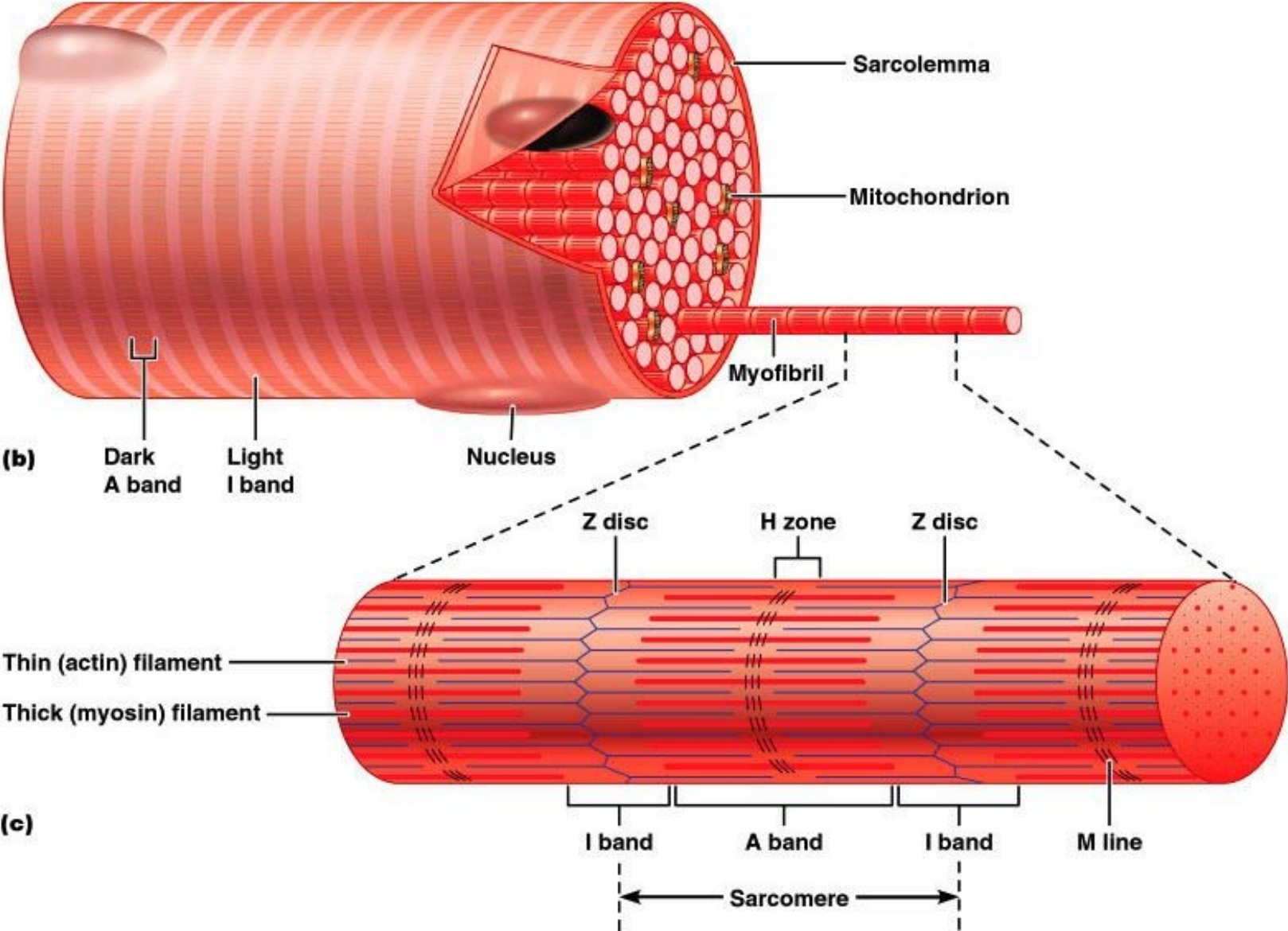
- elongated structures [ $\varnothing$  0.5 – 1.5  $\mu$ ] in sarcoplasm of muscle fiber oriented in parallel to the length of the fiber,



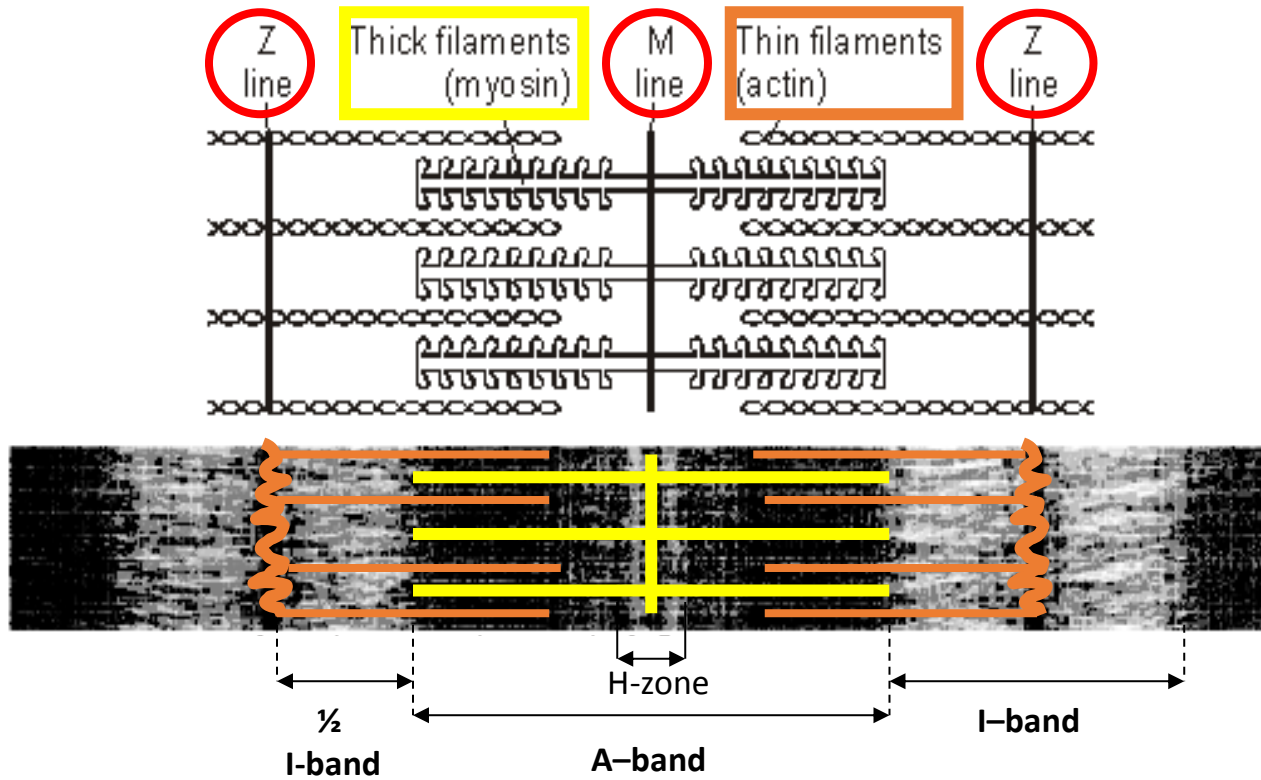
- Actin + myosin myofilaments
- Sarcomere
- Z-line
- M-line and H-zone
- I-band, A-band



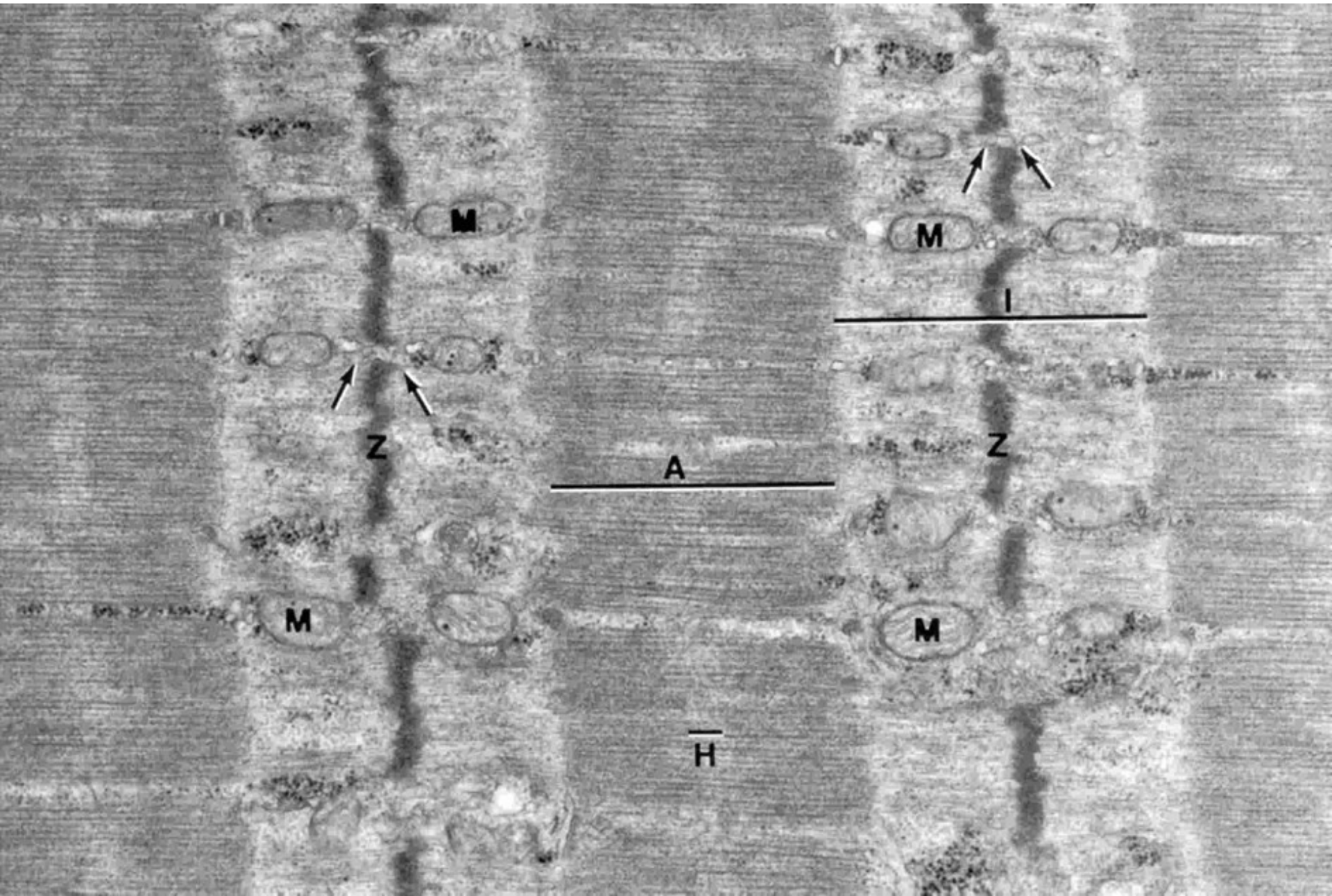
# Sarcomere



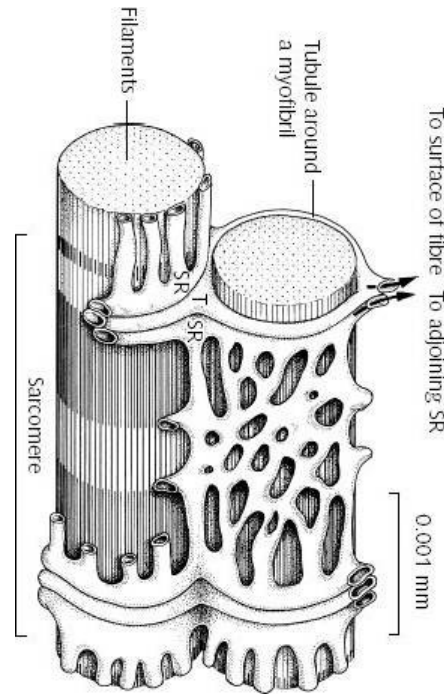
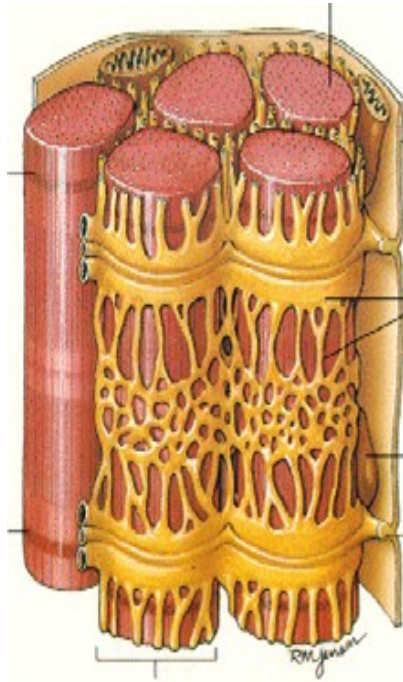
# Sarcomere



# Sarcomere



# Sarcoplasmic reticulum, t-tubule

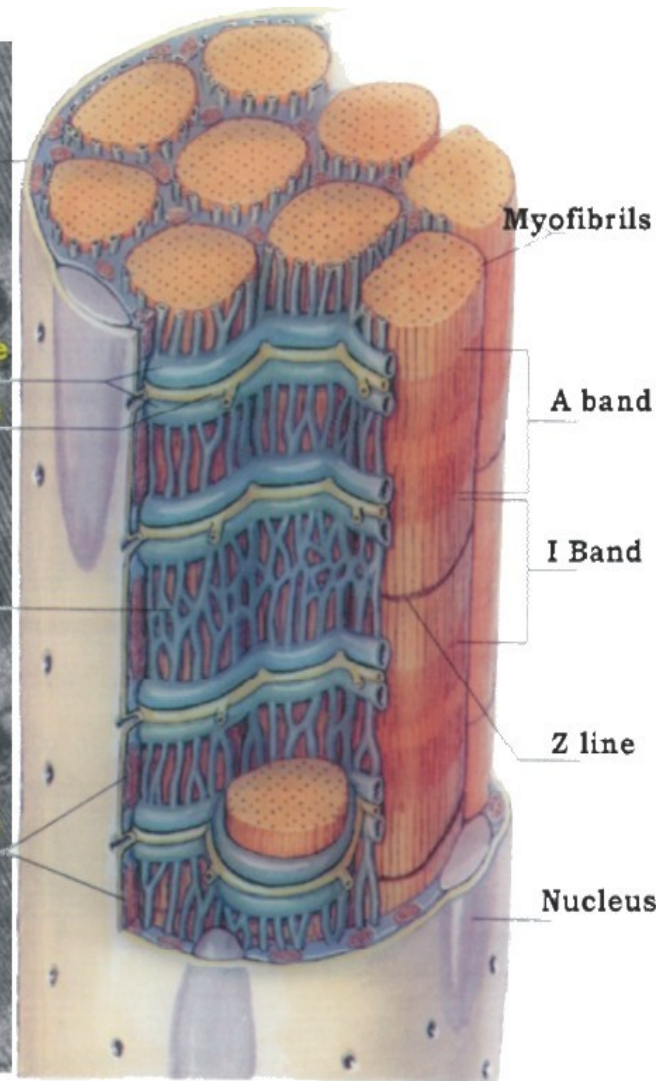
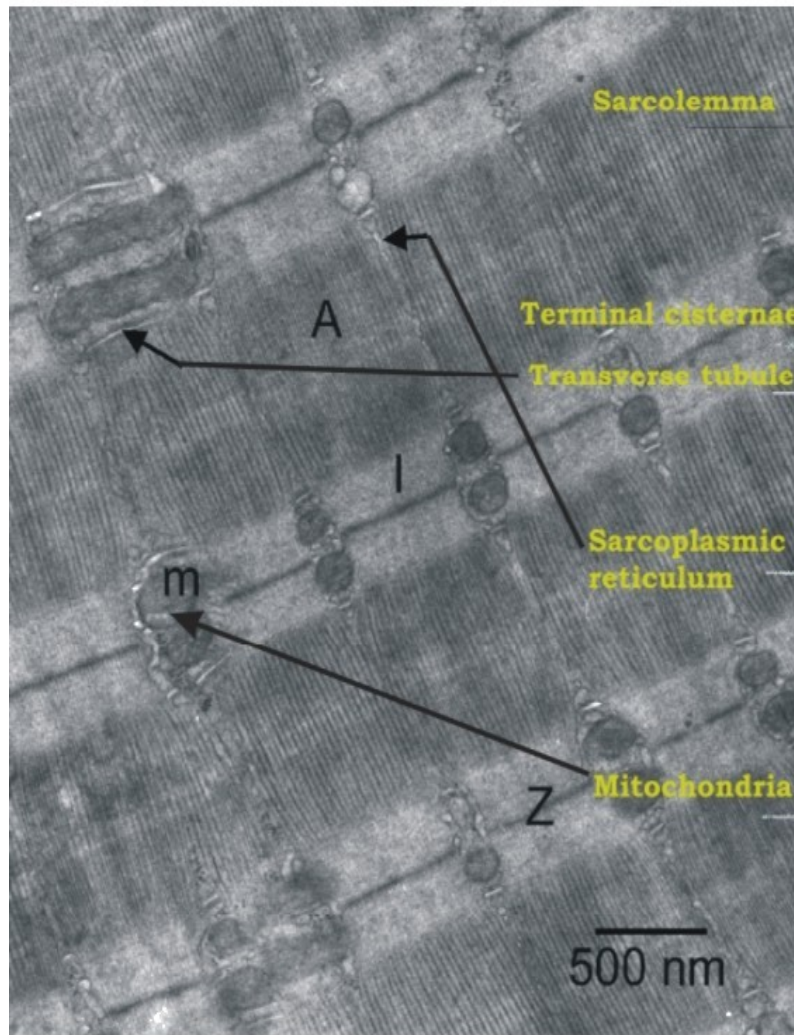


Terminal cisterna  
T-tubule  
Terminal cisterna } **TRIAD**

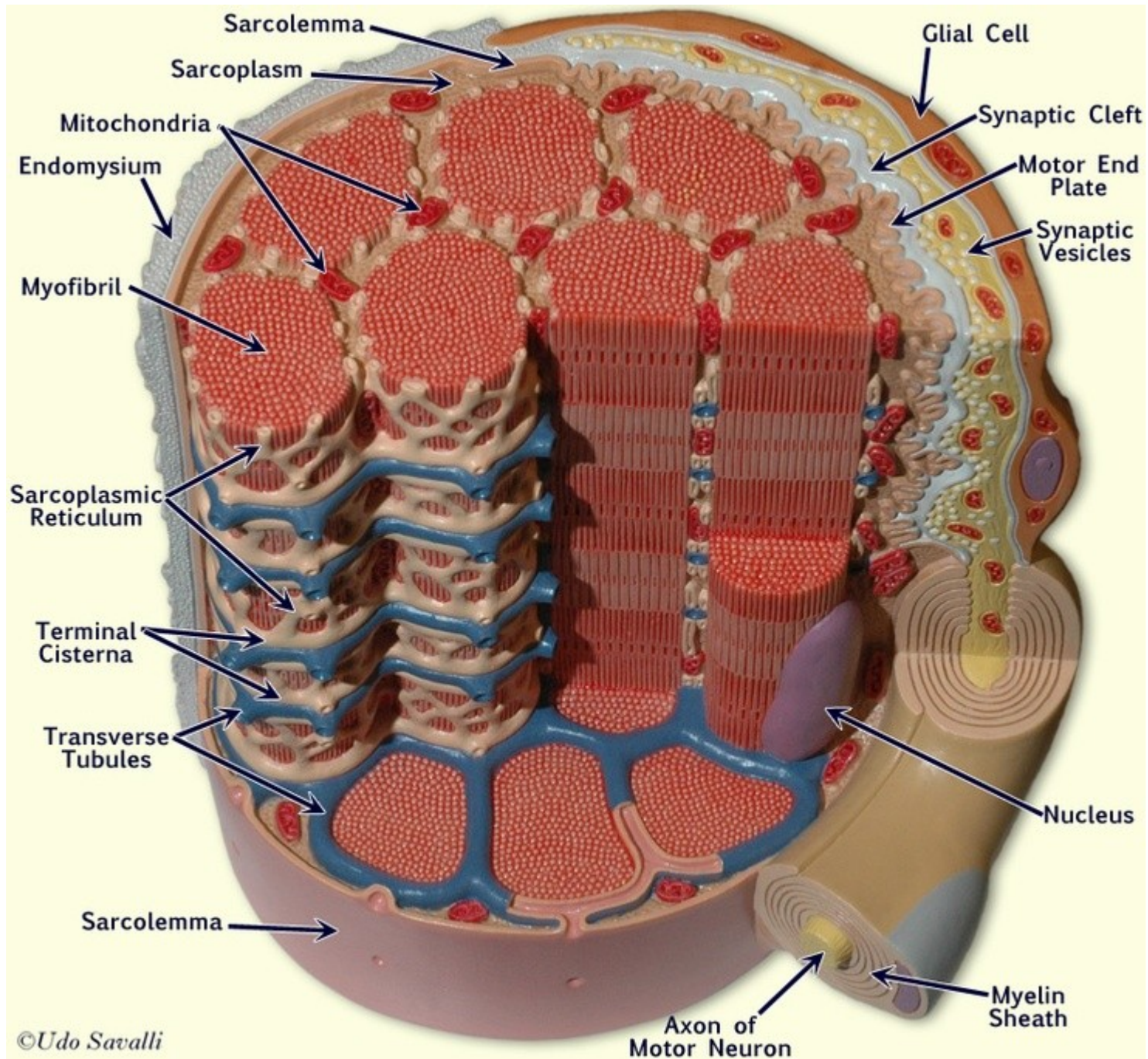
communicating intracellular cavities around myofibrils, separated from cytosol  
**terminal cisternae** (“junction”) and **longitudinal tubules** (“L” system).  
reservoir of Ca ions

**T-tubules** (“T” system ) are invaginations of sarcoplasm and bring action potential to terminal cisternae change permeability of membrane for Ca ions

# Sarcoplasmic reticulum, t-tubule

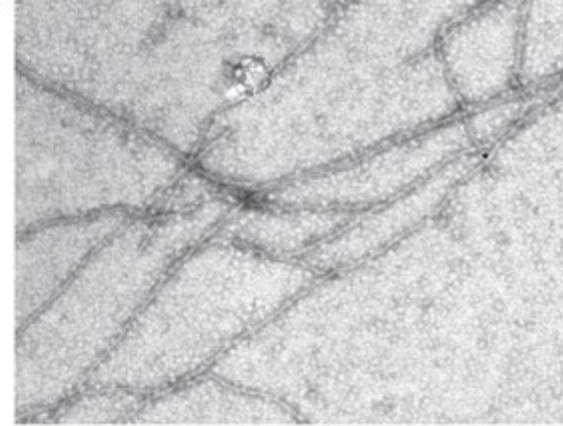
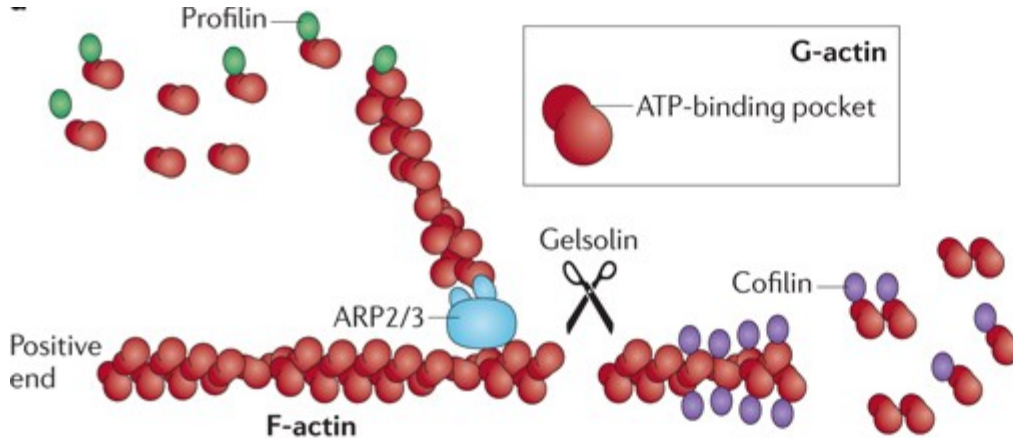




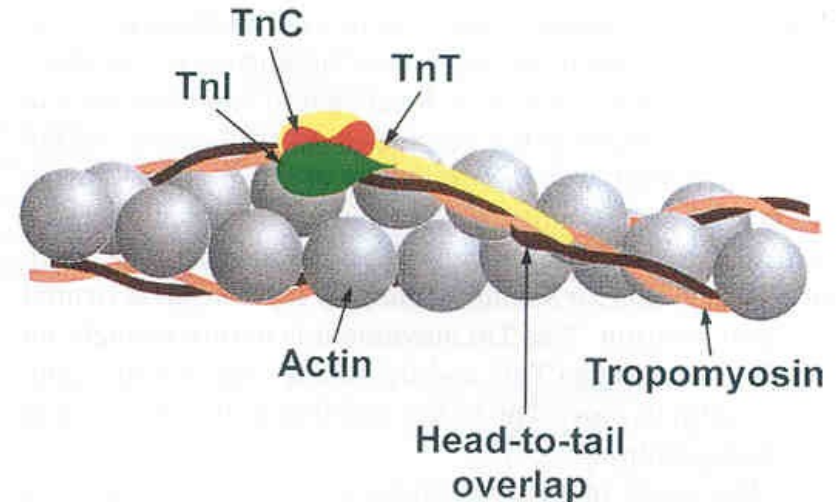


# Thin myofilaments

- **Fibrillar actin (F-actin)**, ( $\varnothing$  7 nm,  $\leftrightarrow$ 1  $\mu$ m)



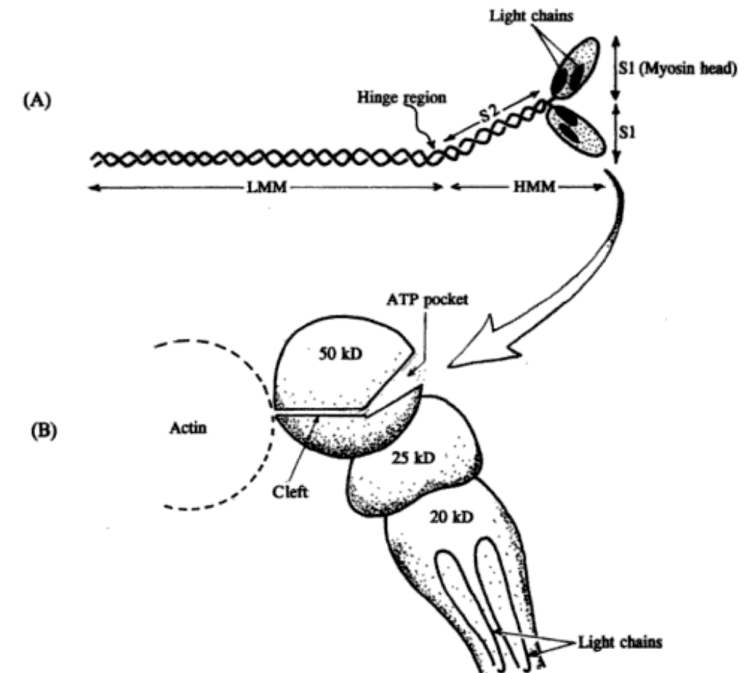
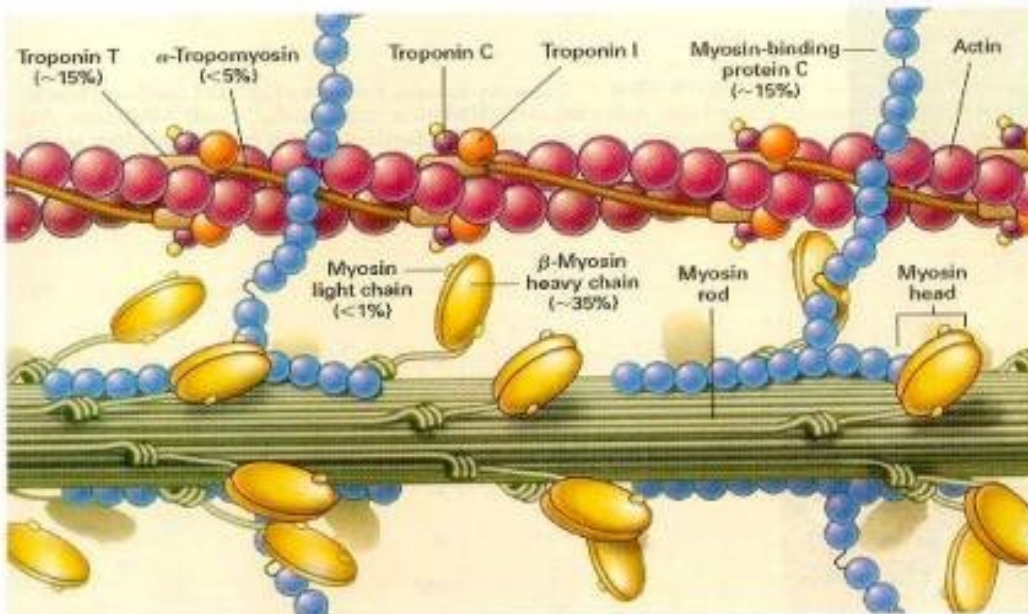
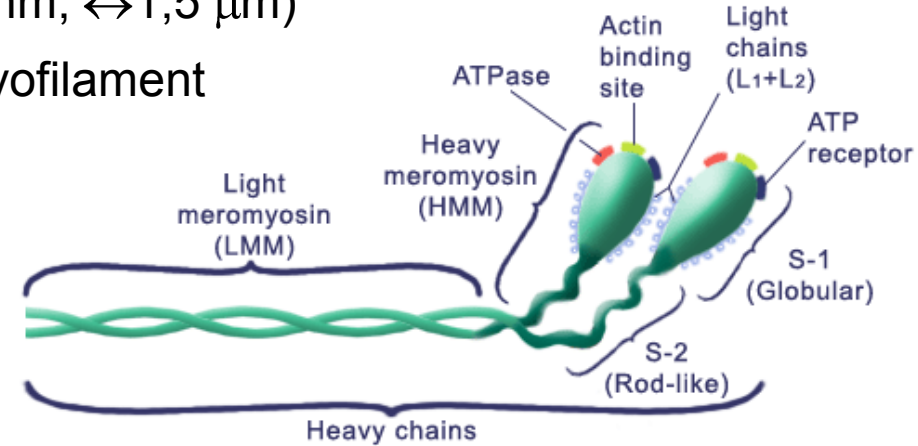
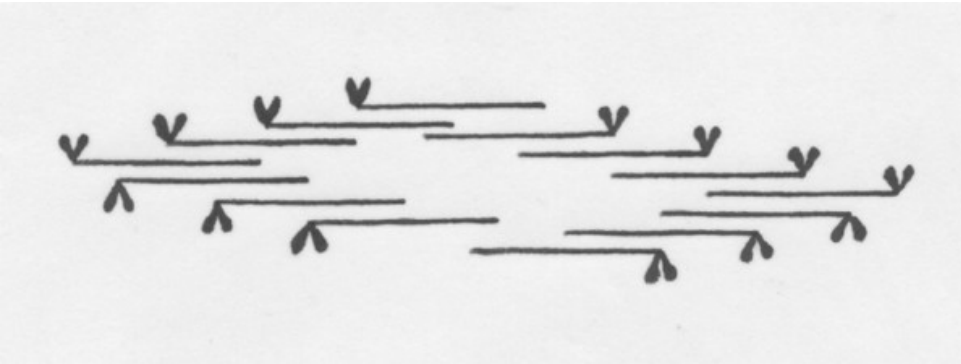
- Tropomyosin – thin double helix in groove of actin double helix, spans 7 monomers of G-actin
- Troponin – complex of 3 globular proteins
  - TnT (Troponin T) – binds tropomyosin
  - TnC (Troponin C) – binds calcium
  - TnI (Troponin I) inhibits interaction between thick and thin filaments

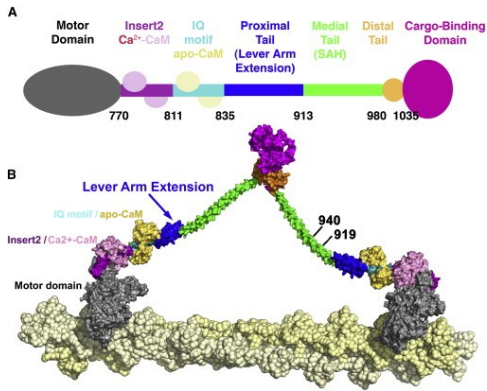


# Thick myofilaments

- **Myosin**

- Large polypeptide, golf stick shape, ( $\varnothing$  15 nm,  $\leftrightarrow$  1,5  $\mu$ m)
- Bundles of myosin molecules form thick myofilament





**(a) Structure of kinesin**

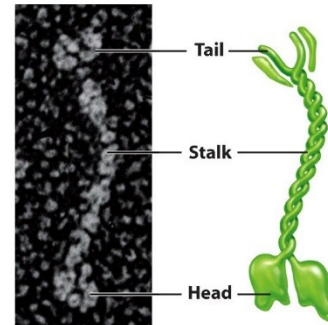
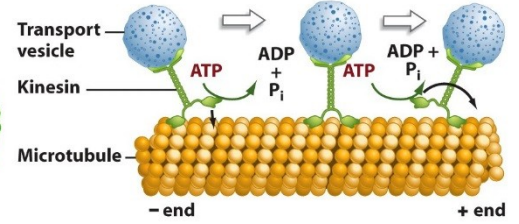
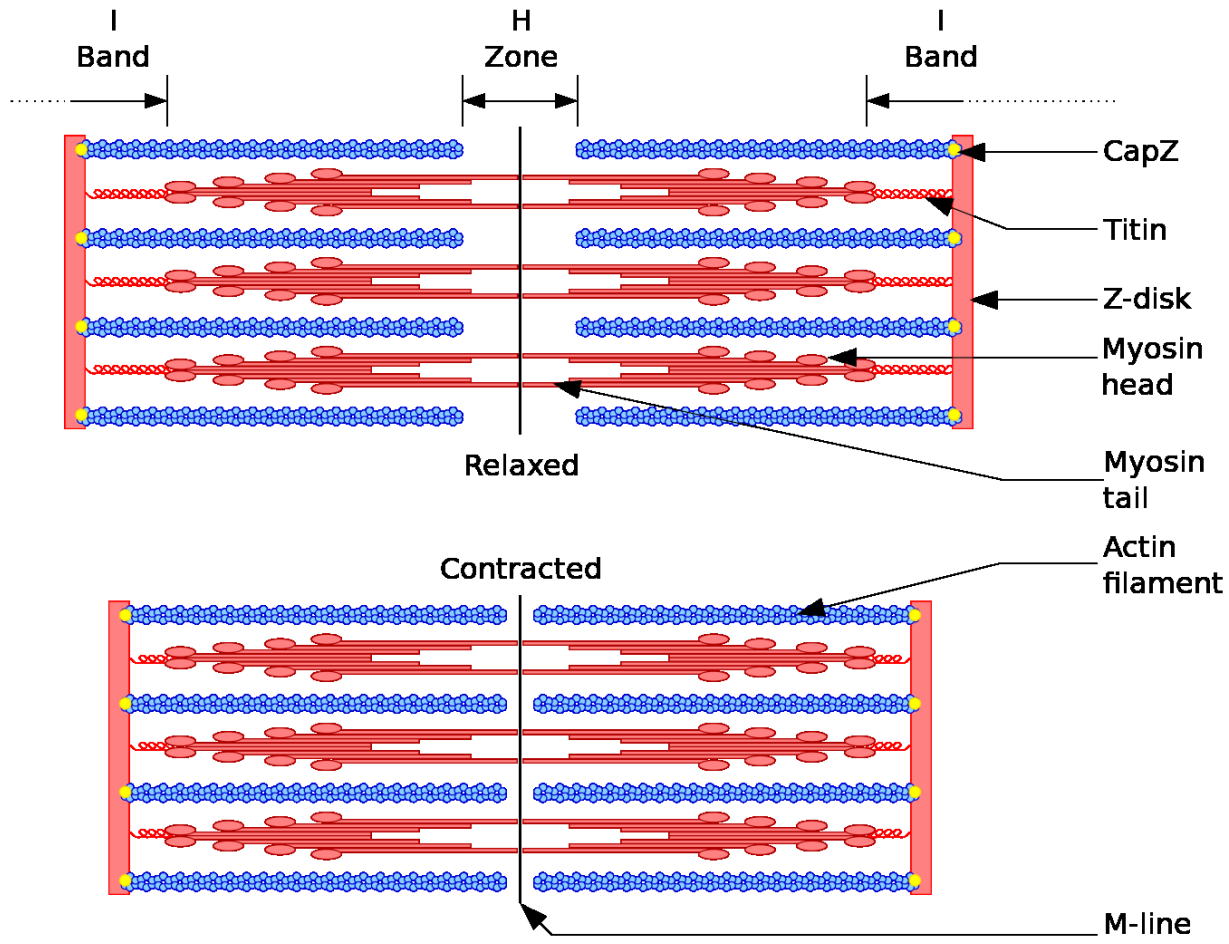


Figure 7-37 Biological Science, 2/e

**(b) Kinesin "walks" along a microtubule track.**



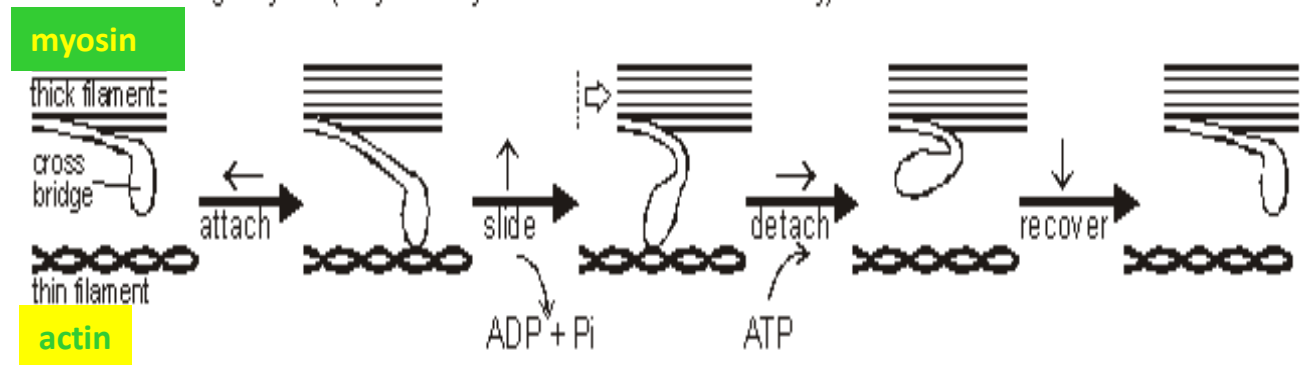
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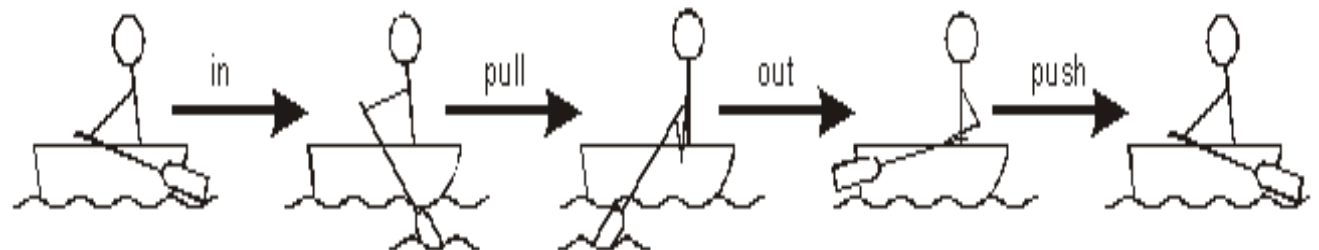
# Contraction

- Propagation of action potential (depolarization) via T-tubule (= invagination of sarcolemma)
- Change of terminal cisternae permeability – releasing of  $\text{Ca}^+$  ions increases their concentration in sarcoplasm
- Myosin binds actin - sarcomera then shortens by sliding movement – contraction
- Relaxation: repolarization, decreasing of  $\text{Ca}^{2+}$  ions concentration, inactivation of binding sites of actin for myosin

The Cross Bridge Cycle. (only one myosin head is shown for clarity)

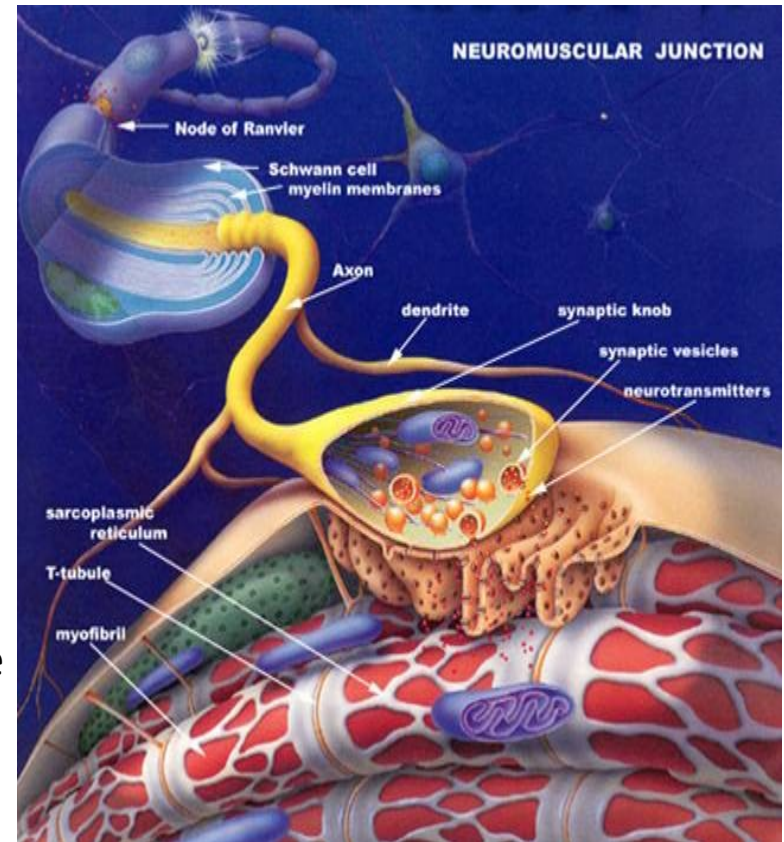


The Rowing Cycle



# Contraction

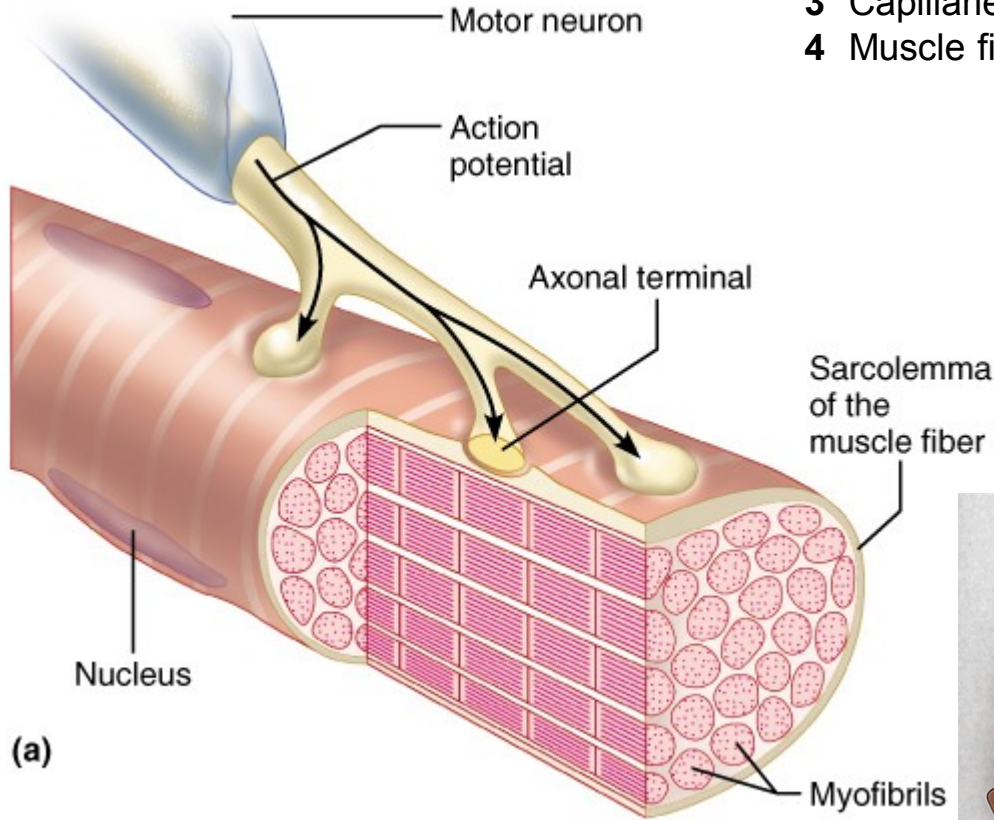
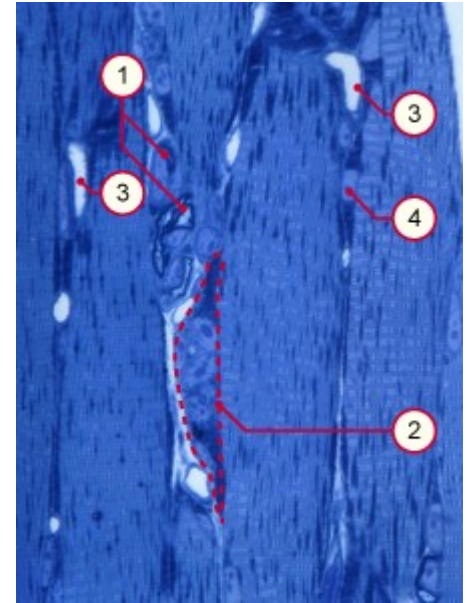
1. Impulse along motor neuron axon
2. Depolarization of presynaptic membrane ( $\text{Na}^+$  influx)
3. Synaptic vesicles fuse with presynaptic membrane
4. Acetylcholine exocytosed to synaptic cleft
5. Acetylcholine diffuses over synaptic cleft
6. Acetylcholine binds to receptors in postsynaptic membrane
7. Depolarization of presynaptic membrane and sarcolemma ( $\text{Na}^+$  influx)
8. T-tubules depolarization
9. Depolarization of terminal cisternae of sER
10. Depolarization of complete sER
11. Release of  $\text{Ca}^{++}$  from sER to sarcoplasm
12.  $\text{Ca}^{++}$  binds TnC
13. Troponin complex changes configuration
14. TnI removed from actin-myosin binding sites
15. Globular parts of myosin bind to actin
16. ATPase in globular parts of myosin activated
17. Energy generated from  $\text{ATP} \rightarrow \text{ADP} + \text{Pi}$
18. Movement of globular parts of myosin
19. Actin myofilament drag to the center of sarcomere
20. Sarcomeres contract (H-zone, I-band shorten)
21. Myofibrils contracted
22. Muscle fiber contracted



[http://highered.mheducation.com/sites/0072495855/student\\_view0/chapter10/animation\\_\\_breakdown\\_of\\_atp\\_and\\_cross-bridge\\_movement\\_during\\_muscle\\_contraction.html](http://highered.mheducation.com/sites/0072495855/student_view0/chapter10/animation__breakdown_of_atp_and_cross-bridge_movement_during_muscle_contraction.html)

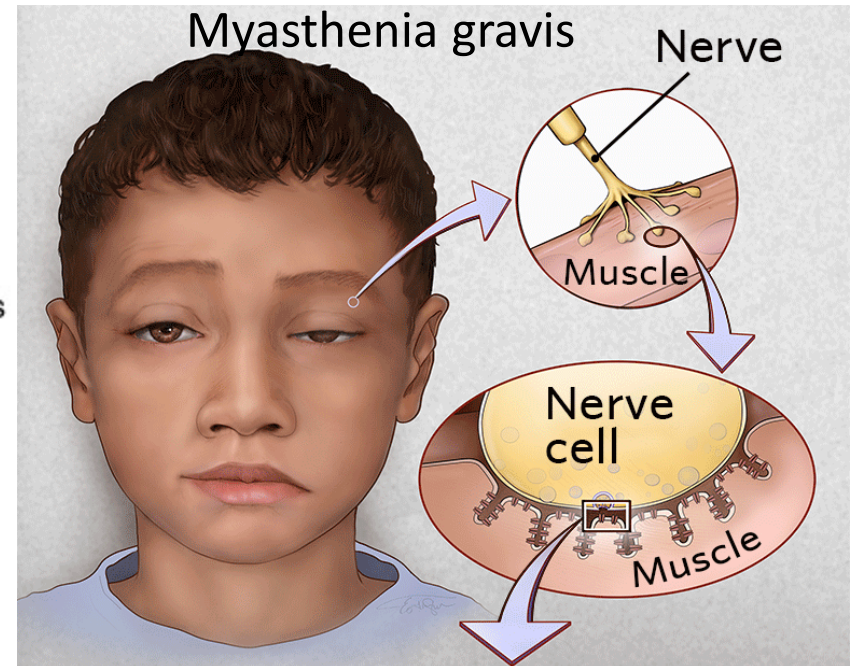
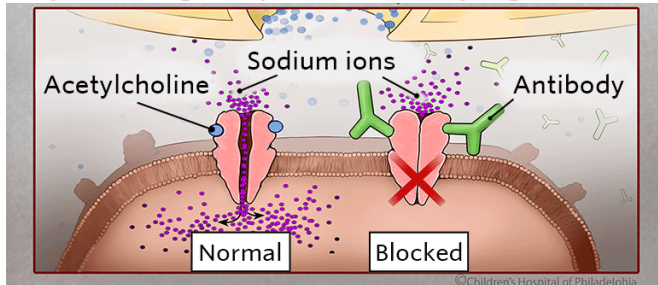
# Neuromuscular junction

- 1 Myelinated axons
- 2 Neuromuscular junction
- 3 Capillaries
- 4 Muscle fiber nucleus



(a)

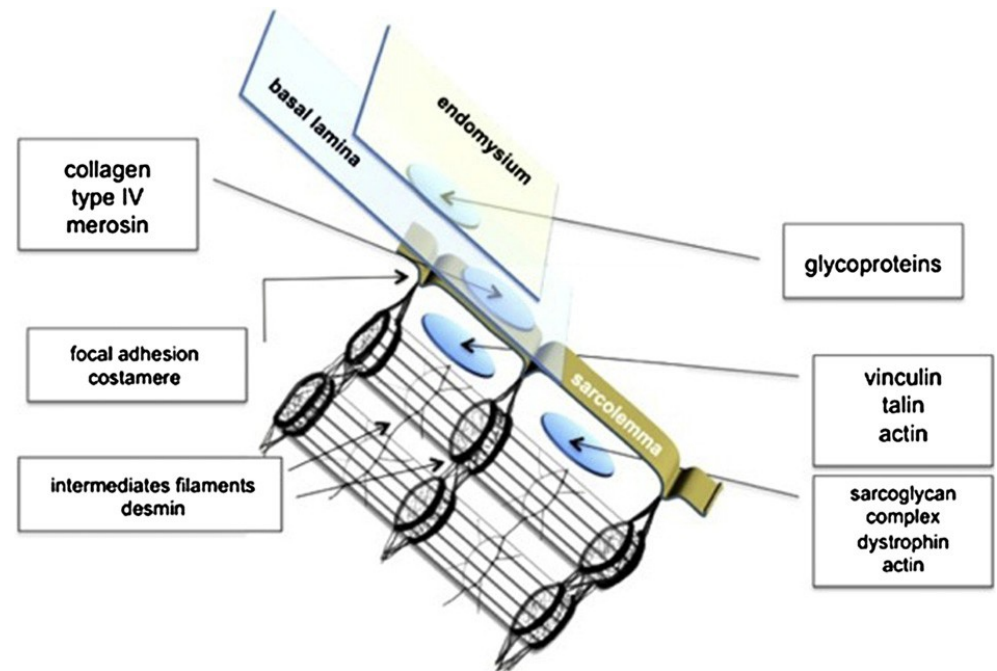
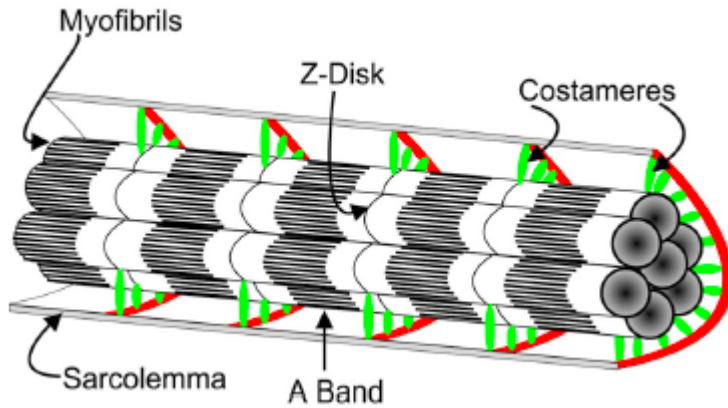
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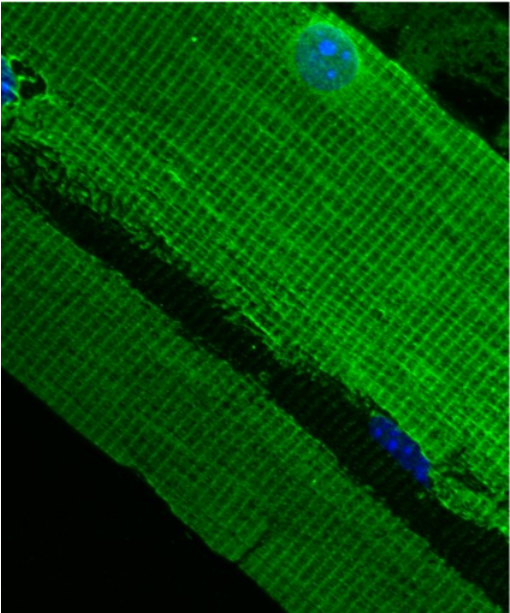
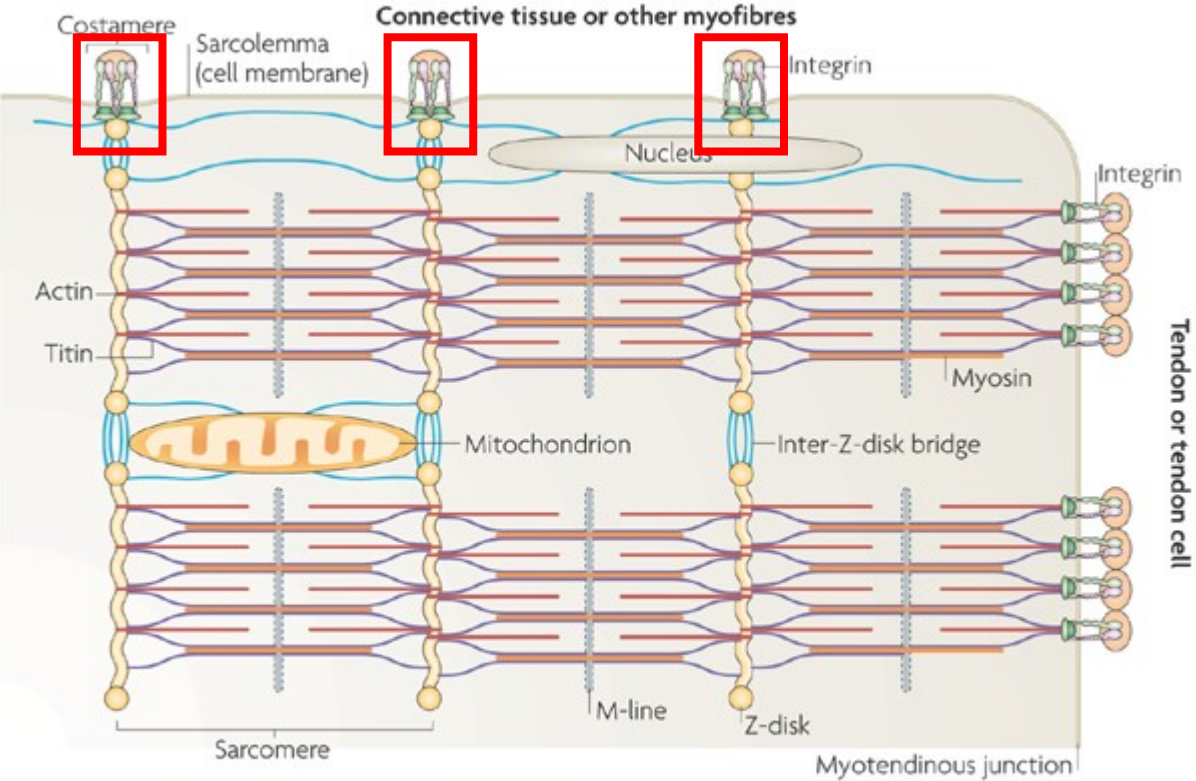


# Costameres

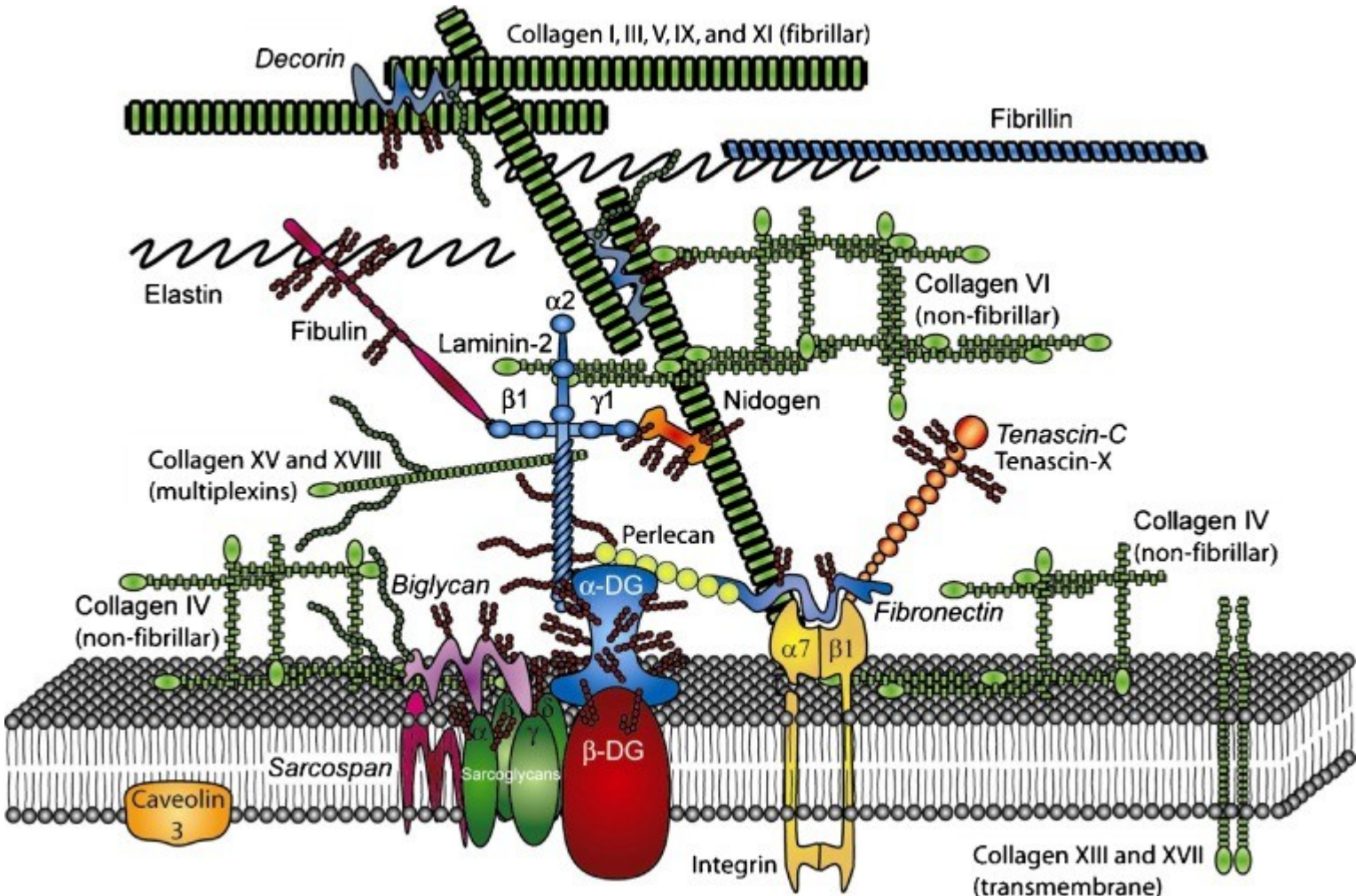
- Structural components linking myofibrils to sarcolemma
- Circumferential alignment
- **dystrophin-associated glycoprotein (DAG) complex**
  - links internal cytoskeleton to ECM
  - Integrity of muscle fiber

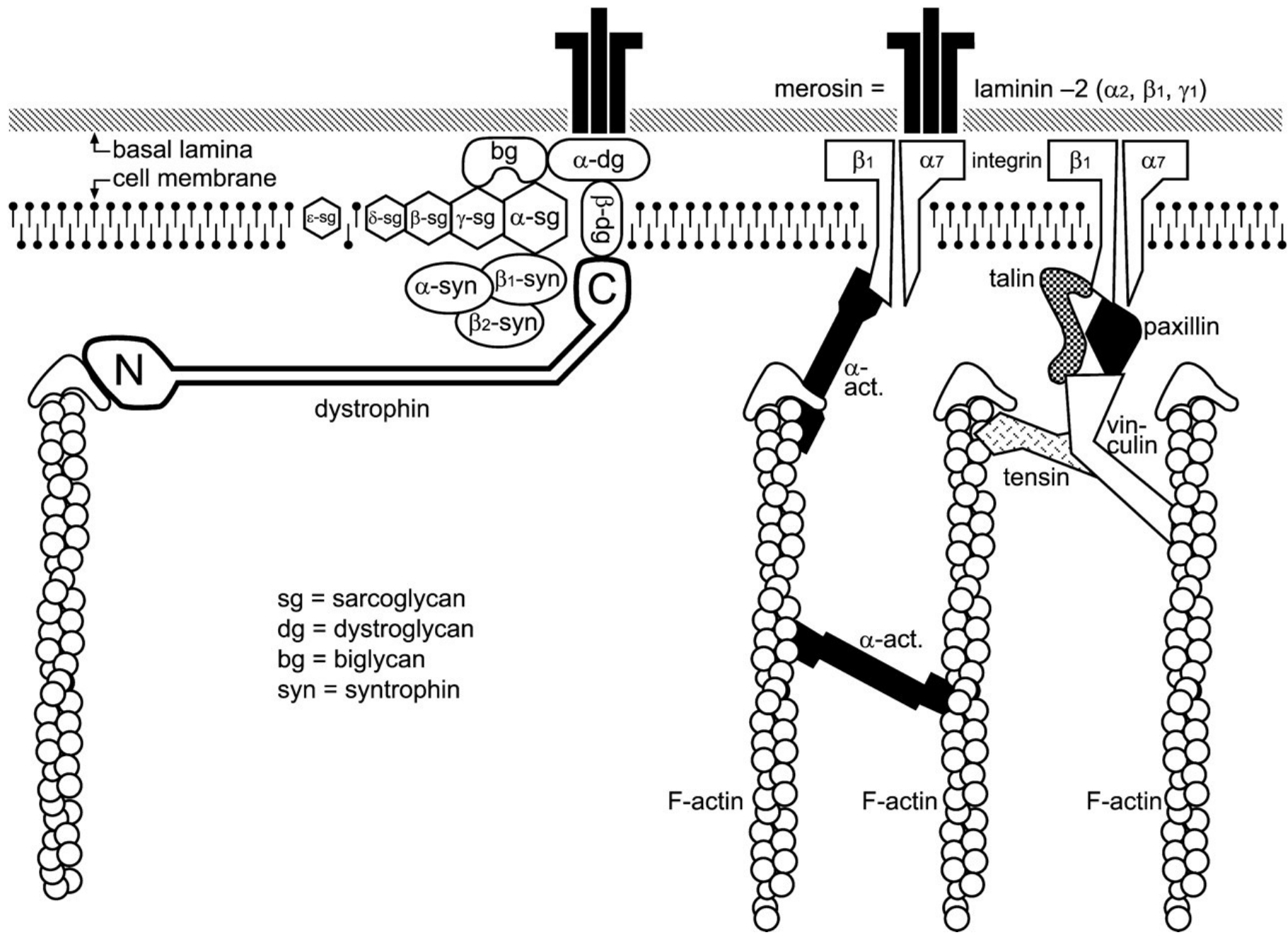


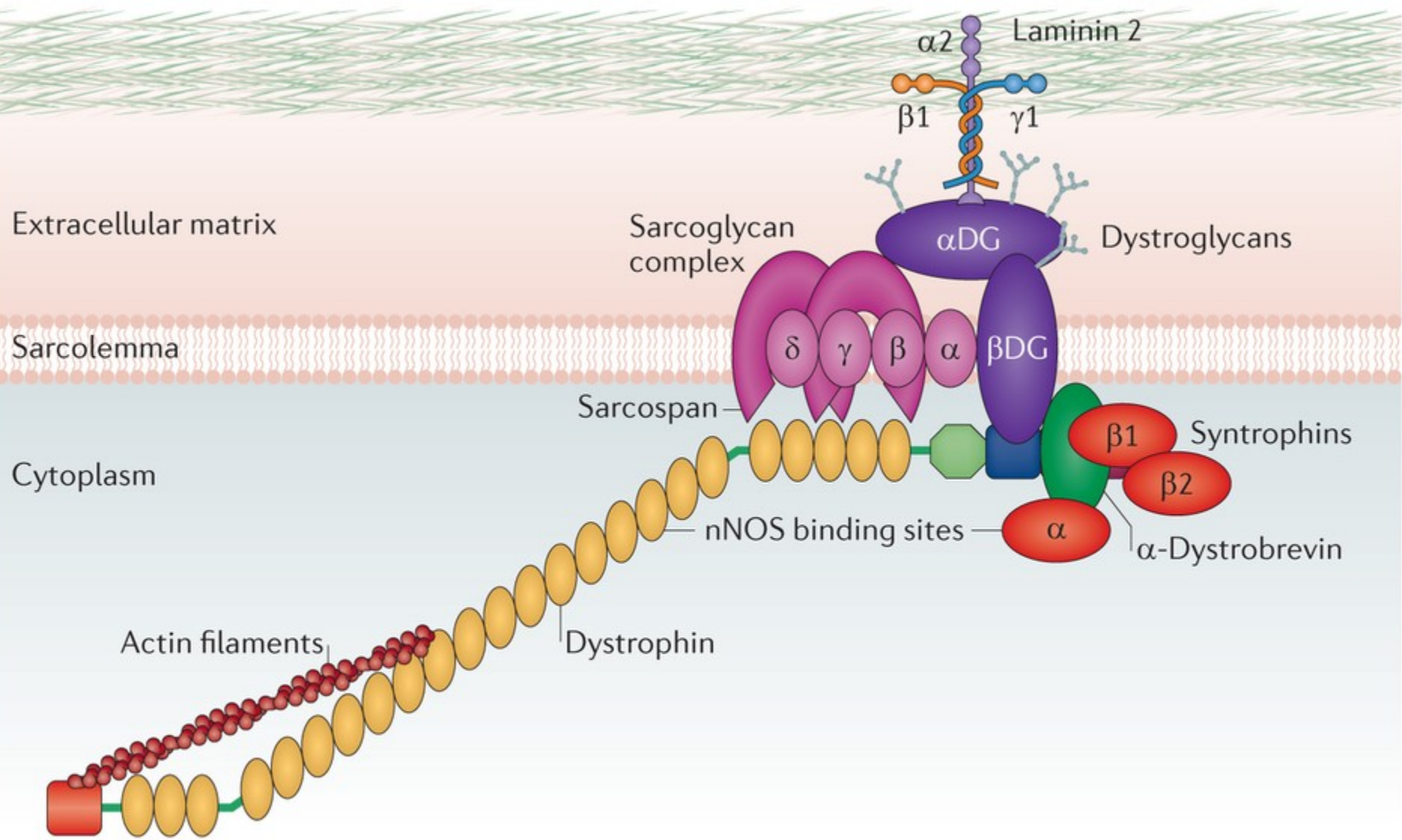
# Costameres



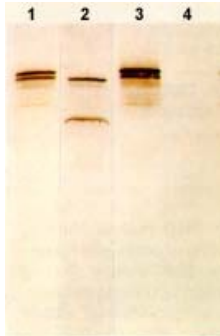
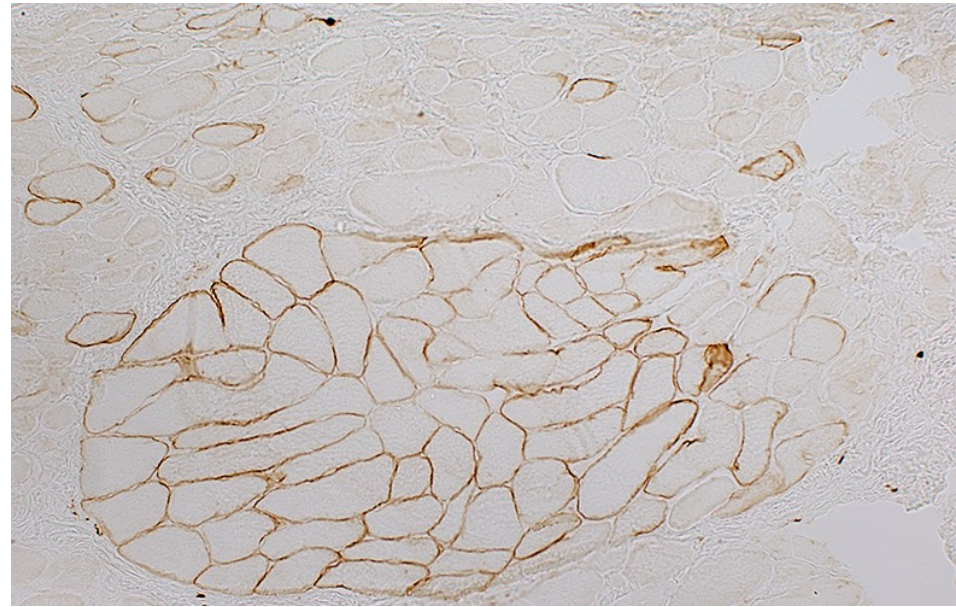
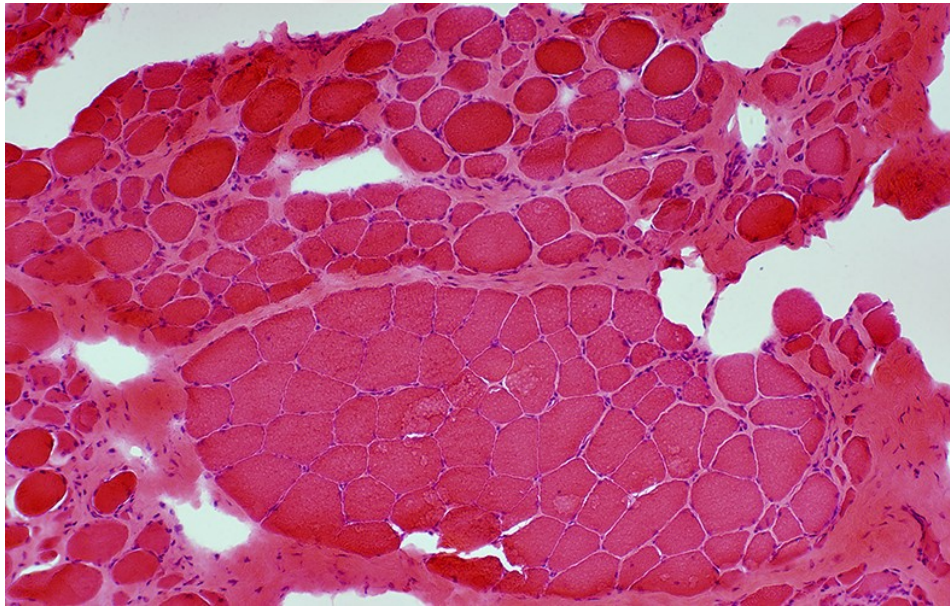
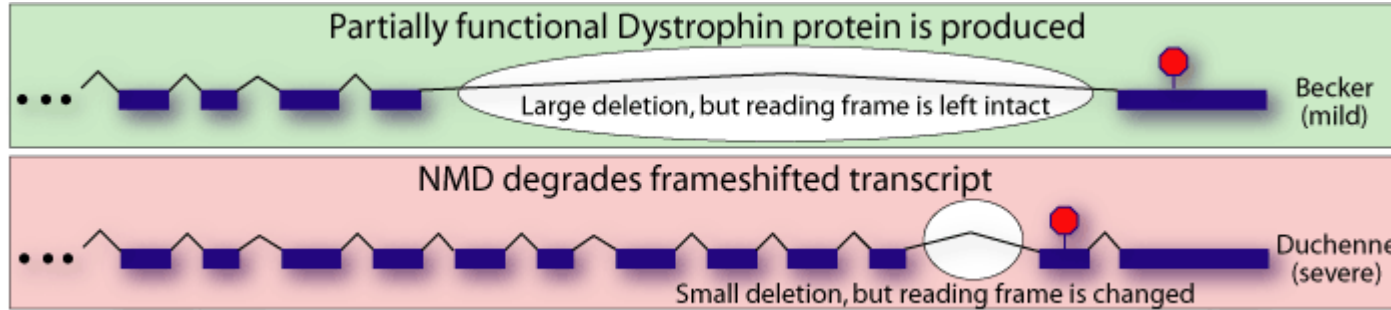
# Costameres





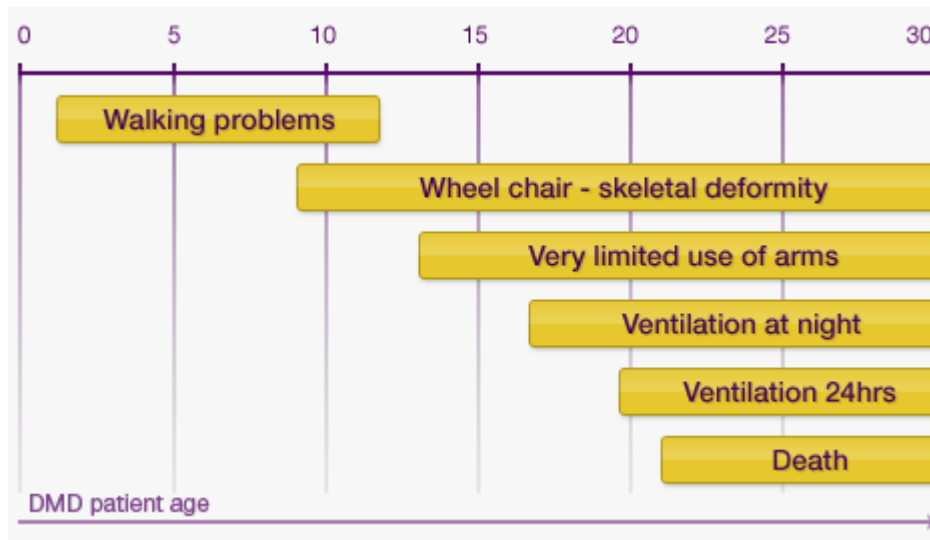
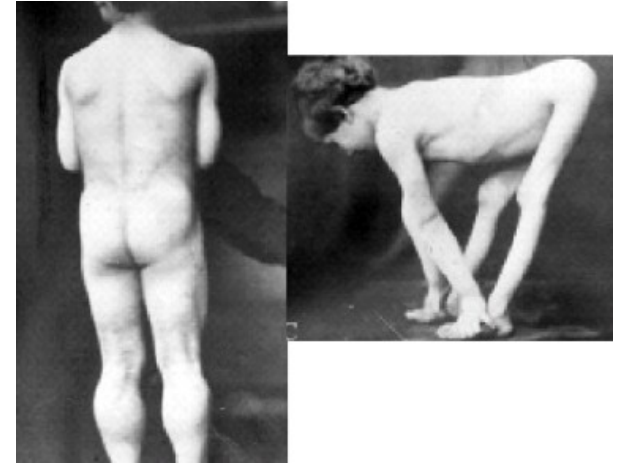
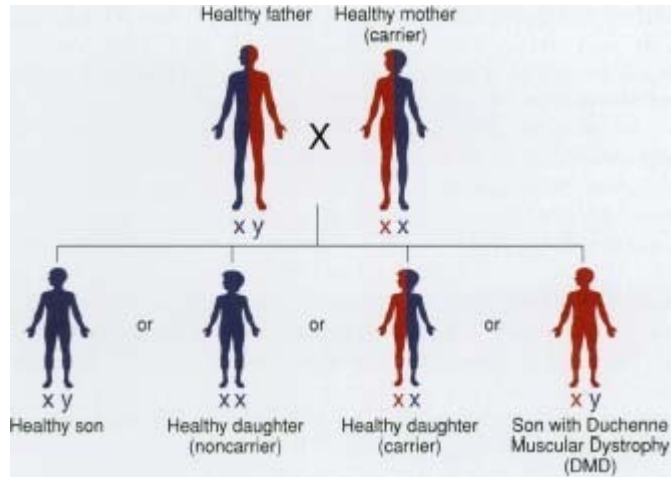


# Duchenne muscular dystrophy



- Lane 1: Becker dystrophy; Dystrophin has reduced abundance but normal size.
- Lane 2: Becker dystrophy; Dystrophin has reduced size and abundance.
- Lane 3: Normal; Dystrophin has normal size and amount.
- Lane 4: Duchenne dystrophy; Almost no protein is present.

# Duchenne muscular dystrophy

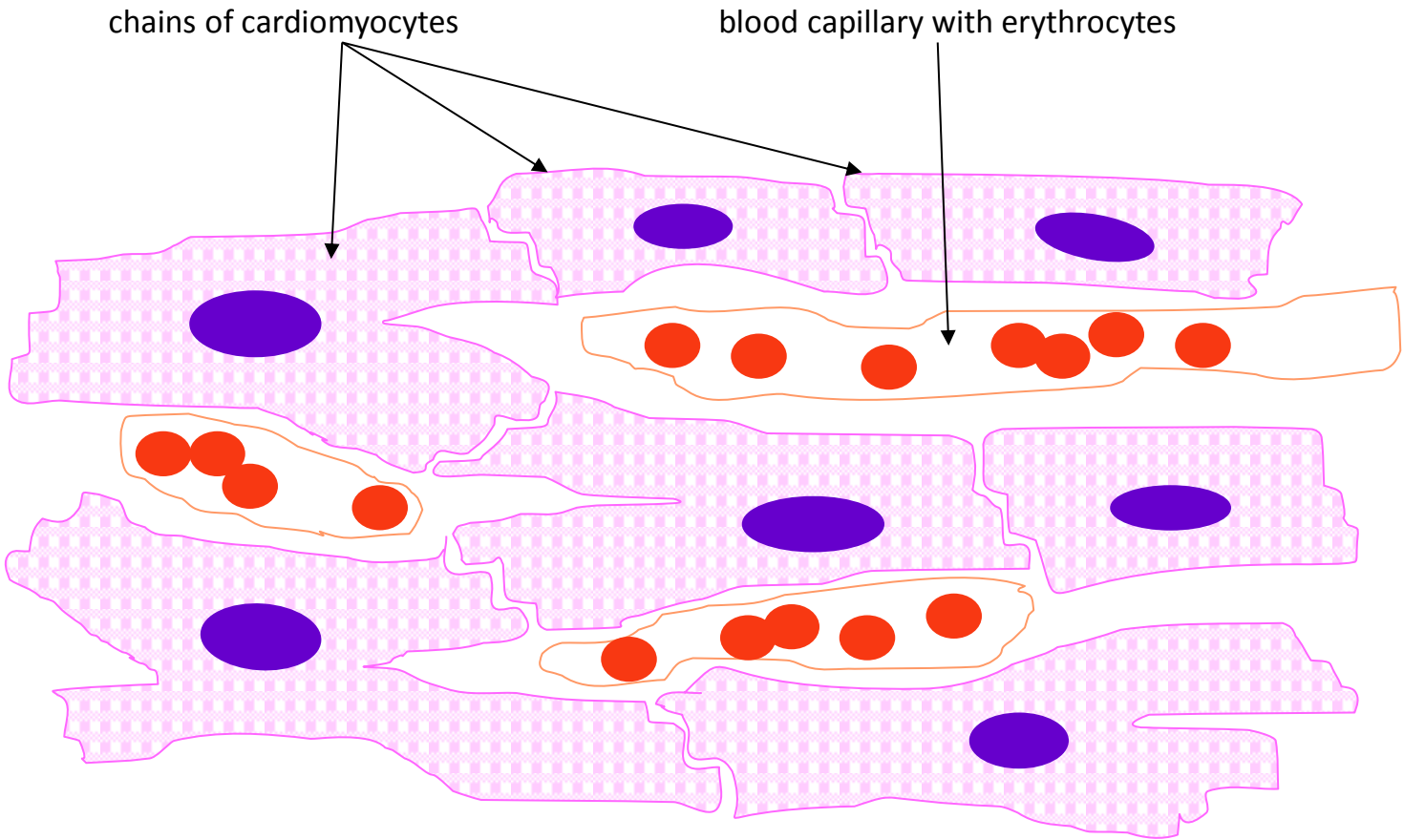


# HISTOLOGY OF CARDIAC MUSCLE TISSUE

made up of long branched fiber (cells) – **cardiomyocytes**,

- cardiomyocytes are cylindrical cells, branched on one or both ends (Y, X shaped cells),
- Sarcoplasm: single nucleus in the center of cell, striated myofibrils, numerous mitochondria,
- cells are attached to one another by end-to-end junctions – intercalated discs.

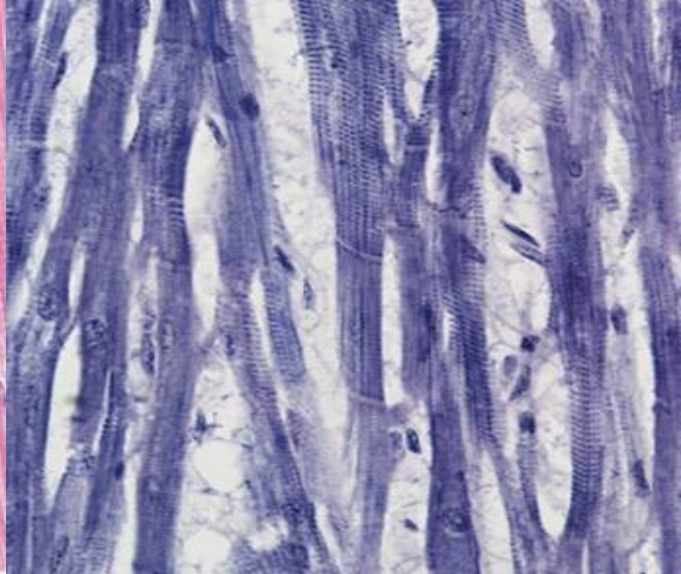
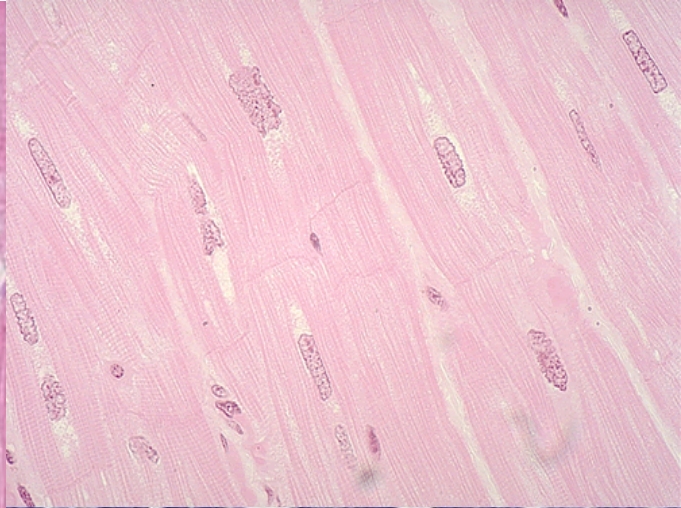




chains of cardiomyocytes

blood capillary with erythrocytes

Intercalated disc



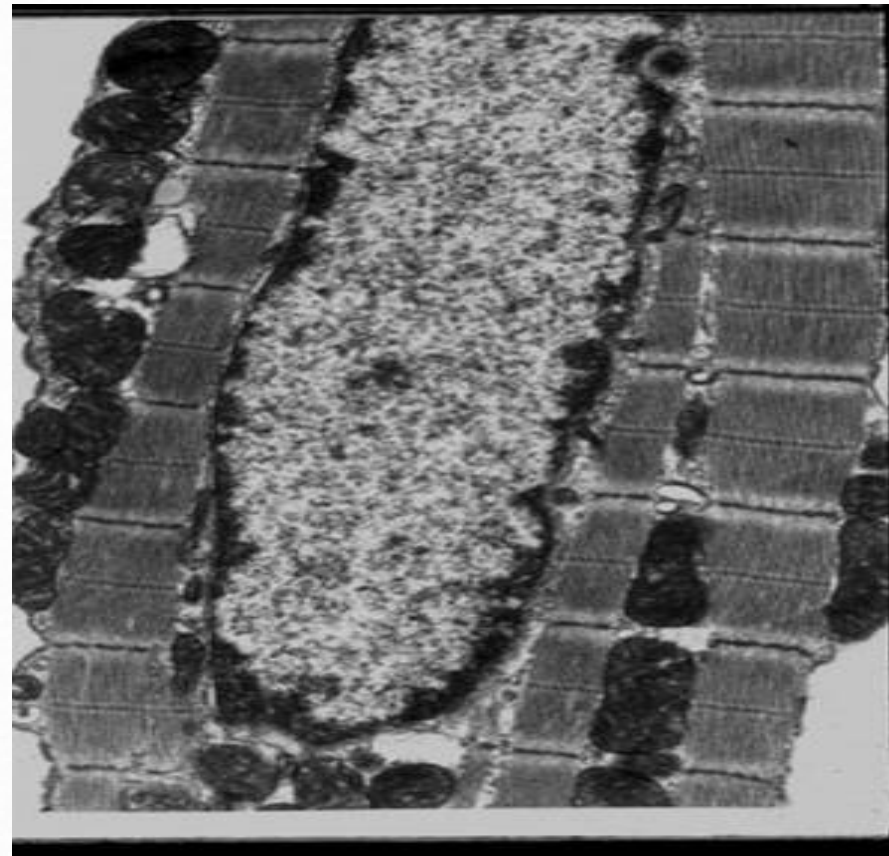
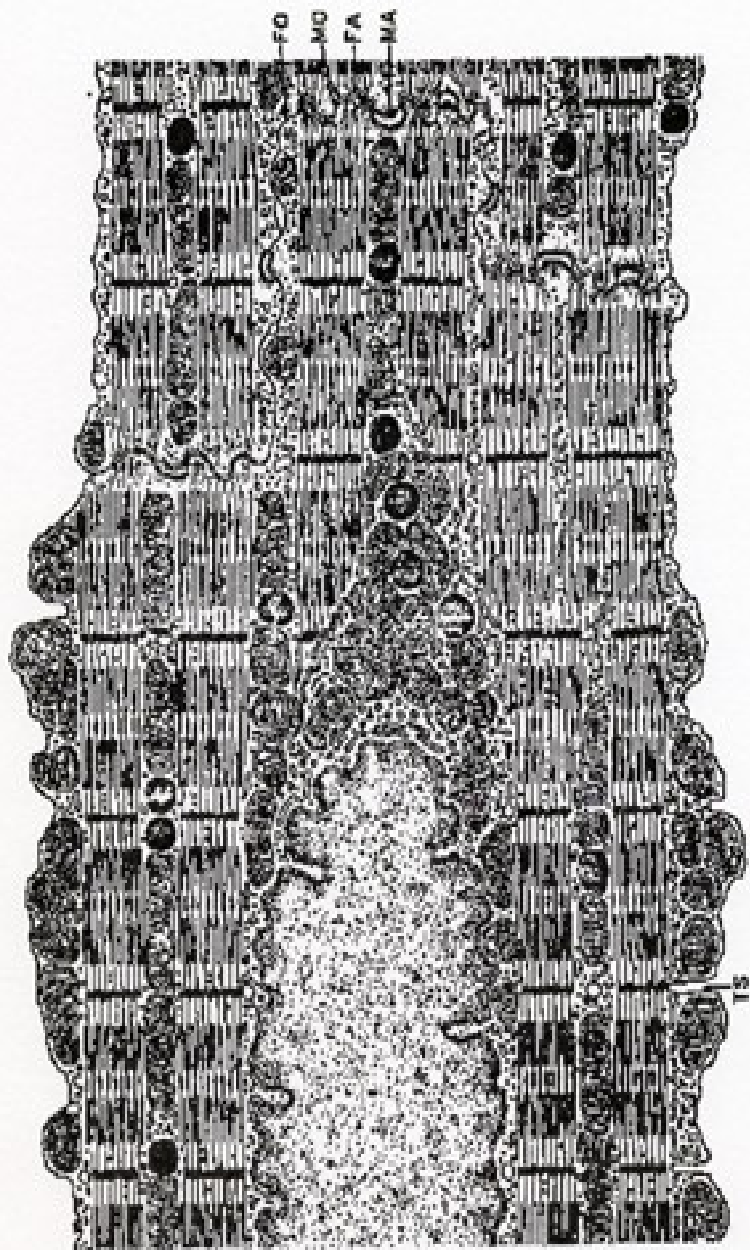
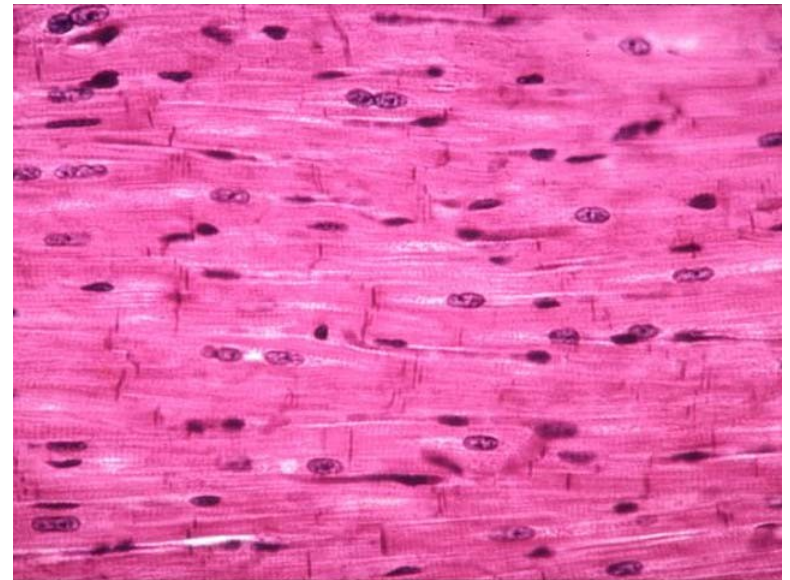
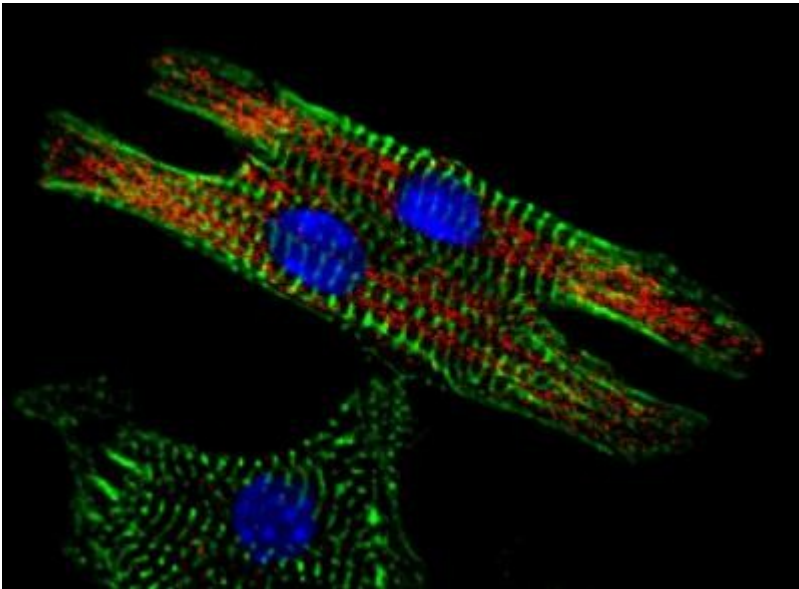


FIG. 10-10 CARDIAC MUSCLE

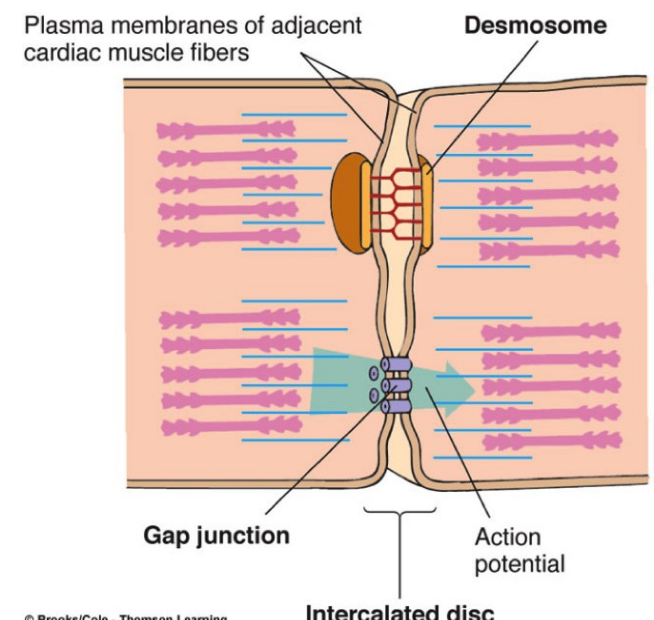
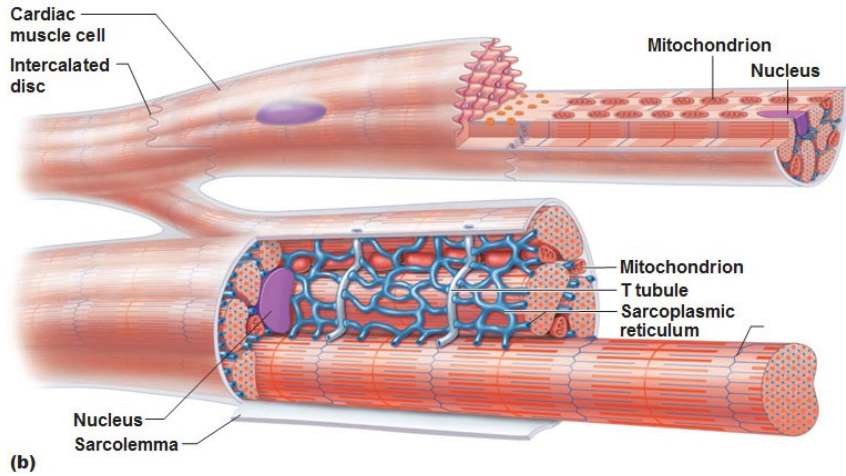
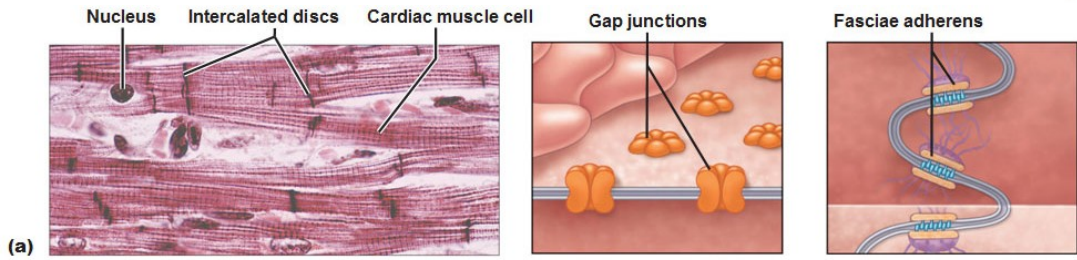
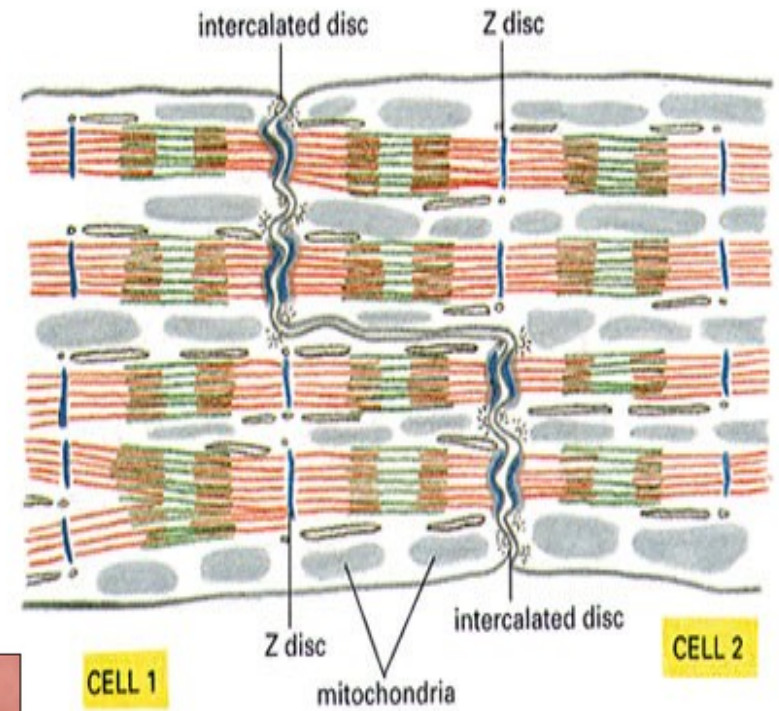
# CARDIAC MUSCLE TISSUE COMPARED TO SKELETAL

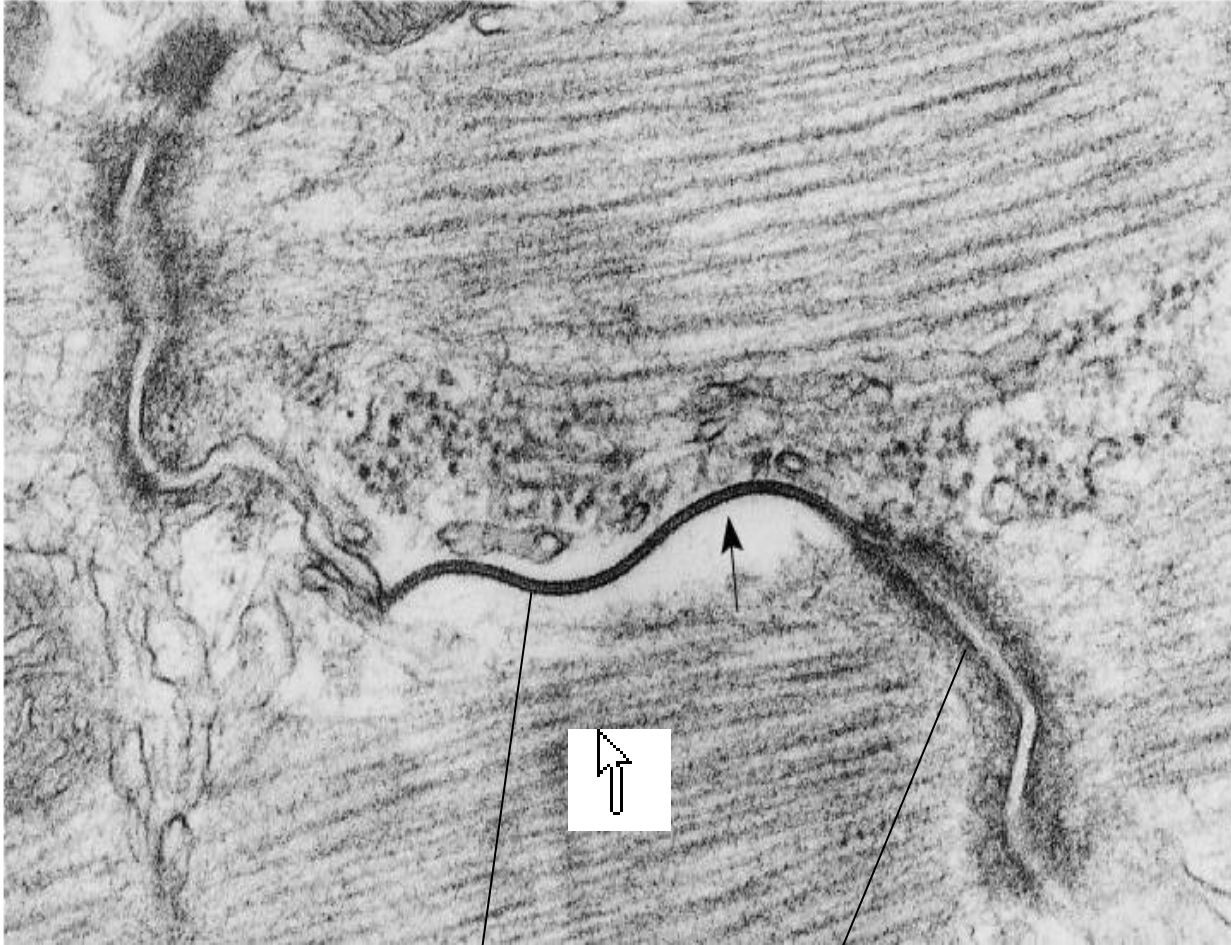
- no triads, but diads: 1 t-tubule + 1 cisterna
- t-tubules around the sarcomeres at the Z lines rather than at the zone of overlap
- sarcoplasmic reticulum via its tubules contact sarcolemma as well as the t-tubules
- cardiac muscle cells are totally dependent on aerobic metabolism to obtain the energy
- large numbers of mitochondria in sarcoplasm and abundant reserves of myoglobin (to store oxygen)
- abundant glycogen and lipid inclusions



# Intercalated disc

- „scariform“ shape of cell ends
- fasciae adherentes (*adhesion of cells*)
- Nexus (quick intercellular communication – transport of ions, electric impulses, information)





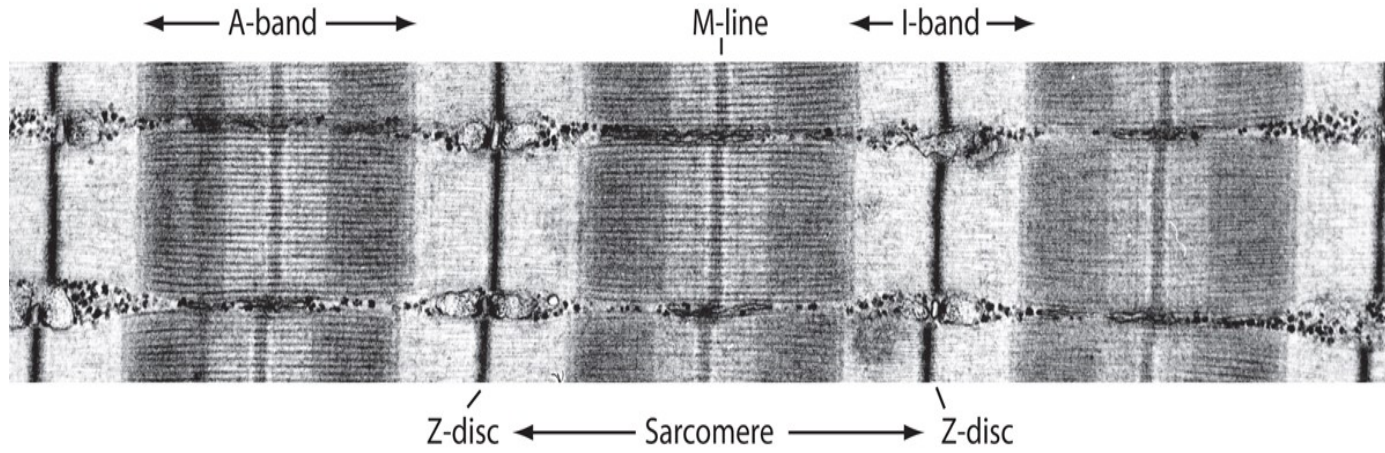
**Intercalated disc:**

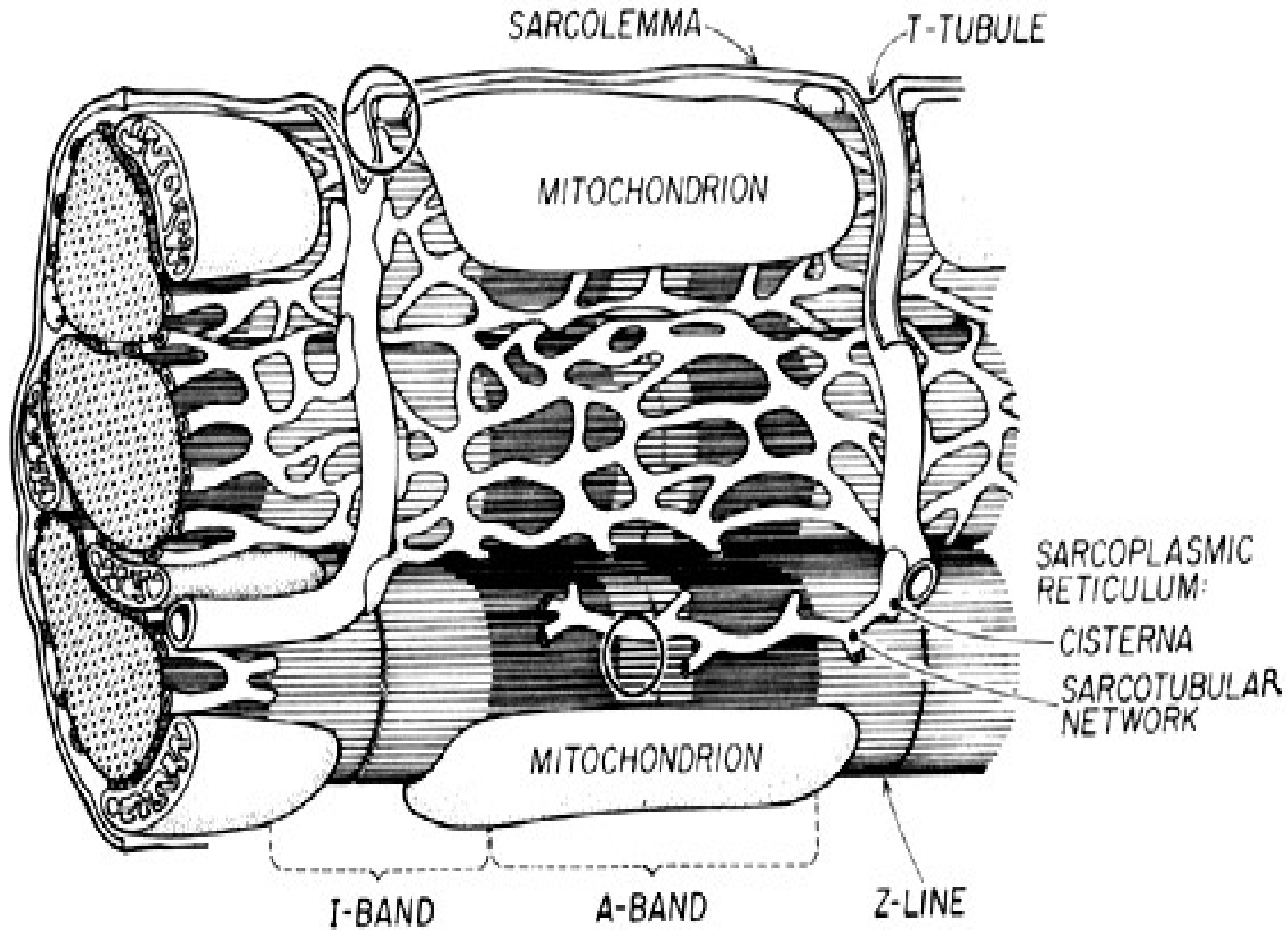
nexus

fascia adherens

# Myofibril of cardiomyocyte

- Actin + myosin myofilaments
- Sarcomere
- Z-line
- M-line and H-zone
- I-band, A-band
- T-tubule + 1 cisterna = diad (around Z-line)

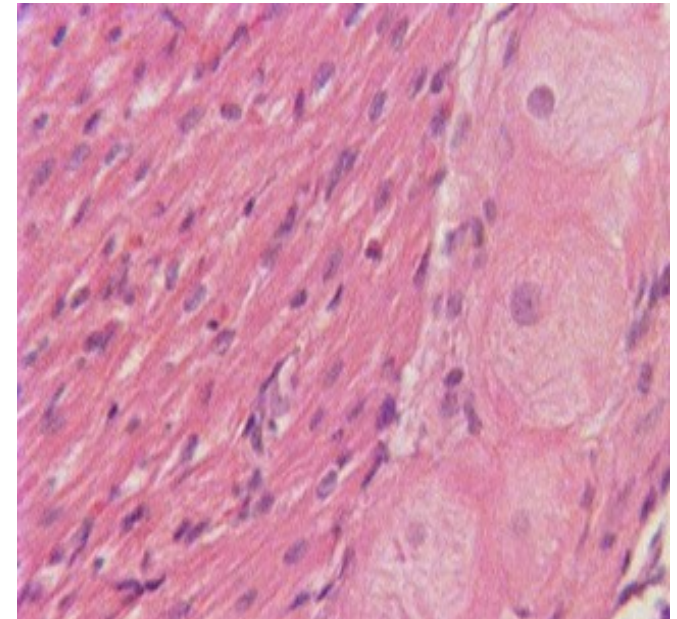
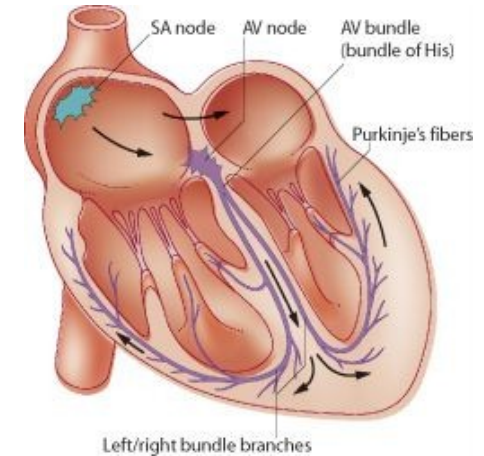




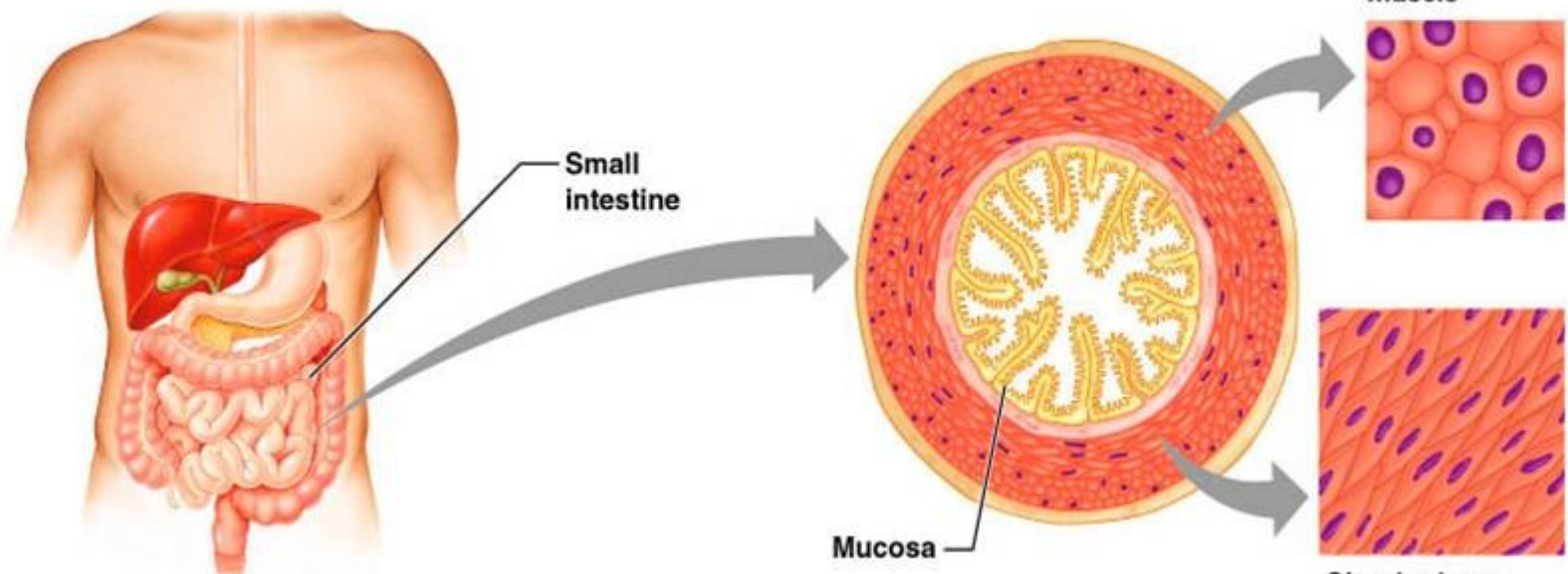


# Purkinje fibers

- are located in the inner layer of heart ventricle wall
- are specialized cells fibers that conduct an electrical stimuli or impulses that enables the heart to contract in a coordinated fashion
- numerous sodium ion channels and mitochondria, fewer myofibrils



# SMOOTH MUSCLE TISSUE



Small intestine

Mucosa

Longitudinal layer of smooth muscle

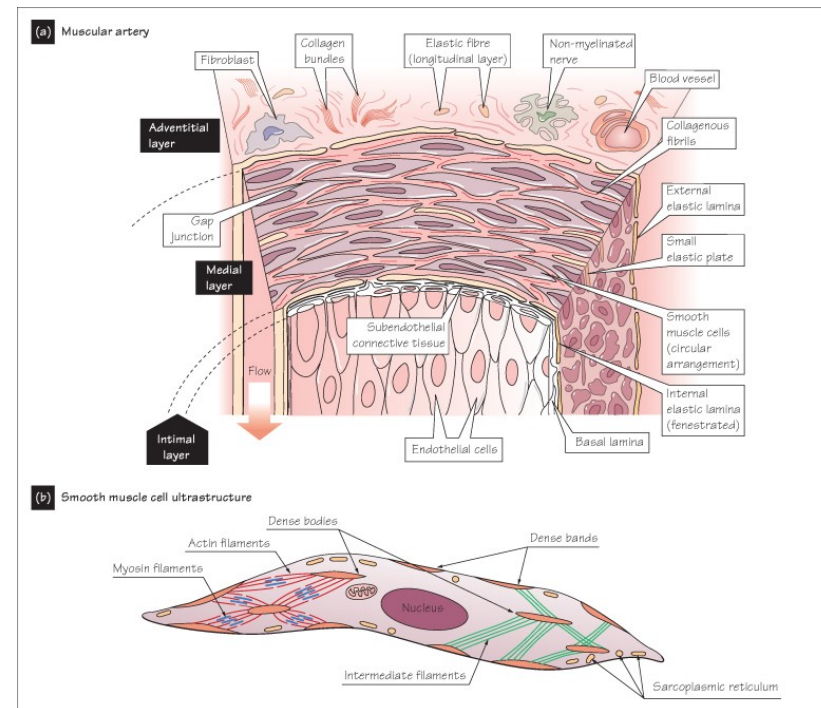
Circular layer of smooth muscle

(a)

(b)

# SMOOTH MUSCLE TISSUE

- spindle shaped cells (leiomyocytes) with myofilaments not arranged into myofibrils (no striation), 1 nucleus in the centre of the cell
- myofilaments form bands throughout the cell
- actin filaments attach to the sarcolemma by focal adhesions or to the dense bodies substituting Z-lines in sarcoplasm
- sarcoplasmic reticulum forms only tubules, Ca ions are transported to the cell via pinocytotic vesicles
- zonulae occludentes and nexuses connect cells
- calmodulin



# SMOOTH MUSCLE TISSUE

Caveolae are equivalent to t-tubule and in their membrane ions channel are present to bring Ca needed for contraction.

Caveolae are in contact with sarcoplasmic reticulum.

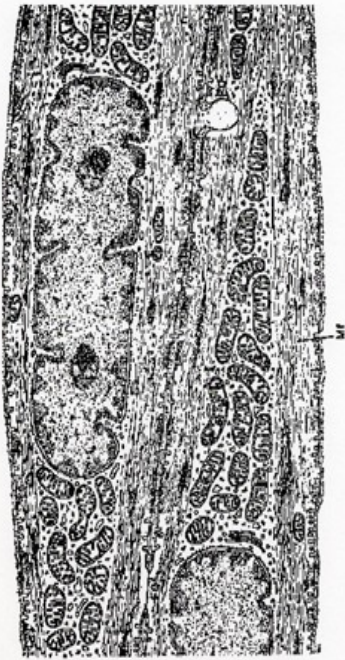
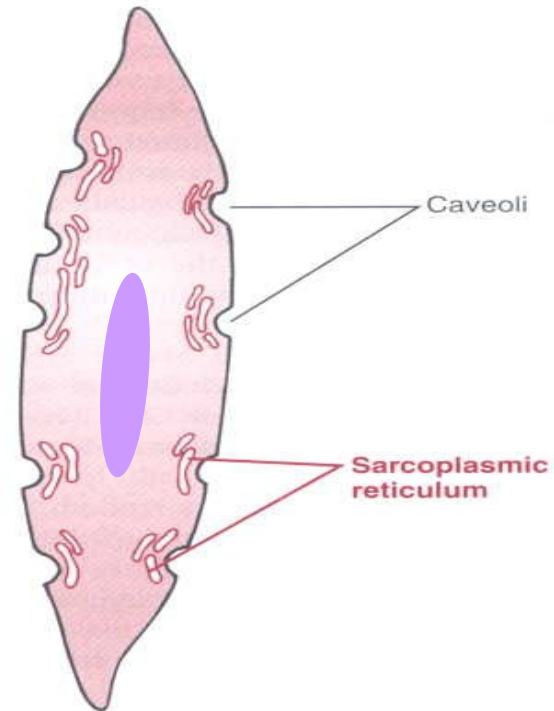
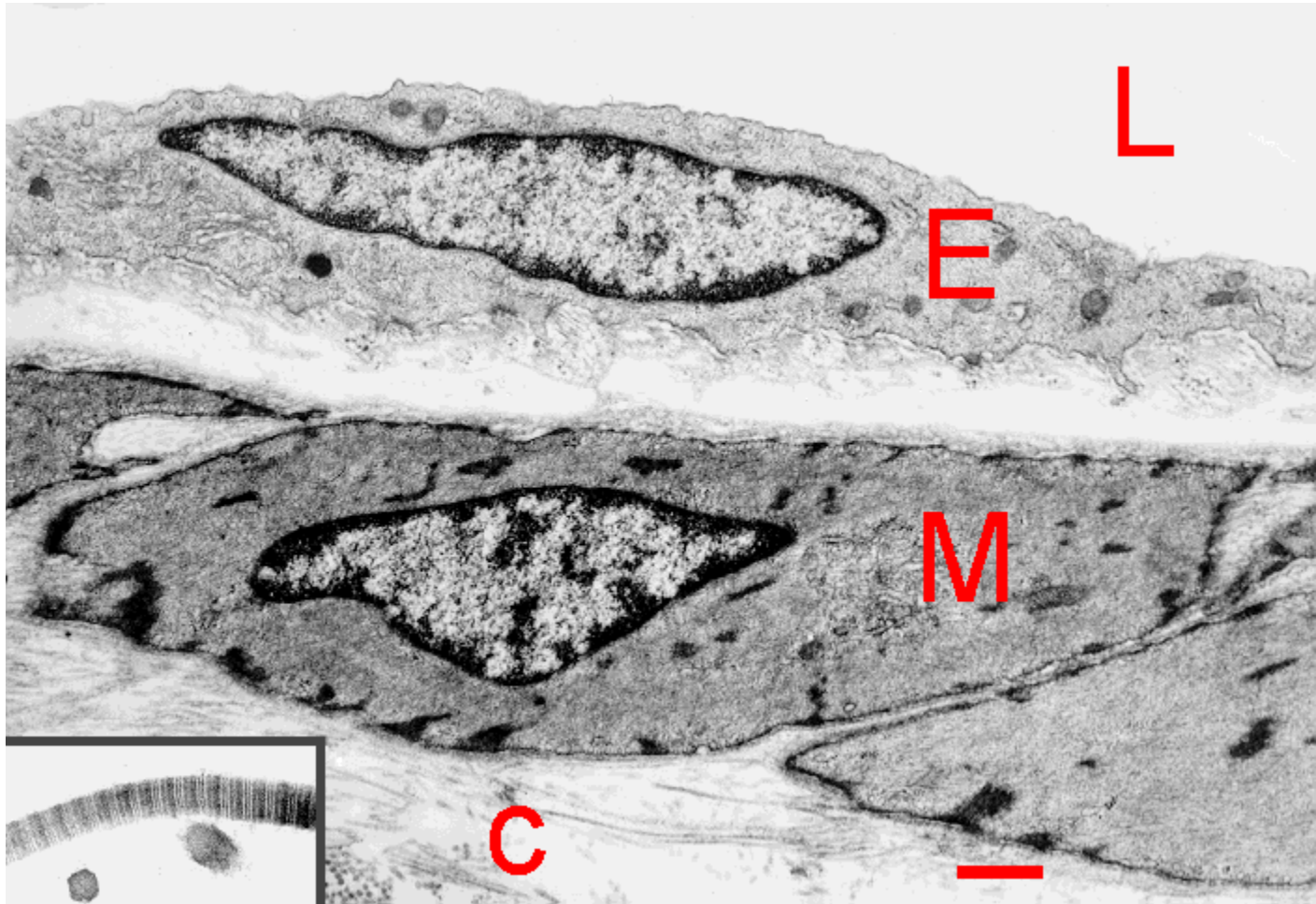


FIG. 10-2 E/M OF SMOOTH MUSCLE





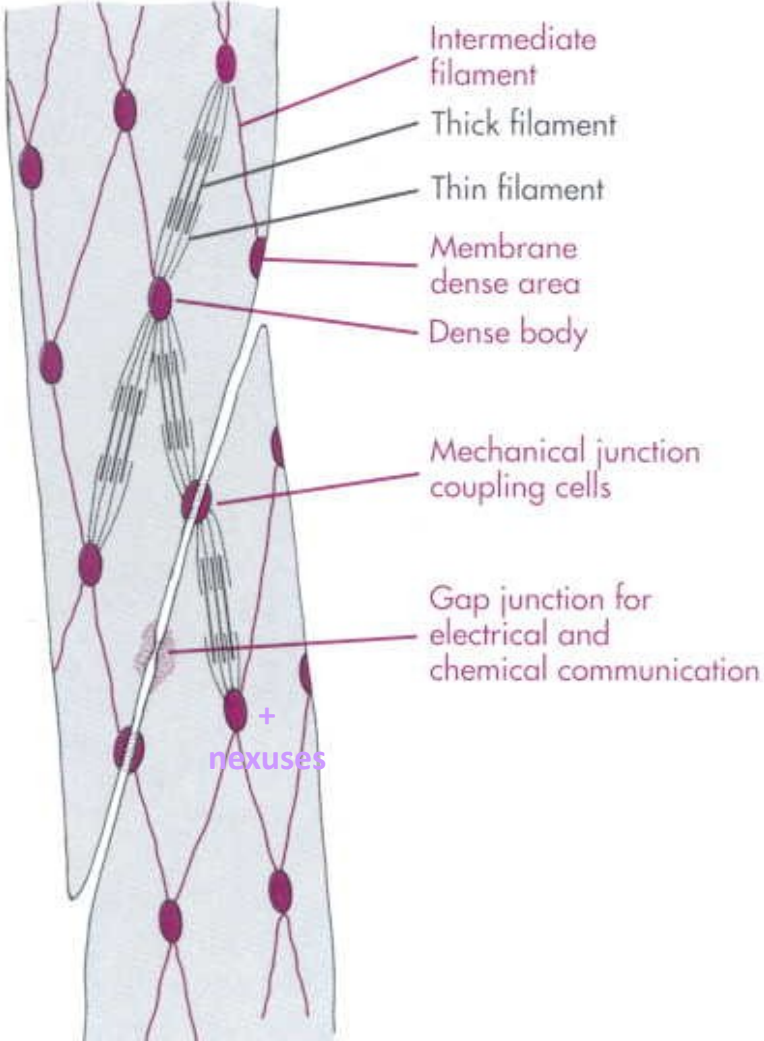
# SMOOTH MUSCLE TISSUE



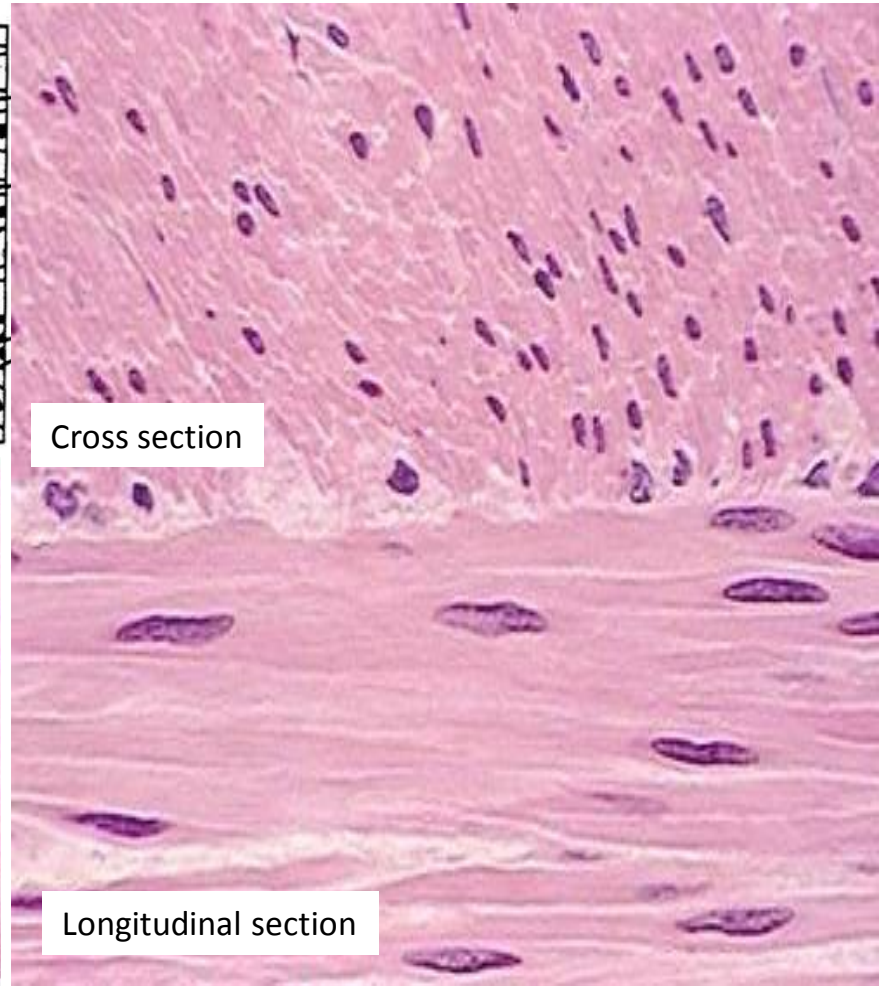
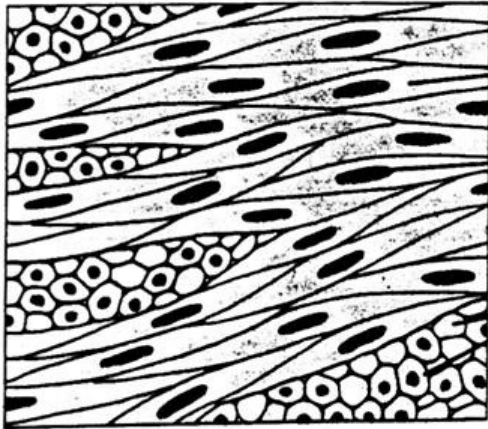
Relaxed smooth muscle cell

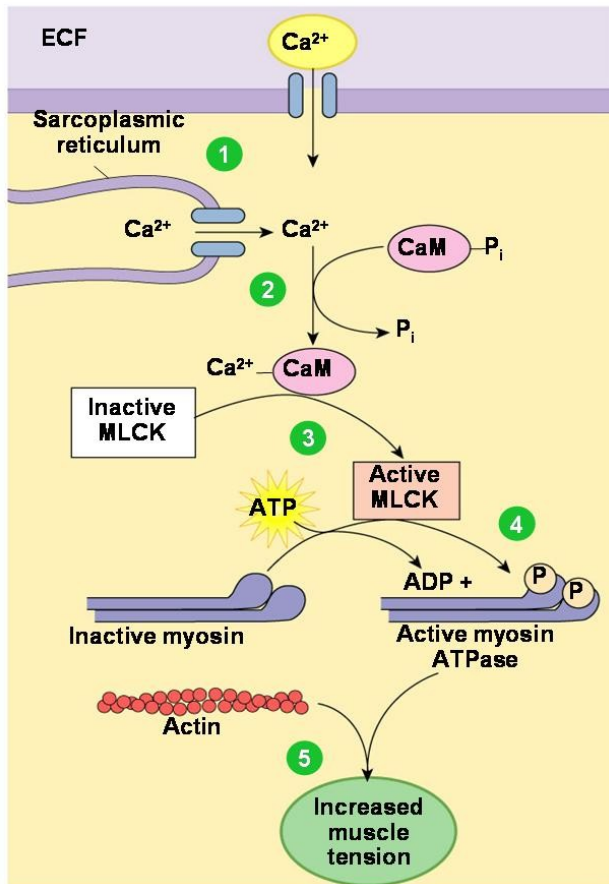
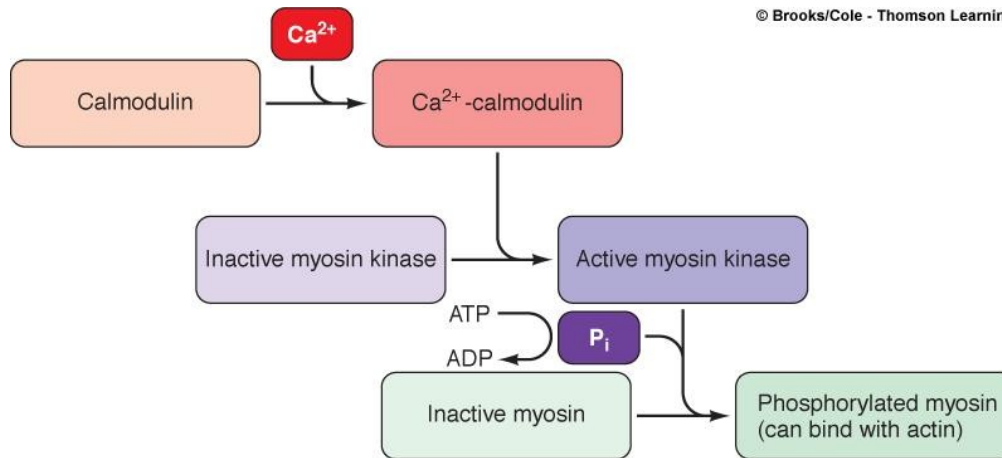


Contracted smooth muscle cell

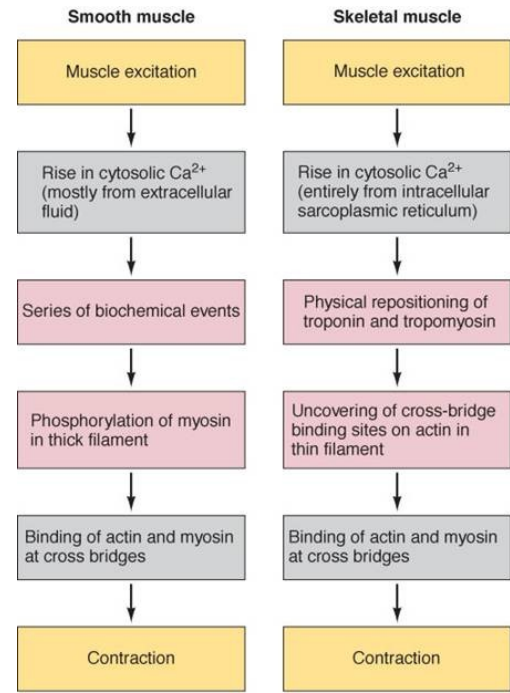


Leiomyocytes are arranged into layers in walls of hollow (usually tubular) organs





- 1 Intracellular  $Ca^{2+}$  concentrations increase when  $Ca^{2+}$  enters cell and is released from sarcoplasmic reticulum.
- 2  $Ca^{2+}$  binds to calmodulin (CaM).
- 3  $Ca^{2+}$ -calmodulin activates myosin light chain kinase (MLCK).
- 4 MLCK phosphorylates light chains in myosin heads and increases myosin ATPase activity.
- 5 Active myosin crossbridges slide along actin and create muscle tension.

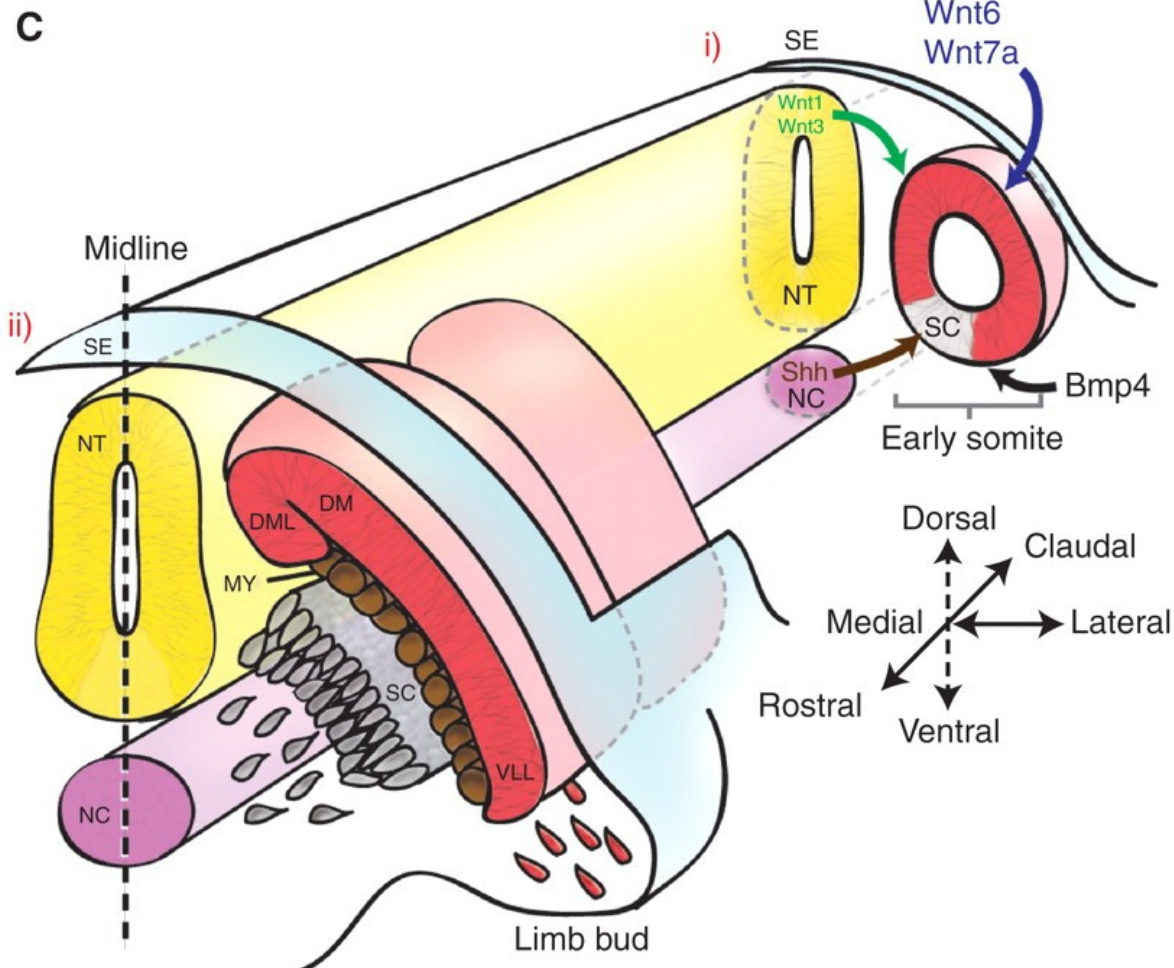
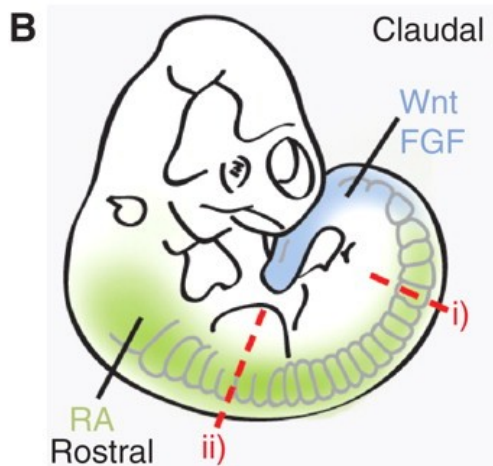
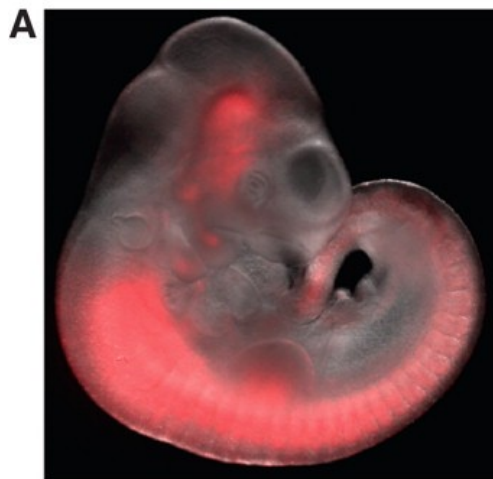


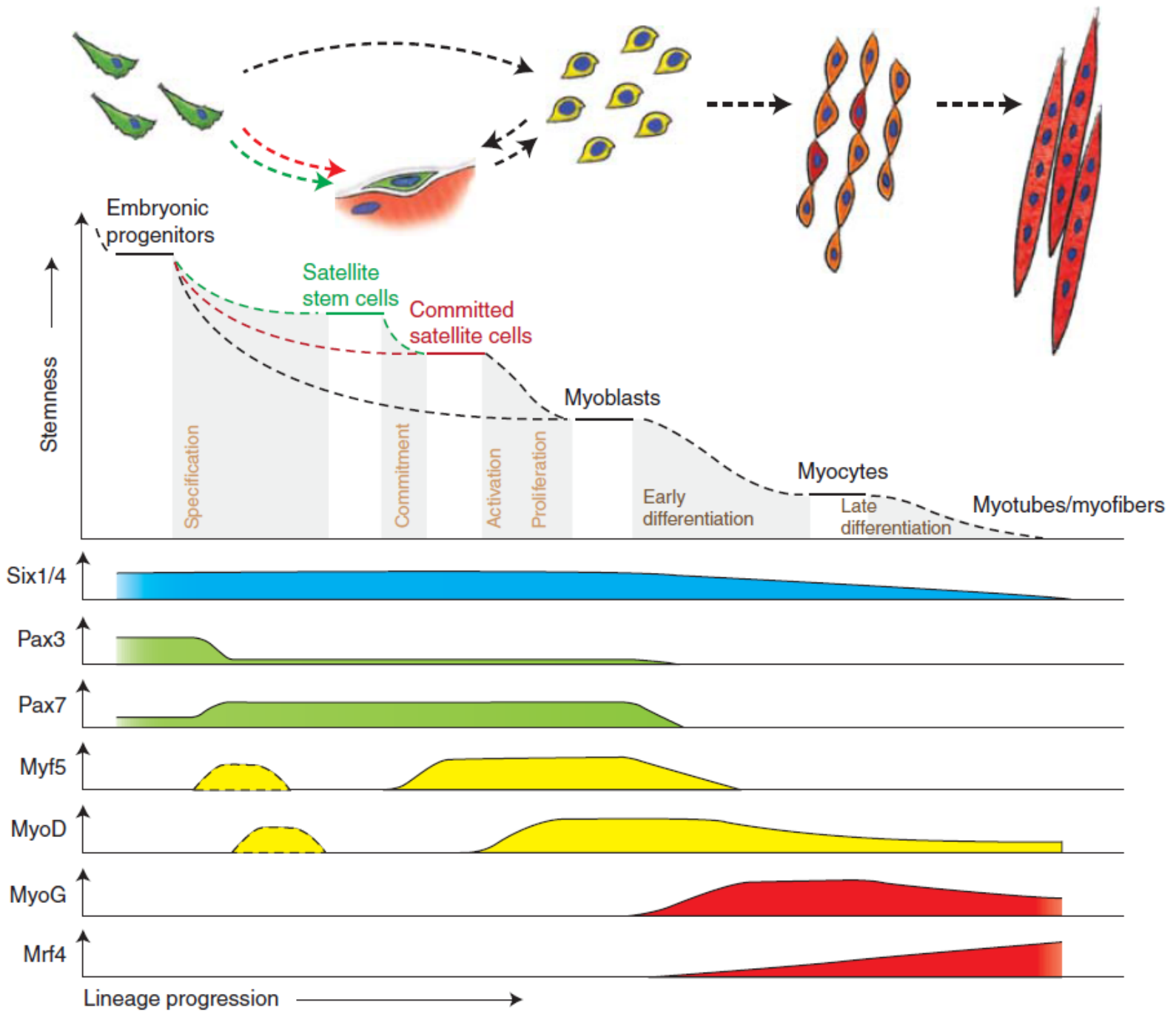


# Summary

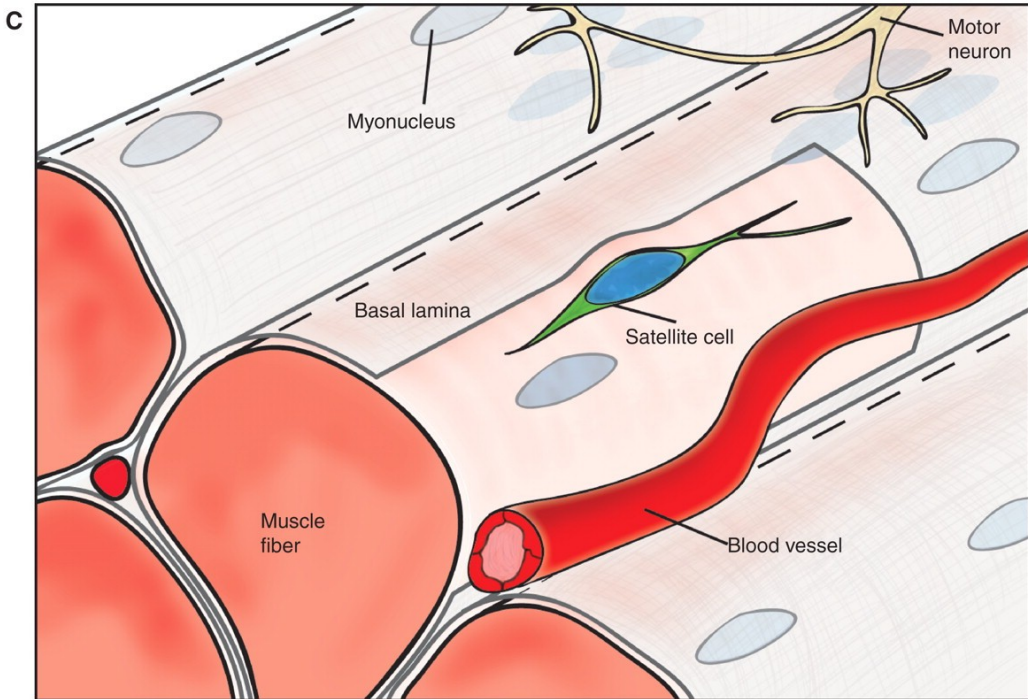
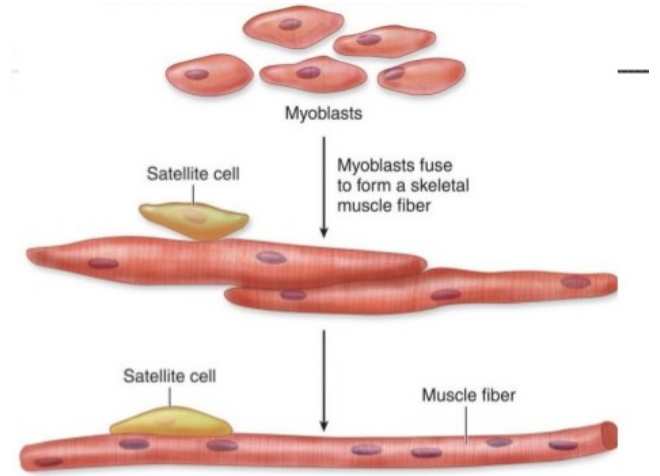
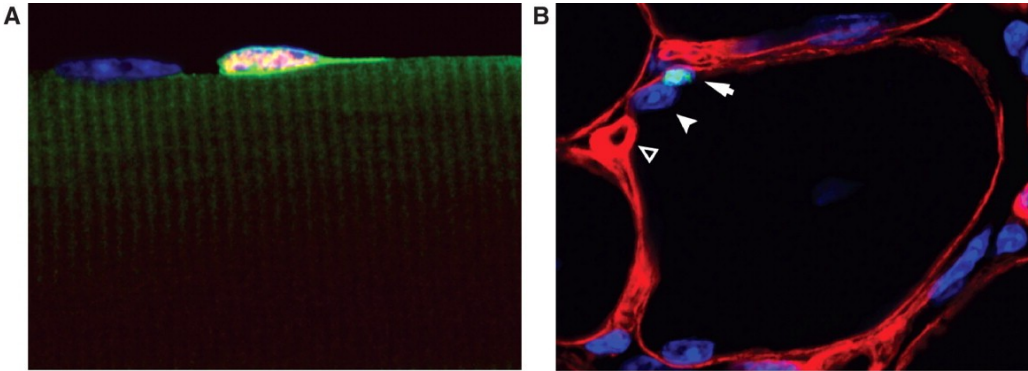
<b>Hallmark</b>	<b>Skeletal muscle</b>	<b>Cardiac muscle</b>	<b>Smooth muscle</b>
<b>Cells</b>	Thick, long, cylindrical, non-branched	Branched, cylindrical	Small, spindle-shaped
<b>Nuclei</b>	Abundant, peripherally	1-2, centrally	1, centrally
<b>Filaments ratio (thin:thick)</b>	6:1	6:1	12:1
<b>sER and myofibrils</b>	Regular sER around myofibrils	Less regular sER, myofibrils less apparent	Less regular sER, myofibrils not developed
<b>T tubules</b>	Between A-I band, triads	Z lines, diads	Not developed
<b>Motor end plate</b>	Present	Not present	Not present
<b>Motor regulation</b>	Voluntary control	No voluntary control	No voluntary control
<b>Other</b>	Bundles, c.t.	Intercalated discs	Caveoli, overlapping cells

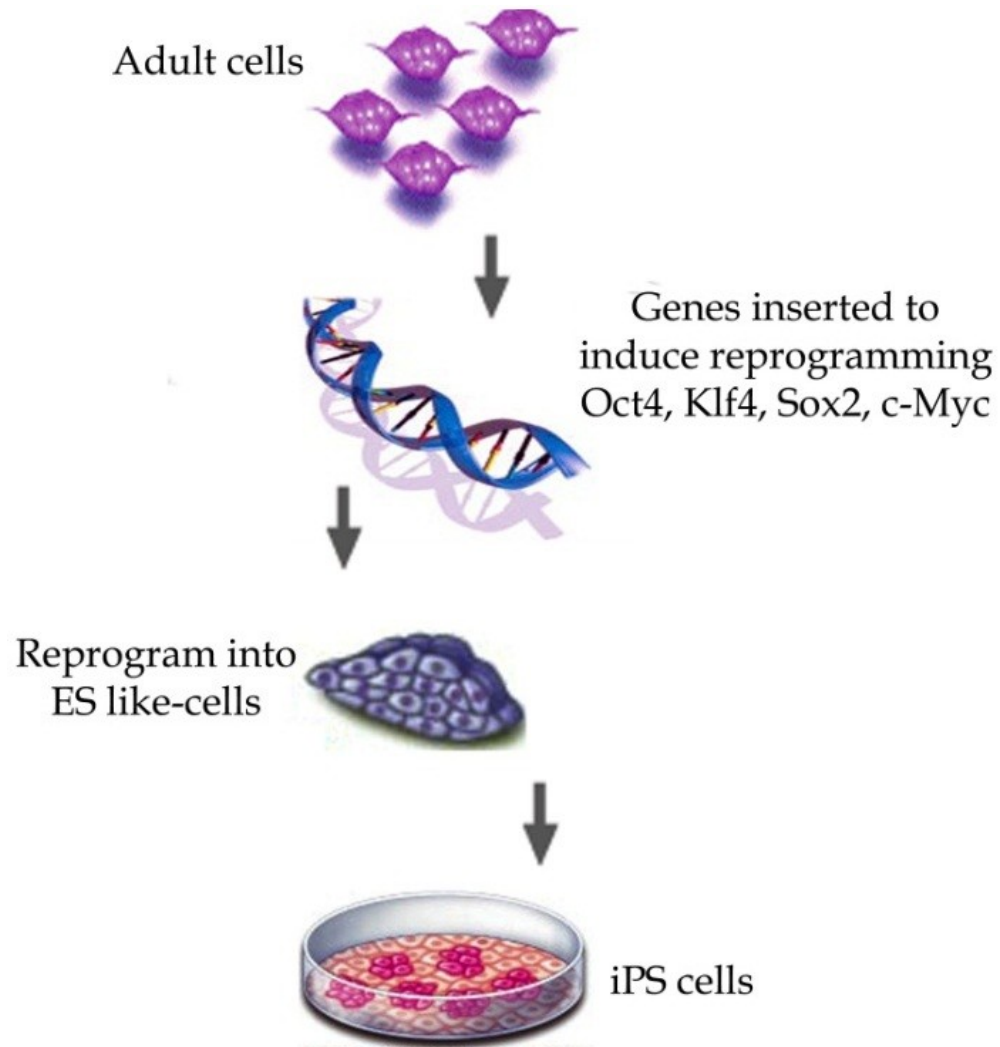
# Embryonic development





# Regeneration





<https://www.youtube.com/watch?v=b1WD564sjWw>

# Thank you for attention

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<http://www.med.muni.cz/histology>

