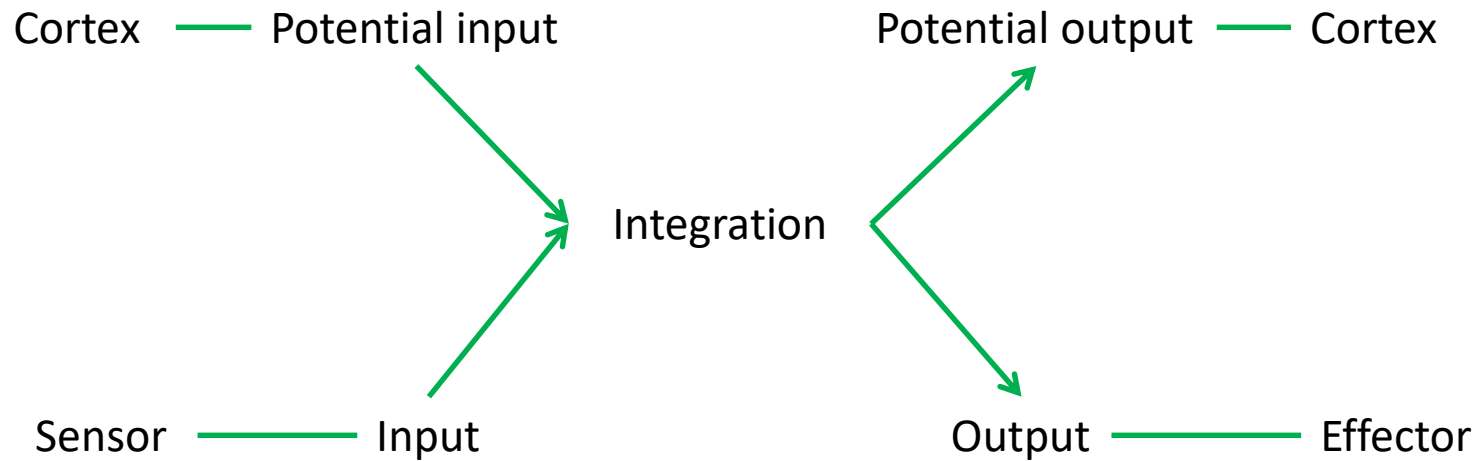


**13**

# **Autonomic nervous system**

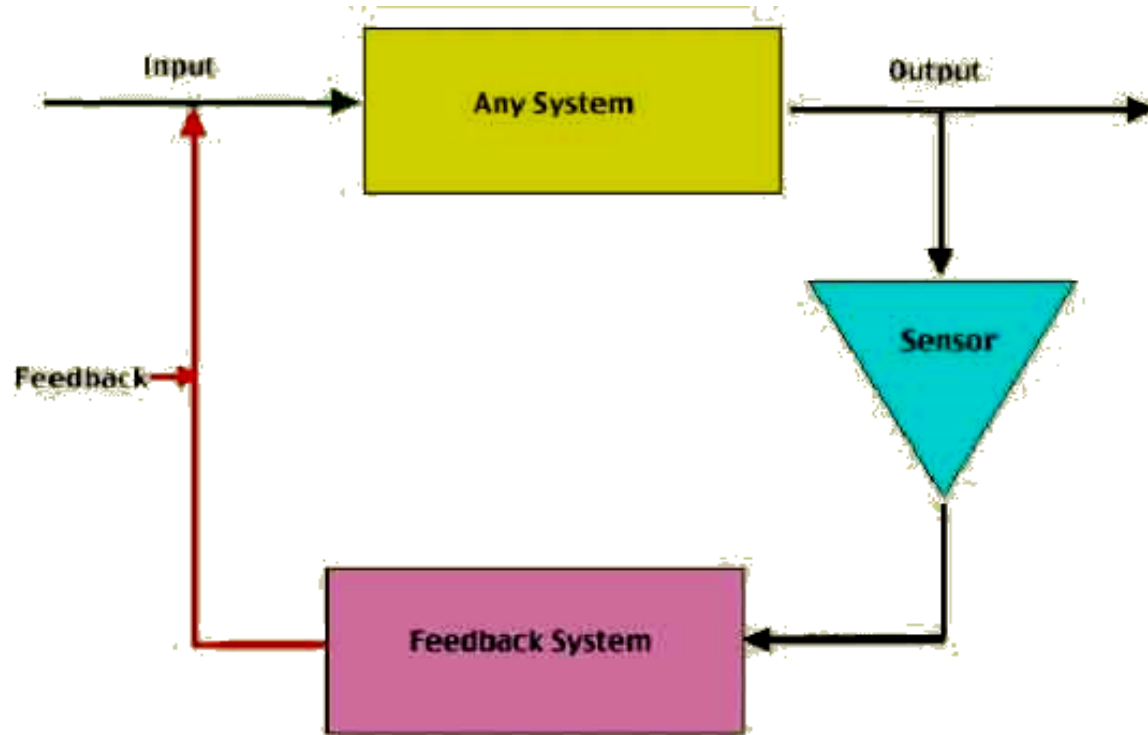
# The role of nervous system

**ANTICIPATION**



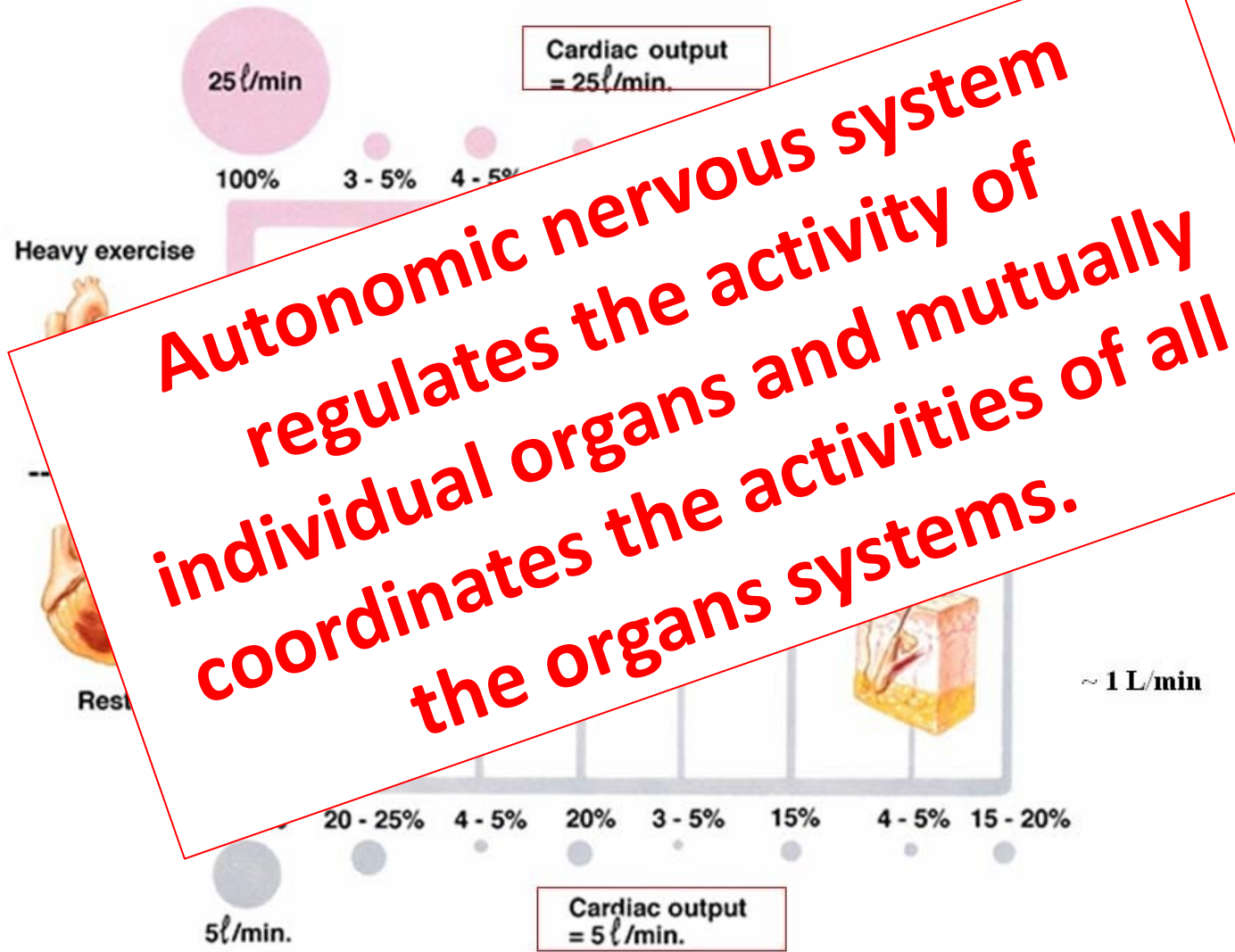
**REGULATION**

# Feedback regulation

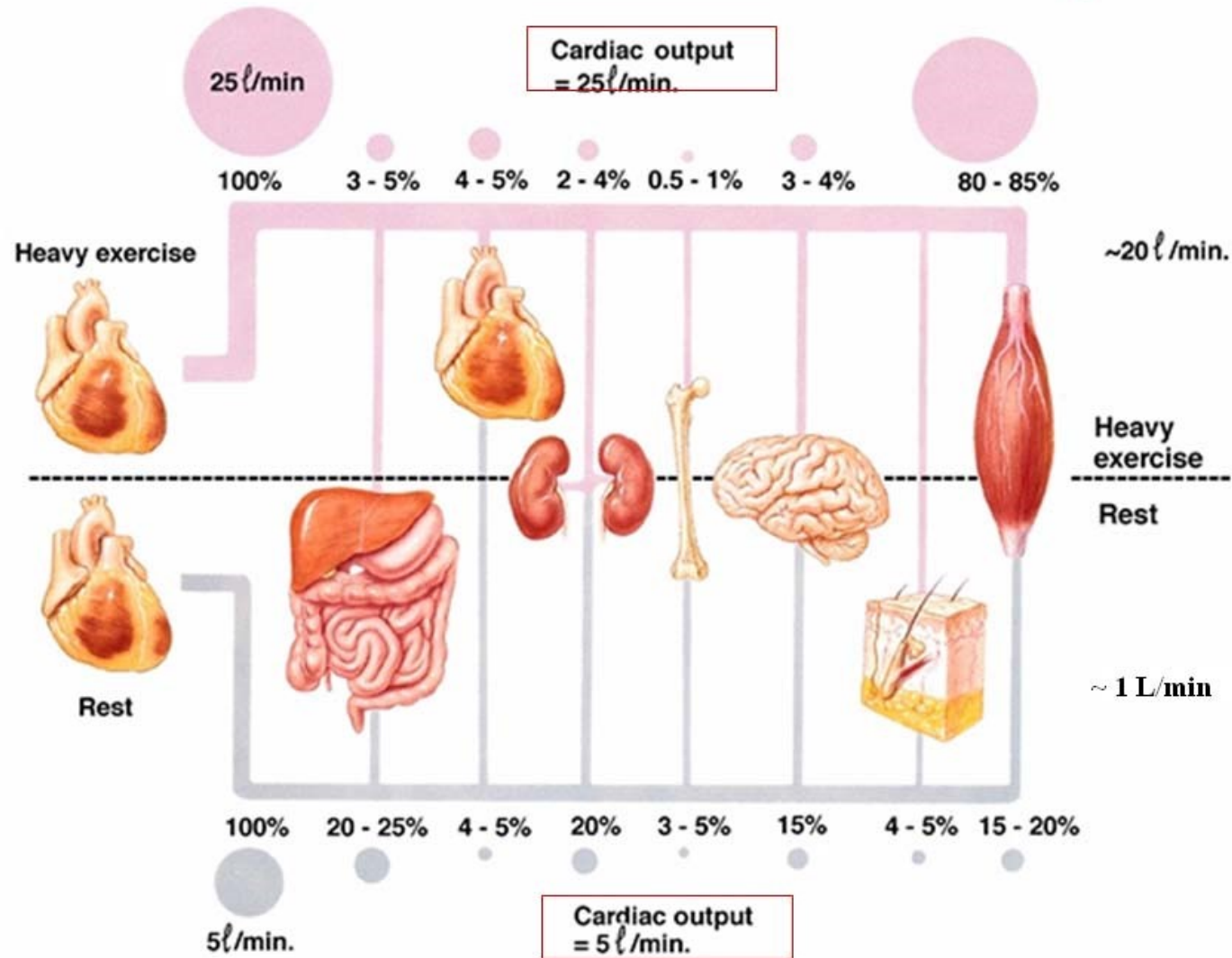


**Simple Feedback Loop**

# Redistribution of Blood Flow During Exercise



# Redistribution of Blood Flow During Exercise



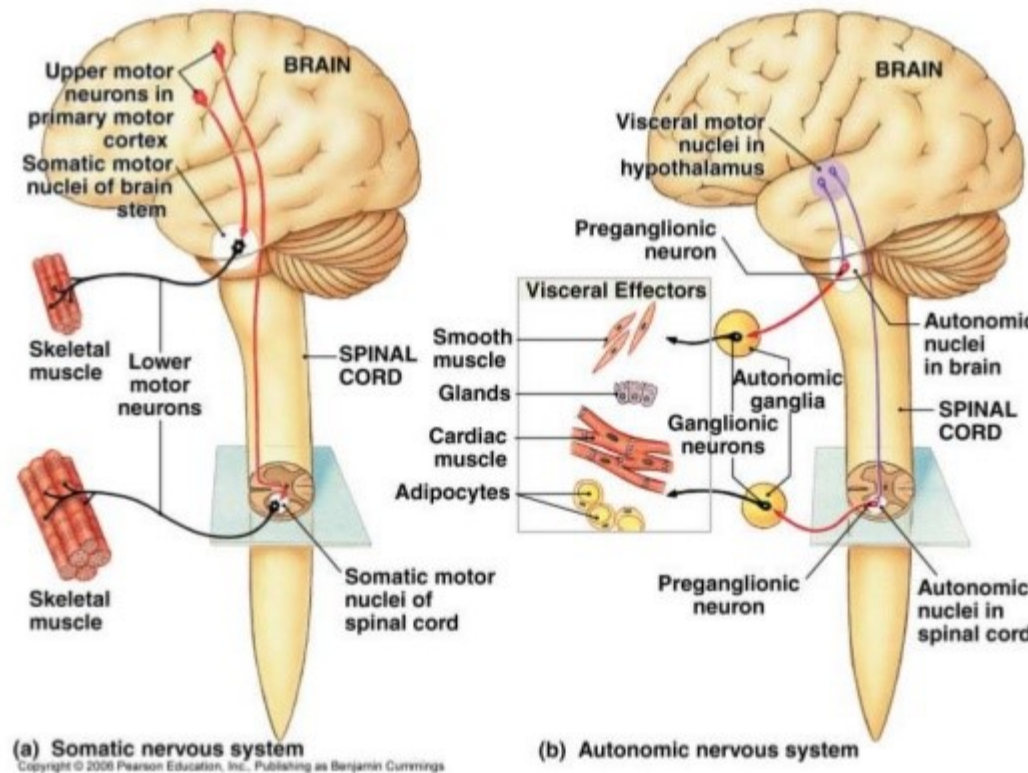
# Somatic a autonomic nervous system

➤ „Voluntary“

✓ Skeletal muscle

▪ Direct connection between CNS and effector

## Somatic vs. Autonomic



➤ „Involuntary“

✓ Cardiomyocyte  
✓ Visceral muscle  
✓ Gland

▪ Autonomic ganglion inserted between CNS and effector

# Somatic a autonomic nervous system

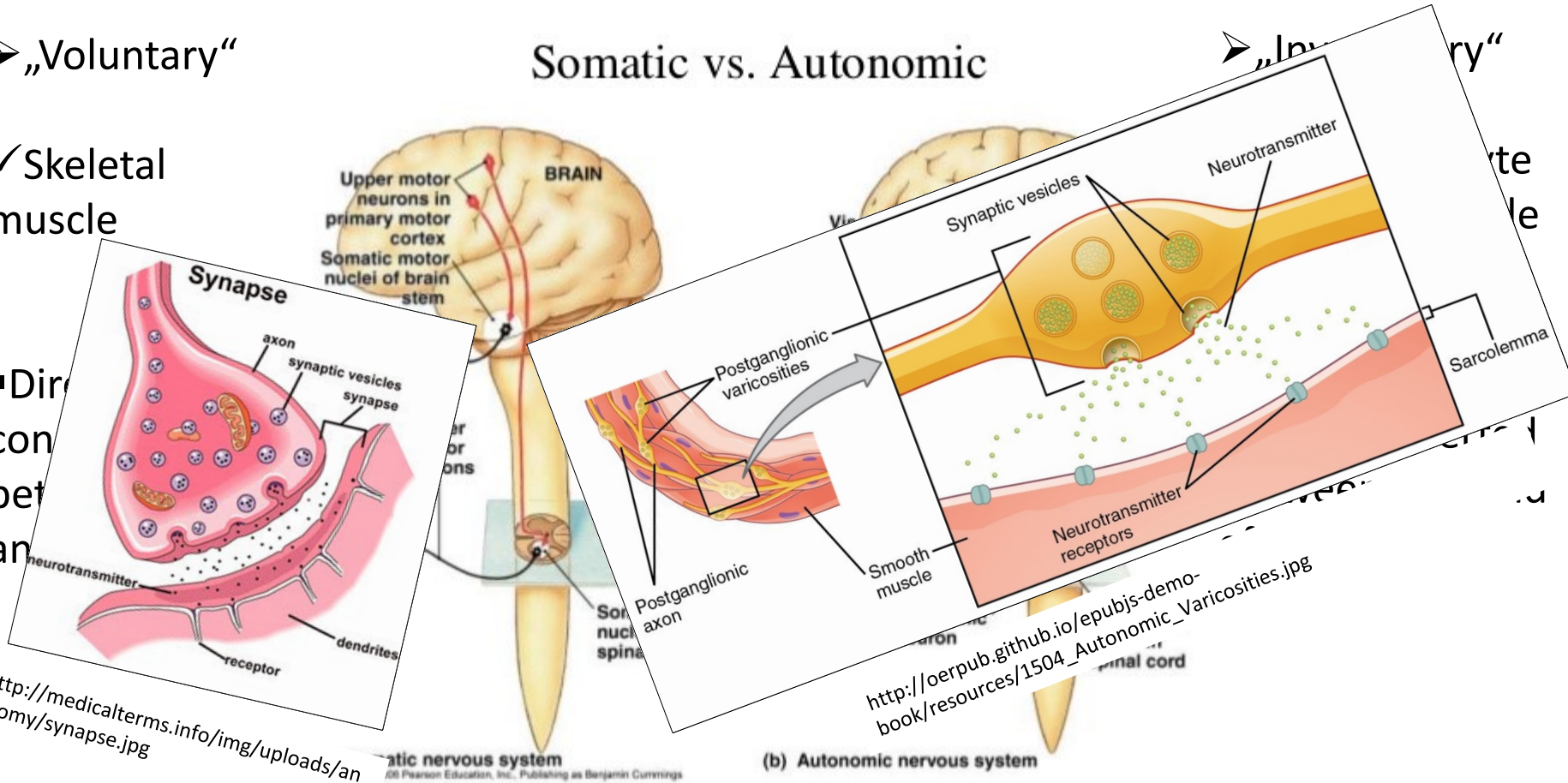
➤ „Voluntary“

✓ Skeletal muscle

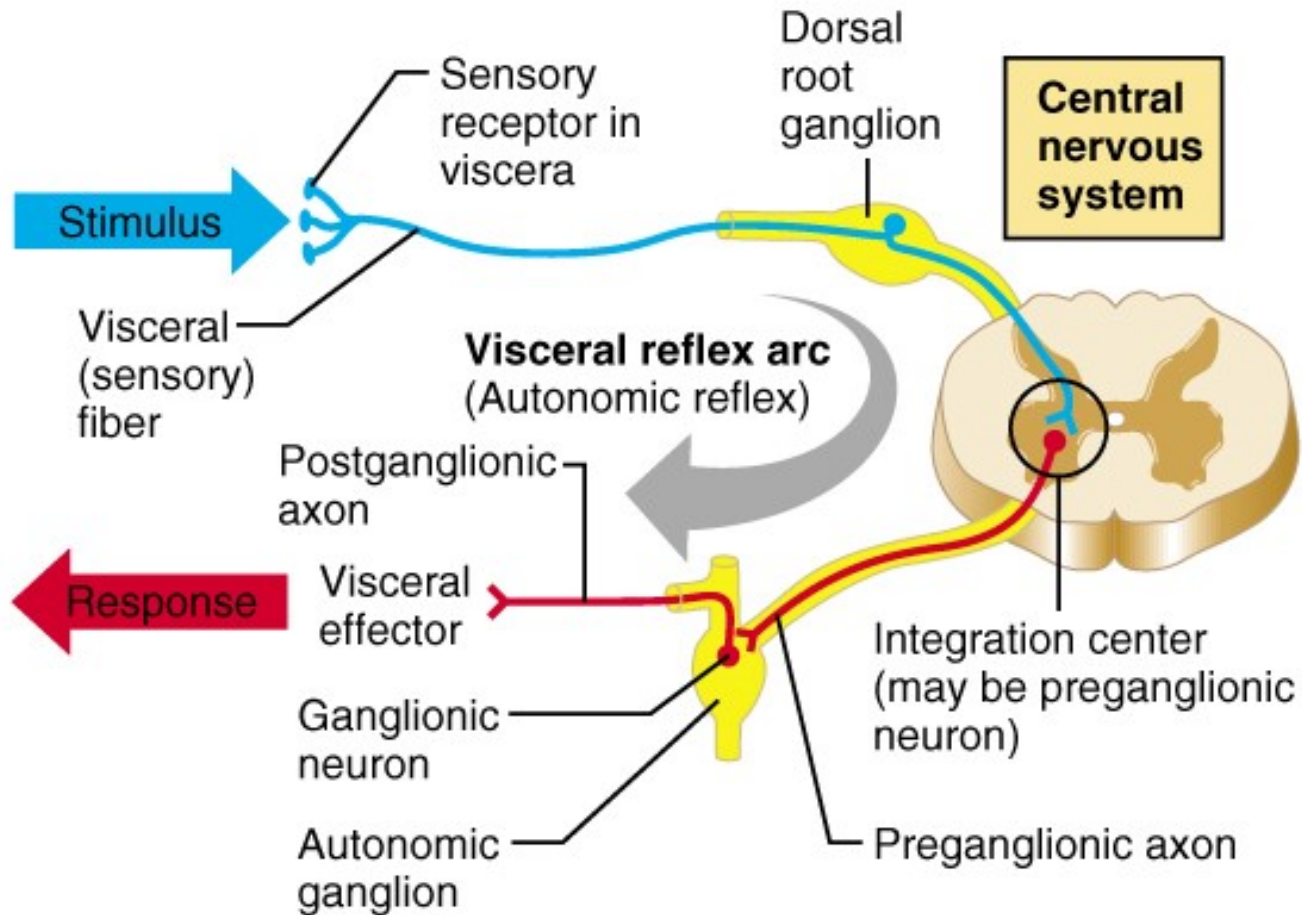
■ Directional control between an

## Somatic vs. Autonomic

➤ „Involuntary“



# Visceral reflex loop

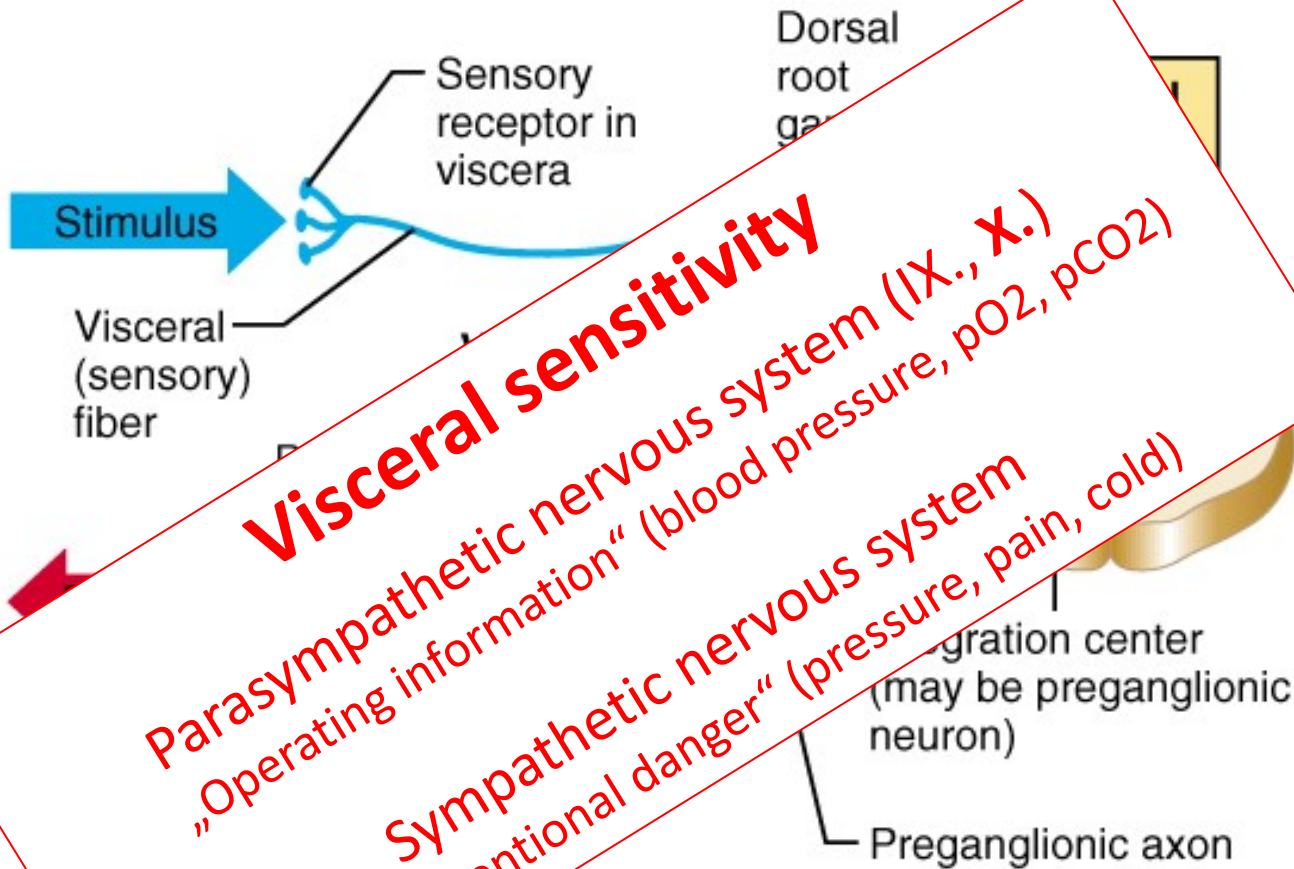


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<http://slideplayer.com/slide/2810792/>



# Visceral reflex loop



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an imprint of Addison Wesley Longman, Inc.

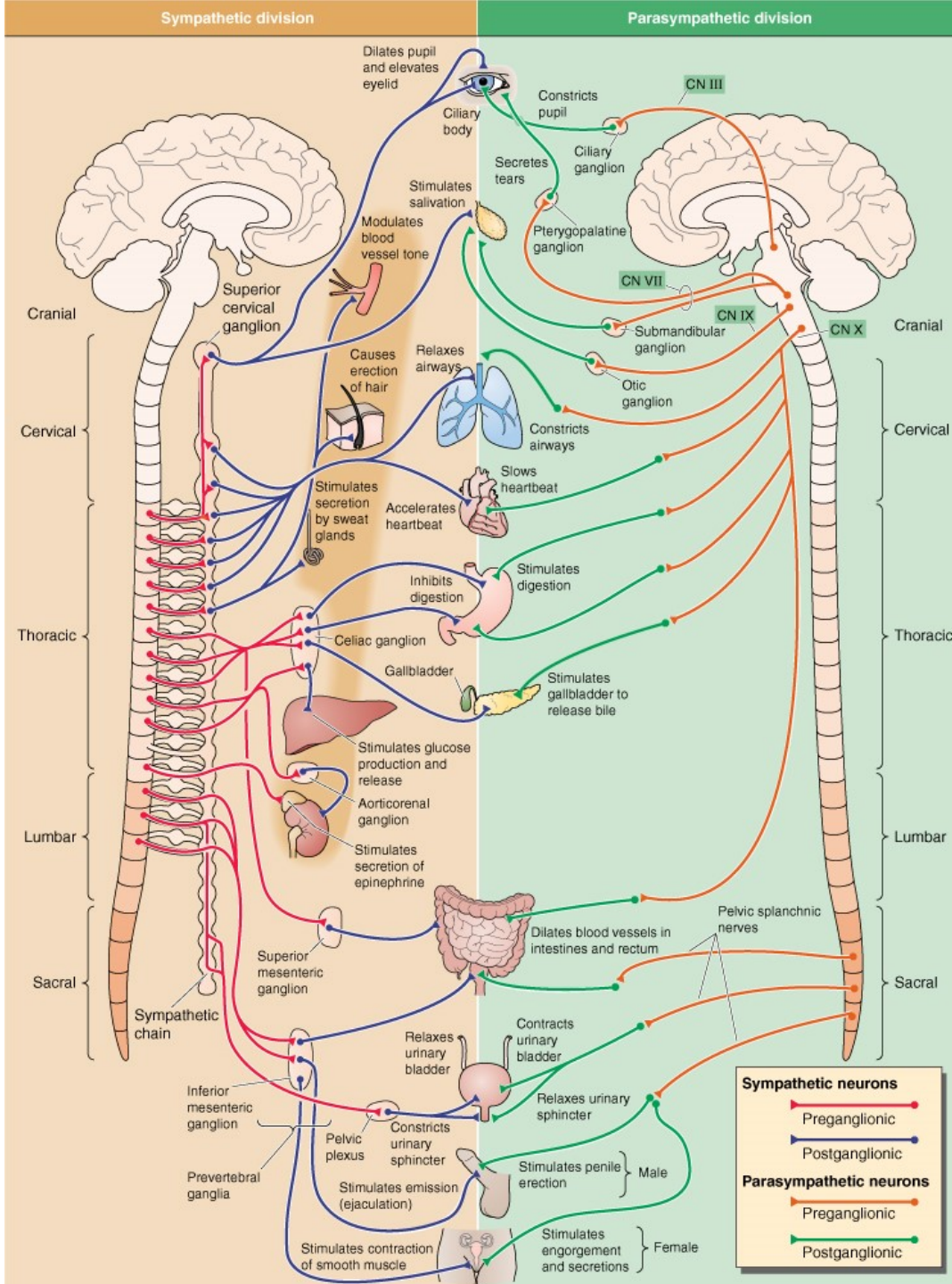
<http://slid>

10792/

# Sympathetic nervous system

Fight or flight response

Energy/store consumption



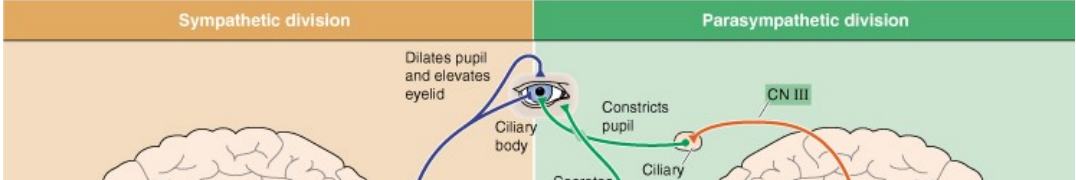
# Parasympathetic nervous system

Rest and digest response

Energy conservation/energy

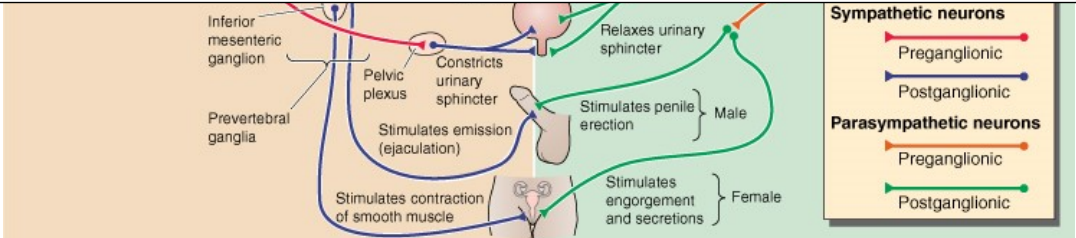


# Sympathetic nervous system



# Parasympathetic nervous system

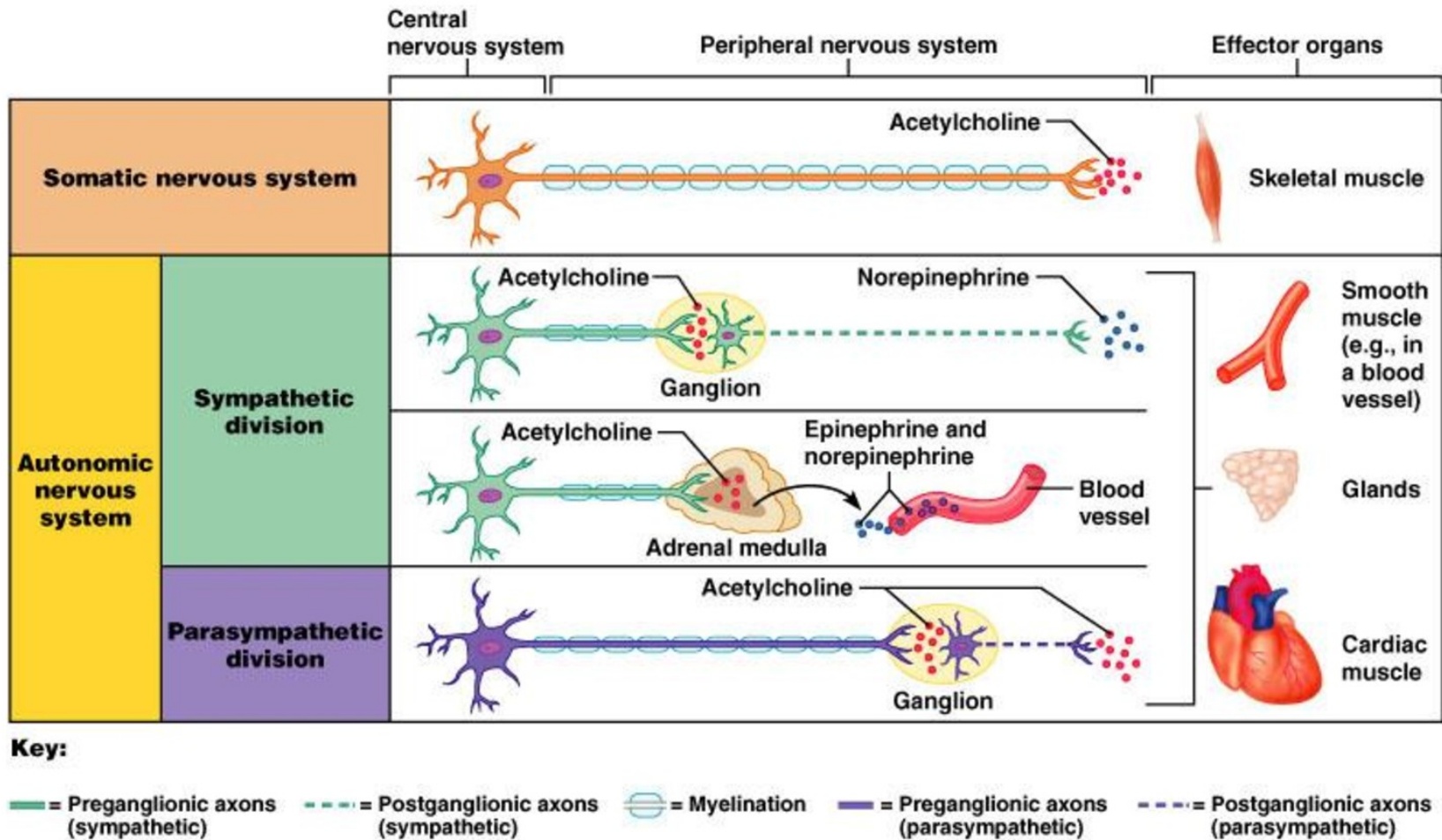
	System/function	Parasympathetic	Sympathetic	
Fight or flight	Cardiovascular	Decreased cardiac output and heart rate	Increased contraction and heart rate; increased cardiac output	digestive
Energy consumption	Pulmonary	Bronchial constriction	Bronchial dilatation	respiration
	Musculoskeletal	Muscular relaxation	Muscular contraction	energy production
	Pupillary	Constriction	Dilatation	
Preganglionic neurons - Spinal	Urinary	Increased urinary output; sphincter relaxation	Decreased urinary output; sphincter contraction	urinary
-Thoracic system	Gastrointestinal	Increased motility of stomach and gastrointestinal tract; increased secretions	Decreased motility of stomach and gastrointestinal tract; decreased secretions	digestive system
Ganglionic	Glycogen to glucose conversion	No involvement	Increased	target
Paravertebral - Major	Adrenal gland	No involvement	Release epinephrine and norepinephrine	orally
Prevertebral - Plexus aorticus				

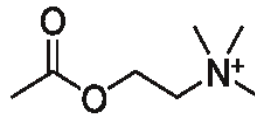


Mostly diffuse effect

Mostly local effect

# Mediators of somatic and autonomic nervous system

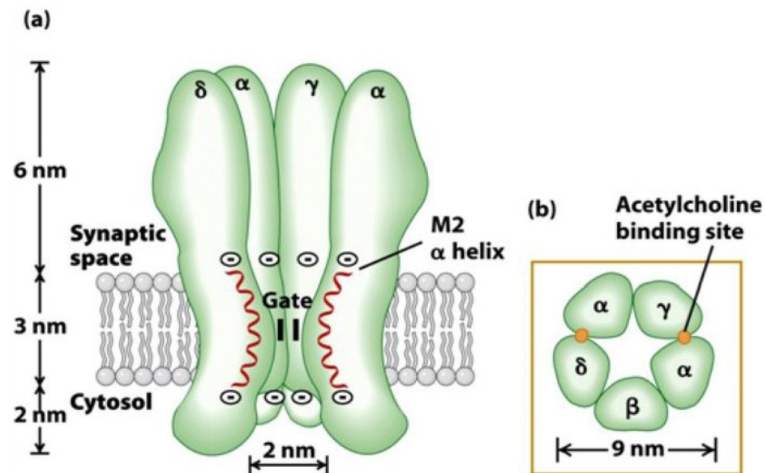


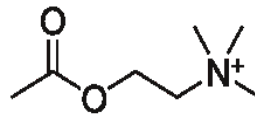


# Acetylcholine

## Preganglionic fibers

- Sympathetic
- Parasympathetic
- ✓ Nicotinic receptor
  - Ligand-gated ion channels
  - Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup>
  - Neuronal (N<sub>N</sub>) and muscle (N<sub>M</sub>) type
  - Excitatory





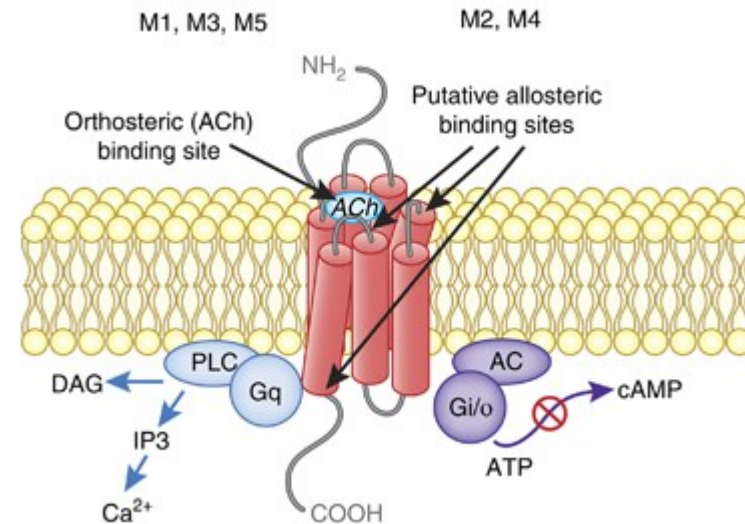
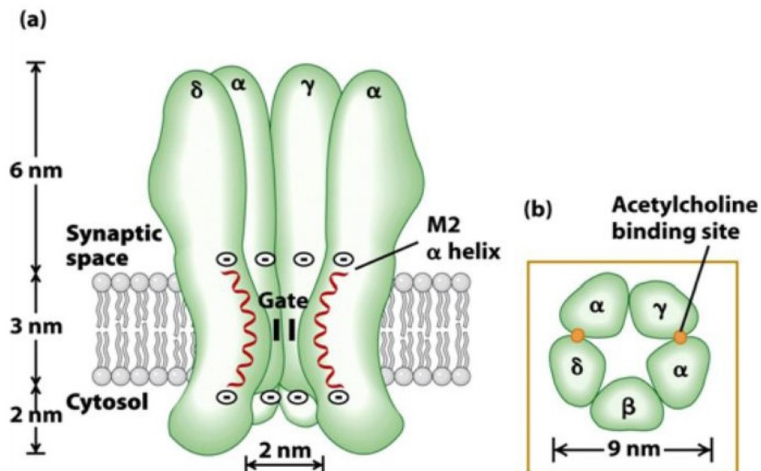
# Acetylcholine

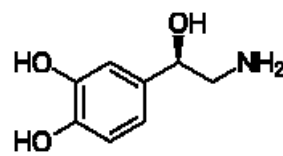
## Preganglionic fibers

- Sympathetic
- Parasympathetic
- ✓ Nicotinic receptor
  - Ligand-gated ion channels
  - Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup>
  - Neuronal (N<sub>N</sub>) and muscle (N<sub>M</sub>) type
  - Excitatory

## Postganglionic fibers

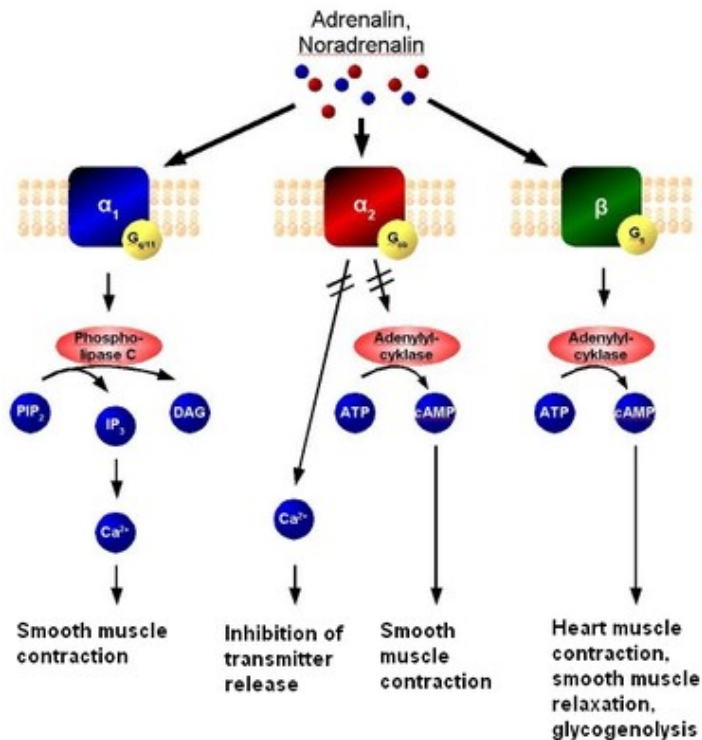
- Parasympathetic
- ✓ Muscarinic receptor
  - G-coupled
    - M1, M3, M5
  - Inhibitory
    - M2, M4



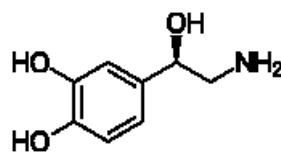


# Norepinephrine

- Postganglionic sympathetic fibers
- Adrenergic receptor
  - G-coupled
  - $\alpha$  type – generally excitatory (contraction) with an exception of GIT
  - $\beta$  type – generally inhibitory (relaxation) with an exception of !!! heart !!!

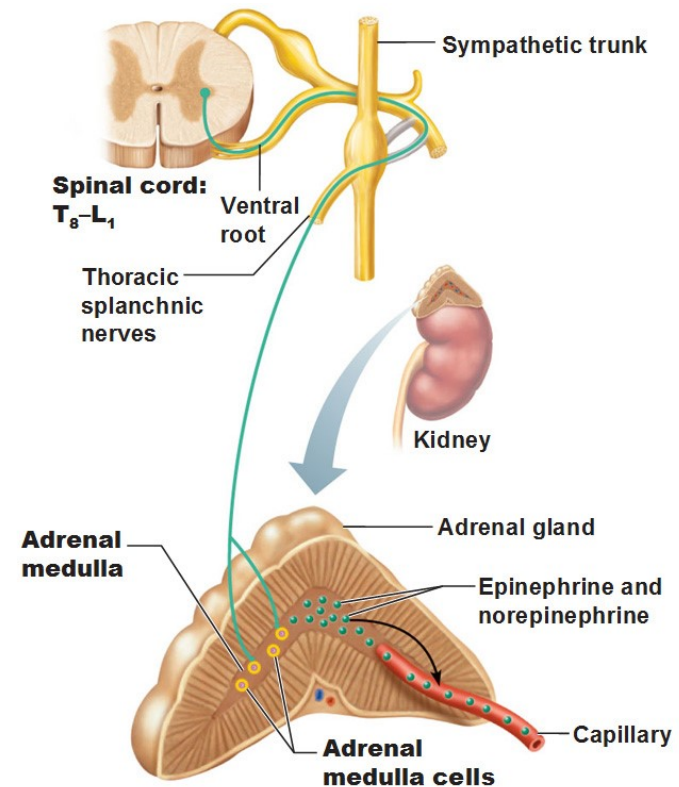
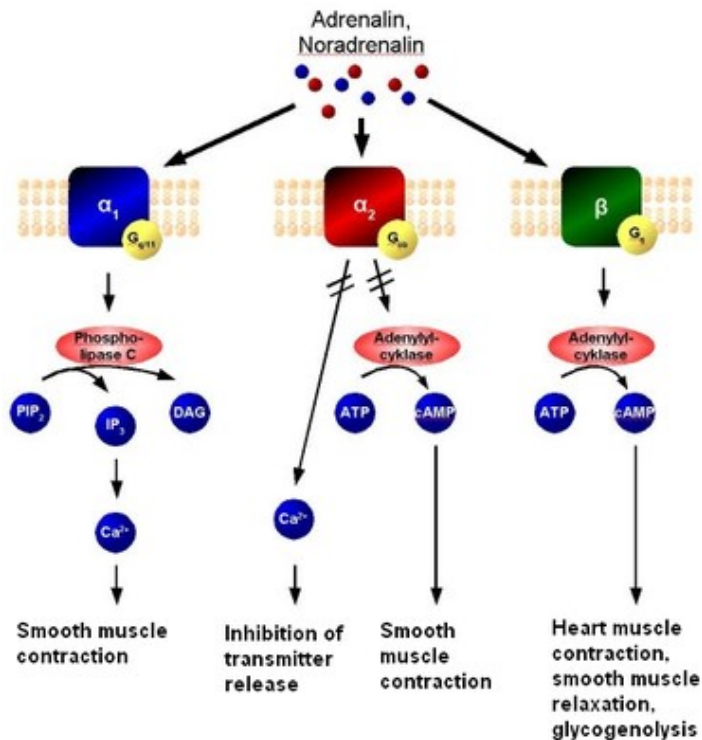


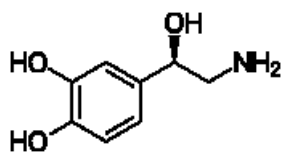




# Norepinephrine

- Postganglionic sympathetic fibers
- Adrenergic receptor
  - G-coupled
  - $\alpha$  type – generally excitatory (contraction) with an exception of GIT
  - $\beta$  type – generally inhibitory (relaxation) with an exception of !!! heart !!!
- Adrenal medulla
  - Modified sympathetic ganglion
  - „Transmitters“ (stress hormones) secreted into the blood stream
    - Norepinephrine
    - Epinephrine

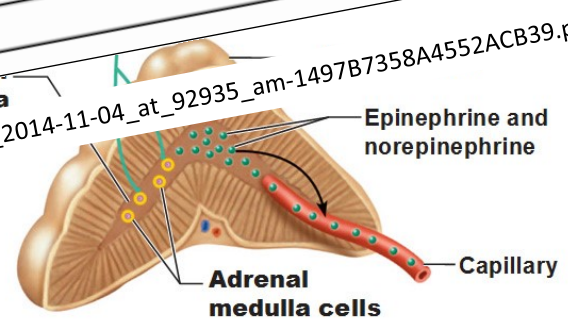




# Norepinephrine

- Postganglionic sympathetic fibers
- Adrenergic receptor
  - G-coupled
  - $\alpha$  type – generally excitatory (contraction)
  - $\beta$  type – generally inhibitory (relaxation)
- Adrenal medulla
  - Modified sympathetic efferent fibers
  - Transmits NE

Receptor	G protein and effectors	Agonists	Tissue	Responses
Alpha <sub>1</sub>	Gq ↑ phospholipase C, IP3 and DAG, intracellular Ca <sup>2+</sup>	Epi ≥ NE >> Iso Phenylephrine	Vascular, GU smooth muscle Liver Intestinal smooth muscle Heart	Contraction Glycogenolysis; gluconeogenesis Hyperpolarization and relaxation Increased contractile force; arrhythmias
Alpha <sub>2</sub>	Gi, Go ↓ adenylyl cyclase ↓ cAMP	Epi ≥ NE >> Iso Clonidine	Pancreatic islets (β cells) Platelets Nerve terminals Vascular smooth muscle	Decreased insulin secretion Aggregation Decreased release of NE Contraction
Beta <sub>1</sub>	Gs ↑ adenylyl cyclase, cAMP, L-type Ca <sup>2+</sup> channel opening	Iso > Epi = NE Dobutamine	Juxtaglomerular cells Heart	Increased renin secretion Increased force and rate of contraction and AV nodal conduction velocity
Beta <sub>2</sub>	Gs ↑ adenylyl cyclase	Iso > Epi >> NE Terbutamine	Smooth muscle (vascular, bronchial, GI, GU) Skeletal muscle	Relaxation Glycogenolysis; uptake of K <sup>+</sup>
Beta <sub>3</sub>	Gs ↑ adenylyl cyclase	Iso = NE > Epi	Adipose tissue	Lipolysis



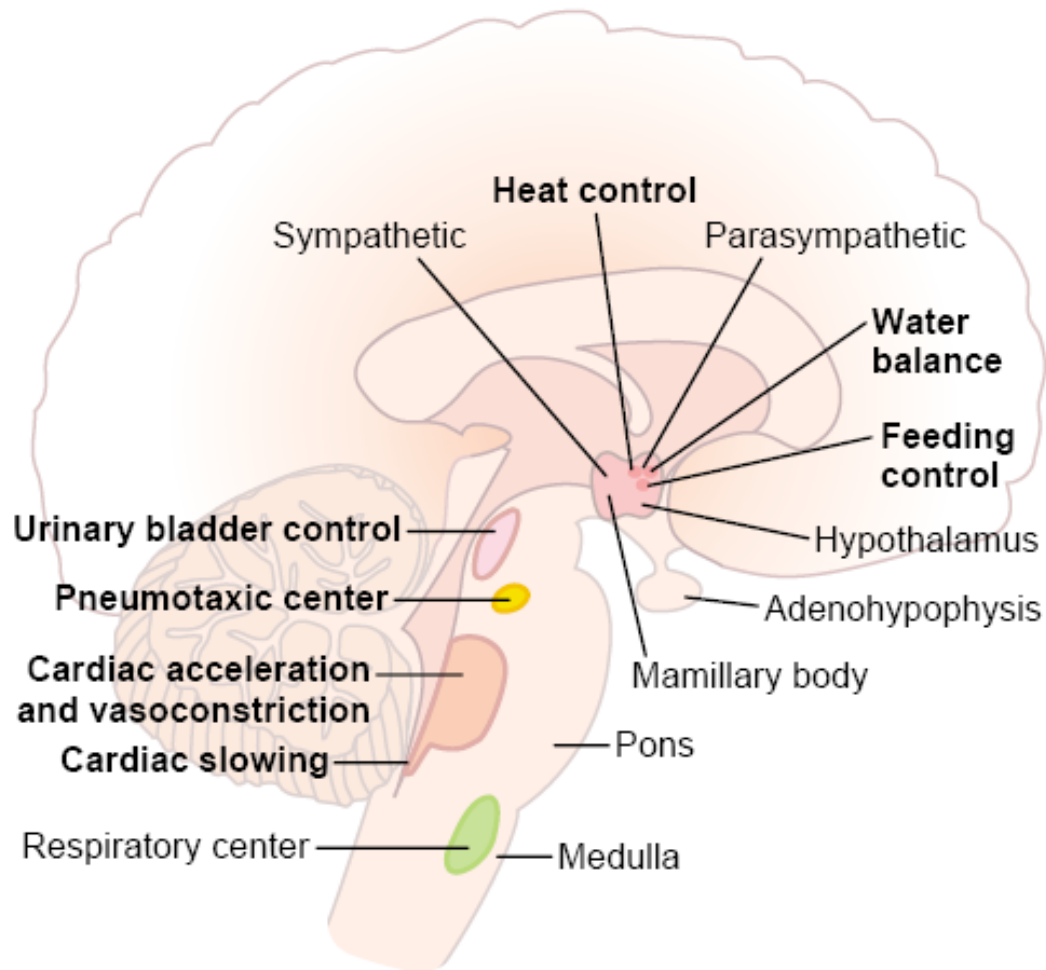
[https://s3.amazonaws.com/classconnection/769/flashcards/5928769/png/screen\\_shot\\_2014-11-04\\_at\\_92935\\_am-1497B7358A4552ACB39.png](https://s3.amazonaws.com/classconnection/769/flashcards/5928769/png/screen_shot_2014-11-04_at_92935_am-1497B7358A4552ACB39.png)

contraction, smooth muscle relaxation, glycogenolysis

https://en.wikipedia.org/wiki/Adrenergic\_receptor

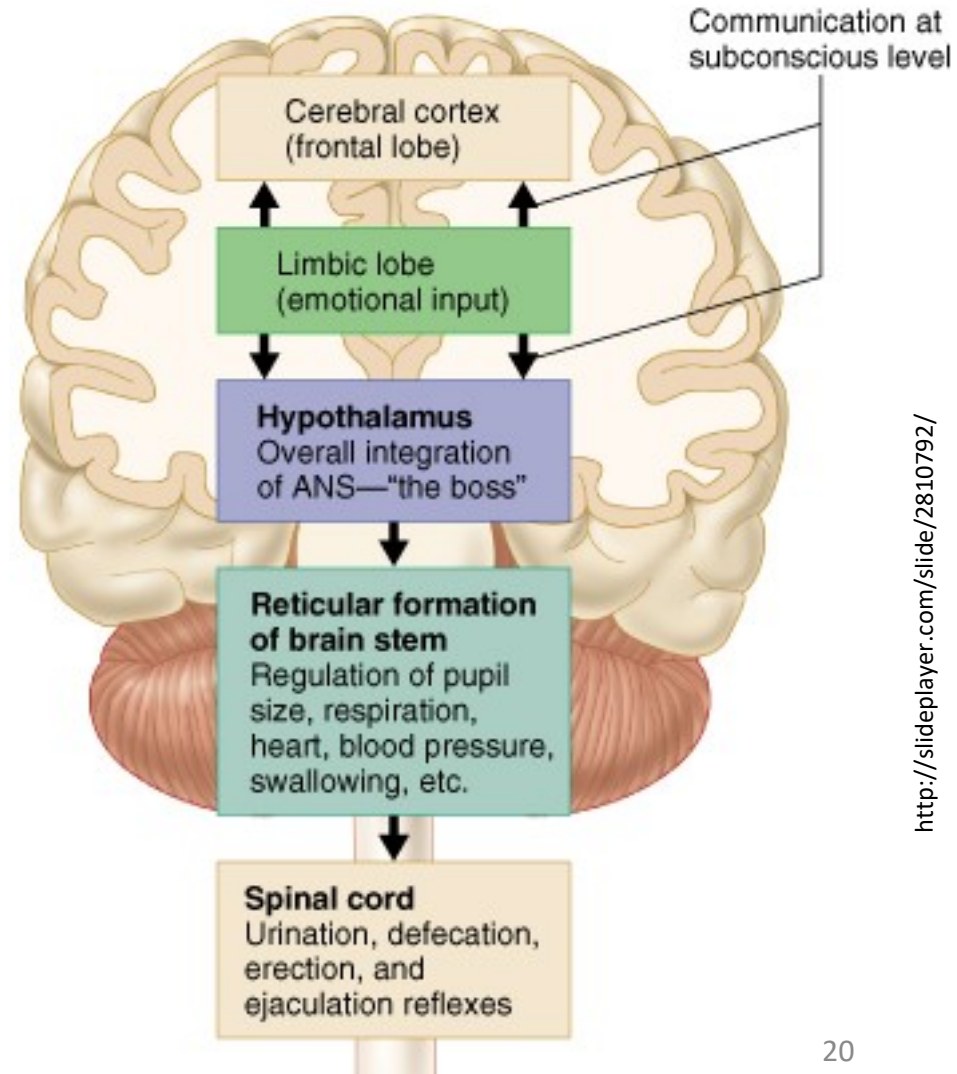
http://antranik.org/wp-content/uploads/2014/11/the-adrenal-medulla-of-the-adrenal-gland-epinephrine-norepinephrine-splanchnic-nerves.jpg

# Brain centers controlling autonomic nervous system



# Brain centers controlling autonomic nervous system

- Most of the regulations are unconscious and originate from the hypothalamus
- Strong emotional experiences or strong emotional memories can trigger autonomic response (usually sympathetic)



# Hypothalamus

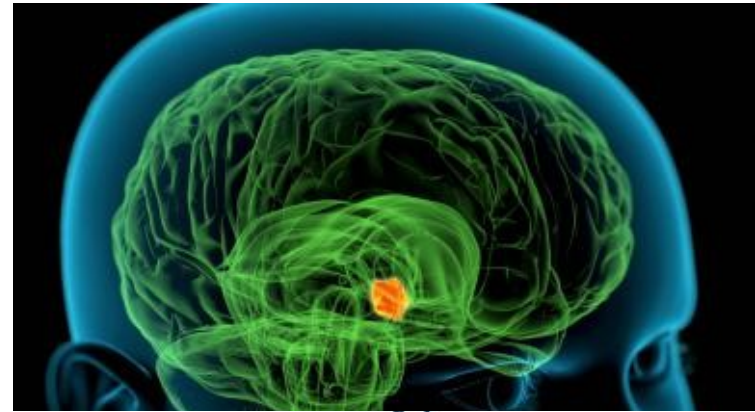
- Key center of autonomic regulations and coordination
- Integration of the information from inner and outer environment



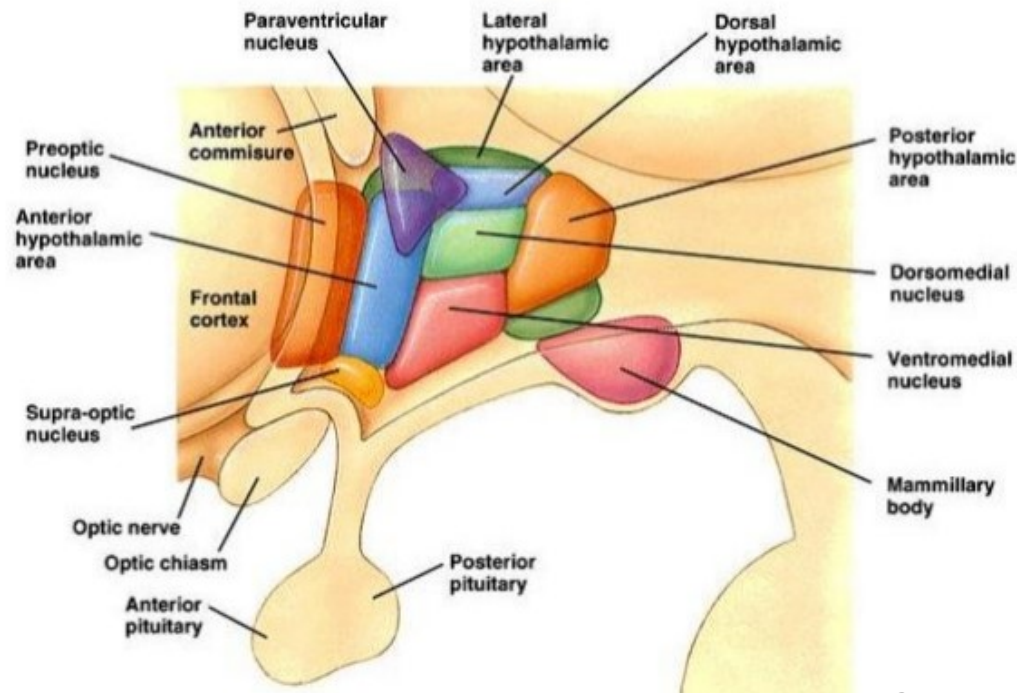
- Behavioral modulation
- Regulation of autonomic nervous system



- **Maintenance of homeostasis**



<http://biology.about.com/od/anatomy/p/Hypothalamus.htm>



# Hypothalamus

- Key center of autonomic regulations and coordination

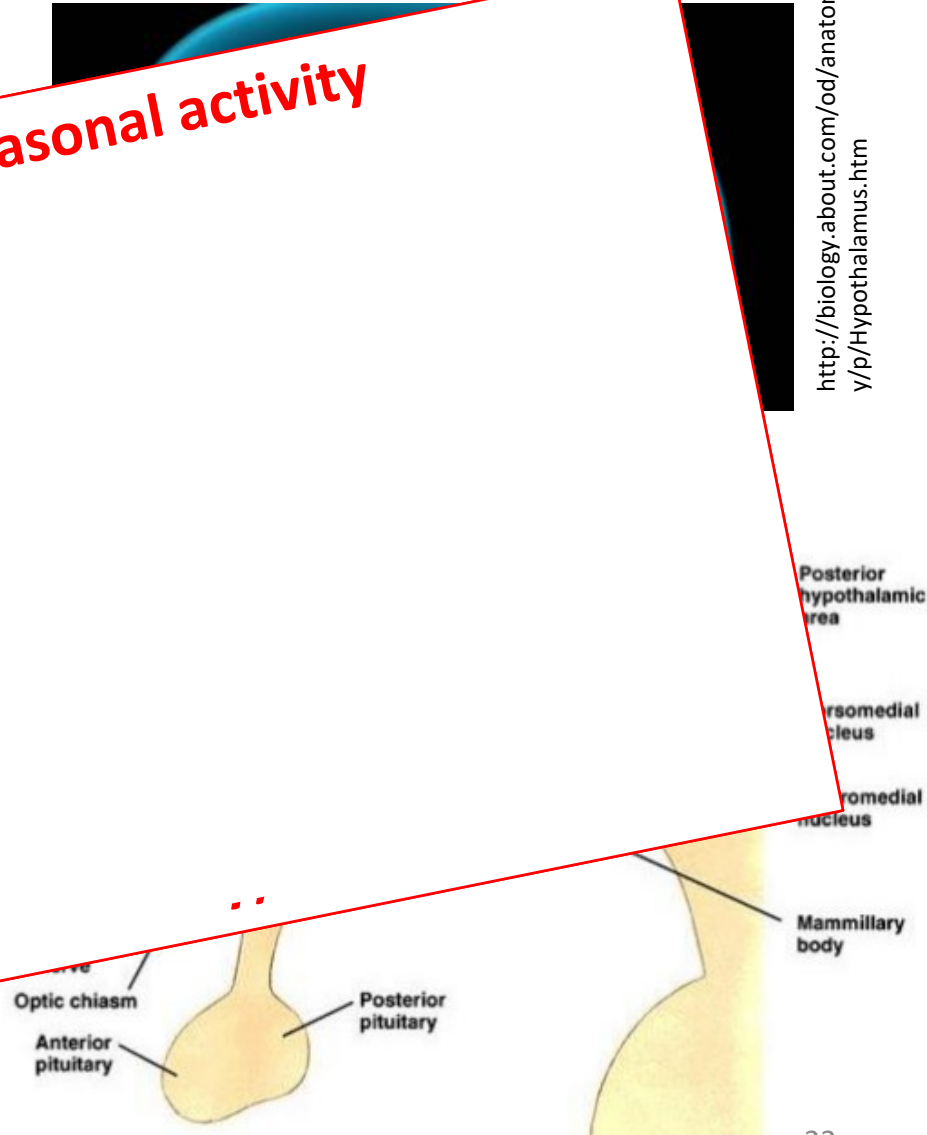
✓ **Biological clock – circadian /seasonal activity**

- Interacts with the pineal gland

- e

- Be
- Reg
- ner

- **Main**



<http://biology.about.com/od/anatomy/p/Hypothalamus.htm>

# Hypothalamus

- Key center of autonomic regulations and coordination

- Interacts with the

✓ **Biological clock – circadian /seasonal activity**

✓ **Autonomic nervous system regulation**

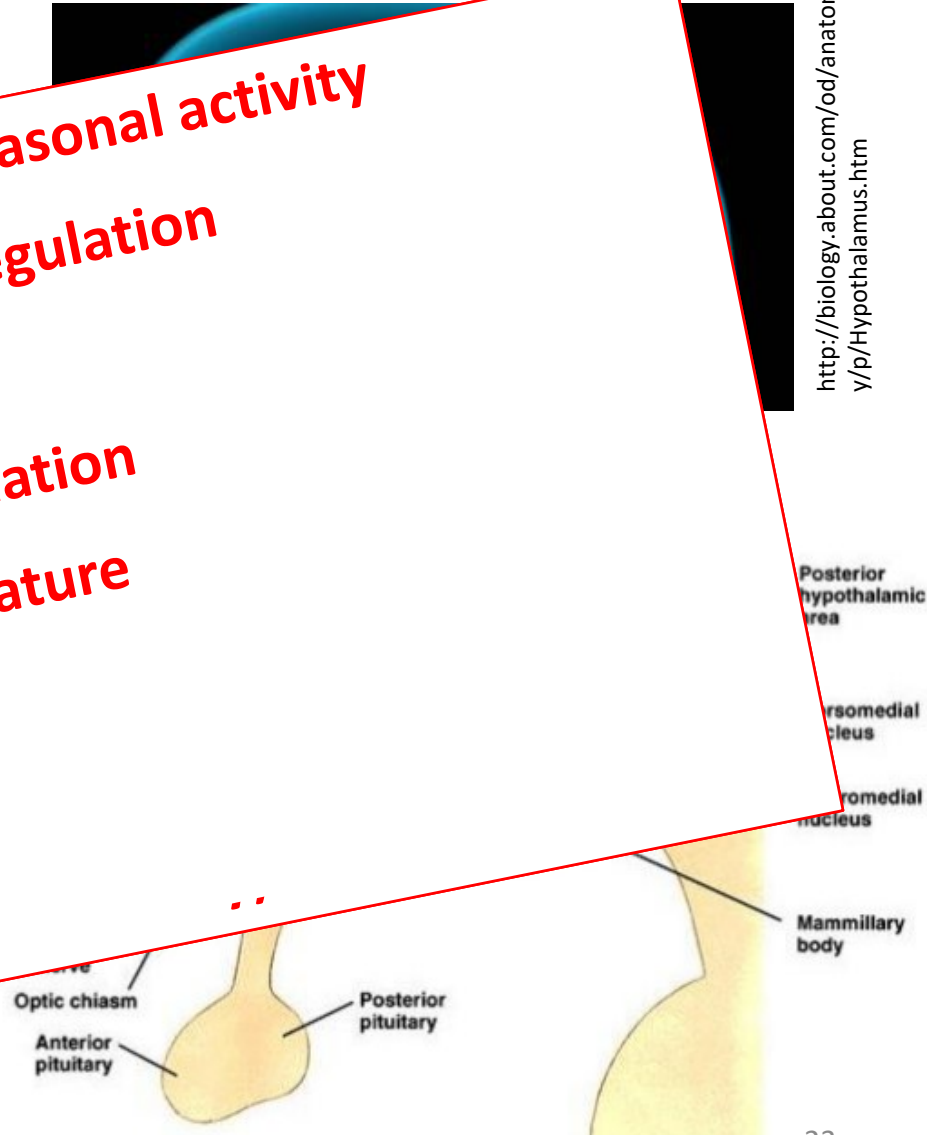
✓ **Endocrine system regulation**

✓ **Food and water intake regulation**

✓ **Regulation of body temperature**

- Behavior
- Regulation of nervous system

- **Main**



<http://biology.about.com/od/anatomy/p/Hypothalamus.htm>

# Hypothalamus

- Key center of autonomic regulations and coordination

- Interacts with

✓ **Biological clock – circadian /seasonal activity**

✓ **Autonomic nervous system regulation**

✓ **Endocrine system regulation**

✓ **Food and water intake regulation**

✓ **Regulation of body temperature**

✓ **„Immediate“ behavior regulation (e.g. when hunger)**

✓ **„Long-term“ behavior regulation (e.g. maternal beh.)**

✓ **Instinctive behavior regulation (e.g. sexuality)**

- Behavior

- Regulation

- Nervous

- Main



<http://biology.about.com/od/anatomy/p/Hypothalamus.htm>



# Hypothalamus

## Paraventricular and supraoptic nuclei

- regulate water balance
- produce ADH and oxytocin
- destruction causes diabetes insipidus
- paraventricular nucleus projects to autonomic nuclei of brainstem and spinal cord

## Anterior nucleus

- thermal regulation (dissipation of heat)
- stimulates parasympathetic NS
- destruction results in hyperthermia

## Preoptic area

- contains sexually dimorphic nucleus
- regulates release of gonadotropic hormones

## Suprachiasmatic nucleus

- receives input from retina
- controls circadian rhythms

## Dorsomedial nucleus

- stimulation results in obesity and savage behavior

## Posterior nucleus

- thermal regulation (conservation of heat)
- destruction results in inability to thermoregulate
- stimulates the sympathetic NS

## Lateral nucleus

- stimulation induces eating
- destruction results in starvation

## Mammillary body

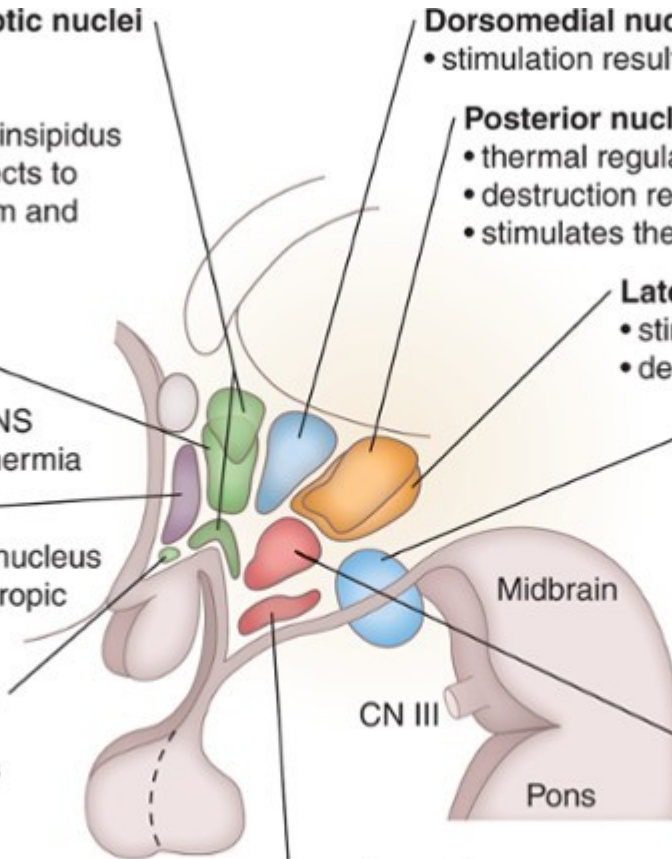
- receives input from hippocampal formation via fornix
- projects to anterior nucleus of thalamus
- contains hemorrhagic lesions in Wernicke's encephalopathy

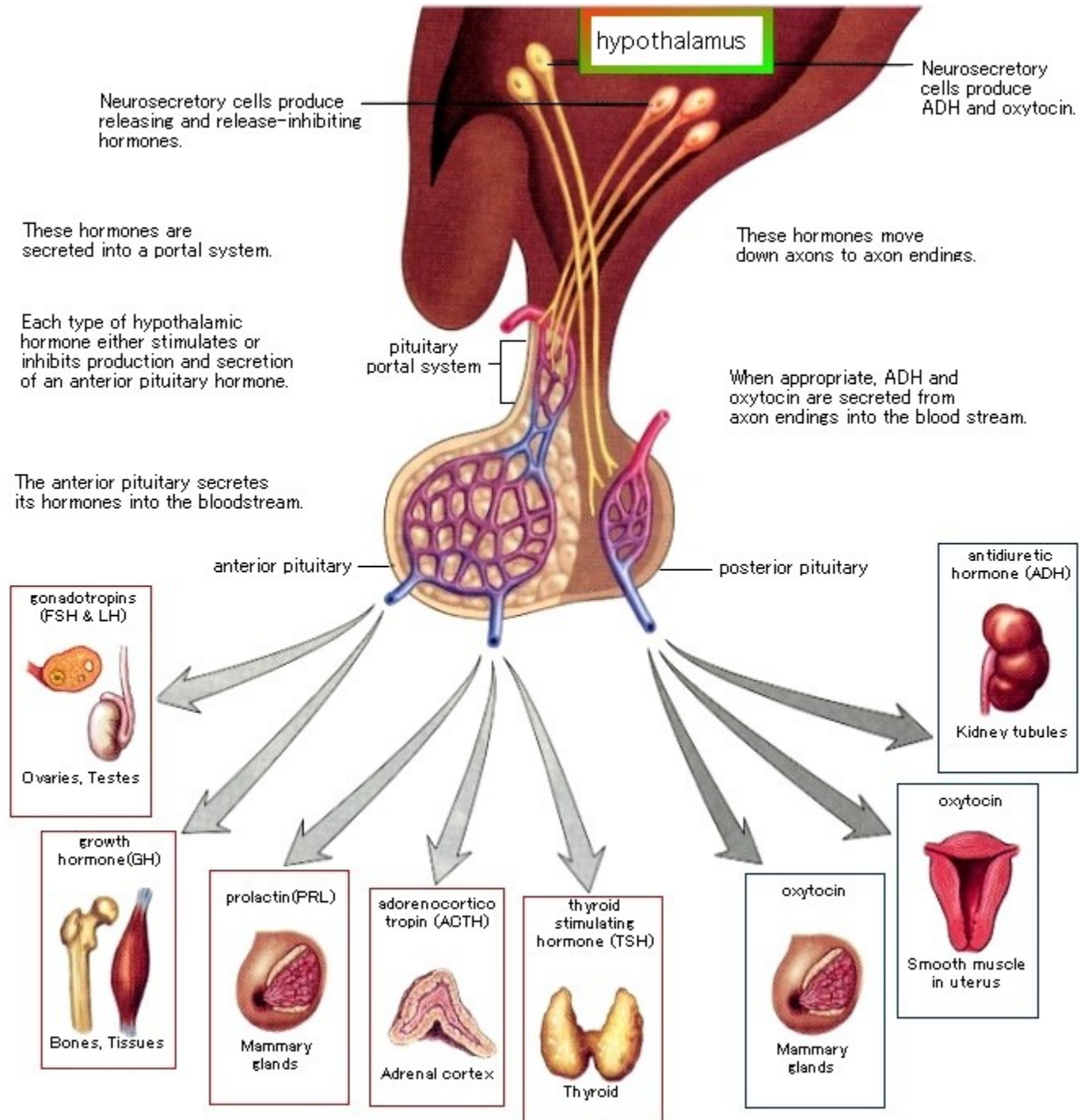
## Ventromedial nucleus

- satiety center
- destruction results in obesity and savage behavior

## Arcuate nucleus

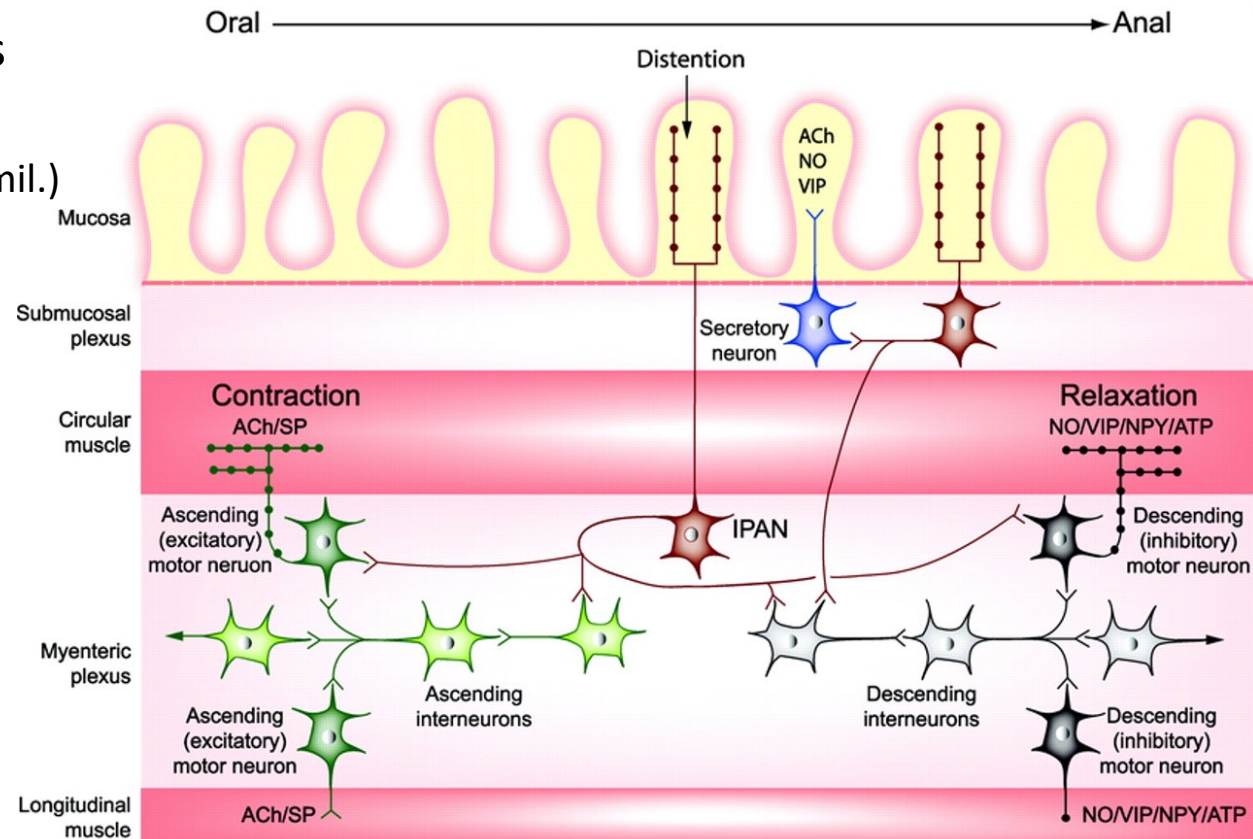
- produces hypothalamic releasing factors
- contains DOPA-ergic neurons that inhibit prolactin release





# Enteric nervous system

- aprox. 500 mil. neurons
  - (brain aprox. 100 bil.)
  - (spinal cord aprox. 100 mil.)
- Plexus myentericus
- Plexus submucosus
- Sensory component
- Executive component
- Interneurons
- High level of autonomy
  - „brain in the gut“



Furness JB (2006) The Enteric Nervous System. Blackwell, Oxford, pp 274

# Enteric nervous system

- Autonomy
  - Control of motility
  - Control of secretion
  - Control of blood flow

## The Brain in Your Gut

The gut's brain, known as the enteric nervous system, is located in sheaths of tissue lining the esophagus, stomach, small intestine and colon.

SMALL INTESTINE CROSS SECTION

### Submucosal plexus

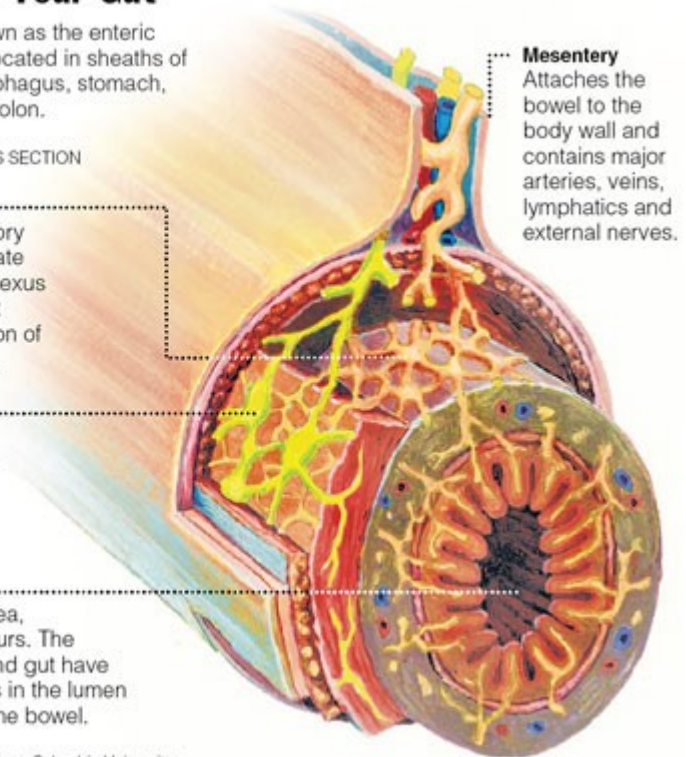
Layer contains sensory cells that communicate with the myenteric plexus and motor fibers that stimulate the secretion of fluids into the lumen.

### Myenteric plexus

Layer contains the neurons responsible for regulating the enzyme output of adjacent organs.

**Lumen** No nerves actually enter this area, where digestion occurs. The brains in the head and gut have to monitor conditions in the lumen across the lining of the bowel.

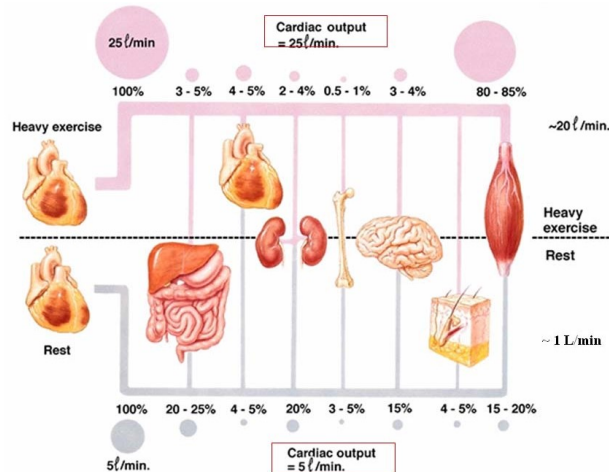
Source: Dr. Michael D. Gershon, Columbia University



<https://kin450-neurophysiology.wikispaces.com/file/view/gut.jpg/187924395/gut.jpg>

# Enteric nervous system

- Autonomy
  - Control of motility
  - Control of secretion
  - Control of blood flow
- Autonomic nervous system
  - Whole GIT regulation
  - Coordination of all organ systems activities



## The Brain in Your Gut

The gut's brain, known as the enteric nervous system, is located in sheaths of tissue lining the esophagus, stomach, small intestine and colon.

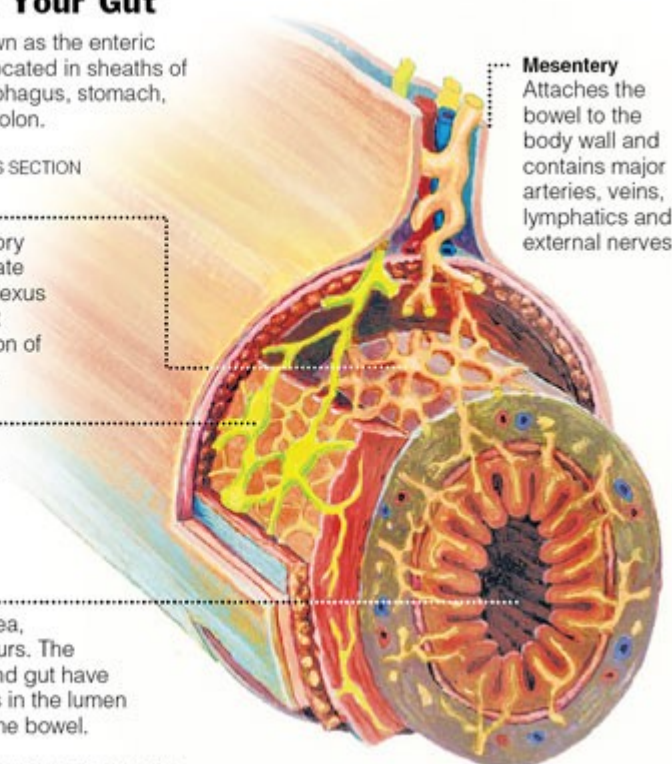
SMALL INTESTINE CROSS SECTION

**Submucosal plexus** ..... Layer contains sensory cells that communicate with the myenteric plexus and motor fibers that stimulate the secretion of fluids into the lumen.

**Myenteric plexus** ..... Layer contains the neurons responsible for regulating the enzyme output of adjacent organs.

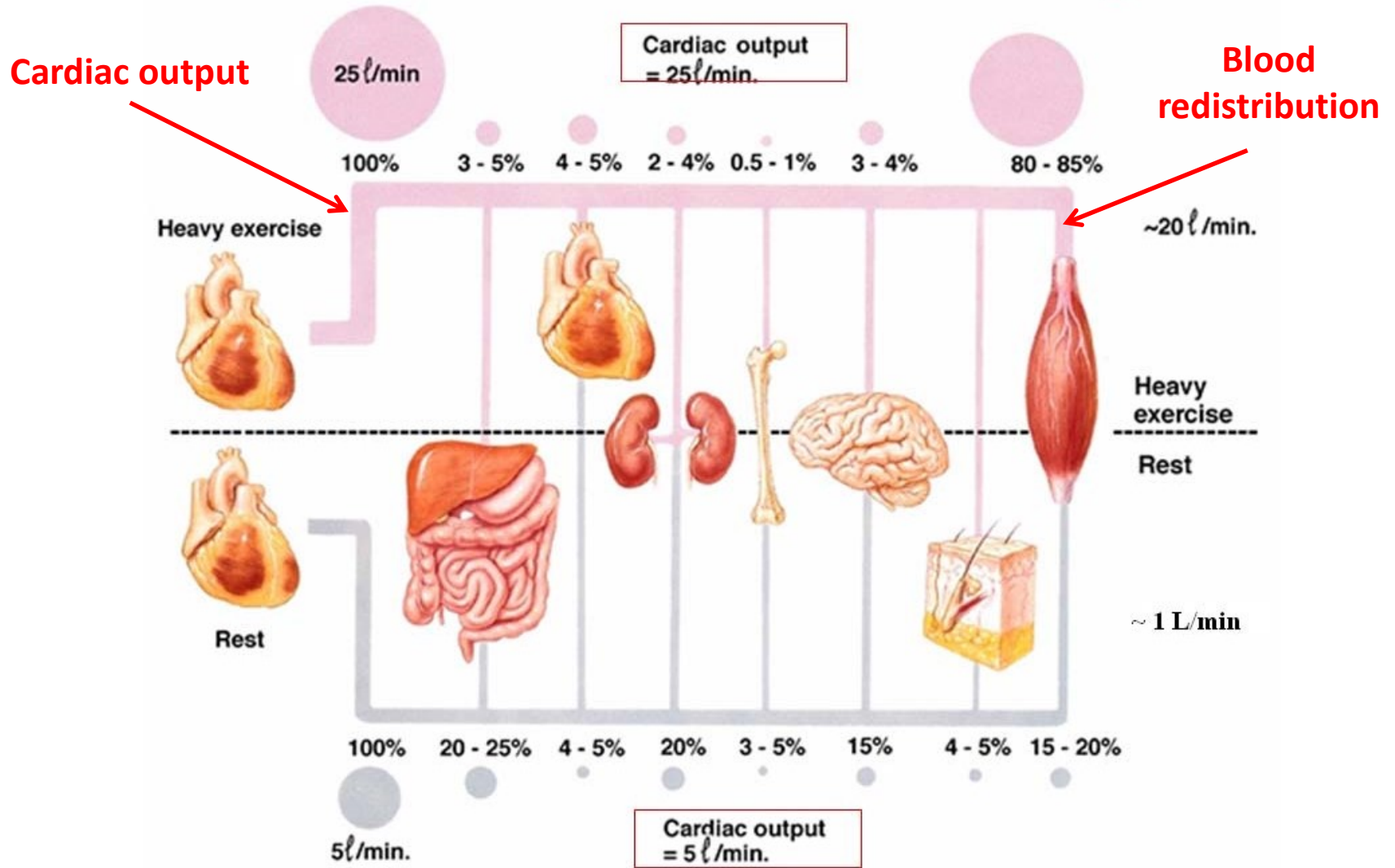
**Lumen** No nerves ..... actually enter this area, where digestion occurs. The brains in the head and gut have to monitor conditions in the lumen across the lining of the bowel.

Source: Dr. Michael D. Gershon, Columbia University



<https://kin450-neurophysiology.wikispaces.com/file/view/gut.jpg/187924395/gut.jpg>

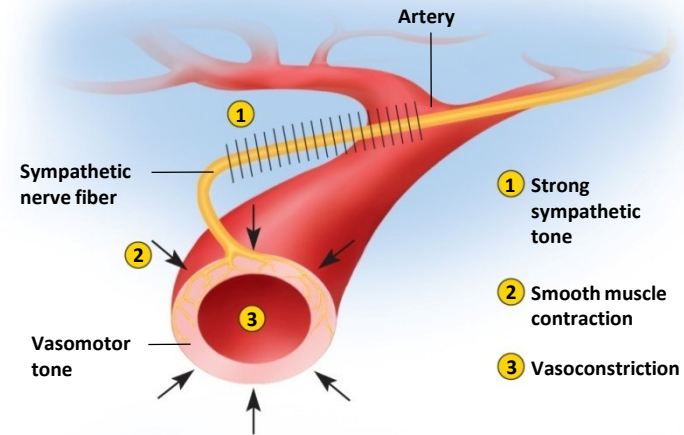
# ANS and cardiovascular system



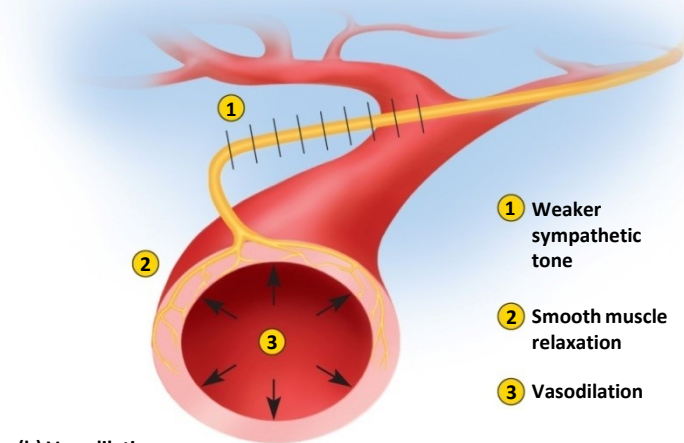
# ANS and cardiovascular system

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- Local regulatory mechanisms play major role in vasoreactivity
- Sympathetic regulation
  - Skin vessels contraction
  - Muscle vessels dilatation
- Parasympathetic regulation
  - GIT vessels dilation



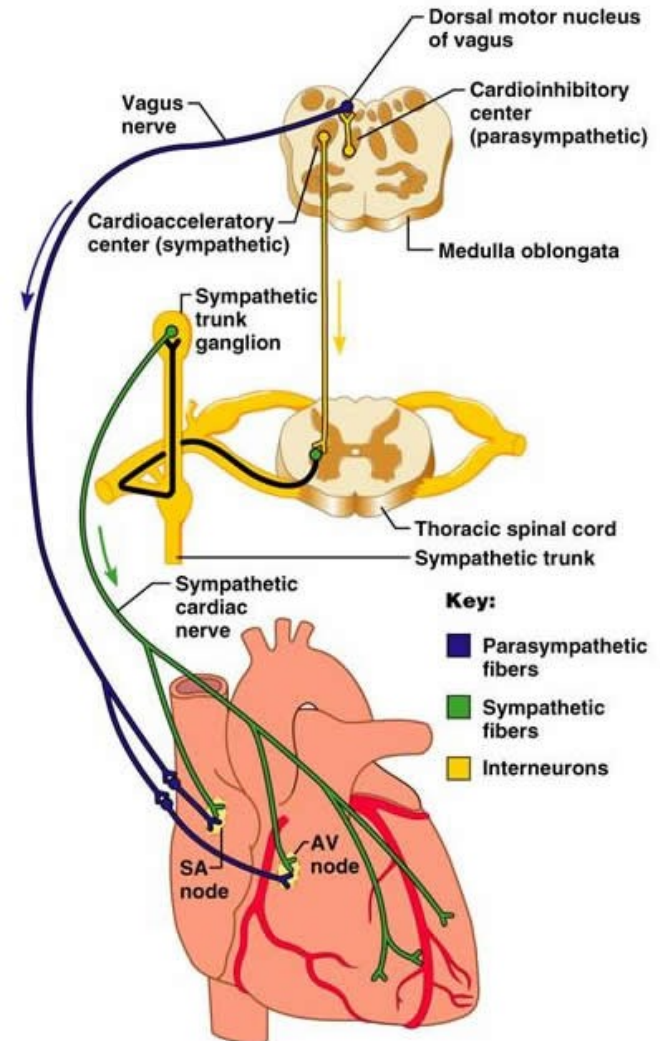
(a) Vasoconstriction



(b) Vasodilation

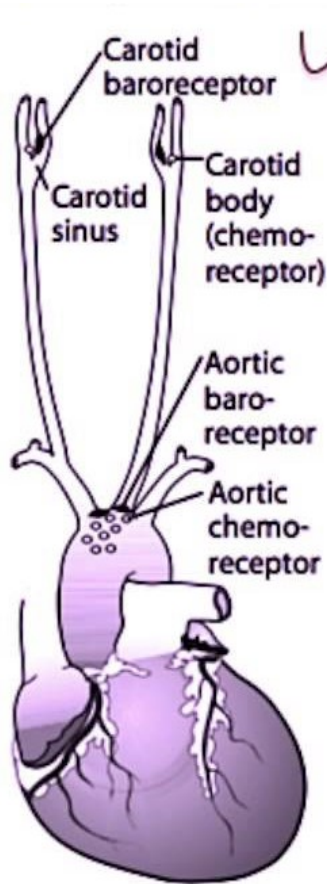
# ANS and cardiovascular system

- Sympathetic regulation
  - Heart rate increase
  - Contractility increase
  - Conductivity increase
- Parasympathetic regulation
  - Heart rate decrease
  - Contractility decrease
  - Conductivity decrease





# Baroreceptors a chemoreceptors



## Receptors:

1. Aortic arch transmits via vagus nerve to medulla (responds **only** to  $\uparrow$  BP)
2. Carotid sinus transmits via glossopharyngeal nerve to solitary nucleus of medulla (responds to  $\downarrow$  and  $\uparrow$  in BP).

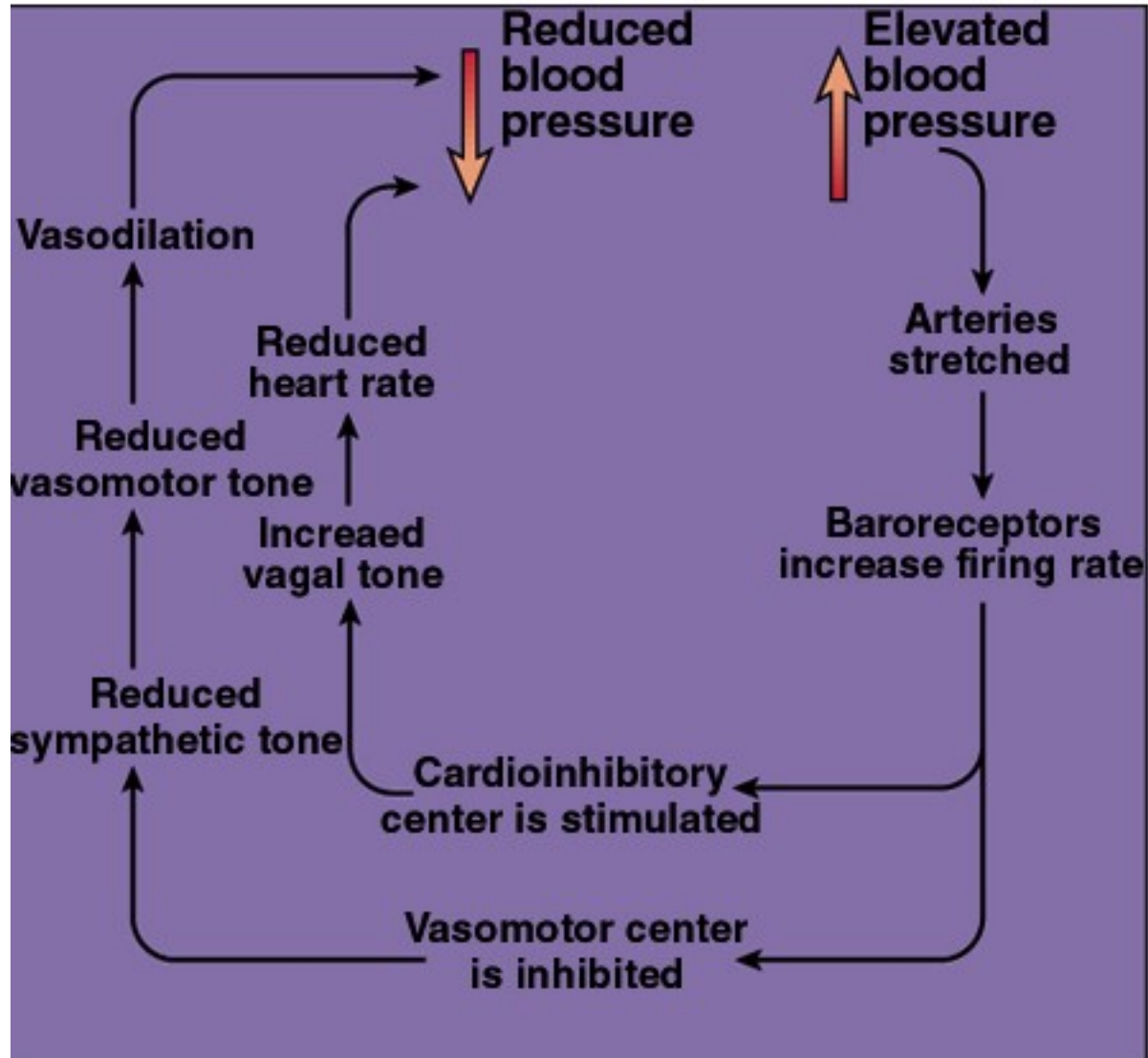
## Baroreceptors:

1. Hypotension —  $\downarrow$  arterial pressure  $\rightarrow$   $\downarrow$  stretch  $\rightarrow$   $\downarrow$  afferent baroreceptor firing  $\rightarrow$   $\uparrow$  efferent sympathetic firing and  $\downarrow$  efferent parasympathetic stimulation  $\rightarrow$  vasoconstriction,  $\uparrow$  HR,  $\uparrow$  contractility,  $\uparrow$  BP. Important in the response to severe hemorrhage.
2. Carotid massage —  $\uparrow$  pressure on carotid artery  $\rightarrow$   $\uparrow$  stretch  $\rightarrow$   $\uparrow$  afferent baroreceptor firing  $\rightarrow$   $\downarrow$  HR.

## Chemoreceptors:

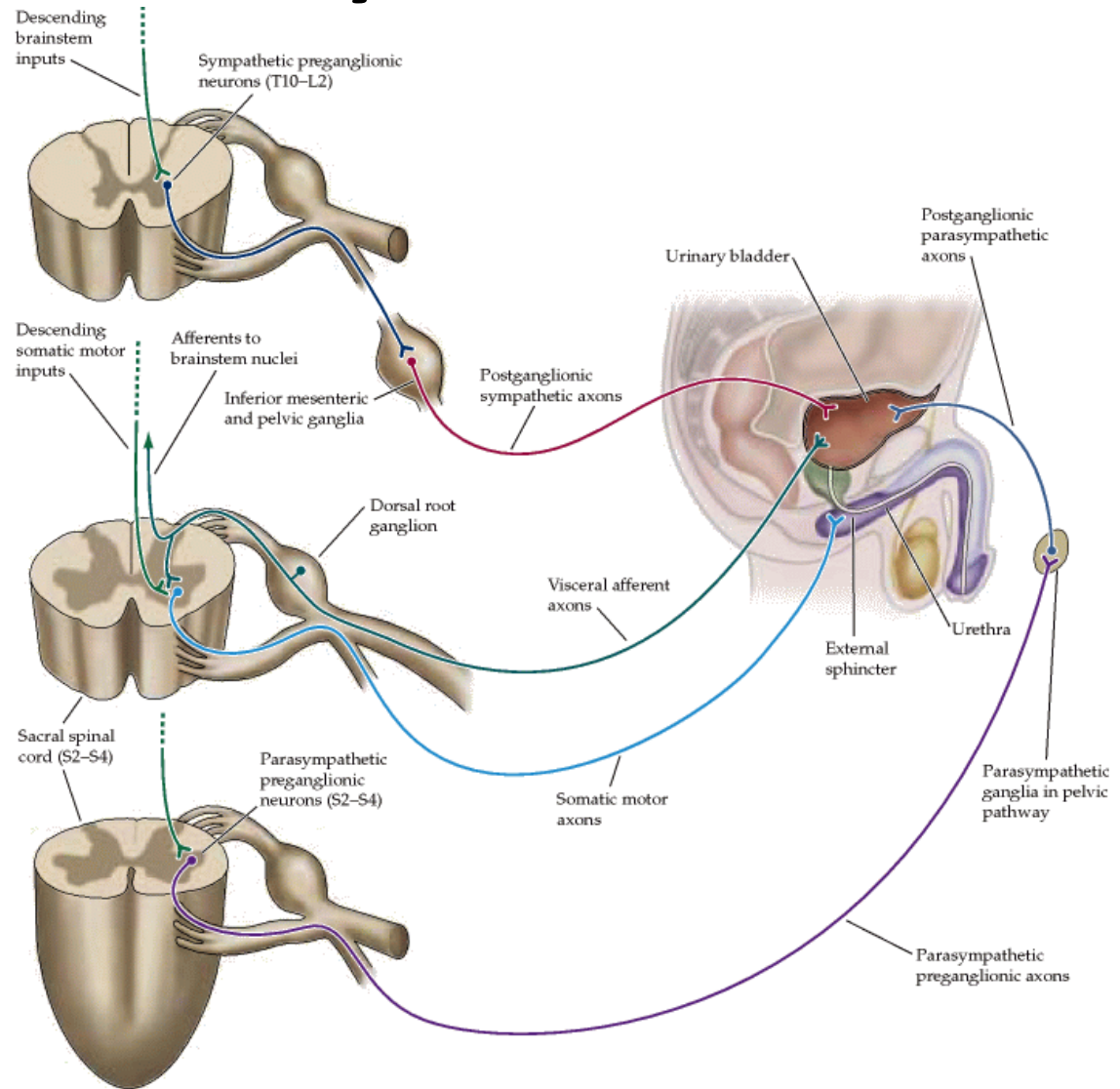
1. Peripheral — carotid and aortic bodies respond to  $\downarrow$   $PO_2$  ( $< 60$  mmHg),  $\uparrow$   $PCO_2$ , and  $\downarrow$  pH of blood.
2. Central — respond to changes in pH and  $PCO_2$  of brain interstitial fluid, which in turn are influenced by arterial  $CO_2$ . Do not directly respond to  $PO_2$ . Responsible for Cushing reaction —  $\uparrow$  intracranial pressure constricts arterioles  $\rightarrow$  cerebral ischemia  $\rightarrow$  hypertension (sympathetic response)  $\rightarrow$  reflex bradycardia. Note: Cushing triad = hypertension, bradycardia, respiratory depression.

# Baroreflex



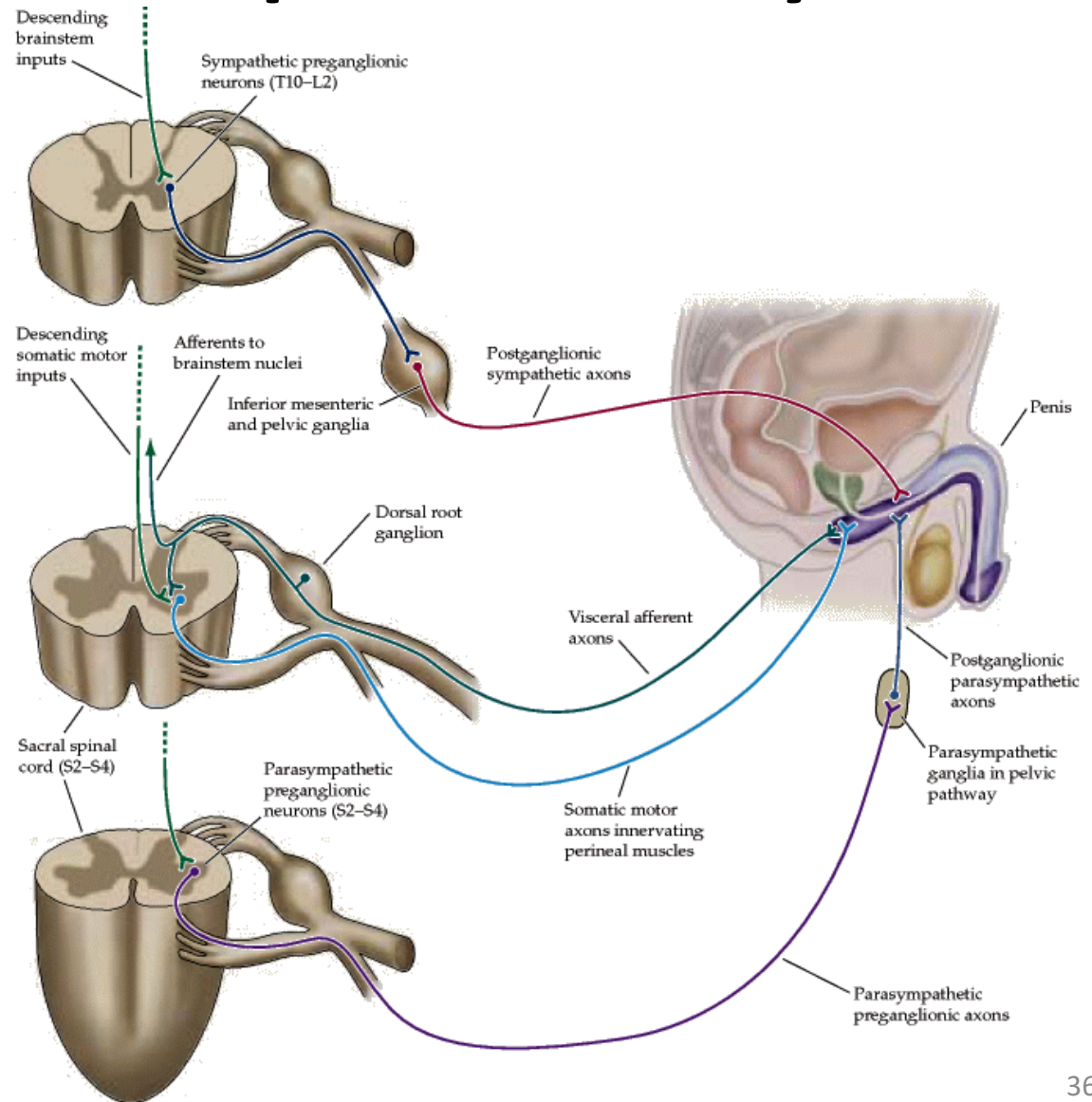
# ANS and urinary bladder

- Sympathetic regulation
  - Detrusor relaxation
  - Sphincter contraction
- Parasympathetic regulation
  - Detrusor contraction
  - Sphincter relaxation

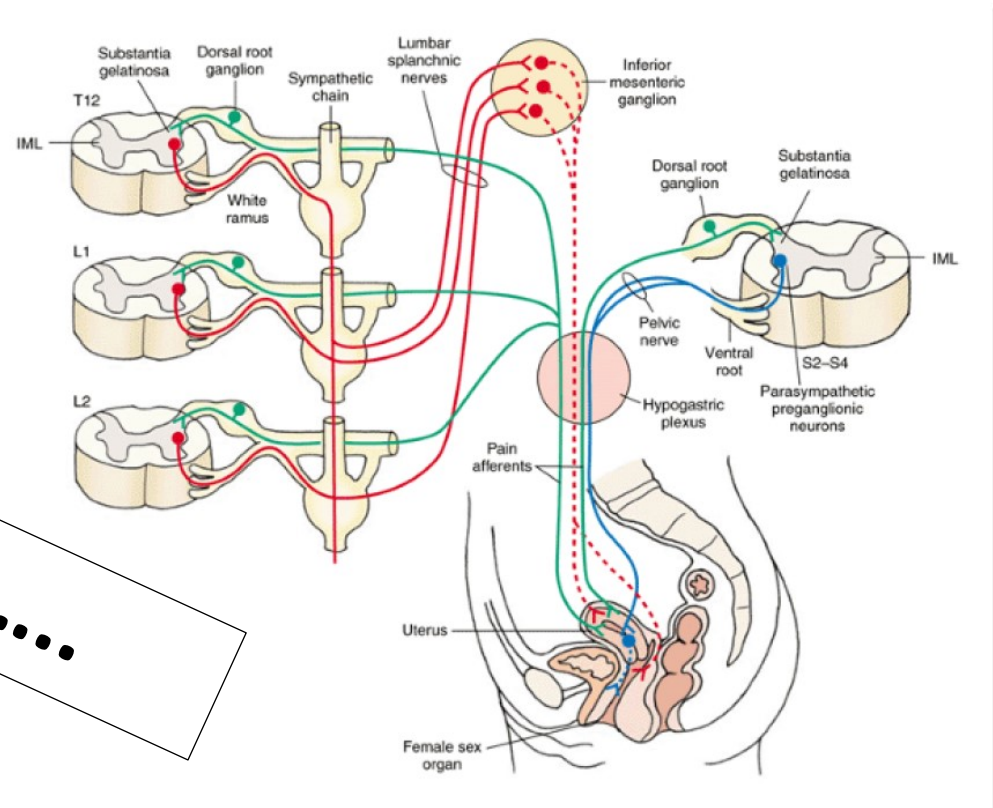


# ANS and male reproductive system

- Parasympathetic reg.
  - Erection
- Sympathetic reg.
  - Ejaculation



# ANS and female reproductive system



Very complicated.....

**Figure 22-10** Autonomic innervation of the female reproductive system (see text for details). Red = sympathetic nervous system, blue = parasympathetic nervous system. Solid lines = preganglionic fibers, dotted lines = postganglionic fibers. The green lines indicate pain afferents.