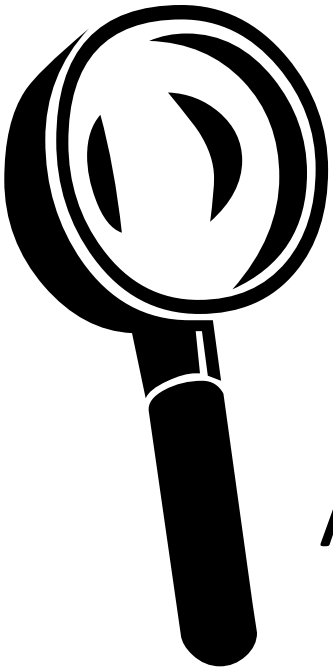


Institute for microbiology presents

TRACING THE CULPRIT



Part eight:

Acid fast and filamentous culprits

Survey of individual parts

Clinical characteristics of acid-fast bacteria

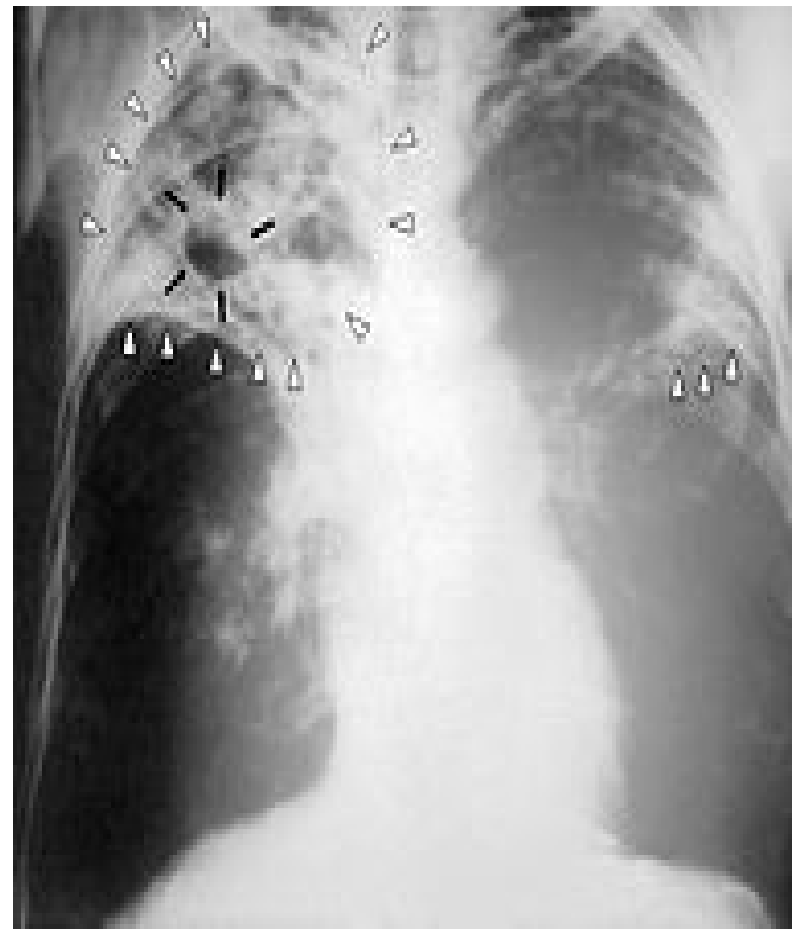
Special properties of acid fast-bacteria

Diagnostics of acid-fast bacteria

Clinical characteristics of acid-fast and filamentous bacteria

Story One

- **Johny** did know already for many years that he is **HIV positive**. He knew pretty well that he is more vulnerable than other people and that each infection can get him more quickly than other people.
- Nevertheless he was surprised that **he started to cough recently**. His doctors tried various variants, but after roentgen, PCR examination and culture examination came to conclusion that it is a **miliary (granular) form of tuberculosis**.



An anteroposterior X-ray of a patient diagnosed with advanced bilateral pulmonary tuberculosis. This AP X-ray of the chest reveals the presence of bilateral pulmonary infiltrate (white triangles), and „caving formation“ (black arrows) present in the right apical region. The diagnosis is far-advanced tuberculosis.

Source:

<https://commons.wikimedia.org/wiki/File:Tuberculosis-x-ray-1.jpg>

The culprit was...

- *Mycobacterium tuberculosis*, although TB may be caused by *Mycobacterium bovis*, too.
- Interesting for this microbe: it lives **inside cells**. This is also related with the fact that **antibody response is weak in tuberculosis** (so neither antigen nor antibodies are detected) and **cell immunity** is very important (in vaccination, too).
- As in HIV infection just cell immunity is damaged, TB is one of **opportunistic infections**.

Tuberculosis

- At the first contact with the infection is formed **primary complex**. It is a focus (usually localized in lungs) and corresponding regional lymph node.
- During the next infection **post-primary TB** is formed. It is worse. Usually a granulomatous formation is formed, later it subdues caseification („becoming cheese-like“) and then it is not enlarged anymore. Paradoxically, majority of damage in the organism is caused by the host organism reaction (late hypersensitivity – in the matter of fact, a specific type of an allergy)
- After years the original focus may **re-activate**, mostly in old age, at immunodeficiency, or ethanol abuse. Such person may be very dangerous for his/her environment.

More special facts about TB bacilli

- Their cell wall is highly hydrophobic, it contains mycolic acids. They nearly do not Gram stain, special staining methods are needed.
- It grows slowly, its generation period is long, so special media are needed
- They are very resistant to disinfectants. It is impossible to use „A“ class disinfectants against common bacteria, you need „T“ (against TB), eventually „M“ (against atypical mycobacteria)
- They are also resistant to antimicrobial drugs.

Story two

- Mr Hassan lived in **desert part of Sudan**, where wars and unrests were very common.
- Recently even friends that still did neither run away nor die started to dislike contacts with Mr. Hassan. **Mutilation of face** of Mr. Hassan was a clear mark, that Mr. Hassan suffers the disease still **too common in this part of world**.
- Good luck that Mr. Hassan met members of a **non-government organisation**, that were sure about diagnose. Using **dapsone** it was possible to help Mr. Hassan.

Causative agent is

- *Mycobacterium leprae*, a microbe even stranger than TB mycobacterium
- The causative agent was found in 1873 by the Norwegian doctor Gerhard Henrik Armauer Hansen, therefore *Mycobacterium leprae* is also known as Hansen's bacillus.
- Its generation period is much longer than in TB mycobacteria. In vitro culture was successful only recently and it has taken the whole year

Mycobacterium leprae

- The disease is **often asymptomatic** and is not very contagious. An exception is the cutaneous form with ulcers that is contagious. Sometimes a **destructive form** occurs, which attacks Schwann cells and macrophages in peripheral nerves. **It disfigures the face** and also other parts of the body
- **Basic treatment of leprosy is not expensive**, nevertheless in countries where leprosy is endemic it is still too much
- Therefore leprosy still requires help of **foundations, non-government and beneficent groups**

Leprosy

- Long incubation period – 2, 3, 7 ... yrs
- Tuberculoid leprosy
 - Depigmented spots on skin, swollen peripheral nerves
 - Active cellular immunity
 - Spontaneous consolidation
- Lepromatous leprosy
 - Insufficient cellular immunity
 - Confluent and swollen skin lesions, eyebrows fall out, nose is in depression, fingers are lost, people become blind

Story three

- Mr. Piranha was a furious aquarist. Last month he had a problem: he had to use his left hand only to do anything inside the fish tank, as he had an ulcer on his right hand.
- After examination, his case was closed as so named **fish tank granuloma**, common in aquarists. A similar disease in swimmers is called **swimming pool granuloma**.
- Causative agents are...

Atypical mycobacteria

- Besides *M. tuberculosis* and *M. leprae* there exist also plenty of **other mycobacteria**. Some of them,
e. g. *Mycobacterium marinum*, are so named **atypical mycobacteria**, sometimes causing wound infections and other problems.
- **Some mycobacteria are non-pathogenous** and they are normal part of human microflora, e. g. *M. smegmatis*.

Story four

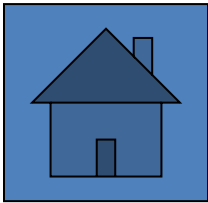
- Mrs. Fistula found several months ago some **small formations in her neck**.
- Recently one of them **opened to skin** and dense, yellow, unpleasantly smelling pus appeared in the orifice. So, Mrs. Fistula visited her doctor.
- The doctor sent the **pus for microbiological examination**. Examination has taken **very long time** – Mrs. Fistula was already angry that microbiologists are lazy and don't want release the results. Finally the culprit was found...

...it was actinomycosis

- So the culprit was *Actinomyces* sp.
- Actinomycetes are Gram-positive filamentous bacteria, related to mycobacteria, but unlike mycobacteria they are usually not acid fast. The filaments are branching in acute angles
- Actinomycetes are commonly found in oral cavity of healthy persons. From here they might commonly get to soft tissues of neck, face or thorax. They are microaerophilic, but their need for oxygen is often so low that they are commonly considered to be anaerobic
- Similar to actinomycetes are nocardiae, but they are strictly aerobic and less or more acid fast. Otherwise they are similar in many ways, they are also branched
- Another related genus is *Streptomyces* (→ streptomycin)

A note to taxonomy

- All bacteria of this topic belong to the same order – *Actinomycetales*.
- On the other hand, this order also includes some bacteria mentioned in topics P01 (*Micrococcus, Kocuria*), P03 (*Corynebacterium, Arcanobacterium, Dermatophilus, Rhodococcus, Turicella*) and P07 (*Propionibacterium*)
- Other important bacteria in this order are also:
 - ***Bifidobacterium*** – an important part of intestinal microflora; they are anaerobic
 - ***Gardnerella*** – gram-variable pleomorph rods, participating in vaginal microflora, but also important in bacterial vaginosis (more in P13 topic)
 - ***Mobilluncus*** – stains gram-negative, but its cell wall is of gram-positive type; it is another bacterium participating on bacterial vaginosis

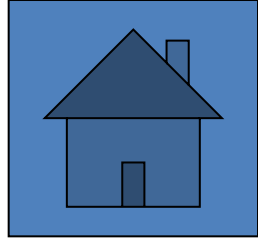


Special properties of acid-fast bacteria

Acidoresistance + alkaliresistance

- Acids and alkali act only to hydrophilic components, communication to water environment. In mycobacteria this is not fulfilled.
- So acids and alkali have weak effect only to them.
- Acids are also not able to decolorize them, when somehow it was possible to stain them.
- Majority of dyes is hydrophilic, too, and so mycobacteria stain poorly, usually it is necessary to stain them at hot temperature, to stain them at all.
- *Nocardia* and *Actinomycetes*, unlike mycobacteria, may be Gram stained, as they are acid fast only partially or not at all. The problem is that sometimes they do not stain very well (there exist not properly stained spots).

Consequences for clinical doctors



- Clinical doctor, sending sample (sputum, urine, pus or anything) „for bacteriological culture“, cannot hope in getting reference of eventual TB infection.
- To get info about TB, it is necessary to send **sample separately and to mark it so that it should be examined for TB (TB-culture or TB-PCR)**. If so, the laboratory can perform the needed procedures.
- Similarly, if we have suspicion for actinomycosis or nocardiosis, it is also necessary to write it on the request form

Diagnosics of acid- fast bacteria

How to search for culprits

- **Microscopy:** We use Ziehl-Neelsen stain and fluorescence stain.
- **Culture:** We use special media, and before the culture the specimen should be **treated by a hydroxide**. The aim is to **kill other bacteria**, that would be more successful as they grow more quickly. Alkaliresistant mycobacteria survive that easily.
- **Automatic culture:** Various types of culture automats are used: they are able to detect culture positiveness much sooner than classic culture.
- **Biochemical differentiation** is possible in specialized laboratories.
- **Animal experiment:** guinea pig is used sometimes.
- **PCR diagnostics** is more and more important.

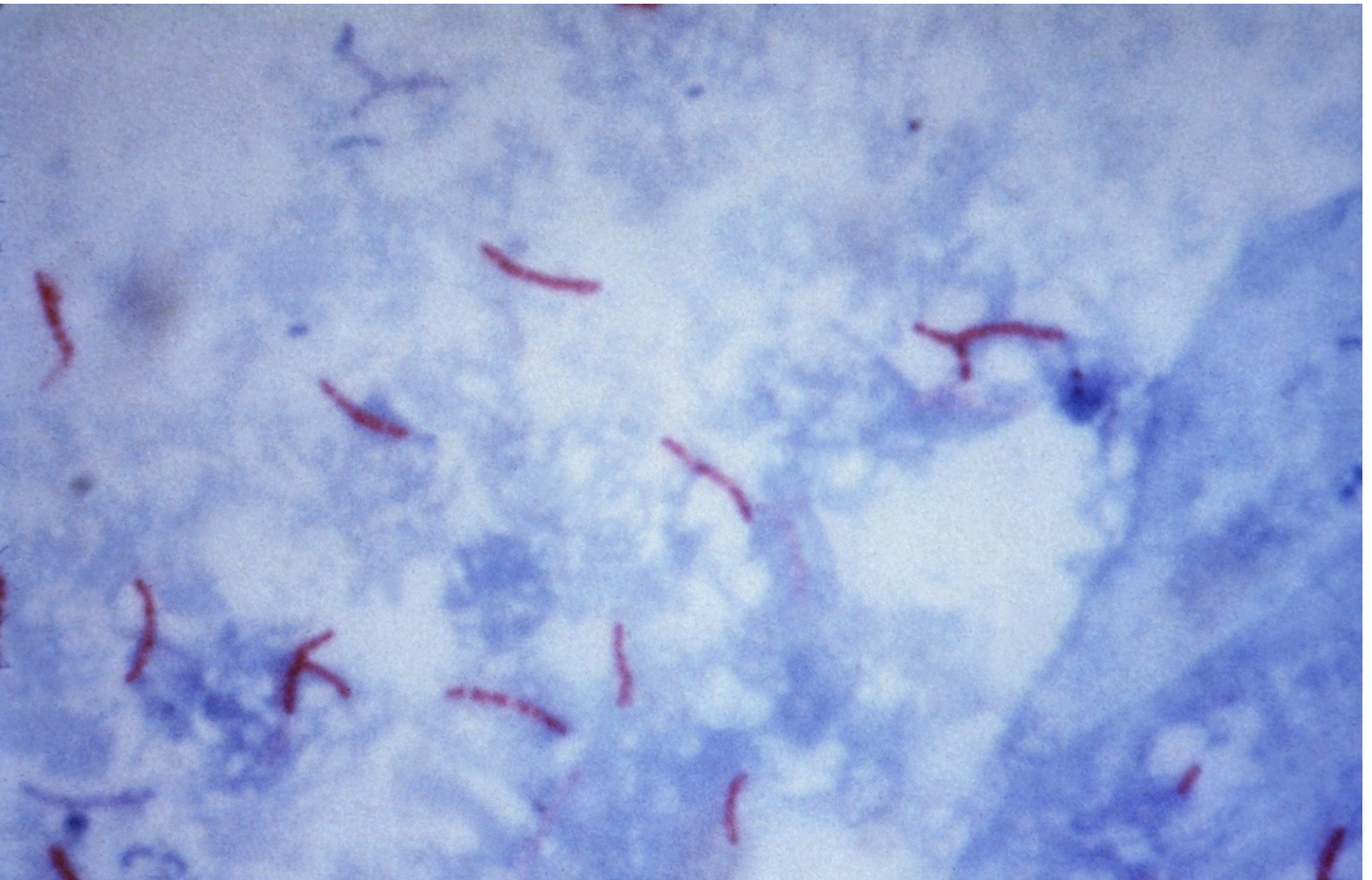
Mycobacterium tuberculosis



Ziehl-Neelsen staining

- **In step 1** we stain by **carbolfuchsin** (Gabbet) in hot until steam rises. Without heating mycobacteria could not be stained, except use of more concentrated carbolfuchsin.
- **In step 2** we decolorize (approx. 15 s) by „acid alcohol“, what is mixture of alcohol with a mineral acid, most commonly HCl. After that we rinse the slide with water.
- **In step 3** we counterstain the background, so everything decolorized in Step 2. We counterstain by **methylene blue**. approx. 30 s (it would be also possible to use **malachite green**) and we rinse the slide with water, we dry it and we observe it with immersion objective.
- **Result:** **red acidoresistant rods** on **blue** or **green** background.

Ziehl-Neelsen stain



Use for intestinal coccidia

It is interesting, that Ziehl-Neelsen staining may be used also for a group of parasites, so called intestinal coccidia (cryptosporidia and cyclospores)

Culture of mycobacteria

- Hydroxide should be used before culture.
- We use liquid Šula or Banić media and egg Ogawa or Löwenstein-Jenssen media. Egg media are solid because of egg white coagulation, they do not contain agar.
- Even solid media are in test tube and closed firmly. This is not only because personnel would be endangered, but also as media would dry.
- Results are read after 1 (check for contamination), 3, 6 and for sure after 9 weeks of culture. (Positive results are mostly found after 6 weeks of culture.)

To liquid Šula medium

- Even positive test tube is clear by first view, as the growth of mycobacteria is visible only at the bottom („*blue mess*“, as student J. H. called it 😊)



Tests of antituberculous susceptibility (not antibiotic!)

- Antituberculous are strange chemicals, different from antibiotics (with exceptions).
- Always we combine 3 or 4 of them: resistances appear quickly, and some have only intra- or only extracellular effect.
- We cannot use diffusion disk tests.
- Antituberculous are added directly into culture media, growth control is added.
- **Growth present → mycobacteria resistant.**
- **Growth absent → mycobacteria susceptible.**

Survey of commonly used antituberculotics

Antituberculotic	Abbrev.
Isoniazid	H, INH
Ethambutol	E
Rifampicin	R
Pyrazinamid	Z
Streptomycin	S, STM

Tuberculous liver of an experimental guinea pig

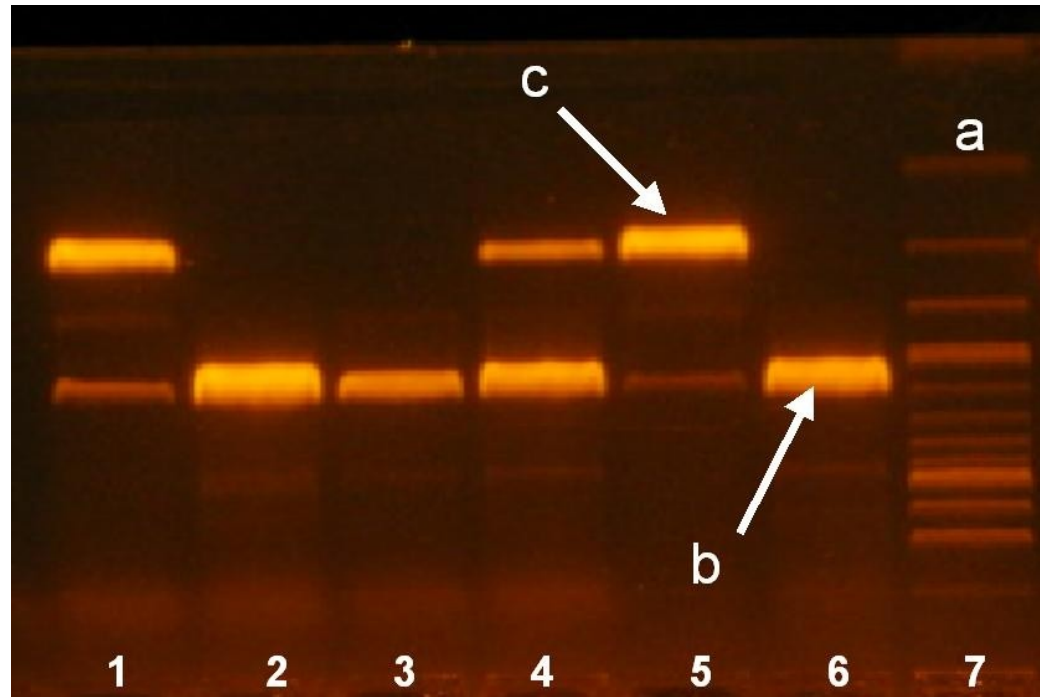
Courtesy of dr. Jana Svobodová and
dr. Lev Mezenský



PCR for TB

PCR is a method used in TB diagnostics more than diagnostics of other bacteria. The reason is that it makes the diagnostics much faster and the risk of environmental contamination is not so serious.

- **1, 2, 3, 4 = patients No. 1, 2, 3, 4**
- **5 = positive control 6 = negative control**
- **7 = ladder (to measure position of a band)**
- **upper row (c) = sample strip, lower row (b) = IC**



Indirect diagnostics of tuberculosis

- The most important type of immunity in TB is cell-mediated immunity.
- Formation of **antibodies** occurs, but measurable levels of antibodies are present only in some cases. So positive finding of anti-TB antibodies is a sign of infection, but negative finding has very low information value.
- **Cell-mediated immunity** may be tested
 - by **skin test (tuberculin test)**, especially after vaccination
 - by **INF-gamma release test** (reaction of patient cells to antigen exposition is tested).

Skin test (Mantoux)

- It is used for **checking of vaccination effect**, but also for proof of an eventual latent infection.
- The **complete living patient** is needed for the test, so it is not a laboratory test. Test is performed by dermatovenerology or other specialized departments. Recently they are replaced by next type tests
- The tests are **positive** in case of activation of cell-mediated immunity; in the matter of fact, it is a specific type of delayed allergy.

Test of interferon gamma release (Quantiferon[©] TB-GOLD)

- A modern way of checking the cell-mediated immunity is examination of **induced interferon gamma release**; in practice, the only really used test is Quantiferon TB-GOLD, that is why only this test would be mentioned later.
- It was proven that in TB, including latent TB, **tuberculosis antigens activate T-lymphocytes** and they produce big amounts of interferon gamma.
- Similarly those T-lymphocytes may be activated non-specifically by **mitogen**, that is why mitogen is used as a positive control.

Quantiferon – three test tubes

- We need non-clotted (heparinized) blood to three test tubes (we need lymphocytes!).
- First test-tube contains the **mitogen (MIT)** – here, in normal circumstances, **always** stimulation of IFN-gamma should be observed.
- Second test-tube contains **TB antigens (TB)** – here IFN-gamma formation stimulation should be observed **in TB infection only**.
- Third test-tube **does not contain anything (NIL)** – here we should (normally) **never** see IFN-gamma stimulation.

Quantiferon – results

- Interferon concentration is measured by ELISA
- As **positive** we consider a result, where T-lymphocytes react to stimulation of mycobacterium antigen, but in test-tube with „nothing“ the INF-gamma is not formed.
- As **negative** we consider a result, where T-lymphocytes react to mitogen stimulation, but they do not react to mycobacterial antigen stimulation.
- **Unsure result** is seen (1) if T-lymphocytes are not activated by the mitogen or (2) IFN-gamma is formed even in the test-tube where no stimulator was present.

Results – example*

*the result may be different in subtypes of the test

NIL [IU/ml]	TB minus NIL [IU/ml]	MIT minus NIL [IU/ml]	Final test interpretation	Presence of <i>M. tuberculosis</i> infection
≤ 8,0	< 0,35	≥ 0,5	Negative	Not likely
	≥ 0,35 and < 25% of NIL value	≥ 0,5		
	≥ 0,35 and ≥ 25% of NIL value	Any value	Positive	Likely
	< 0,35	< 0,5	Unsure	Cannot by determined
≥ 0,35 and < 25% of NIL value	< 0,5			
> 8,0	Any value	Any value		

Nocardia and *Actinomyces*

microscopy

- These bacteria are Gram staining, although they stain poorly and they are very pleomorphic.
- Both of them are typical by their **branched filaments**, staining **Gram-positive**, although some parts of the filament may stain Gram-negative or they might remain unstained at all.
- Sometimes, short (coccoid) forms may also occur in microscopy.

Nocardia and *Actinomyces* culture

- Although both genera are similar in many properties, one is different: *Nocardia* is strictly aerobic, while *Actinomyces* grows in anaerobic conditions.

Antibiotic susceptibility of *Actinomyces* and *Nocardia*

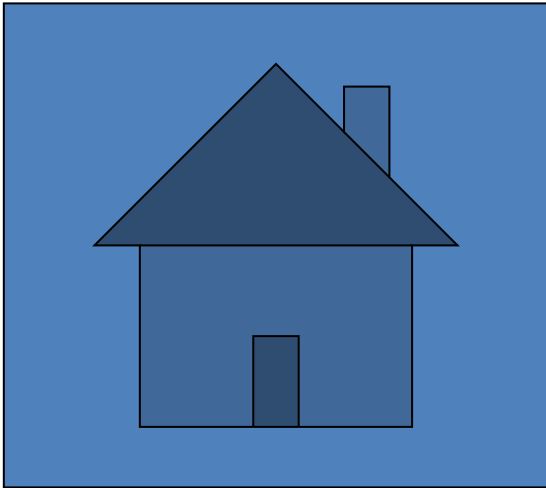
- Unlike mycobacteria, in nocardiae and actinomycetes antibiotic susceptibility can be tested using diffusion disc test. We have to know, that they grow slowly and badly.
- For nocardiosis we use co-trimoxazol for therapy, eventually ampicillin or macrolides.
- In actinomycosis we use penicillin, eventually doxycylin and more antibiotics.

Lepromin test in leprosy diagnostics

- There is an animal. Its name is **nine banded armadillo**.
- It is necessary for production of **lepromin**.
- This substance is used in **lepromin test**, the equivalent of tuberculin test for TB.



Mycobacterium haemophilum, photo O. Z.



The End