

aZLHE0711p Bases of Hygiene in Dentistry - lecture (autumn 2018)

Lectures on Wednesdays, 13.30 – 16.100, Dep. of Public Health,
School year 2018/19
Room A21/111.

26.9. MUDr. M. Kolářová, CSc.: **Basic data in epidemiology of infectious diseases.**
Three parts of the chain of infections' dissemination; their role in the primary prevention of Infectious diseases

3. 10. MUDr. M. Kolářová, CSc.: **Vaccination. Actual news in epidemiology**
The overview about the procurable vaccination, their impact on public Health..

10.10. Doc. MUDr. J. Fiala, CSc.: **Prevention (types, goals, methods). Preventable risk factors in cardiovascular and oncologic diseases**
Basic definition of different forms of prevention (primary, secondary, tertialy). The common preventable risk factors of the most frequent serious chronic diseases influencing the public morbidity and possibilities of their prevention.

17.10. Prof. MUDr. D. Hrubá, CSc.: **Smoking and health. Smoking cessation.**
Smoking is the most important single preventable risk factor for many diseases, Including the dental diseases, as well as the mental disease due to development of Dependence. Basic recommendations for smoking cessation in the dentist's practice.

24. 10. Prof. MUDr. Z. Derflerová Brázdová. DrSc.: **Dietary guidelines**
The role of nutrition in Health promotion and Health protection. The official recommendations for the „healthy“ nutrition with the concern on dental Health.

31.10. Prof. MUDr. D. Hrubá, CSc.: **Work and health. Occupational risk factors and their outcomes. Toxicology of mercury.**
The role of dentists in the prevention of some occupational diseases; basic recommendations for the dentists' protection against occupational risk factors.

7.11. MUDr. M. Kolářová: **Nosocomial infections and hygiene**
Nosocomial infections are serious risk factors, which are preventable by several methods. Such Health damages can occure even in the dental offices.

Recommended literatury: lectures/seminairs, Scripta for lend in the Dept. of Public Health

Oral examination.