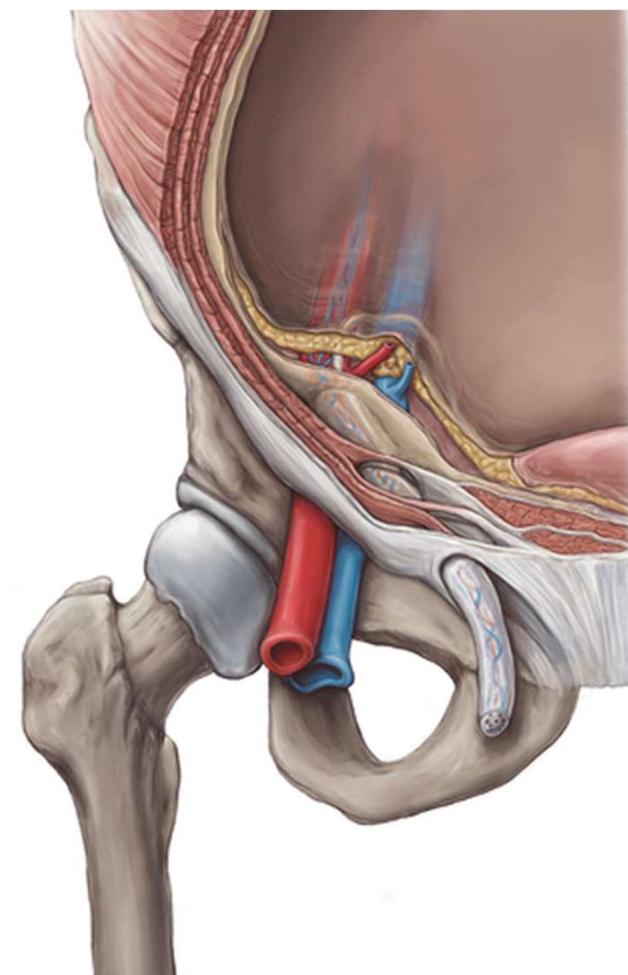


# **Muscles of back, abdomen, inguinal canal**

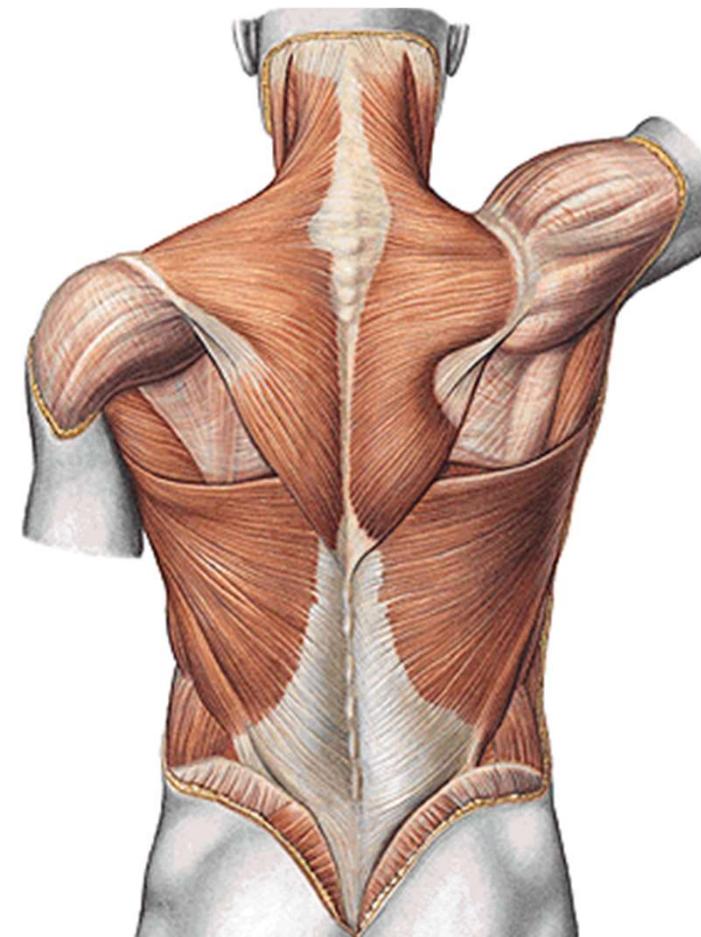


# Muscles of the back



**A) Heterochtonous muscles**— they have been moved from the anterior side of the body, *innervation* anterior branches of spinal nerves

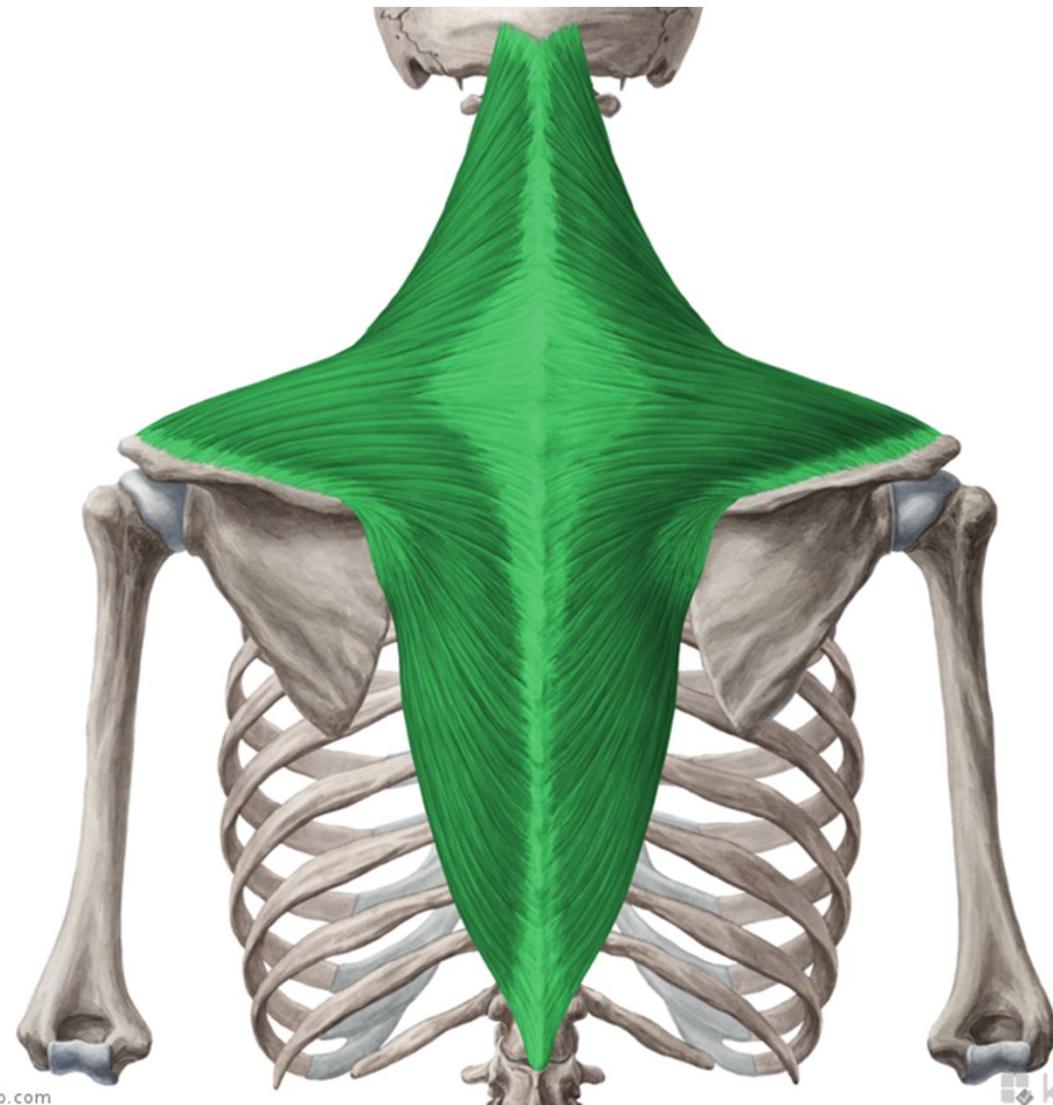
Classification: **spinohumeral group of muscles**  
**spinocostal group of muscles**



# **Spinohumeral group of muscles**



# M. trapezius



## ***M. Trapezius***

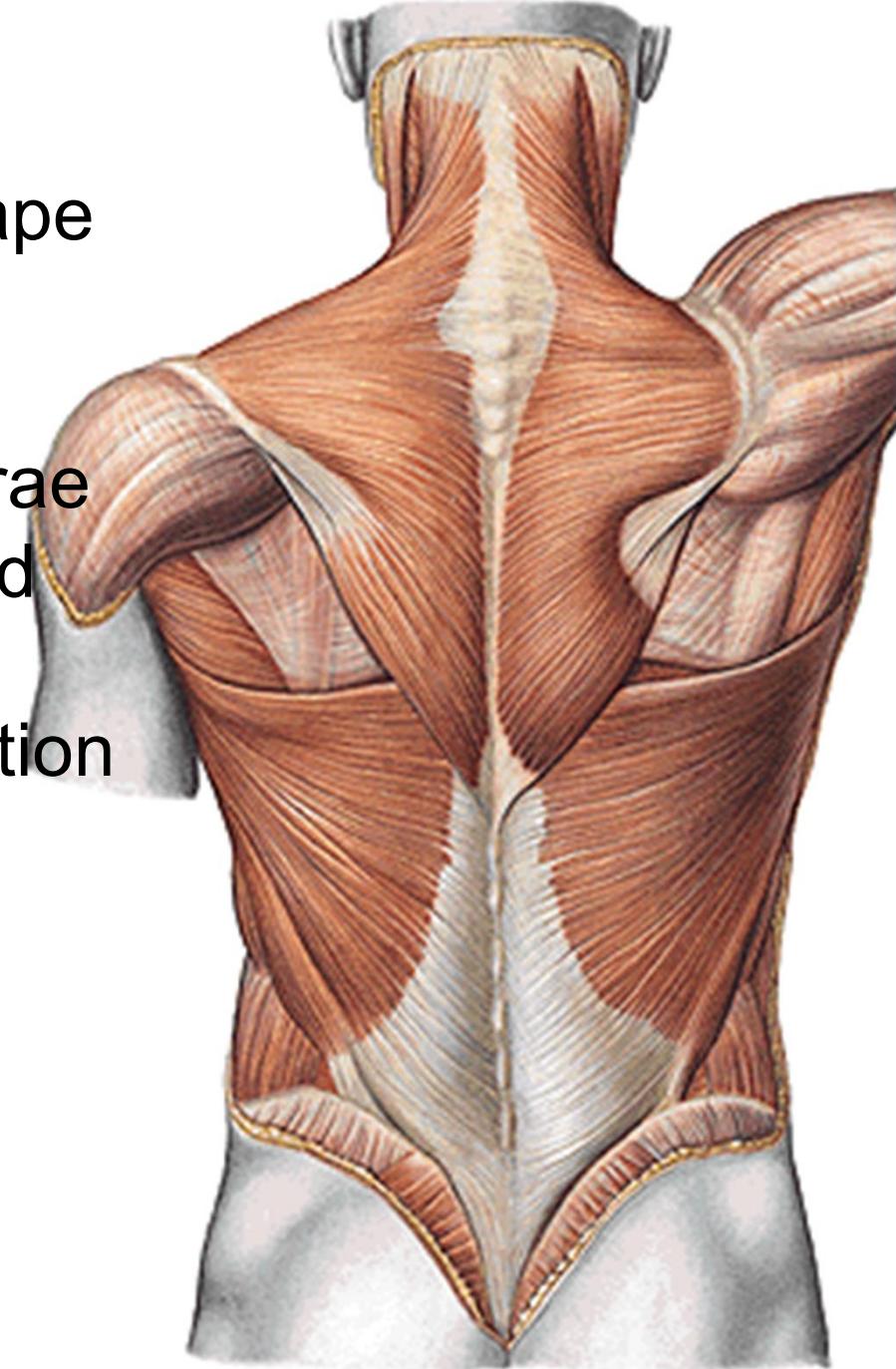
- Flat muscle of triangular shape

**O:** squama ossis occipitalis,  
spinous processes of all  
cervical and thoracic vertebrae

**I:** spina scapulae, acromion and  
acromial end of clavicle

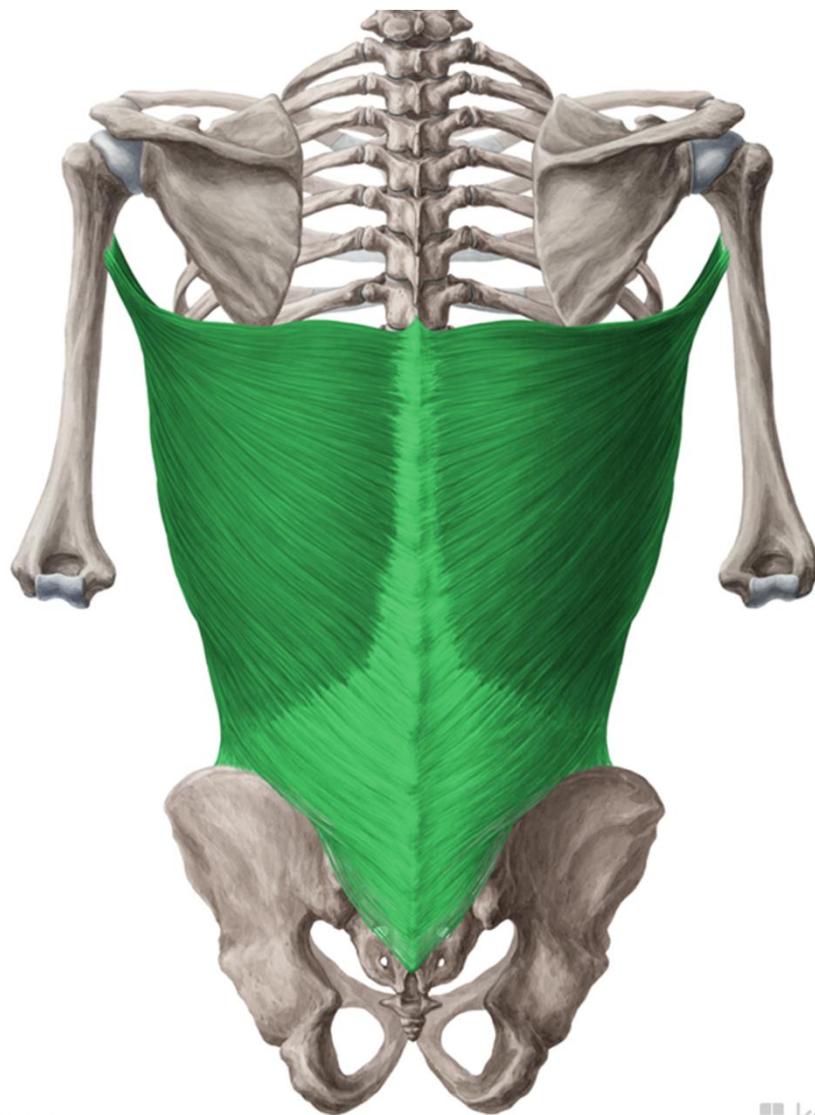
**F:** adduction of scapula, elevation  
of shoulder, it also pulls  
shoulder down

**IN:** n. accessorius





# M. latissimus dorsi



## ***M. latissimus dorsi***

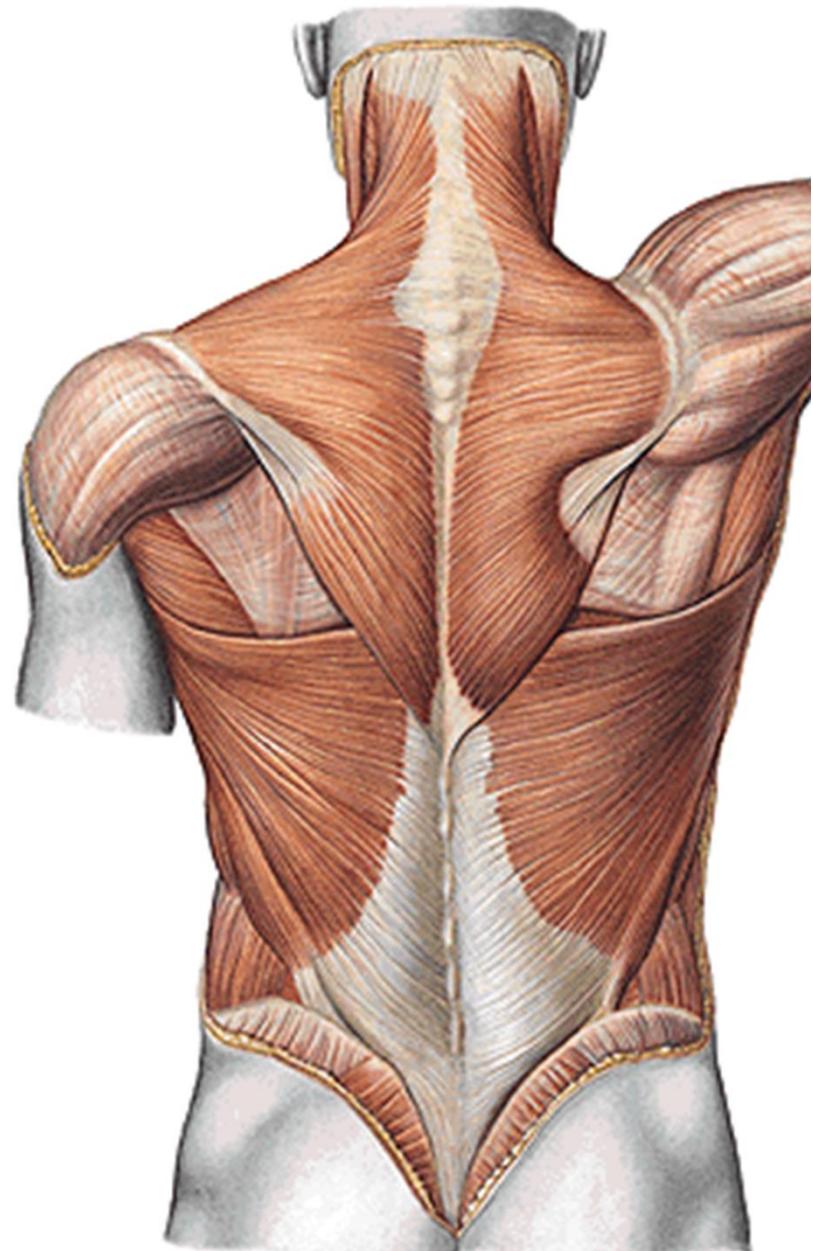
- flat wide muscle

**O:** spinous processes of caudal half of thoracic and all lumbar vertebrae, dorsal surface of sacrum

**I:** crista tuberculi minoris humeri

**F:** adduction, humeral extension, pronation- digging with a hoe

**IN:** n. thoracodorsalis



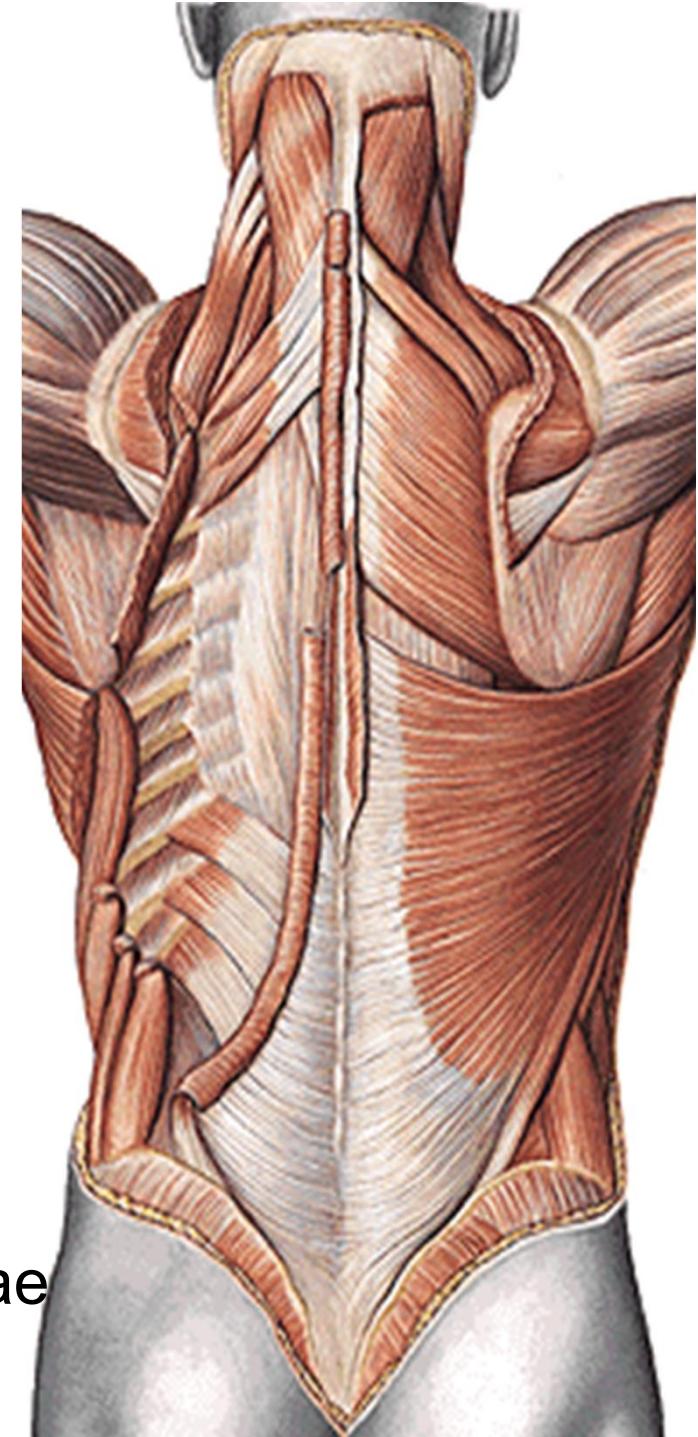


### ***M. levator scapulae***

**O:** transverse processes C1-4

**I:** angulus superior scapulae

**F:** elevation of scapula



### ***M. rhomboideus major***

**O:** spinous processes Th1-4

**I:** margo medialis scapulae opposite fossa infraspinata

**F:** pulls scapula medially and cranially

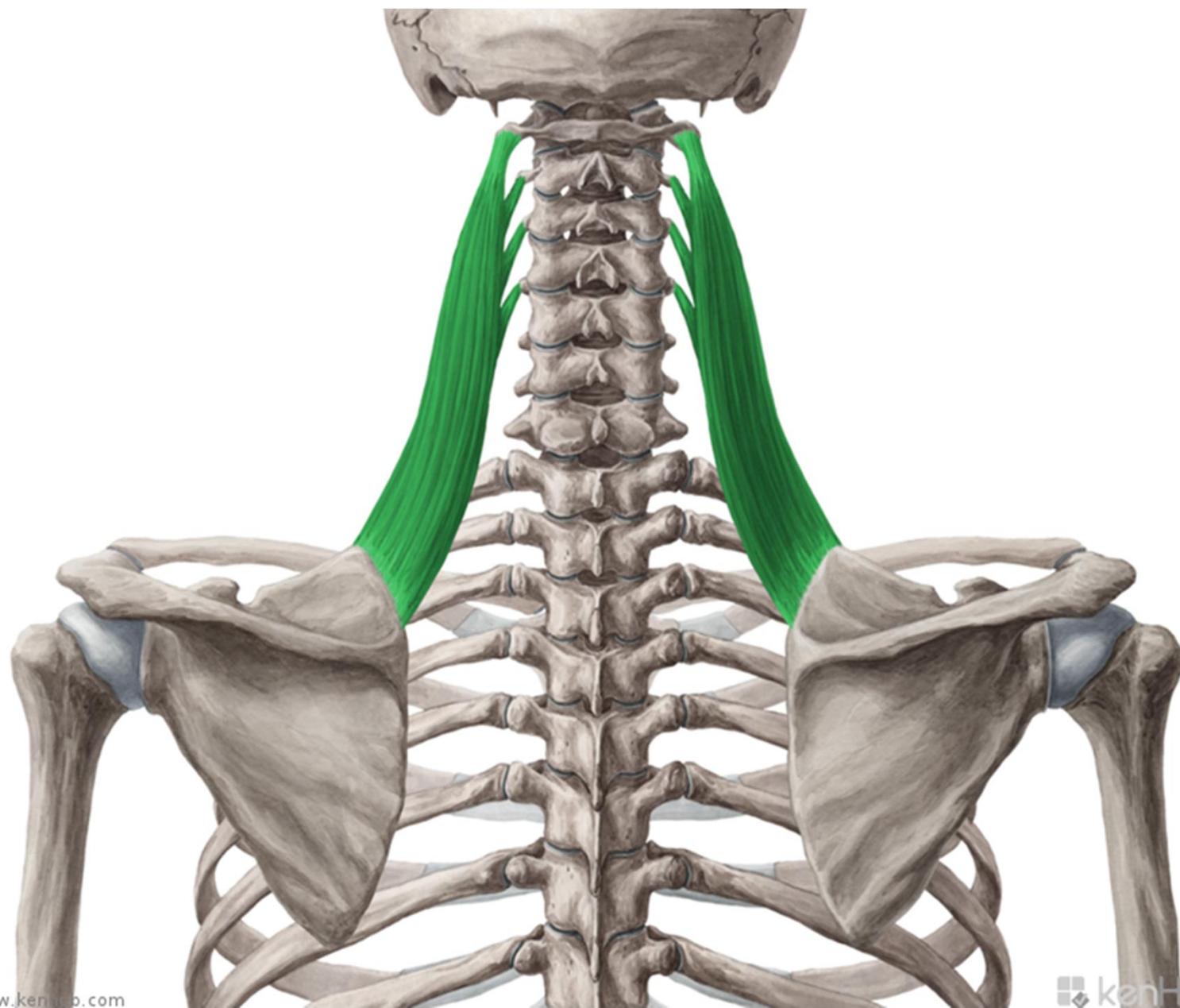
### ***M. rhomboideus minor***

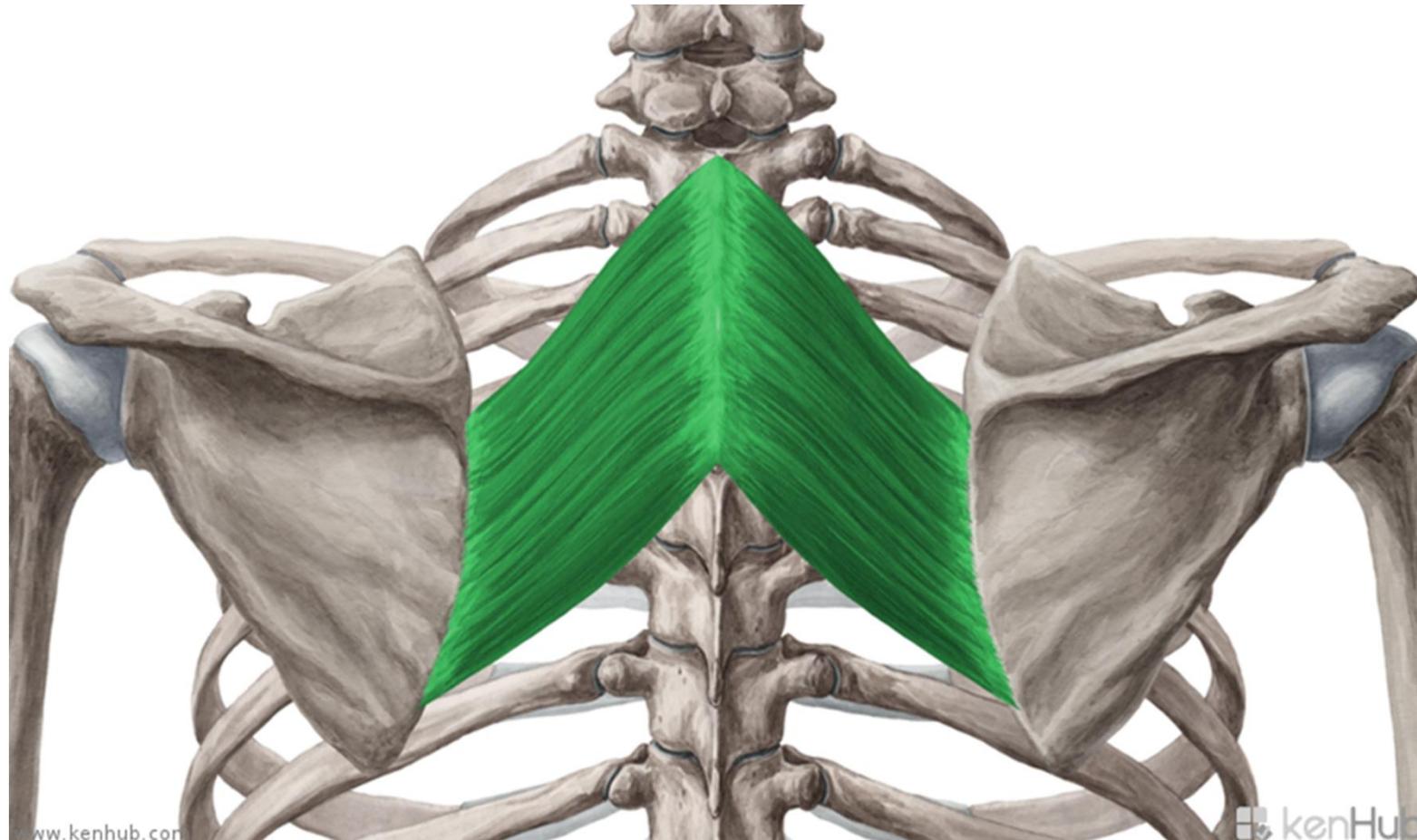
**O:** spinous processes C6-7

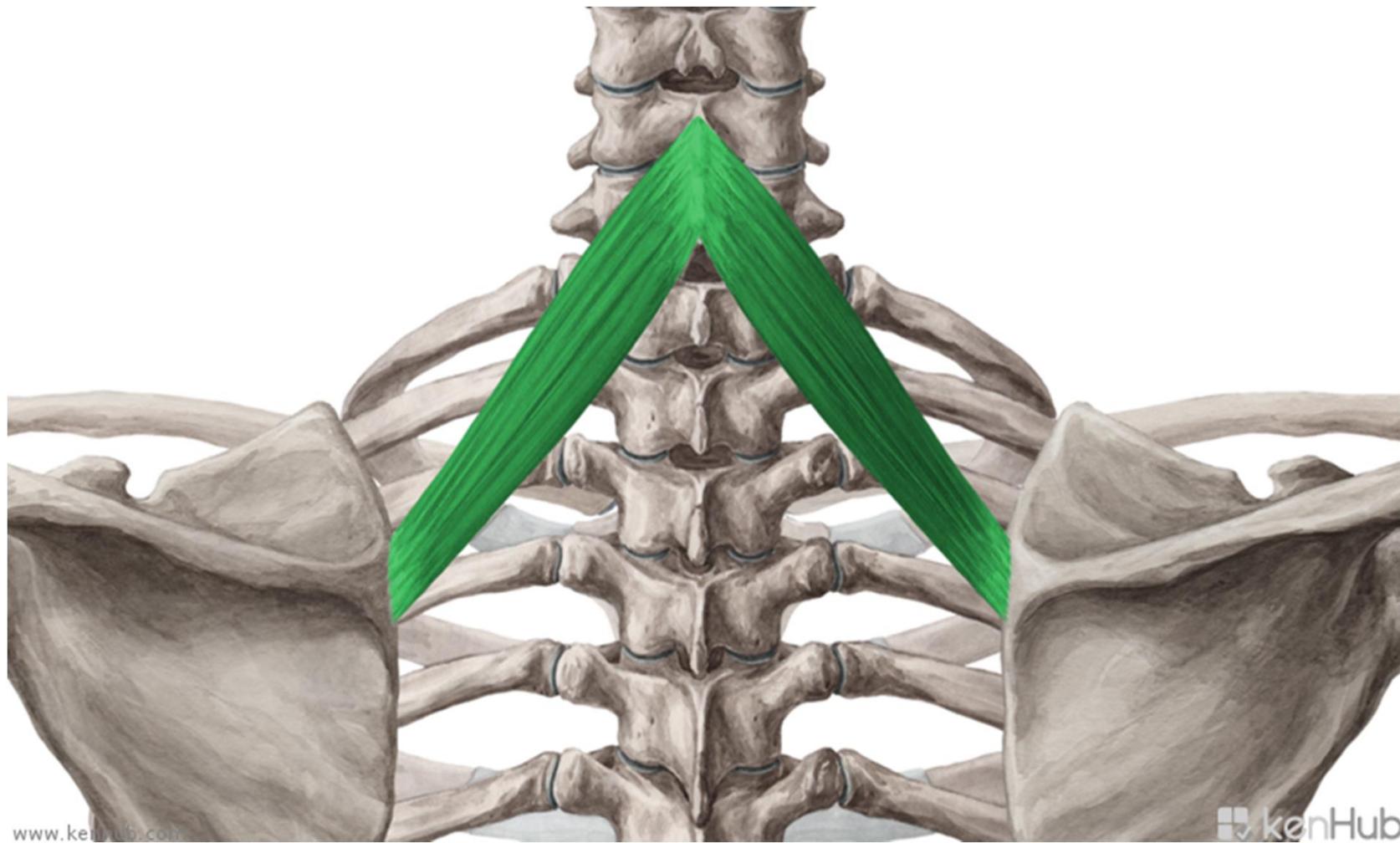
**I:** margo medialis scapulae opposite fossa supraspinata

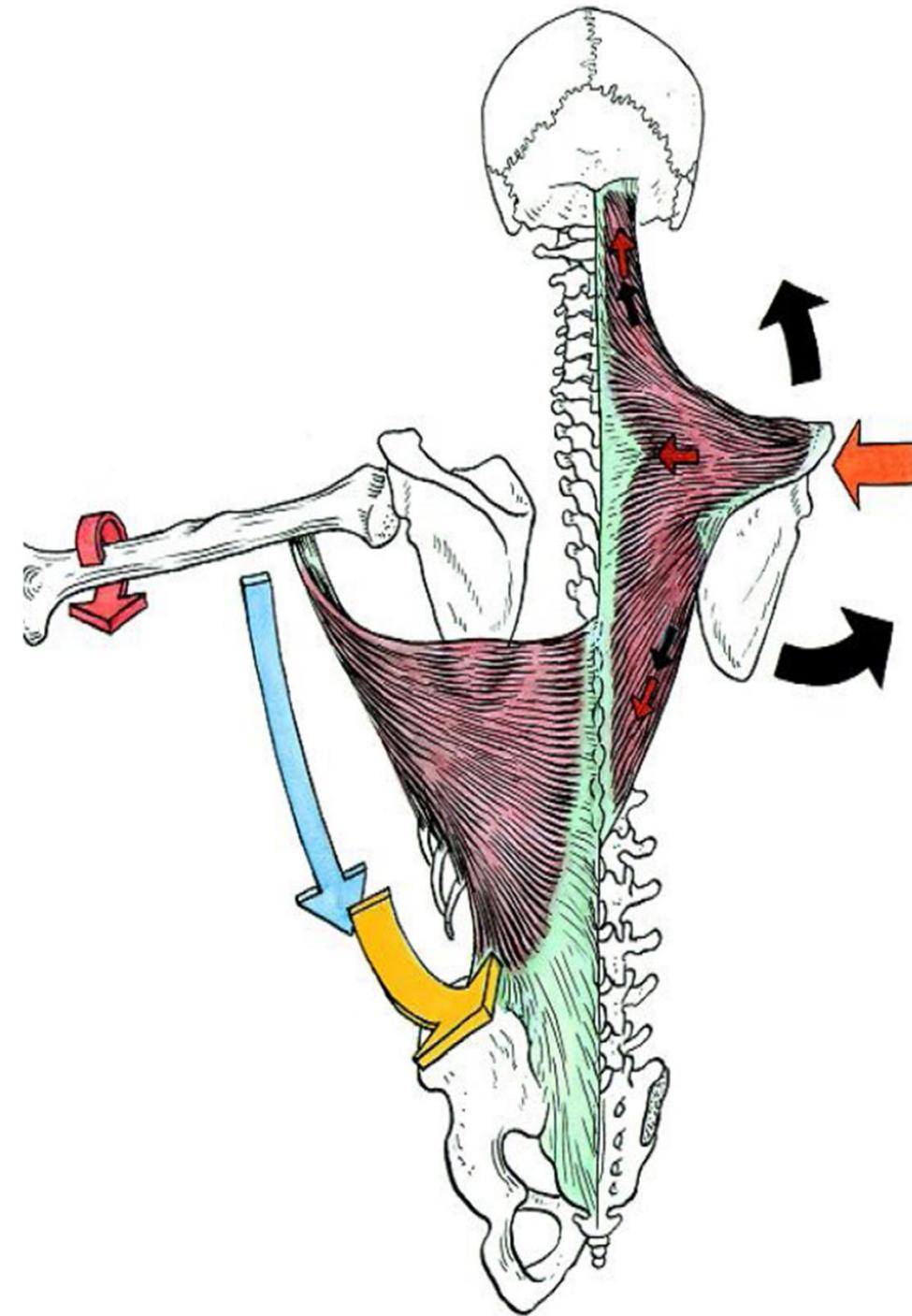
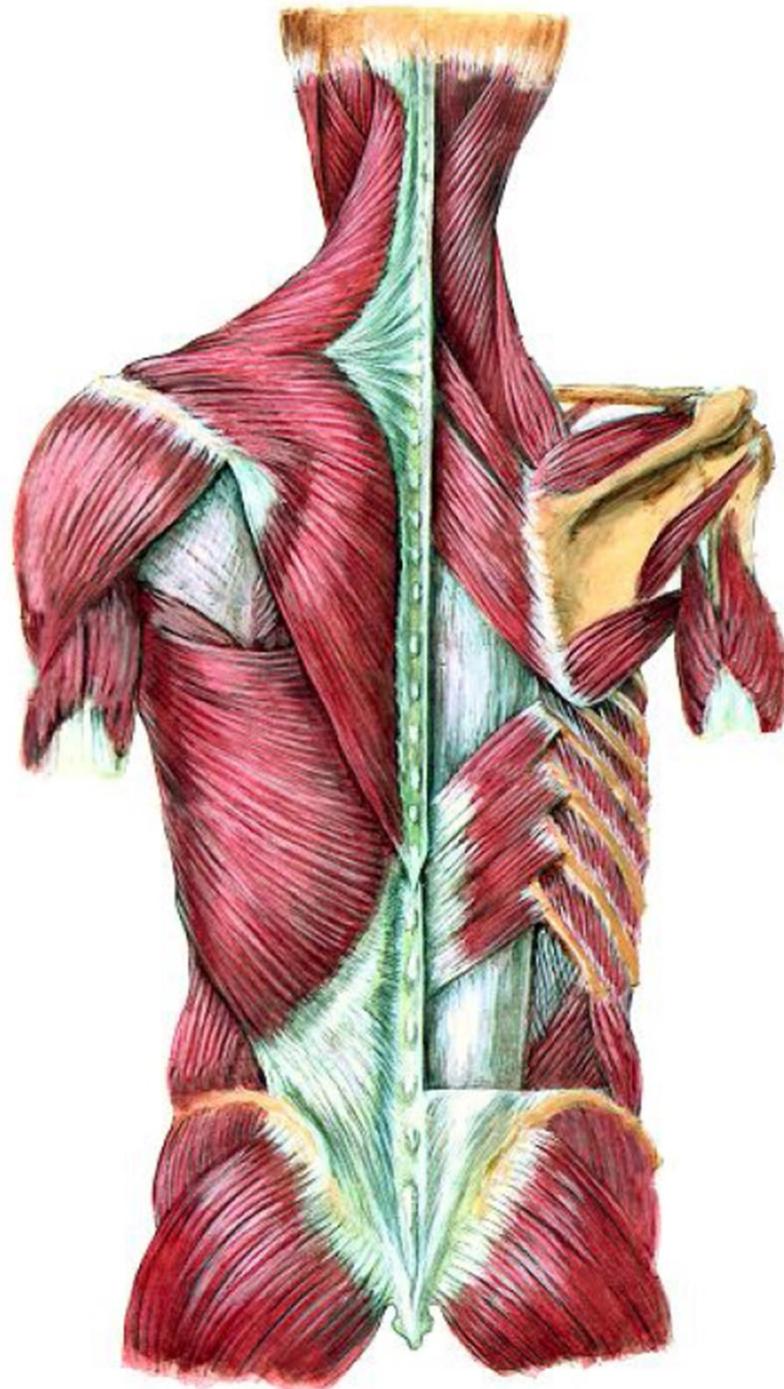
**F:** pulls scapula medially and cranially

**Common innervation:** N. dorsalis scapulae

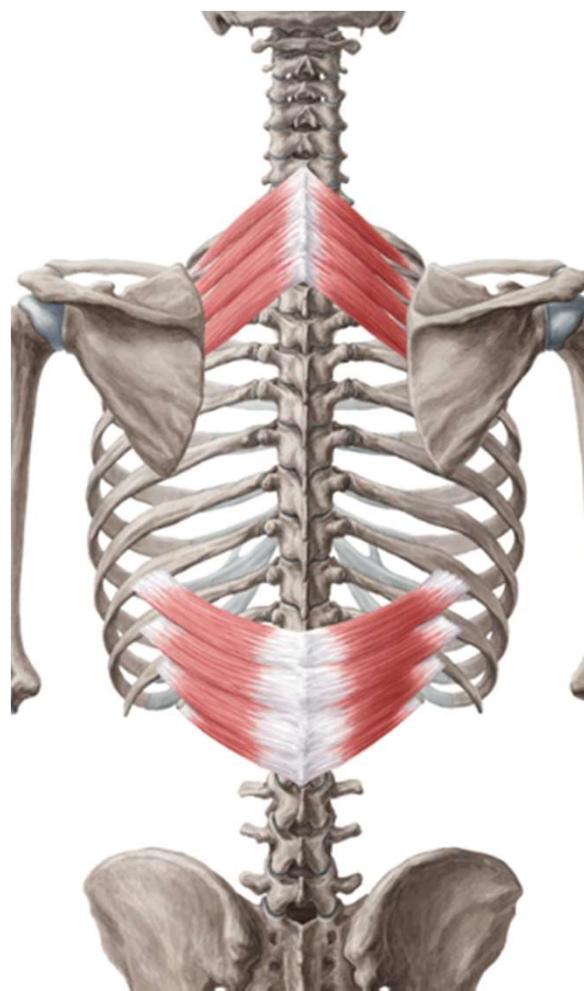








- Spinocostal group of muscles



***musculus serratus posterior superior***

**O:** C6- Th4

**I:** 2nd-5th rib

**F:** auxillary inspiratory muscle

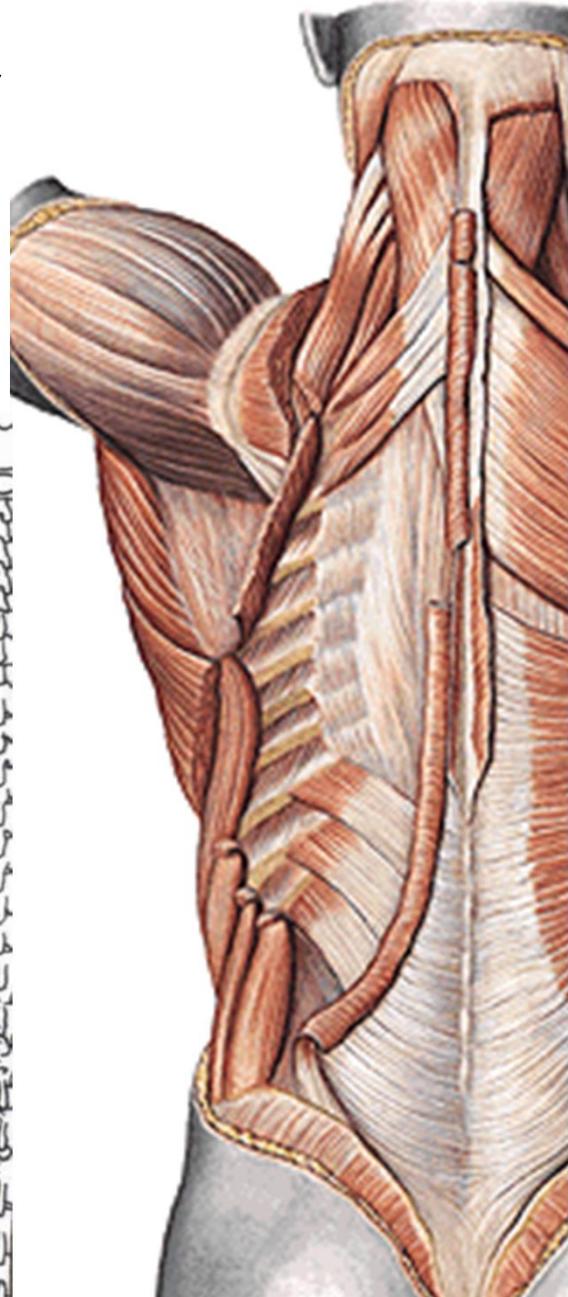
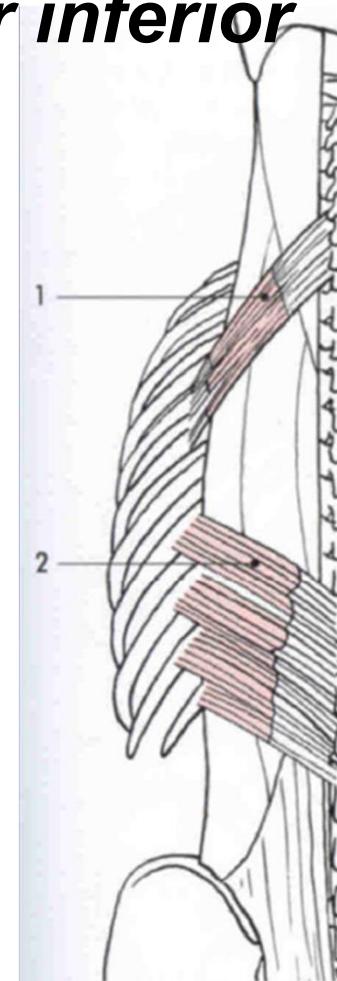
***musculus serratus posterior inferior***

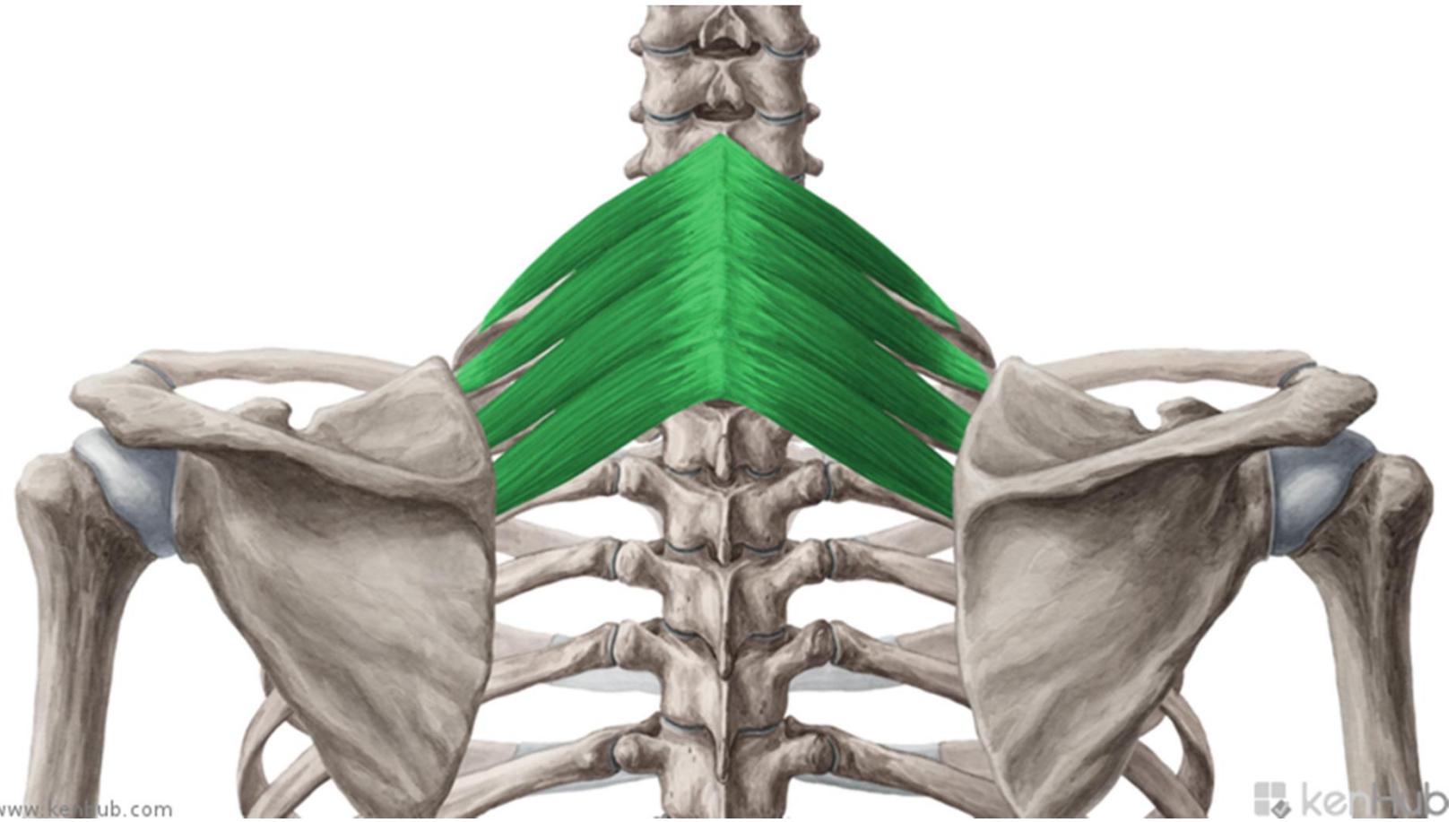
**O:** Th11-12

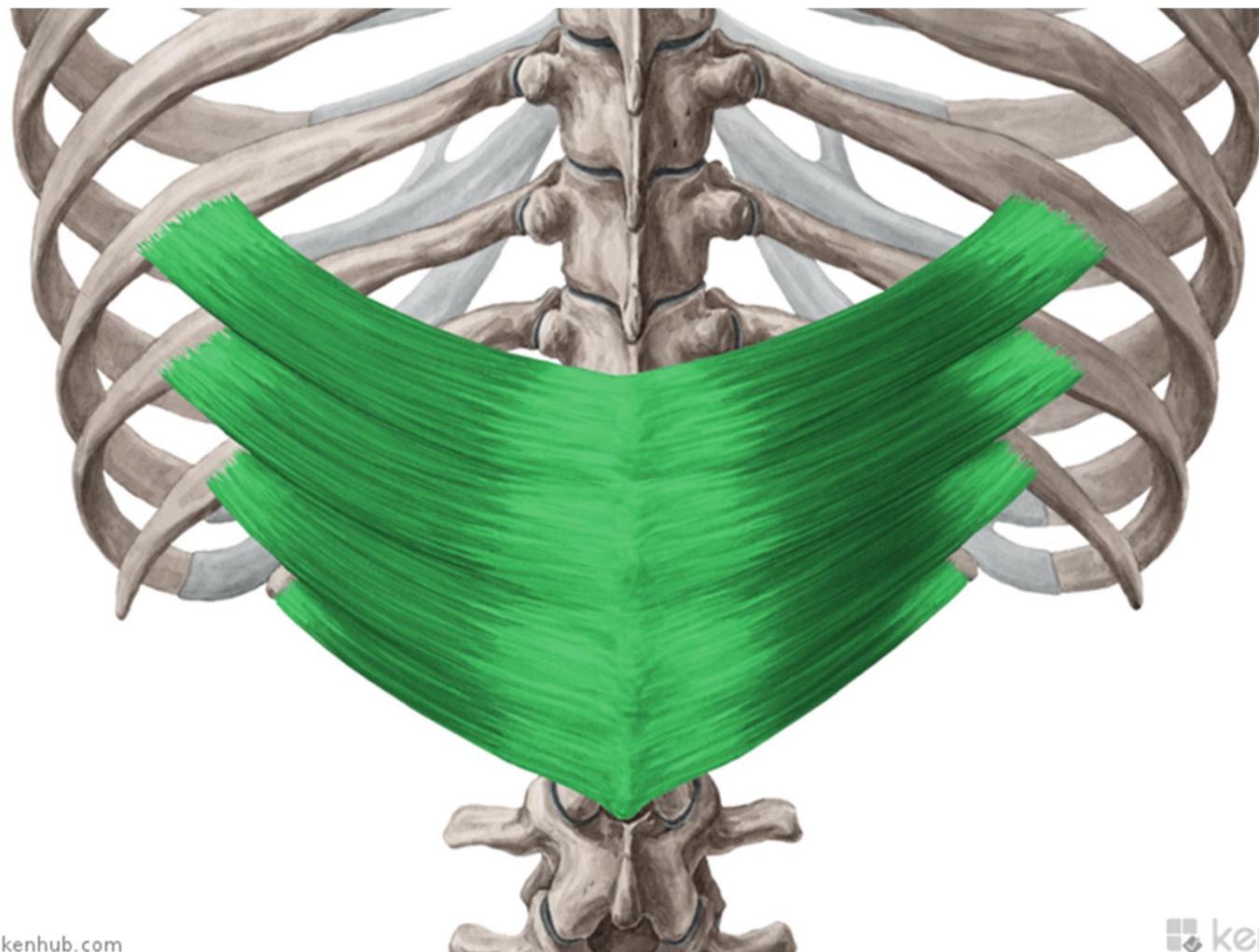
**I:** last four ribs

**F:** auxillary expiratory muscle

**IN:** Nn. intercostales





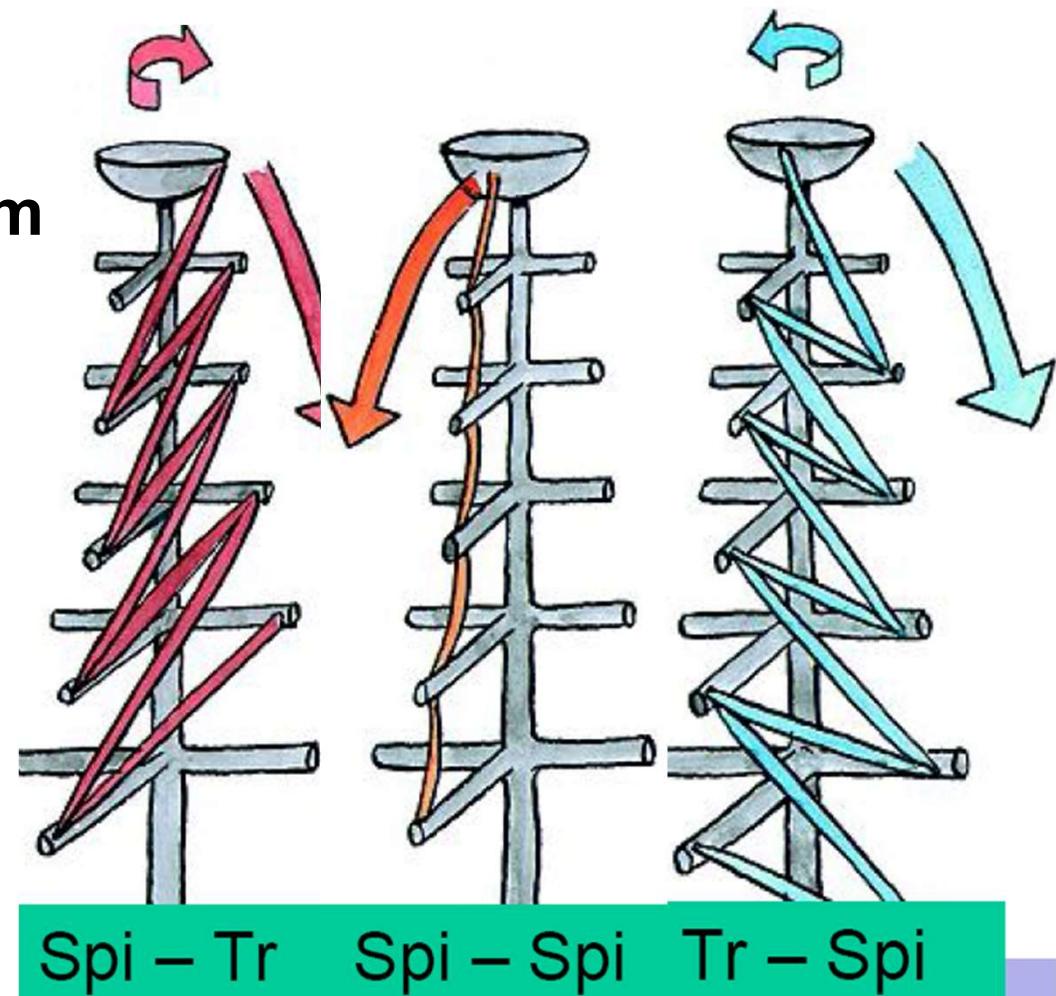


## B) Autochthonous muscles

Original intrinsic back muscles, *innervation*: posterior branches of spinal nerves

Extensors of the spine

- I. Spinotransversal system
- II. Sacrospinal system
- III. Spinospinal system
- IV. Transversospinal system
- V. Short dorsal muscles

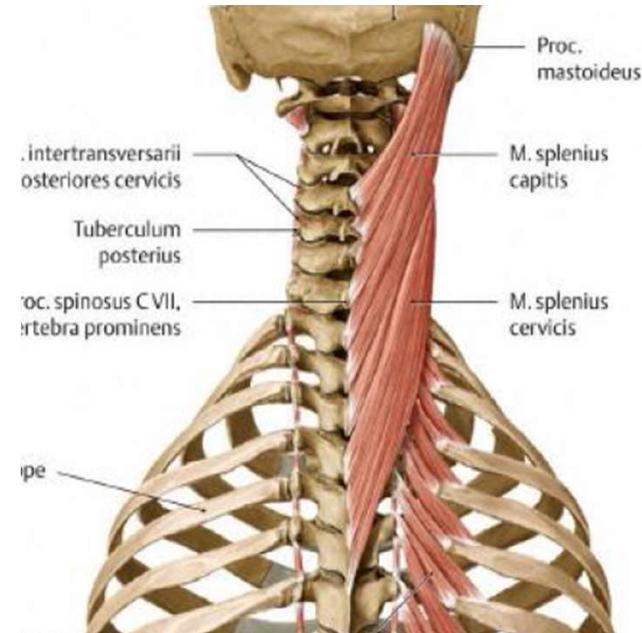


# I. Spinotransversal system

## *m. splenius capitis*

**O:** spinous processes of caudal cervical and cranial thoracic vertebrae

**I:** lateral part of linea nuchae suprema and pr. mastoideus



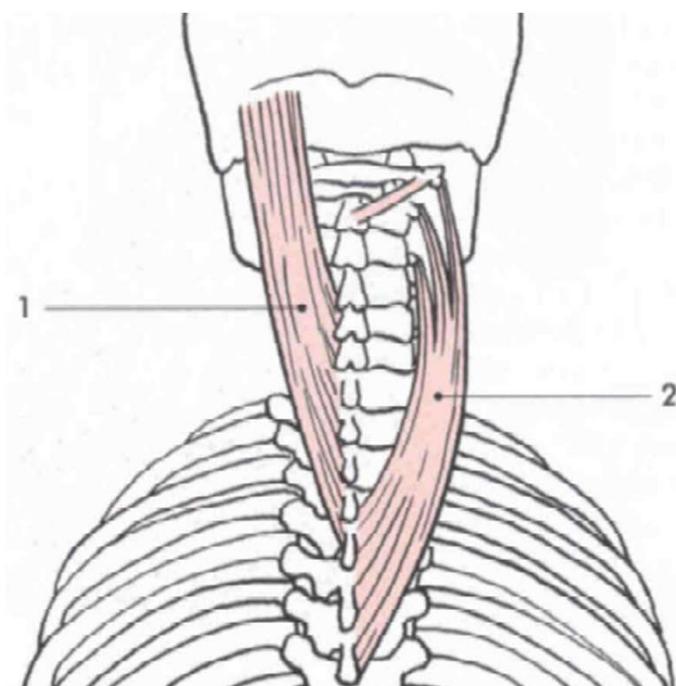
## *m. splenius cervicis*

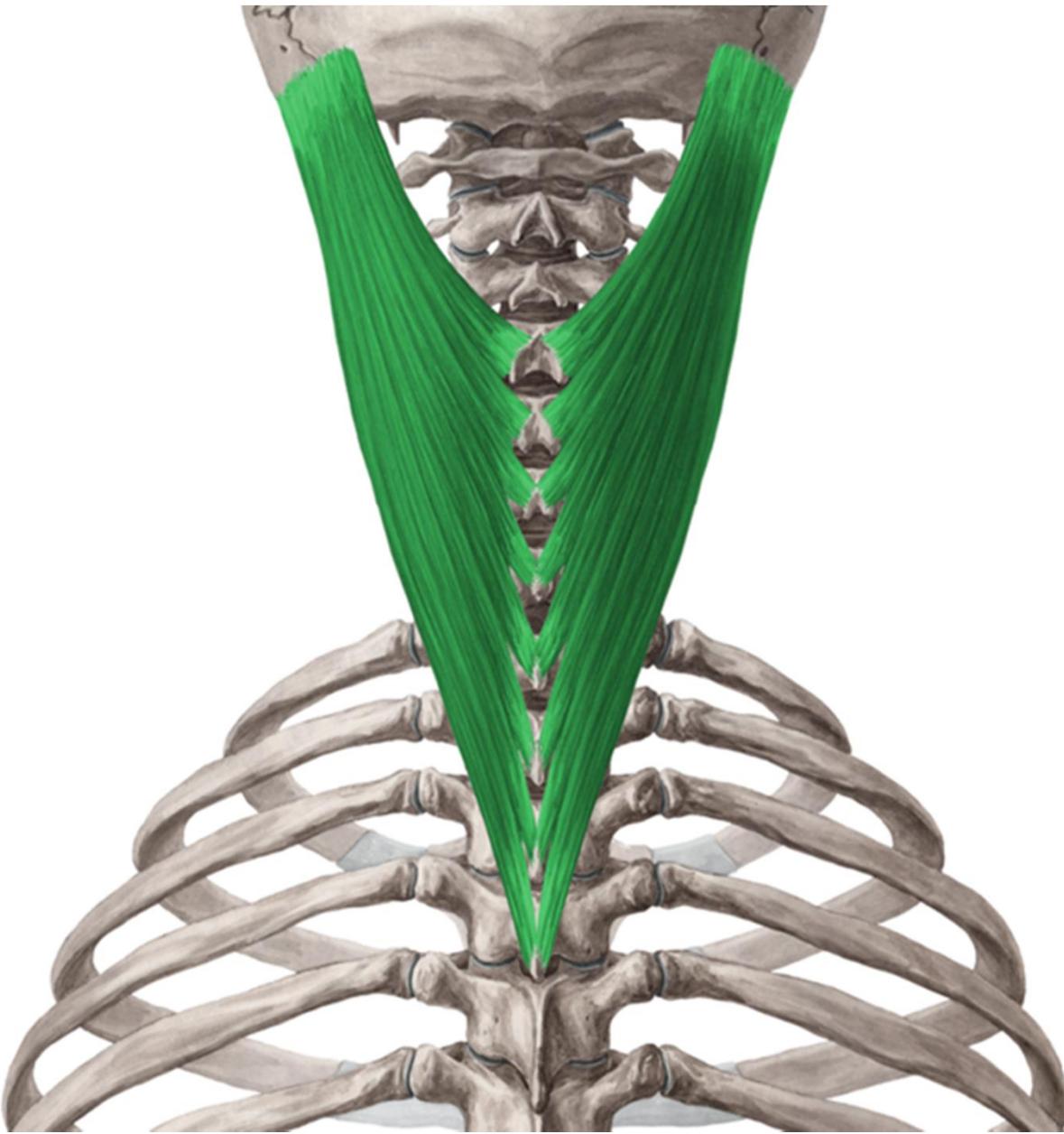
**O:** spinous processes of Th4-6

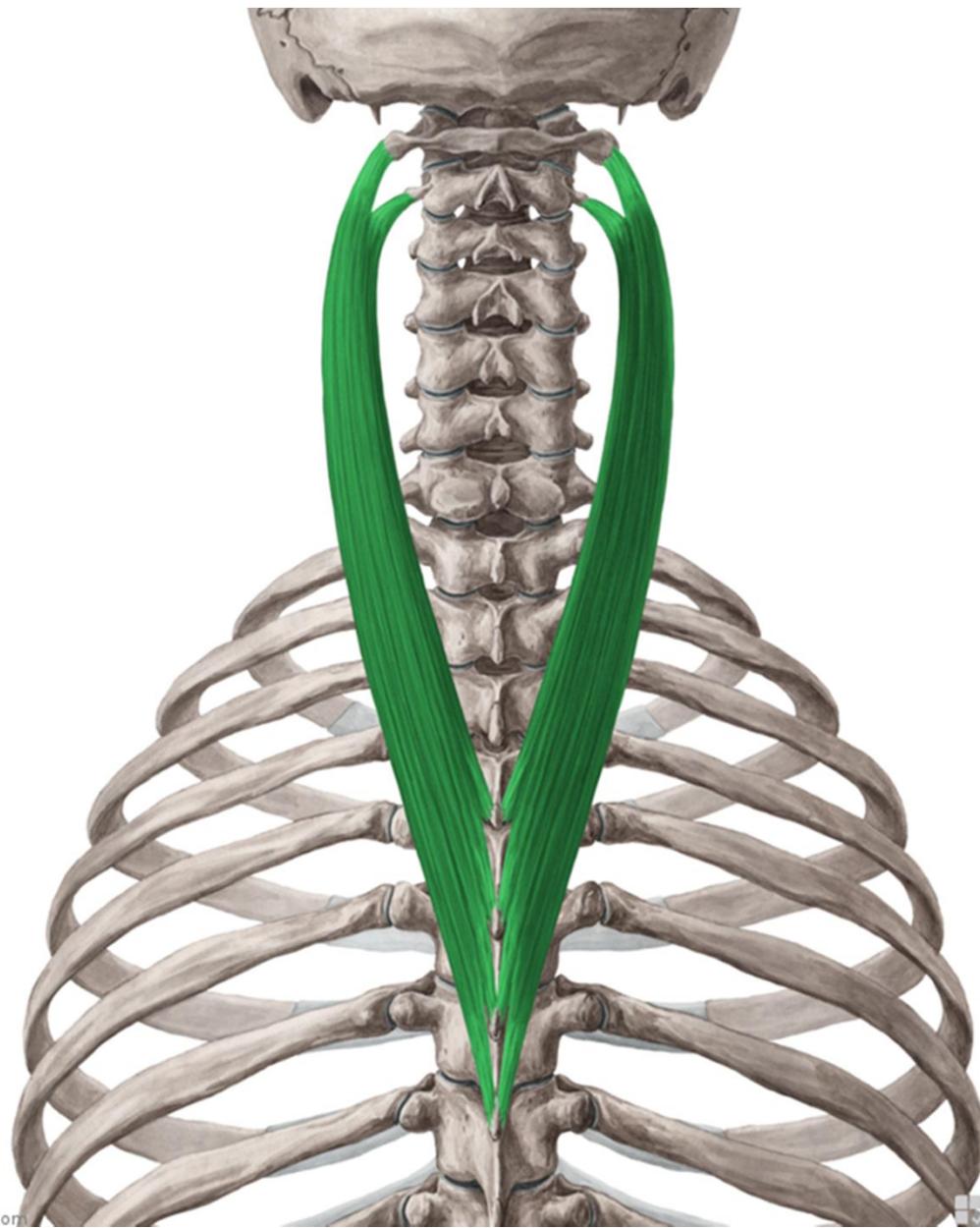
**I:** transverse processes of atlas and axis

**F:** bilateral contraction – head dorsiflexion,

Unilateral contraction – lateroflexion and rotation







## **II. Sacrospinal system (*m. erector spinae*)**

**F:** bilateral contraction- dorsiflexion of the spine  
unilateral contraction- lateroflexion of the spine

### ***m. erector spinae:***

Uniform in its caudal part

**O:** spinous pr. of lumbar vertebrae,  
dorsal side of os sacrum and crista  
iliaca, it continues cranially as three  
muscles:

### ***m. longissimus capititis:***

**O:** transverse pr. of C4-Th5

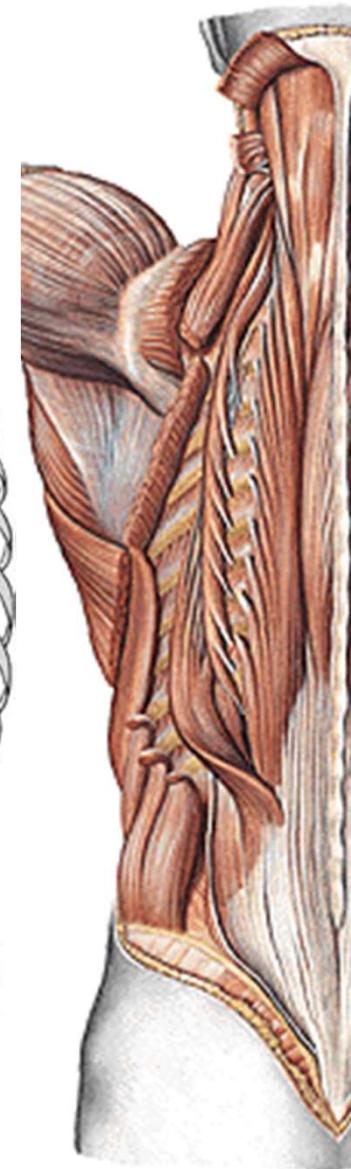
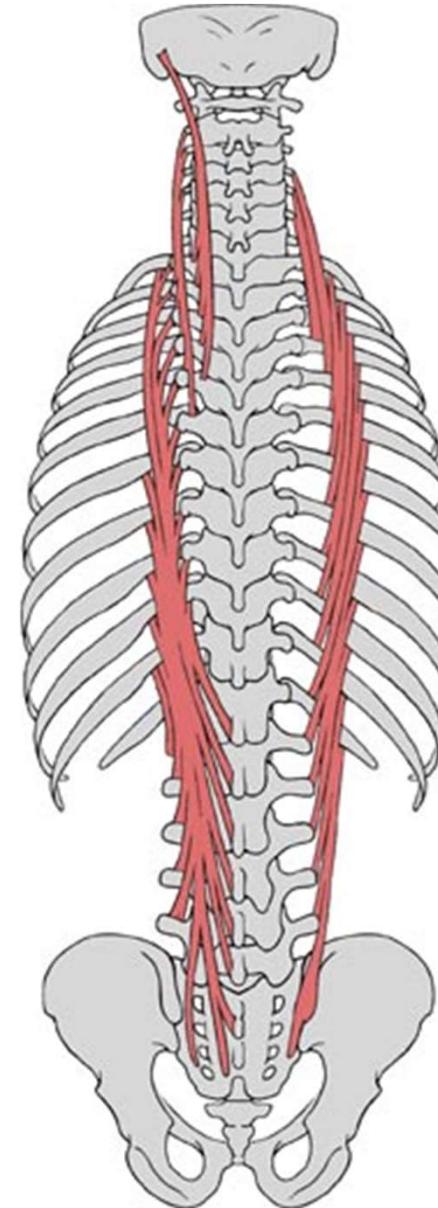
**I:** pr. mastoideus

### ***m. longissimus dorsi et cervicis:***

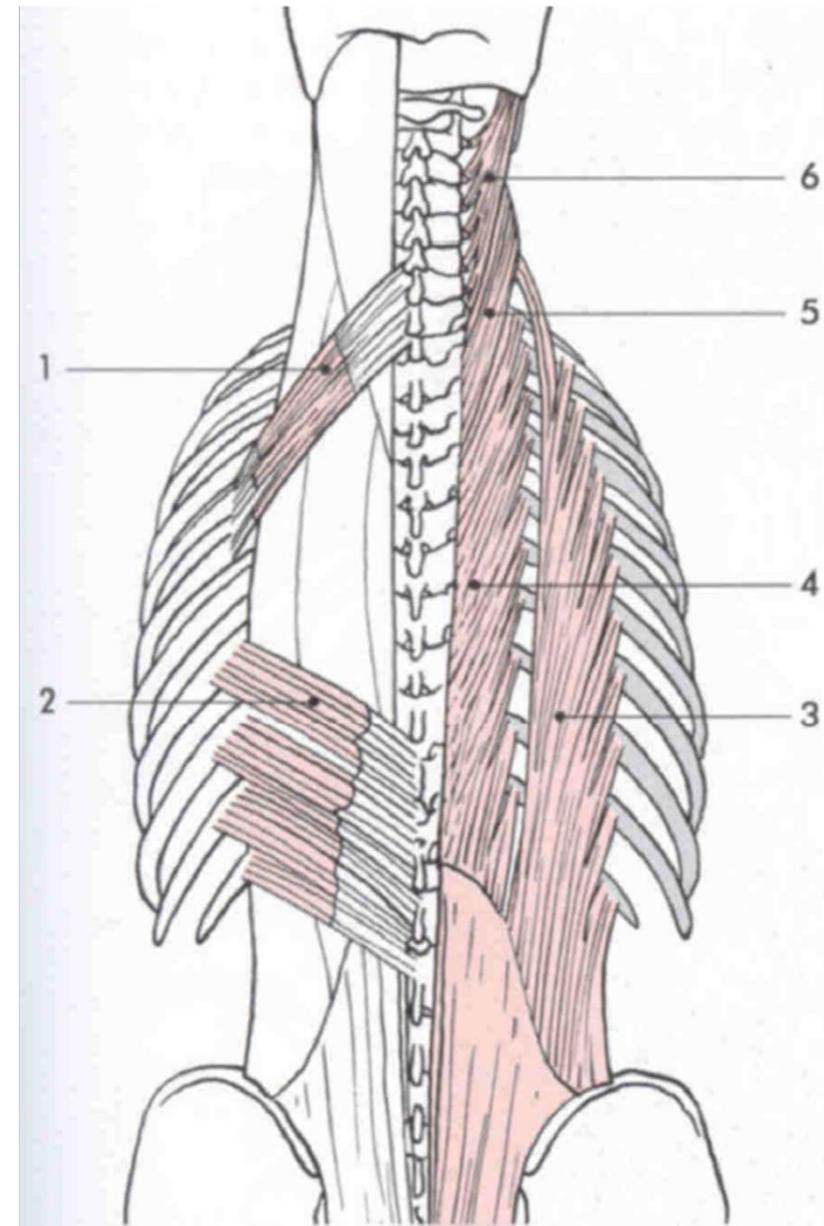
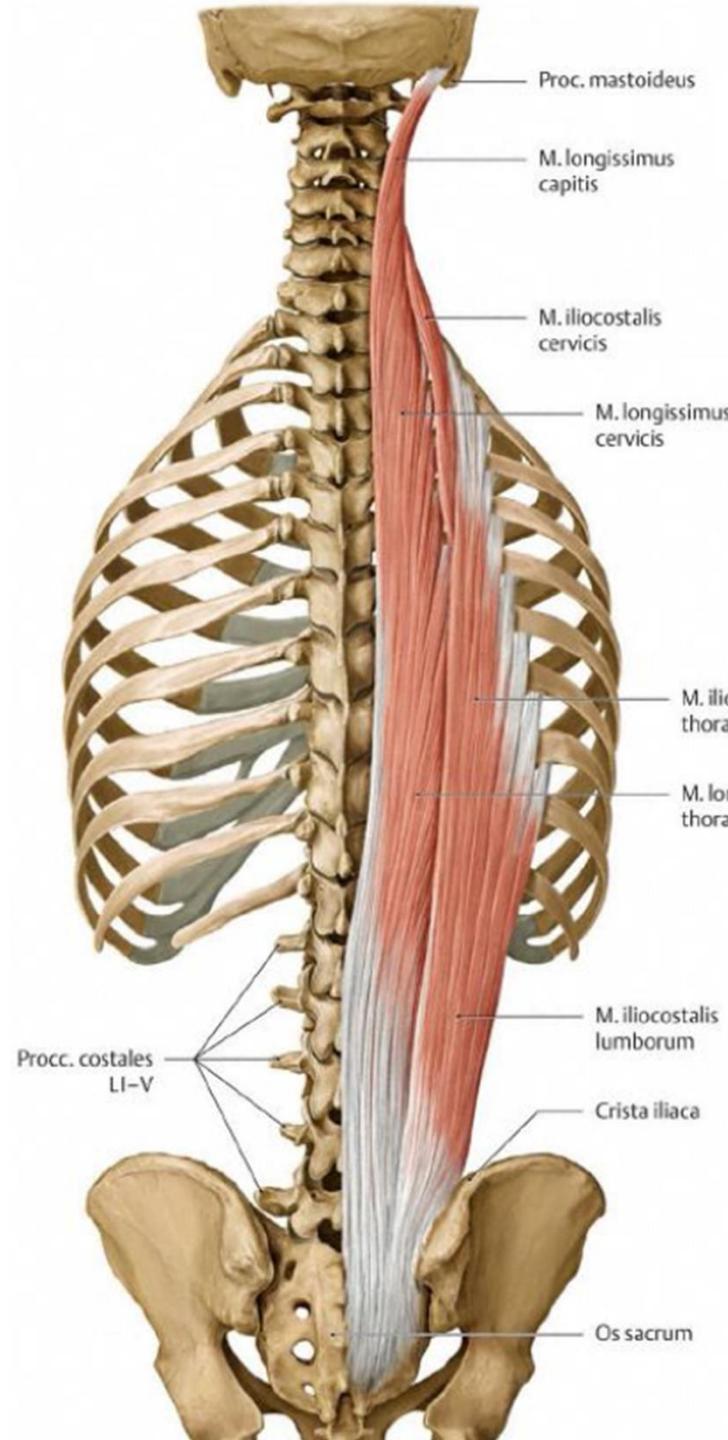
**I:** pr. accesorius and pr. transversi of  
ribs up to axis and ribs and pr. costarii

### ***m. iliocostalis:***

**I:** ribs and transverse pr. of caudal  
cervical vertebrae







Obr. 2.6. Mm. dorsi, systémy spinokostální (vlevo) a sakrospinální (vpravo). 1 – m. serratus post. sup., 2 – m. serratus post. inf., 3 – m. iliocostalis, 4 – m. longissimus thoracis, 5 – m. longissimus cervicis, 6 – m. longissimus capitis

### III. Spinospinal system

*m. spinalis thoracis*

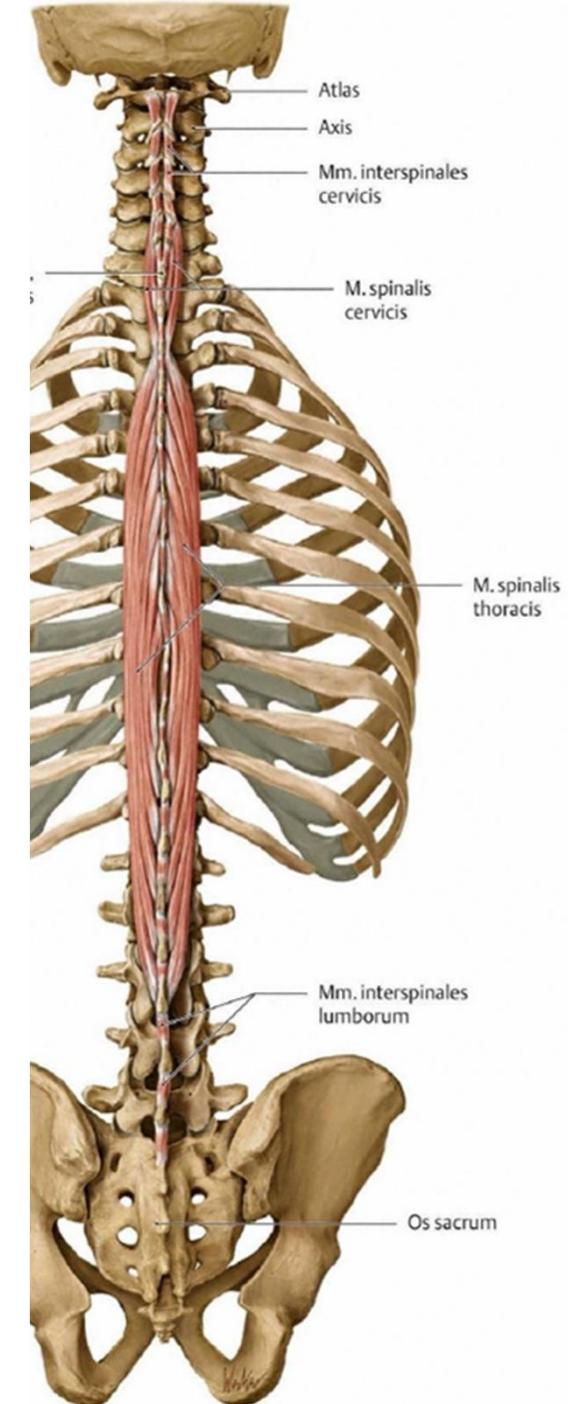
*m. spinalis cervicis*

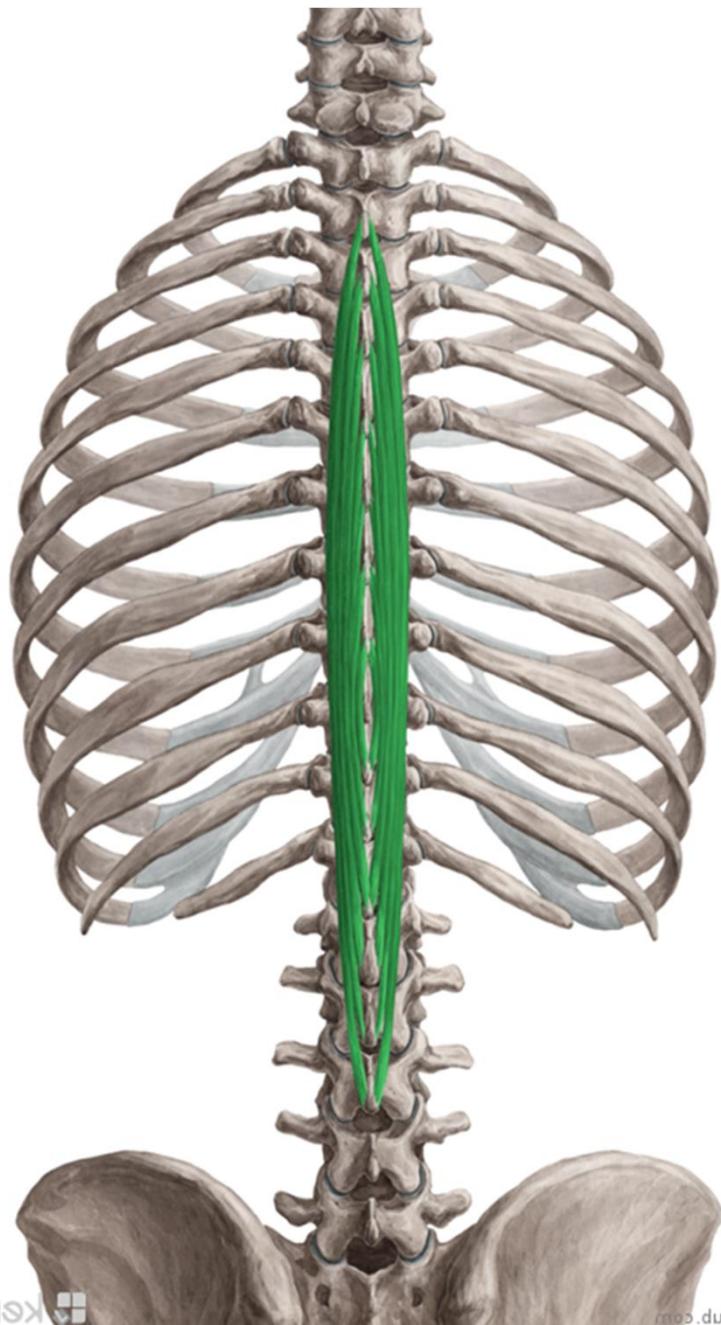
***Function of the system:***

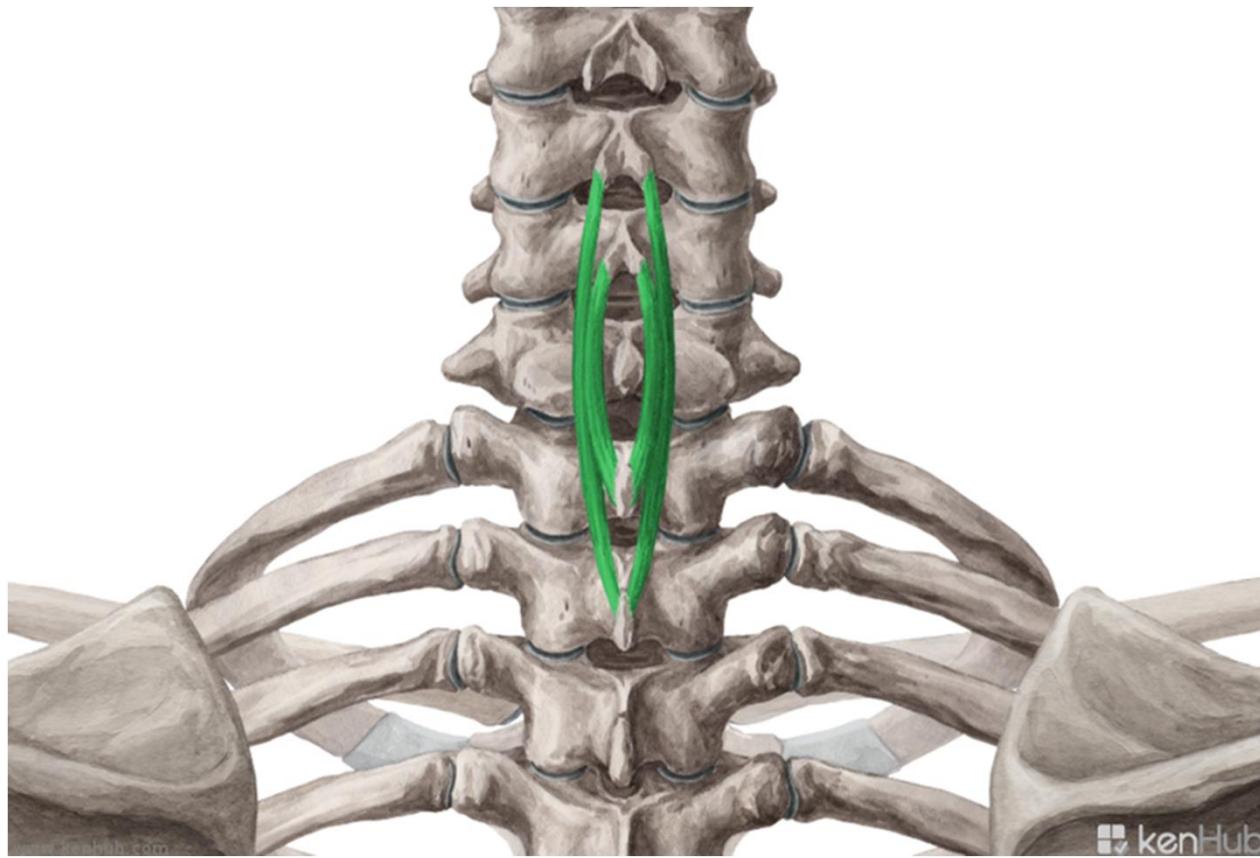
Bilateral contraction: dorsiflexion of spine

Unilateral contraction: lateroflexion of spine

- it is not present in lumbar part of the spine
- it often grows together with m. longissimus







## IV. Transversospinal system

### 1. *m. semispinalis thoracis et cervicis*

**O:** transverse pr. of thoracic vertebrae

**I:** spinous pr. up to axis

### 2. *m. semispinalis capitis*

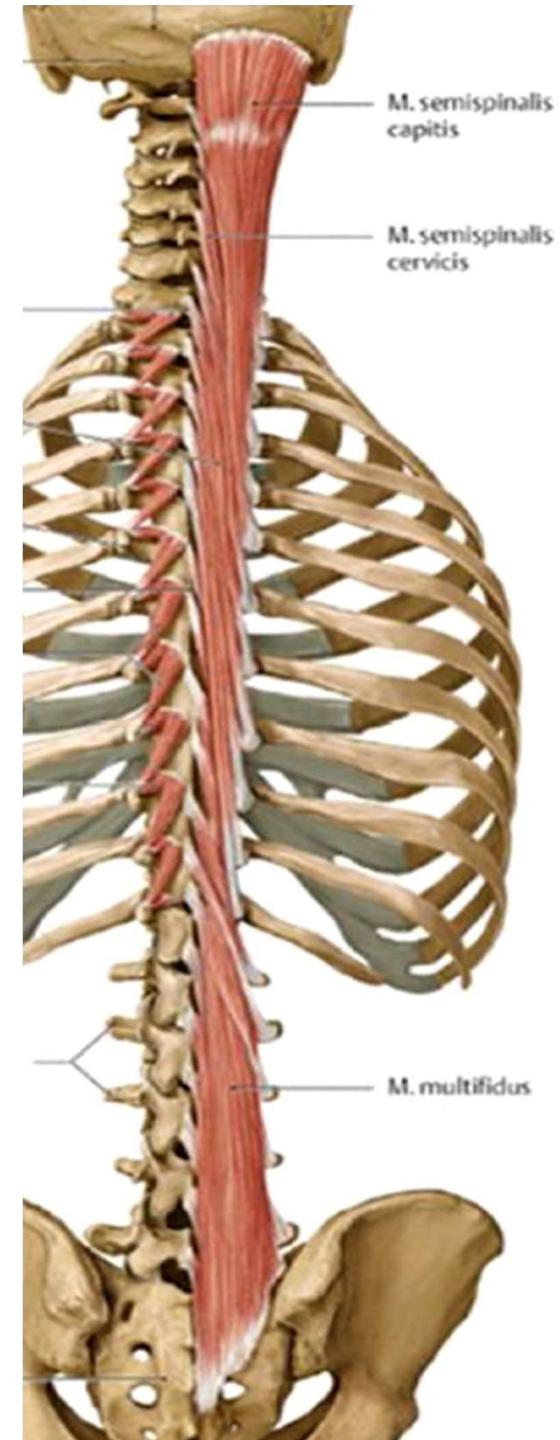
**O:** transverse pr. of cranial thoracic and articular pr. of caudal cervical vertebrae

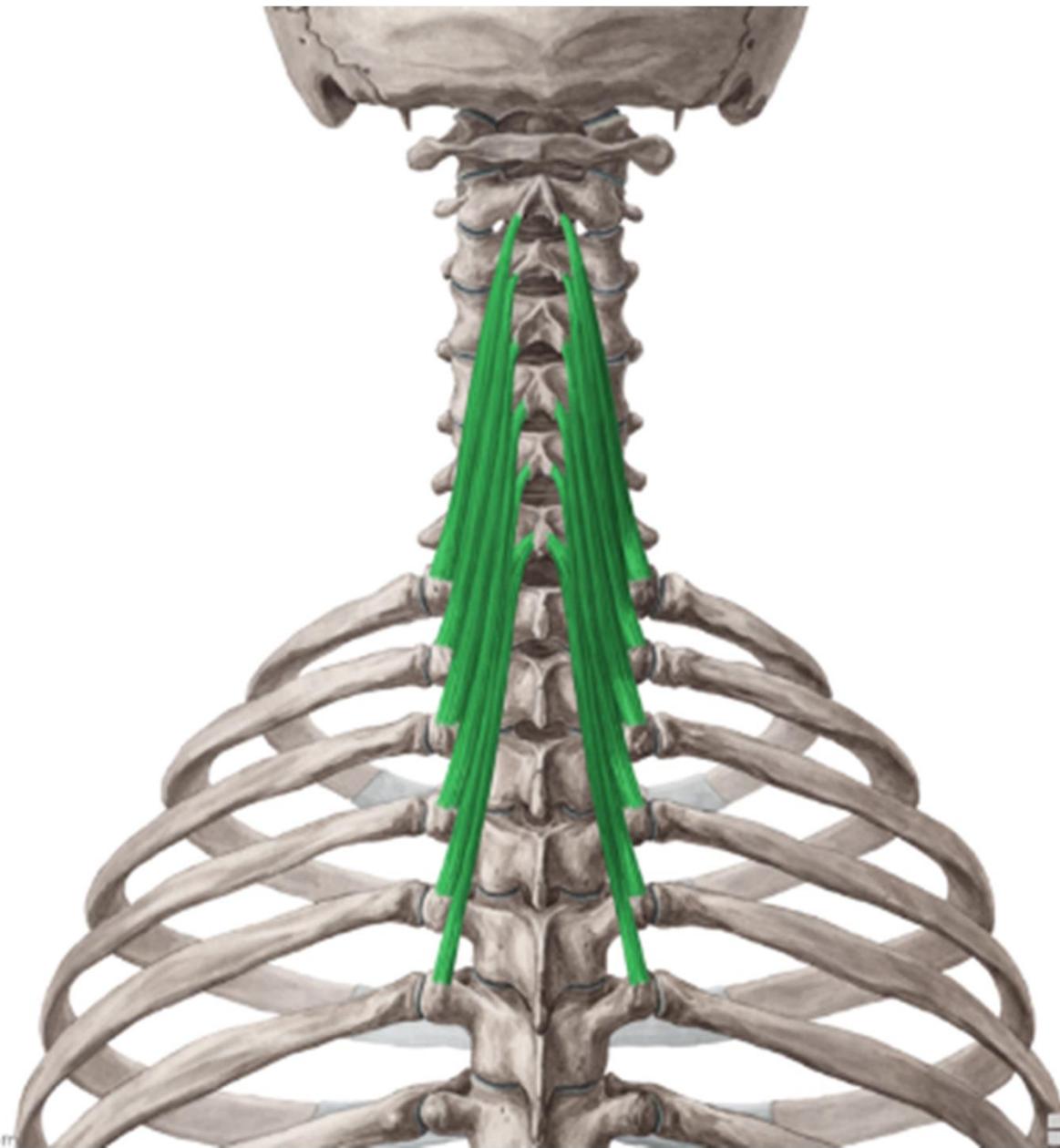
**I:** squama ossis occipitalis- between linea nuchae superior et inferior.

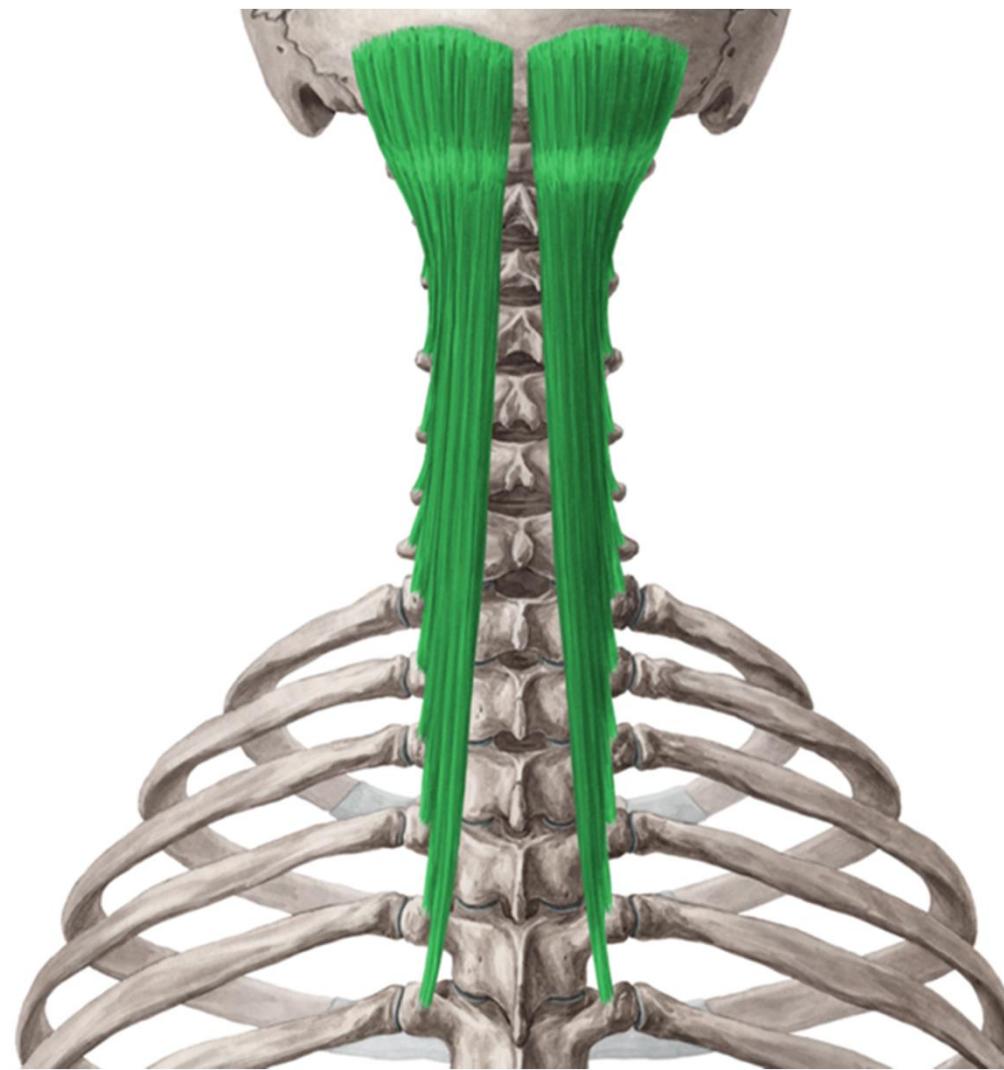
### 3. *Mm. multifidi* – between transverse and spinous pr., most developed at lumbar spine

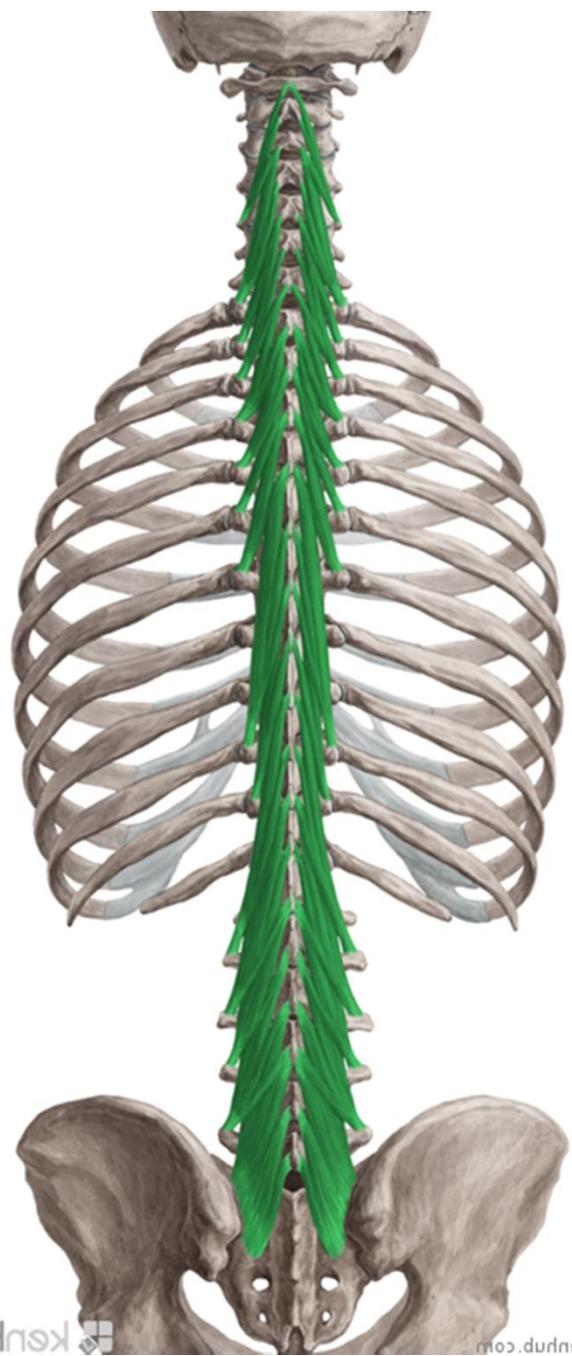
### 4. *Mm. rotatores* – between spinous pr. and vertebral arches, constant at Th spine

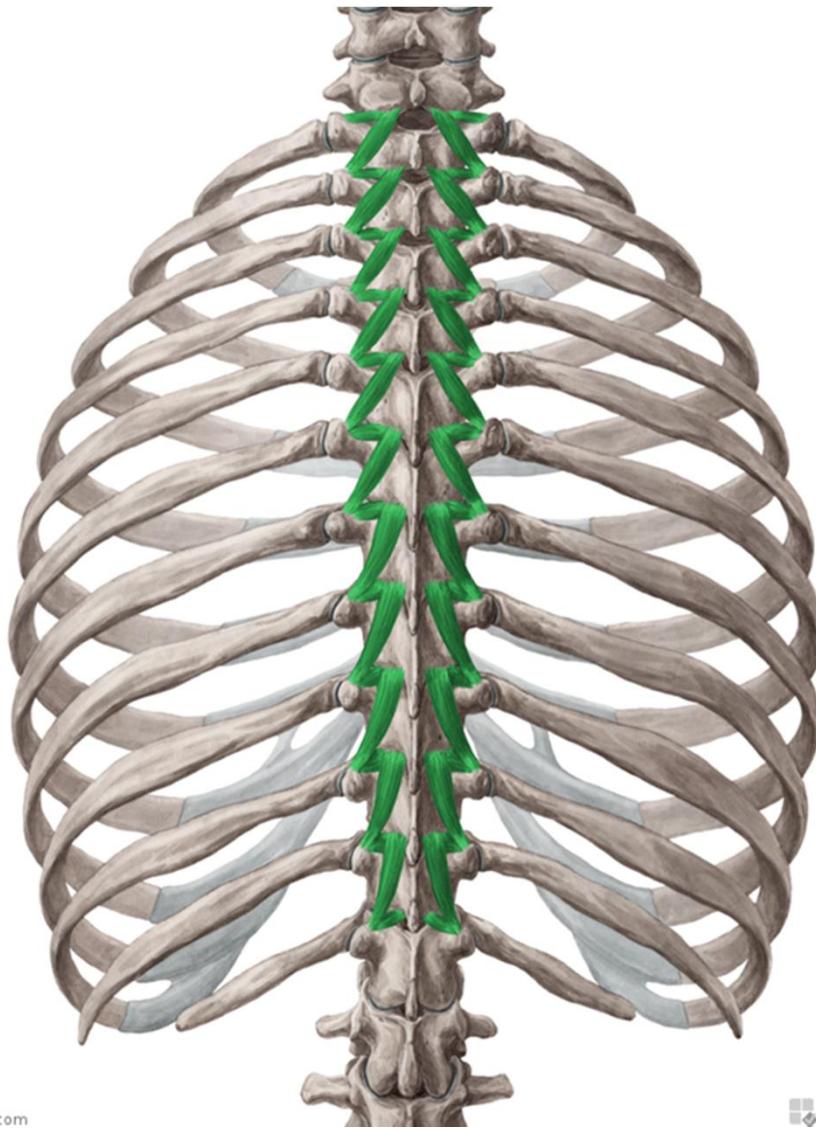
**F:** bilateral contraction– dorsiflexion of spine  
unilateral contraction –lateroflexion and rotation of spine

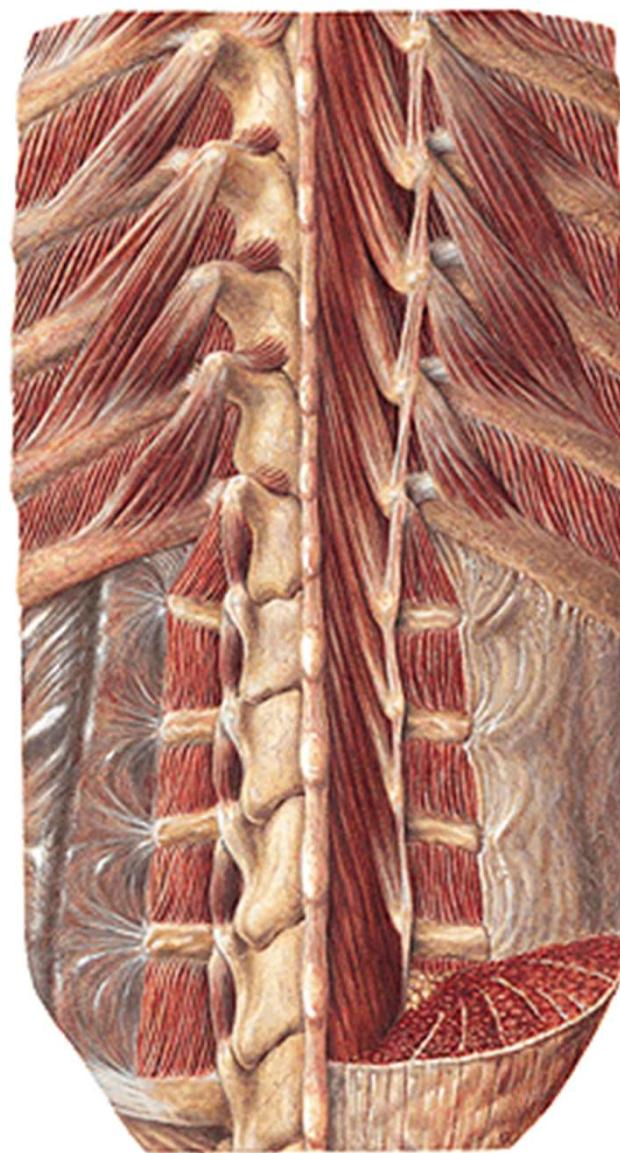
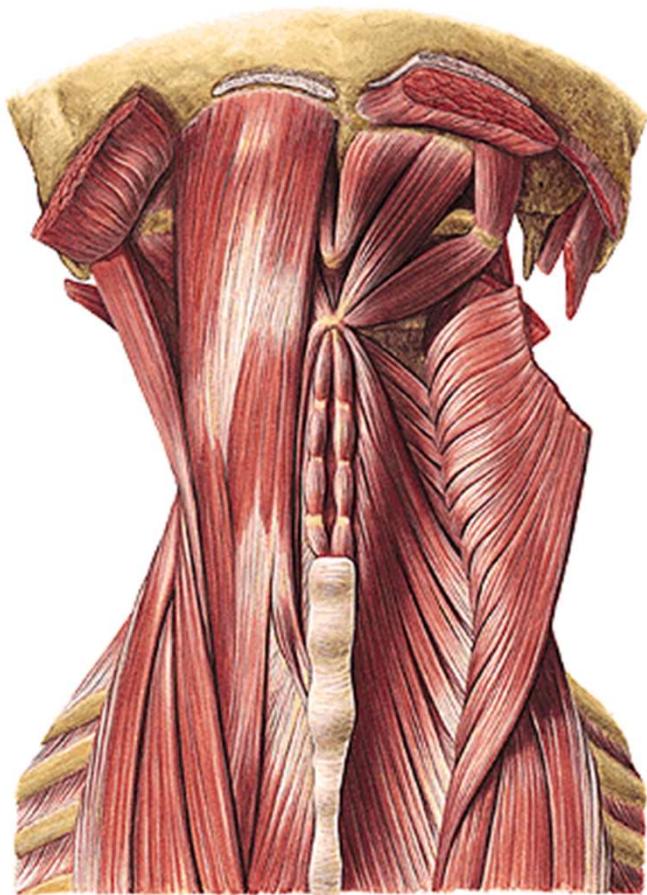












# Short back muscles (*mm. nuchae profundi*)

**F:** lateroflexion, dorsiflexion, rotation

## ***m. rectus capitis posterior minor***

**O:** tuberculum posterius atlantis

**I:** medial part of linea nuchae inferior

## ***m. rectus capitis posterior major***

**O:** pr. spinosus axis

**I:** middle part of linea nuchae inferior

## ***m. obliquus capitis superior***

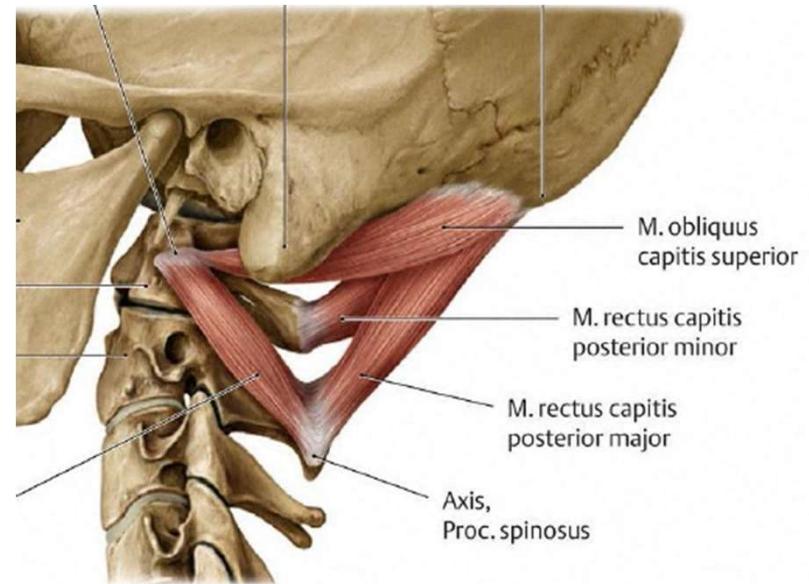
**O:** pr. transversus atlantis

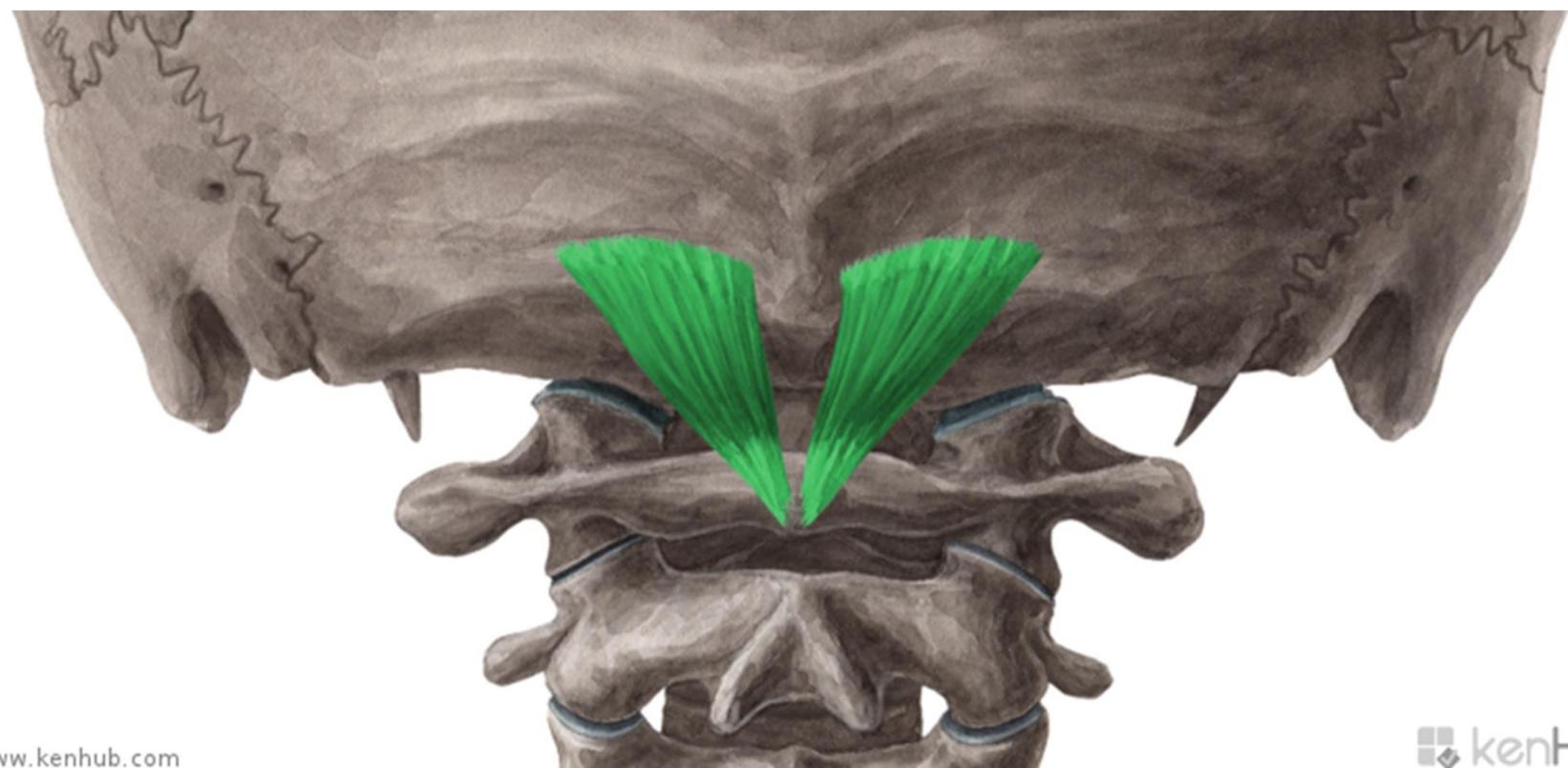
**I:** lateral part of linea nuchae inferior

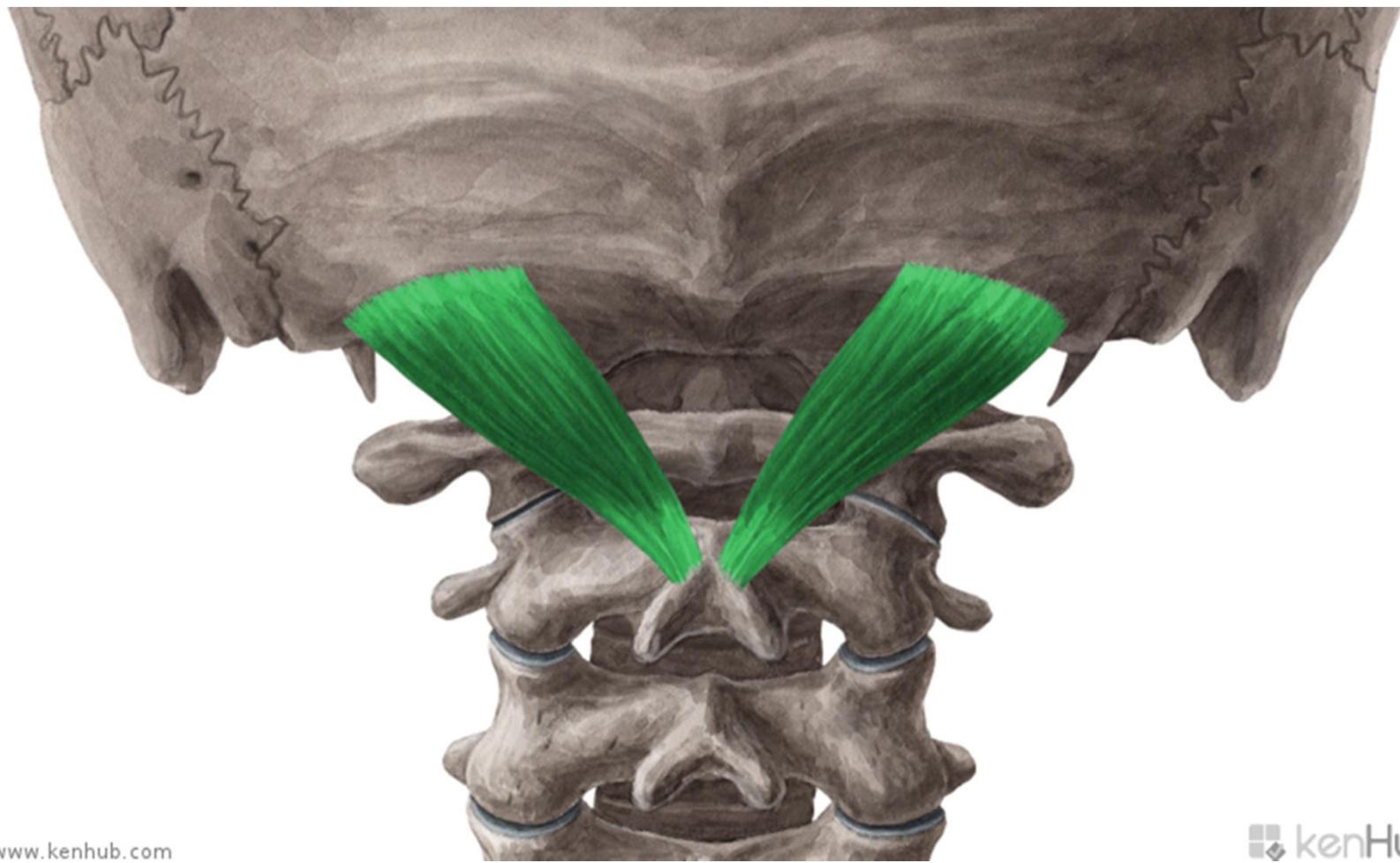
## ***m. obliquus capitis inferior***

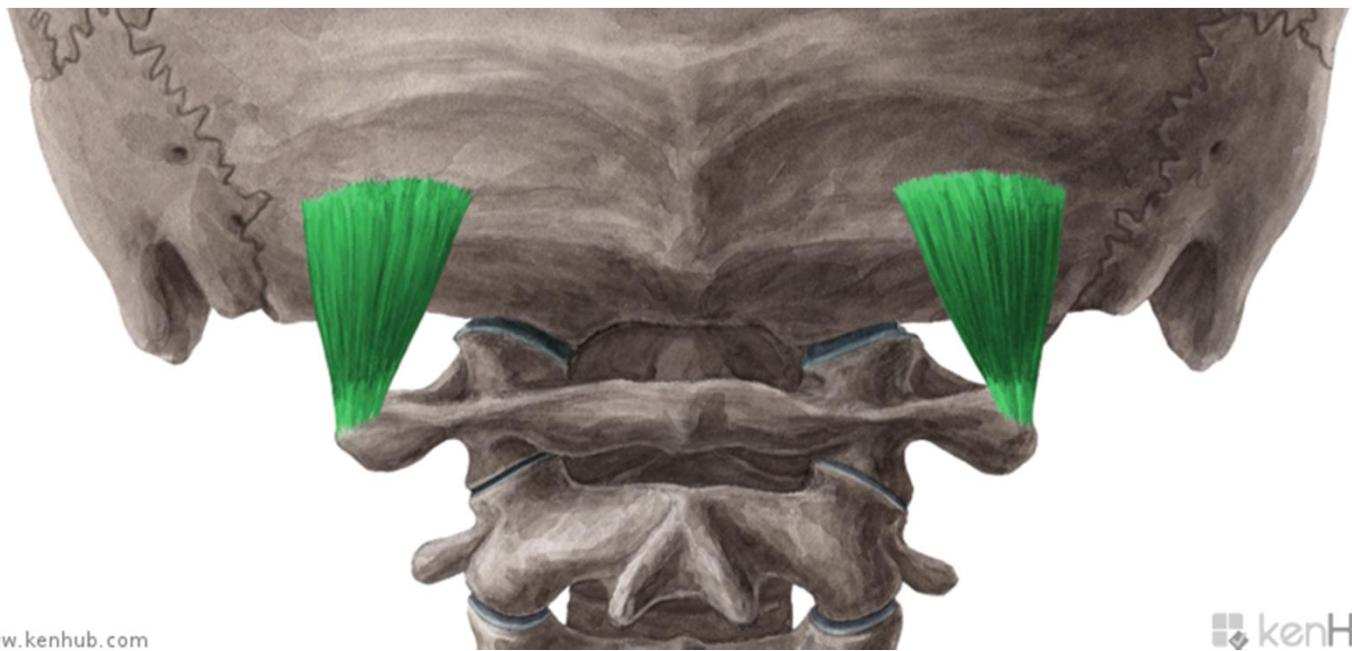
**O:** pr. spinosus axis

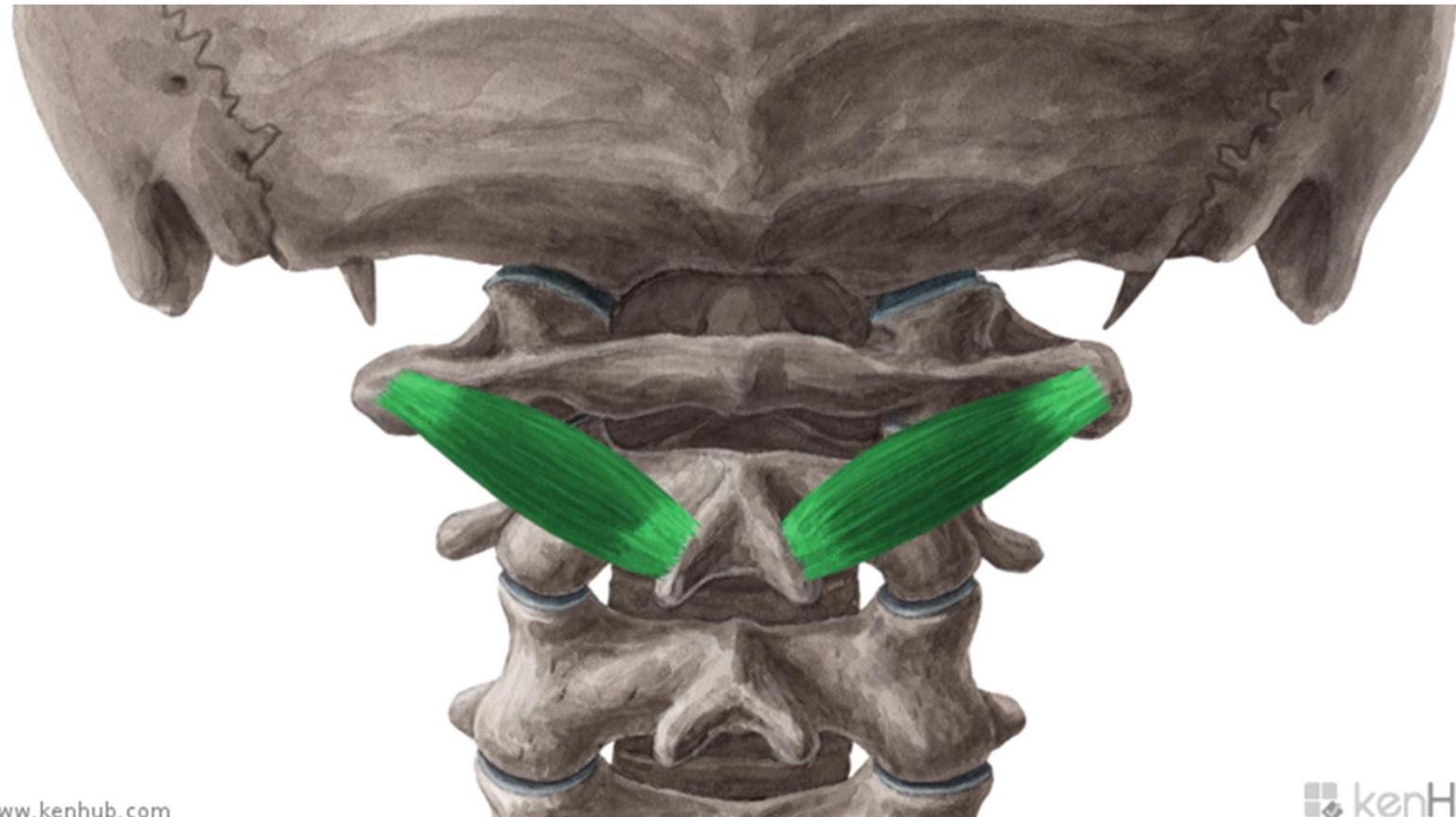
**I:** pr. transversus atlantis



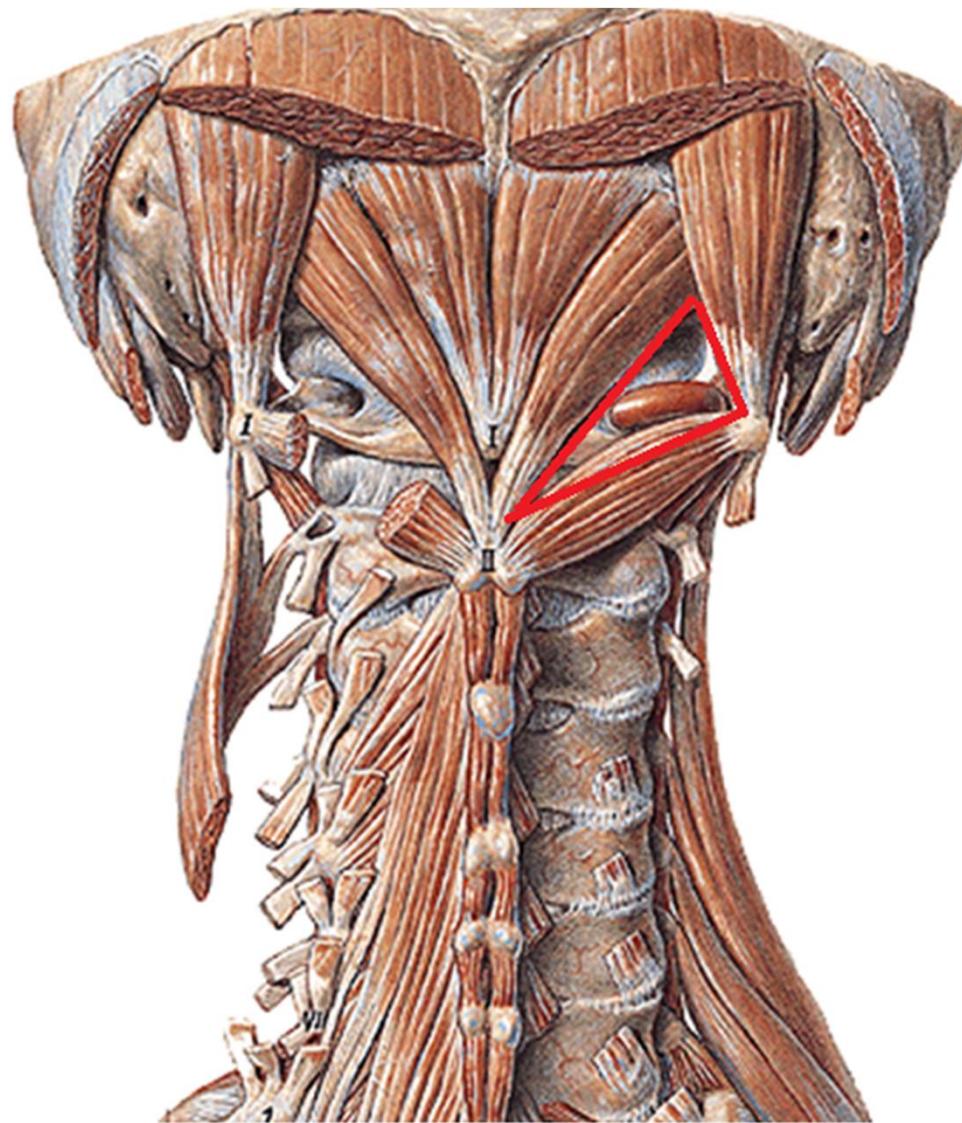








**Function:** lateroflexion, dorsiflexion, rotation



### **Trigonum suboccipitale**

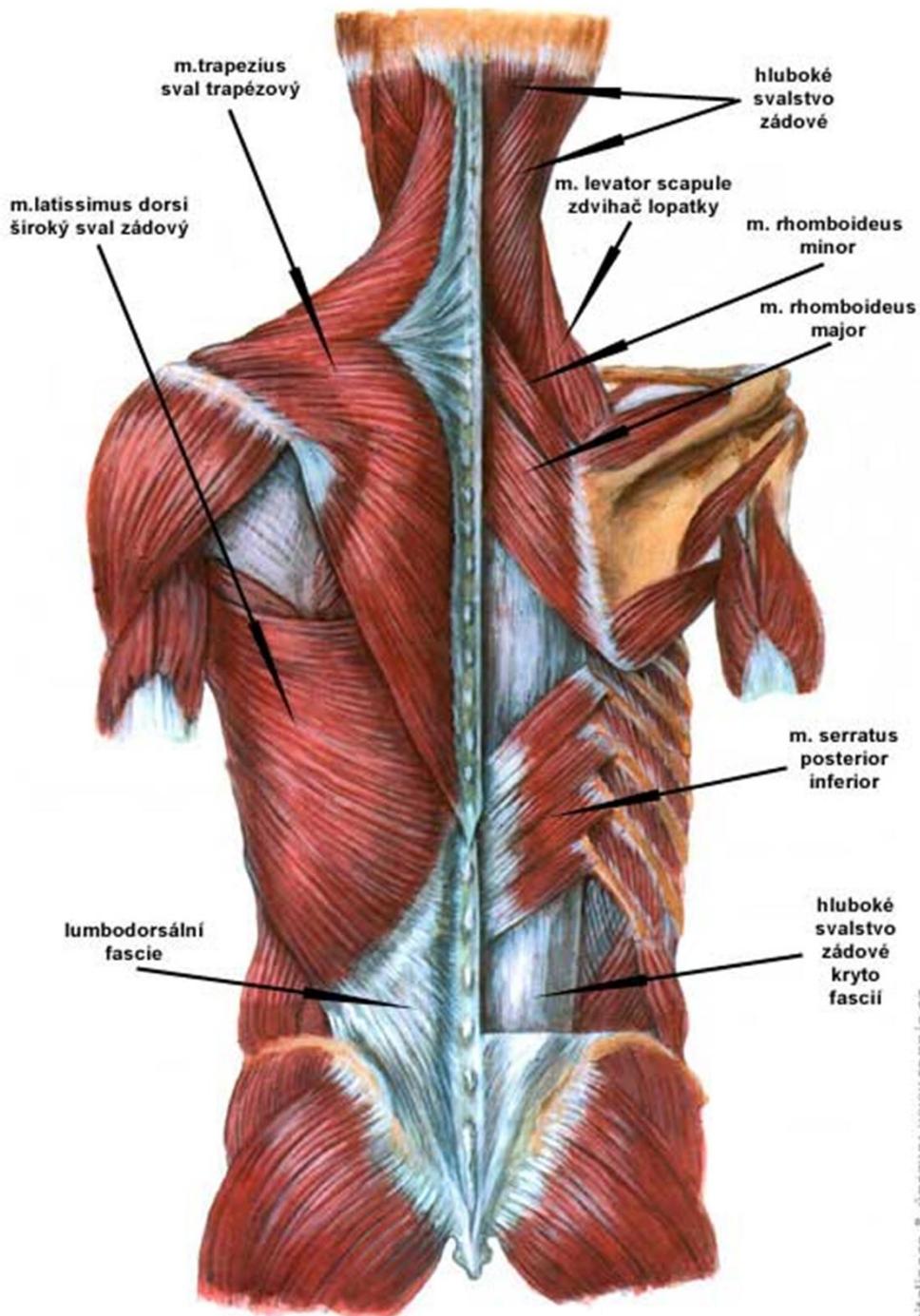
Borders:

**m. rectus capitis**

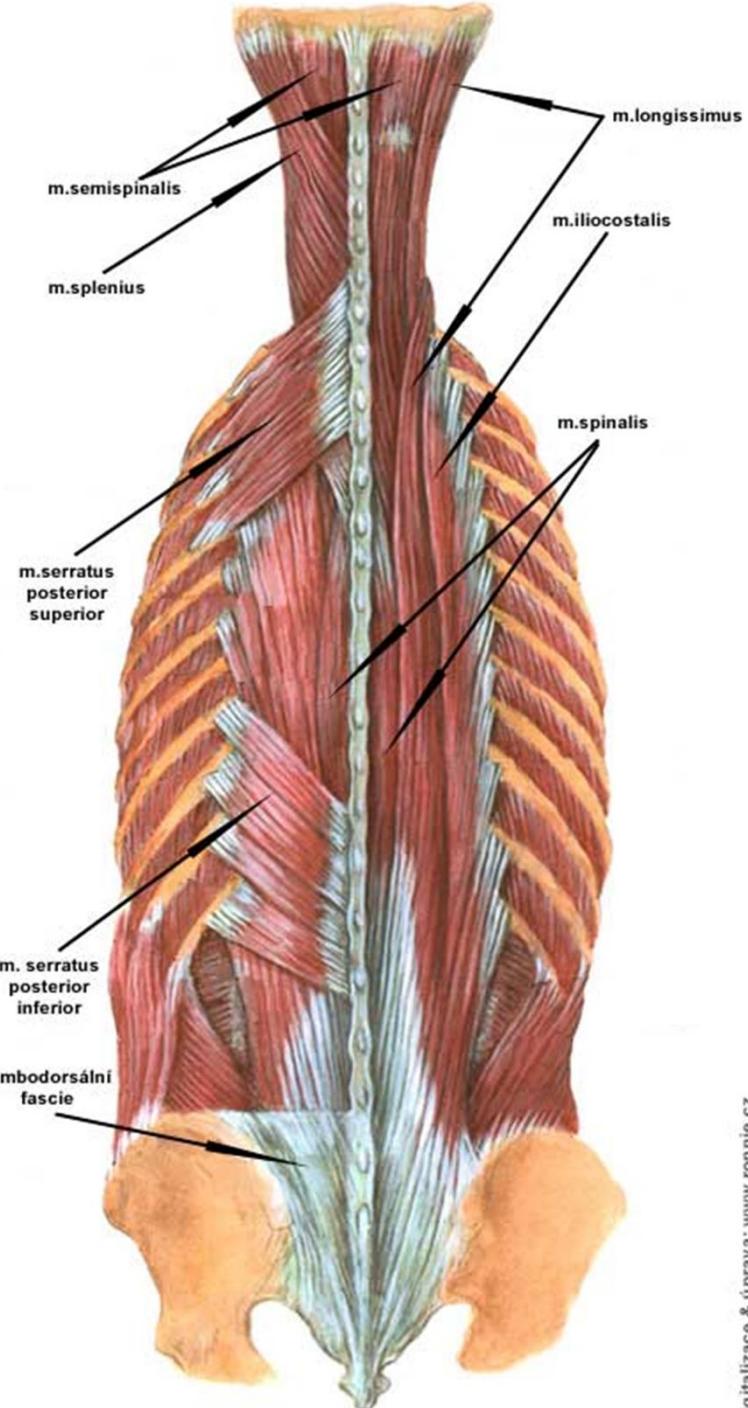
**posterior major**

**and both mm. obliqui**

Content is arcus posterior  
atlantis, a. vertebralis, n.  
suboccipitalis



digitalizace & úprava: [www.ronnie.cz](http://www.ronnie.cz)

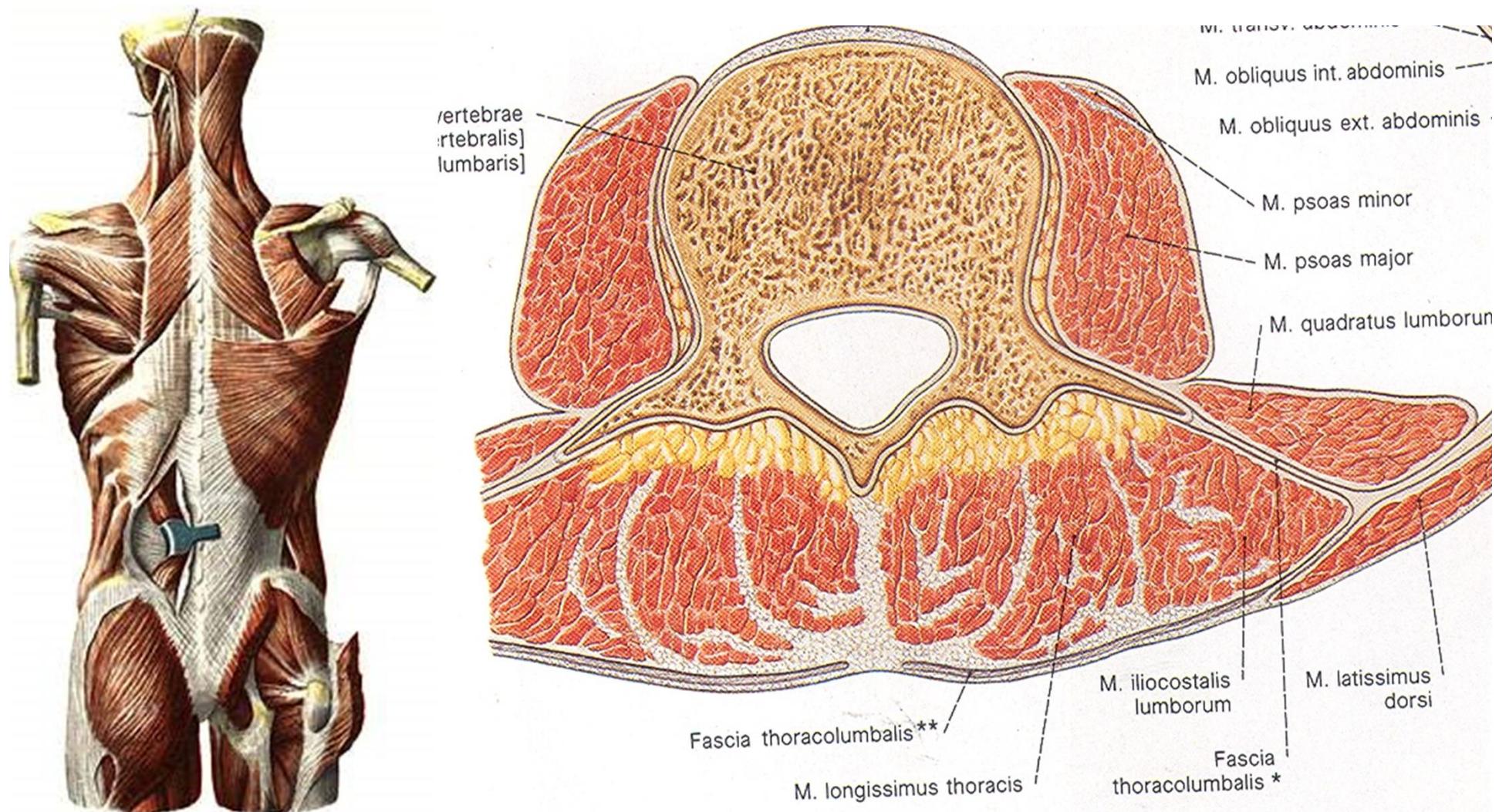


digitalizace & úprava: [www.ronnie.cz](http://www.ronnie.cz)

## Fasciae of back muscles

*fascia thoracolumbalis* (aponeurosis) is important

The superficial sheet is aponeurosis of *m. latissimus dorsi*; the deep sheet is stretched between 12th rib and *crista iliaca*, it forms borderline between *m. erector spinae* and *m. quadratus lumborum* – *aponeurosis lumbalis*.



# Abdominal muscles



# Abdominal muscles (*mm. abdominis*)

## I. Ventral group:

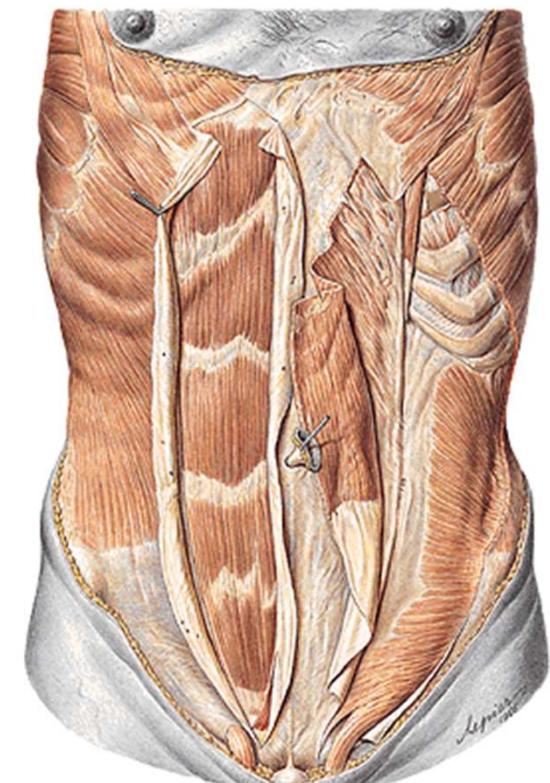
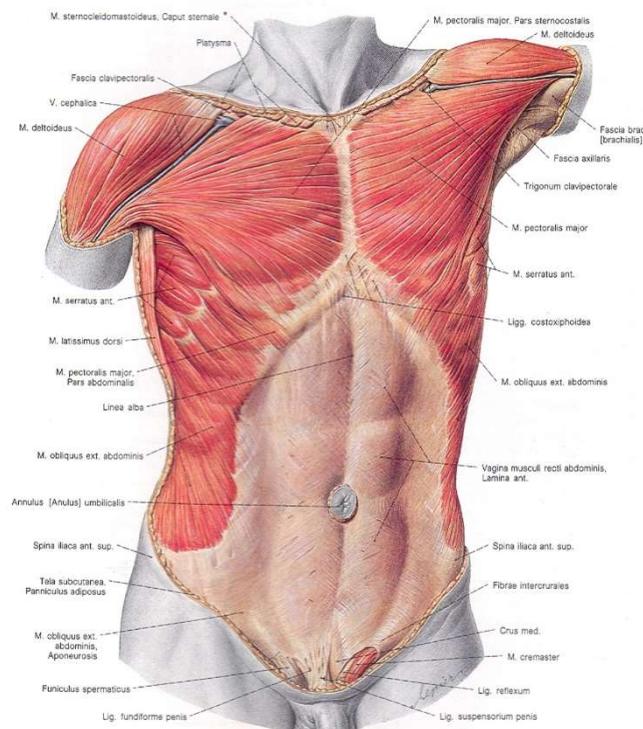
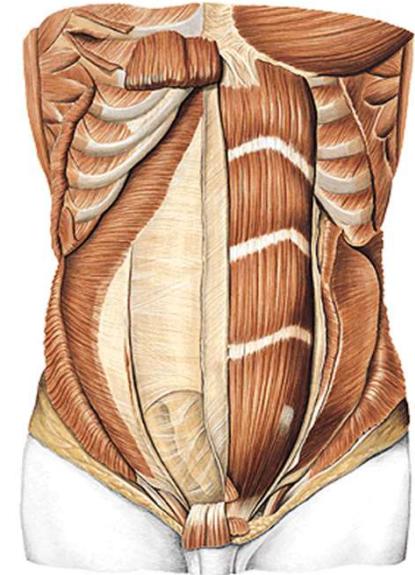
### 1. *M. rectus abdominis* – intersectiones

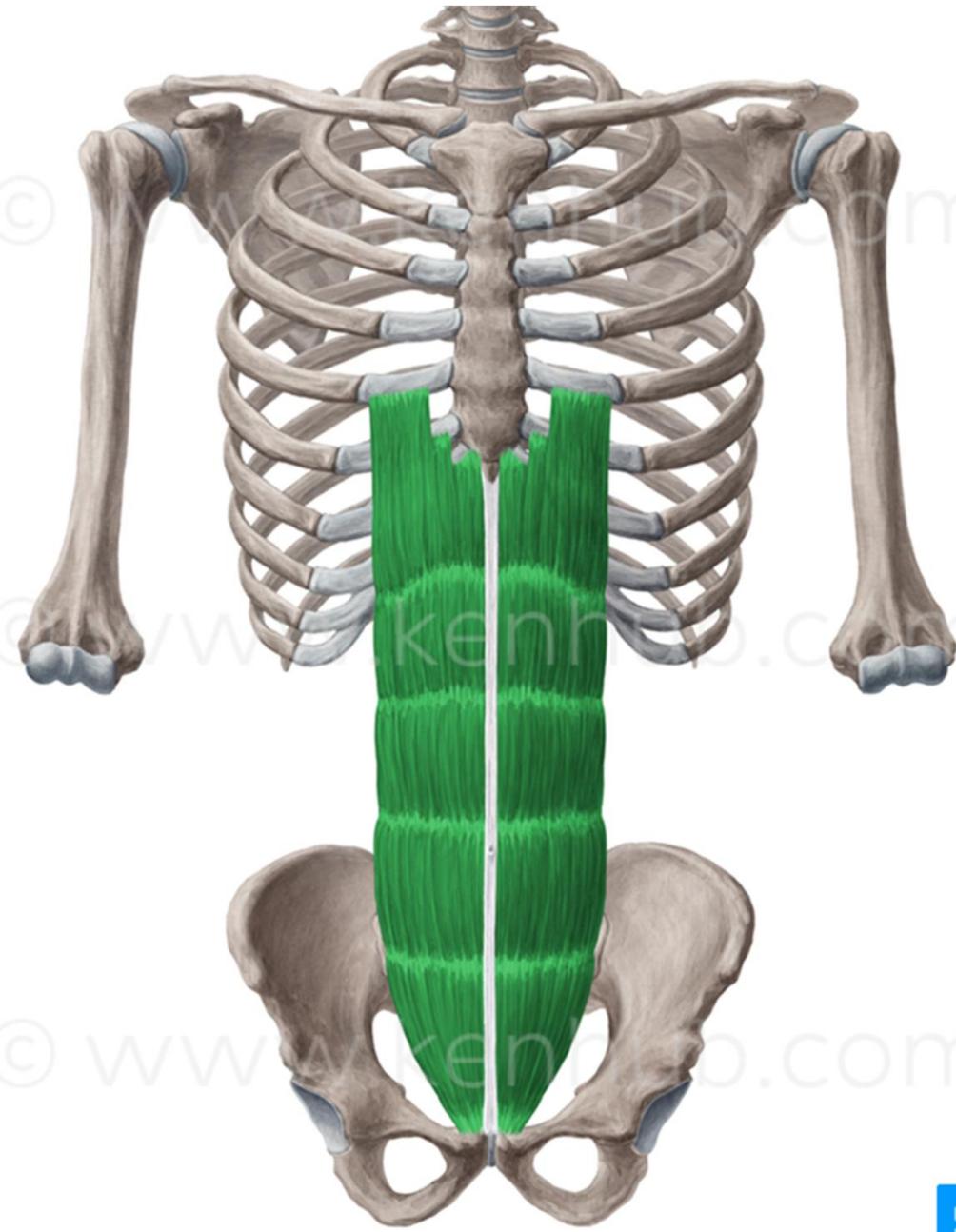
tendineae, it pulls the ribs down

– expiratory muscle, anteflexion of the trunk.

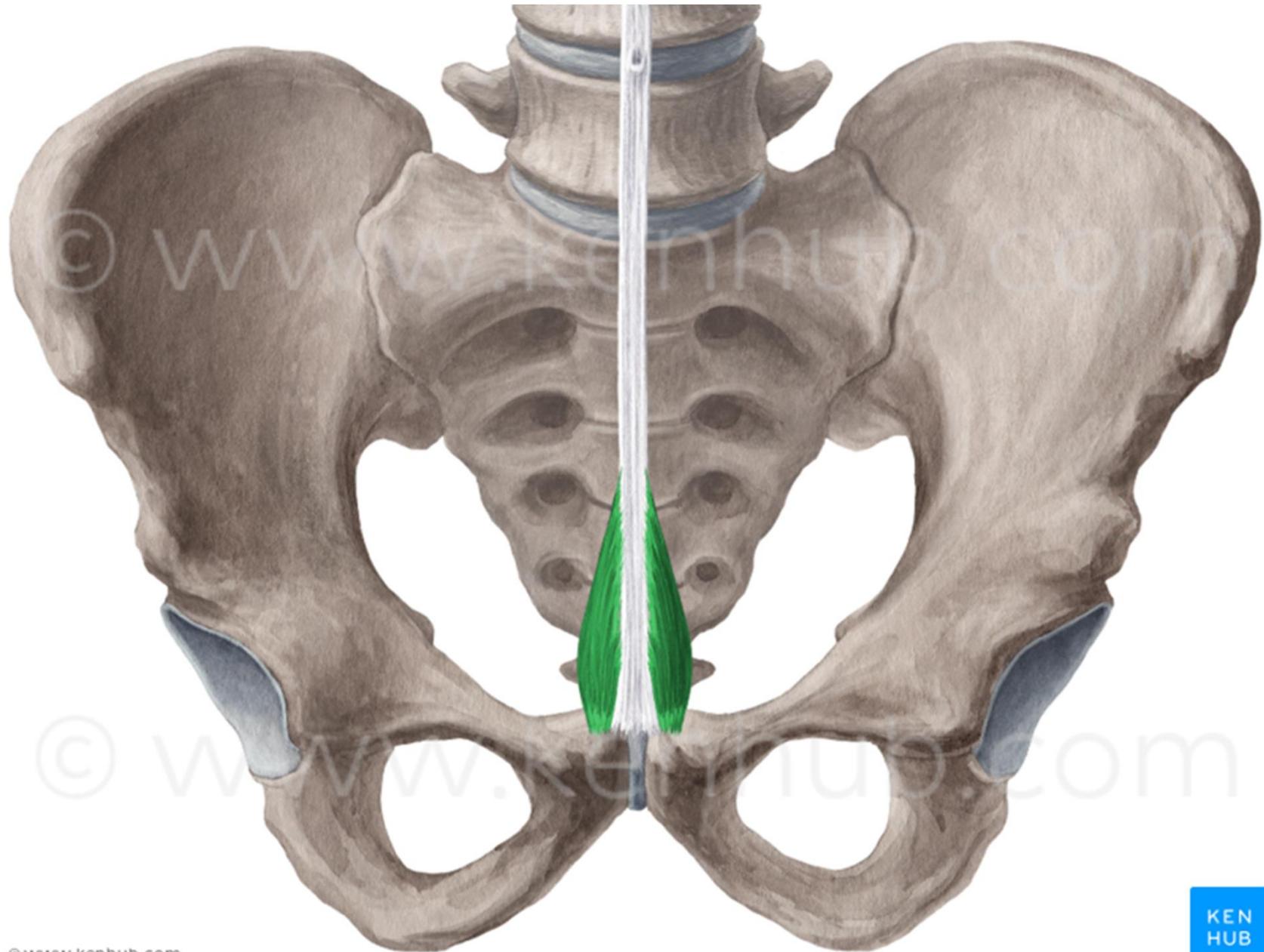
It participates in abdominal press.

### 2. *M. pyramidalis* – rudimentary



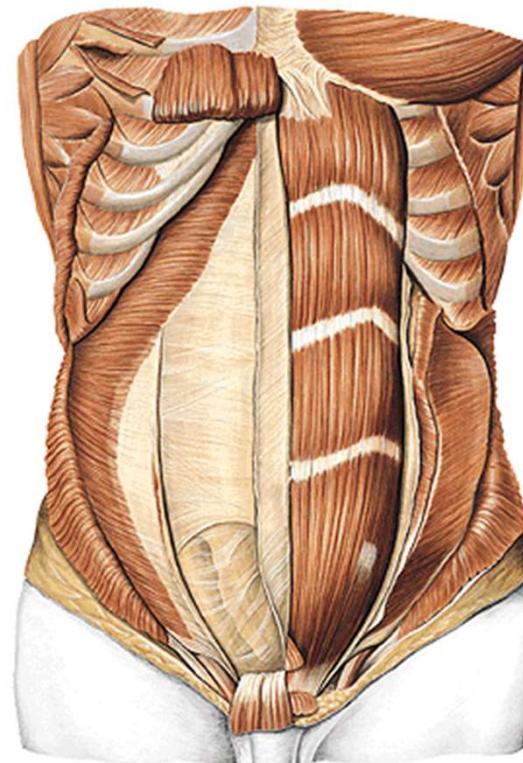


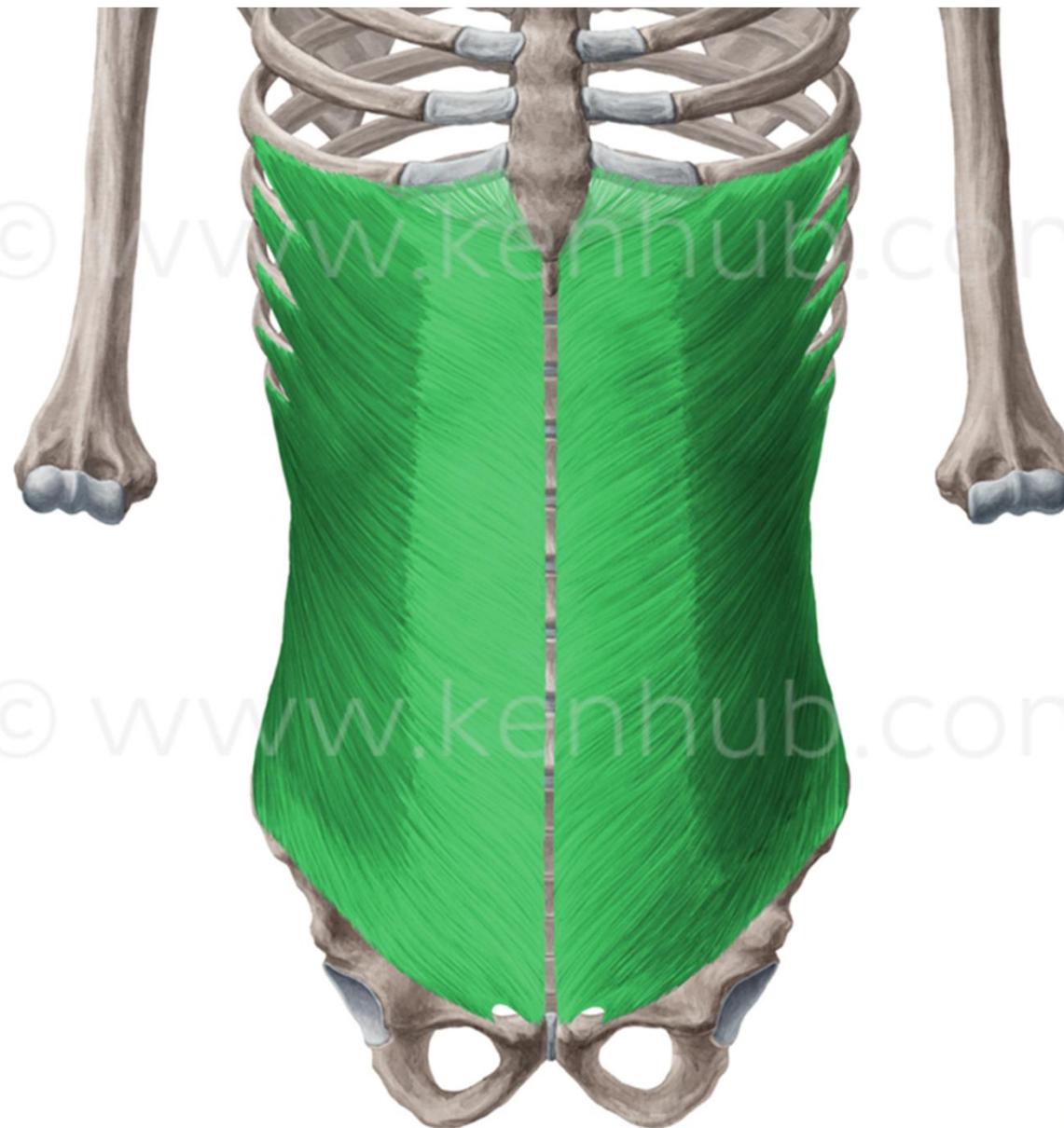


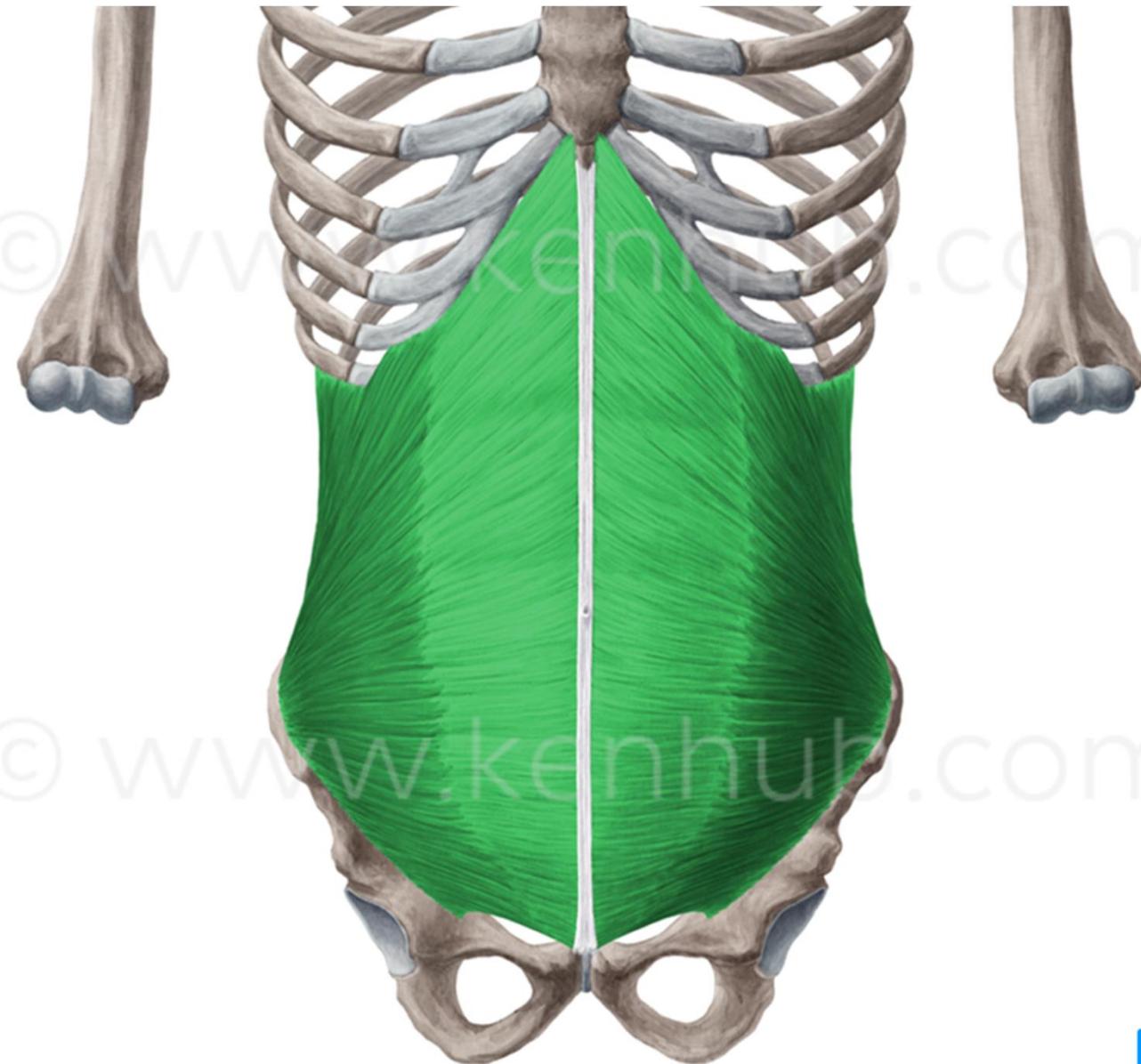


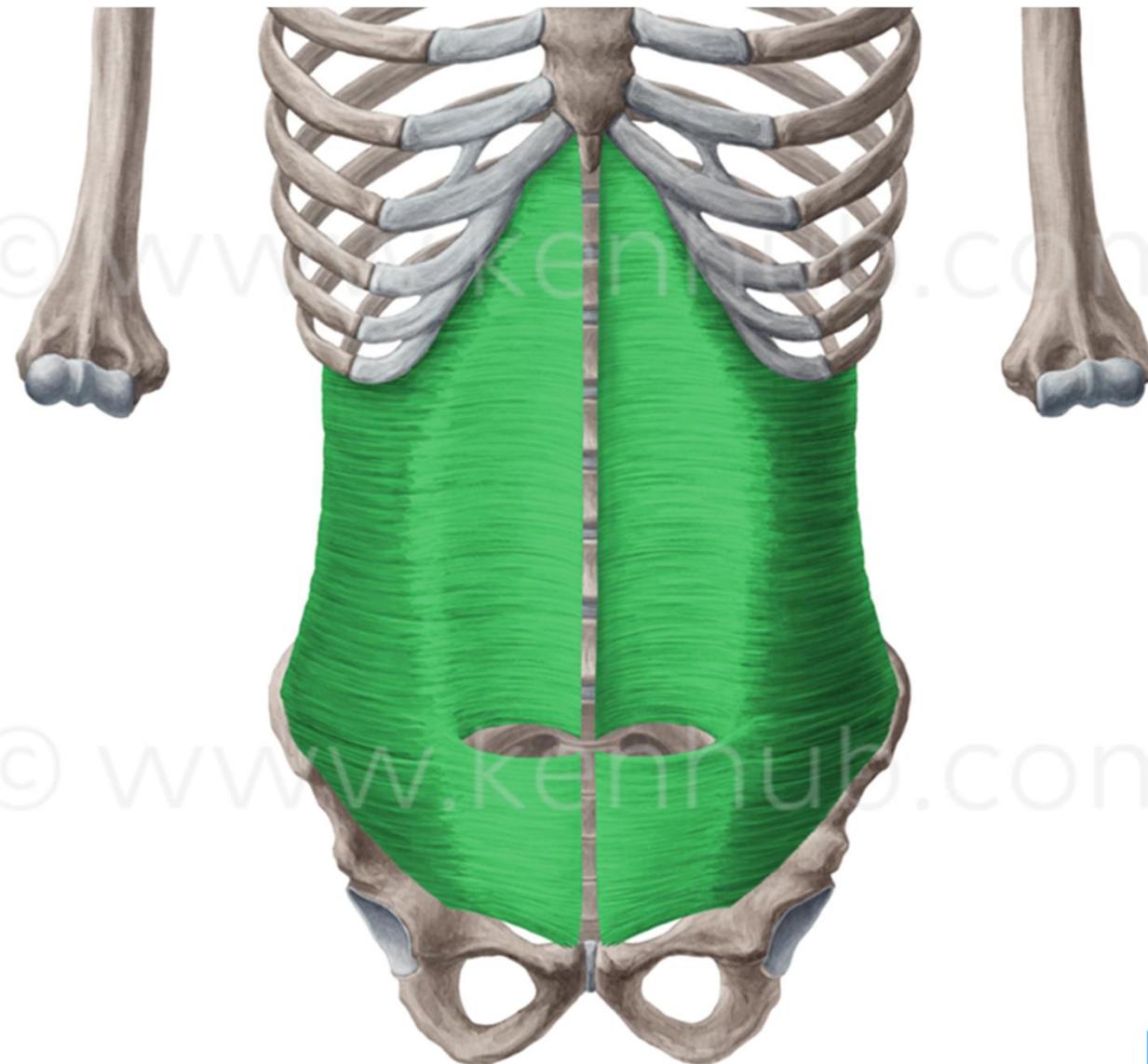
## II. Lateral group

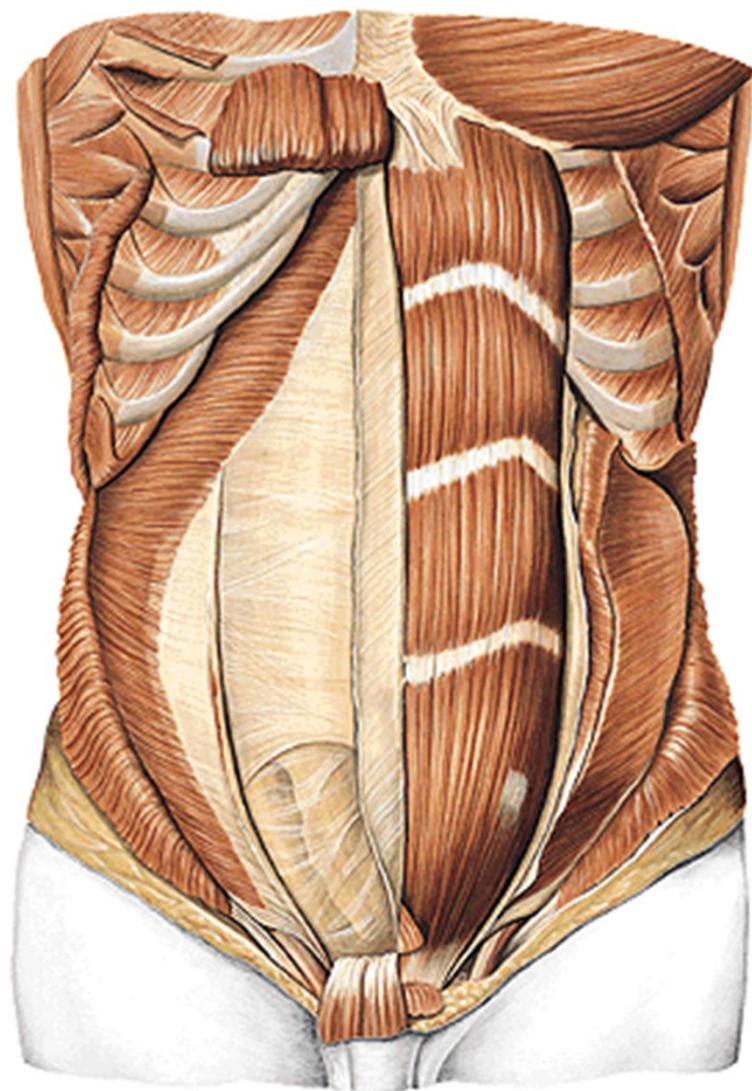
1. ***M. obliquus externus abdominis*** – anteflexion of spine, elevation of pelvis, unilateral contraction – contralateral rotation, abdominal press
2. ***M. obliquus internus abdominis*** – the same function
3. ***M. transversus abdominis***  
abdominal press, expiratory muscle



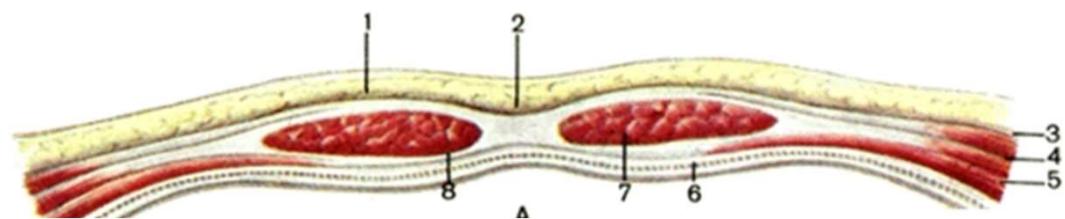




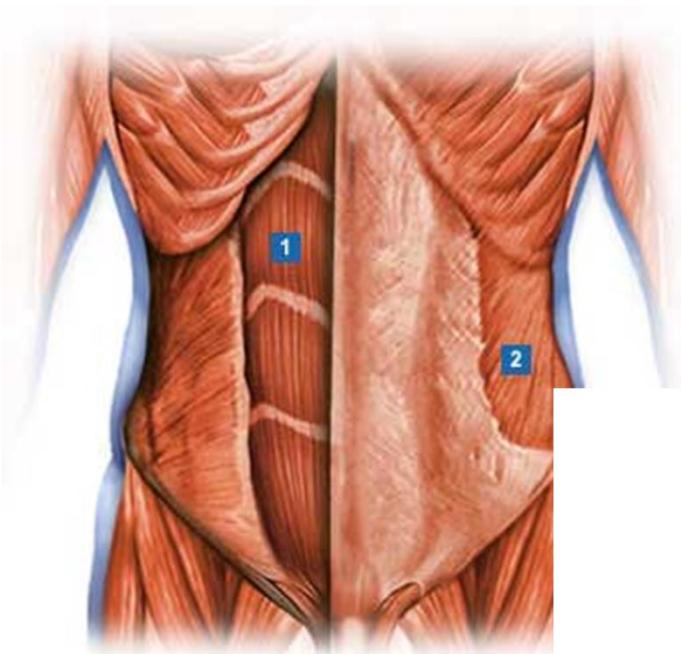




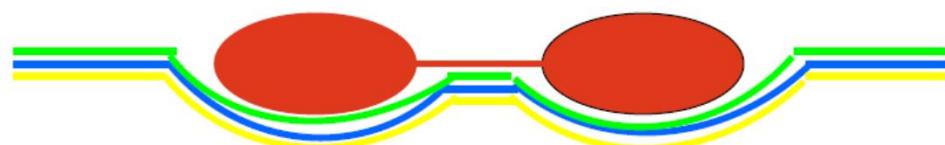
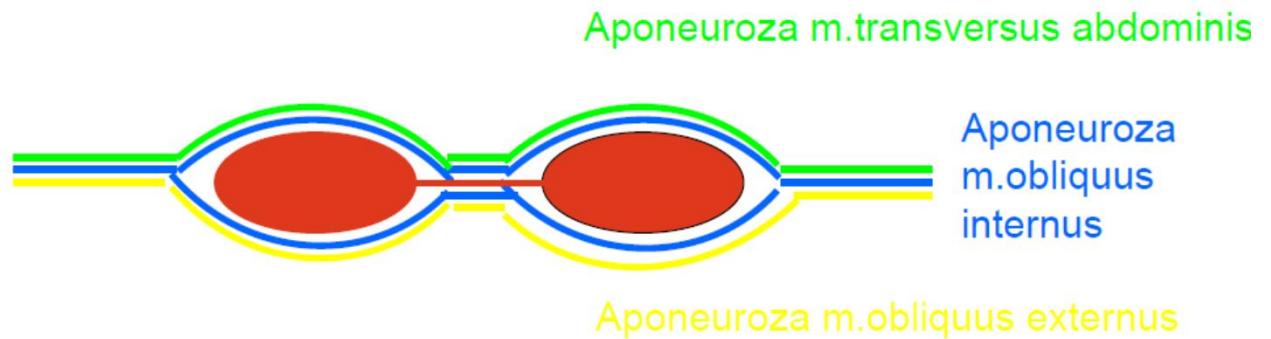
### Vagina m. recti abdominis



## VAGINA MUSCULI RECTI ABDOMINIS



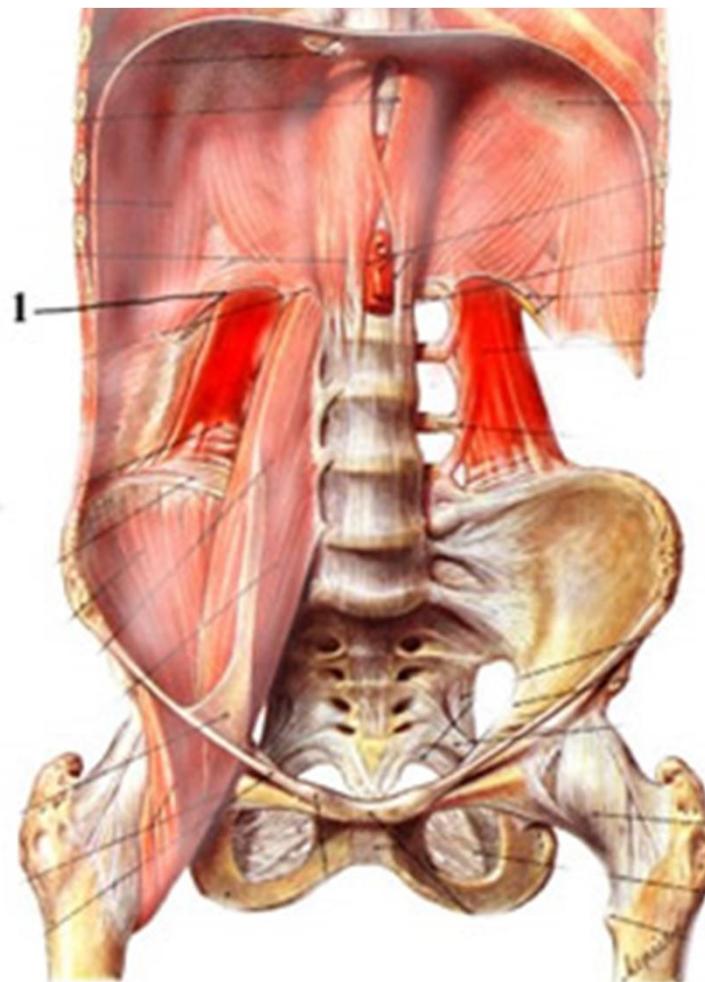
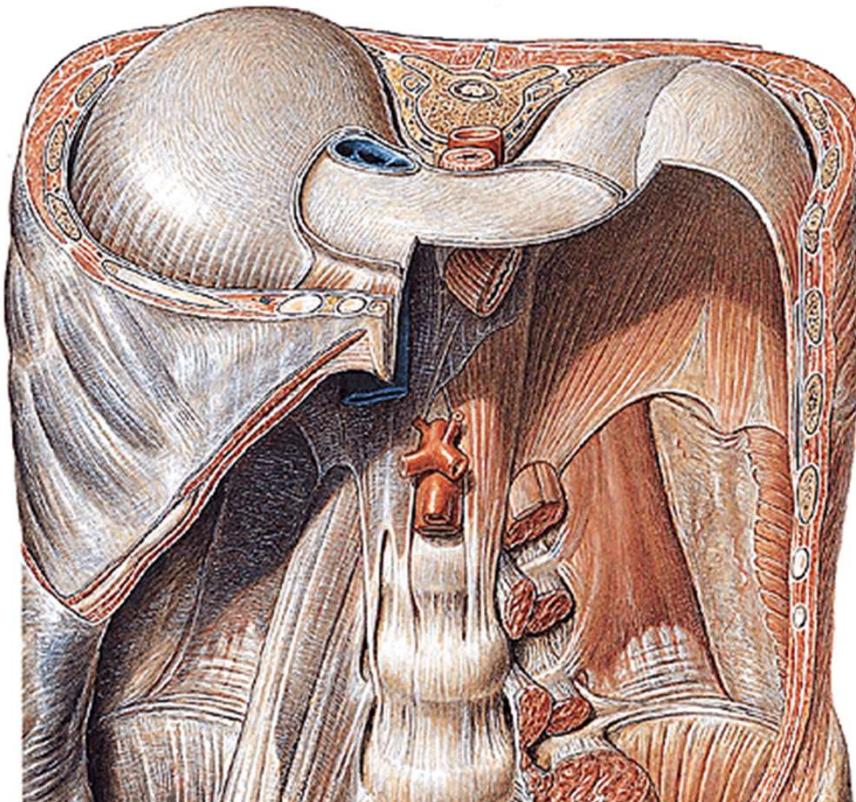
**Vagina m.recti abd.**

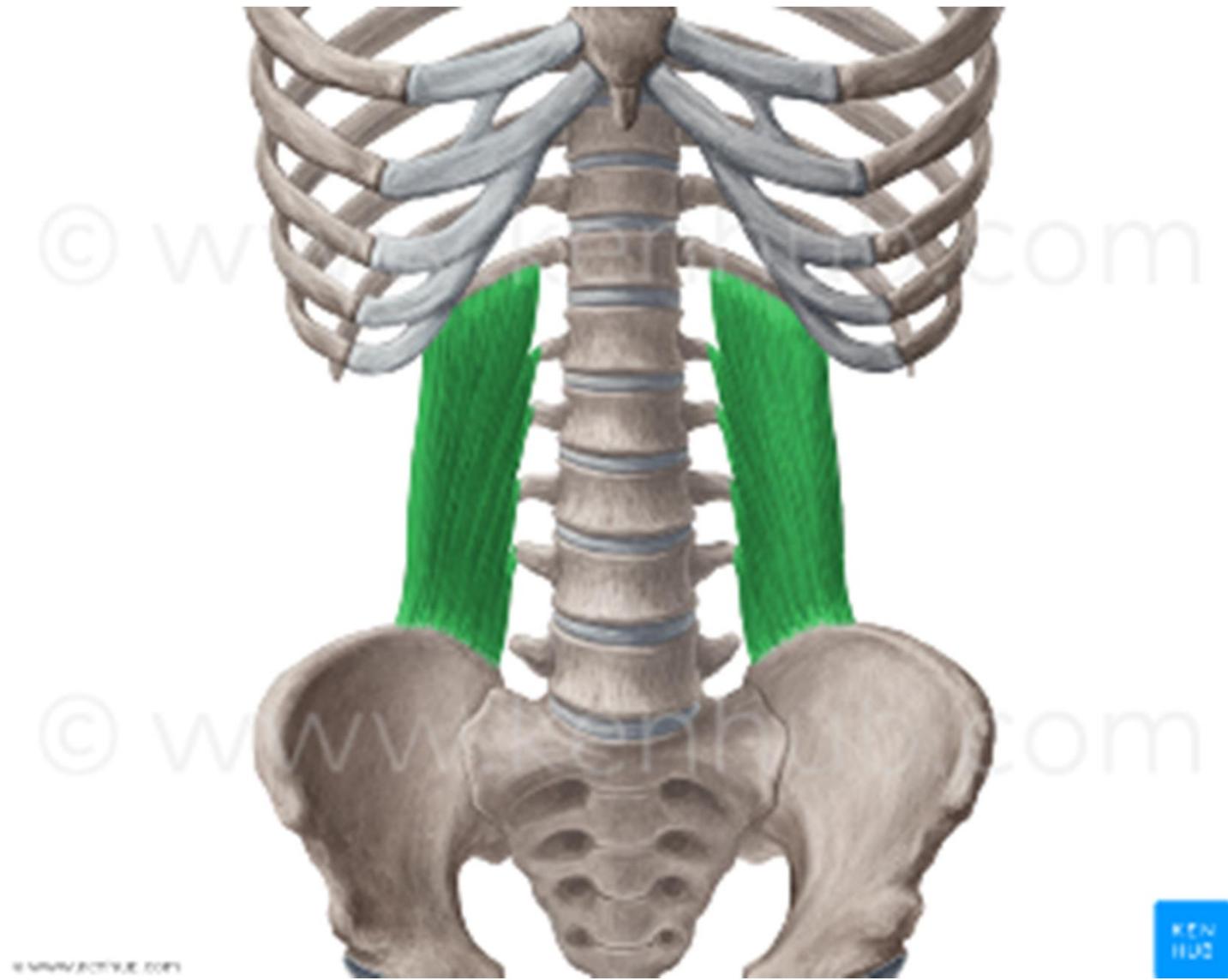


### III. Dorsal group

1. *Mm. intertransversarii laterales lumborum* – six pairs
2. *M. quadratus lumborum* – unilateral contraction – lateroflexion of spine, bilateral – extension of lumbar spine and fixation of 12th rib.

Innervation: nn. intercostales  
plexus lumbalis

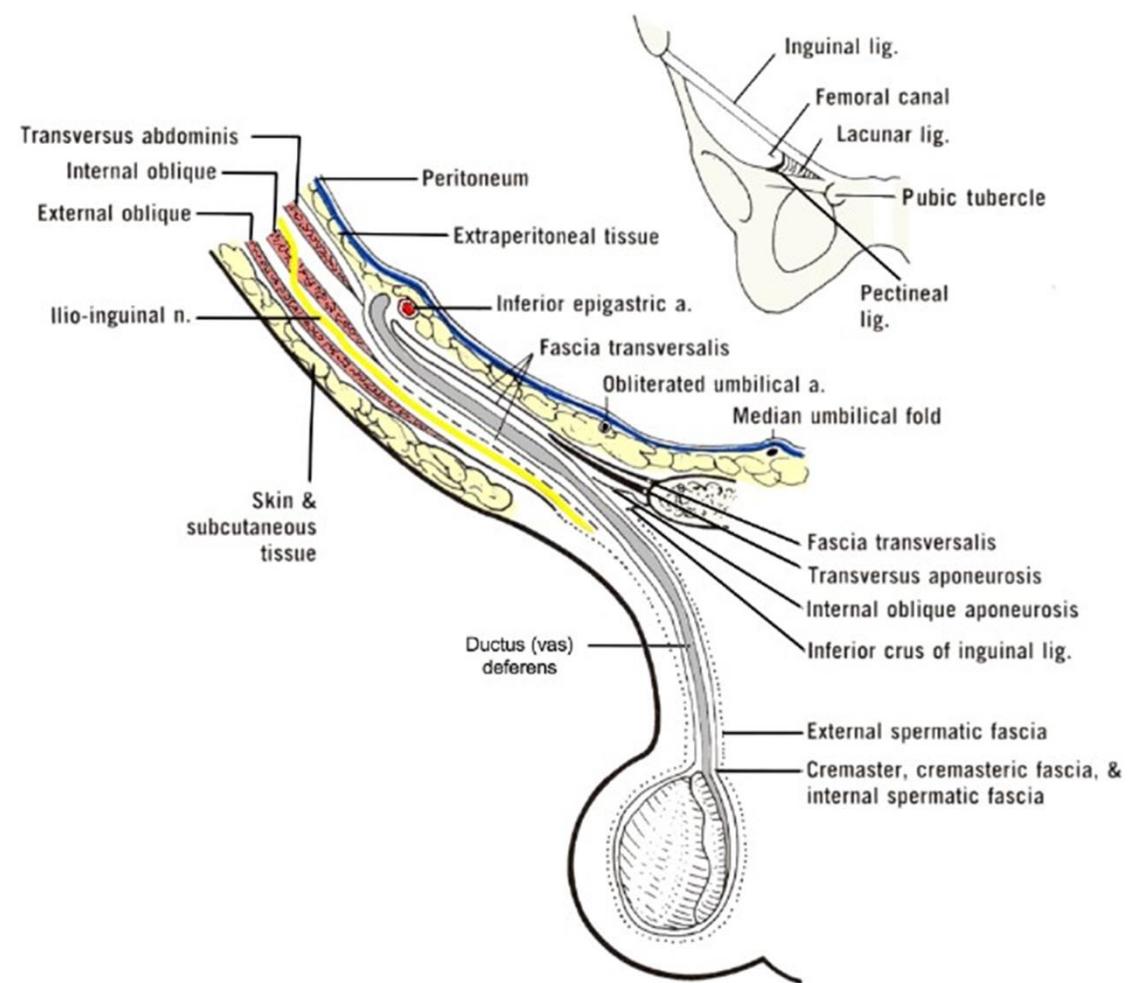
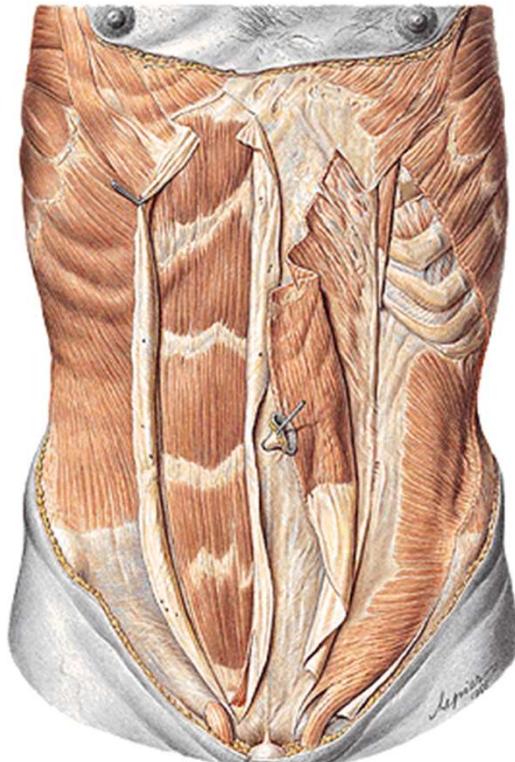


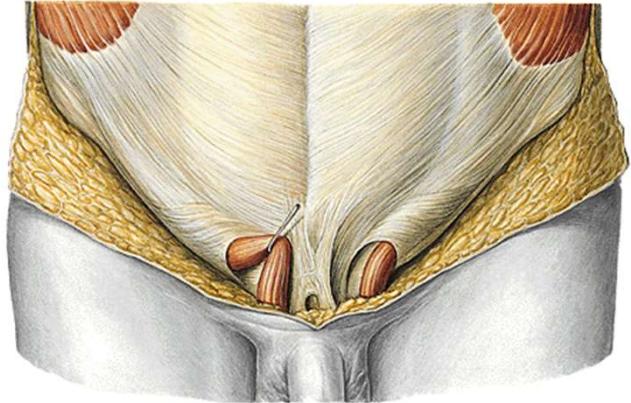


KEN  
HUZ

# Abdominal fasciae

**Fascia abdominis superficialis** (continues to funiculus spermaticus)  
**Fascia transversalis** (continues to funiculus spermaticus)





## Inguinal canal (*canalis inguinalis* – CI)

It is located above *lig. inguinale* – it is weakened area in abdominal wall

Inguinal ligament= reinforced caudal edge of aponeurosis of *m. obliquus abdominis externus*  
(from SIAS to *tuberculum pubicum*)

CI starts in abdominal cavity as *anulus inguinalis profundus* and opens out into subcutaneous area as *anulus inguinalis superficialis* (borders – *crus mediale* and *laterale* and *fibrae intercrurales*)

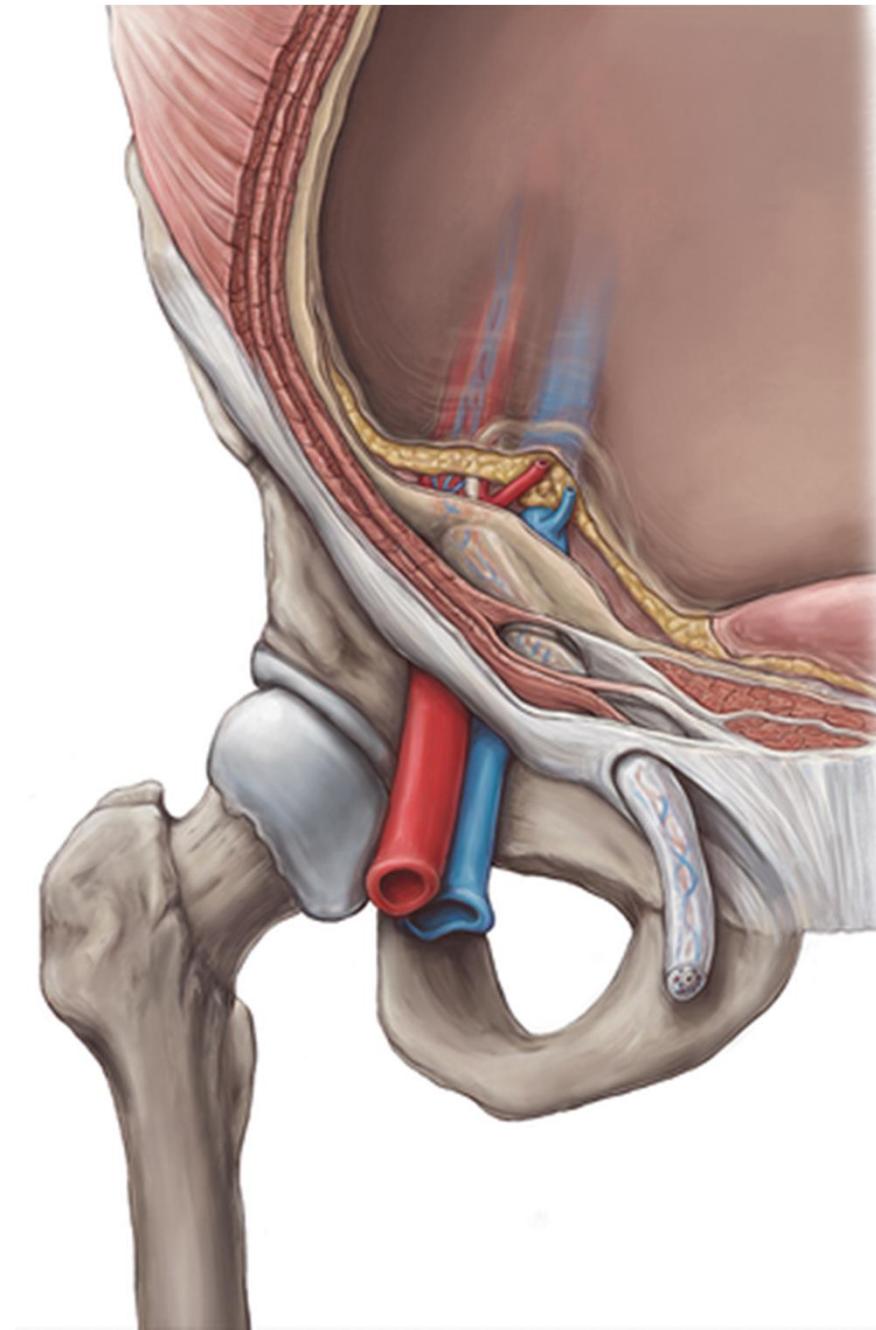
Anterior wall CI – aponeurosis of *m. obliquus abdominis externus*

Posterior wall CI – *fascia transversalis* (reinforcements *falx inquinalis* and *lig. interfoveolare*)

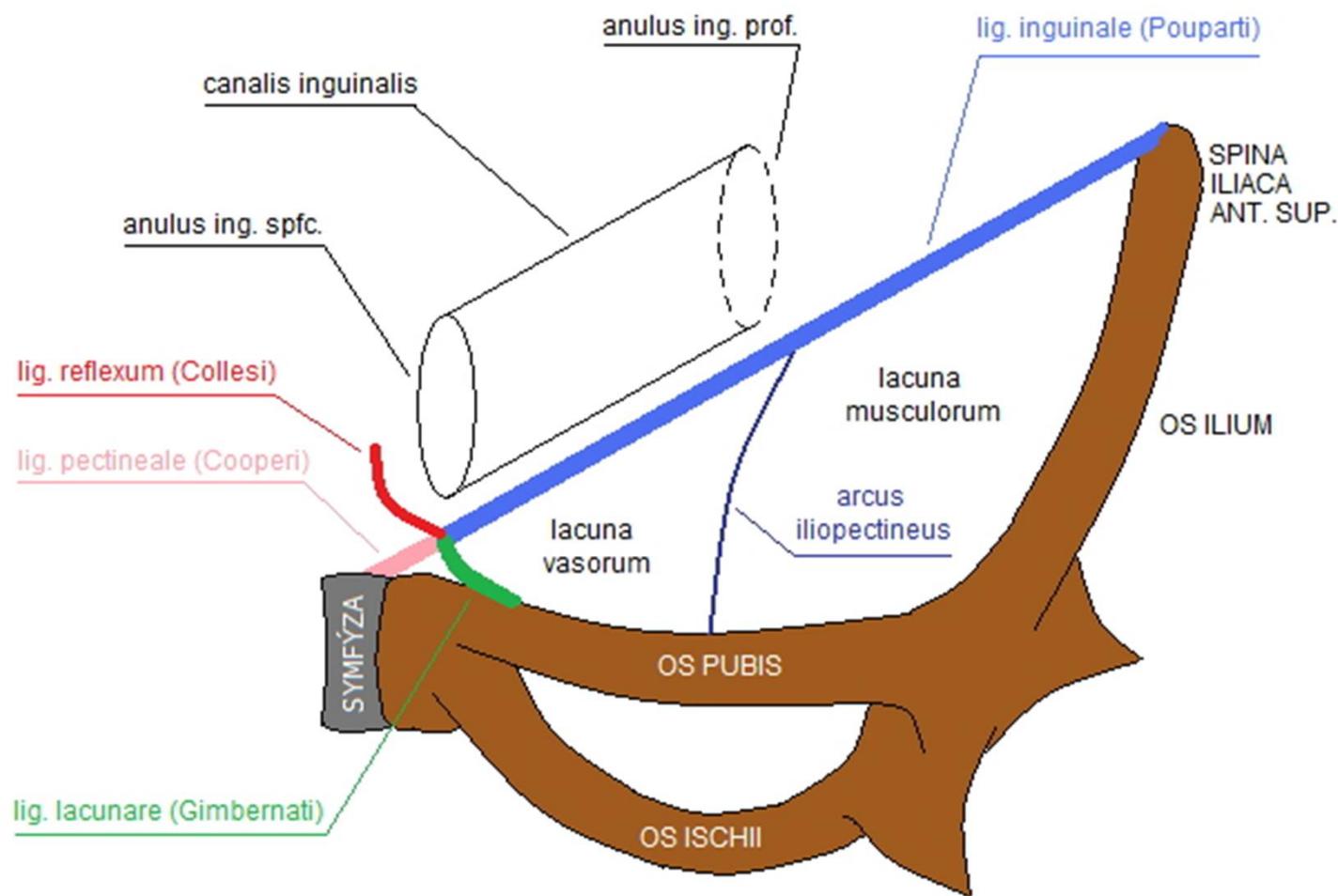
Inferior wall CI – *lig. inquinale*

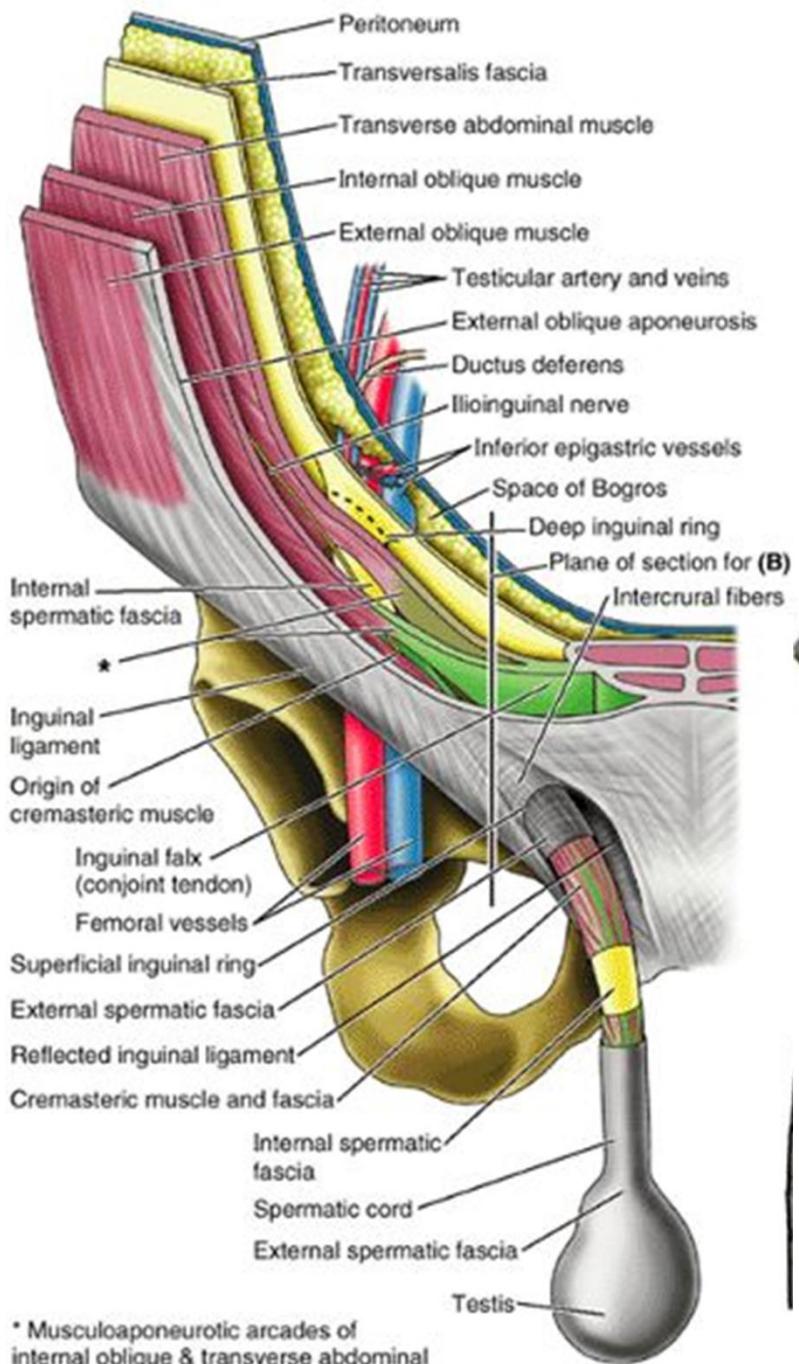
Superior wall CI – bounds of *m. obliquus abdominis int.* and *m. transversus abdominis*

(it forms *m. cremaster* in man)

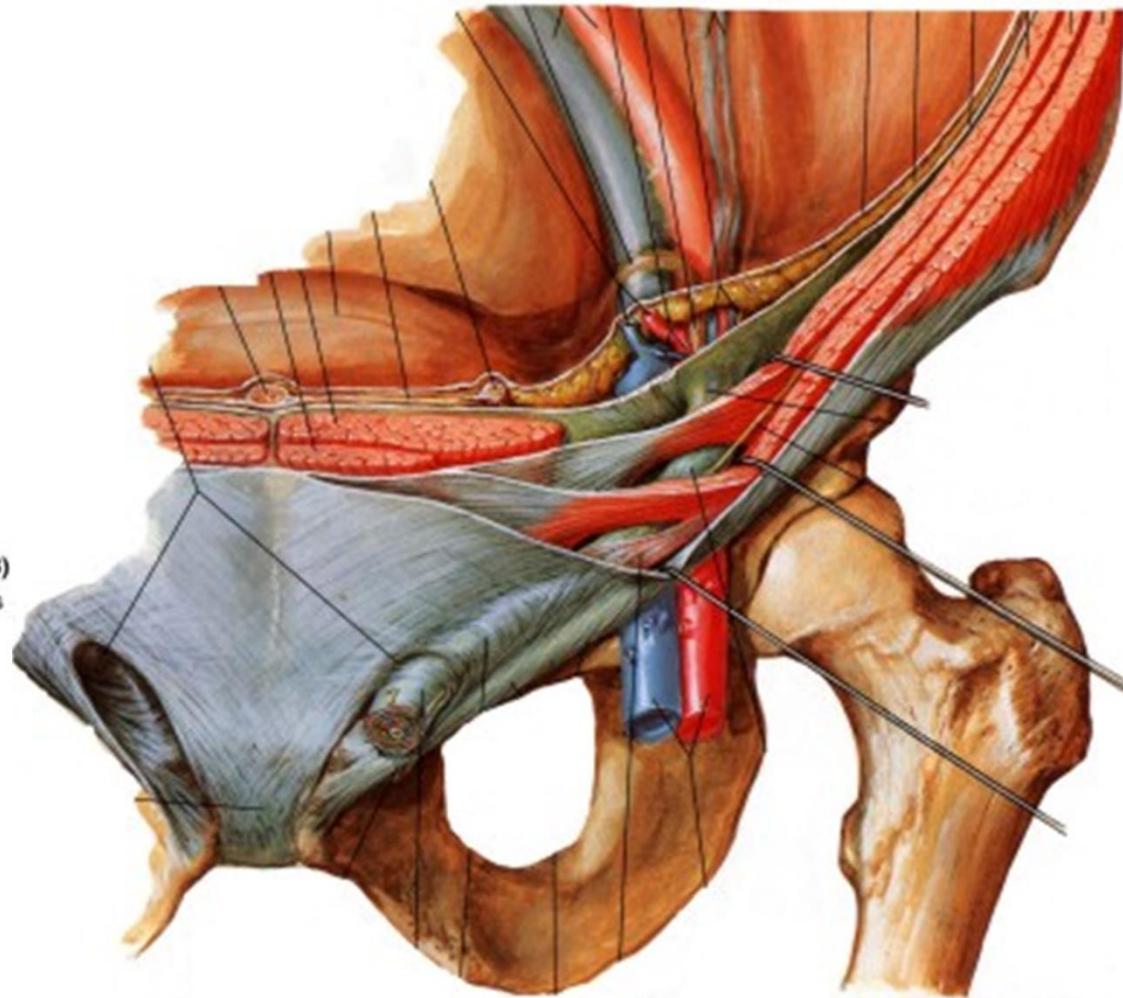


## Schéma tříselného vazu (lig. inguinale Pouparti)





(A) Anterior view



**Funiculus spermaticus passes through canalis inguinalis in man (during prenatal development – the testes), ligamentum teres uteri in woman.**

**Weakened place– inguinal herniae (direct and indirect).**

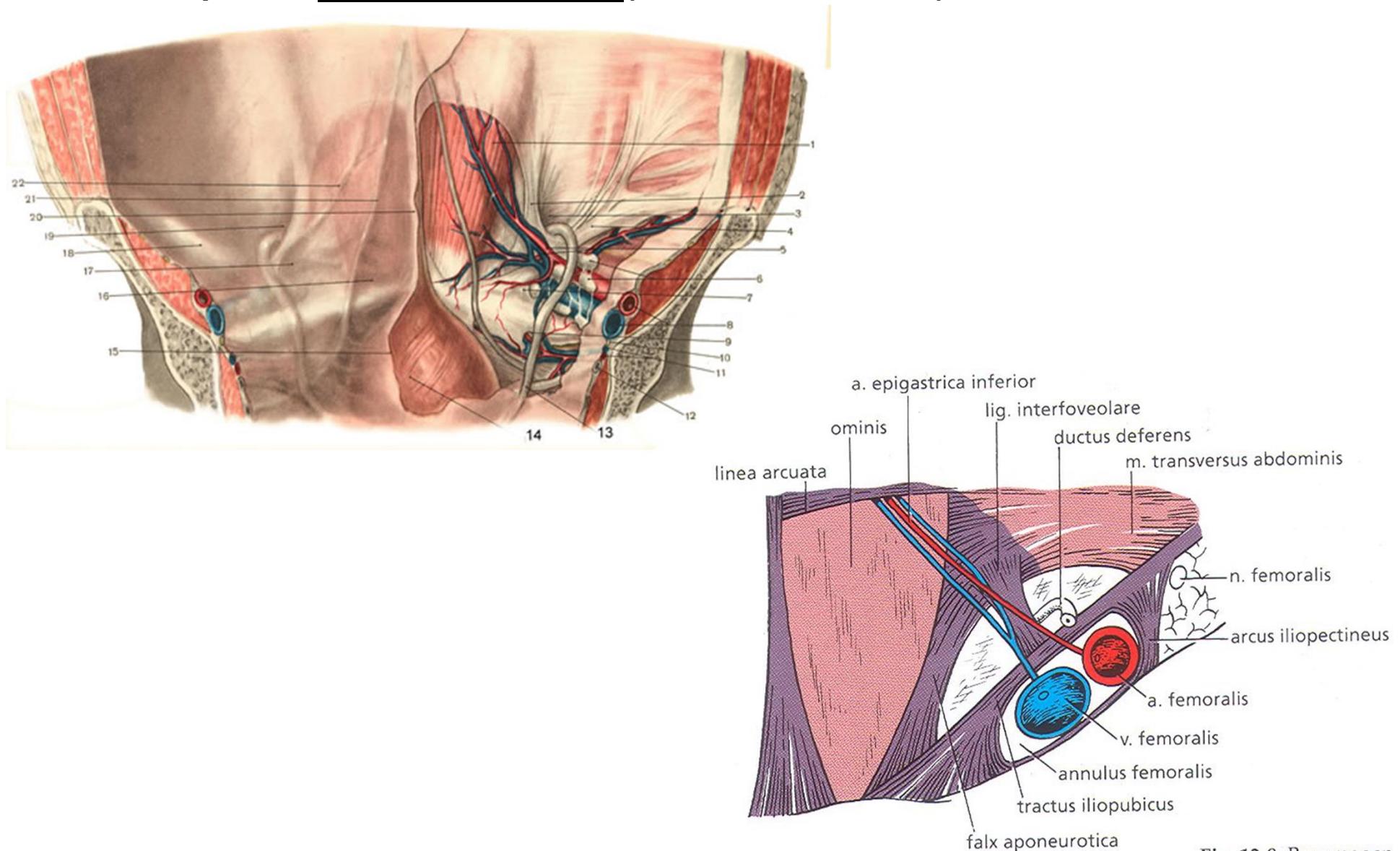
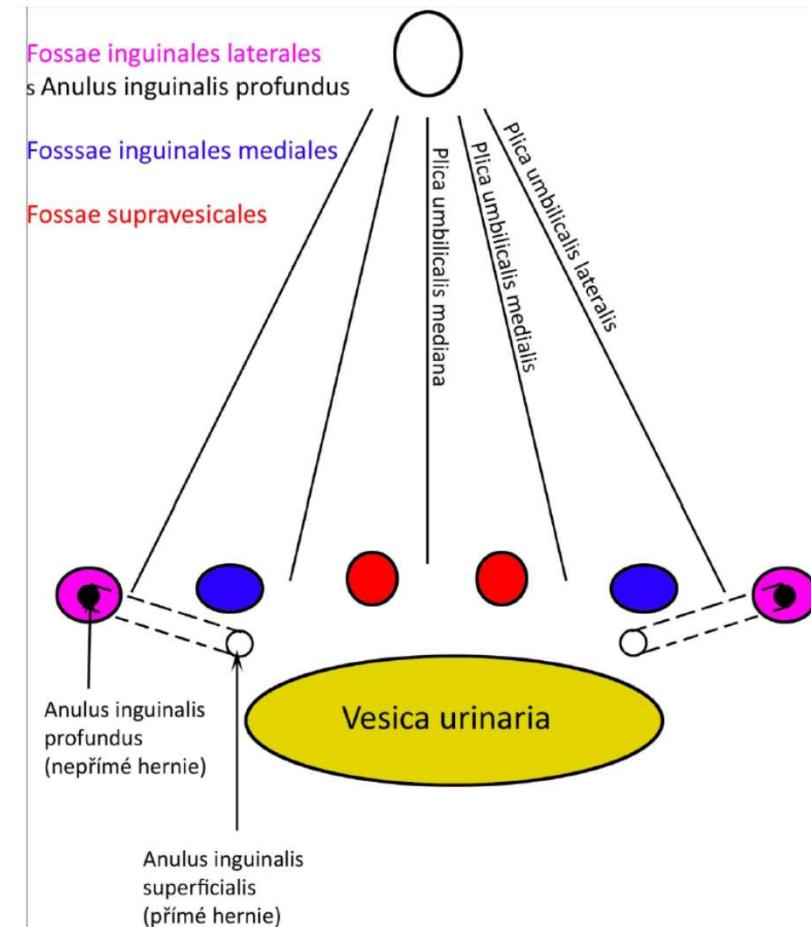
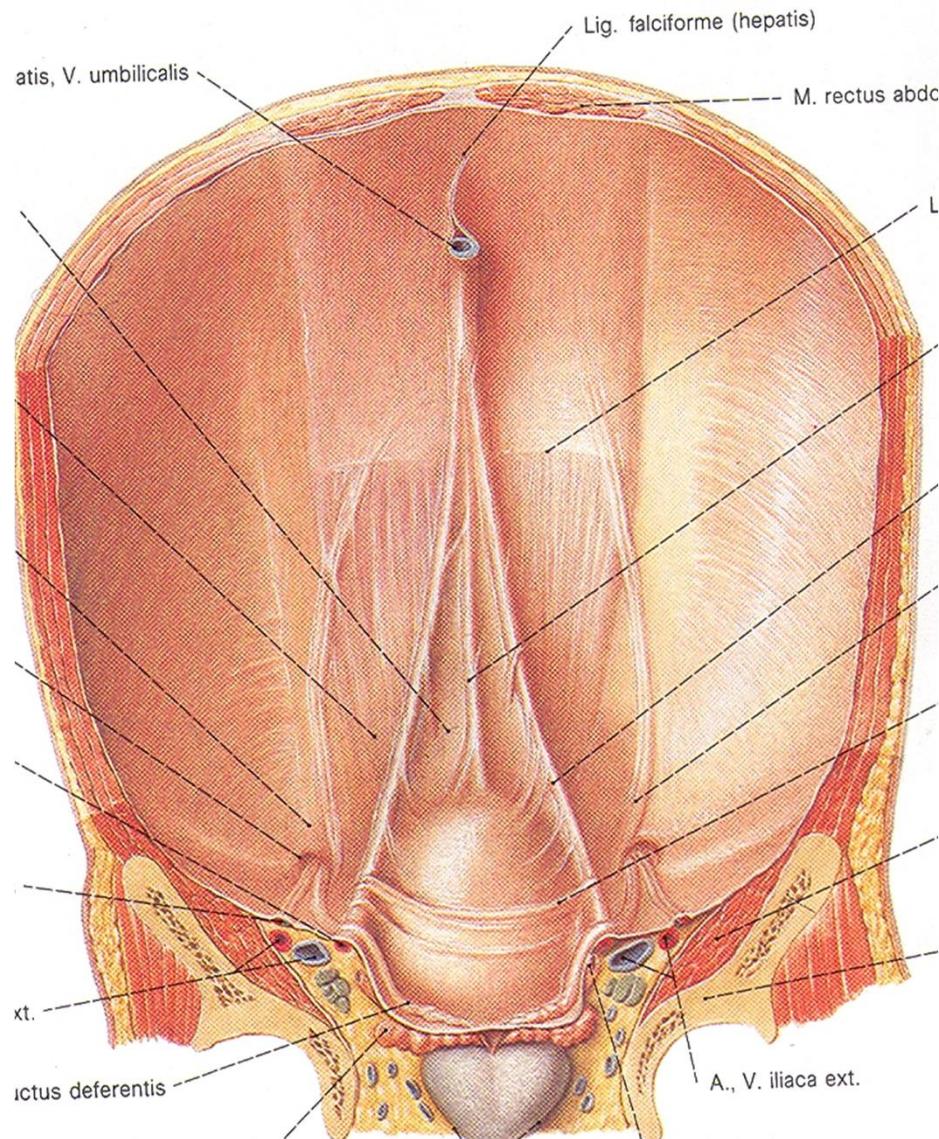
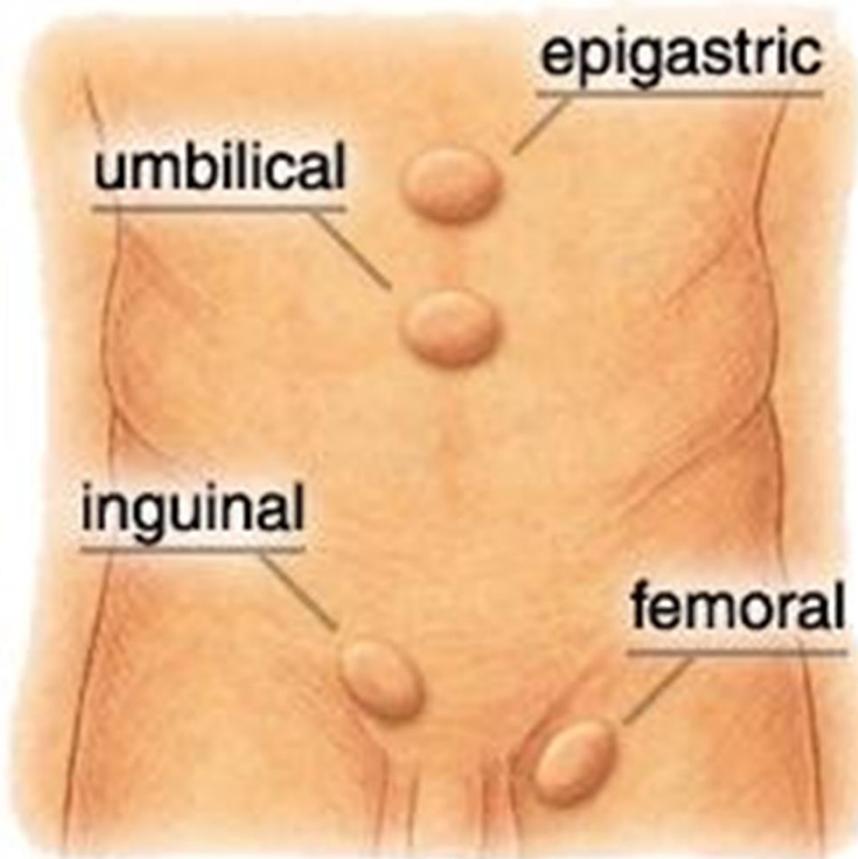


Fig. 13-8: Bagvæggen

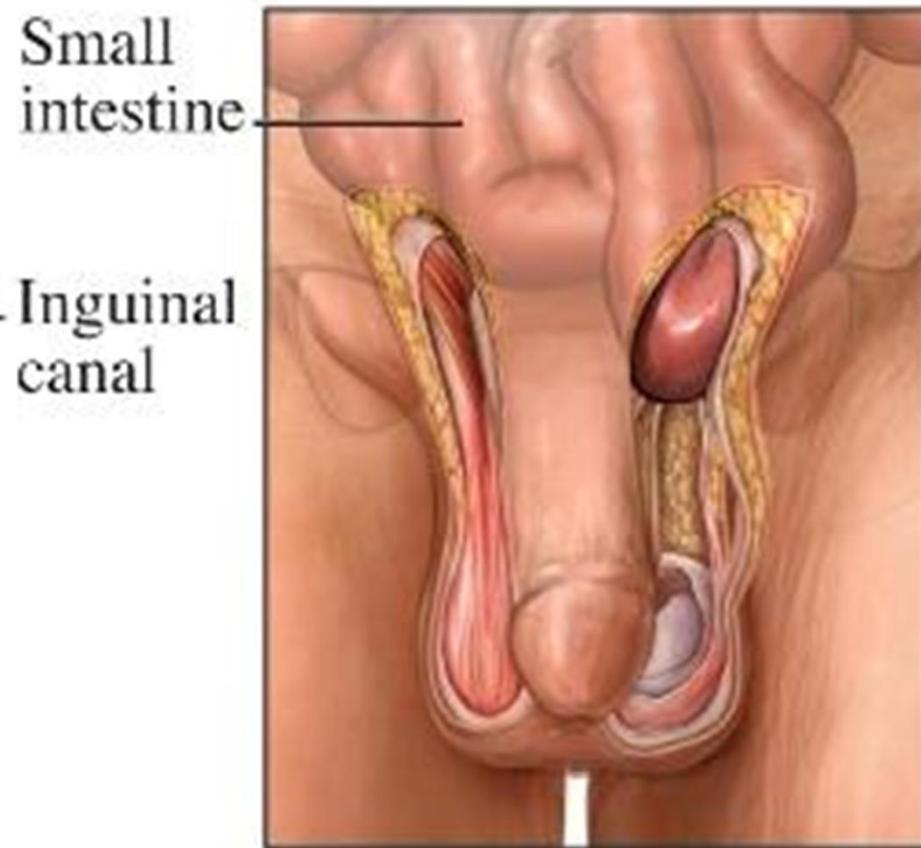
## Weakened areas of abdominal wall:







Indirect inguinal hernia

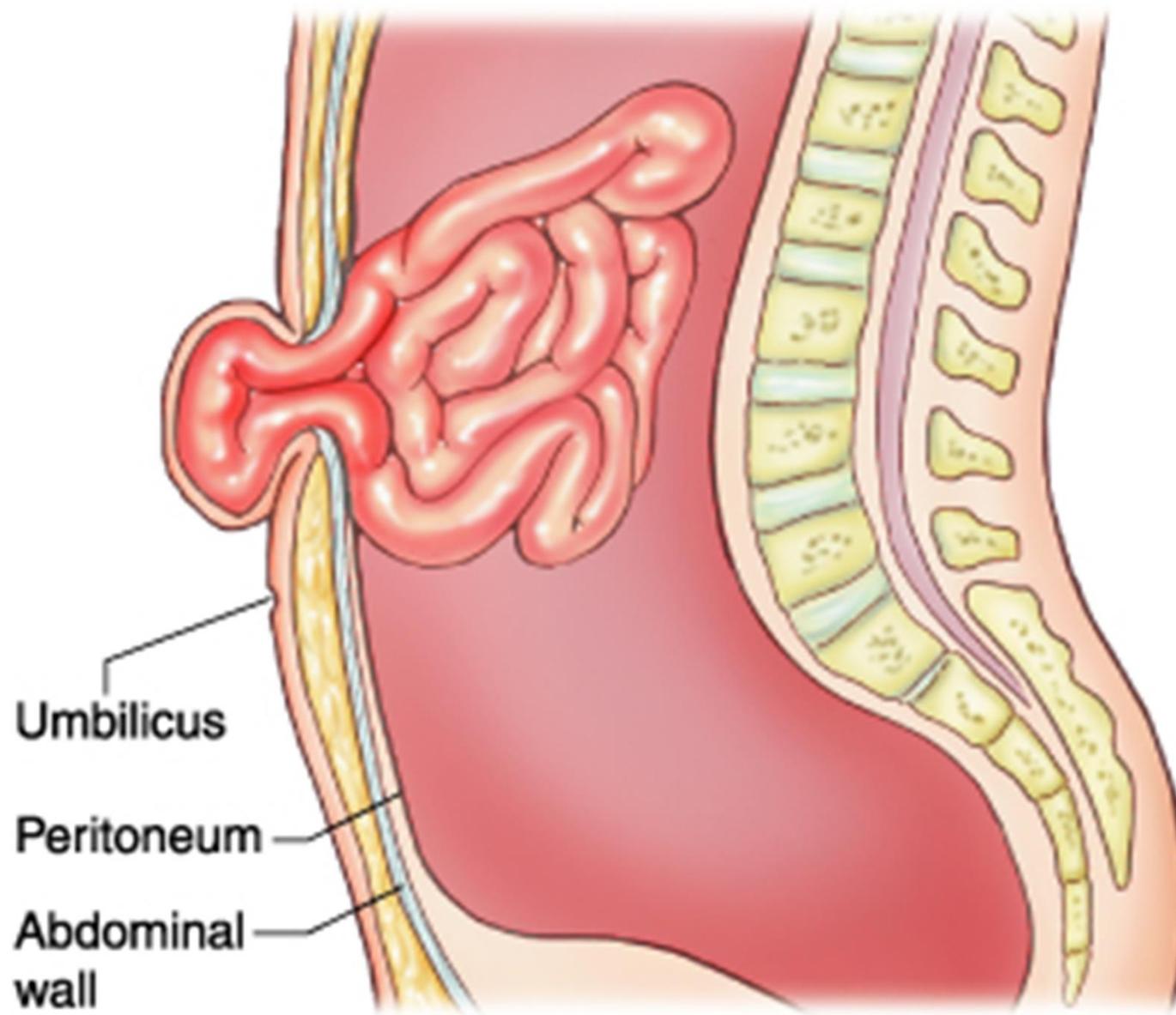


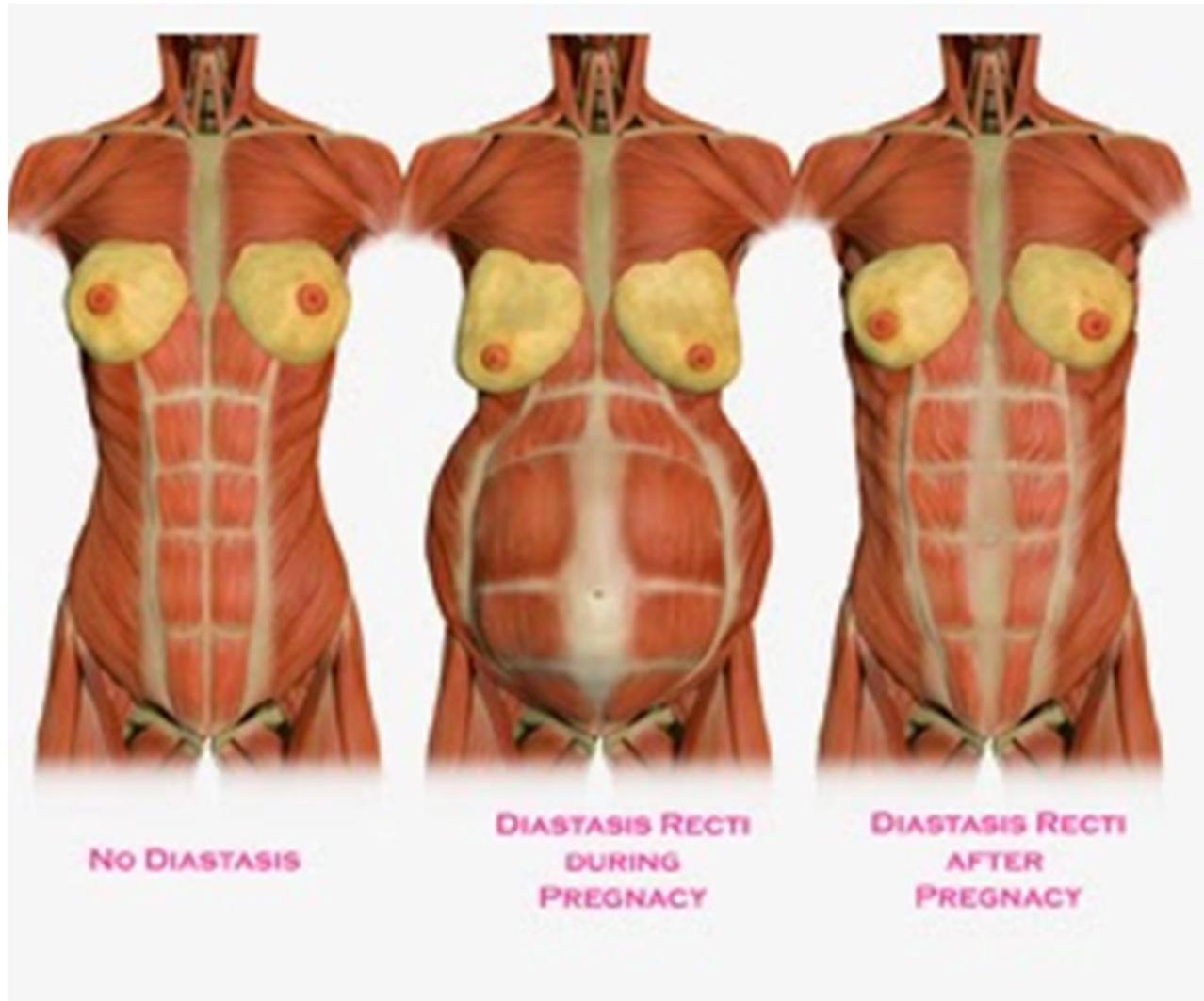
Direct inguinal hernia

Small  
intestine

Inguinal  
canal







**Under *ligamentum inguinale* there are spaces (*lacuna vasorum* and *lacuna muscularum*), through which the nerves and vessels get from pelvic cavity to the thigh.**

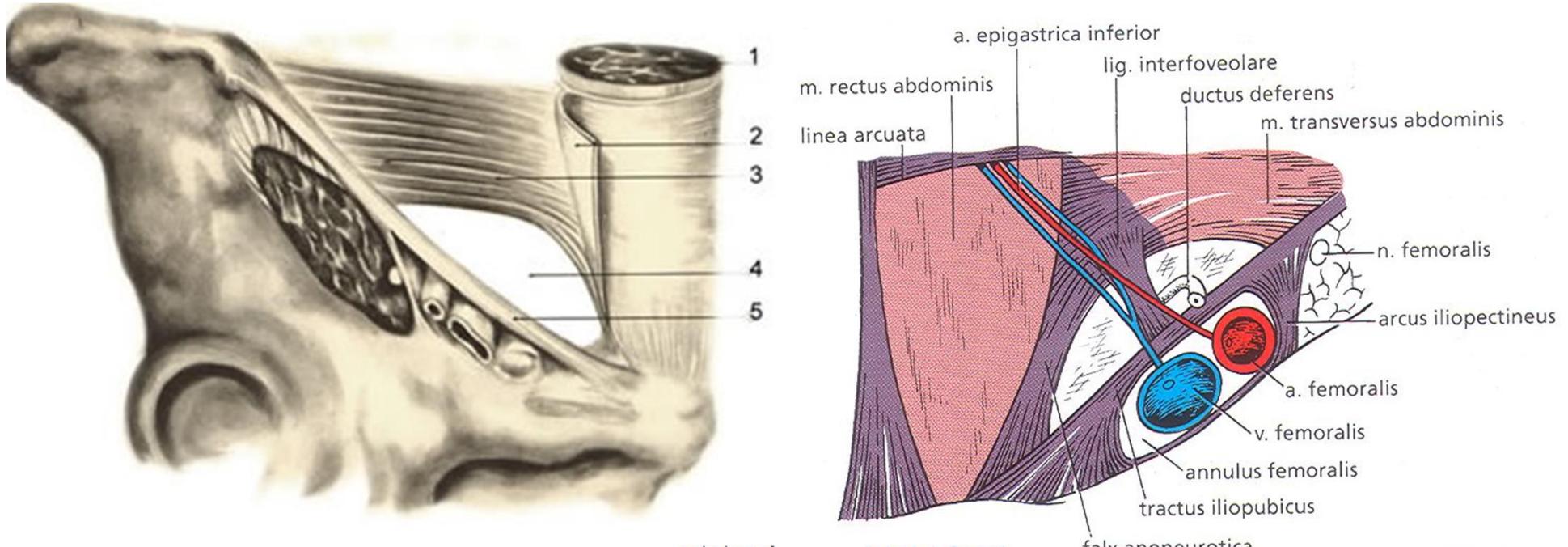
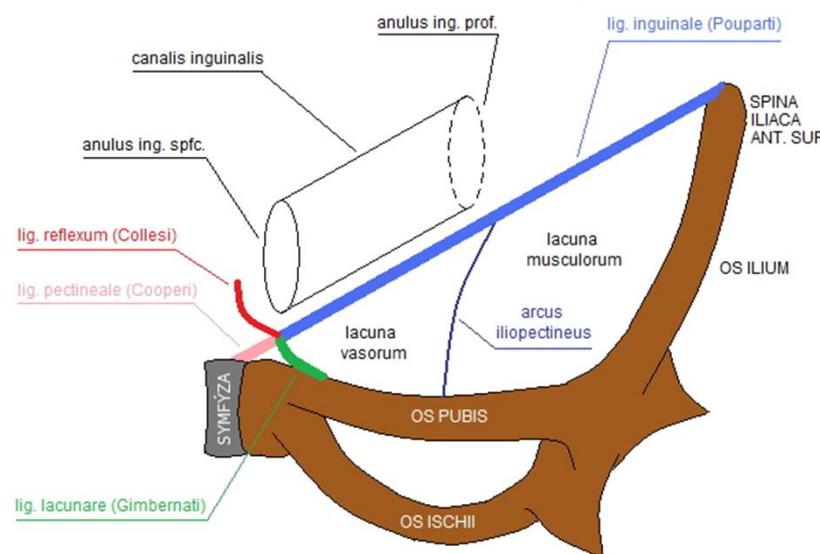
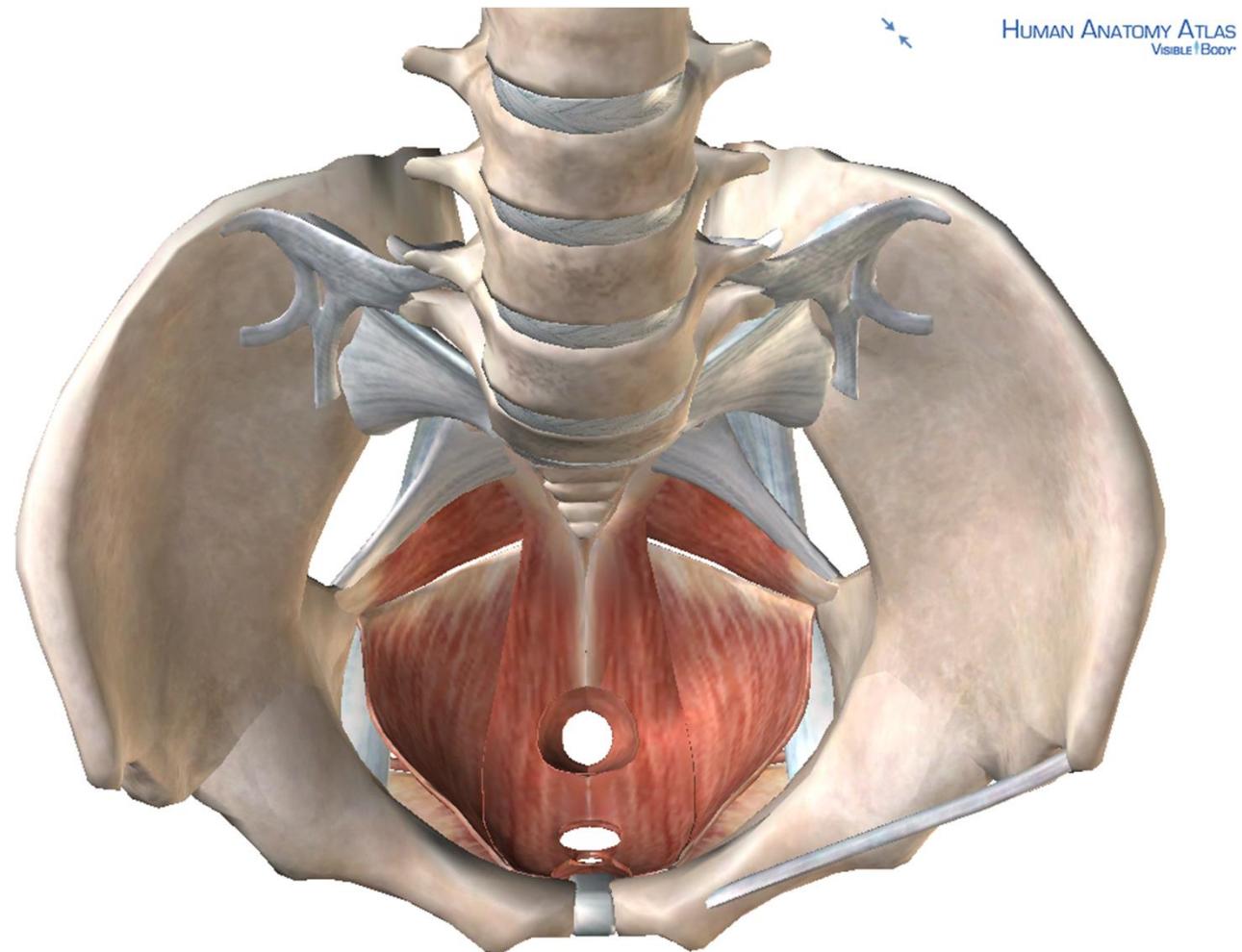


Fig. 13-8: Bagvæggen



# Muscles of pelvic floor



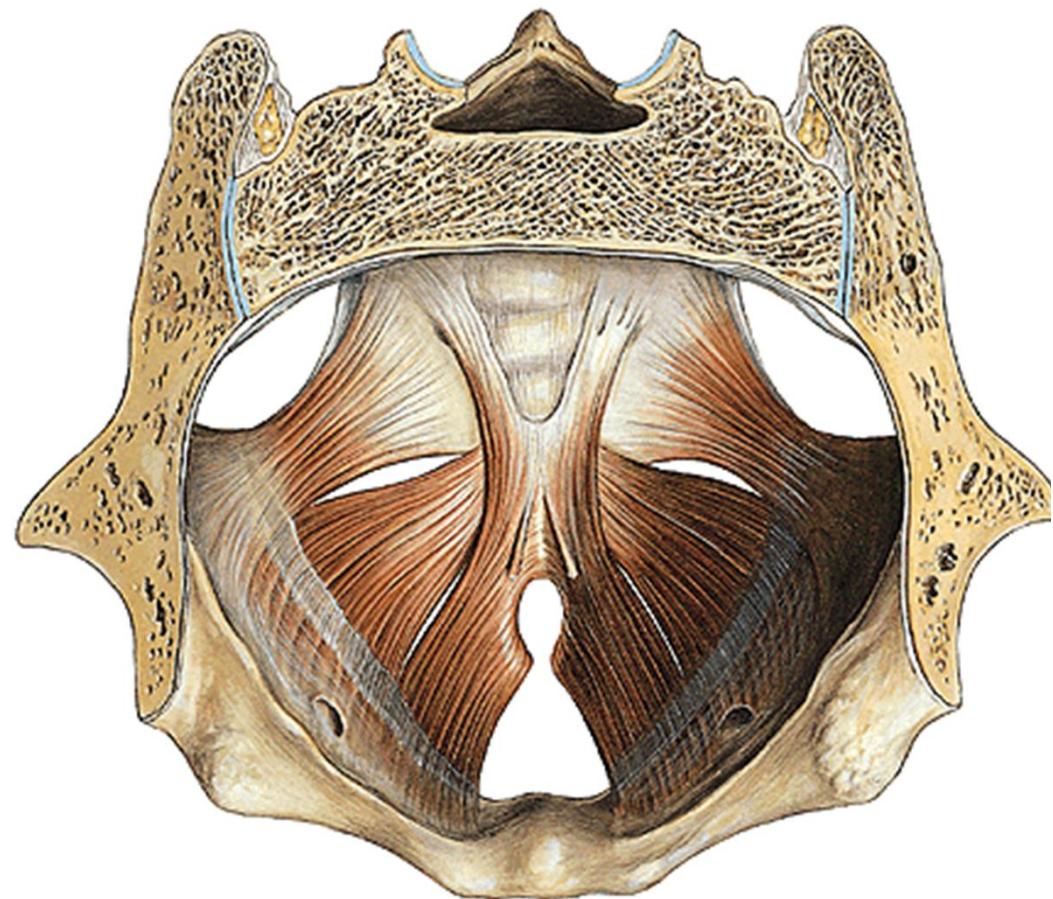
HUMAN ANATOMY ATLAS  
Visible Body®

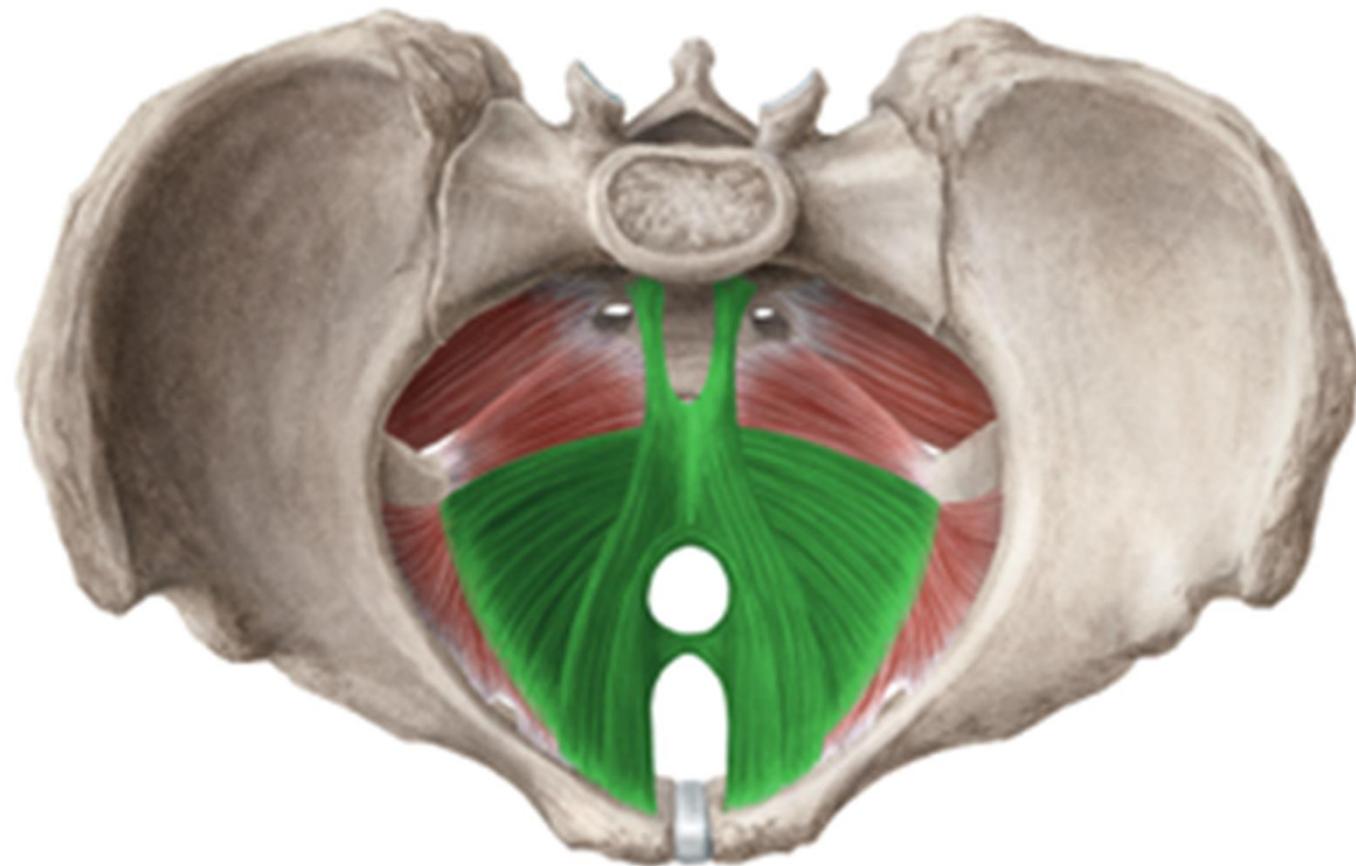
## **Diaphragma pelvis**

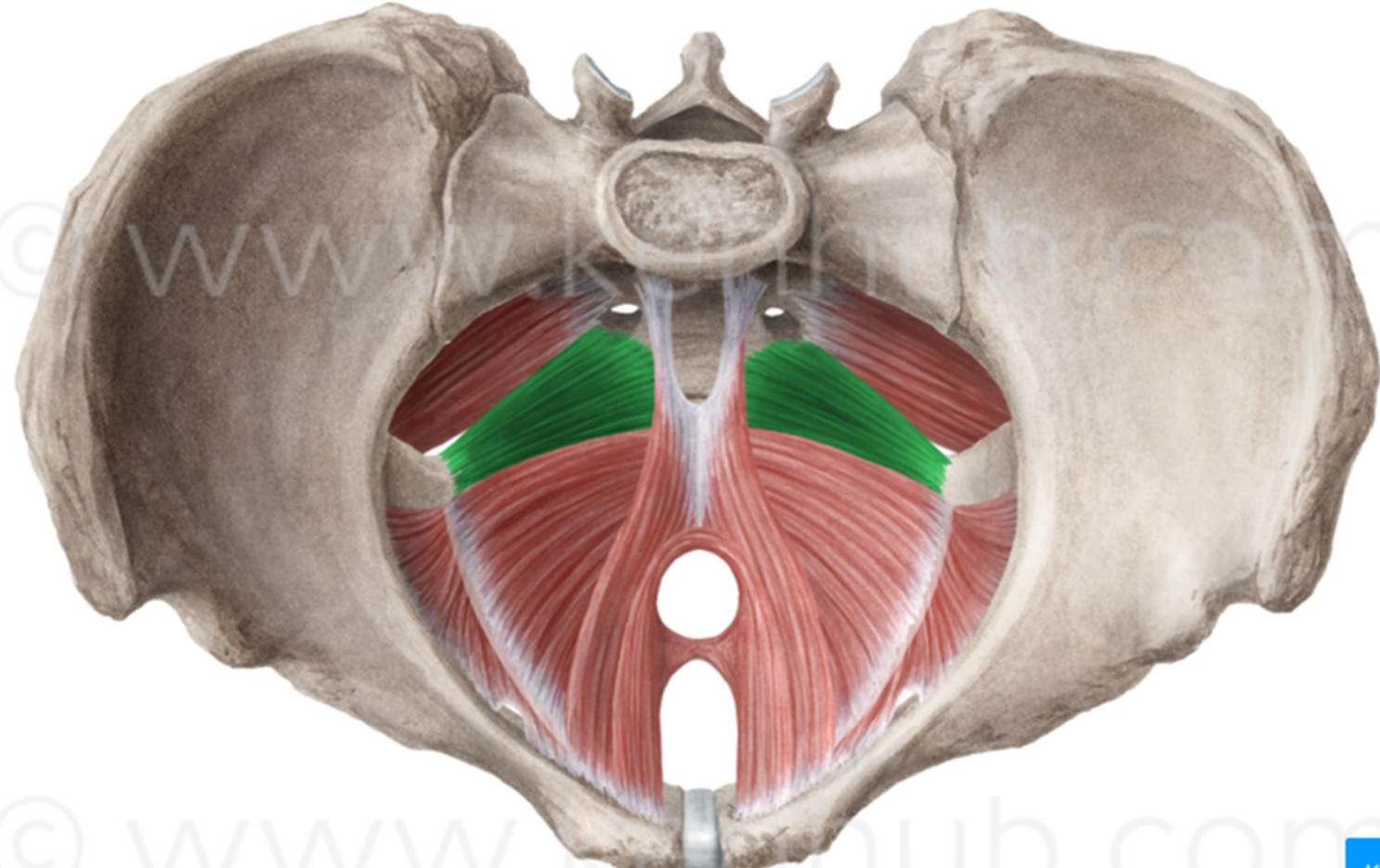
*m. levator ani (m. pubococcygeus, m. iliococcygeus)*

*m. coccygeus*

Elevation and closing of rectum







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# Diaphragma urogenitale (ventrally + caudally)

*m. transversus perinei profundus (+ m. sphincter urethrae)*

*m. transversus perinei superficialis*

Innervation: plexus sacralis

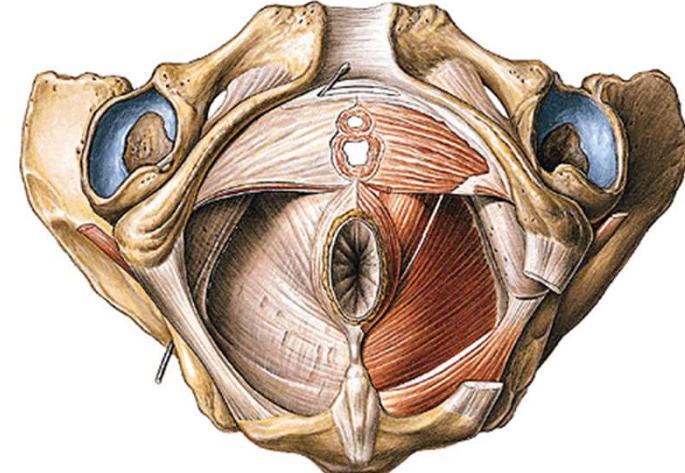
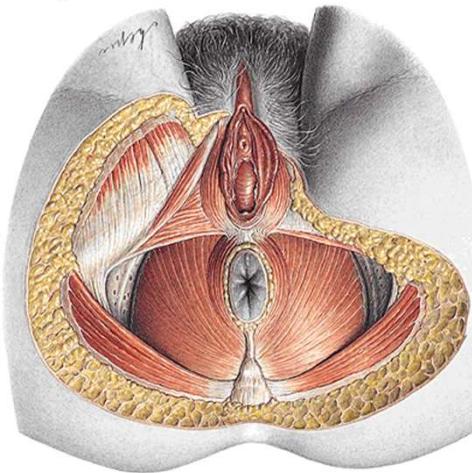
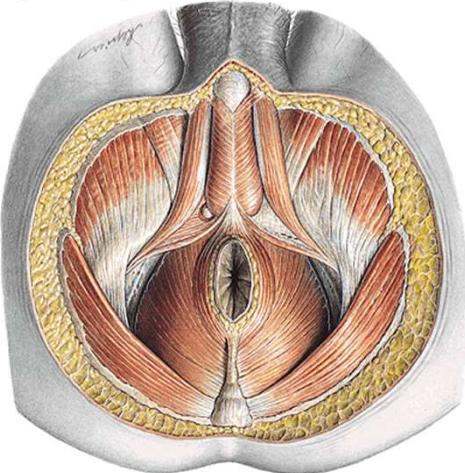
Function: flexible bottom of pelvic cavity, support of organs (uterus)

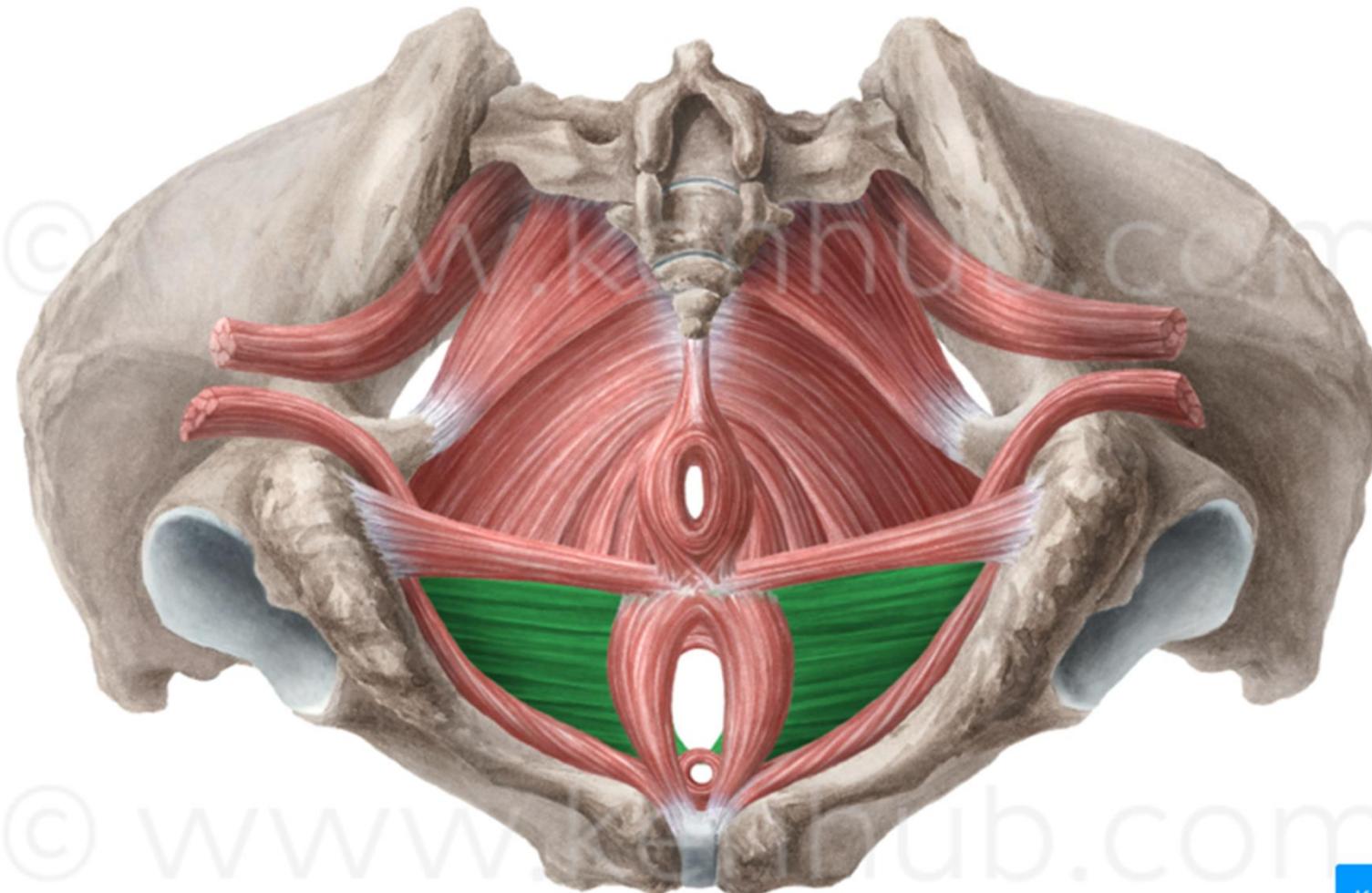
## Muscles of external genital organs:

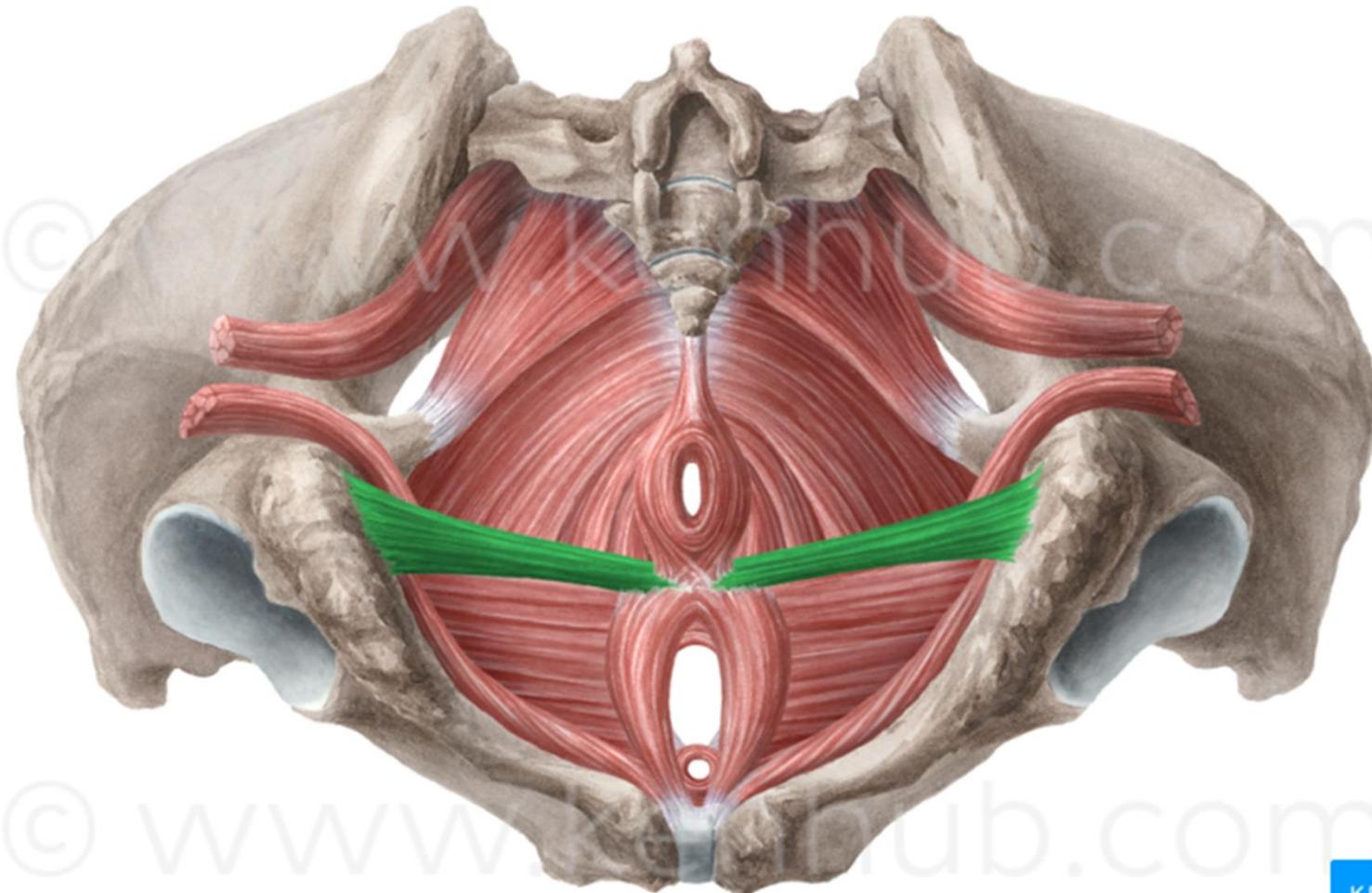
*m. ischiocavernosus*

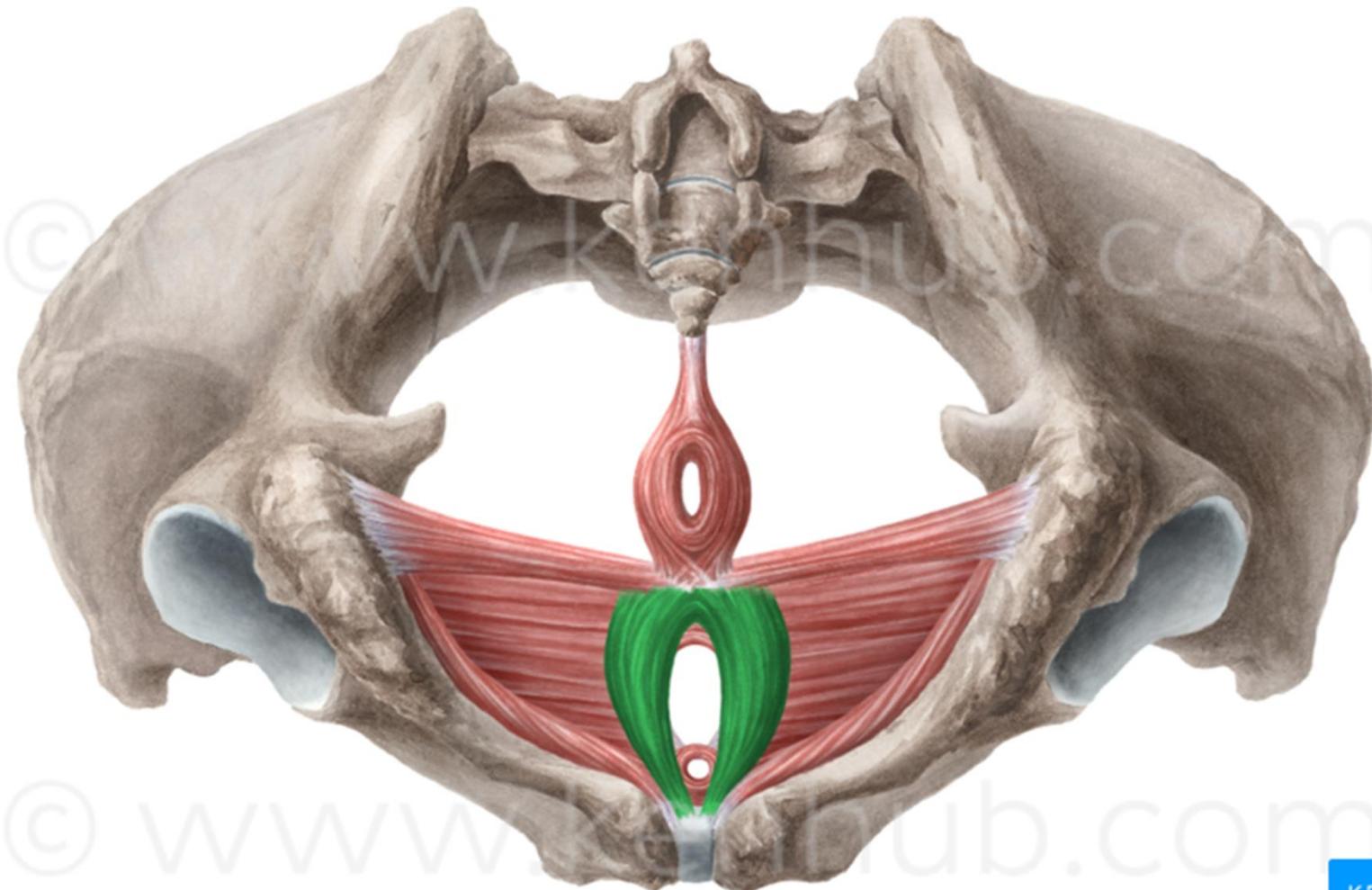
*m. bulbospongiosus*

(*m. sphincter ani externus*)









Thank you for your  
attention!