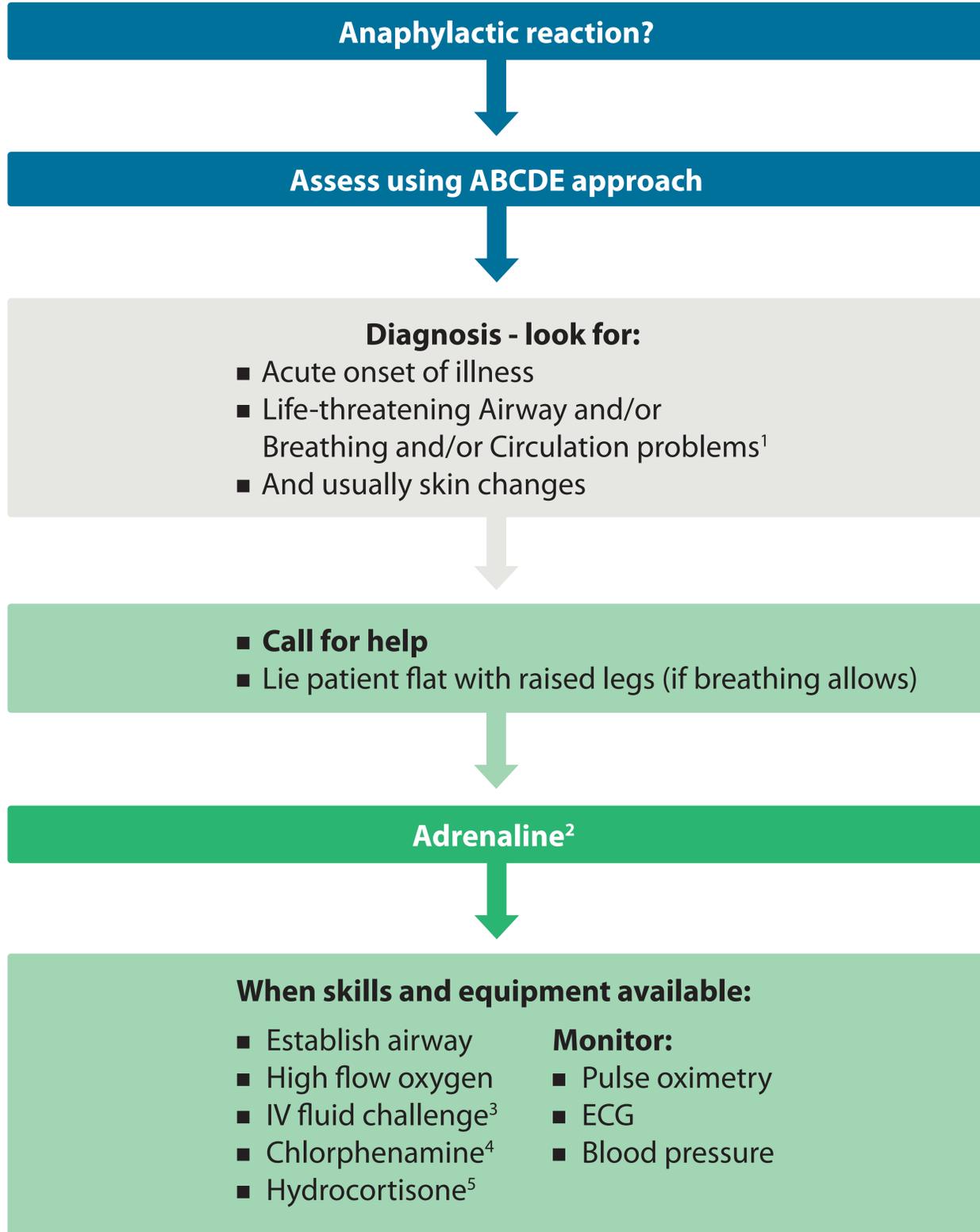




Anaphylaxis



¹ Life-threatening problems:

Airway: swelling, hoarseness, stridor

Breathing: rapid breathing, wheeze, fatigue, cyanosis, SpO₂ < 92%, confusion

Circulation: pale, clammy, low blood pressure, faintness, drowsy/coma

² Adrenaline (give IM unless experienced with IV adrenaline)

IM doses of 1:1000 adrenaline (repeat after 5 min if no better)

- Adult 500 mcg IM (0.5 mL)
- Child more than 12 years 500 mcg IM (0.5 mL)
- Child 6-12 years 300 mcg IM (0.3 mL)
- Child less than 6 years 150 mcg IM (0.15 mL)

Adrenaline IV to be given **only by experienced specialists**

Titrate: Adults 50 mcg; Children 1 mcg kg⁻¹

³ IV fluid challenge (crystalloid):

Adult 500 - 1000 mL

Child 20 mL kg⁻¹

Stop IV colloid if this might be the cause of anaphylaxis

⁴ Chlorphenamine
(IM or slow IV)

Adult or child more than 12 years
Child 6 - 12 years
Child 6 months to 6 years
Child less than 6 months

10 mg
5 mg
2.5 mg
250 mcg kg⁻¹

⁵ Hydrocortisone
(IM or slow IV)

200 mg
100 mg
50 mg
25 mg