# Experimentally induced arrhythmias in rat



Adrenergic hyperstimulationHyperkalemiaBlock of cardiac calcium channels







## Normal ECG curve in human...





# ...and in rat heart



Note the missing ST segment (phase 2 = plateau of the ventricles) SA nodal rate about 300/min

#### Vegetative nervous system and the heart

#### Receptors:

Sympathetic nervous system:

 $\beta$ 1 - positively inotropic, dromotropic and chronotropic (mainly through opening of pacemaker F-channels and Ca<sup>2+</sup> channels in SA node, AV node and working myocardium)

 $\beta 2$  – apical myocardium, vessels – vasodilatation

 $\alpha 1$ ,  $\alpha 2$  – vasoconstriction (lower effect in coronary vessels, norepinephrine effect)

#### Parasympathetic:

M2 – negatively chronotropic (inhibits opening of Ca<sup>2+</sup> channels, opens  $K_{Ach}$  channels)



#### Effects of vegetative nervous system on pacemaker cells



#### Heart during catecholamine overload

#### 

- - Increase systolic function at the expense of diastolic dysfunction
- Calcium overload of cardiomyocytes
  - DAD  $\rightarrow$  premature beats
  - $-\uparrow$  oxygene consumption  $\rightarrow$  ischemia
- β2-receptor phosphorylation transition from  $G_s$  to  $G_i$  signalization → decreased contractility in the apex
  - but it acts against Ca overload and necrosis
- Vasoconstriction?



## Potassium

- The most abundant intracellular cation (98% intracellulary)
- Most willingly passes cellular membrane
- Concentration gradient is maintained by Na+/K+ ATPase
- The extra/intracellular distribution is regulated by hormones (insulin, adrenaline, aldosterone) and pH
- Its total body content depends mainly on renal functions
- Both hyper- and hypokalemia are frequent conditions in clinical practice and both are proarrhythmogenic

#### Potassium and the membrane potential

- Positively charged, intracellular ion: ↑ concentration → lowering of membrane polarity (analogy of a small and a large basin connected by a hose)
- Various functionally different K<sup>+</sup> channels
- By various mechanisms, potassium increases the permeability of K<sup>+</sup> channels
  - direct binding
  - competion with Mg<sup>2+</sup> that closes the K<sup>+</sup> channels
  - changes in expression and translocation

### Effect on sodium channels

- Mild hyperkalemia easier excitation
- Severe hyperkalemia block of a portion of Na<sup>+</sup> channel
  - Slower conduction
  - Finally the threshold voltage "runs away" from baseline voltage and the depolarization is no longer possible
- Mild hypokalemia hyperpolarization
- Severe hypokalemia lack of substrate for the Na/K ATP-ase → lower polarity, easier excitation



# Potassium – main effects

#### Hyperkalemia

- Peaked T wave (dif. dg. hyperacute phase of MI)
- Wide QRS (may merge into sinusoid wave with T)
- Widening, flattening and event. disappearing of the P wave (but sinus rhythm remains for a long time)
- Higher excitability at the beginning, then lower, diastolic arrest in the end (heart is depolarized compared to the normal state)
- $\uparrow$  risk of re-entry ( $\uparrow$  differences in conduction velocities)

#### Hypokalemia

- Flat, wide T-wave
- Pathologic U wave (delayed repolarization), lengthening of QT (QU) interval
- EAD, torsades de pointes
- Sometimes, peaked P is present
- $\uparrow$  risk of re-entry ( $\uparrow$  differences in refraktory periods)
- First lower excitability (hyperpolarization), then higher

# Changes of ECG in hyper-/hypokalemia



# Calcium

- Ion that is necessary for muscle contraction
- Intracellulary, it is present in very low concentration (making high gradient between cytoplasm and cell)
- In cardiomyocyte and skeletal muscle, it is also present in sarcoplasmic reticulum
- Cardiomyocyte (and smooth muscle cell) bears specific Ca<sup>2+</sup>-channels, that are necessary for phase 2 (plateau), pacemaker function and conduction through slow cells
- They can be blocked by specific agents to slow the heart rate and enhance vasodilatation by smooth muscle relaxation

#### Calcium and the membrane potential

- Extracellular ion Membrane potential gets into more negative values
- During the action potential, Ca<sup>2+</sup> activate potassium (and chloride) channels, which shortens the phase 2 → repolarization leads into the closing of Ca<sup>2+</sup> L-channels
  - the proces is impostant for maintaining the calcium homeostasis in the cell
  - in extreme hypercalcemia, phase 2 may be missing
  - opposite effect may be present in hypocalcemia
- Mechanical effects
  - Extreme hypercalcemia: triggered activity (DAD), systolic arrest (very rare)
  - Extreme hypocalcemia: triggered activity (EAD), hypocalcemic cardiomyopathy, heart failure

## Blocking the calcium channels

- Verapamil class IV antiarrhythmic drug
- Tissue distribution roughly symmetrically in the heart and smooth muscle
- Indikace: antiarrhythmic, antihypertenzive (rather rarely), local vasodilatant
- Overdose effect mainly on the slow cells
  - SA arrest and block
  - AV block
  - Low contractility
  - Long QT may sometimes be present

# ECG in calcium levels changes



The Ca2+ channels-blockers mainly induce the conduction (SA or AV) node blocks and slower pacemaker function

## Practical

