

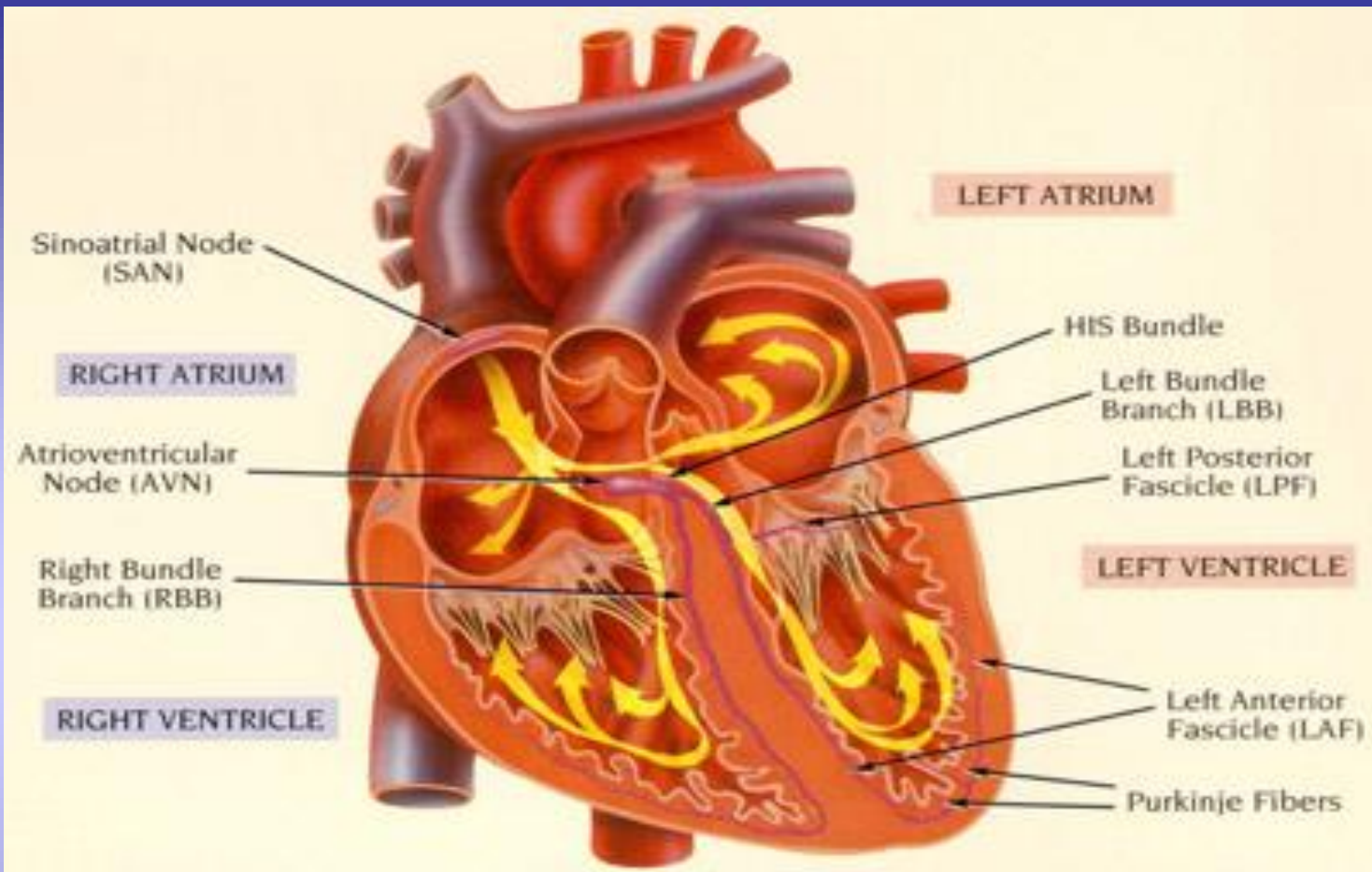
Basics of arrhythmology

L.Křivan

Dept. of Medicine and Cardiology ,
University Hospital Brno



F FAKULTNÍ
NEMOCNICE
BRNO

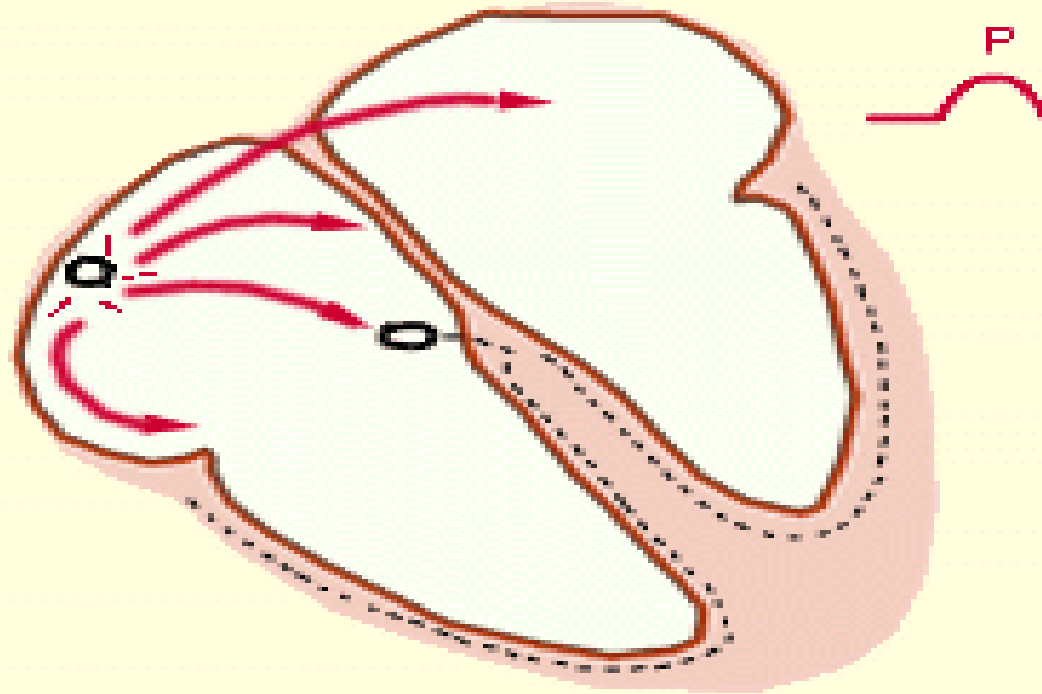


60 bpm,
3600 bph,
100.000 bpd,
36.000.000 bpy,
2.520.000.000 bpl

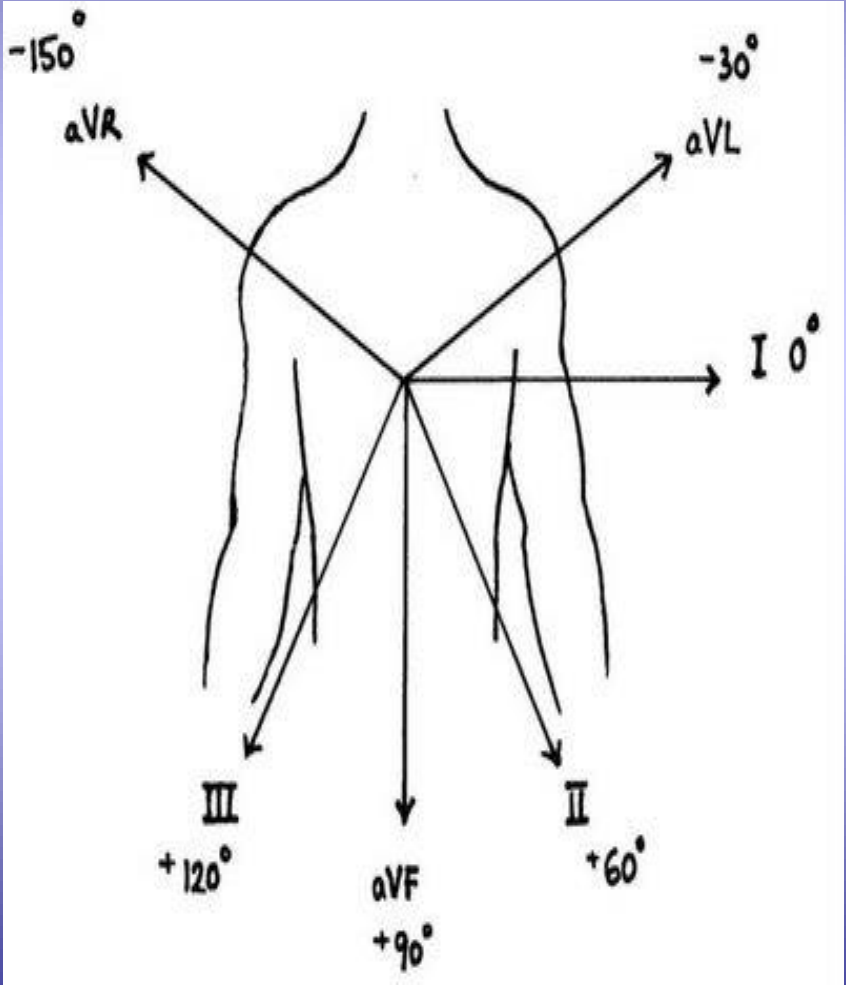
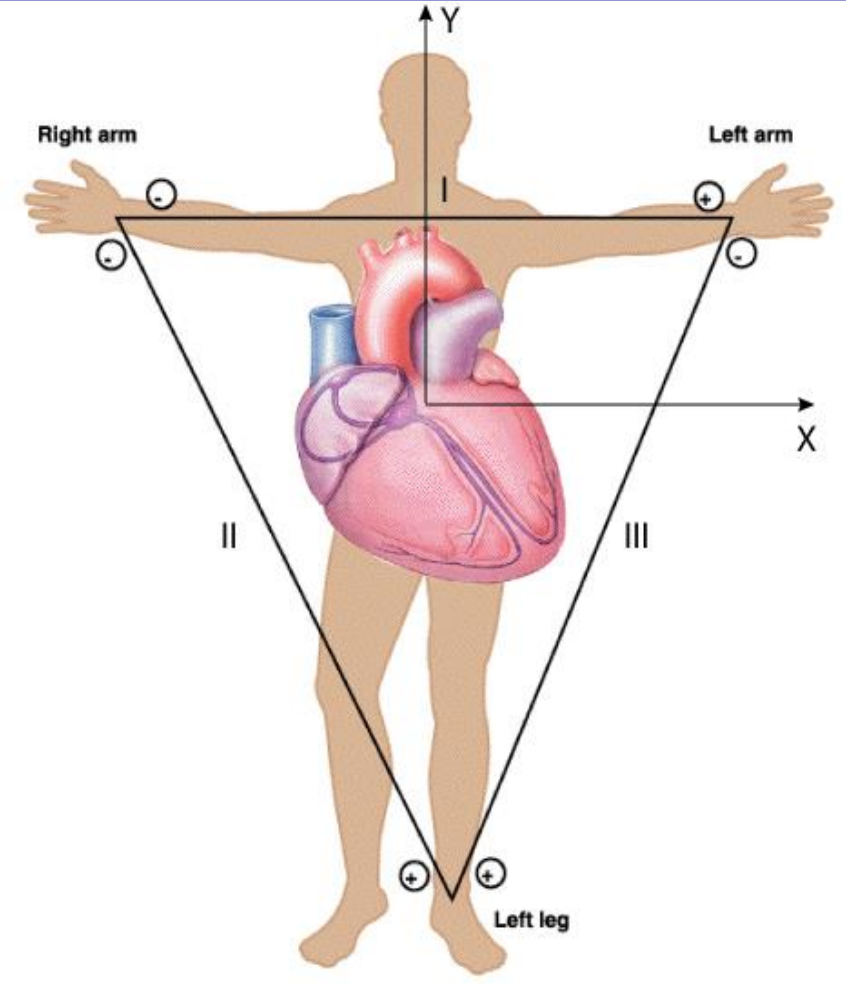
ECG – sinus rhythm



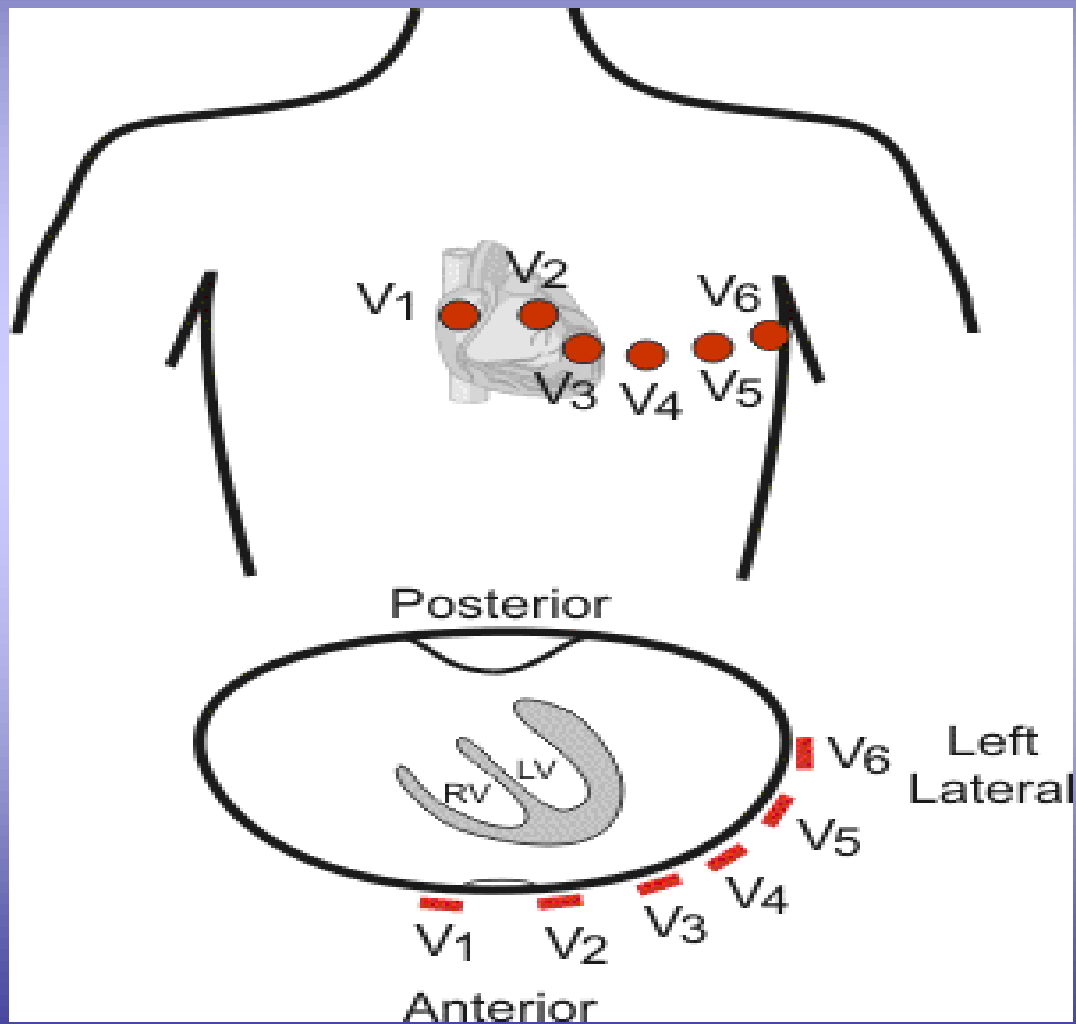
ECG (Willem Einthoven 1893)



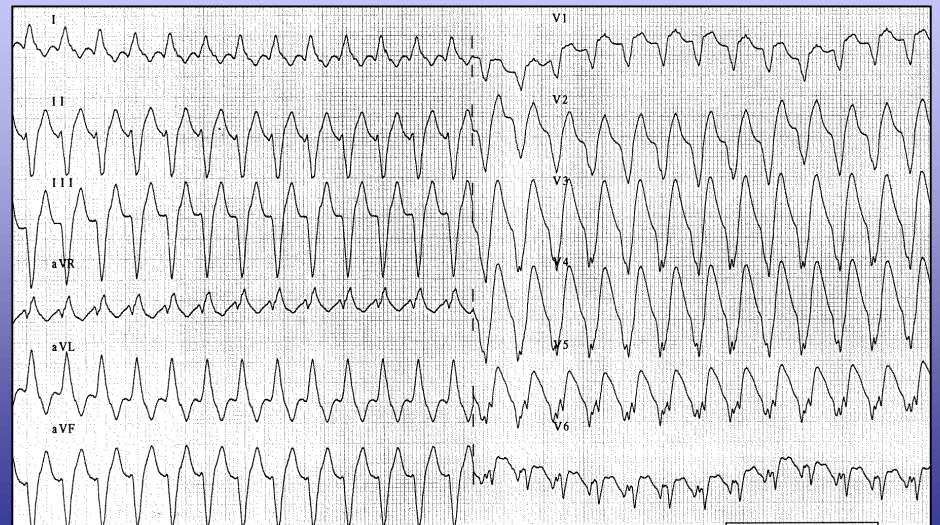
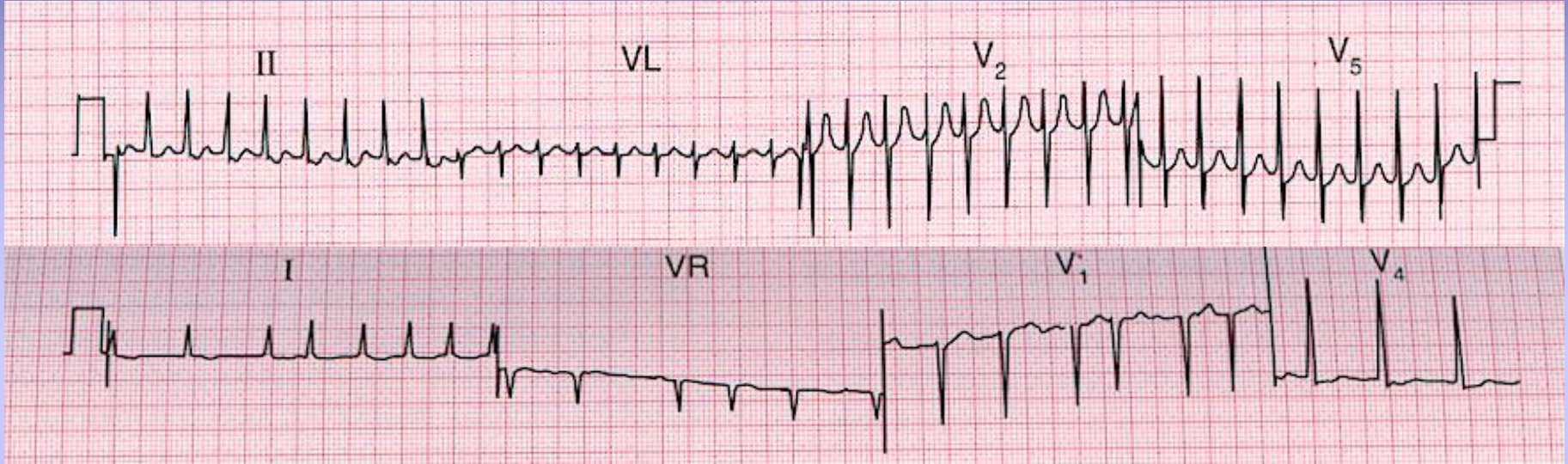
ECG – limb leads



ECG- precordial leads



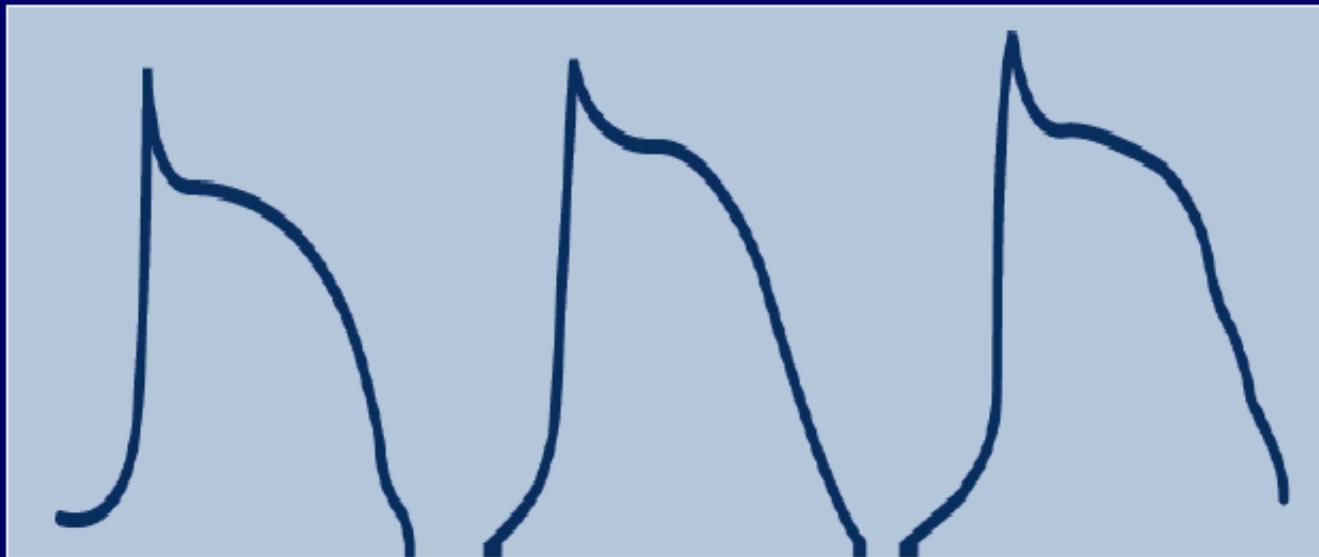
ECG



Arrhythmia development

- **AUTOMATICITY**
- **TRIGGERED ACTIVITY**
- **REENTRY**

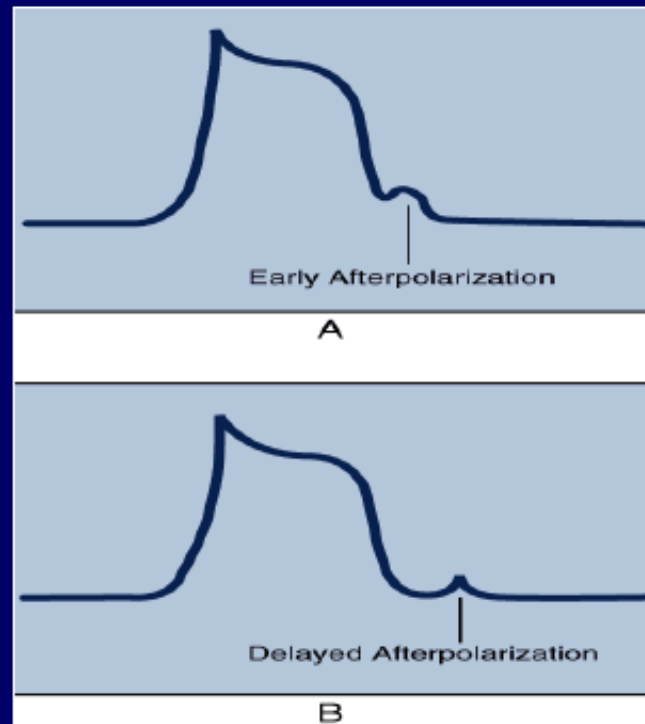
Automaticity



Abnormal Acceleration of Phase 4

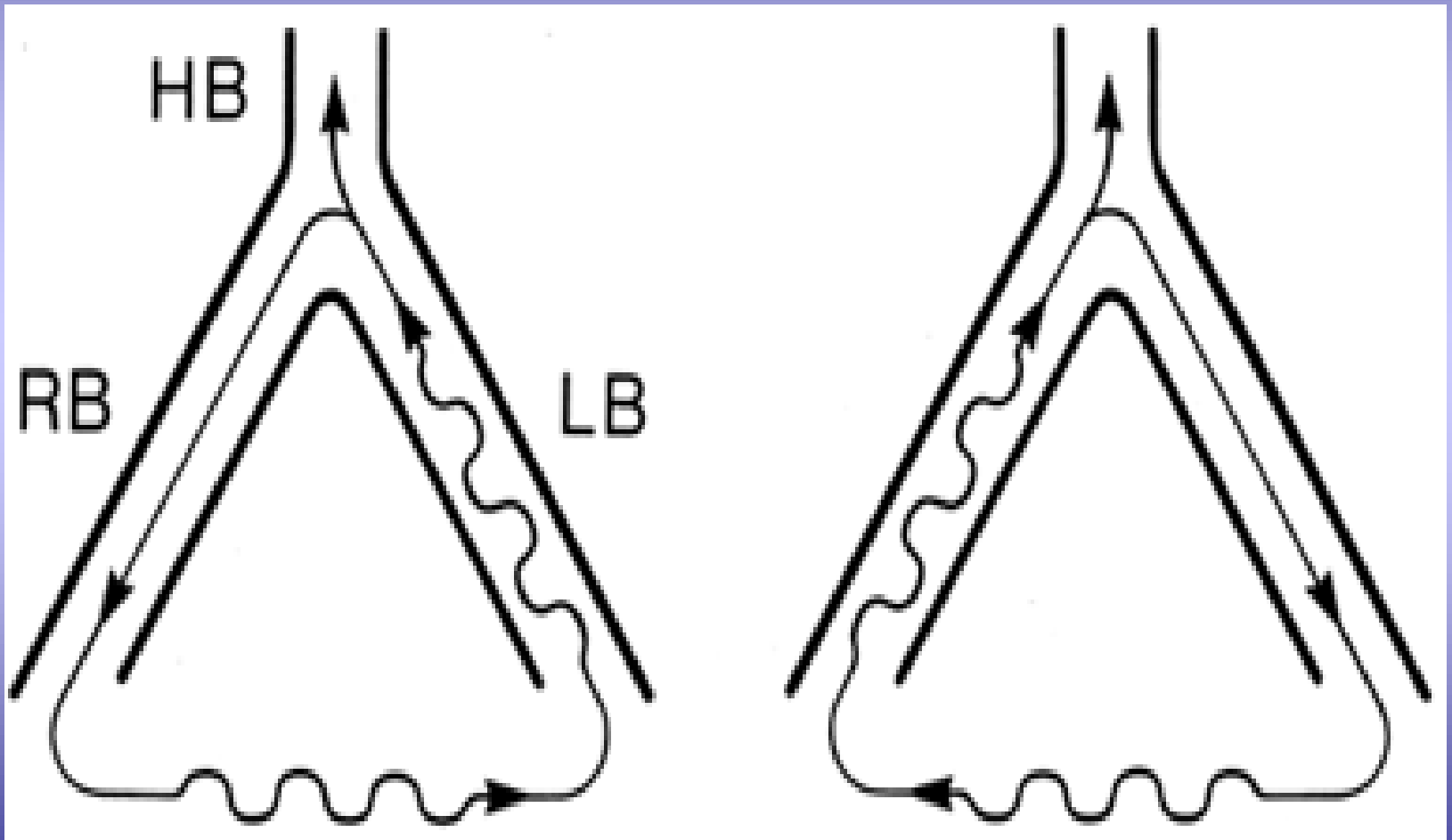
Fogoros: Electrophysiologic Testing. 3rd ed. Blackwell Scientific 1999; 16.

Triggered



Fogoros: Electrophysiologic Testing. 3rd ed. Blackwell Scientific 1999; 158.

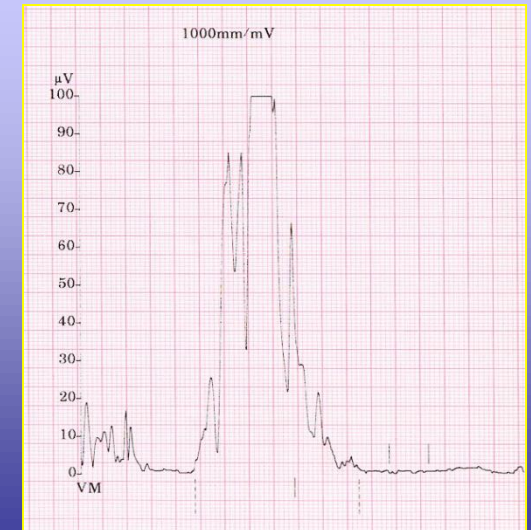
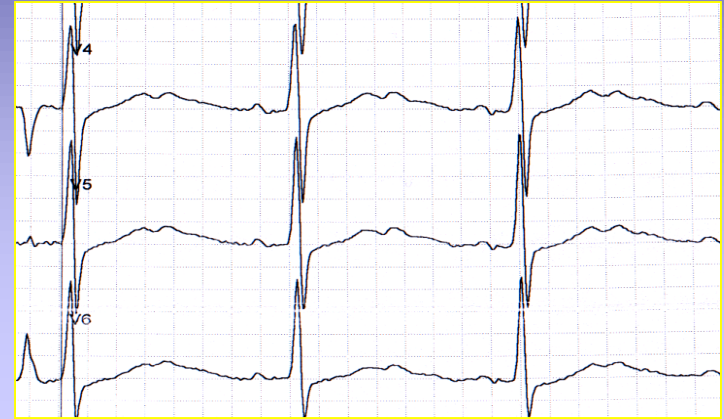
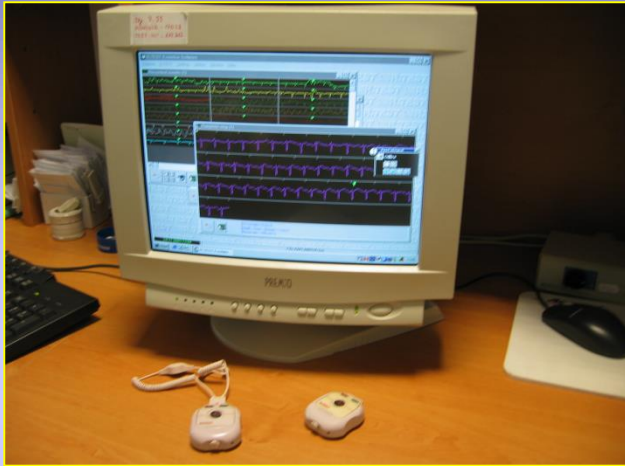
Basic principle of reentry



Noninvasive assessment of arrhythmias

- **History**
- **ECG**
- **Holter monitoring**
- **Long FU ECG recorders (R – test. Rhythm card)**
- **ILR - REVEAL**

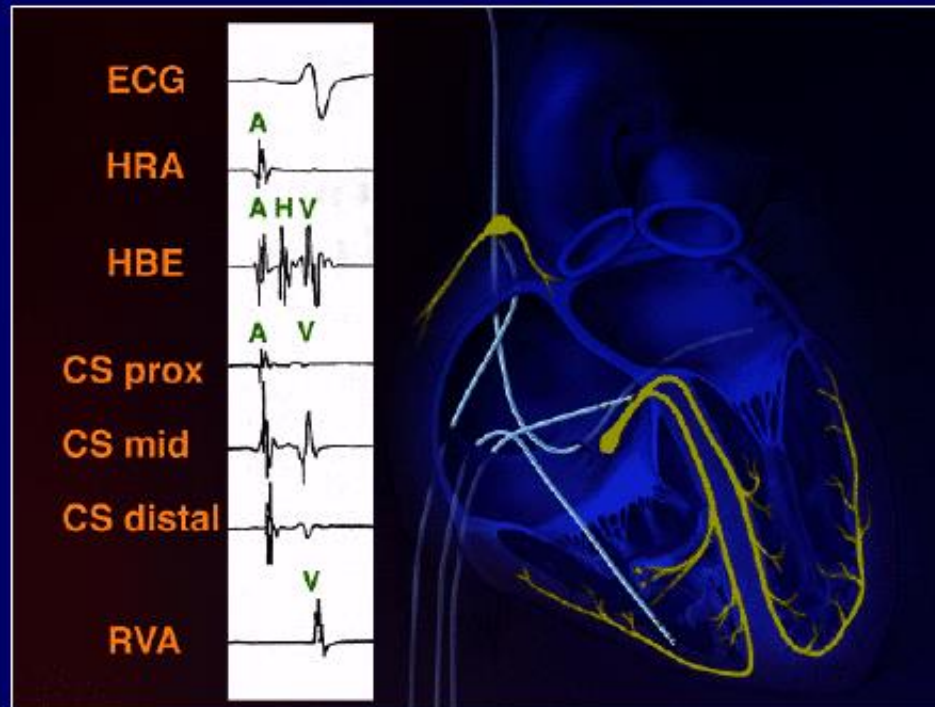
Noninvasive arrhythmia assessment



Invasive assessment of arrhythmias



Catheter Placement



ICEG



Treatment

- **Medication**
- **Radiofrequency ablation**
- **Pacemaker**
- **Implantable Cardioverter Defibrillator**

Tachyarrhythmias

- **SV - arrhythmias**

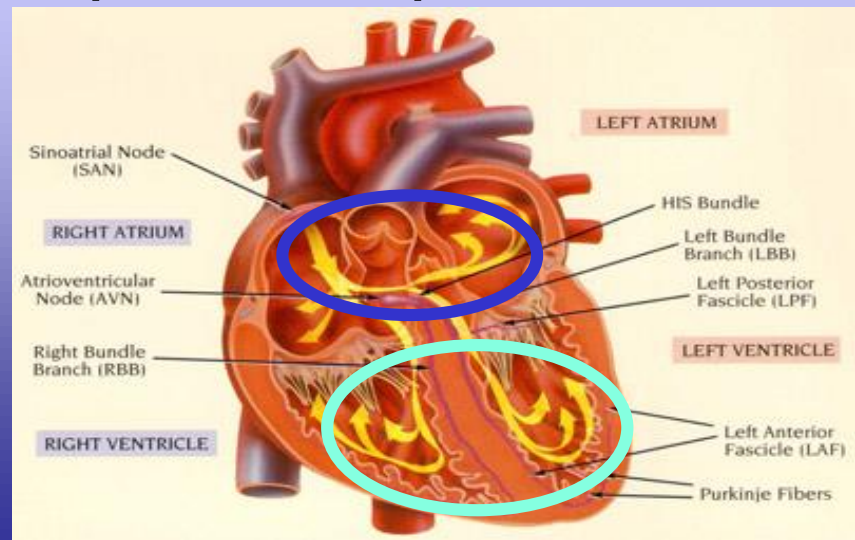
A Fib., A Flu., Atr. Tach, AVNRT, AVRT

- **Ventricular arrhythmias**

Ventricular tachycardia (120-230/min)

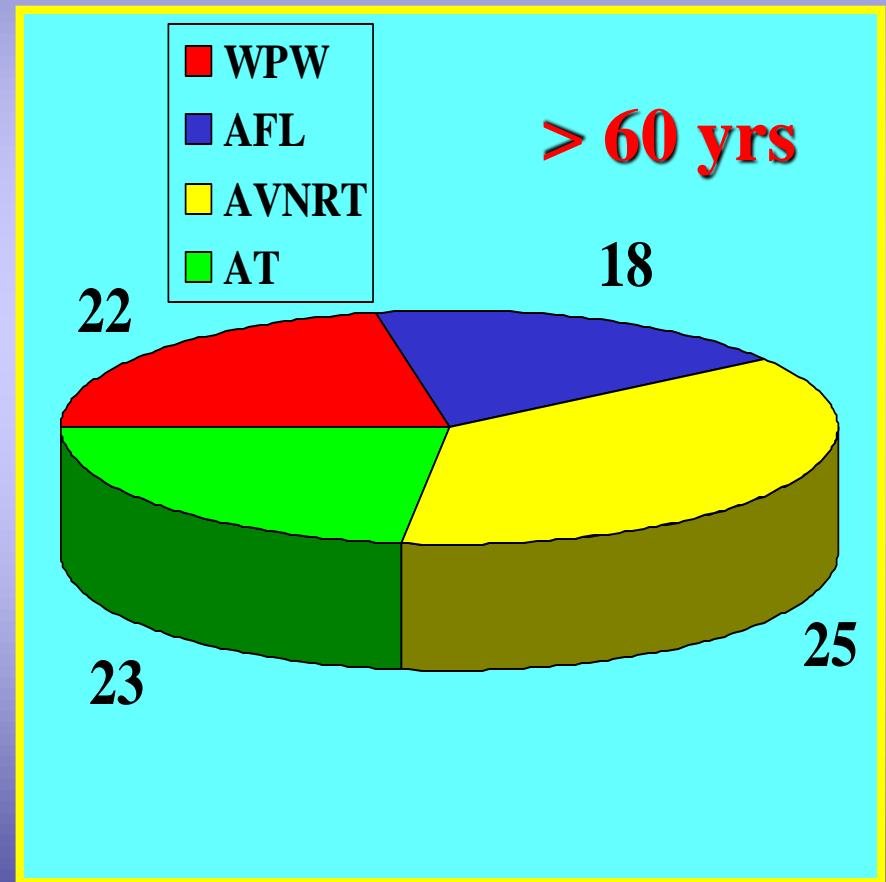
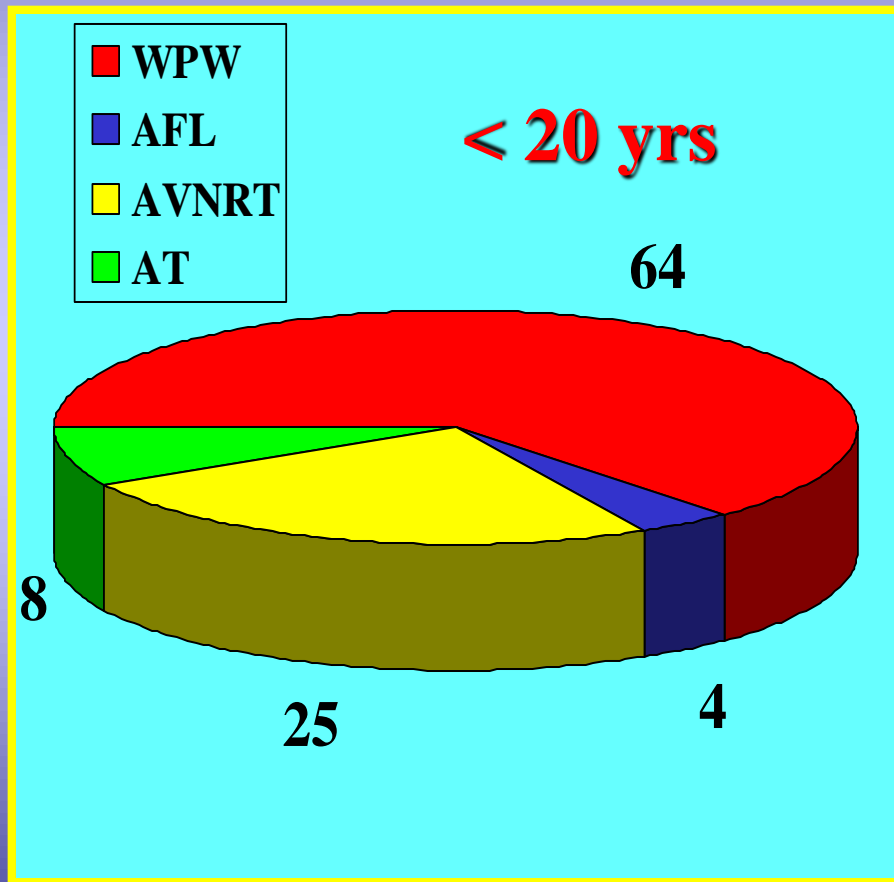
Fast ventricular tachycardia (>230/min)

Ventricular fibrillation



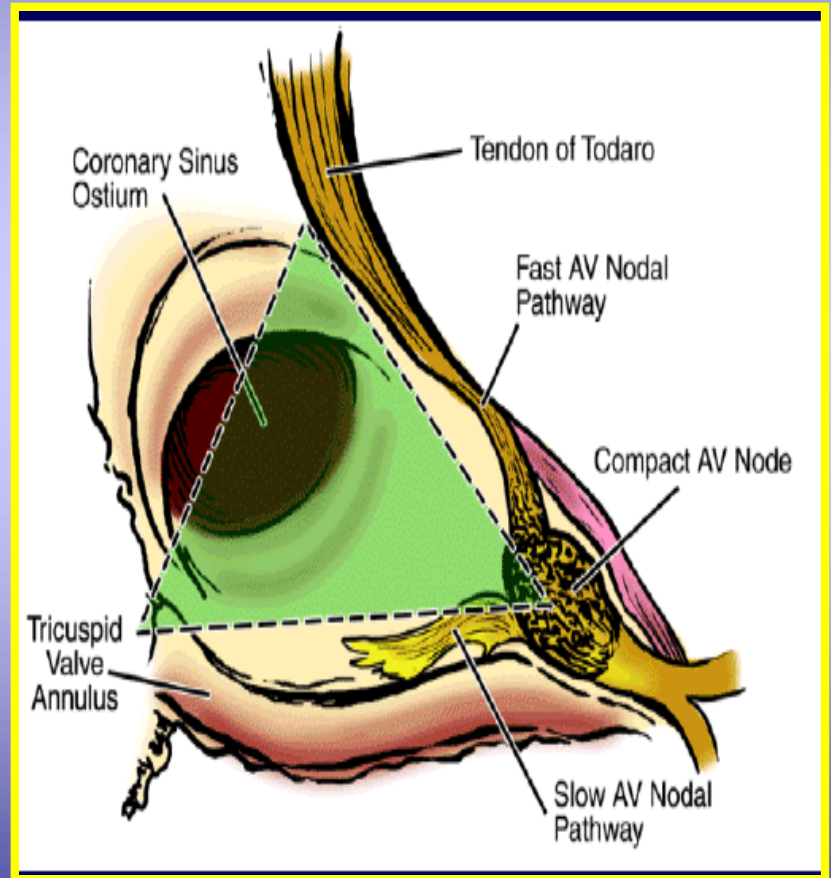
Supraventricular arrhythmias

Occurrence depends on the age and cardiac disease



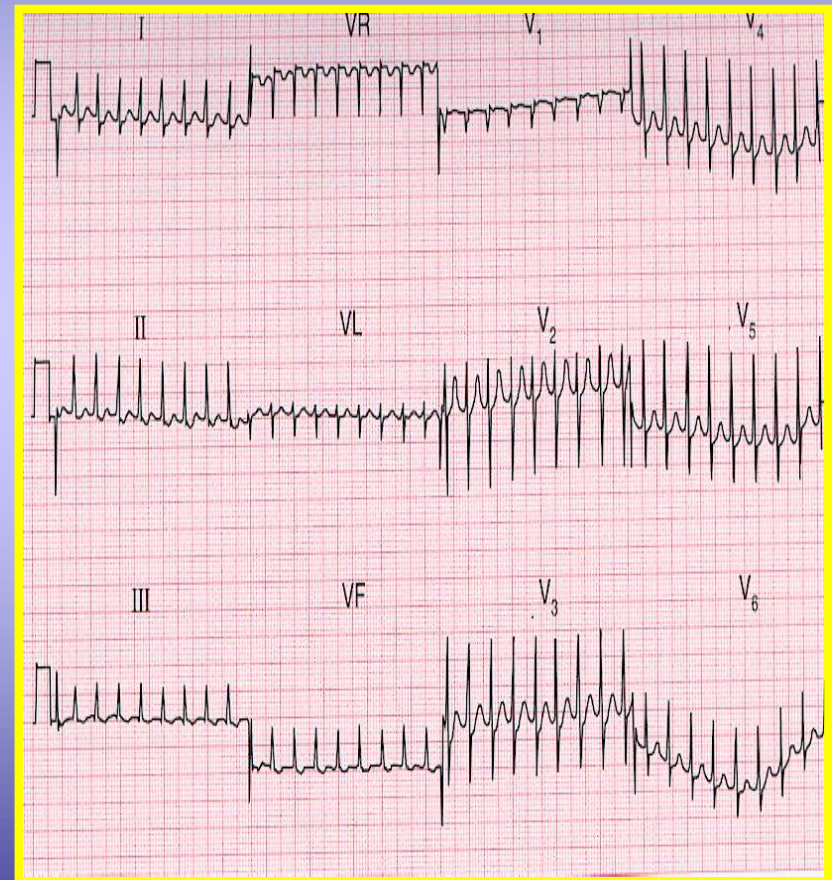
AVNRT

- **History - childhood**
- **Abrupt start/stop**
- **F 120-220/min**
- **Vagal manouevres**
- **Female**
- **Frog sign**



AVNRT

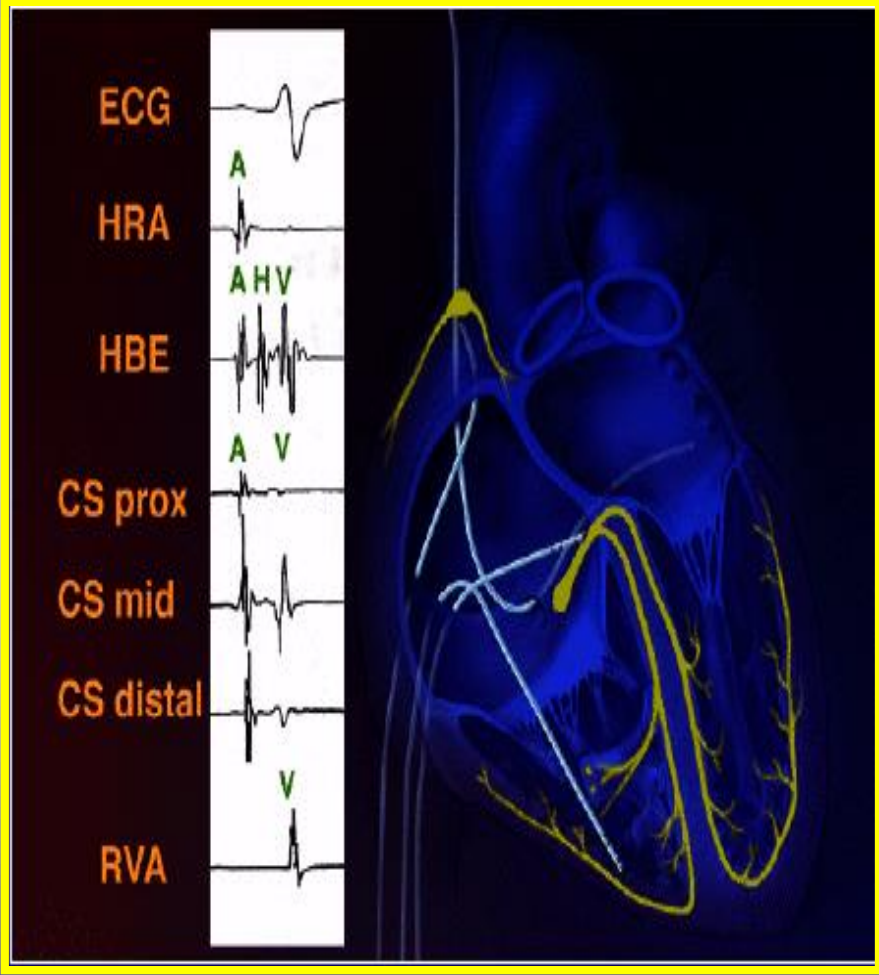
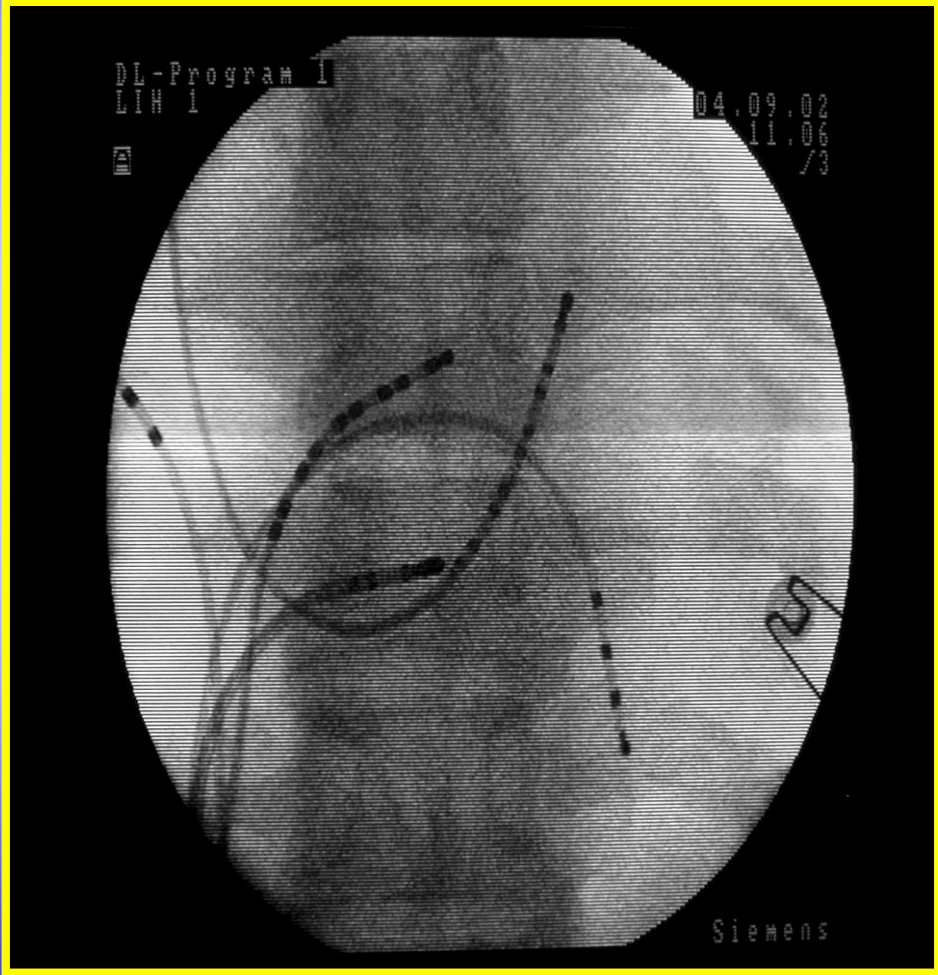
- Vagal man.
- Adenosin - 12-24mg i.v.
- Verapamil - 5-10mg i.v.
- Metoprolol - 5mg i.v.
- **RFA of slow pathway**
- Verapamil
- BB



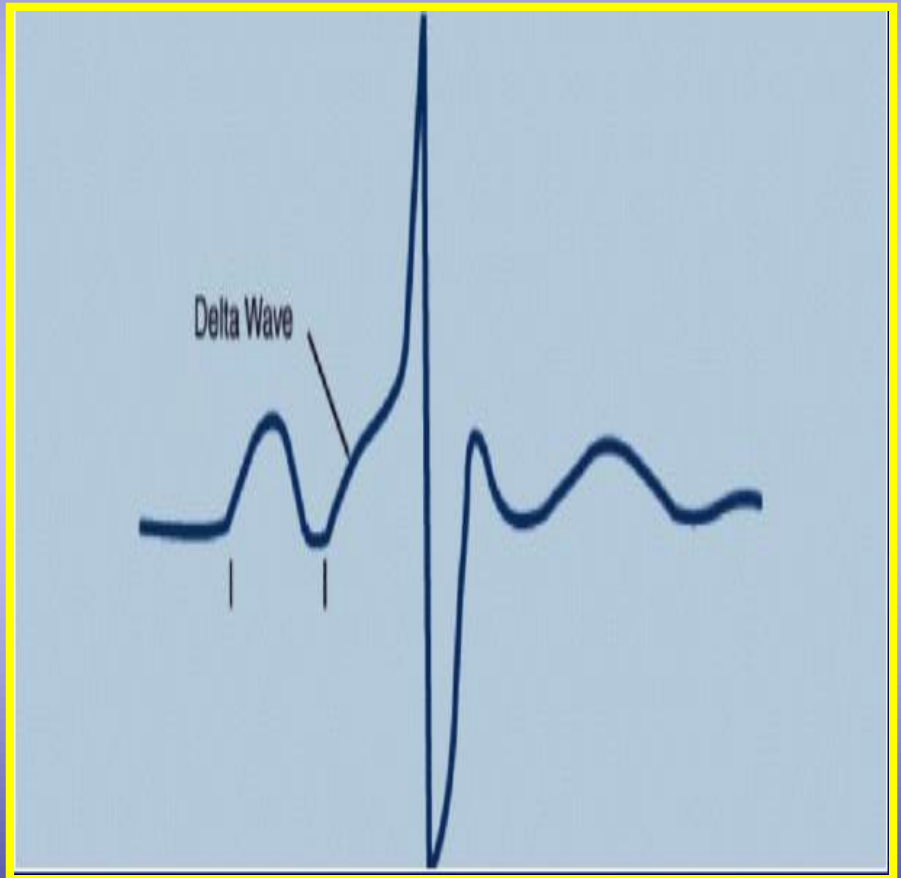
Radiofrequency ablation -RFA

- **Special catheter creating endocardial tissue heating causing local necrosis and damage of contact place.**
- **Contact place - arrhythmic focus, accessory pathway, arrhythmogenic substrate**

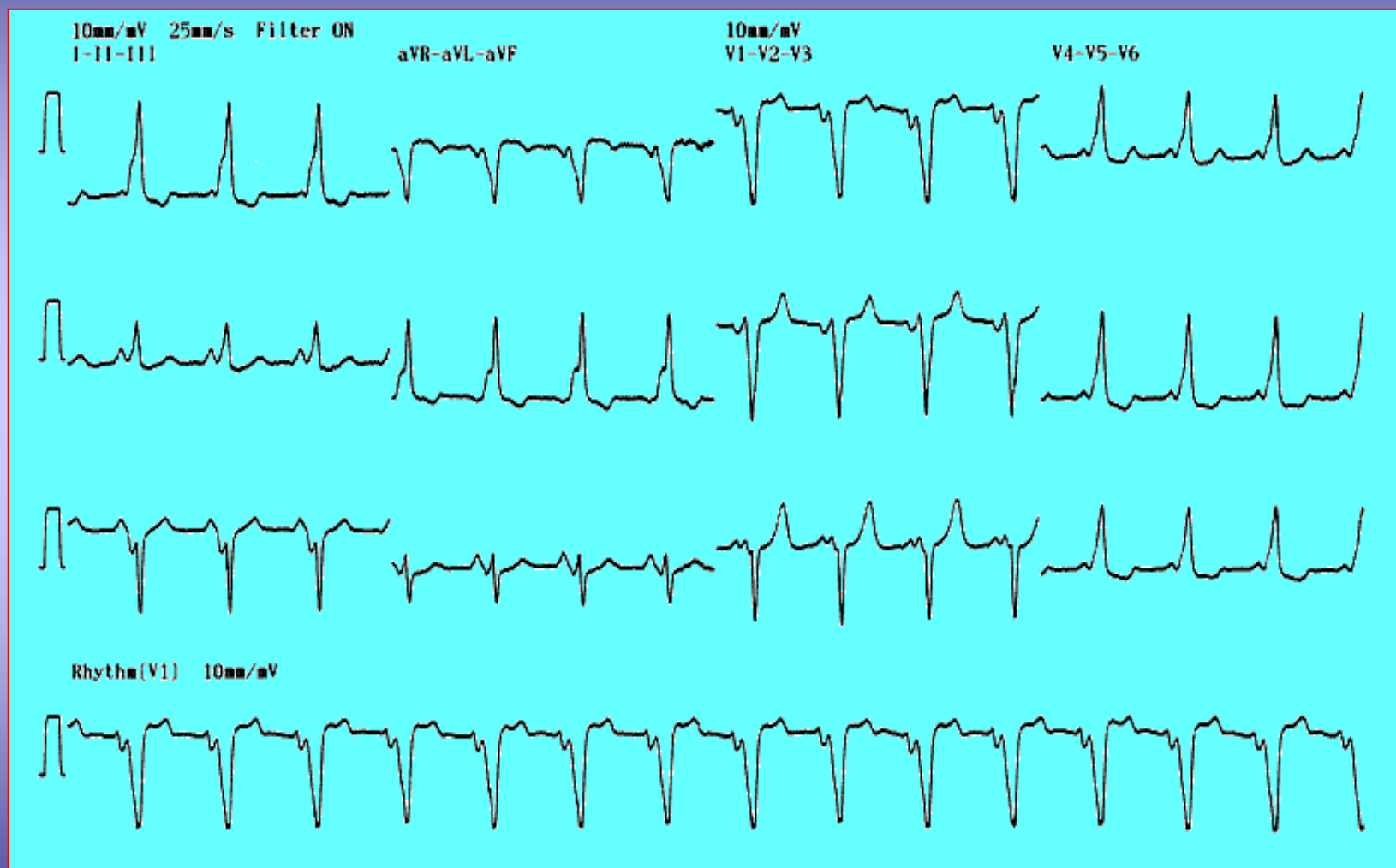
Catheter placement during AVNRT RFA



AVRT

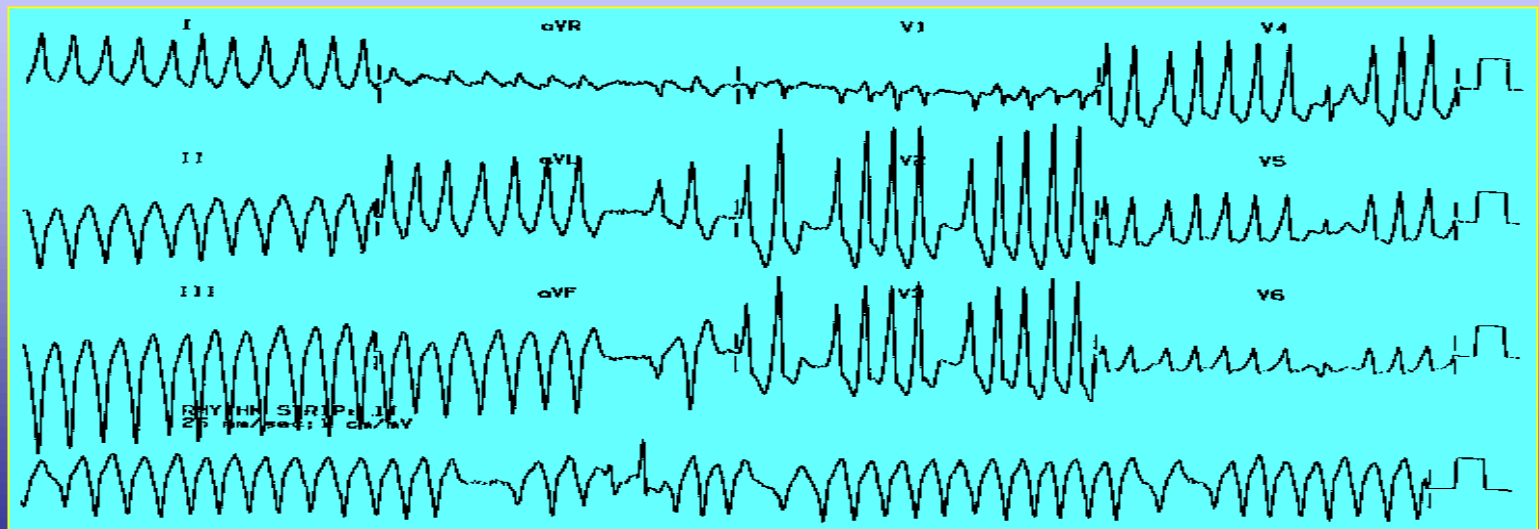
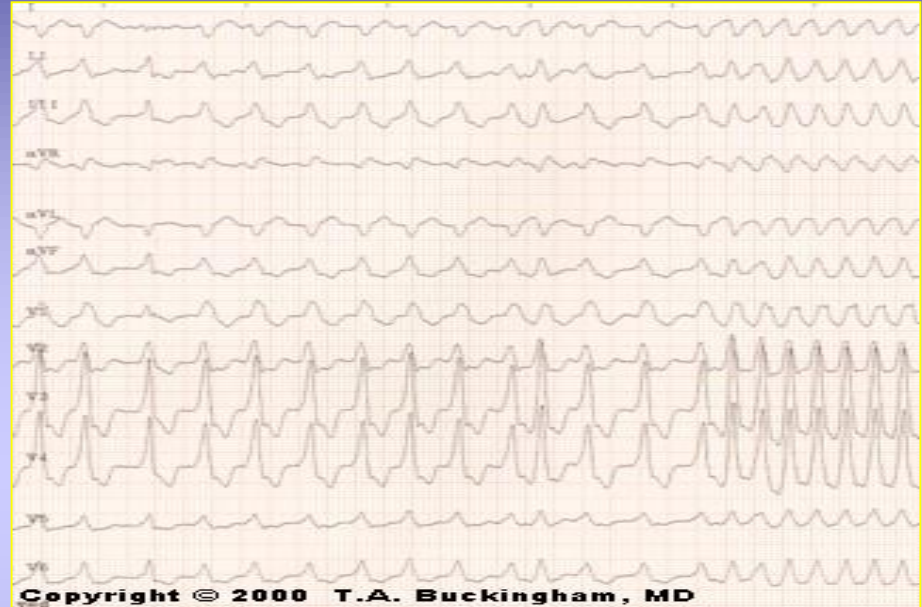


Delta wave in WPW syndrom



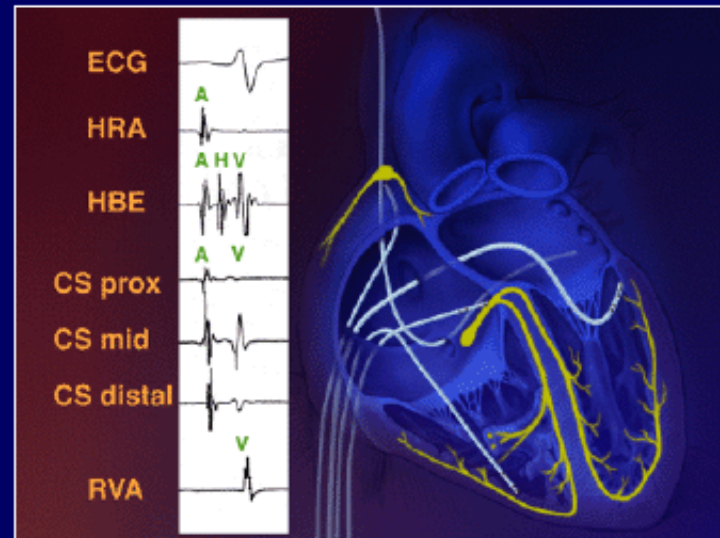
Preexcitation with risk of SCD

- In patients with AP fast conduction
- During Afl, or AFib

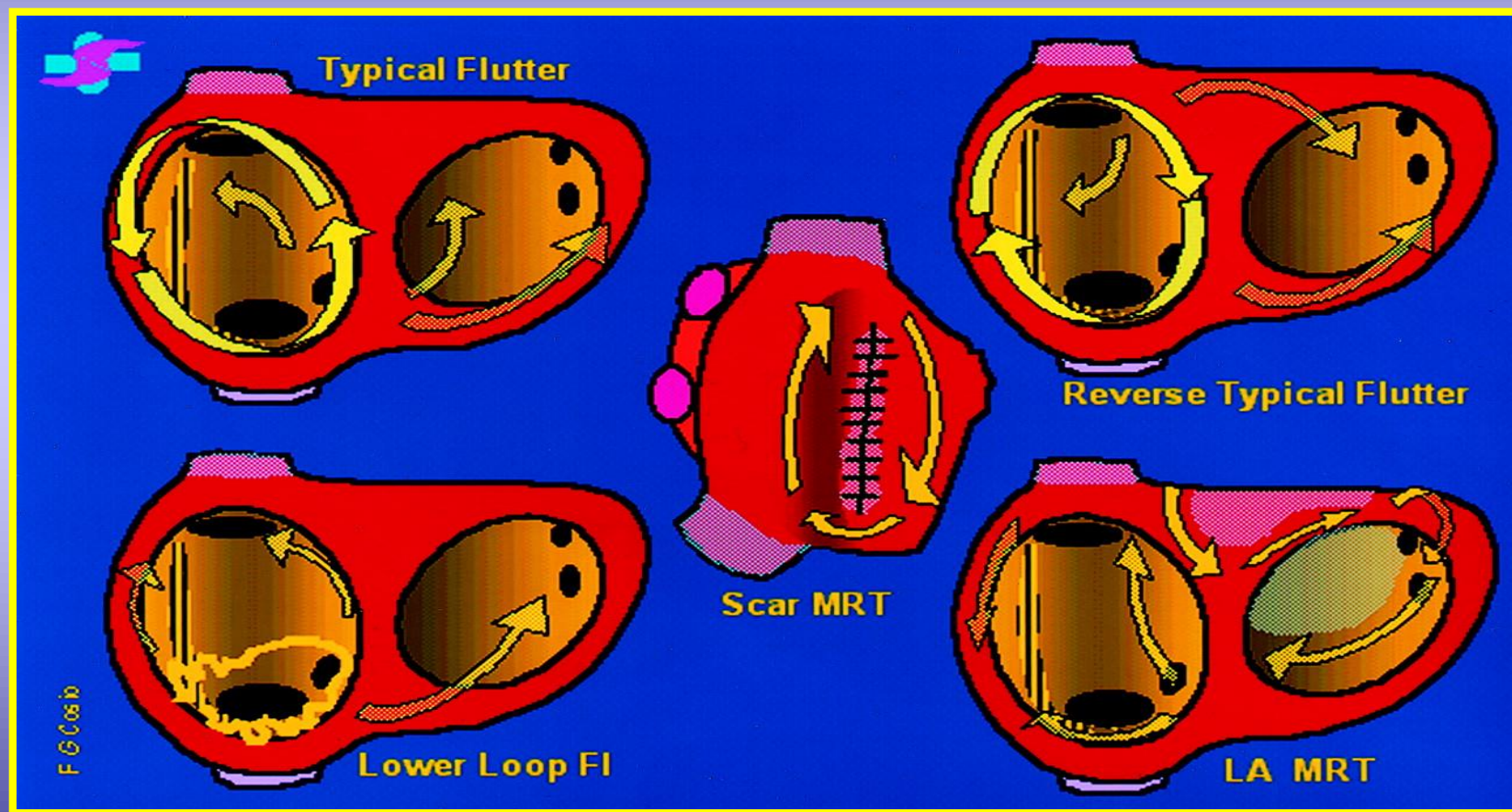


AVRT Left Free Wall

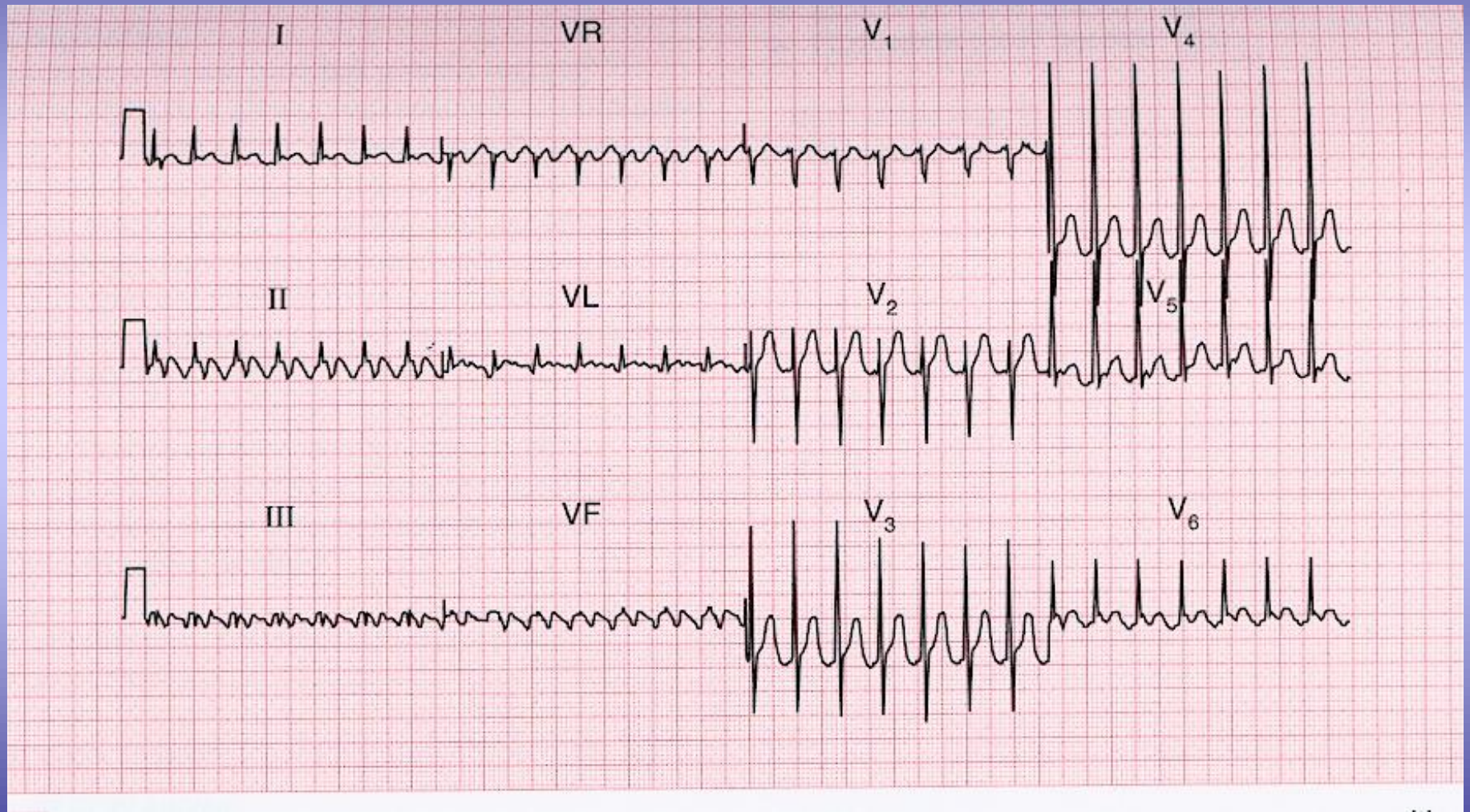
- Transseptal approach to LV
- Catheter positioned along rim of mitral annulus



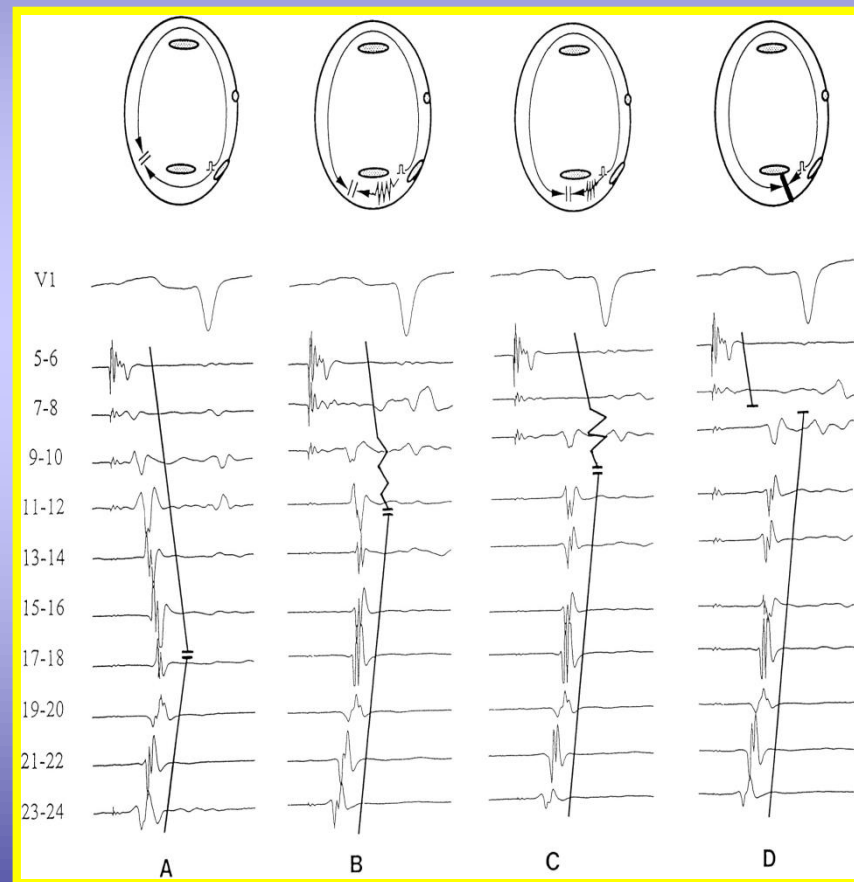
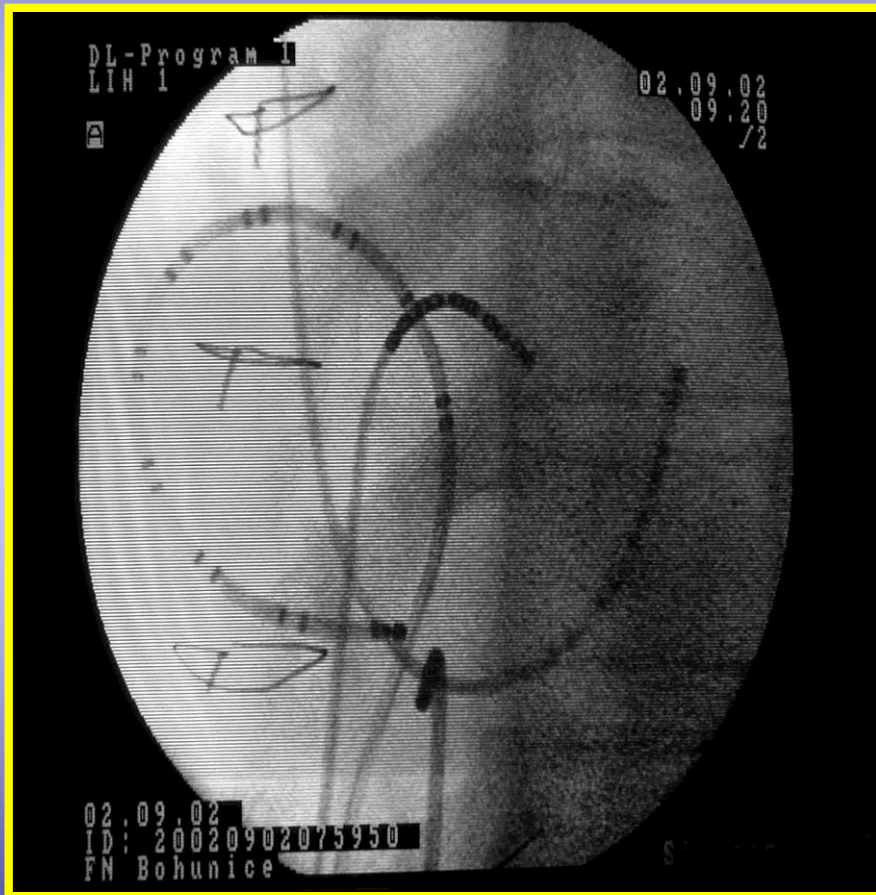
Atrial flutter



Typical AFL



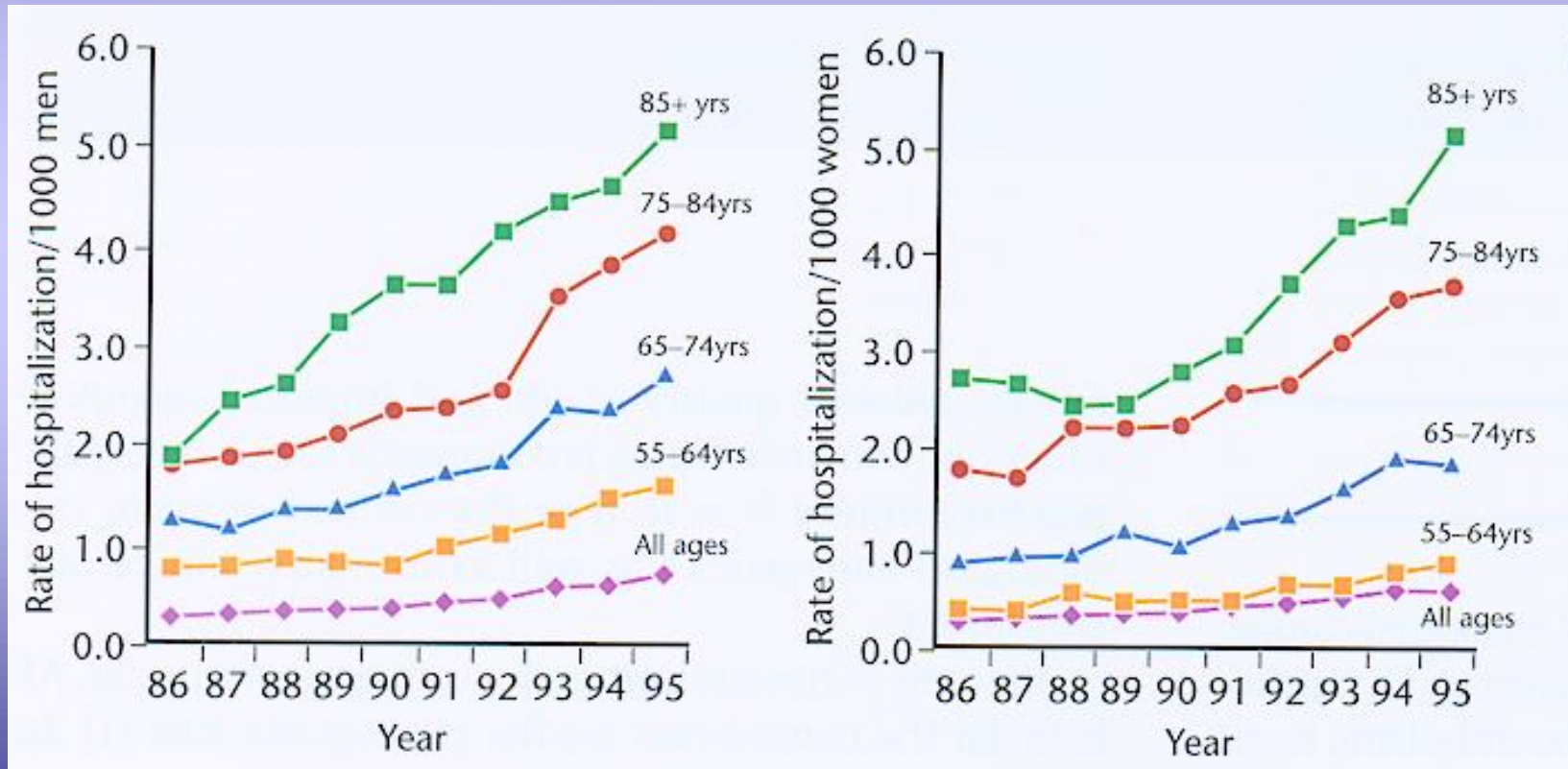
RFA of AFL



Epidemiologie



- nárůst prevalence FISI z 3,2% (68-70) → 9,1% (87-89)



Wolf PA et al. Arch Intern Med 1987;147:1561-1564

Psaty BM et al. Circulation 1997;96:2455-2461

Mechanismus vzniku a trvání FISI

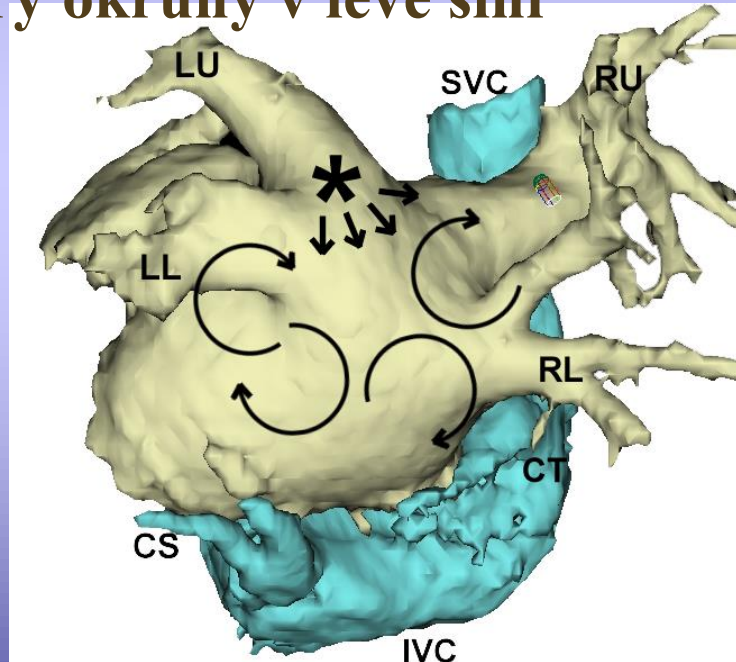


Spouštění - ektopická aktivita z plicních žil

Udržování - reentry okruhy v levé síni

Anatomické struktury

Levá síň
Plicní žíly
Koronární sinus
Marshallovo ligamentum
Pravá síň



Mechanismy

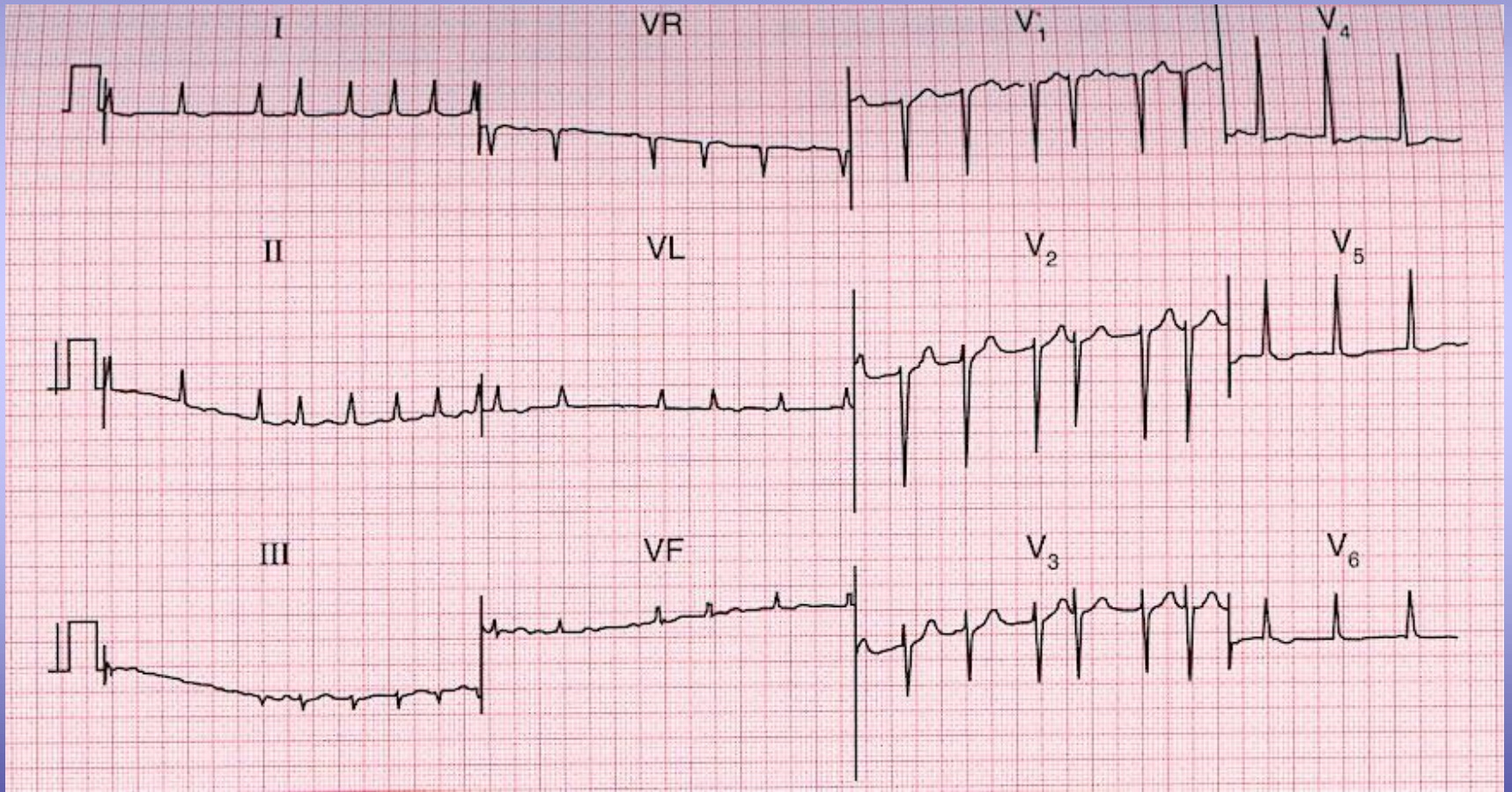
Ektopická aktivita
Rotory
Makroreentry
ANS

AF

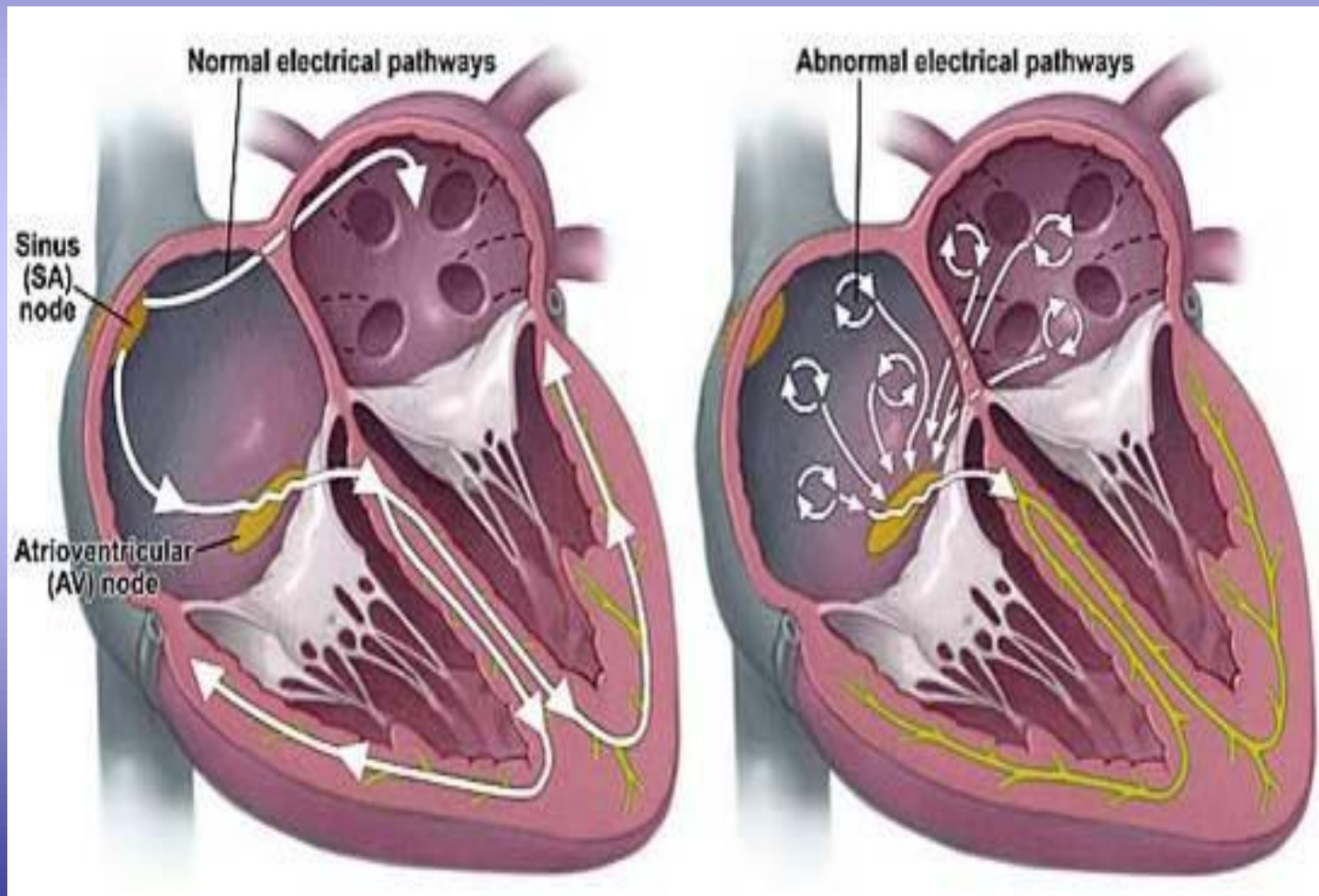
- Population - 0,95%
- Patients > 80 - 9,0%
- Remodellation: electric
contractile
structural
- 2 x higher mortality in AF x
S.R.



Atrial fibrillation



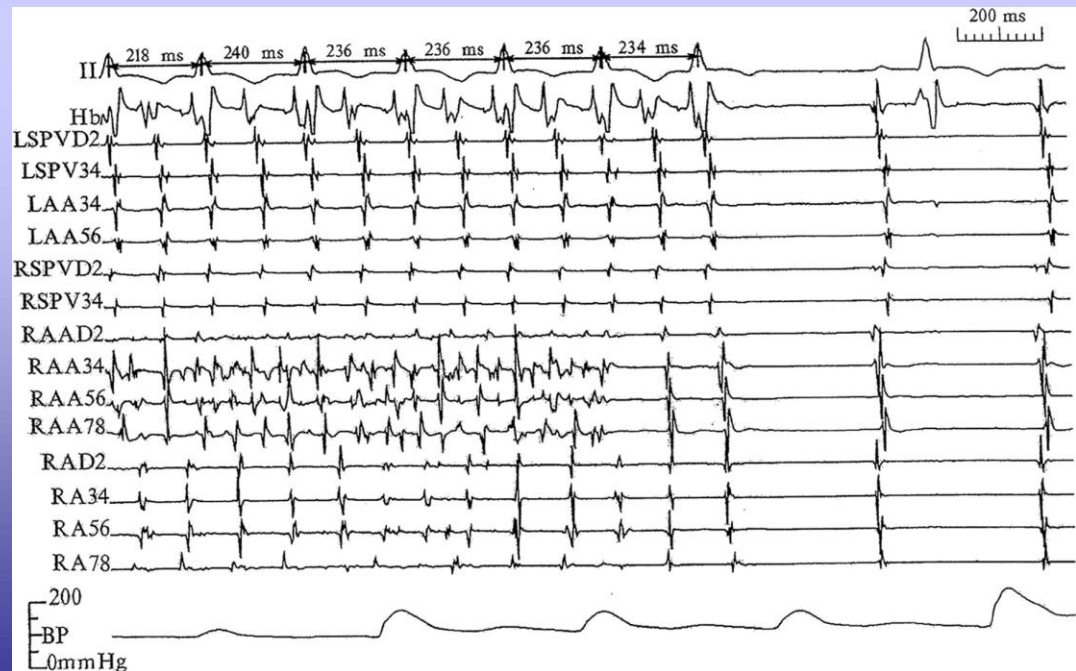
Atrial fibrillation



Indikace k RFA FISI



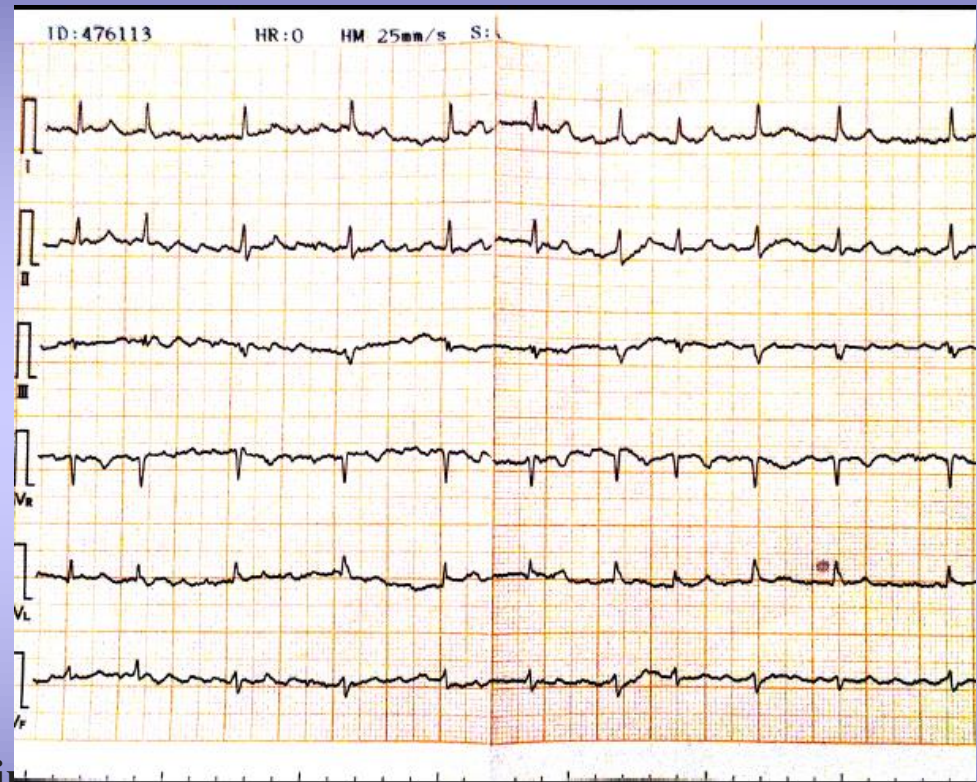
- paroxysmální formy
- symptomatické formy
- mladší pacienti (< 65 let)
- nepřítomnost organického onemocnění srdce
- selhání \geq AA I / III třídy



Kontrola frekvence při permanentní FISI

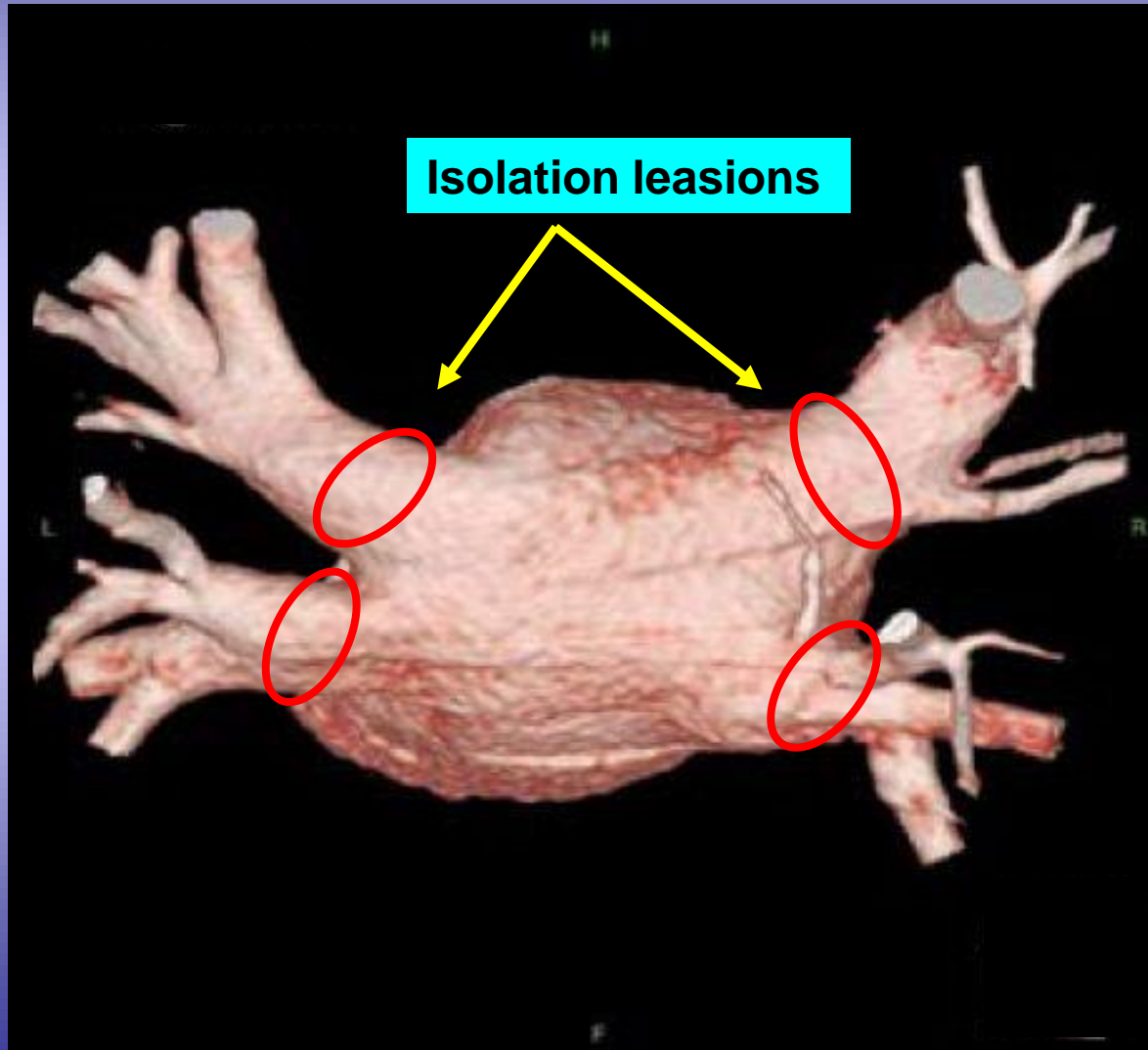


- **Digoxin**
- **Betablokátory**
- **CAA**
- **Propafenon**
- **Sotalol**
- **Amiodaron**
- **Dronedaron?!**

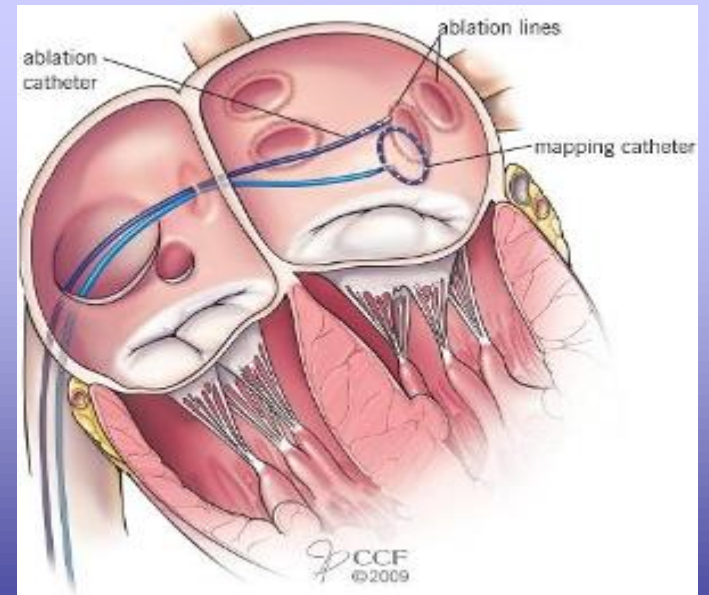
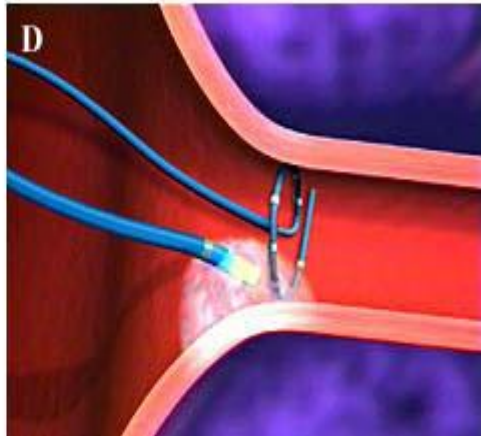
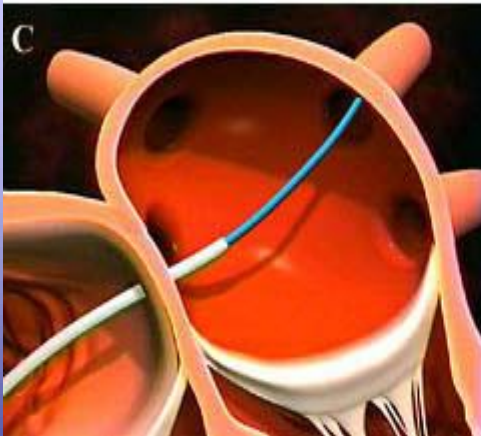


- **Neselektivní ablace AV uzlu + implantace ICD**

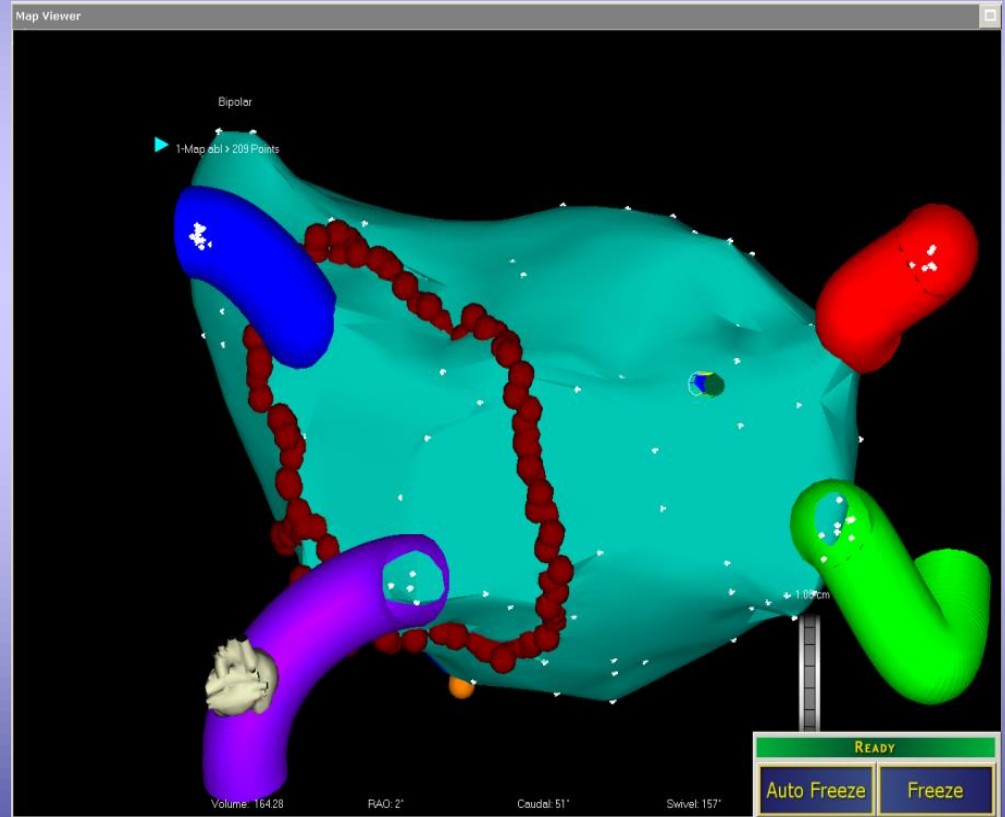
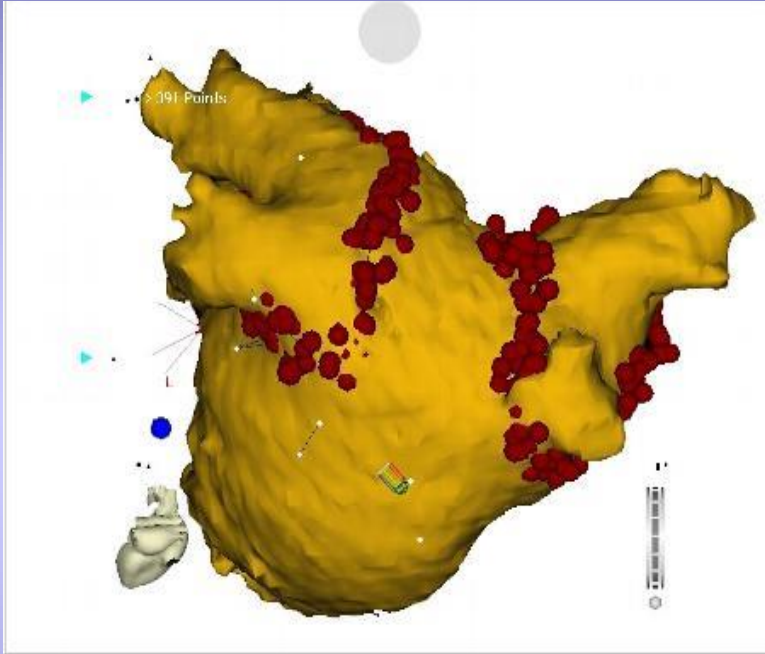
MRI image of LA with PW



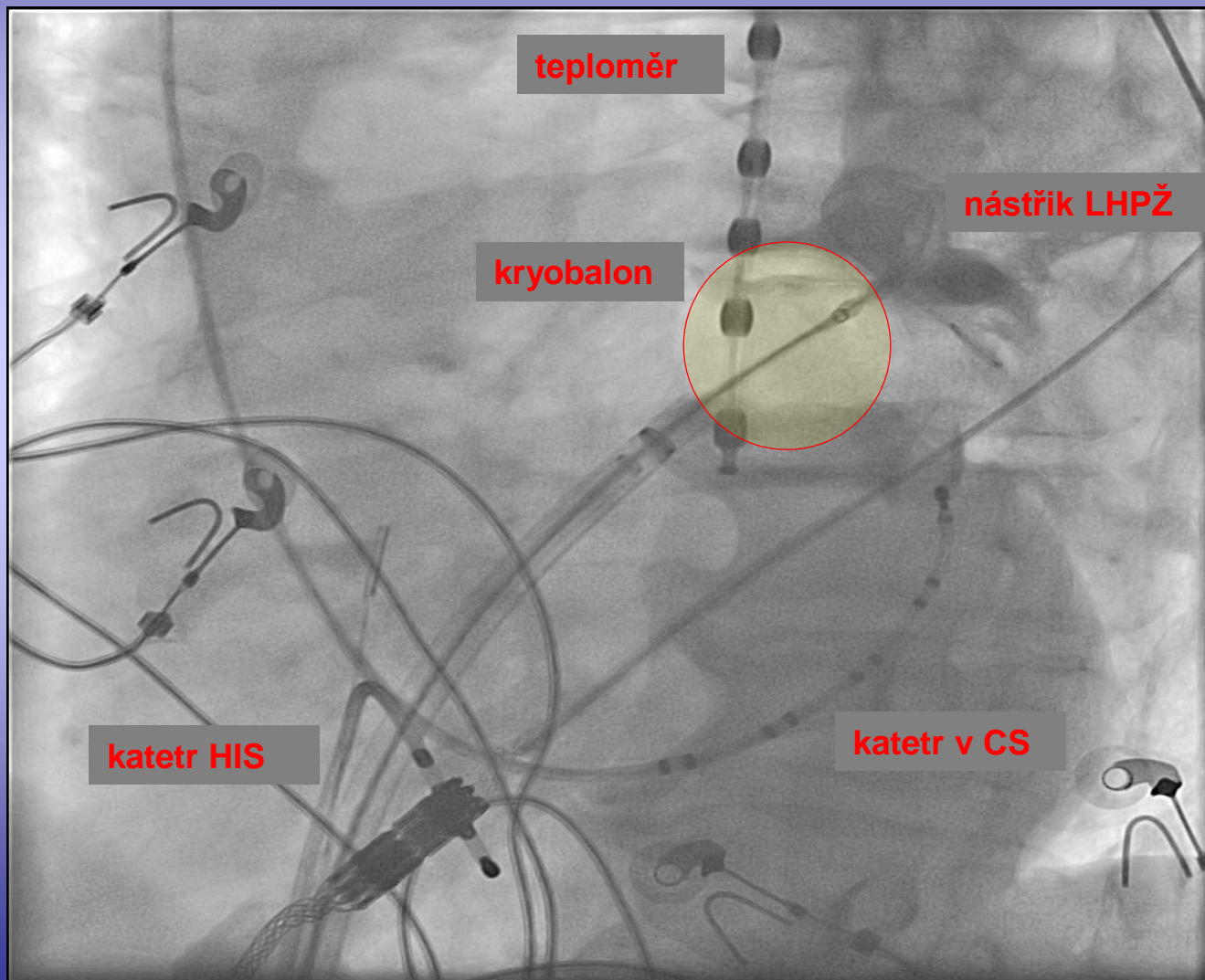
RFA x Cryoablation



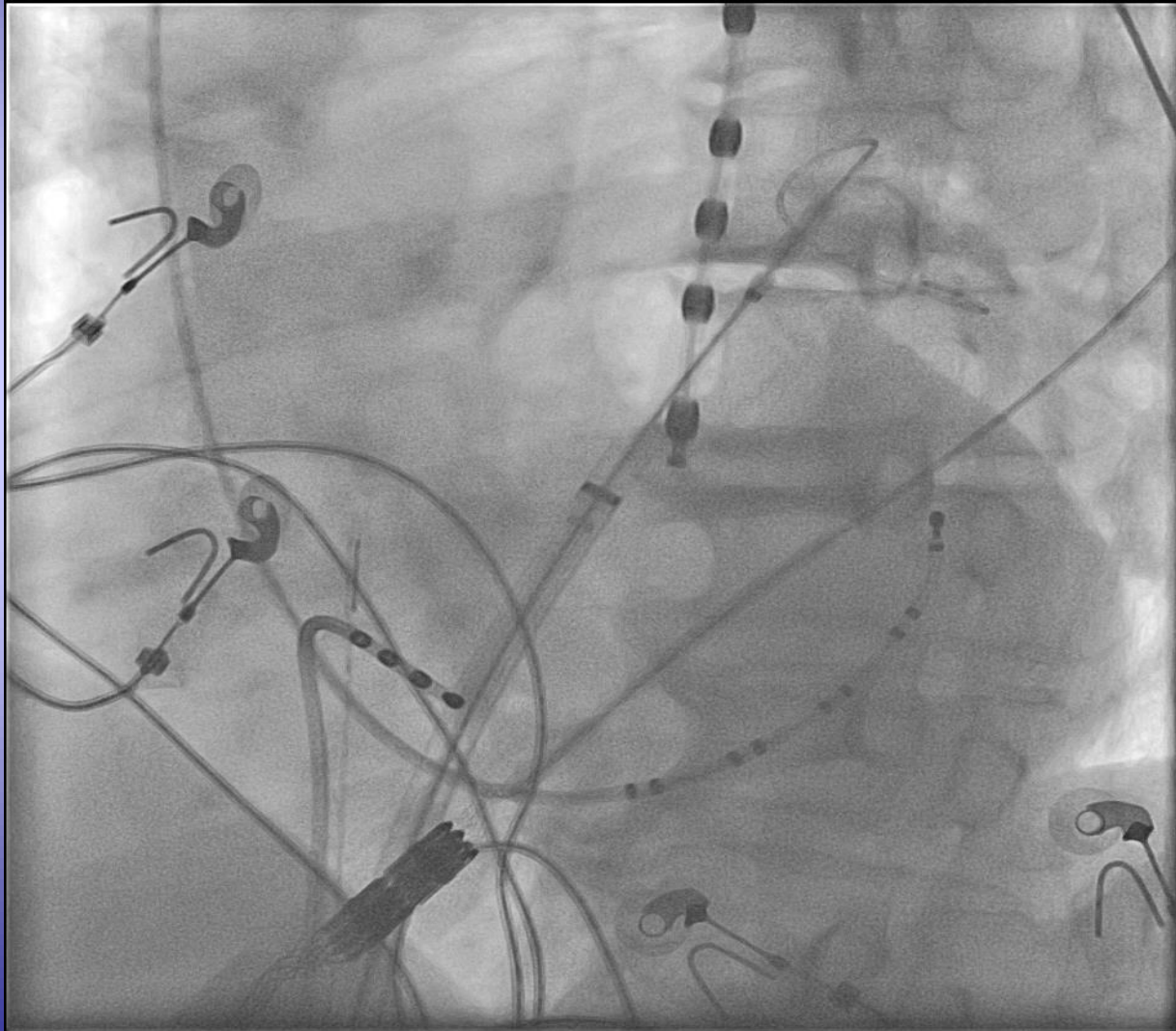
3D mapping



Rozmístění katetrů v LAO



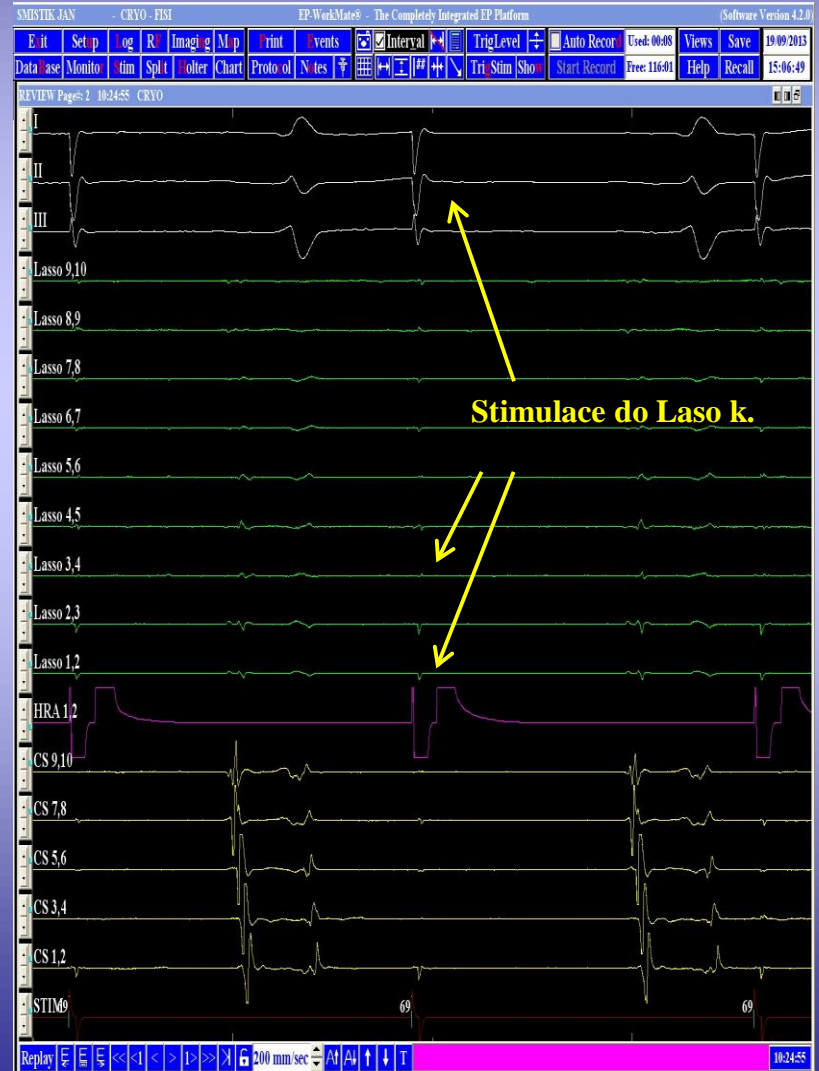
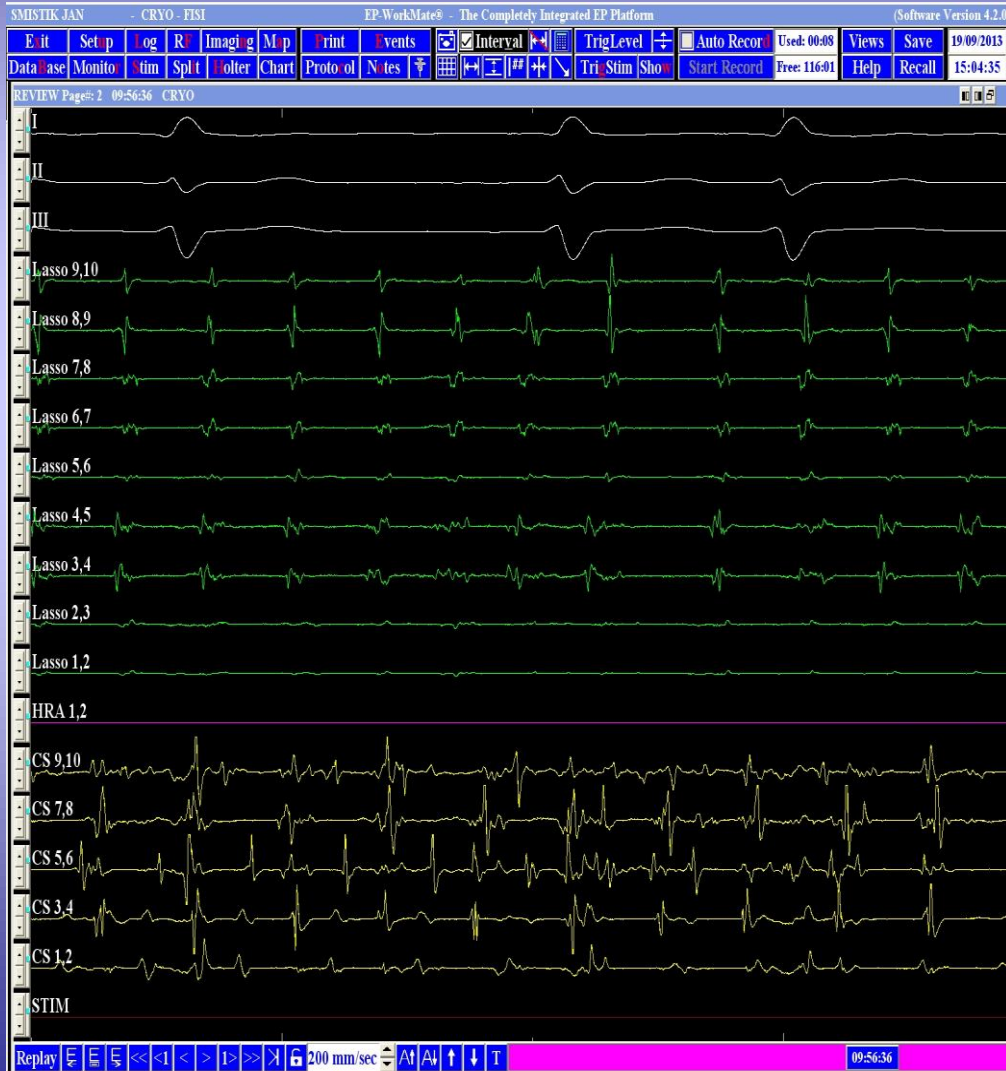
Verifikace okluze PŽ kontrastem



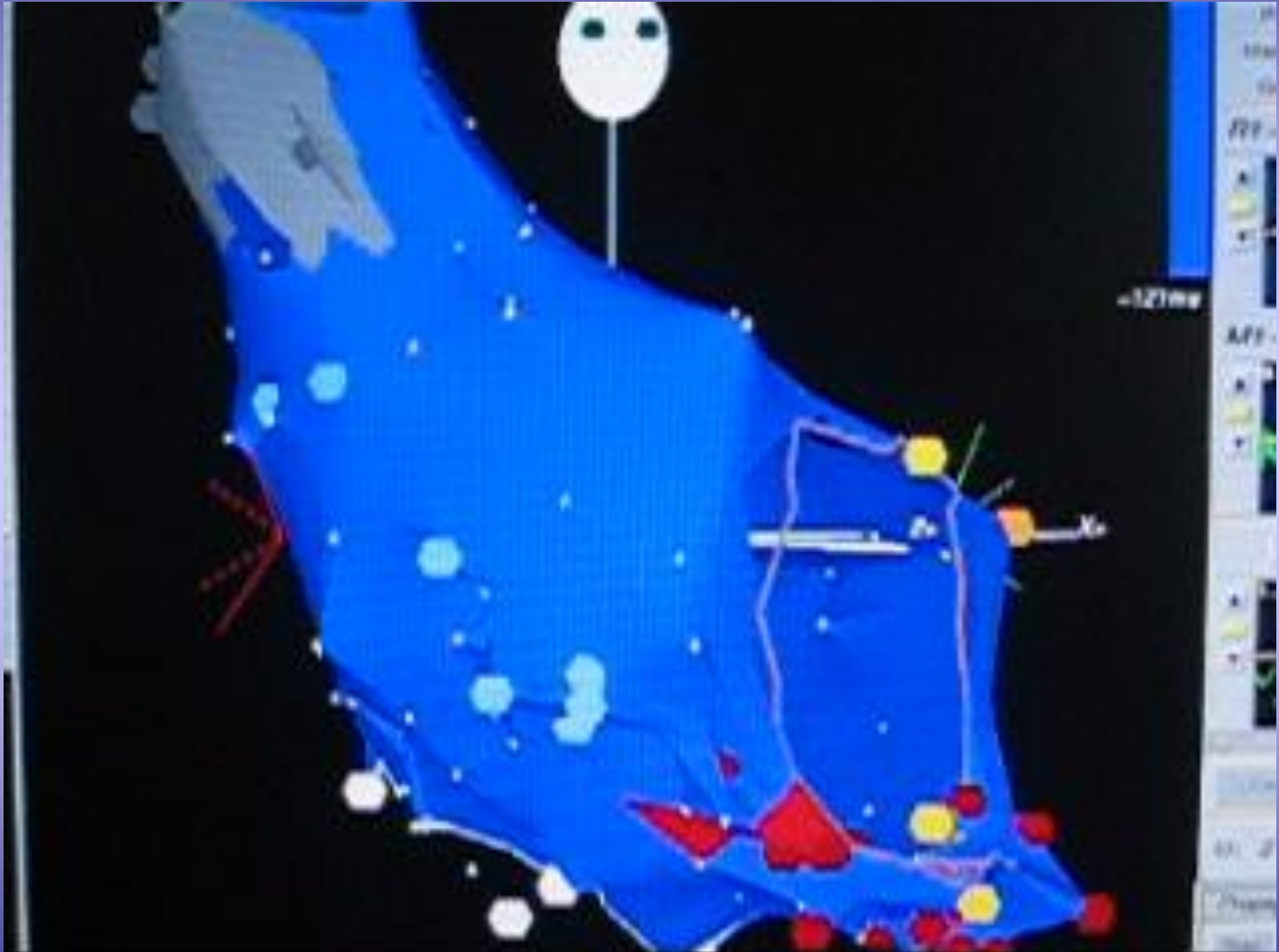
Dosažení optimálních teplot při aplikaci



Signály v PŽ před a po aplikaci



3D mapping



Ventricular arrhythmias

Lown PVCs classification

- **0** without PVCs
- **I** < 30 PVCs / hour
- **II** > 30 PVCs / hour
- **IIIa** PVCs of multiple origin
- **IIIb** bigeminal, trigeminal PVCs
- **IVa** couplets, triplets
- **IVb** NSVT, Ssustained VT, ventricular fibrillation
- **V** fenomen R / T

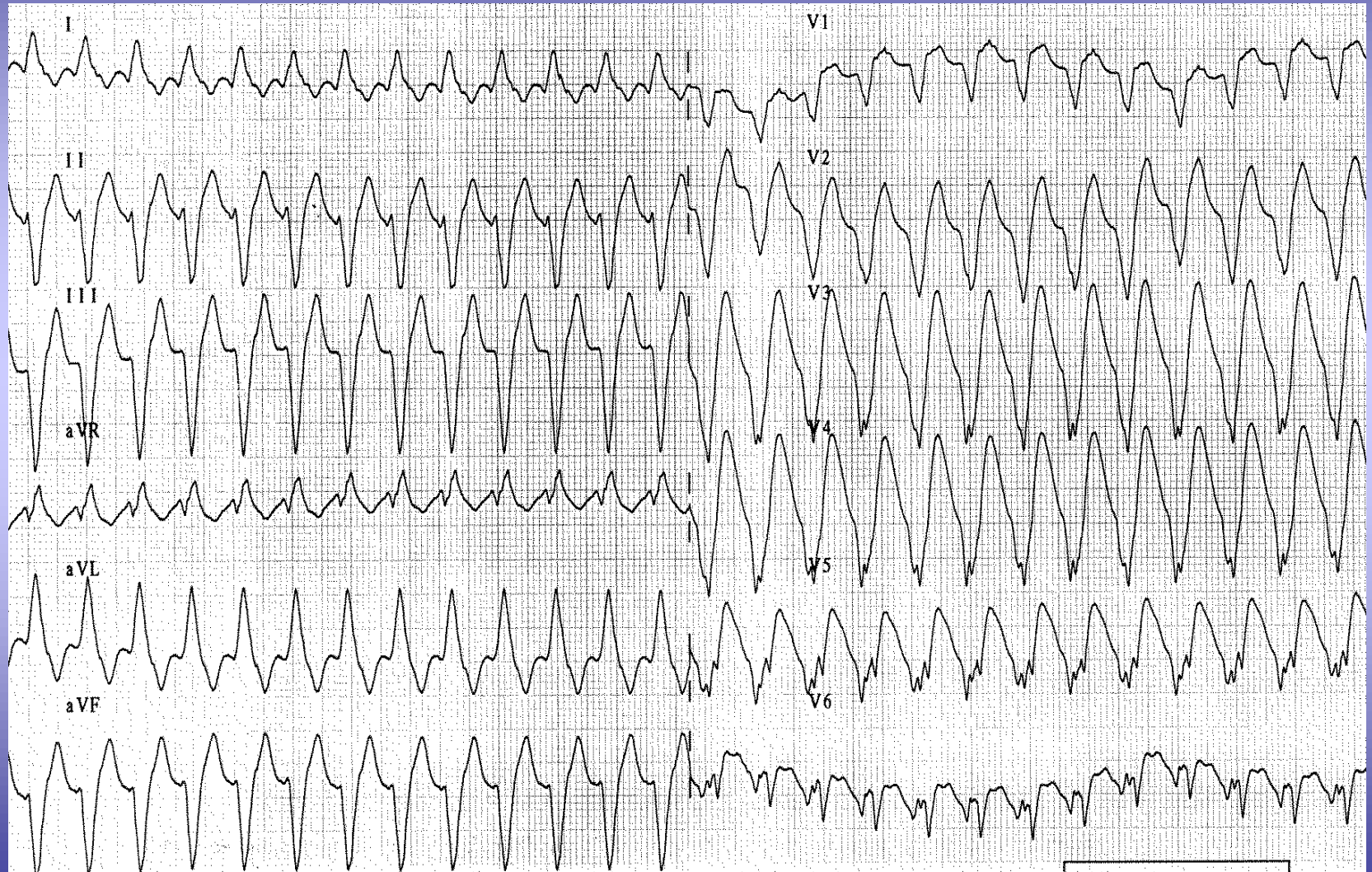
Risk classification

- **Benign**
(PVCs up to NSVT without organic disease, or CHF)
- **Potentially malignant**
(NSVT – in presence of CHF, CAD, DCMP)
- **Malignant**
(ventricular tachycardia, ventricular fibrillation)

VT



LBBB-like VT



Sudden cardiac death

- **Natural death due to cardiac causes with abrupt loss of consciousness within one hour of the onset of acute symptoms. Preexisting heart disease may be known, but time and mode of death are unexpected.**

Braunwald 1992

Epidemiology

- ❑ USA SCD / year: 200.000 – 450.000
- ❑ World / year: 3.000.000 with estimated survival 1%
- ❑ $\frac{3}{4}$ CAD and 80% SCD is due to malignant arrhythmias
- ❑ Symptomatic HF: 20-25% risk of death in 2,5 years
- ❑ 50% deaths in CHFS is due to VT and VF

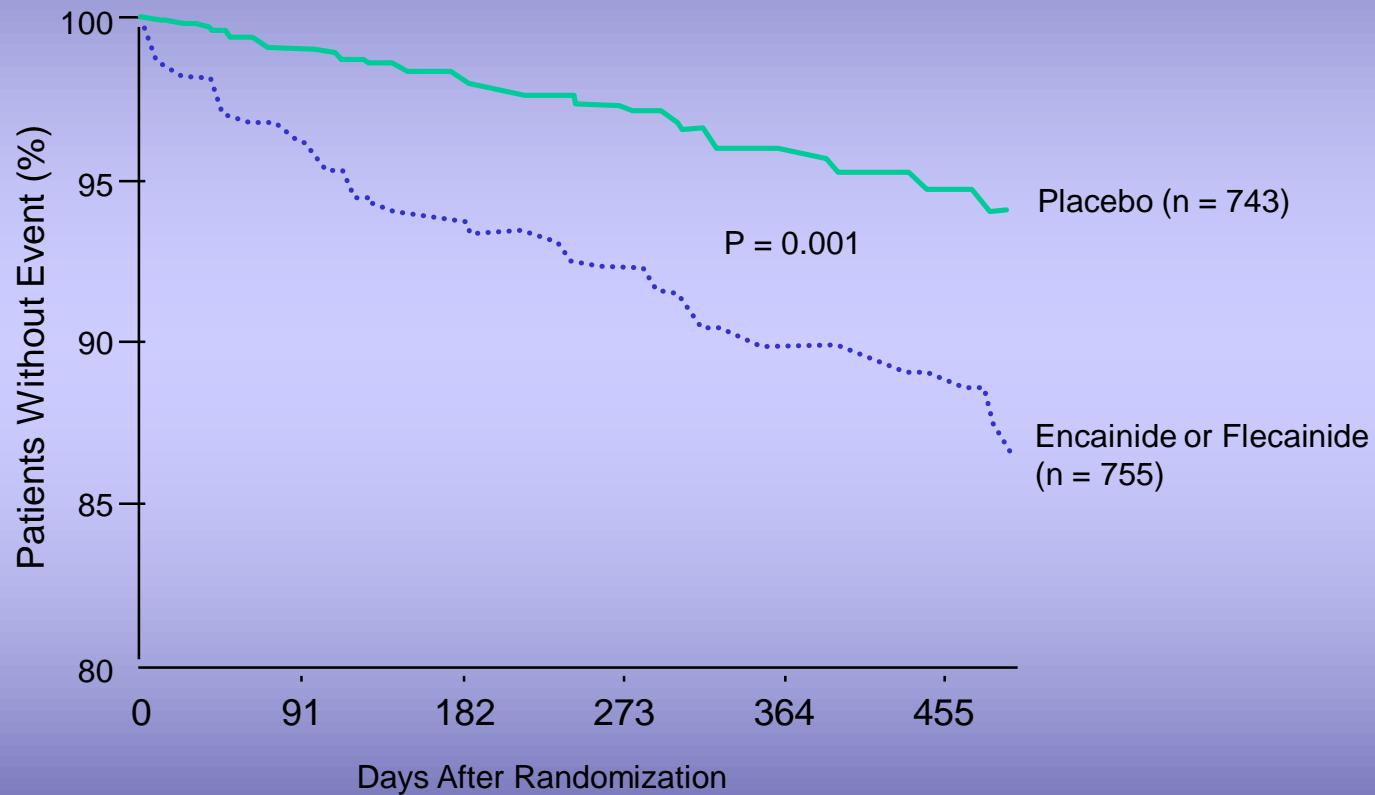
Cobb LA., et. al. JAMA 2002

Cannom DS. J Cardiovasc Electrophysiol 2005

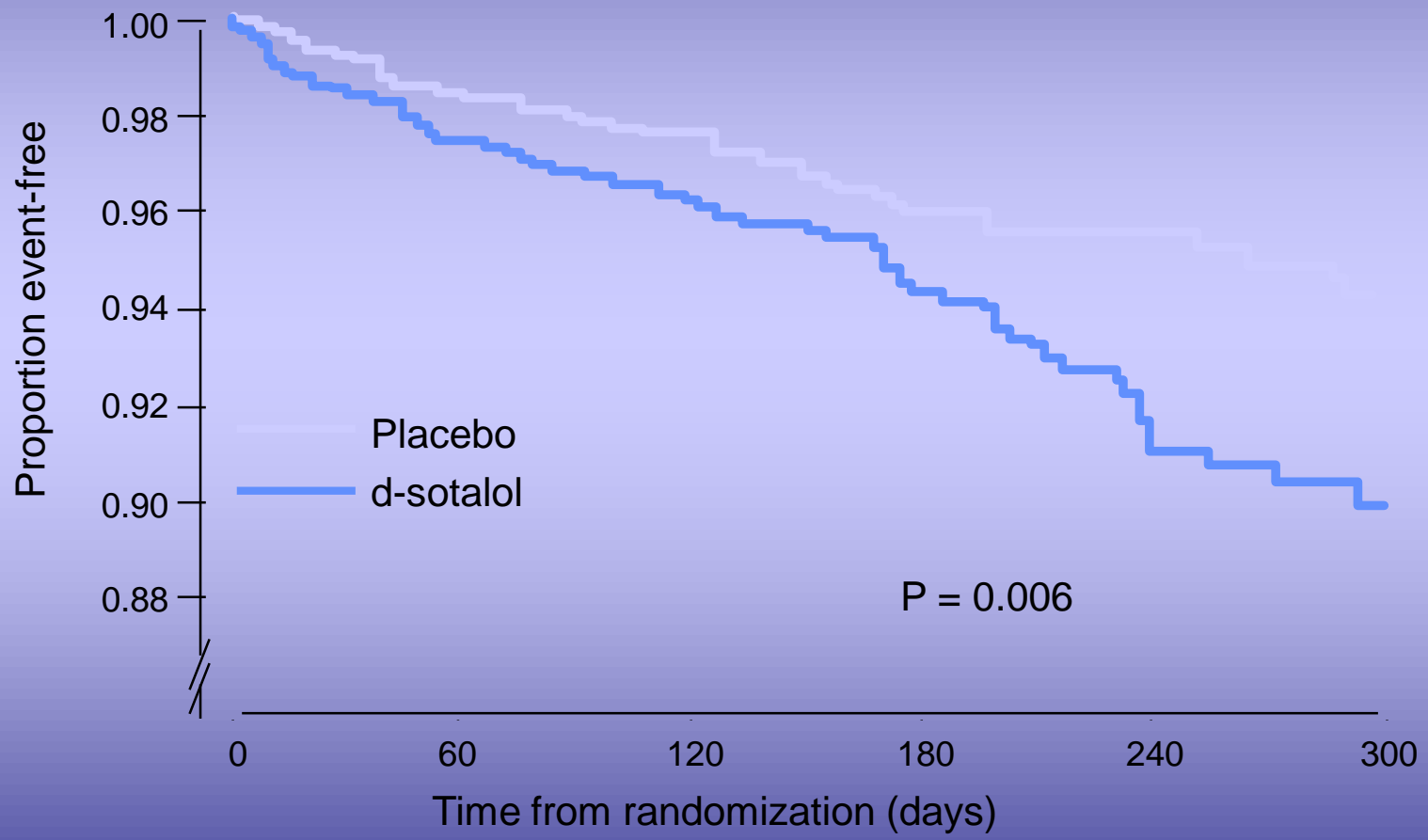
Huikuri - N Engl J Med 2001



CAST I – Prognosis of Post-MI Patients

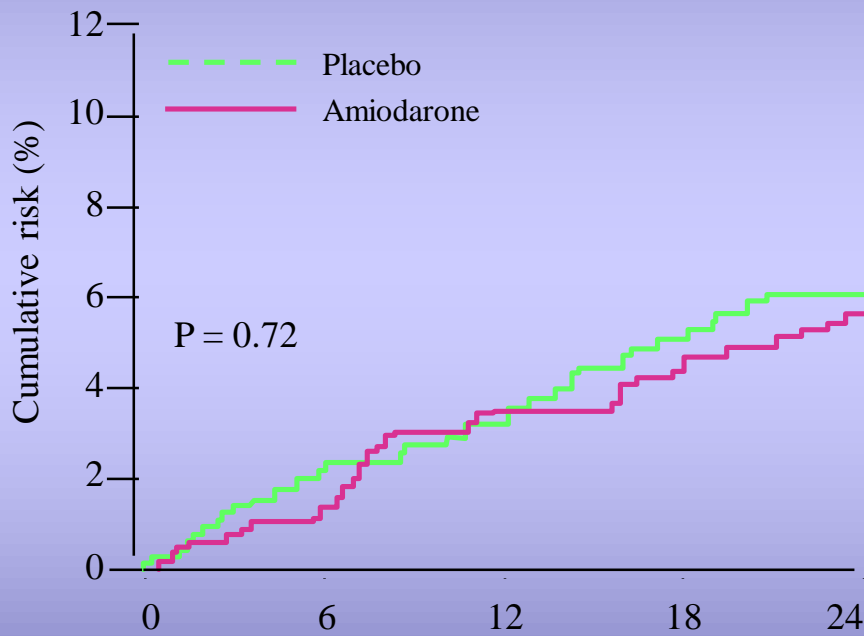


SWORD – Survival with d-sotalol vs. Placebo

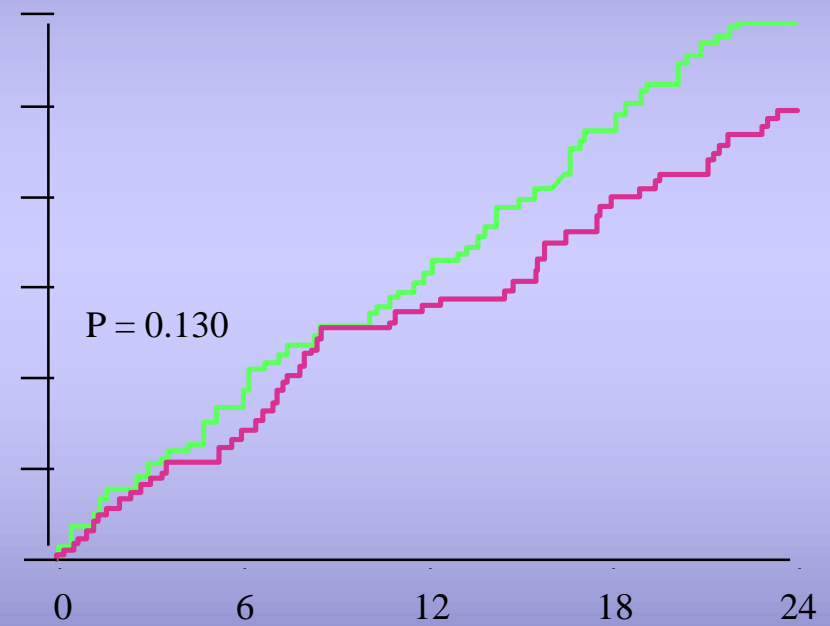


CAMIAT Results

Non-arrhythmic deaths



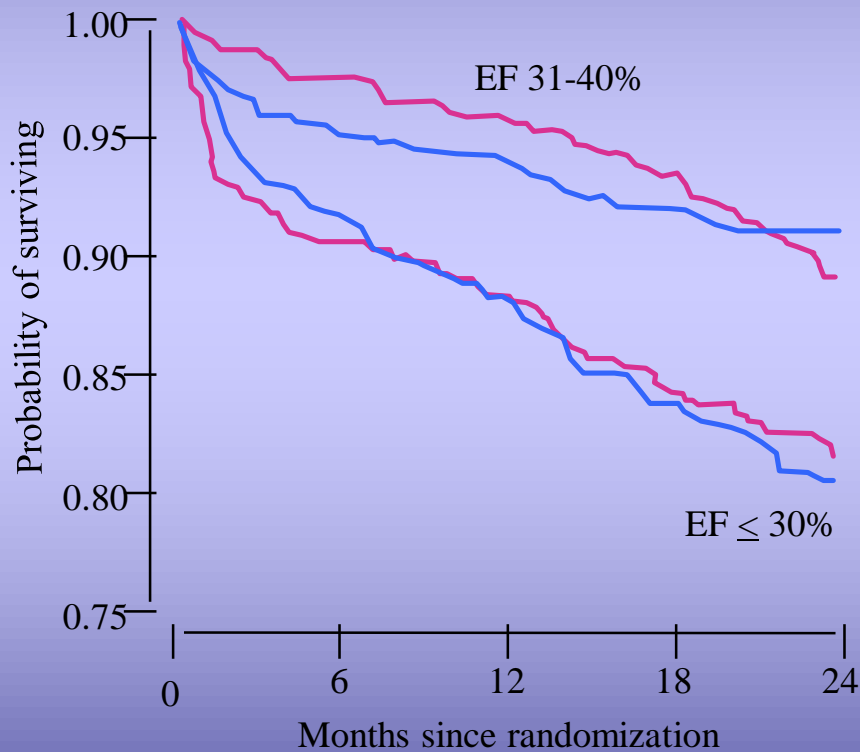
All-cause mortality



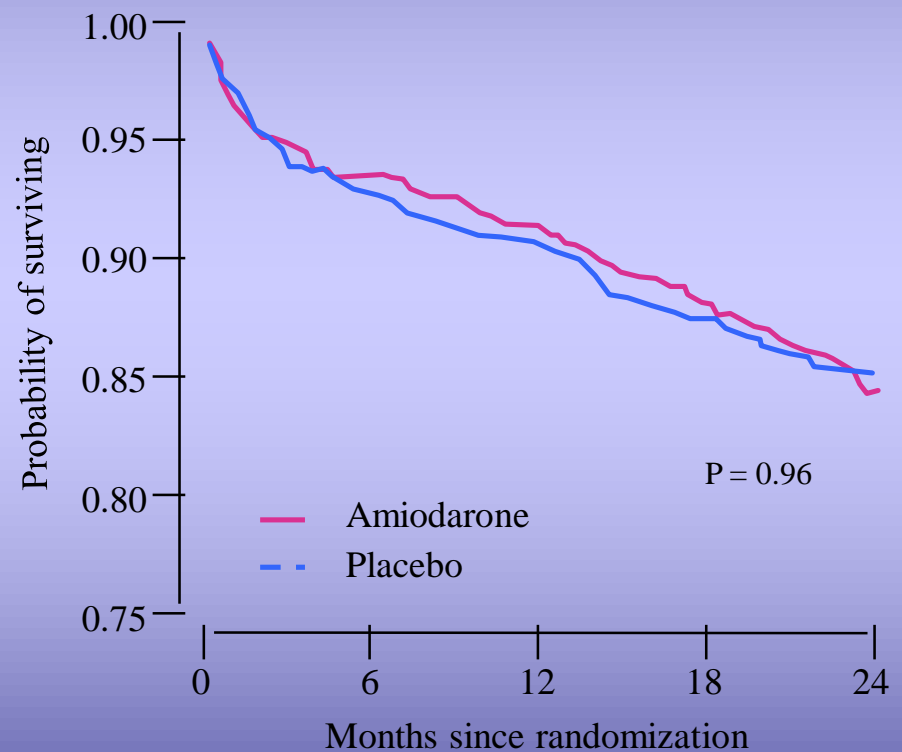
Time since randomization (months)

EMIAT Results – All Cause Mortality

By group and ejection fraction

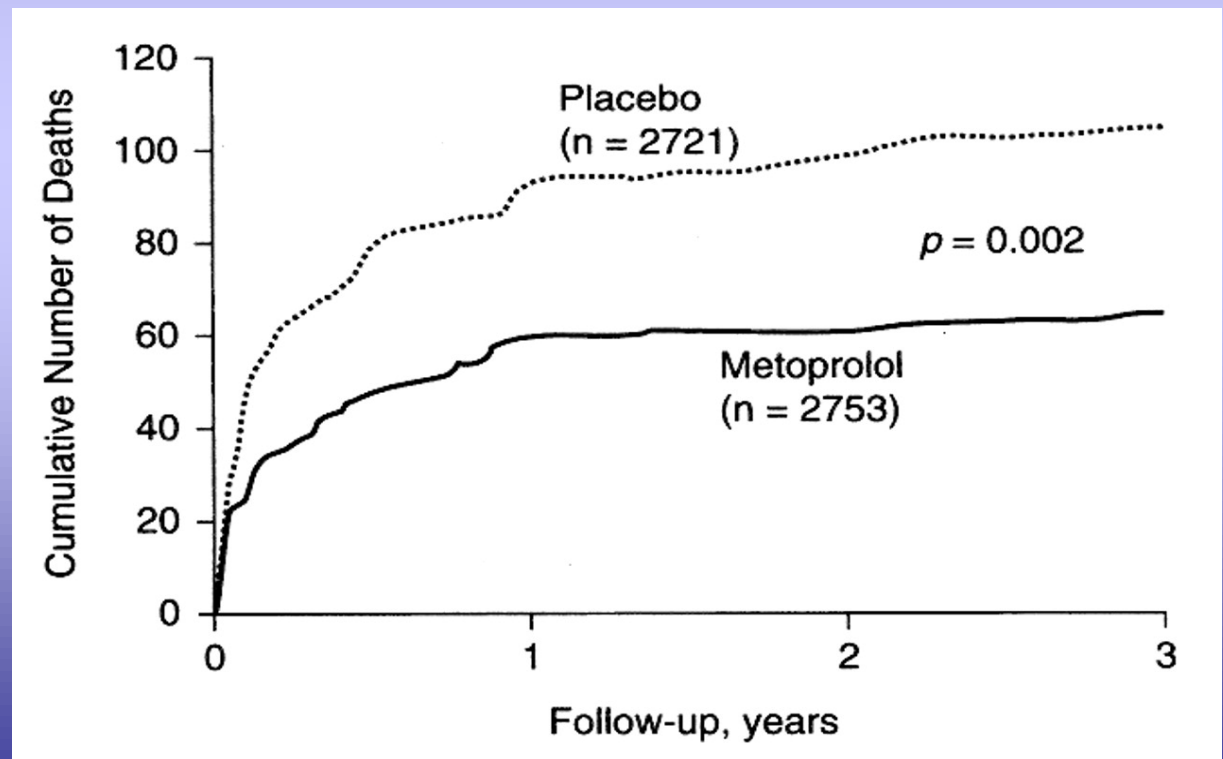


By group

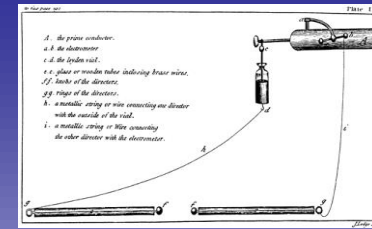
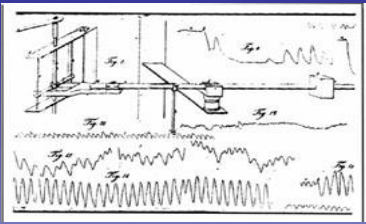


BB and SCD

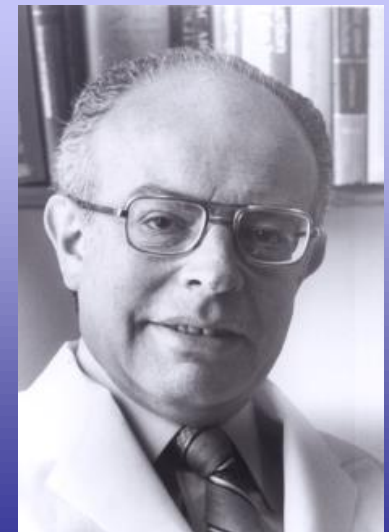
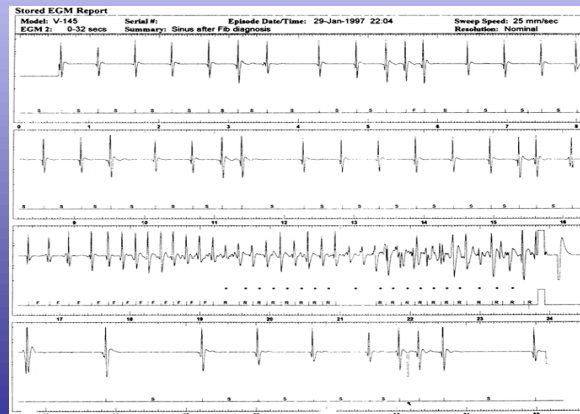
Metaanalyses with BB after MI showed RR reduction 30-50%



ICD history



- 1899 – Prevost + Battelli terminated VF in dogs by the DC discharge
- 1930 – Electric current influence on heart may induce / terminate VF
- 1931 – White P.D. „...a condition of little importance so far as we know now“
- 1947 – Claude Beck 1. succ. Defibrillation in human during the thorax operation
- 1970 - Mirowski automatic standby defibrillator in animals
- 1980 – Mirowski ICD first 3 patients

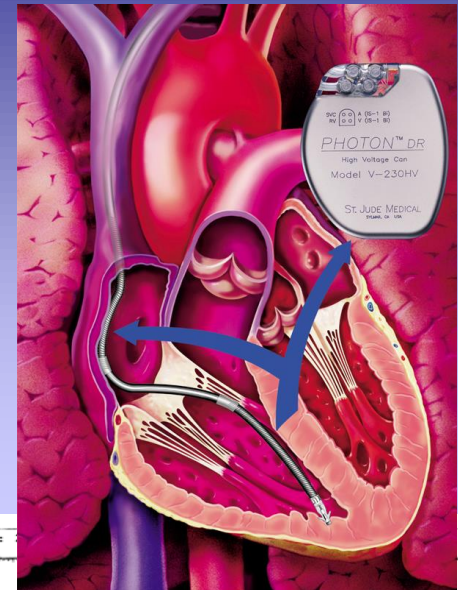


ICD therapy

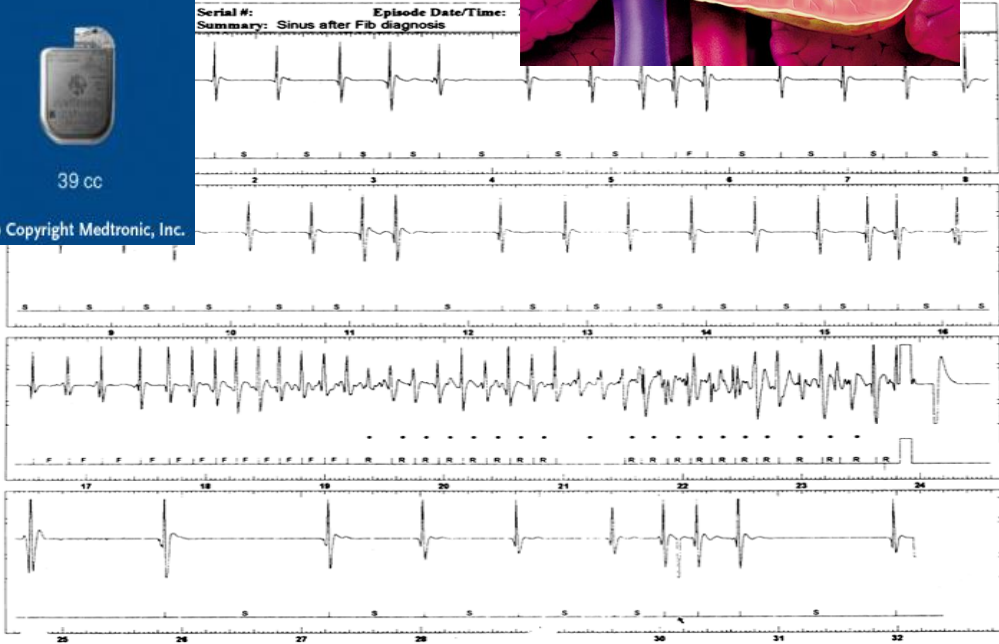
Medtronic Implantable Defibrillators (1989-2000)



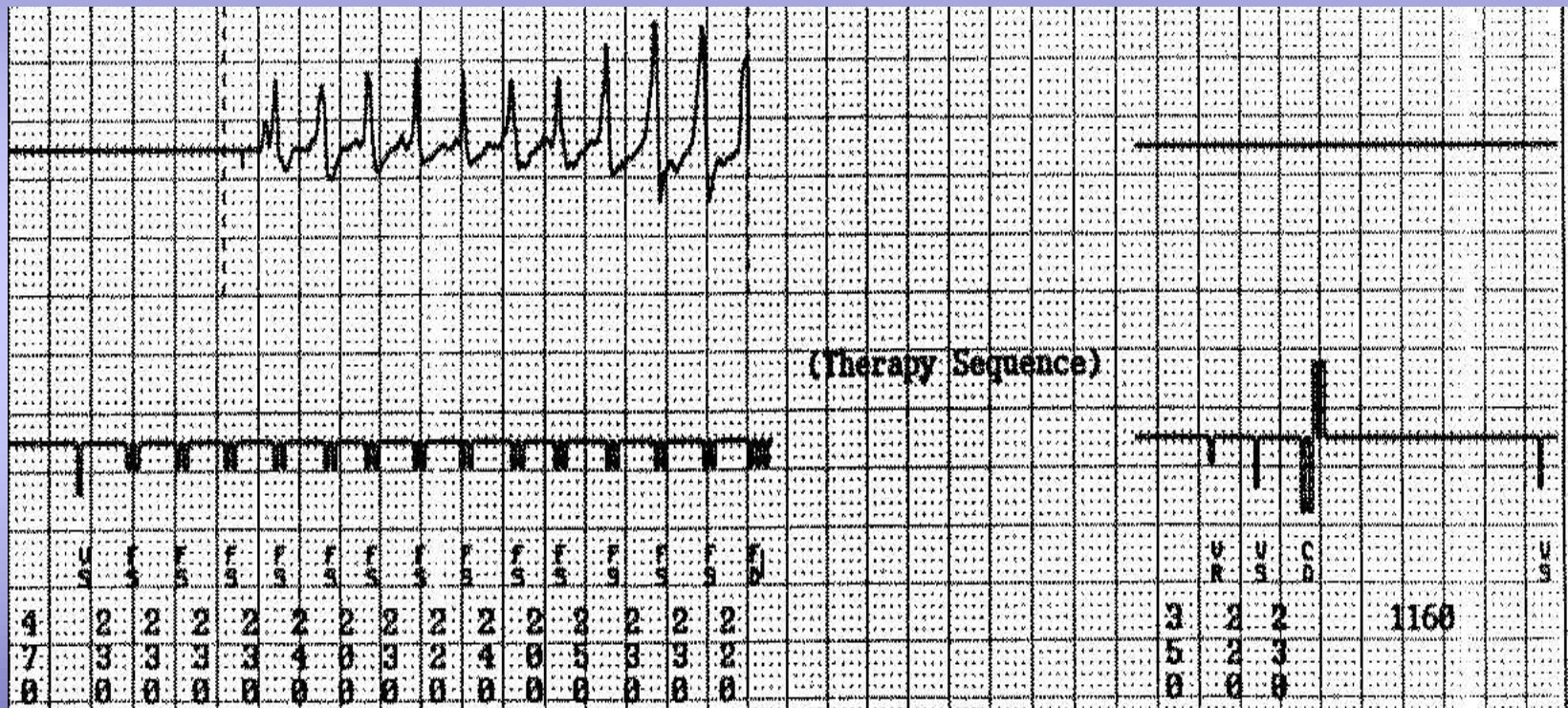
© Copyright Medtronic, Inc.



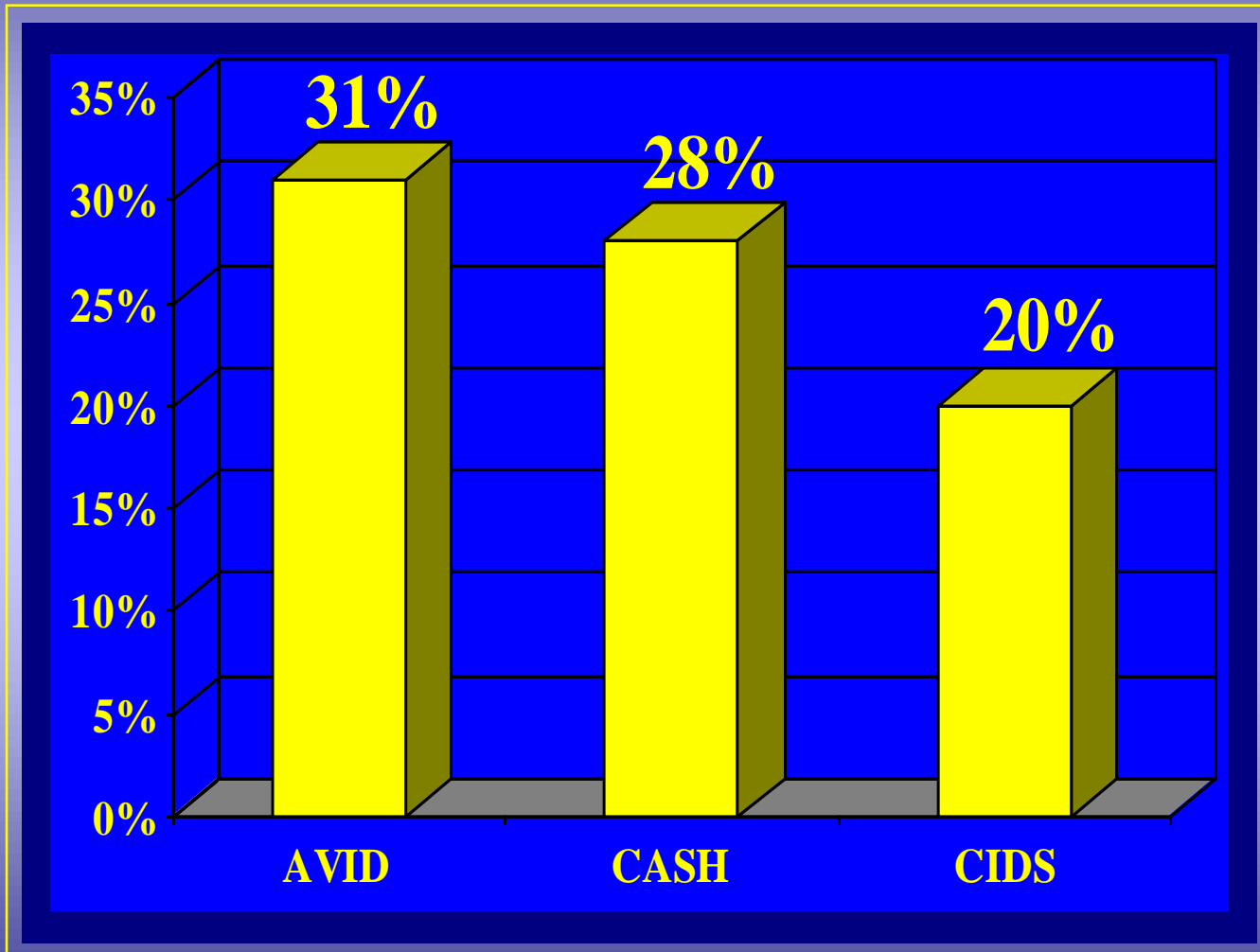
Serial #: Episode Date/Time:
Summary: Sinus after Fib diagnosis



Arrhythmic episode from ICD memory



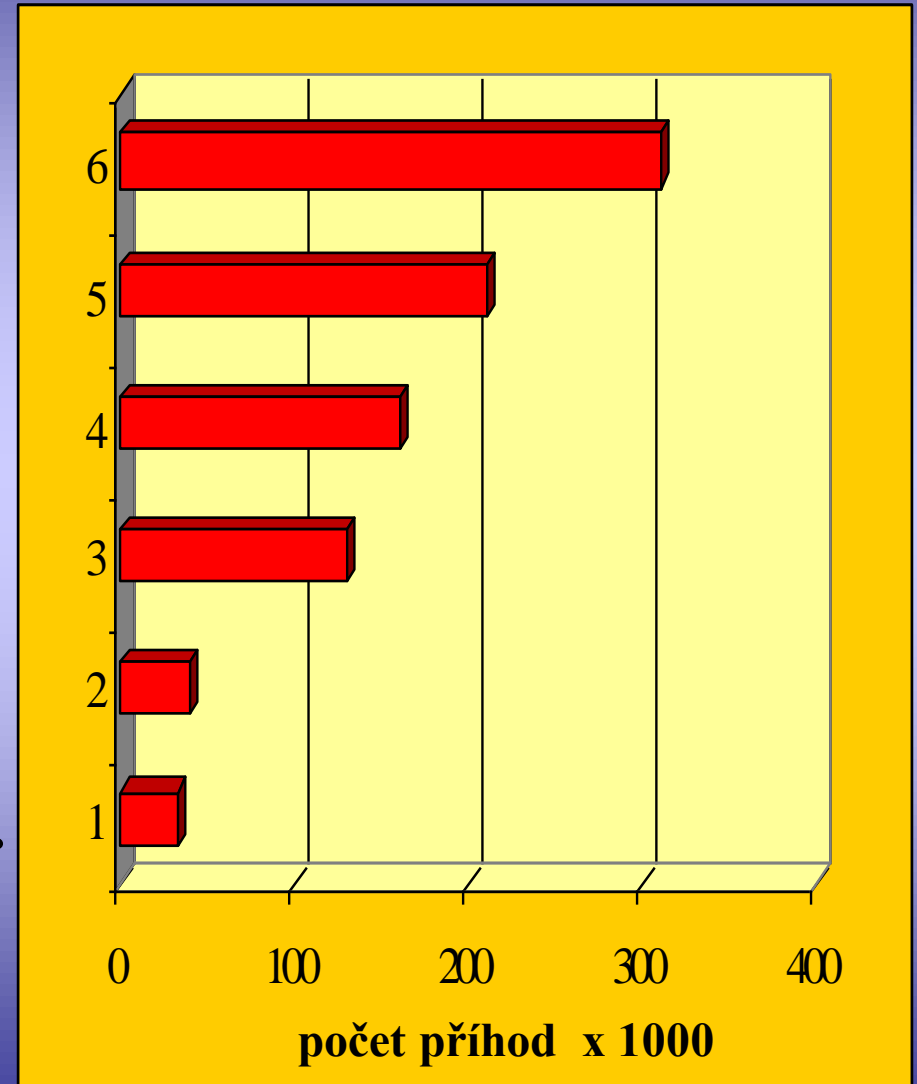
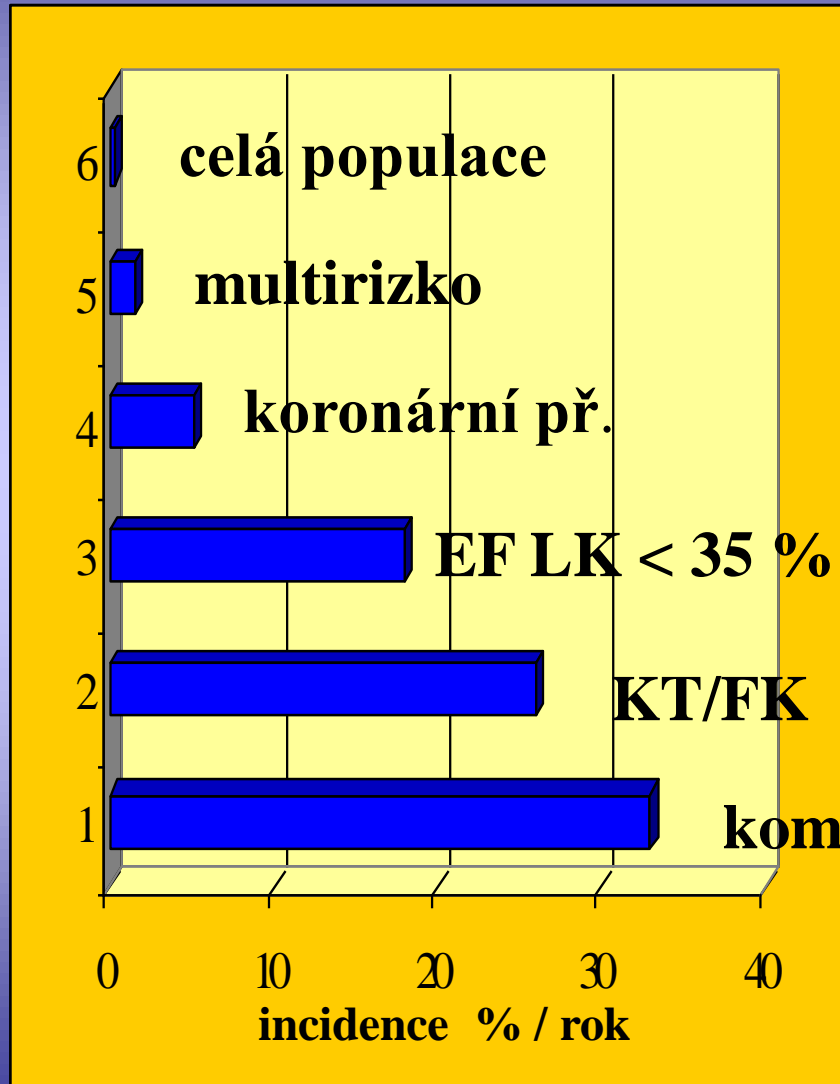
Secondary prevention studies



Malignant ventricular arrh.

- **Sustained VT, FVT**
- **Ventricular fibrillation**
- **Risk SCD after CPR - in 1 year 40 - 55%**
- **Therapy - NECESSARY!!, Antiarrhythmics, revascularization, ICD**

INCIDENCE / number of SCDs



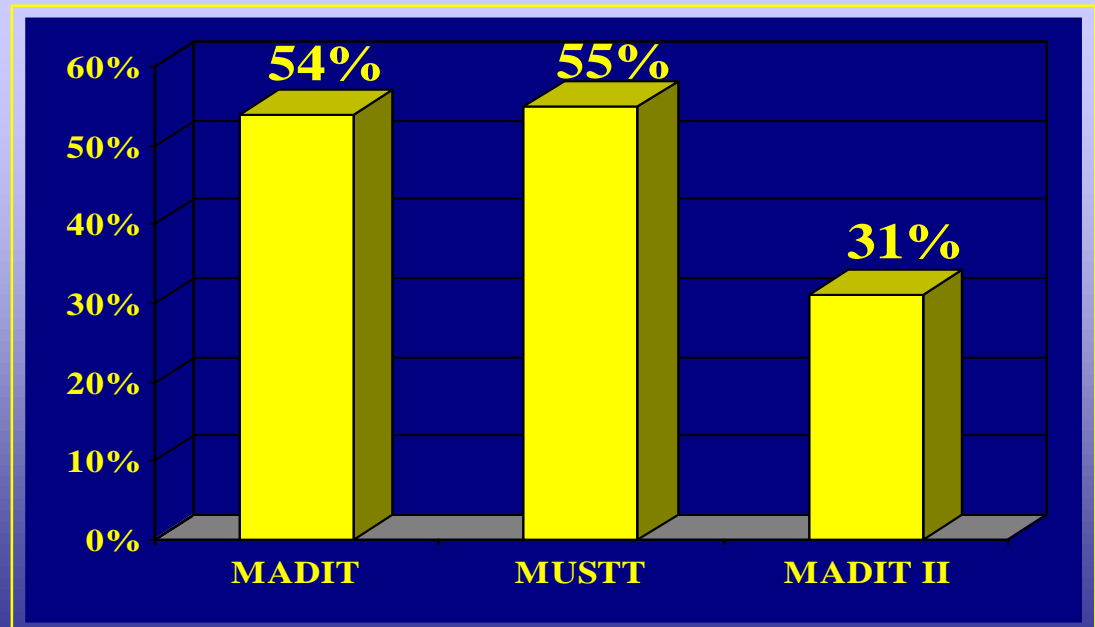
Primary prevention studies

MADIT	MUSTT	MADIT II
196 pacientů	704 pacientů	1232 pacientů
sledování 27m	sledování 39m	sledování 20m
54% redukce CM	55% redukce CM	31% redukce CM

Moss. N Engl J Med 1996

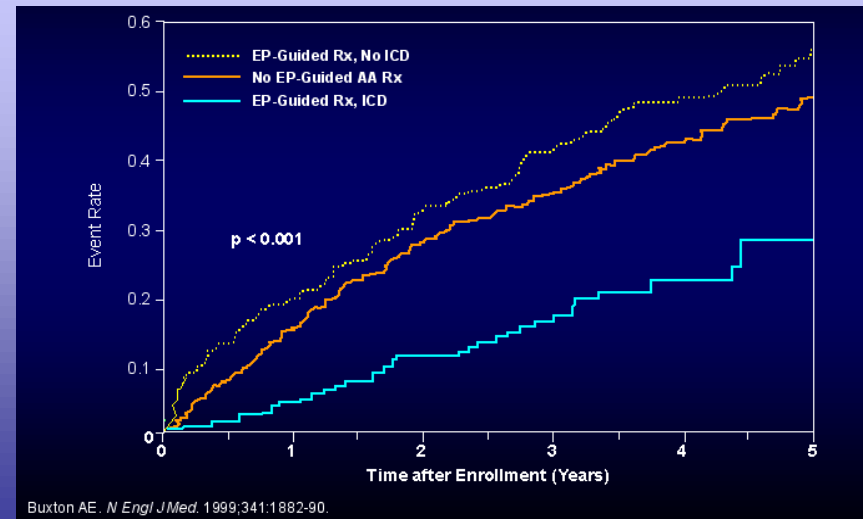
Buxton. N Engl J Med 1999

Moss. N Engl J Med 2002



CAD patients – inclusion criteria

Vstupní kritéria	MADIT	MUSTT	MADIT II
ICHS po IM	X	X	X
EF LK	<35%	<40%	<30%
NSKT	X	X	
Induc. KT při EPS	X	X	
Nesupresibilní KT	X		



SCD HeFT

2.521 patients

70% NYHA II, 30% NYHA III

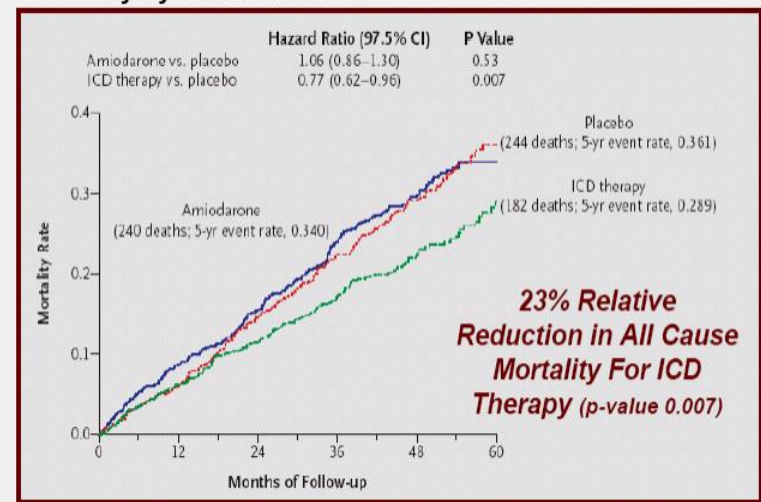
LVEF \leq 35%

52% CAD, 48% DCMP

Placebo x Amiodaron x ICD therapy

Follow – up: 40,8 months

Mortality by Intention-to-treat



Bardy GH, Lee KL, Mark DB, et al. Amiodarone or an implantable cardioverter-defibrillator for congestive heart failure. *N Engl J Med.* 2005; 352:225-237. © 2005 Massachusetts Medical Society. All rights reserved.

ICD therapie comparatively reduced total mortality by 23% irrespective of cardiac failure etiology.

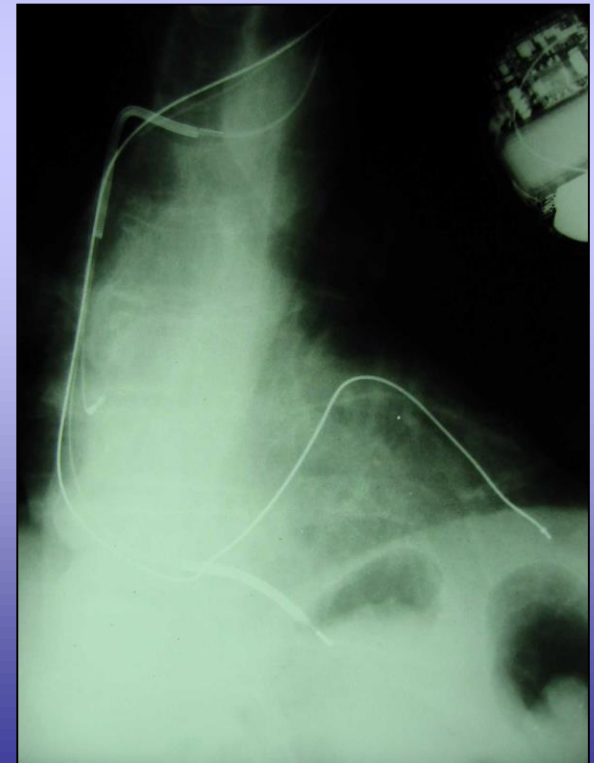
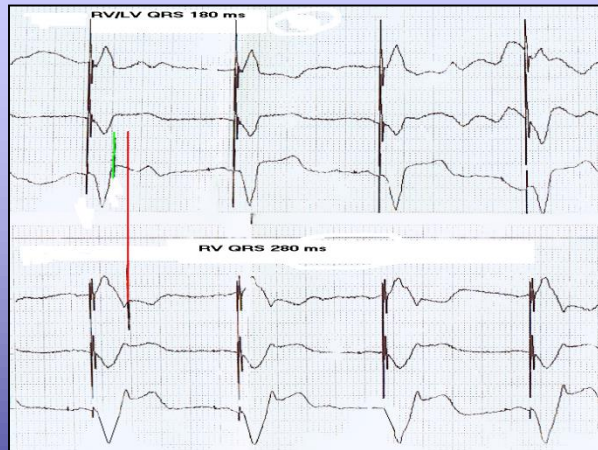
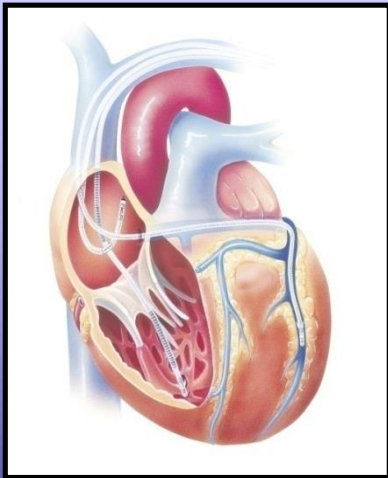
COMPANION

1520 patients NYHA III, IV, CAD, DCMP, SR, QRS > 120 ms, LVEF < 35%

randomized 1:2:2 - OPT, OPT+CRT, OPT+CRT - D

Total mortality CRT -24%, CRT/ICD - 36%

36% reduction of mortality in CRT - D group !!



Number needed to treat to save 1 life during 5 years ICD longevity

study	RRR	ARR – 5 yrs	NNT-5 yrs
MADIT I	54	46	2,2
MUSTT	51	36	2,8
MADIT II	31	16	6,3
COMPANION	36	34	2,9
DEFINITE	35	12	8,3
SCD-HeFT	23	8	12,5

Risk factors increasing nonarrhythmic mortality

Patients with low profit from PP ICD

female

age > 70 years

renal failure

NYHA I, IV

MTWA negative

LVEF > 35%

Patients with high profit from PP ICD

male

age < 70 years

QRS > 120ms

NYHA II,III

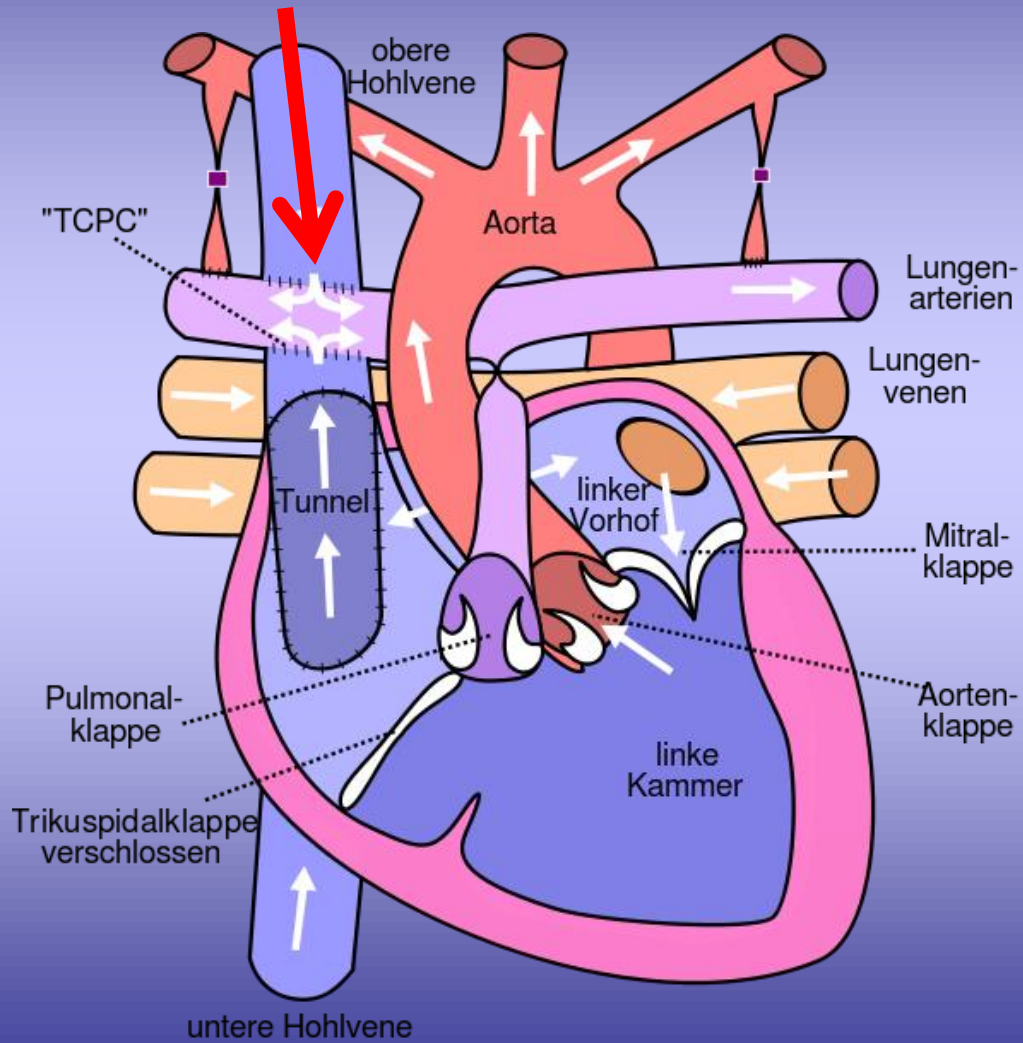
Cumulation of risk factors in the left column increase the likelihood of noncardiac or nonarrhythmic death.

Goldenberg I., et al. JACC 2008

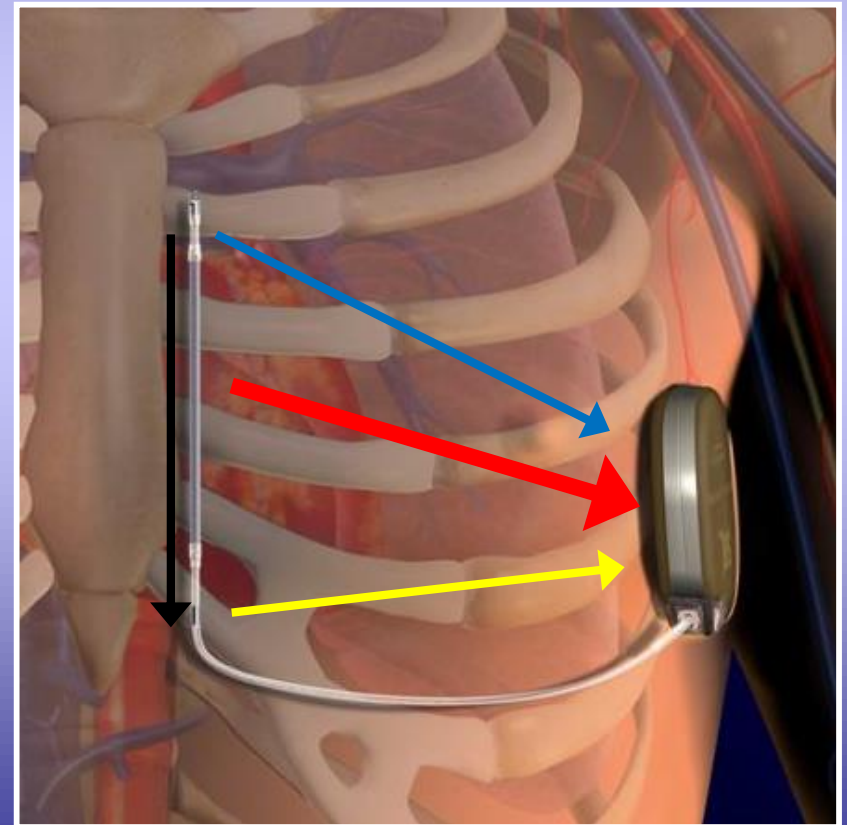
Křivan L. Vnitř Lék 2010

Křivan L. Cor Vasa 2010

Congenital VD (TCPC)



SQ ICD



Arrhythmia treatment

- **AA, RFA, no Tx** - for **SV arrhythmias**

- **ICD** - for **ventricular tachycardias**