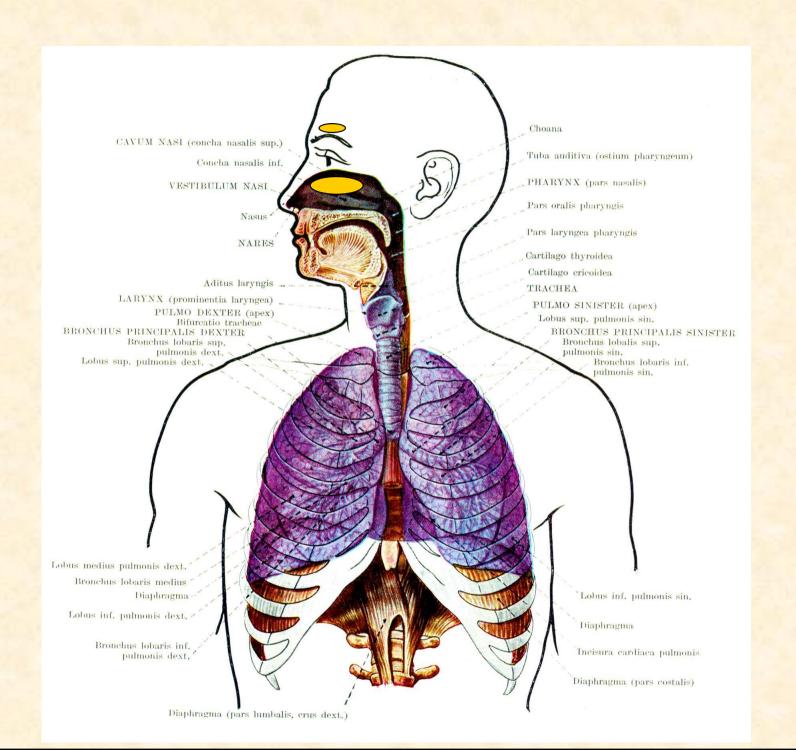
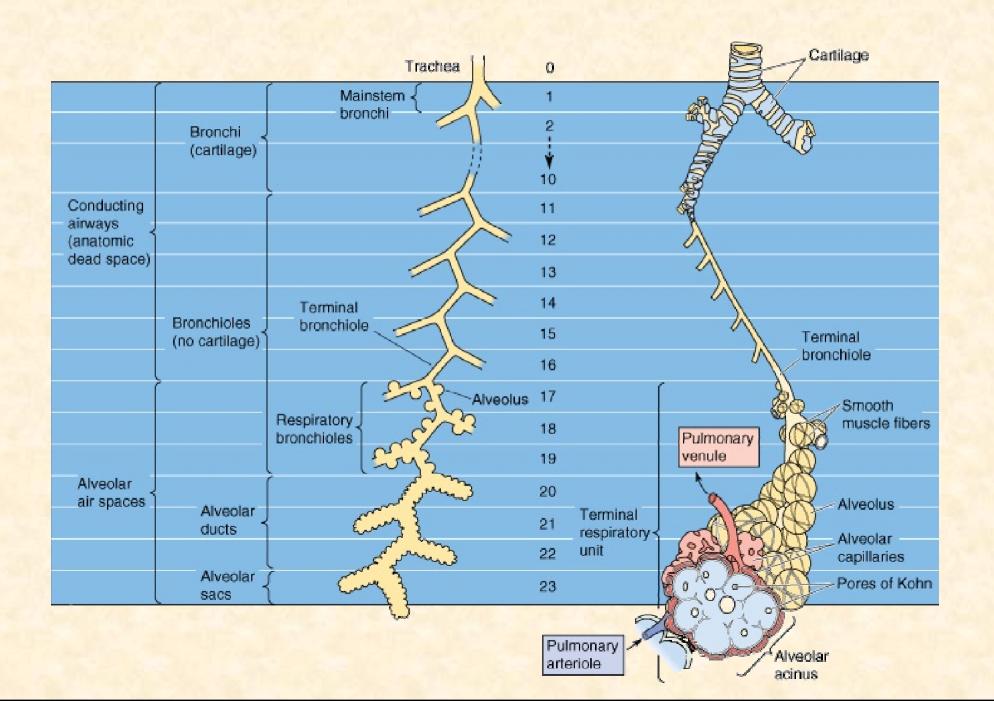
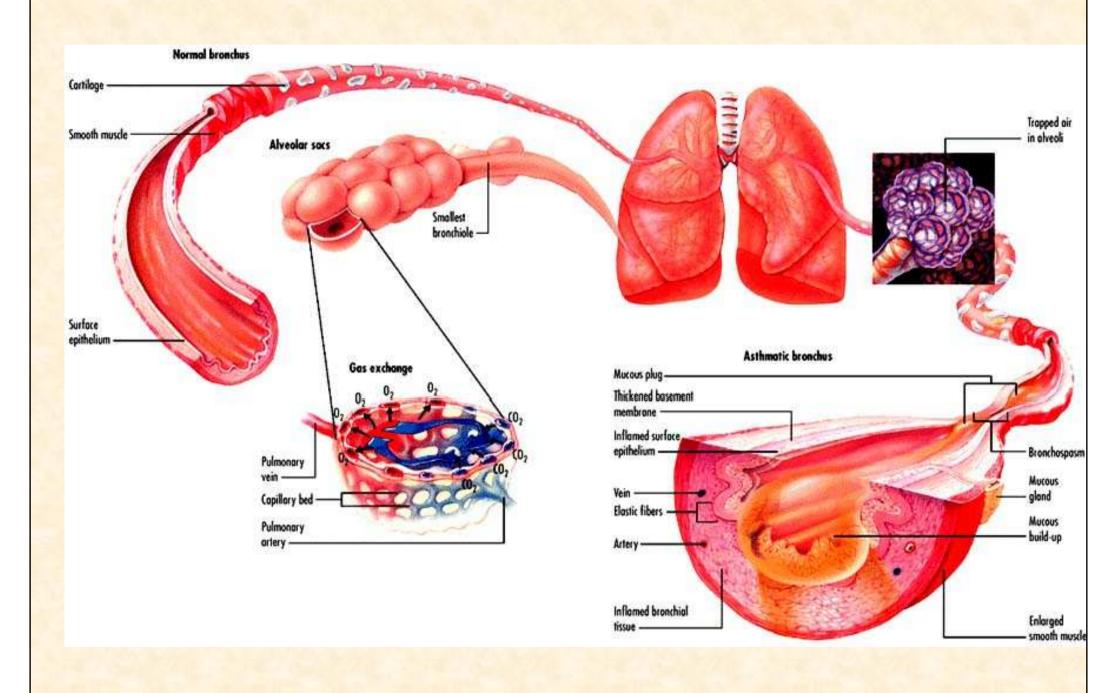
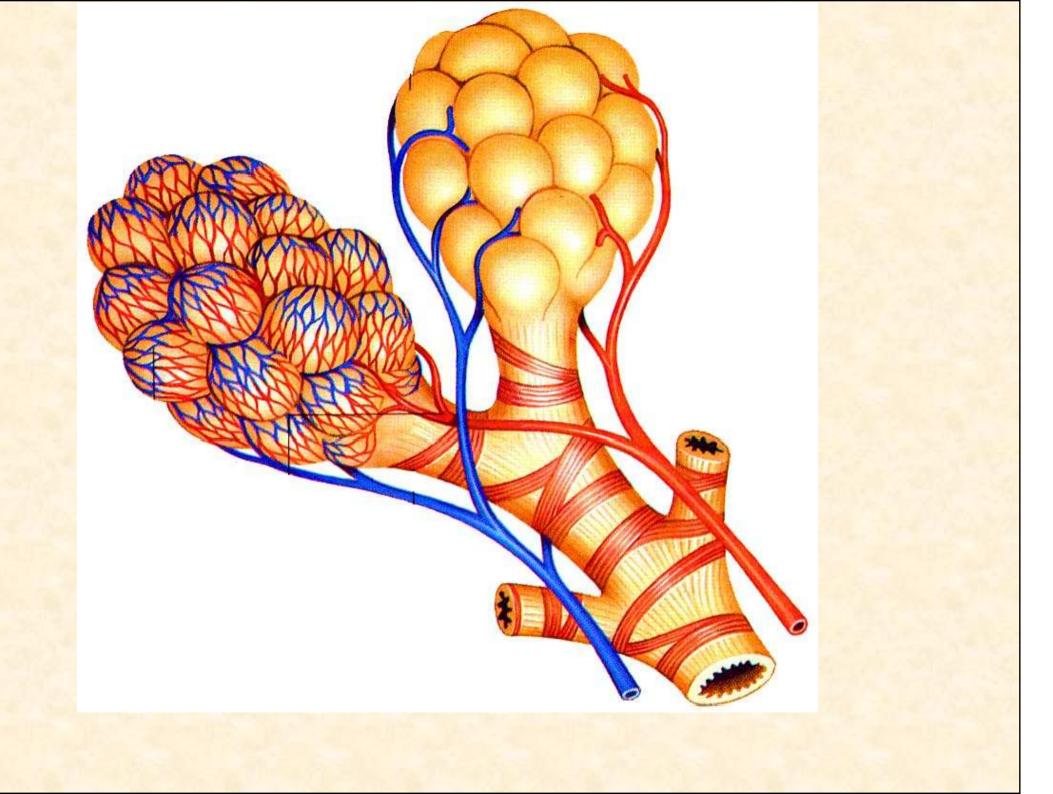
RESPIRATORY SYSTEM

RESPIRATORY FUNCTIONS MECHANICS OF RESPIRATORY SYSTEM GAS TRANSPORT

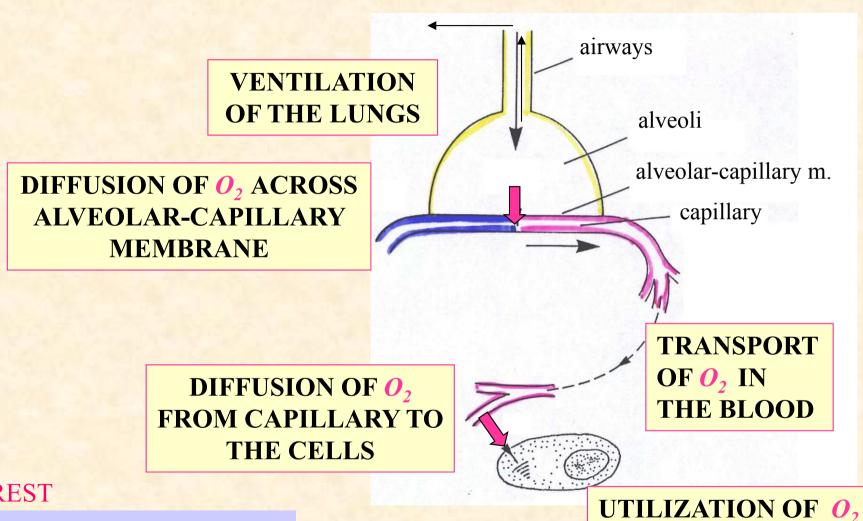








STEPS IN THE DELIVERY OF O, TO THE CELLS



AT REST

O₂ UPTAKE ~300 ml / min

CO₂ OUTPUT ~250 ml / min

BY MITOCHONDRIA

INTERNAL RESPIRATION

AIR PASSAGES

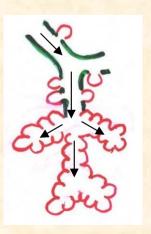
ANATOMICAL DEAD SPACE -CONDUCTING ZONE



- NASAL PASSAGES
- PHARYNX
- LARYNX
- TRACHEA
- **BRONCHI**
- BRONCHIOLES
- TERMINAL BRONCHIOLES

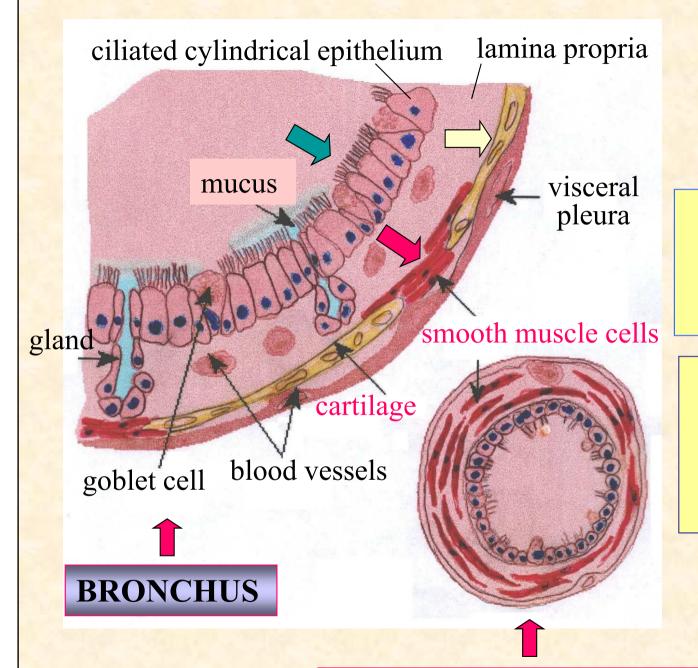
Other physiological functions:

- air is warmed, cleaned and takes up water vapour
- respiratory reflex responses to the irritants
- speech and singing (function of larynx, vocal cords)



RESPIRATORY ZONE (GAS EXCHANGE)

Total alveolar area ~100 m²



AUTONOMIC
INNERVATION of
smooth muscle cells

Stimulation via parasympathetic NS -

n.vagus due to Muscarinic

receptors: Acetylcholine

activates bronchoconstriction

Stimulation via to sympathetic NS – due to catecholamins in circulation

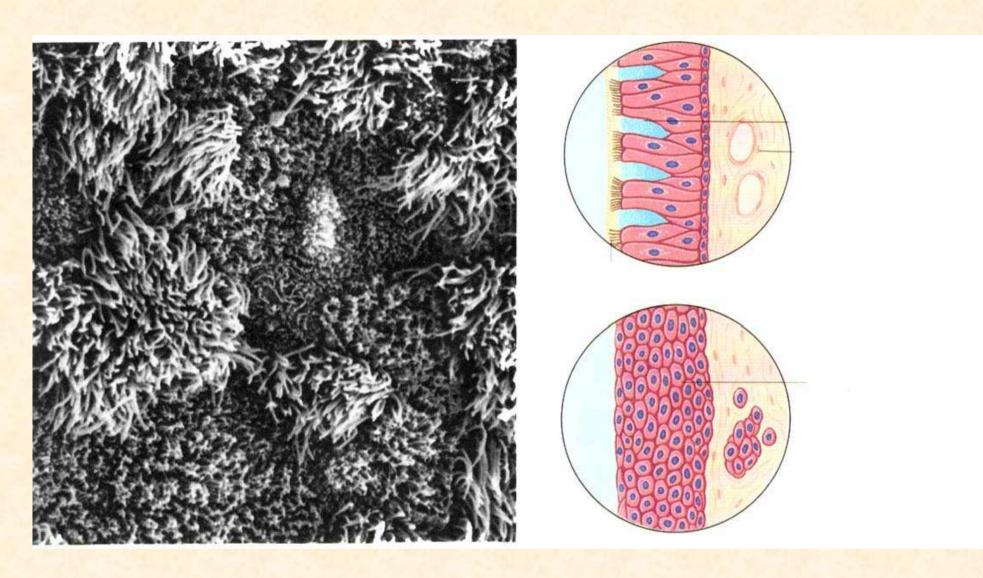
β₂-adrenergic receptors:

Noradrenaline activates

bronchodilatation

TERMINAL BRONCHIOLE

 $\emptyset < 1 \text{ mm}$



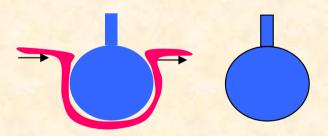
Cylindrical epithelium with cilia
Picture: the idea of a seabed with sea anemones

DEAD SPACE

TOTAL GAS VOLUME NOT EQUILIBRATED WITH BLOOD (without exchange of gasses)

- ANATOMICAL dead space volume of air passages
- FUNCTIONAL (total) dead space

ANATOMICAL dead space + total VOLUME of ALVEOLI without functional capillary bed



IN HEALTHY INDIVIDUALS

both spaces are practically identical

$$V_T$$
 tidal volume ~ 500 ml

$$V_T = V_A + V_D$$

 V_A part of tidal volume entering alveoli ~ 350 ml

 V_D part of tidal volume remaining in the dead space ~ 150 ml

f = 12/min

$$\dot{\mathbf{V}}_{\mathbf{A}} = \mathbf{V}_{\mathbf{A}} \mathbf{x} \mathbf{f}$$

ALVEOLAR VENTILATION

4.2 1/min

$$\dot{\mathbf{V}}_{\mathbf{D}} = \mathbf{V}_{\mathbf{D}} \times \mathbf{f}$$

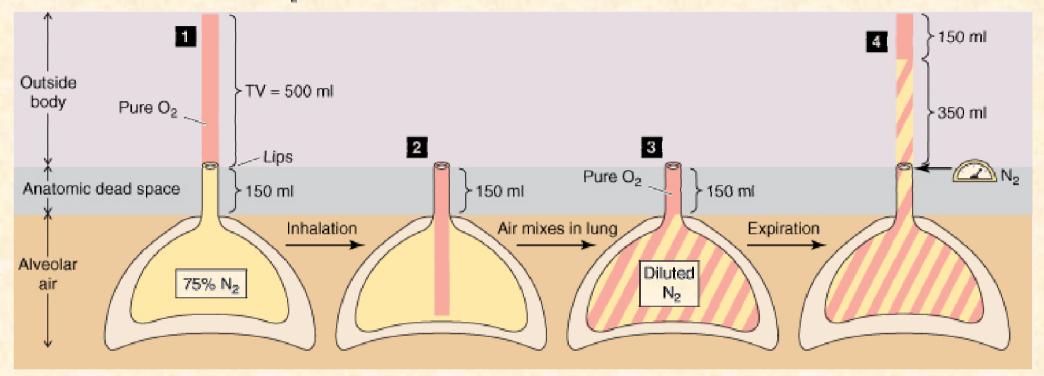
DEAD SPACE VENTILATION

1.8 1/min

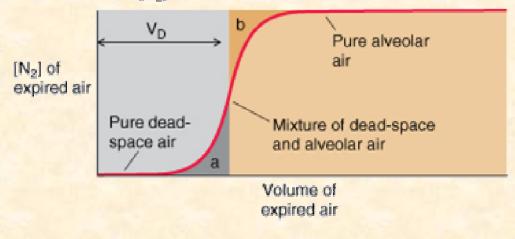
DEAD SPACE — nitrogen test (force inspiration of pure

O2, follow slowly expiration with monitoring of concentration of nitrogen)

A DILUTION OF INSPIRED 100% O.

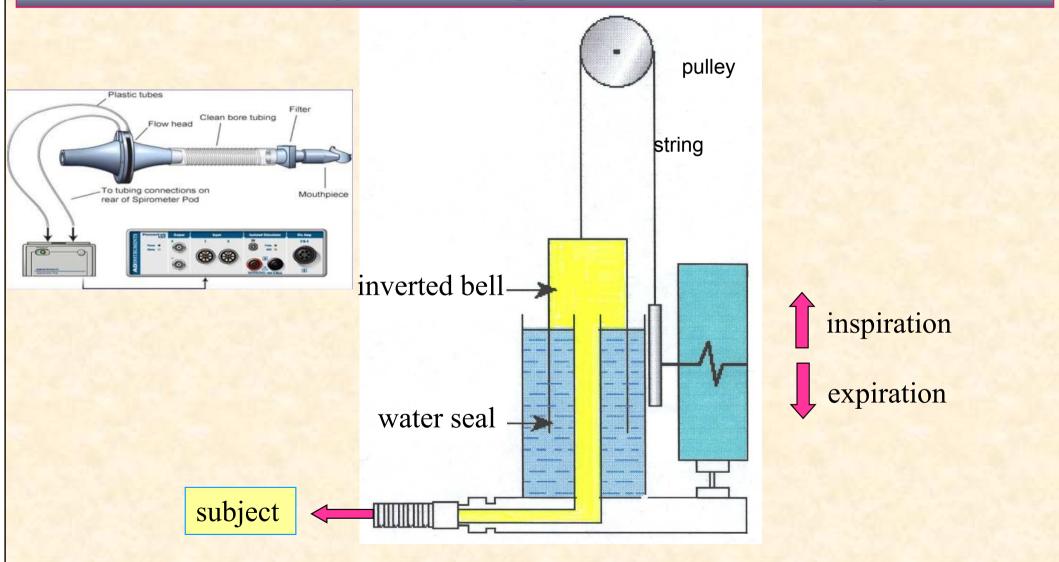




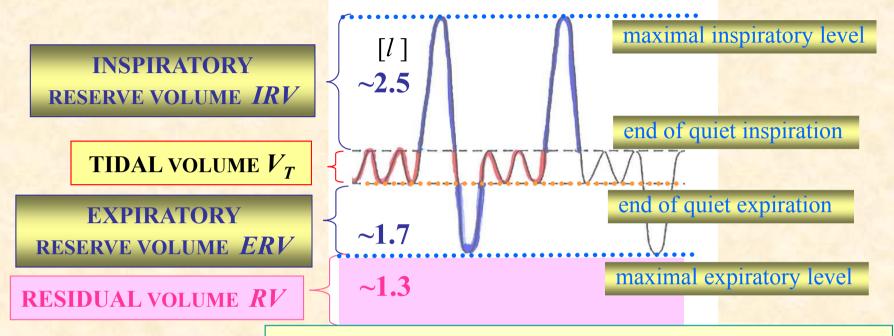


SPIROMETRY

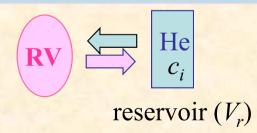
(measurements of lung volumes, capacities, functional investigations, ...)



LUNG VOLUMES

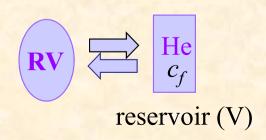


DILUTION METHOD He

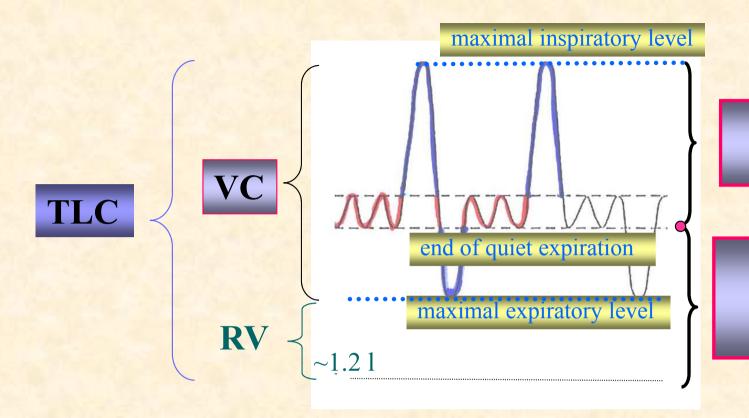


Principle of method: 1 Maximal expiration, 2 Repeated inspiration from and expiration into a reservoir (known volume V_r) with inert gas He (known concentration c_i)

- ⇒ Equilibration of the air in the <u>residual volume</u> and <u>reservoir</u>
- 3 Calculation of **residual volume** RV from the <u>initial</u> and <u>final</u> He concentrations in reservoir (c_i, c_f) .



$$RV = V_r \frac{c_{iHe} - c_{fHe}}{c_{fHe}}$$



INSPIRATORY CAPACITY

>3.01

FUNCTIONAL RESIDUAL CAPACITY

< 3.01

VC

VITAL CAPACITY = $V_T + IRV + ERV$

 ~ 4.71

VC - the largest amount of air that can be expired after maximal inspiration

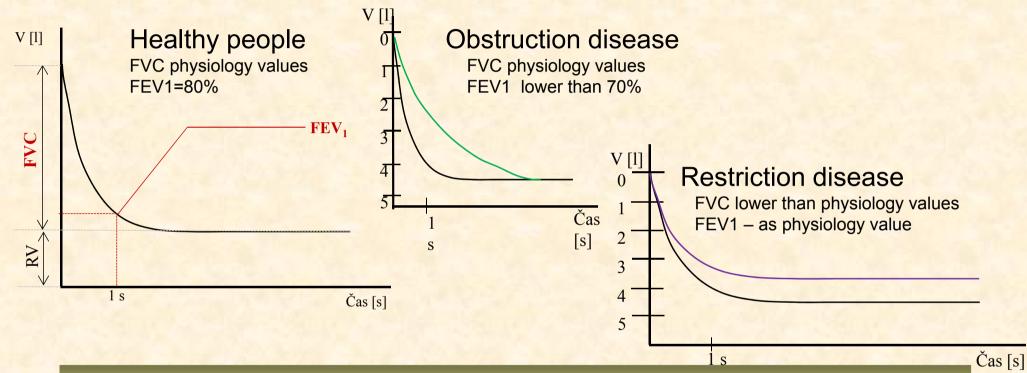
TLC

TOTAL LUNG CAPACITY = VC + RV

 ~ 6.01

FUNCTIONAL INVESTIGATION OF THE LUNGS

TIMED VITAL CAPACITY (FEV₁ - forced expiratory volume per 1 s)



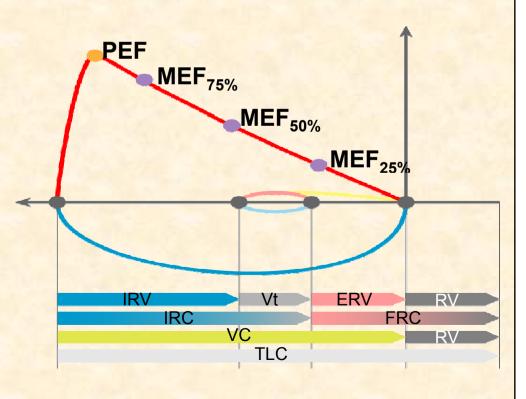
- PULMONARY MINUTE VENTILATION RMV (respiratory minute volume) at rest (0.5 1 x 12 breathes/min = 6 l/min)
- MAXIMAL VOLUNTARY VENTILATION (MVV) (125-170 1/min)
- PEAK EXPIRATORY FLOW RATE (*PEFR*) (~10 1/s)

Flow - volume curve





- PEF peak expiratory flow
- MEF maximální maximal expiratory flow on the differential levels of FVC - 75 %, 50 % a 25 % FVC



Tady jsem skončila

PNEUMOGRAPHY

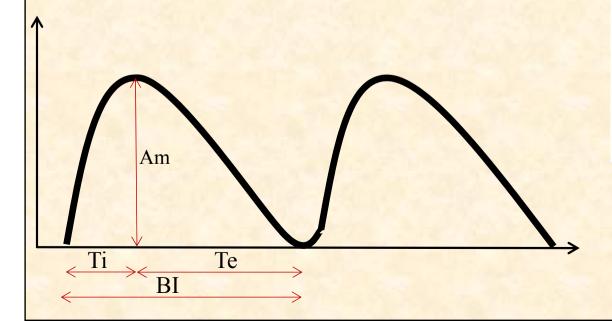
Principle

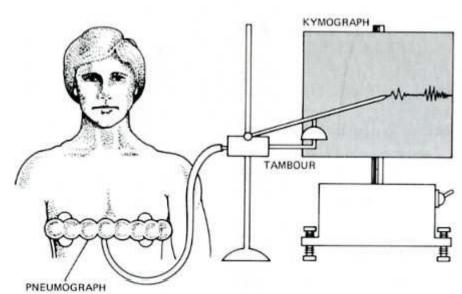
Pneumography – measurement of respiratory movements (via chest or abdomen)

 respiratory belt (piesoelectrical principle – is the ability of crystal to generate of electrical voltage during its deformation)

Record:

- Resting breathing
- Breathing after mild or intensive exercise
- Evaluation of record –Ti, Te, Bl a Am

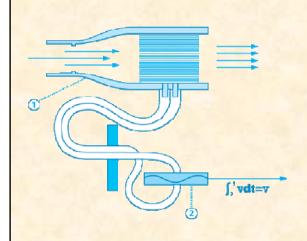




PNEUMOTACHOGRAPHY

Principle

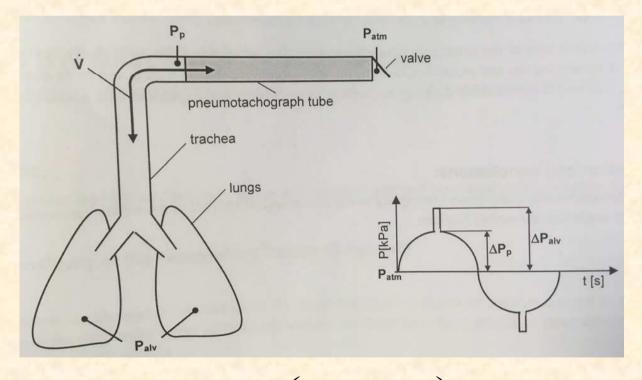
Pneumotachograph - the device consists of tubes of the same diameter arranged in parallel. One of the tubes has branches with tubes near both its ends (oral and external). These are connected to a pressure sensor that allows you to measure the differences in air pressure at the beginning and end of the pneumotachograph in proportion to the speed of the inhaled or exhaled air.



$$\Delta P_p = P_p - P_{atm}$$

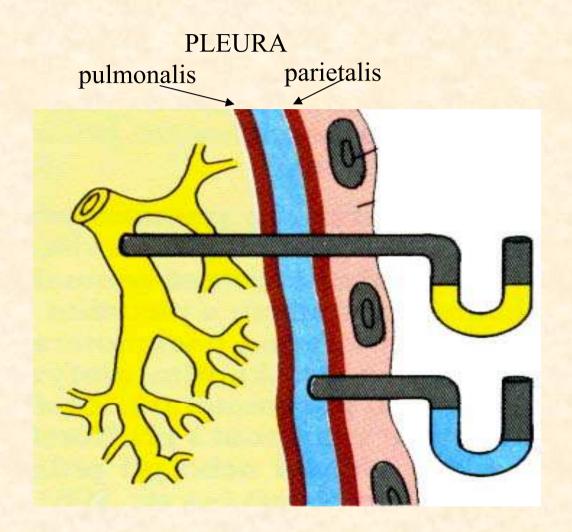
$$\Delta P_{alv} = P_{alv} - P_{atm}$$

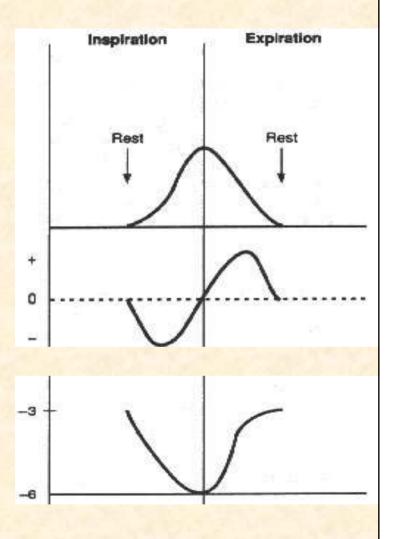
$$\frac{P_p - P_{atm}}{R_p} = \dot{V} = \frac{P_{alv} - P_p}{R_d}$$



$$R_d = R_p \cdot \left(\frac{\Delta P_{alv}}{\Delta P_p} - 1\right)$$

Mechanics of breathing





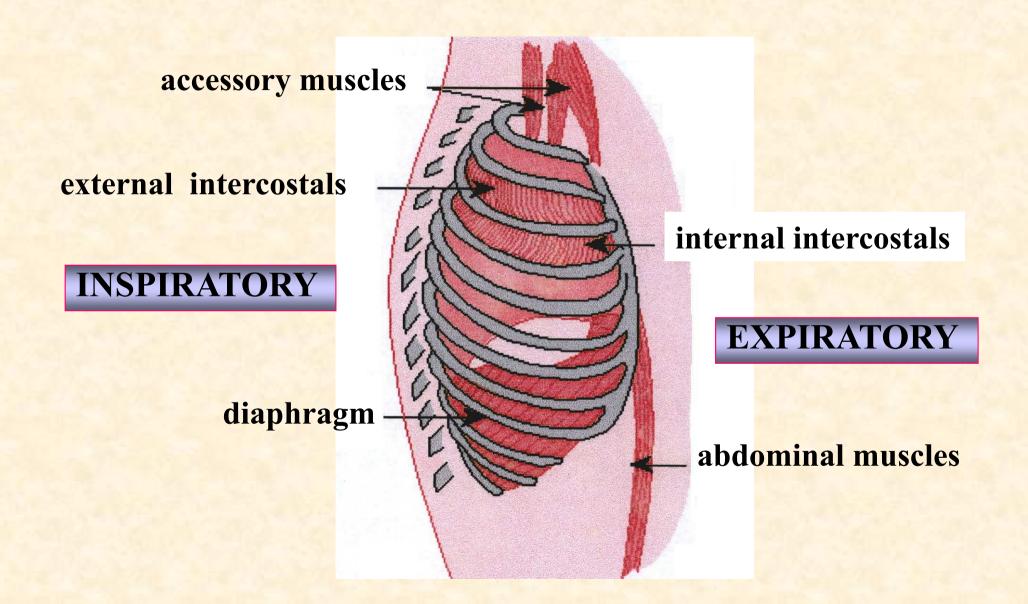
FORCES PARTICIPATING IN RESPIRATION

- **ACTIVE FORCES** performed by respiratory muscles
- PASSIVE FORCES represented by:
 - lungs elasticity
 - chest elasticity

QUIET RESPIRATION

INSPIRATION - active forces of inspiratory muscles prevail EXPIRATION - only passive (elastic) forces are in action

RESPIRATORY MUSCLES



INSPIRATORY muscles

QUIET breathing

- diaphragm (> 80 %)
- external intercostals (< 20 %)

FORCED breathing in addition

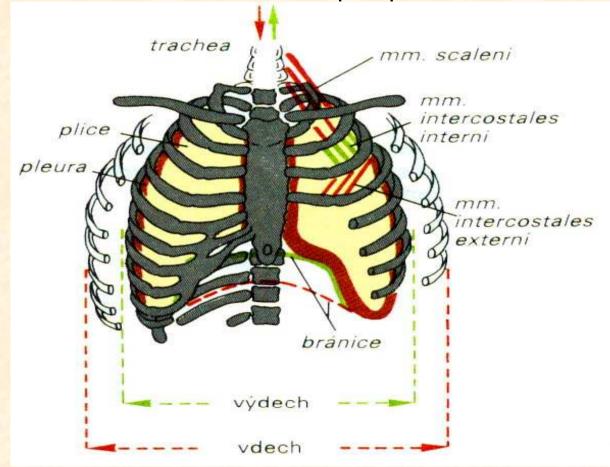
• accessory inspiratory muscles (mm. scalene)

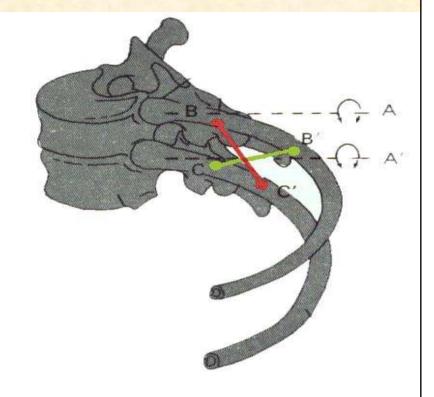
EXPIRATORY muscles

Only at FORCED breathing

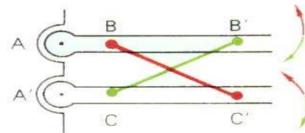
- internal intercostals
- muscles of the anterior abdominal wall (abdominal recti, ...)

Bucket-handle and water-pump handle effects





páka A – B < A' – C' → zvedání žeber



páka A - B' > A' - C → klesání žeber

COMPOSITION OF DRY ATMOSPHERIC AIR

 O_2 20.98 % $F_{O2} \cong 0.21$ N_2 78.06 % $F_{N2} \cong 0.78$ CO_2 0.04 % $F_{CO2} = 0.0004$

Other constituents

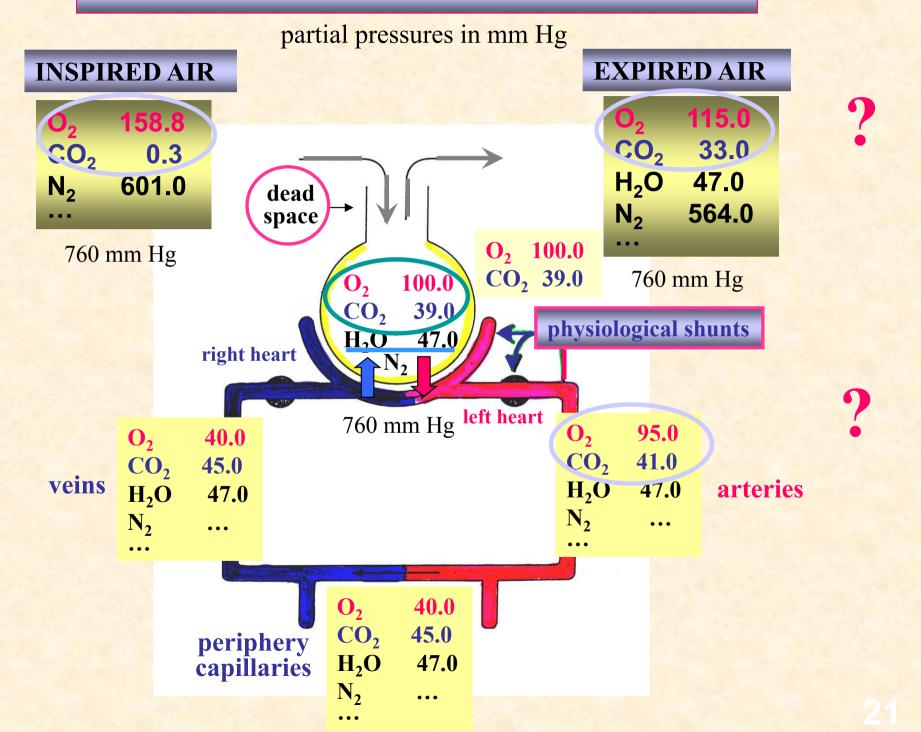
BAROMETRIC (ATMOSPHERIC) PRESSURE AT SEA LEVEL 1 atmosphere = 760 mm Hg

PARTIAL PRESSURES OF GASSES IN DRY AIR AT SEA LEVEL

 $P_{O2} = 760 \text{ x } 0.21 = \sim 160 \text{ mm Hg}$ $P_{N2} = 760 \text{ x } 0.78 = \sim 593 \text{ mm Hg}$ $P_{CO2} = 760 \text{ x } 0.0004 = \sim 0.3 \text{ mm Hg}$

1 kPa = 7.5 mm Hg (torr)

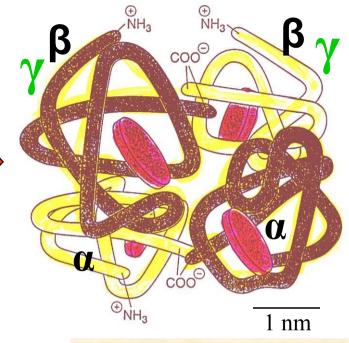
COMPOSITION OF ALVEOLAR AIR

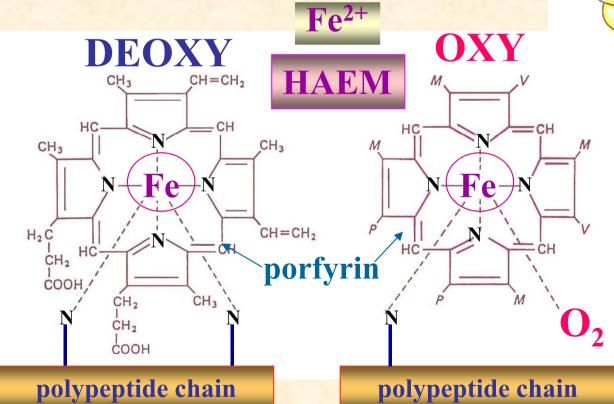


HAEMOGLOBIN

 $Hb_4 + 4 O_2 \leftrightarrow Hb_4 O_8$ **oxygenation**

tetramer

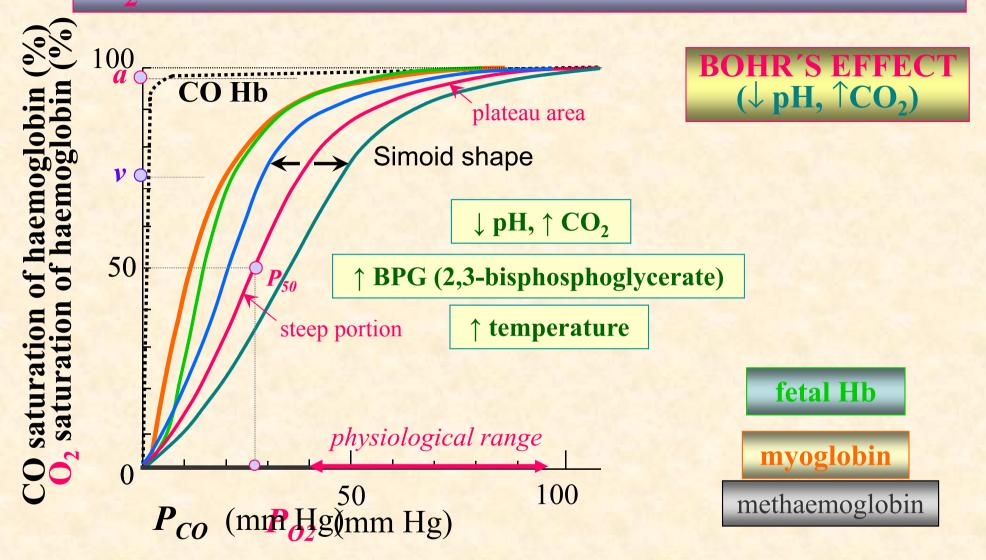




fetal Hb

Fe³⁺ (methaemoglobin) oxidation

O₂-HAEMOGLOBIN DISSOCIATION CURVE

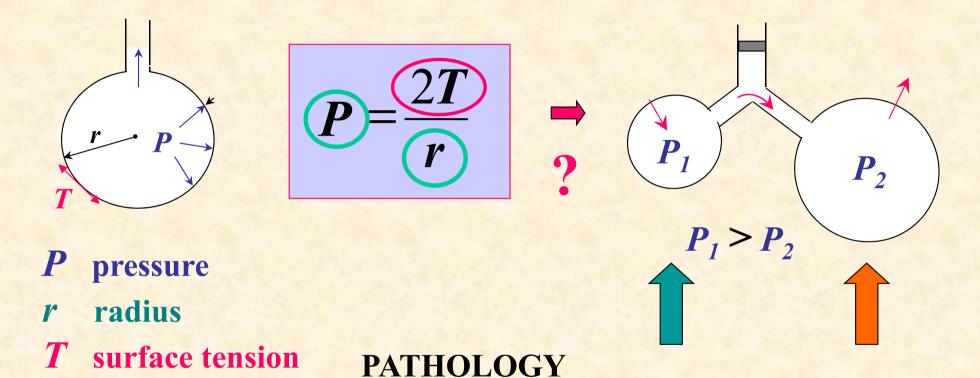


physically dissolved O_2 (1.4%)



LAW OF LAPLACE

spherical structures



- COLLAPSE OF ALVEOLI ATELECTASIS
- EXPANSION OF ALVEOLI

SURFACTANT

SURFACE TENSION LOWERING AGENT

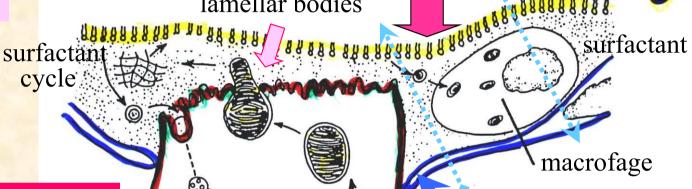
EFFECT MAINLY IN THE EXPIRED POSITION

PHOSPHOLIPID

dipalmitoyl fosfatidyl cholin

ALVEOLAR EPITHELIAL CELLS

exocytosis of lamellar bodies



TYPE II

specialized granular epithelial cells PRODUCTION OF SURFACTANT

TYPE I

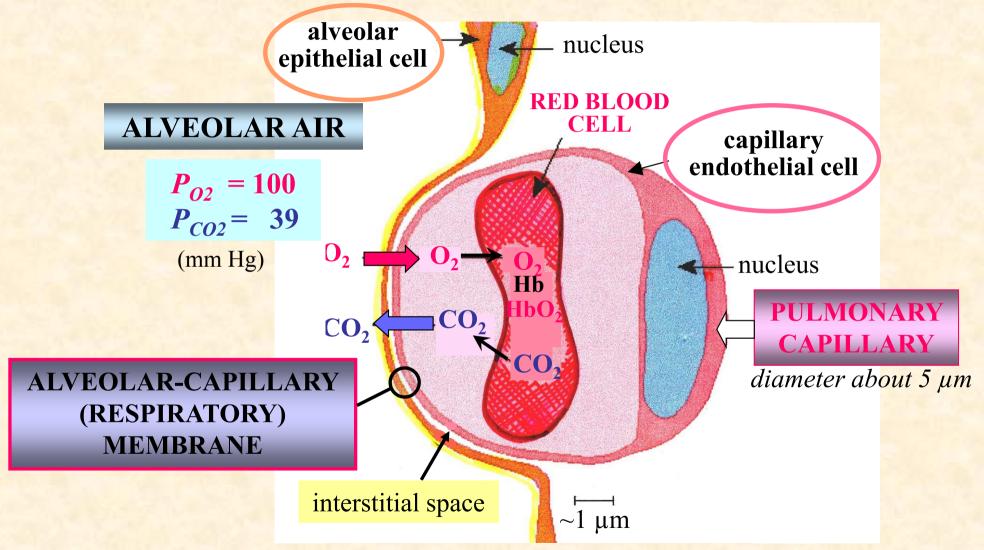
thin epithelial cells
DIFFUSION OF GASSES

fatty acids, choline, glycerol, amino acids, etc.)



ALVEOLAR-CAPILLARY (RESPIRATORY) MEMBRANE

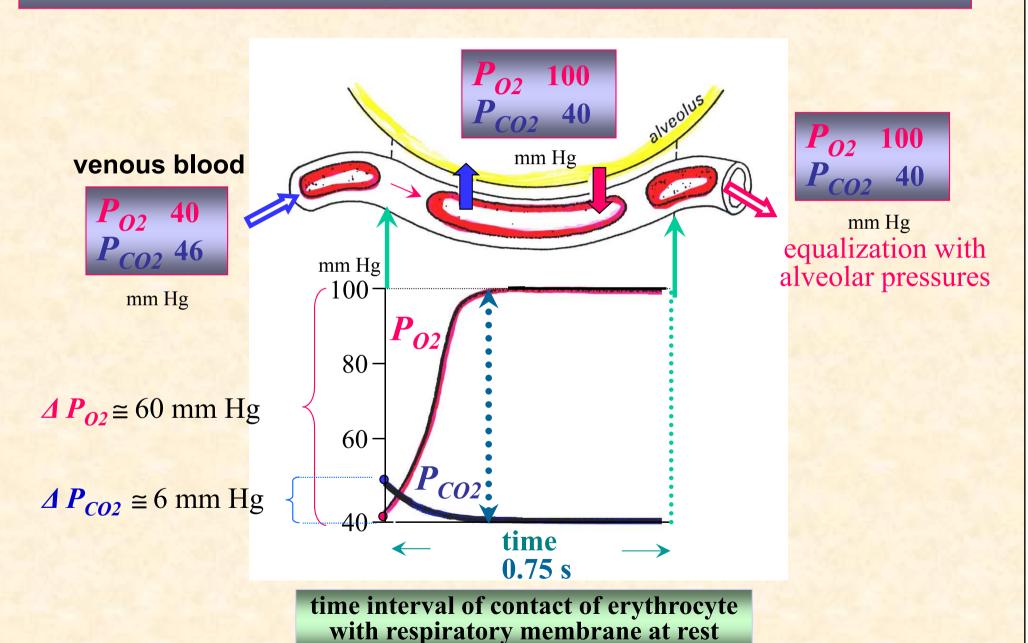
DIFFUSION OF GASES

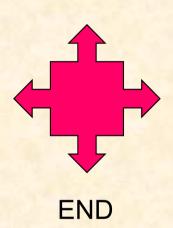


0.75 s

time interval of erythrocyte contact with respiratory membrane at rest

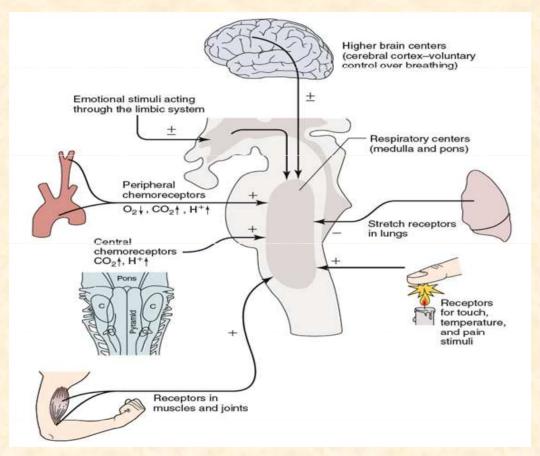
TIME COURSE OF CAPILLARY P_{O2} AND P_{CO2} DURING GRADUAL EQUILIBRATION WITH ALVEOLAR AIR



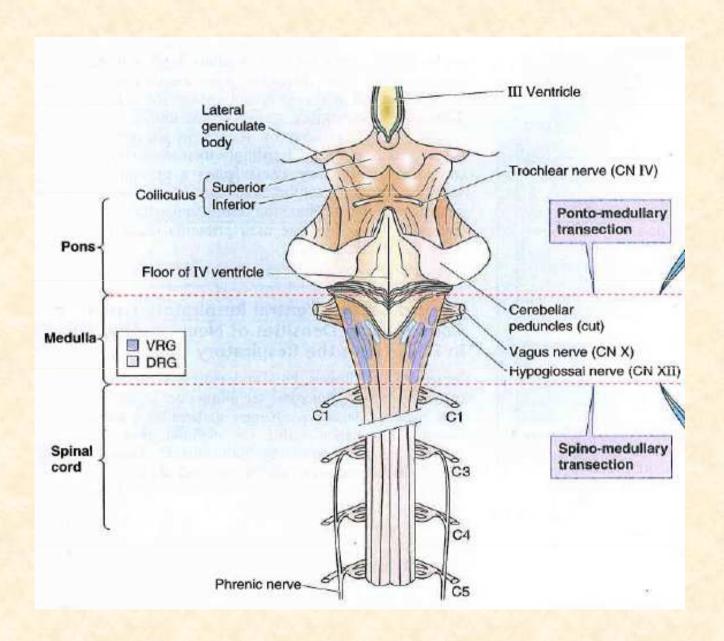


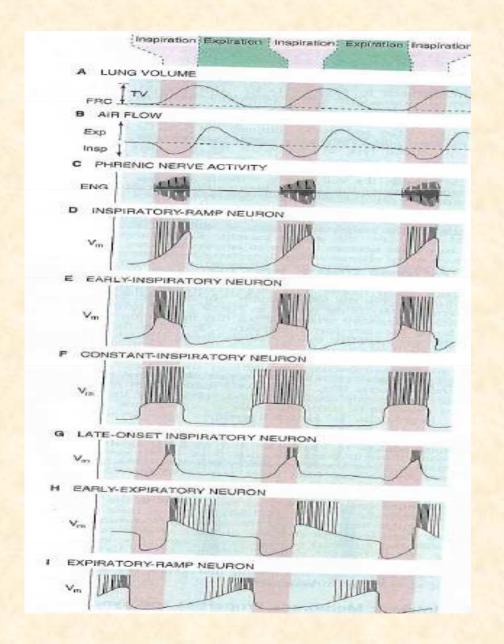


Control of ventilation



https://sleep.sharepoint.com/siteimages/Chapter%203.png





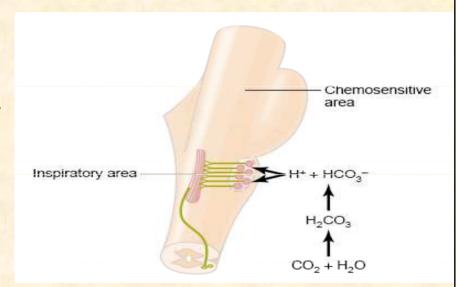
Breathing is an automatic process that takes
 place unconsciously. Automaticity of breathing
 comes from regular (rhythmic) activity of
 groups of neurons anatomically localized in the
 medulla and its vicinity.

- They can be divided into three main groups:
 - dorsal respiratory group placed bilaterally on the dorsal side of the medulla oblongata, only inspiratory neurons, sending axons to motoneurons of inspiratory muscles (diaphragm, external intercostal muscles; their activation=inspiration, their relaxation=expiration; participates on inspiration at rest and forced inspiration
 - ventral respiratory group located on the ventrolateral part of the medulla oblongata, the upper part: neurons whose axons of motor neurons activate the main and auxiliary inspiratory muscles; the lower part: expiratory neurons which innervate expiratory muscles (internal intercostal muscles). Neurons in this group operate only during forced inspiration and forced expiration.
 - Pontine respiratory group pneumotaxic center dorsally placed on top of the pont, contributes to the frequency and depth of breathing; affects the activity of respiratory neurons in the medulla oblongata.

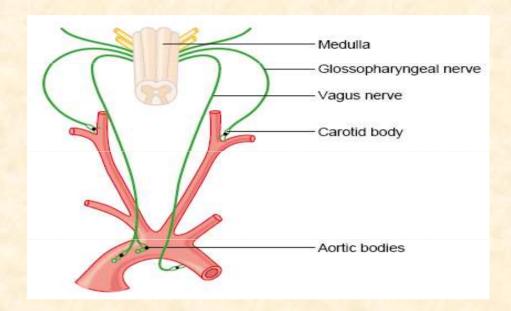
Chemical factors affecting the respiratory center:

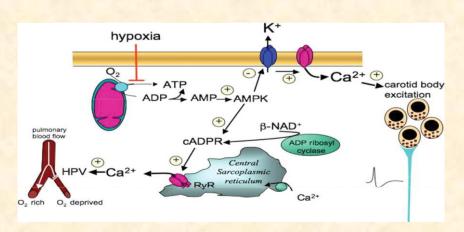
Central chemoreceptors

- on the front side of the medulla
- sensitive only to increase of arterial pCO₂ (by increasing H⁺)



- _ Notice:
- central chemoreceptor are stimulated by other types of acidosis (lactate acidosis, ketoacidosis)



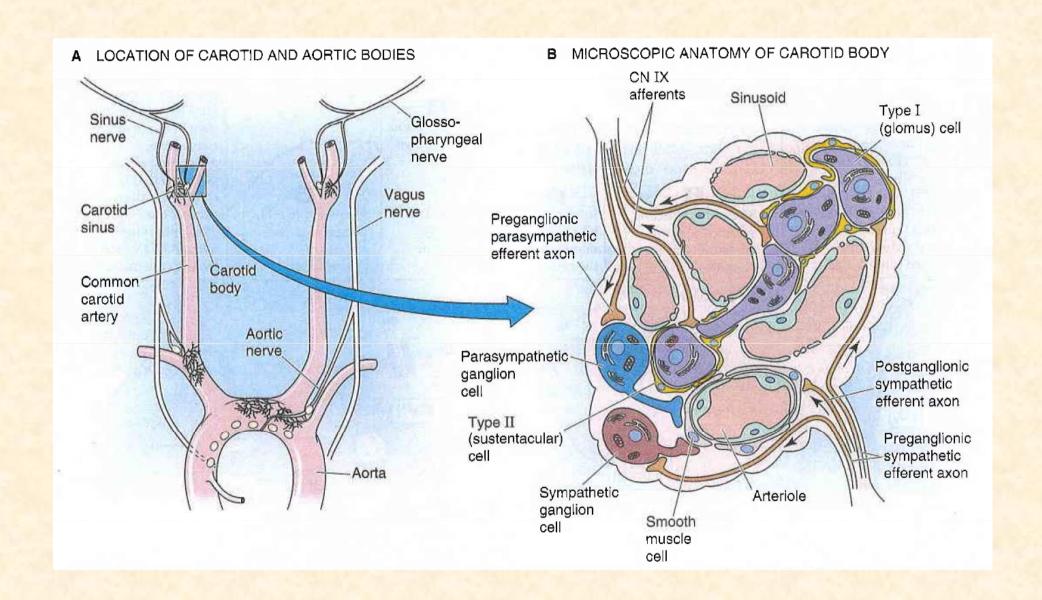


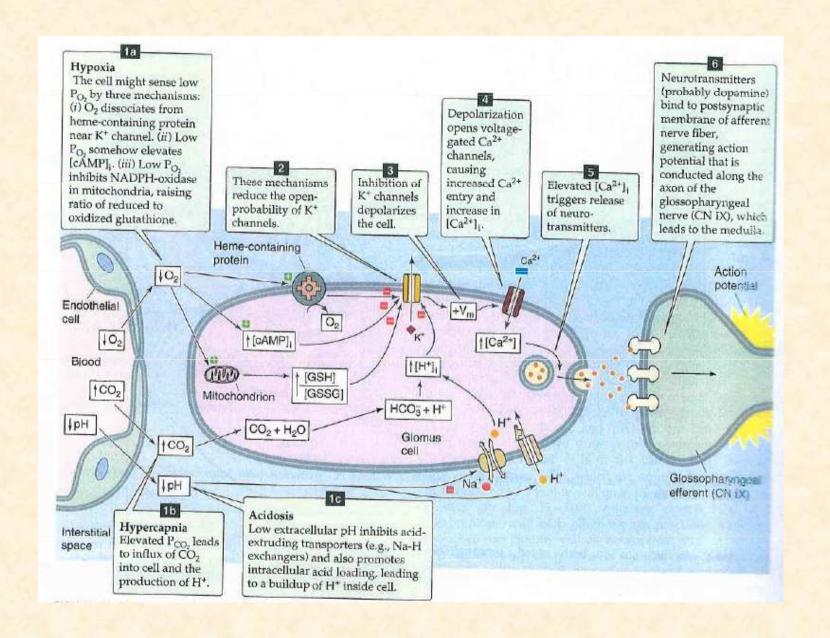
Peripheral chemoreceptors

- located in the aortic and carotid bodies
- -primarily sensitive to decrease in arterial pO₂, particularly to decrease of O₂ under 10-13 kPa in the arterial blood.

They convey their sensory information to the medulla via the vagus nerve and glossopharyngeal nerve.

Mechanism of action: Decreased ATP production in mitochondria leads to depolarization of receptors membrane and to excitation of chemoreceptor





Modulation of respiratory output

Major parameters for feedback control – classical gases:pO2, pCO2, pH

In additin to these, the respiratory system receives input from two other major sources:

- 1. variety of stretch and chemical/irritant receptors that monitor the size of airways and the presence of noxious agentsreceptors in respiratory system
- 2. Higher CNS centers that modulate respiratory activity for the sake of nonrespiratory activities

Irritants receptors on mucose of respiratory system – rapidly adapting Stimulus: agens - chemical substances (histamin, serotonin, prostaglandins, ammonia, cigarette smoke).

Respons: increase mucus secretion, constriction of larynx and brochus

C-fibre receptors (juxtacapillary=J receptors)— free nerve ending of n.vagus (unmyelinated axon) in intersticium of bronchus and alveolus;

Stimulus: Mechanical irritans (pulmonary hypertension, pulmonary oedema)+chemical Response: hypopnoe, rapid shallow breathing, bronchoconstriction, cough

Stretch receptors slowly adapting (mechanoreceptors in tracheobronchial tree that detect the changes in lung volume by sensing the stretch receptors of the airway wall), inform to brain about the lung volume to optimize respiratory; its irritants triggered decrese activity of respiratory centre – **Hering-Breuer's reflexes**. (protecting the lungs from overinflation/deflation)

Baroreceptors – suppresses activity of respiratory centre

Irritants of proprioreceptors of muscles, tendons during active and pasive movements of limbs
Influenced activity of respiratory neurons (increase minute ventilation during work load)

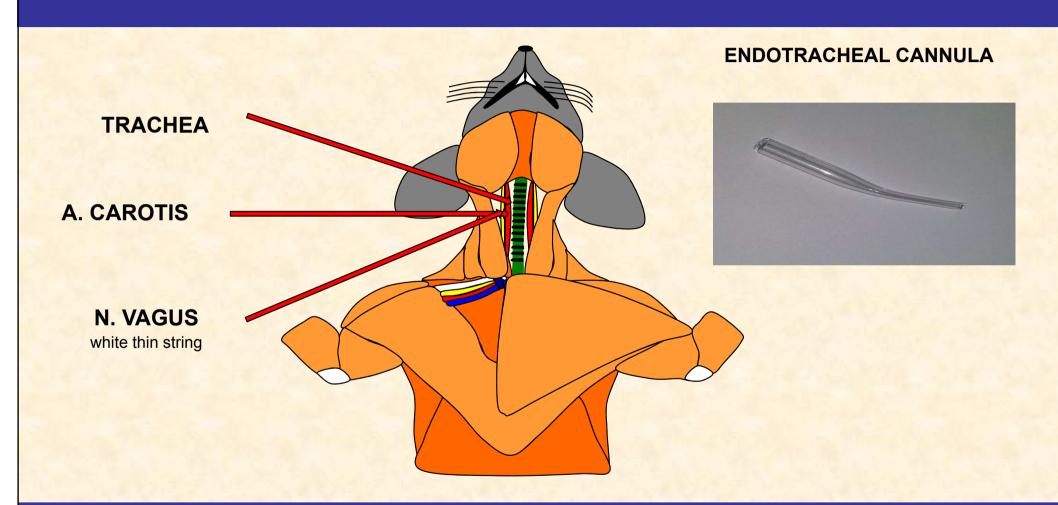
Limbic system, hypothalamus – strong pain, emotion

Tractus corticospinalis =cortex – activated RC during work load

temperature

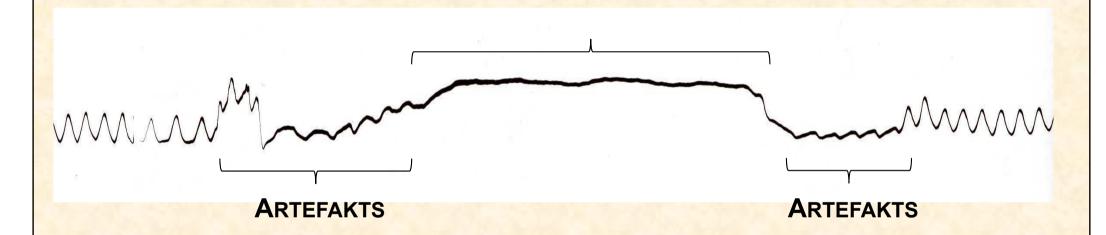




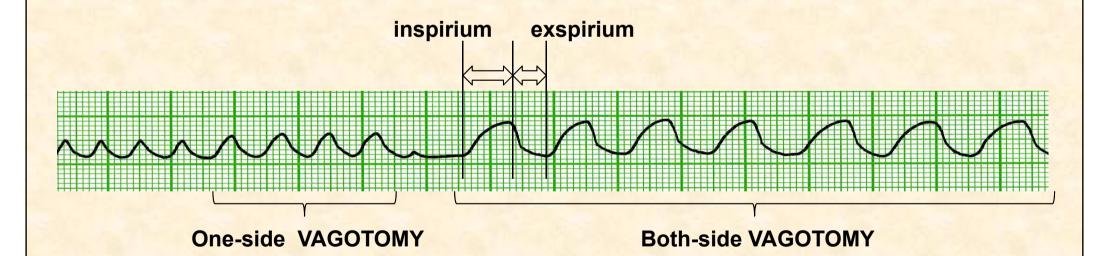


HERING-BREUER REFLEX

REFLEX STOP BREATHING



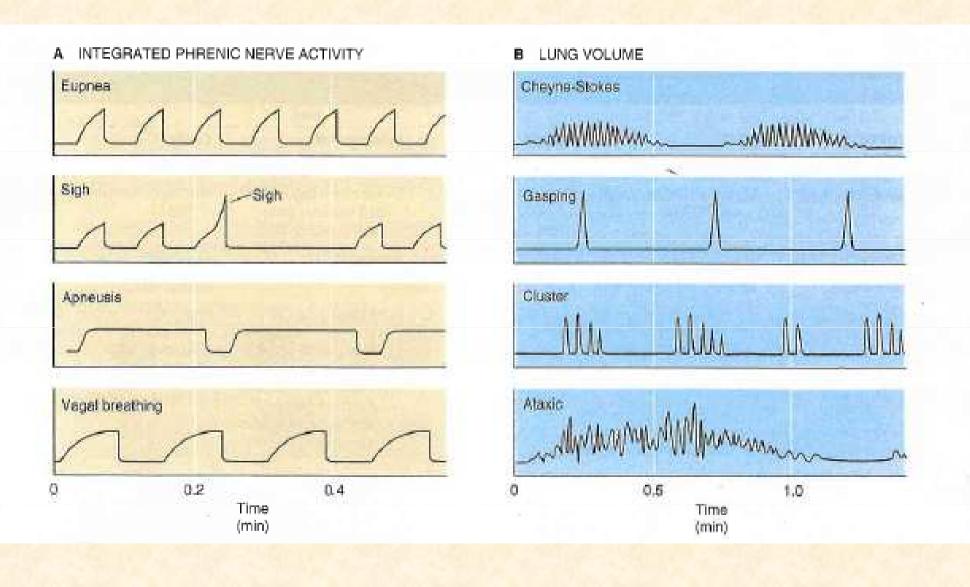
VAGOTOMY



Periodic breathing

 It is not regular, rhythmic, but respiration occurs in periods ("a moment to breathe, take a moment to not breathe,")

- CHEYNE-STOKES
- BIOT'S
- "gasping"
- KUSSMAUL



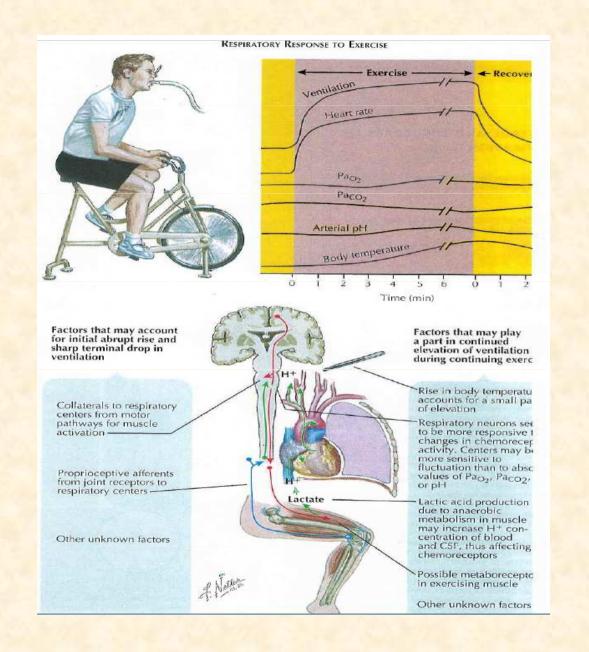


Christmas custom – cutting an apple - asterisk means health and happiness

for the New Year



Merry Christmas and Happy New Year 2022



Hypoxia, hypoxemia

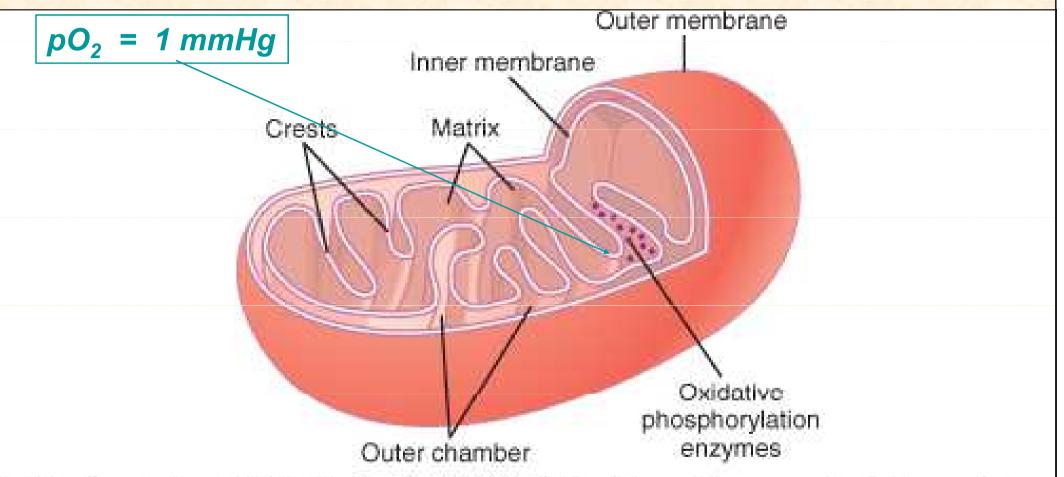
- Hypoxia is a general name for a lack of oxygen in the body or individual tissues.
- Hypoxemia is lack of oxygen in arterial blood.
- Complete lack of oxygen is known as anoxia.

The most common types of hypoxia:

- Hypoxic physiological: stay at higher altitudes, pathological: hypoventilation during lung or neuromuscular diseases
- Transport (anemic) reduced transport capacity of blood for oxygen (anemia, blood loss, CO poisoning)
- 3. Ischemic (stagnation) restricted blood flow to tissue (heart failure, shock states, obstruction of an artery)
- 4. Histotoxic cells are unable to utilize oxygen (cyanide poisoning damage to the respiratory chain)

OXYGEN FALL

mmHg	
dry atmospheric air	159
humid atmospheric air	149
ideal alveolar gass	105
end-expiration air	
105	
arterial blood	77
cytoplasma – mitochondria	3-10
mixed venous blood	40
venous blood	20



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Hypercapnia

- Hypercapnia increase of concentration of carbon dioxide in the blood or in tissues that is caused by retention of CO₂ in the body
- possible causes: total alveolar hypoventilation (decreased respiration or extension of dead space)
- mild hypercapnia (5 -7 kPa) causes stimulation of the respiratory center (therapeutic use: pneumoxid = mixture of oxygen + 2-5% CO₂)
- hypercapnia around 10 kPa CO₂ narcosis respiratory depression (preceded by headache, confusion, disorientation, a feeling of breathlessness)
- hypercapnia over 12 kPa significant respiratory depression coma and death.

Travelling by aircraft

(On board aicraft is pressure as on 2000 m above see level)

High risk for patients with diseases:

- concentration of hemoglobin lower than 60 %
- severe step of atherosclerosis
- cardial insuficiency
- respiratory insuficiency
- non-treated hypertension (BP ower 200/100mmHg)

Toxicity of oxygen

The toxicity seems to be due to the production of the superoxid anion and H₂O₂

Causes: - lost of possibility binding CO₂ in venous blood

- in lungs - pulmonary edoema - decrease CO2

expenditure

Critical values > 40 kPa (300 mmHg) -dependence on time

Toxicity of oxygen

Exposure - 8 hours:- respiratory passages became irritated

- Substernal distress
- Nasal congestion
- Sore throat
- Cough

- 24-48 hours:

- damage of lungs – decrease production of surfactant

Recommendation:

100 % - give discontinuosly

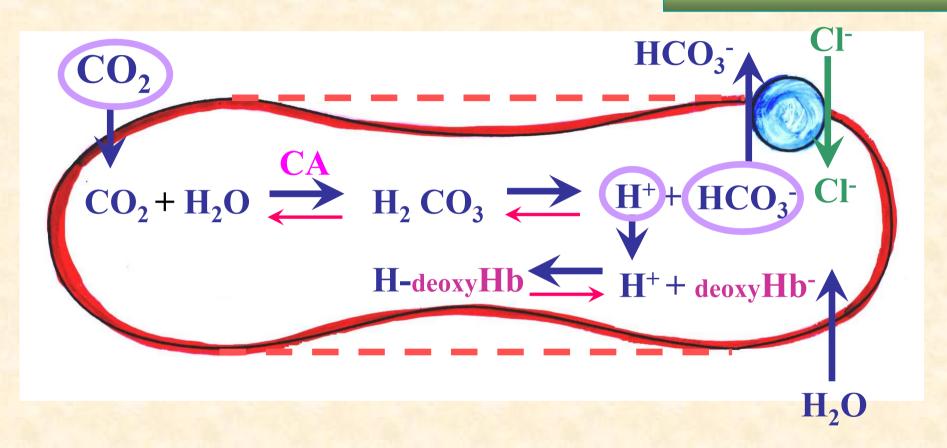
THANK YOU FOR YOUR ATTENTION



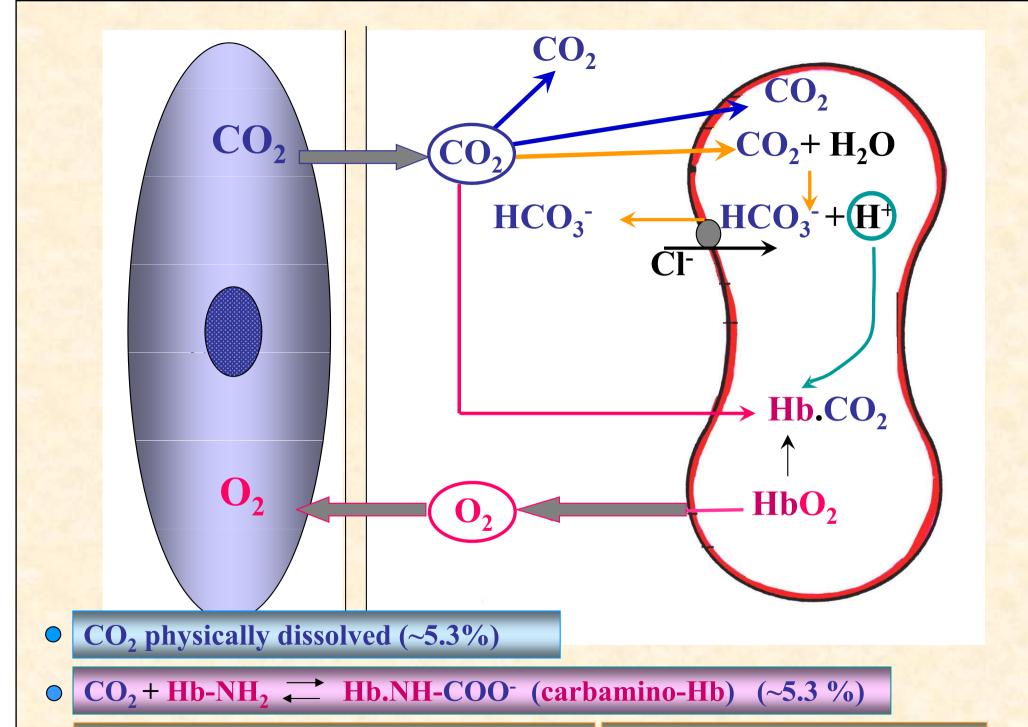


TRANSPORT OF CO₂

HAMBURGER CHLORIDE SHIFT



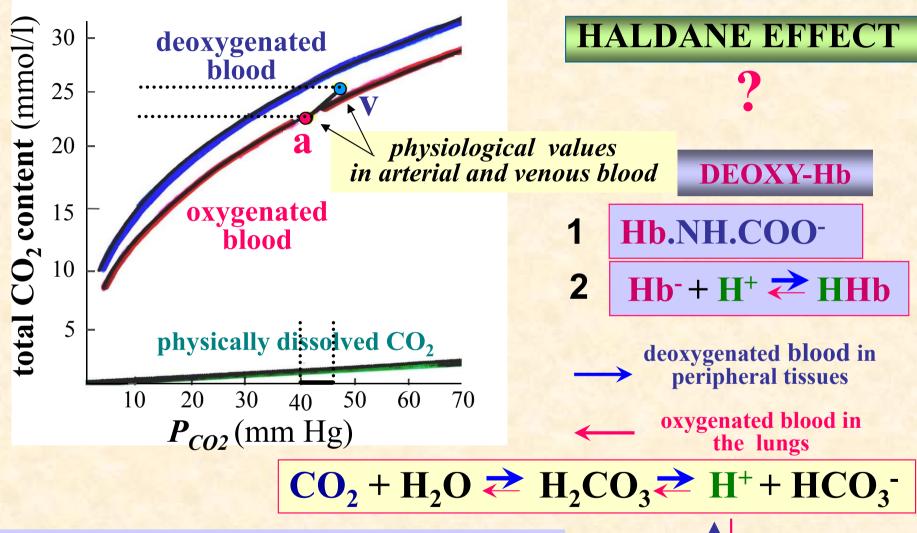
CA – carbonic anhydrase



 \circ CO₂+ H₂O \rightleftharpoons HCO₃-+ H⁺ (~89%)

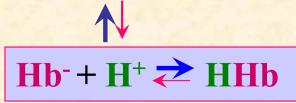
60% in plasma, 29% in red blood cell

CO, DISSOCIATION CURVE



TISSUES: DEOXY-Hb binds \mathbf{H}^+ more readily (weaker acid) $\Rightarrow \uparrow$ amount of chemically bound CO_2

LUNGS: \mathbf{H}^+ is released from $\mathbf{OXY-Hb} \Rightarrow$ ↓ amount of chemically bound \mathbf{CO}_2



- I PHYSIOLOGY OF AIR PASSAGES
 - II BASIC MEASURABLE PARAMETERS
 - III ACTIVE AND PASSIVE FORCES
 - IV COMPOSITION OF ALVEOLAR AIR
 - V ALVEOLAR-CAPILLARY MEMBRANE
 - VI TRANSPORT OF O2 AND CO2 IN THE BLOOD

I AIR PASSAGES

- **II** MEASURABLE PARAMETERS
 - DEAD SPACE
 - LUNG VOLUMES
 - FUNCTIONAL INVESTIGATION
 - CHARACTERISTIC PRESSURES

III ACTIVE AND PASSIVE FORCES

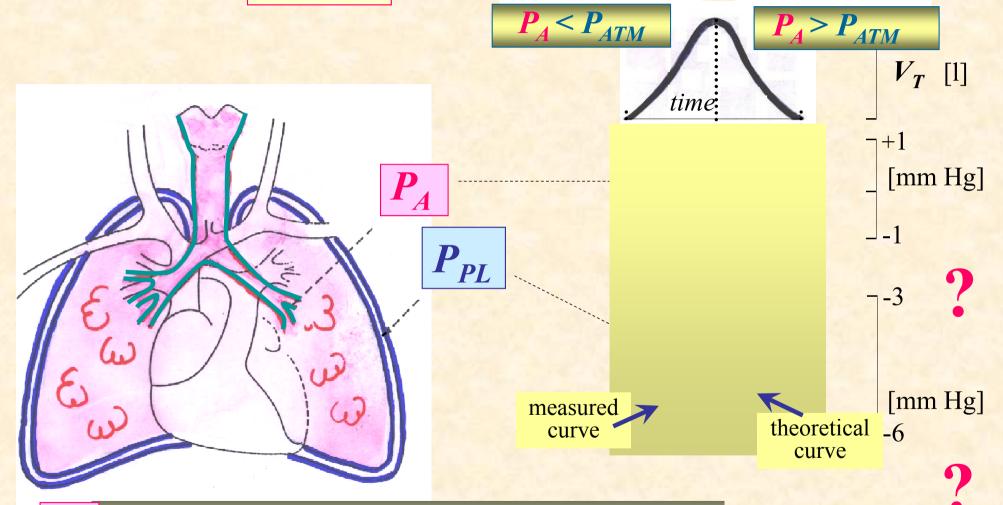
- RESPIRATORY MUSCLES
- LUNGS ELASTICITY
- COMPLIANCE
- WORK OF BREATHING
- IV COMPOSITION OF ALVEOLAR AIR
- V ALVEOLAR-CAPILLARY MEMBRANE
- VI TRANSPORT OF GASSES (O₂ and CO₂)

$$P.V = const$$
 \Rightarrow $P = \frac{const}{V}$

TIME COURSE OF PRESSURES AT QUIET RESPIRATION

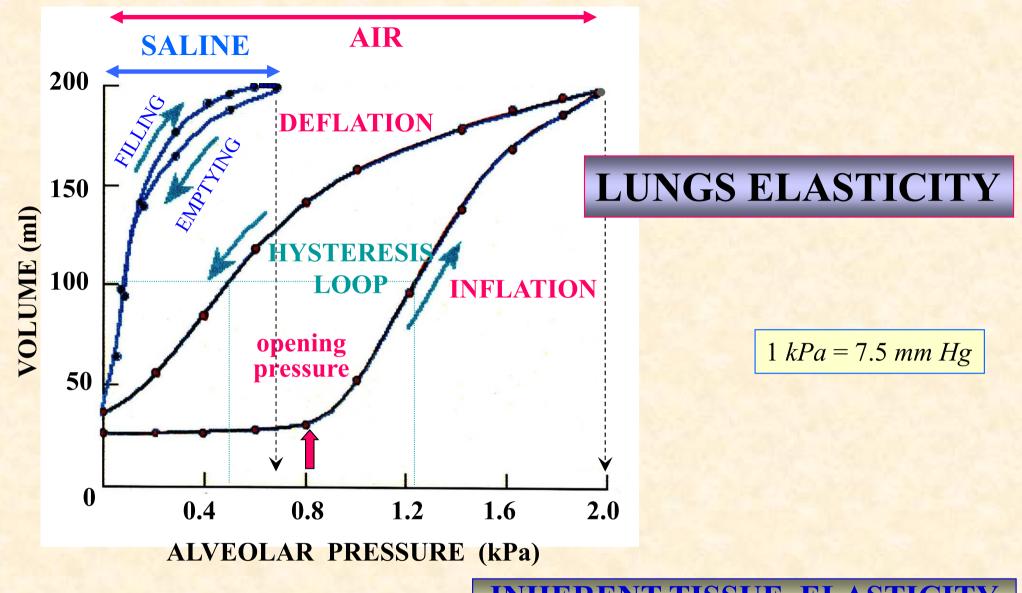
INSPIRATION EX

EXPIRATION



P_A ALVEOLAR (INTRAPULMONARY, LUNG)

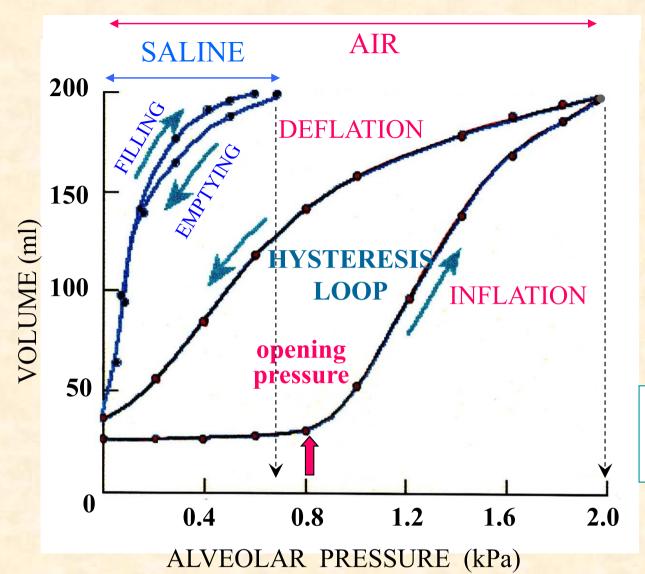
P_{PL} INTRAPLEURAL (INTRATHORACIC)



LUNGS ELASTICITY

INHERENT TISSUE ELASTICITY (elastin and collagen fibres)

SURFACE TENSION FORCES air-liquid interface in alveoli

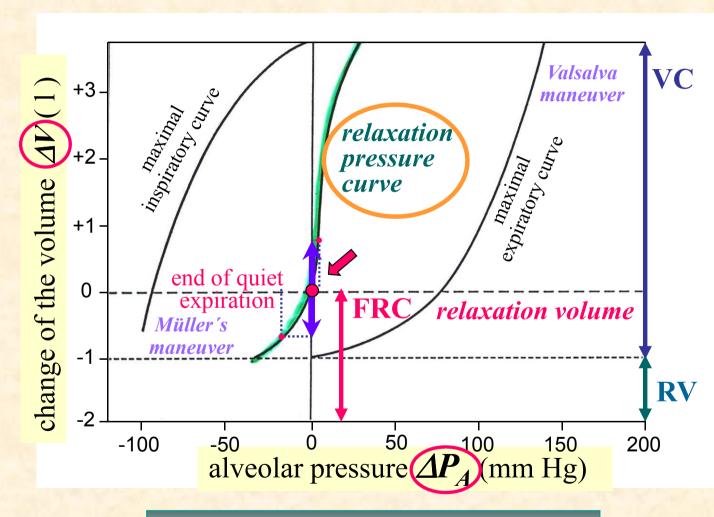


Factors involved in HYSTERESIS LOOP

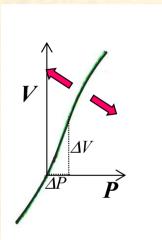
- LAPLACE LAW (responsible for high opening pressure of alveoli)
- **Dynamic changes** in the **DENSITY of surfactant molecules** during **INSPIRATION** and **EXPIRATION**

COMPLIANCE (VOLUME STRETCHABILITY)

STATIC MEASUREMENT IN CLOSED SYSTEM



$$C = \frac{\Delta V}{\Delta P}$$



compliance is
decreased

stiffness of the tissue

TOTAL RESPIRATORY SYSTEM (lungs and chest)

compliance is increased the tissue

TOTAL WORK OF RESPIRATORY MUSCLES AT **QUIET BREATHING**

ELASTIC (STATIC) WORK (65%)

to overcome the elastic forces of the chest and lungs

DYNAMIC WORK (35%)

- to overcome the resistance of air passages during the air movement – AERODYNAMIC RESISTANCE (~ 28%)
- to overcome the friction during mutual movement of inelastic tissues – VISCOUS RESISTANCE (~ 7%)

I AIR PASSAGES

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- CHARACTERISTIC PRESSURES

III ACTIVE AND PASSIVE FORCES

- RESPIRATORY MUSCLES
- LUNGS ELASTICITY
- COMPLIANCE
- WORK OF BREATHING
- → IV COMPOSITION OF ALVEOLAR AIR
 V ALVEOLAR-CAPILLARY MEMBRANE
 - VI TRANSPORT OF GASSES (O₂ and CO₂)

Alveolar P_{02} and P_{co2} at voluntary hypo- and hyperventilation

