

M U N I

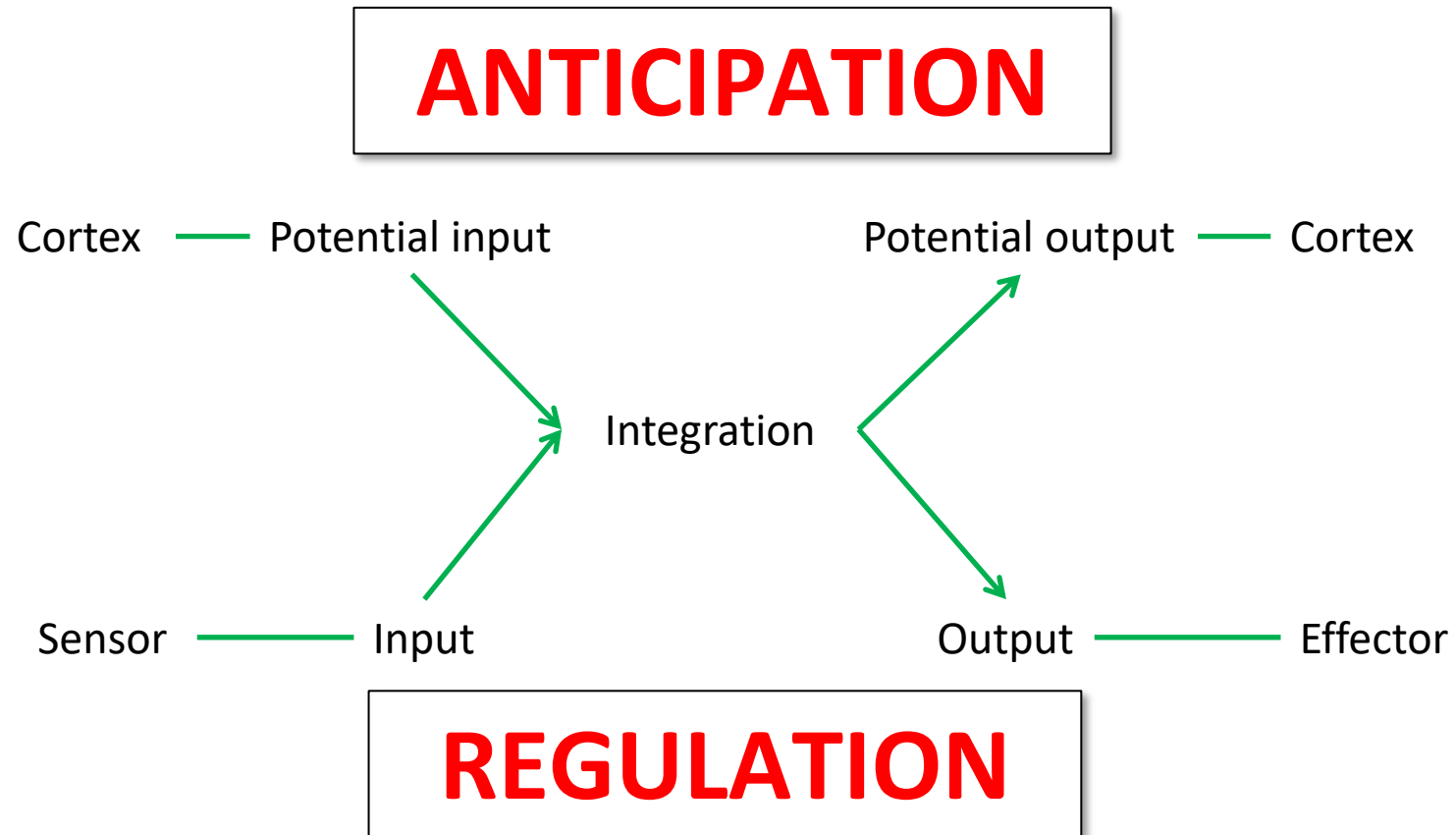
M E D

**M U N I  
M E D**

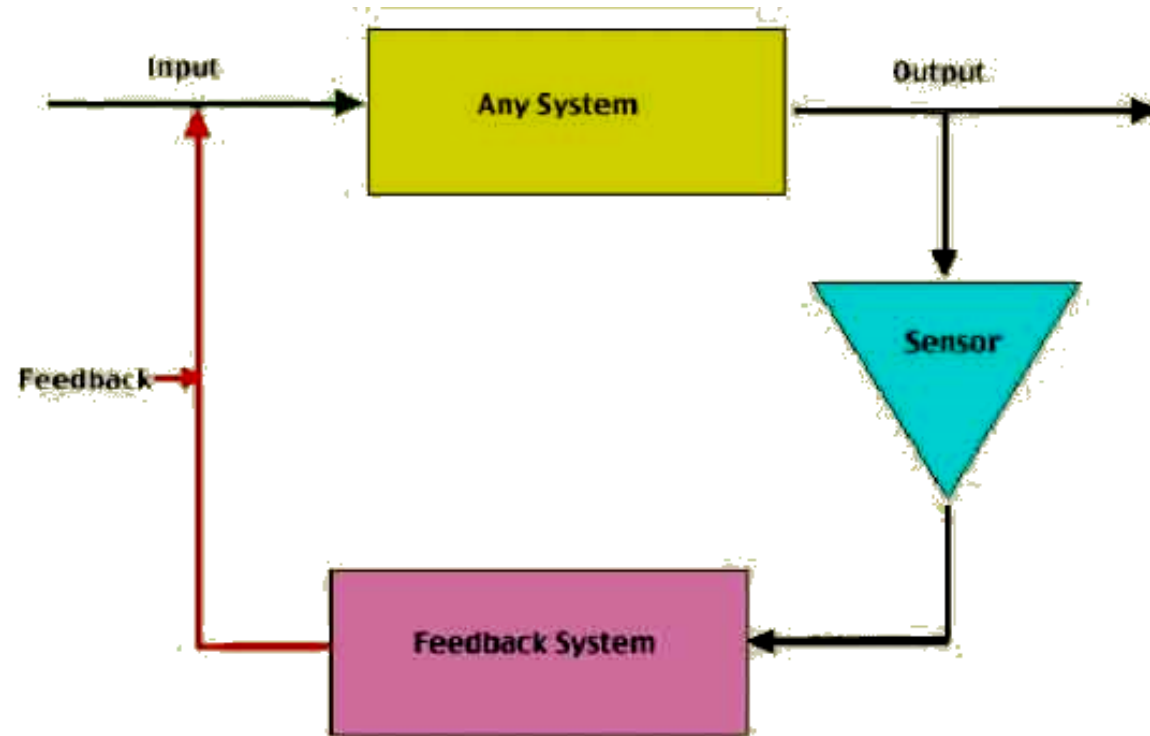
**13**

# **Autonomic nervous system**

# The role of nervous system

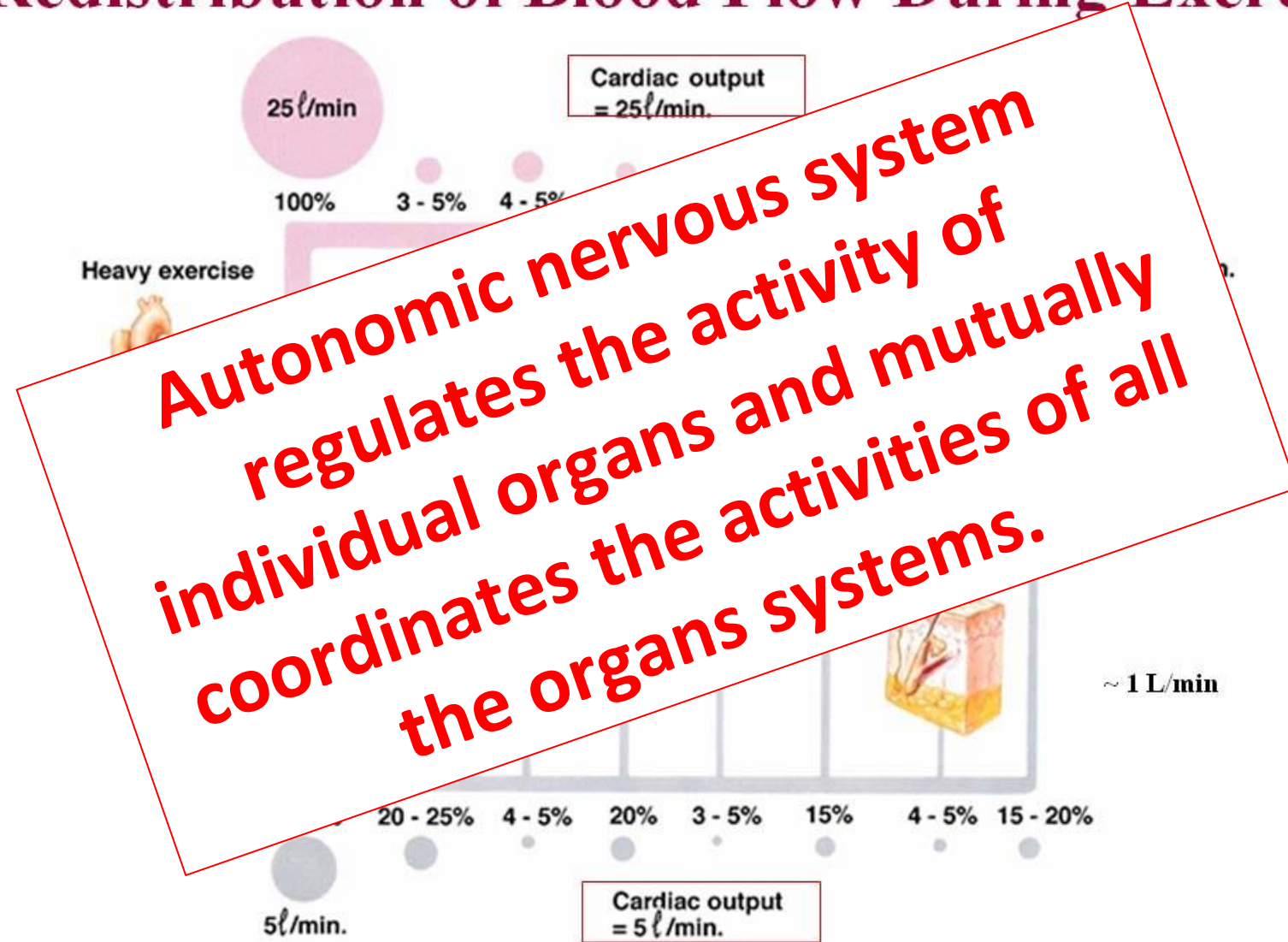


# Feedback regulation

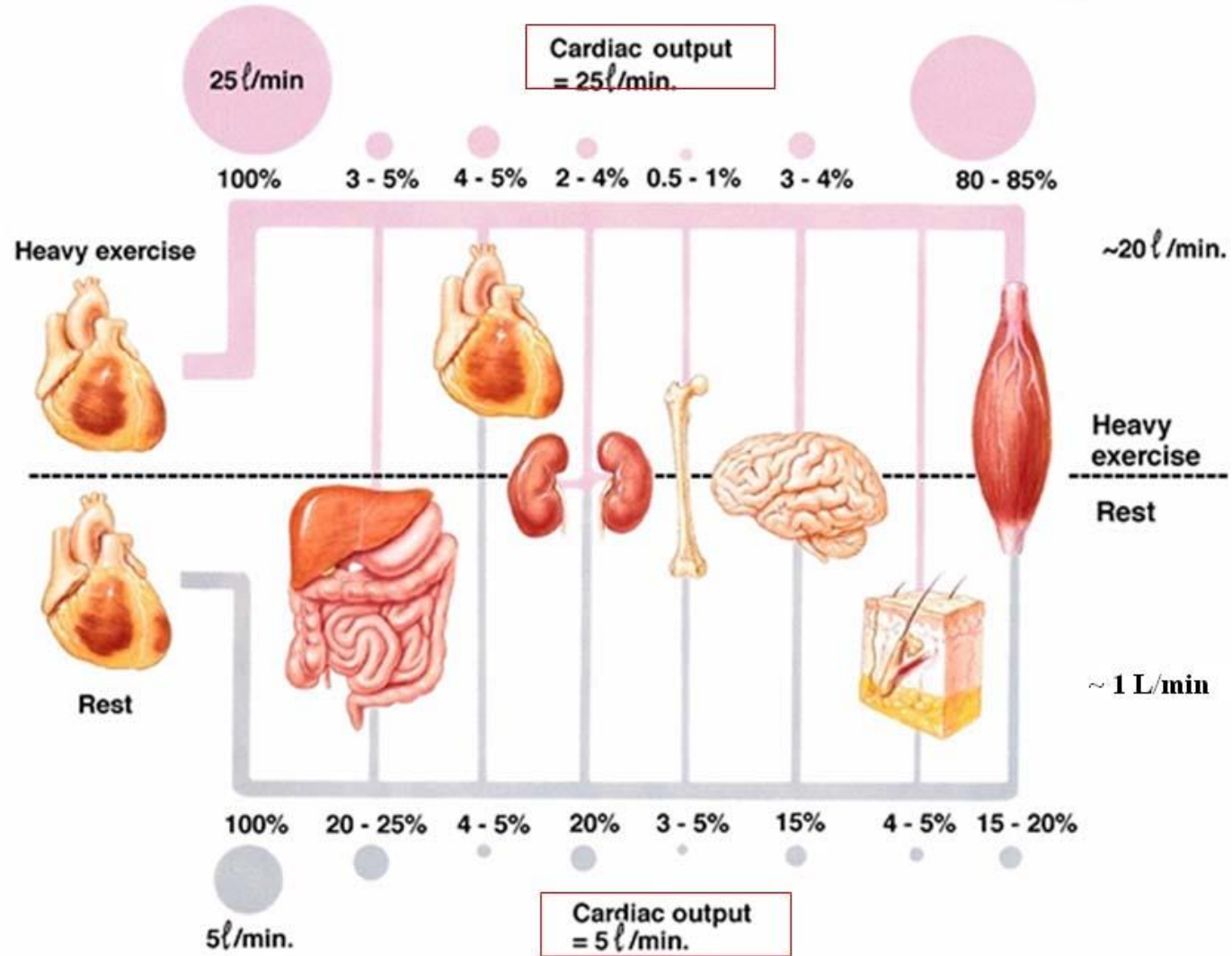


**Simple Feedback Loop**

# Redistribution of Blood Flow During Exercise



# Redistribution of Blood Flow During Exercise



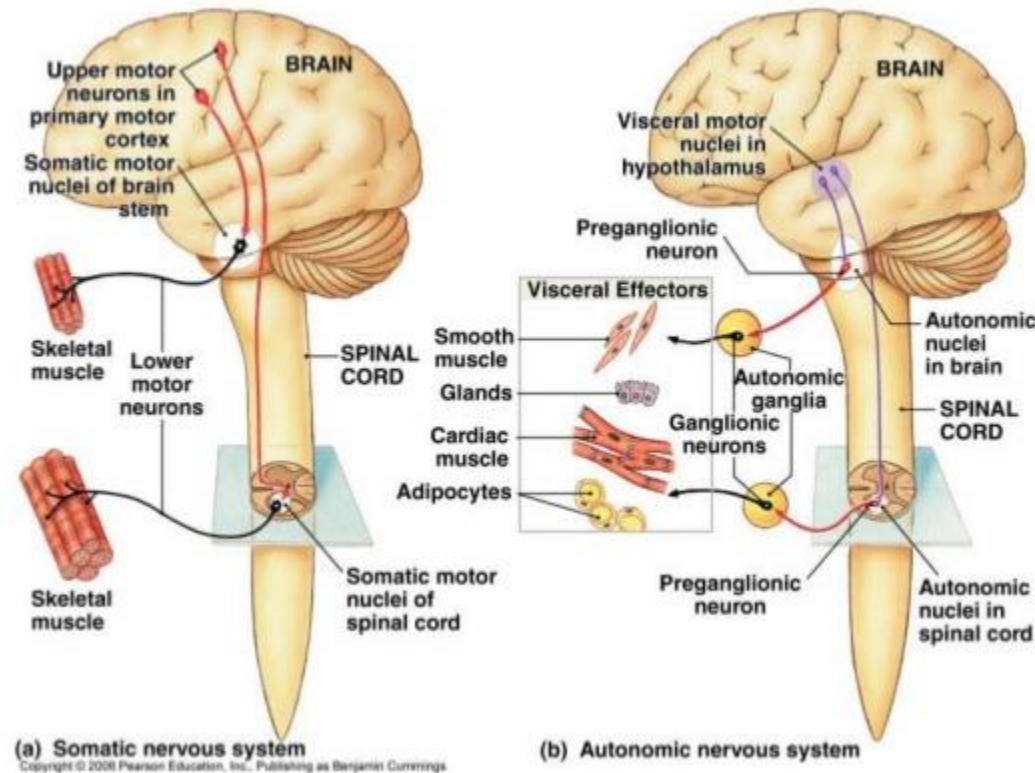
# Somatic a autonomic nervous system

➤ „Voluntary“

✓ Skeletal muscle

■ Direct connection between CNS and effector

## Somatic vs. Autonomic



➤ „Involuntary“

✓ Cardiomyocyte  
✓ Visceral muscle  
✓ Gland

■ Autonomic ganglion inserted between CNS and effector



# Somatic a autonomic nervous system

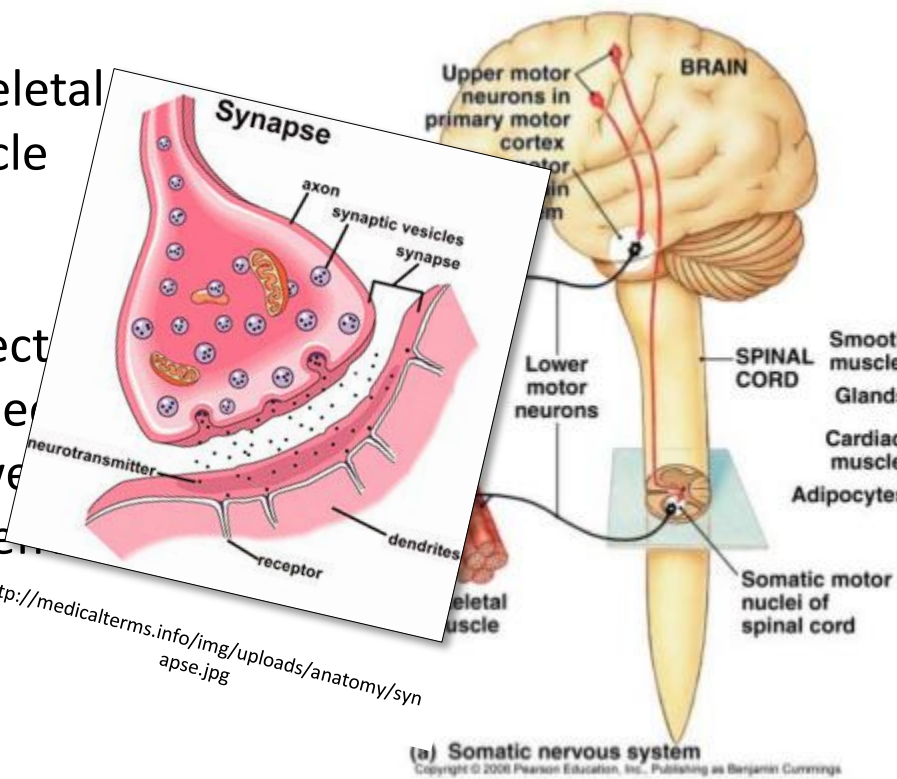
➤ „Voluntary“

## Somatic vs. Autonomic

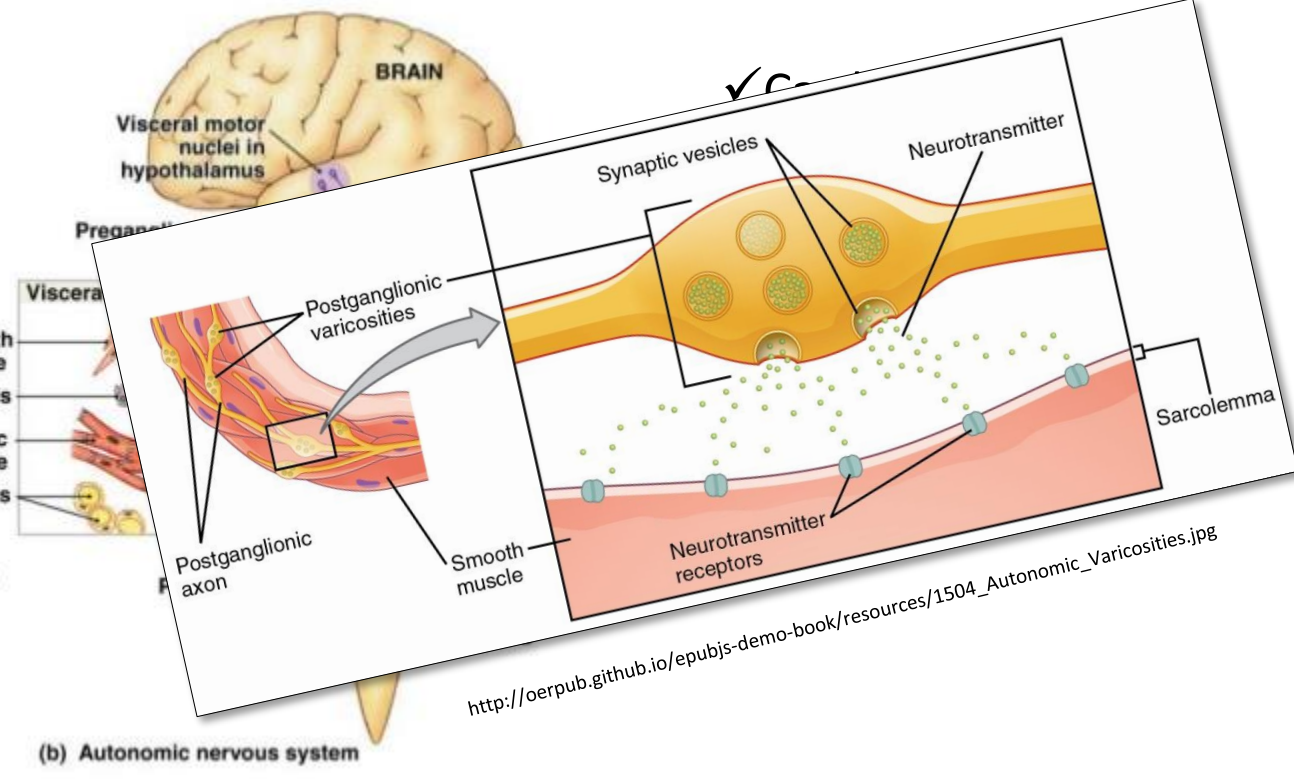
➤ „Involuntary“

✓ Skeletal muscle

▪ Direct connection between brain and effector



<http://medicalterms.info/img/uploads/anatomy/synapse.jpg>

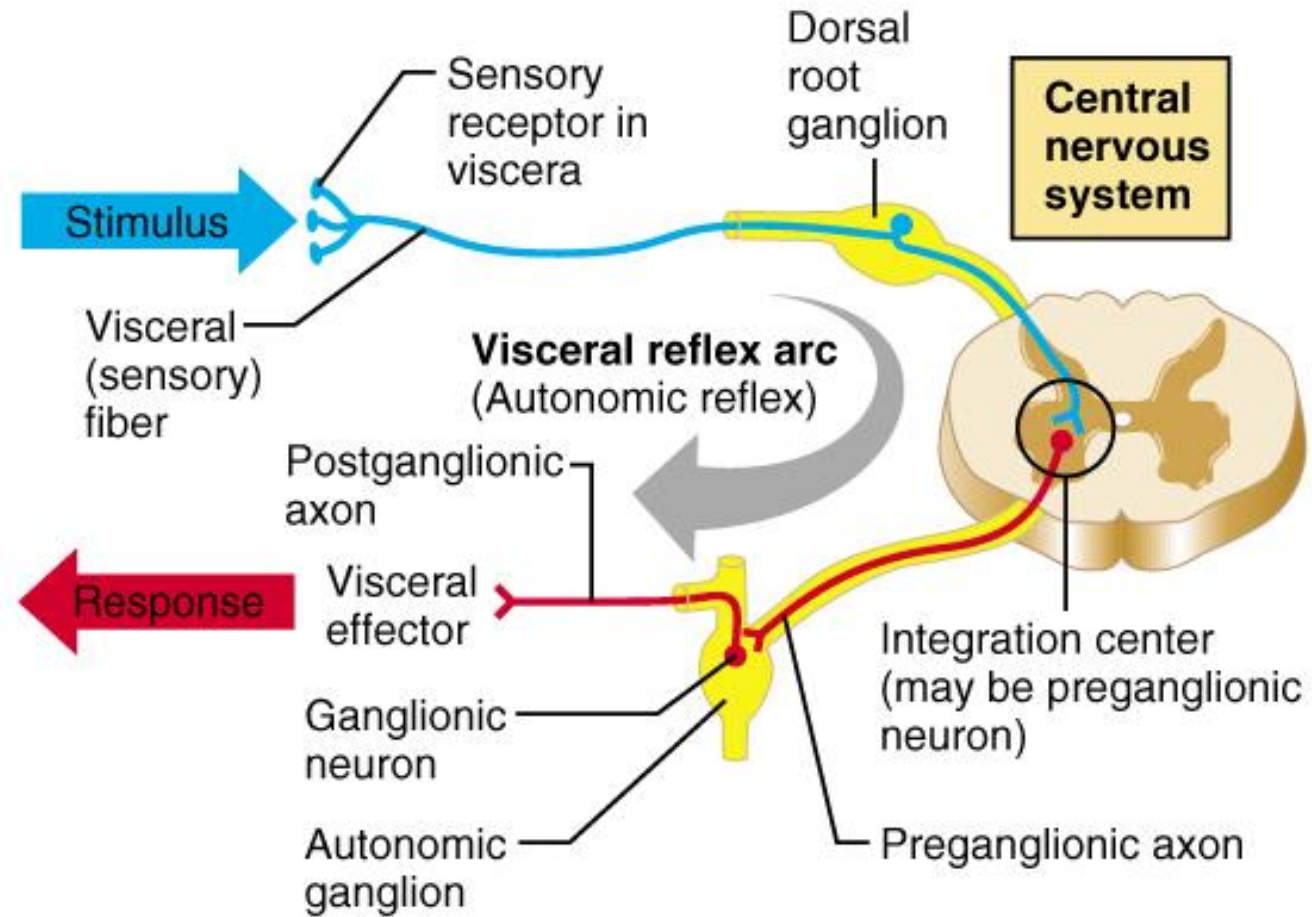


[http://oerpub.github.io/epubjs-demo-book/resources/1504\\_Autonomic\\_Varicosities.jpg](http://oerpub.github.io/epubjs-demo-book/resources/1504_Autonomic_Varicosities.jpg)

<http://image.slidesharecdn.com/ans-130217134747-phpp01/95/central-nervous-system-the-autonomic-nervous-system-7-638.jpg?cb=1361108947>



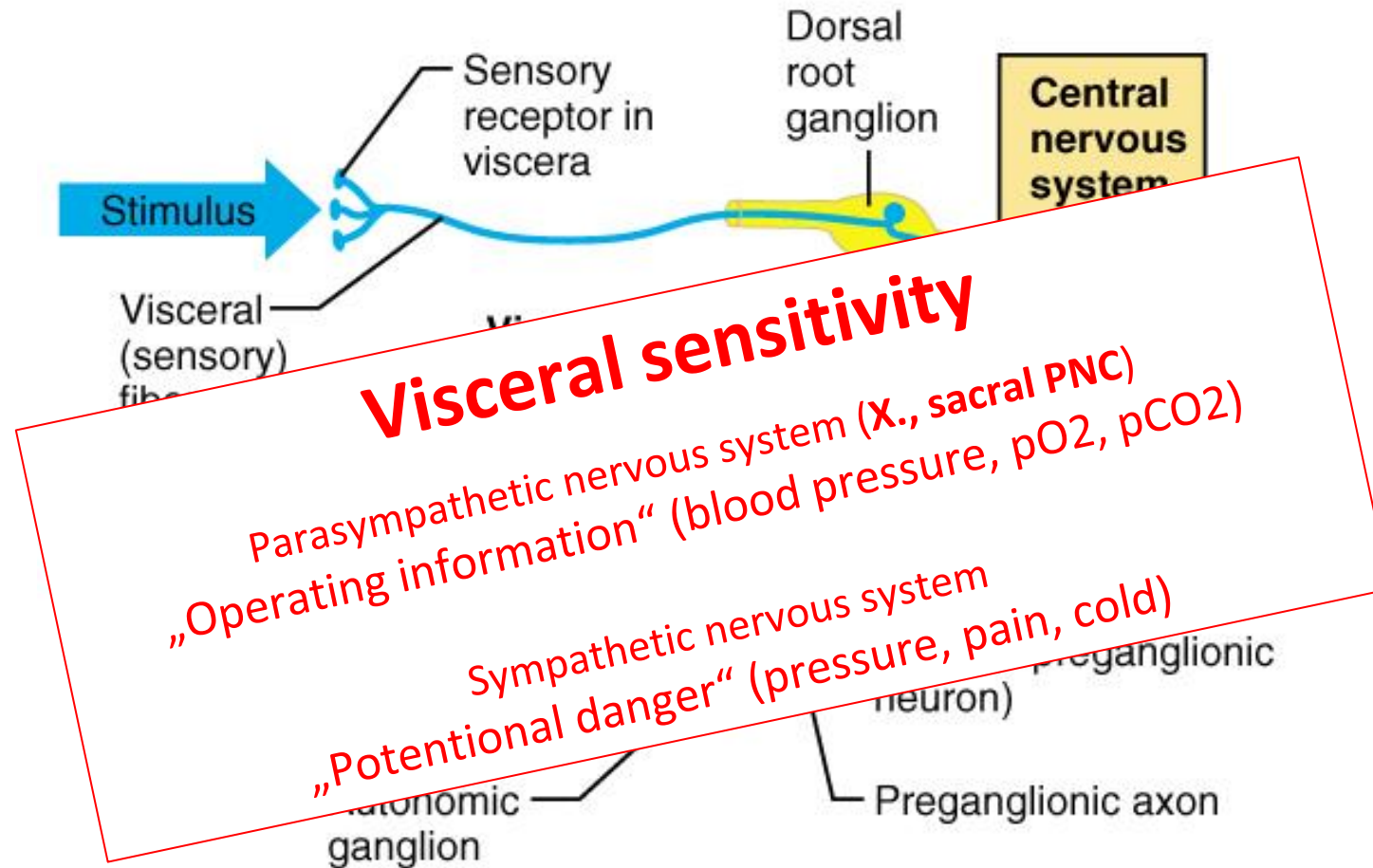
# Visceral reflex loop



Copyright © 2001 Benjamin Cummings, an imprint of Addison Wesley Longman, Inc.

<http://slideplayer.com/slide/2810792/>

# Visceral reflex loop



Copyright © 2001 Benjamin Cummings, an imprint of Addison Wesley Longman, Inc.





# Sympathetic nervous system

Fight or flight response

Energy/store consumption

Preganglionic neuron

– Spinal cord

-Thoraco - lumbar system

*Ganglia Paravertebral*

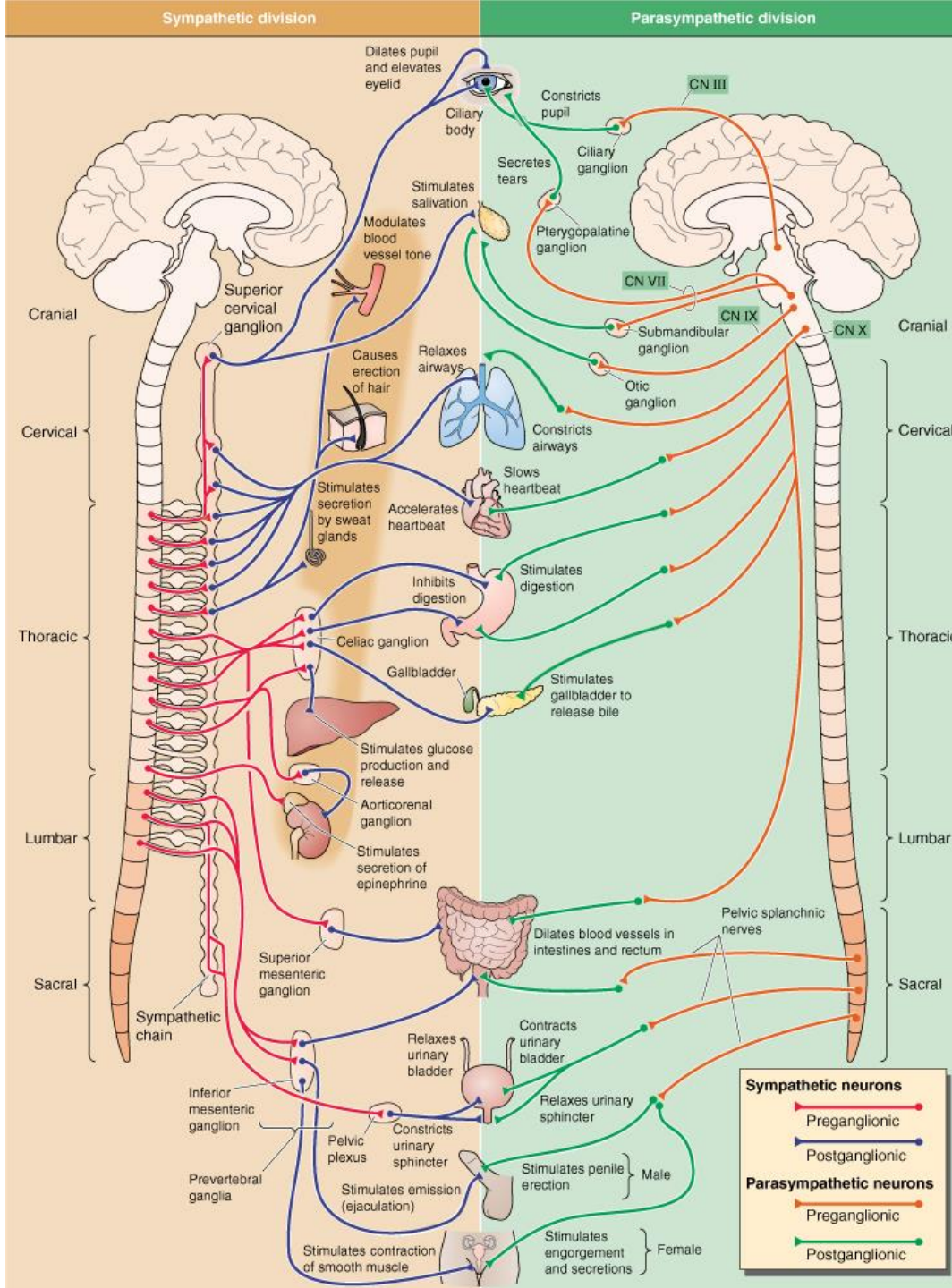
-Truncus sympathicus

- Majority

*Prevertebral*

-Plexus aorticus

Mostly diffuse effect



# Parasympathetic nervous system

Rest and digest response

Energy conservation/energy store production

Preganglionic neuron

– Brain stem and spinal cord

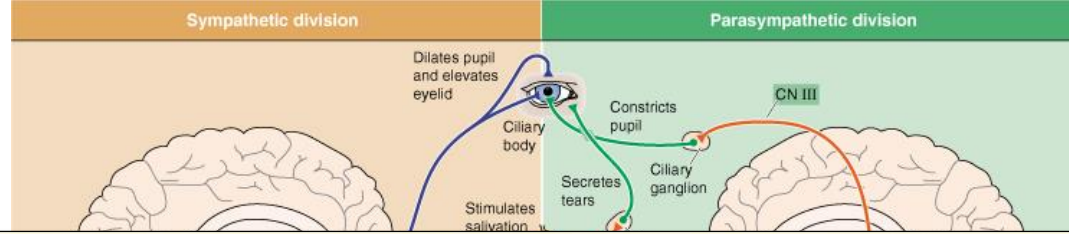
– cranio-sacral system

Ganglia

*Close to target organs or intramurally*

Mostly local effect

# Sympathetic nervous system



# Parasympathetic nervous system

Fight or flight response

Energy/store conservation

Preganglionic neuron  
- Spinal cord  
- Thoraco - lumbar system

*Paravertebral*  
- Truncus sympathicus  
- Majority

*Prevertebral*  
- Plexus aorticus

Mostly diffuse effect

System/function	Parasympathetic	Sympathetic
Cardiovascular	Decreased cardiac output and heart rate	Increased contraction and heart rate; increased cardiac output
Pulmonary	Bronchial constriction	Bronchial dilatation
Musculoskeletal	Muscular relaxation	Muscular contraction
Pupillary	Constriction	Dilatation
Urinary	Increased urinary output; sphincter relaxation	Decreased urinary output; sphincter contraction
Gastrointestinal	Increased motility of stomach and gastrointestinal tract; increased secretions	Decreased motility of stomach and gastrointestinal tract; decreased secretions
Glycogen to glucose conversion	No involvement	Increased
Adrenal gland	No involvement	Release epinephrine and norepinephrine

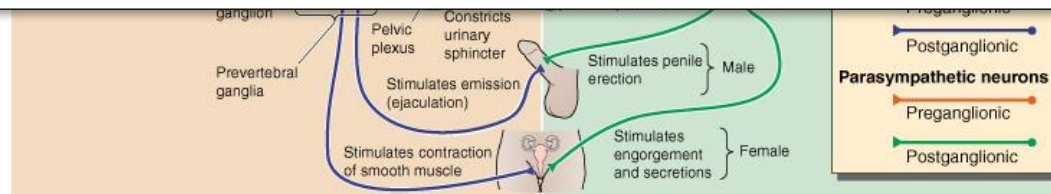
and digest response

conservation/energy store production

preganglionic neuron  
main stem and spinal cord  
- cranio-sacral system

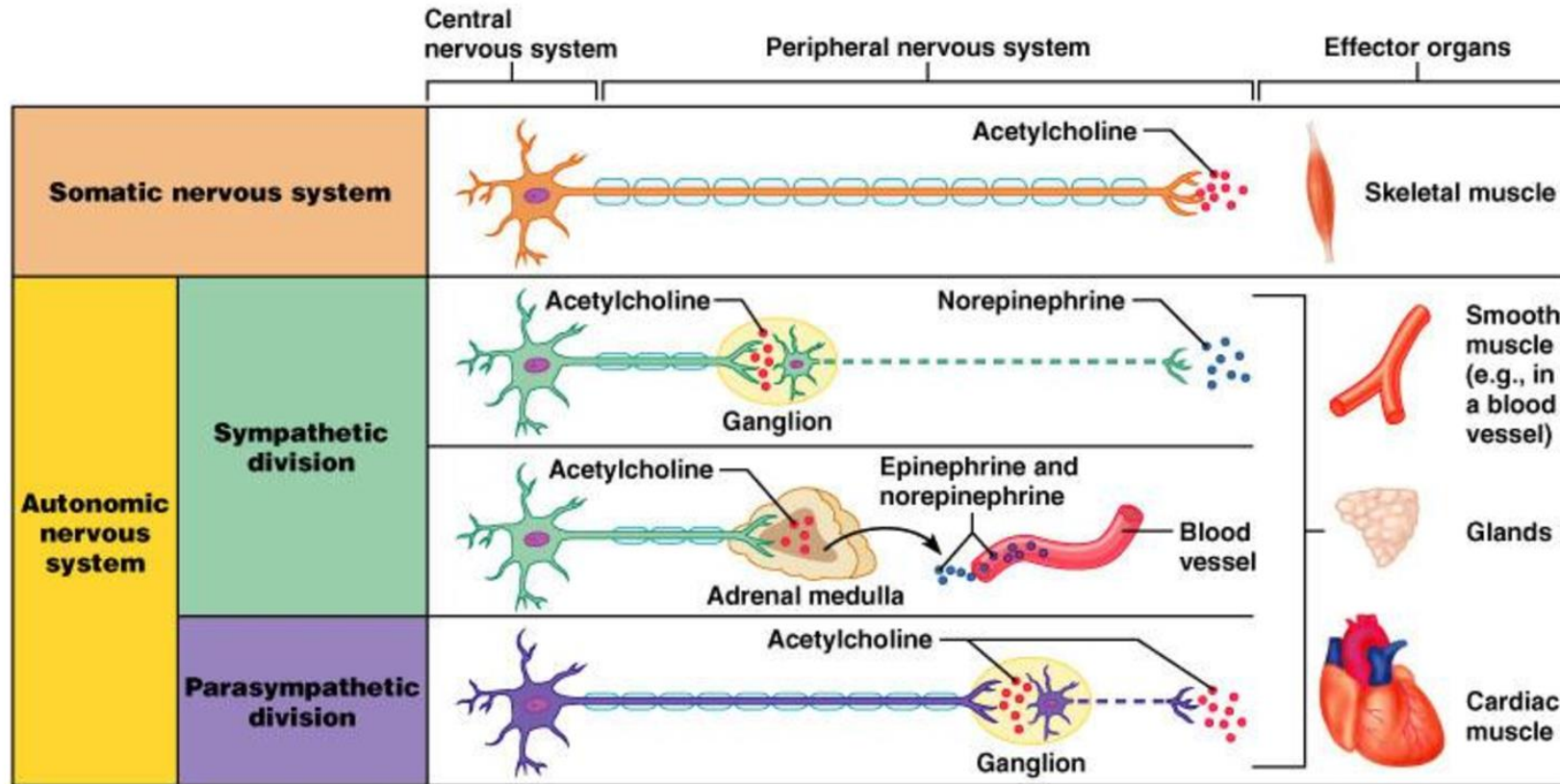
*Ganglia*  
close to target organs or intramurally

Mostly local effect



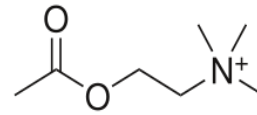


# Mediators of somatic and autonomic nervous system



**Key:**

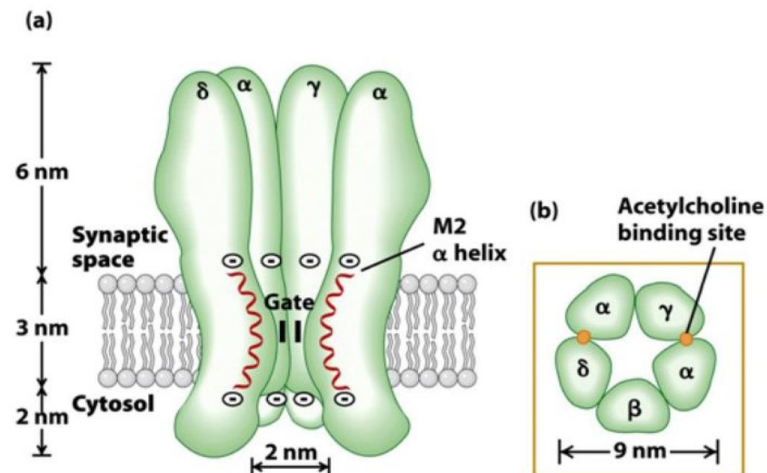
- = Preganglionic axons (sympathetic)
- - - = Postganglionic axons (sympathetic)
- ⊖ = Myelination
- = Preganglionic axons (parasympathetic)
- - - = Postganglionic axons (parasympathetic)



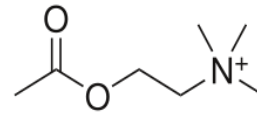
# Acetylcholine

## Preganglionic fibers

- Sympathetic
- Parasympathetic
- ✓ Nicotinic receptor
  - Ligand-gated ion channels
  - Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup>
  - Neuronal (N<sub>N</sub>) and muscle (N<sub>M</sub>) type
  - Excitatory



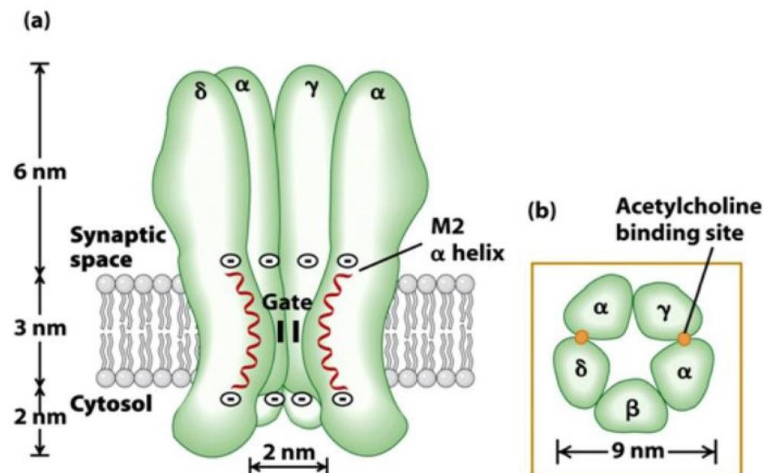




# Acetylcholine

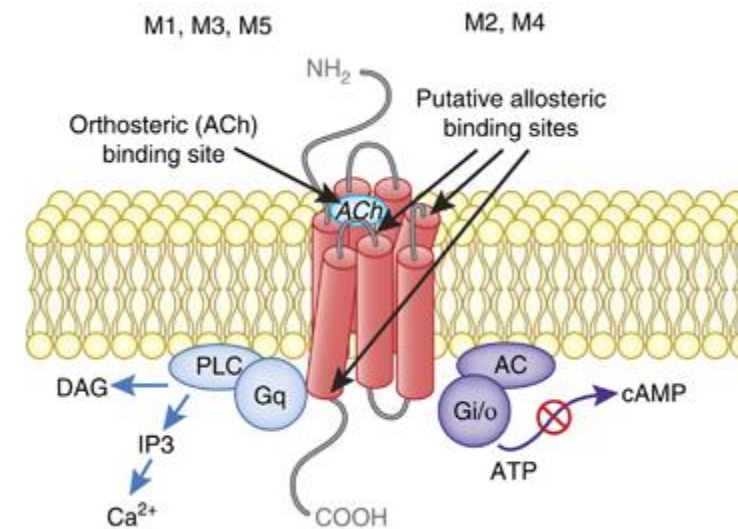
## Preganglionic fibers

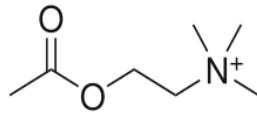
- Sympathetic
- Parasympathetic
- ✓ Nicotinic receptor
  - Ligand-gated ion channels
  - Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup>
  - Neuronal (N<sub>N</sub>) and muscle (N<sub>M</sub>) type
  - Excitatory



## Postganglionic fibers

- Parasympathetic
- ✓ Muscarinic receptor
  - G-coupled
  - Excitatory
    - M1, M3, M5
  - Inhibitory
    - M2, M4





# Acetylcholine

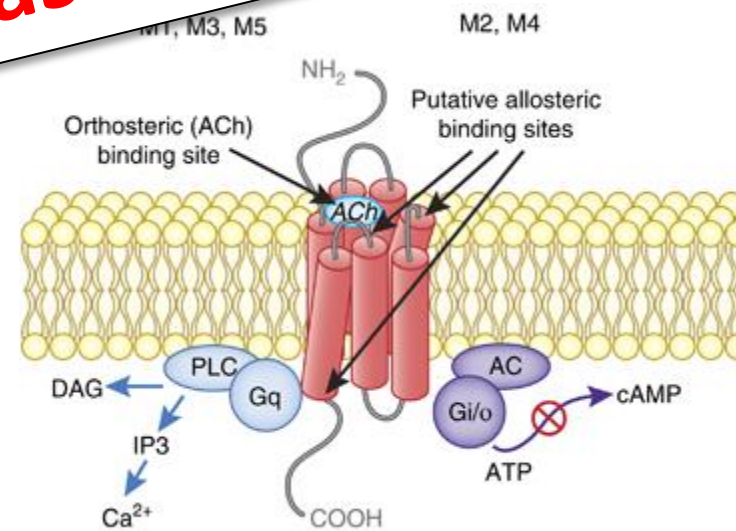
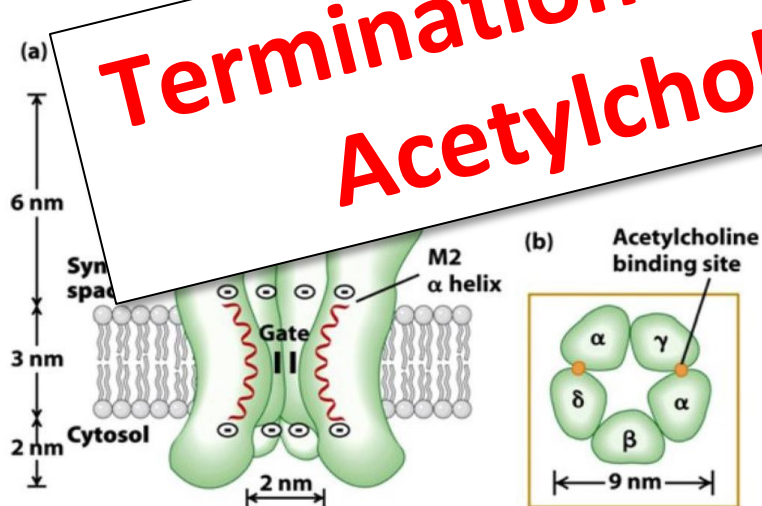
## Preganglionic fibers

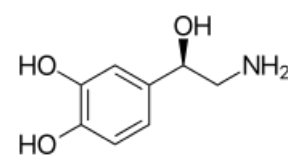
- Sympathetic
- Parasympathetic
- ✓ Nicotinic receptor
  - Ligand-gated ion channels
  - Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup>
  - Neuronal (N<sub>N</sub>) and muscle
  - Excitatory

## Postganglionic fibers

- Parasympathetic
- ✓ Muscarinic receptors
  - G-coupled

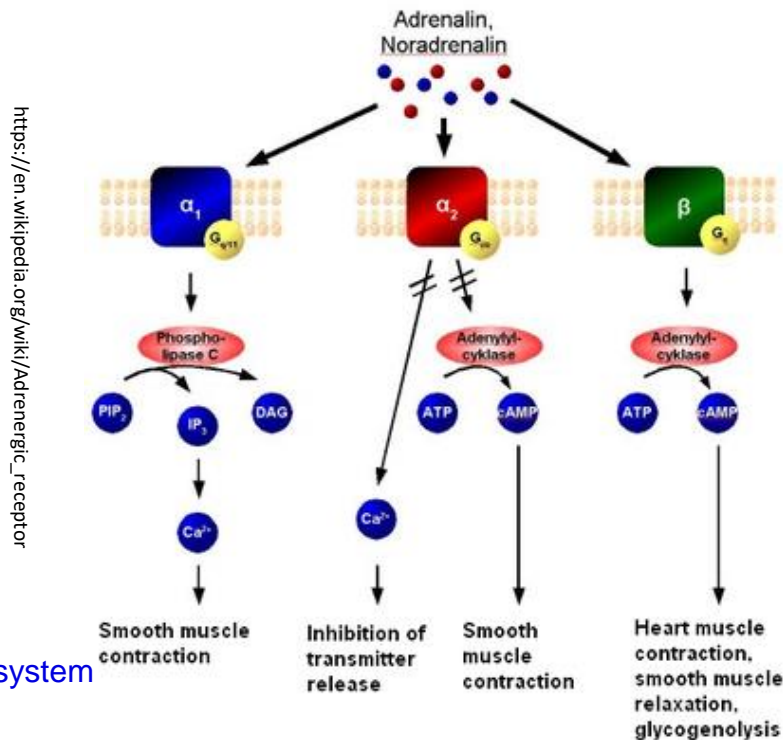
**Termination of synaptic transmission  
Acetylcholinesterase (AChE)**

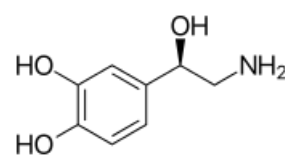




# Norepinephrine

- Postganglionic sympathetic fibers
- Adrenergic receptor
  - G-coupled
  - $\alpha$  type – generally excitatory (contraction) with an exception of GIT
  - $\beta$  type – generally inhibitory (relaxation) with an exception of !!! heart !!!





# Norepinephrine

- Postganglionic sympathetic fibers
- Adrenergic receptor
  - G-coupled
  - $\alpha$  type- generally with
  - $\beta$  type

Receptor	G protein and effectors	Agonists	Tissue	Responses
Alpha <sub>1</sub>	Gq ↑ phospholipase C, IP3 and DAG, intracellular Ca <sup>2+</sup>	Epi ≥ NE >> Iso Phenylephrine	Vascular, GU smooth muscle Liver Intestinal smooth muscle Heart	Contraction Glycogenolysis; gluconeogenesis Hyperpolarization and relaxation Increased contractile force; arrhythmias
Alpha <sub>2</sub>	Gi, Go ↓ adenylyl cyclase ↓ cAMP	Epi ≥ NE >> Iso Clonidine	Pancreatic islets (β cells) Platelets Nerve terminals Vascular smooth muscle	Decreased insulin secretion Aggregation Decreased release of NE Contraction
Beta <sub>1</sub>	Gs ↑ adenylyl cyclase, cAMP, L-type Ca <sup>2+</sup> channel opening	Iso > Epi = NE Dobutamine	Juxtaglomerular cells Heart	Increased renin secretion Increased force and rate of contraction and AV nodal conduction velocity
Beta <sub>2</sub>	Gs ↑ adenylyl cyclase	Iso > Epi >> NE Terbutamine	Smooth muscle (vascular, bronchial, GI, GU) Skeletal muscle	Relaxation Glycogenolysis; uptake of K <sup>+</sup>
Beta <sub>3</sub>	Gs ↑ adenylyl cyclase	Iso = NE > Epi	Adipose tissue	Lipolysis

**Vasoconstriction**

**Glucose metabolism**

**Increased HRV and contractility**

**Bronchodilation**

**Lipid metabolism**

Smooth muscle contraction

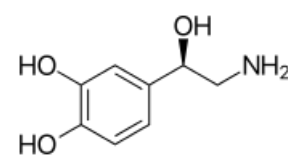
Inhibition of transmitter release

Smooth muscle contraction

Heart muscle contraction, smooth muscle relaxation, glycogenolysis

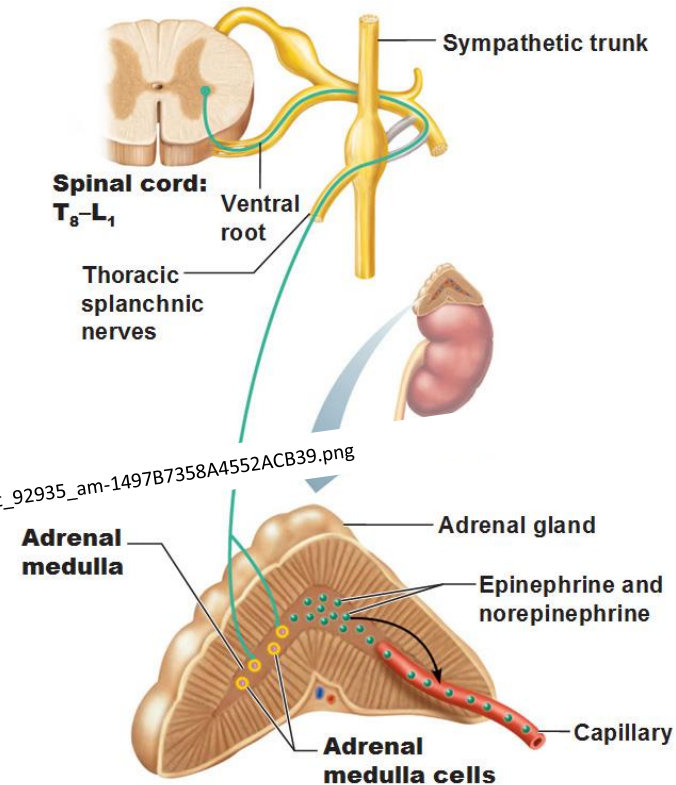
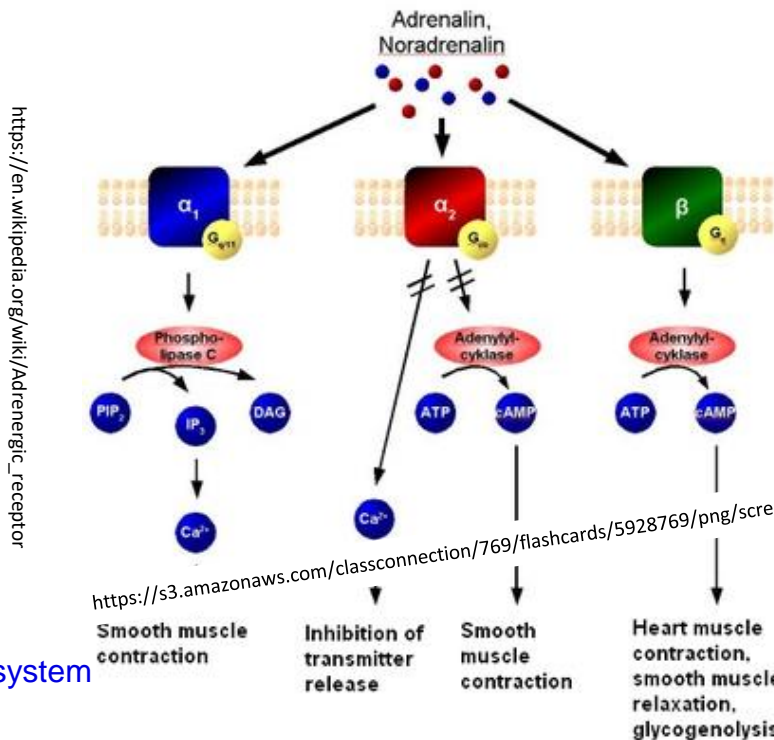
[https://s3.amazonaws.com/classconnection/769/flashcards/5928769/png/screen\\_shot\\_2014-11-04\\_at\\_92935\\_am-1497B7358A4552ACB39.png](https://s3.amazonaws.com/classconnection/769/flashcards/5928769/png/screen_shot_2014-11-04_at_92935_am-1497B7358A4552ACB39.png)

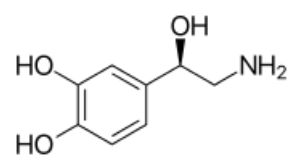




# Norepinephrine

- Postganglionic sympathetic fibers
- Adrenergic receptor
  - G-coupled
  - $\alpha$  type – generally excitatory (contraction) with an exception of GIT
  - $\beta$  type – generally inhibitory (relaxation) with an exception of !!! heart !!!
- Adrenal medulla
  - Modified sympathetic ganglion
  - „Transmitters“ (stress hormones) secreted into the blood stream
    - Norepinephrine
    - Epinephrine

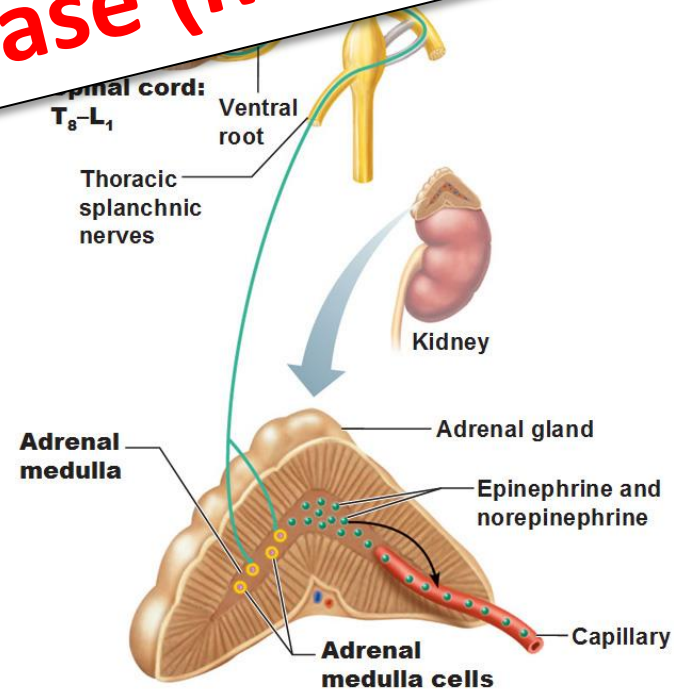
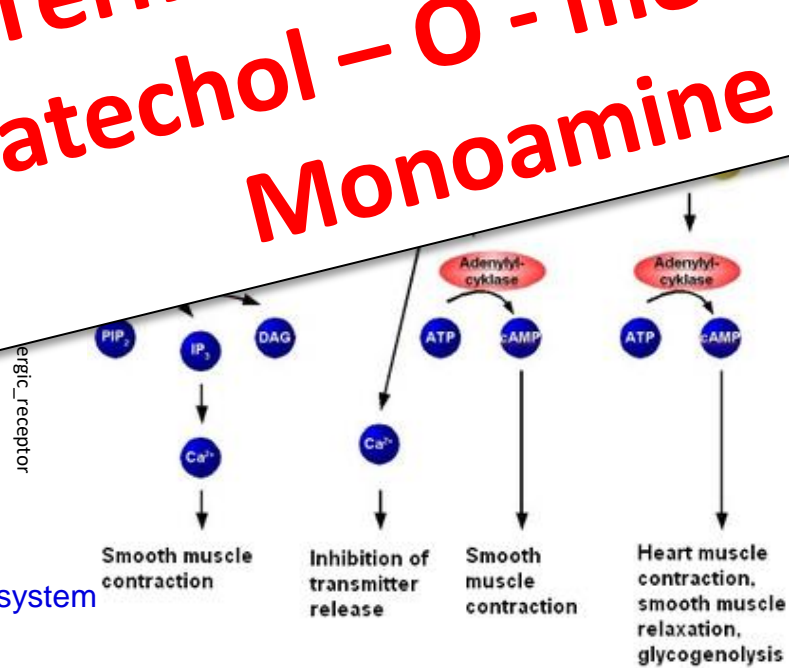




# Norepinephrine

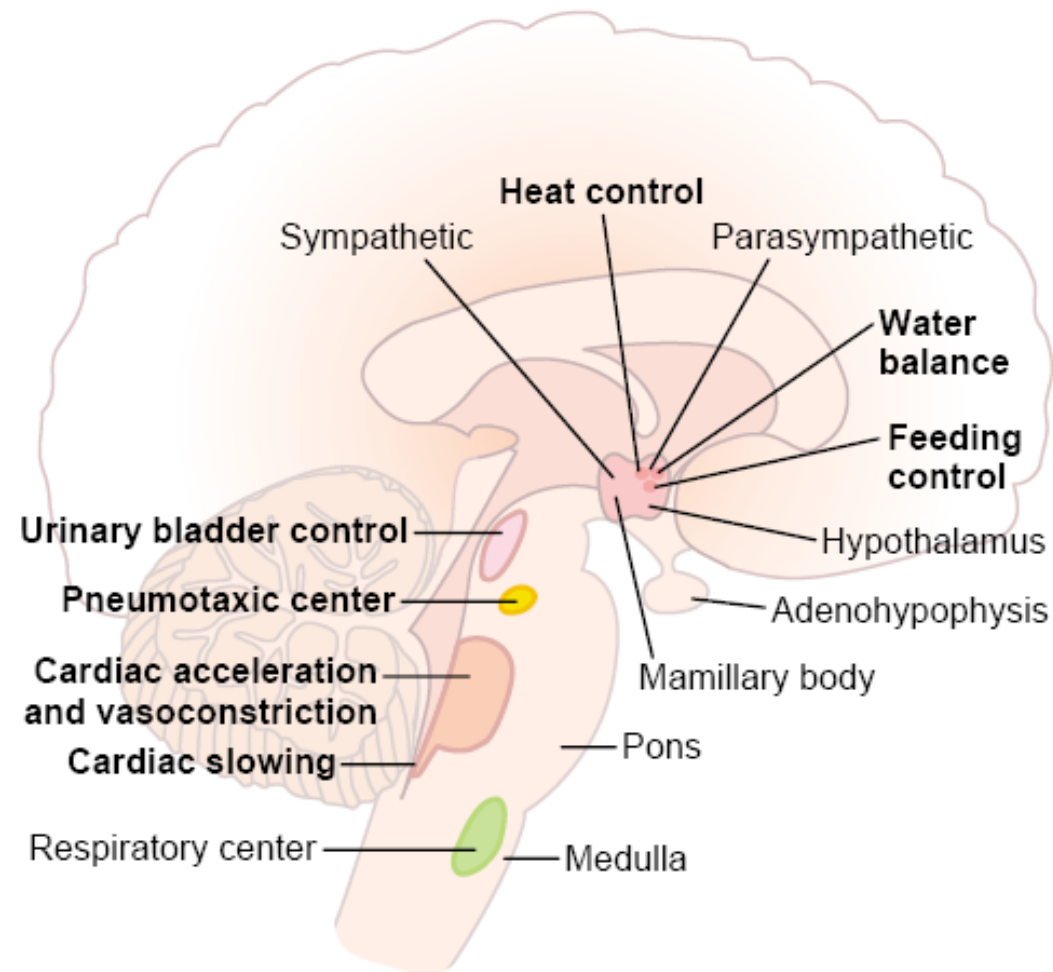
- Postganglionic sympathetic fibers
- Adrenergic receptor
  - G-coupled
  - $\alpha$  type – generally excitatory (contractile) with an exception of GIT
  - $\beta$  type – generally inhibitory
- Adrenal medulla
  - Modified sympathetic fibers

**Termination of synaptic transmission  
Catechol – O - methyltransferase (COMT)  
Monoamine oxidase (MAO)**



<http://antranik.org/wp-content/uploads/2011/11/the-adrenal-medulla-of-the-adrenal-gland-epinephrine-norepinephrine-splanchnic-nerves.jpg>

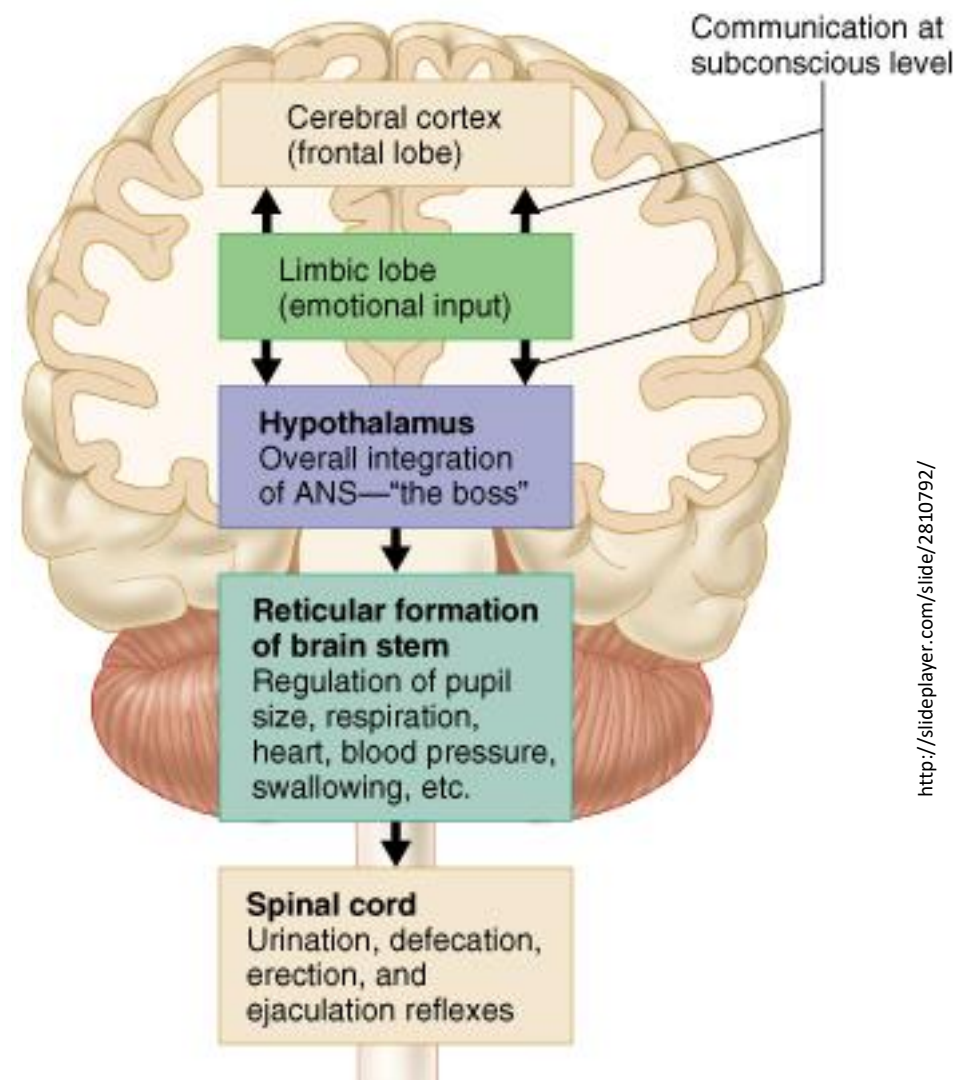
# Brain centers controlling autonomic nervous system





# Brain centers controlling autonomic nervous system

- Most of the regulations are unconscious and originate from the hypothalamus
- Strong emotional experiences or strong emotional memories can trigger autonomic response (usually sympathetic)



# Hypothalamus

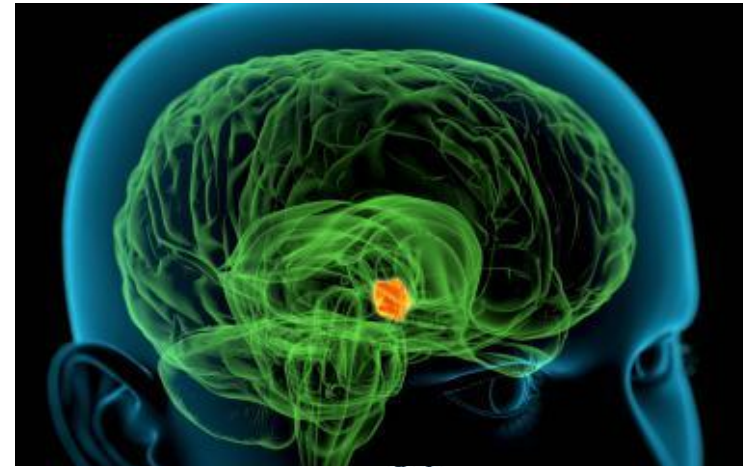
- Key center of autonomic regulations and coordination
- Integration of the information from inner and outer environment



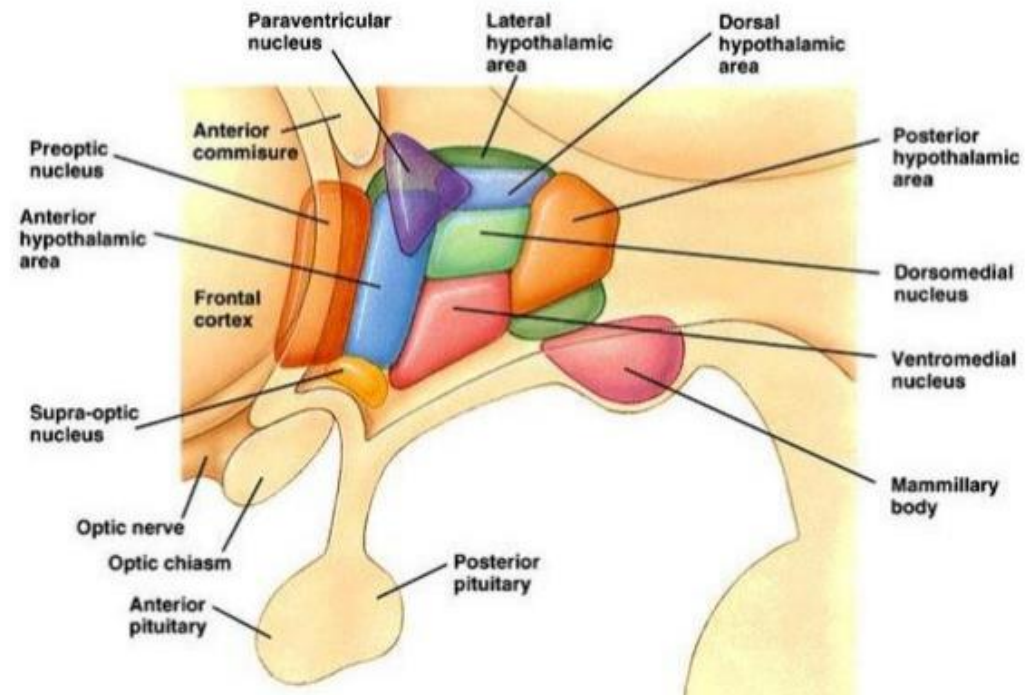
- Behavioral modulation
- Regulation of autonomic nervous system



- **Maintenance of homeostasis**



<http://biology.about.com/od/anatomy/pl/Hypothalamus.htm>



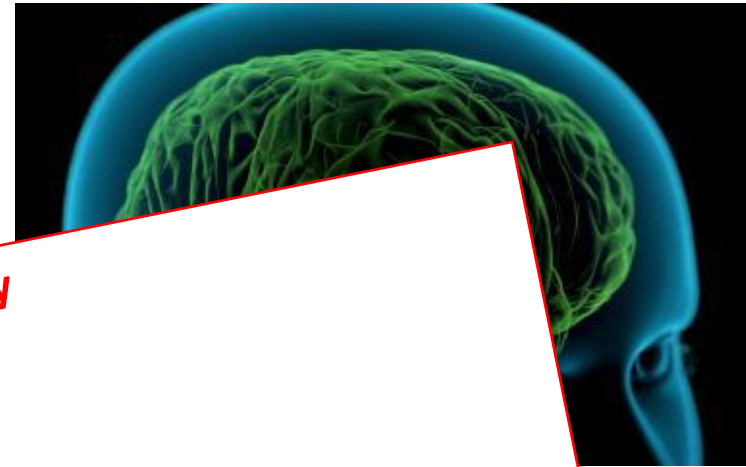
<http://www.slideshare.net/physiologymgmcri/hypothalamus-15-apr-2016>

# Hypothalamus

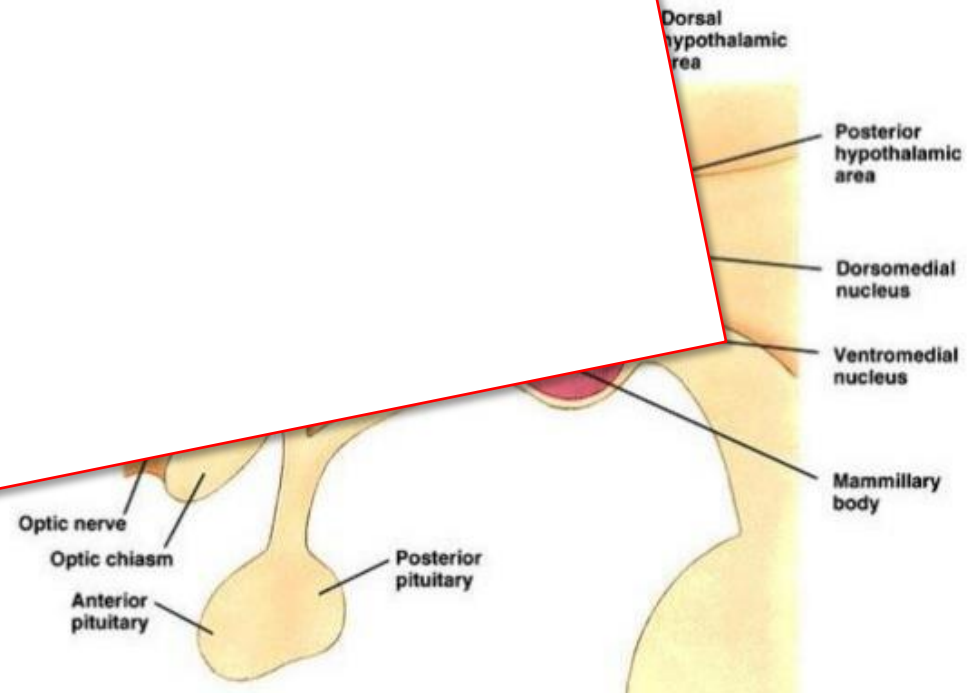
- Key center of autonomic regulations and coordination
- Integration of the information from inner and external environment

✓ **Biological clock – circadian /seasonal activity**

- Behavior
- Regulation of nervous system
- Maintenance of body temperature



<http://biology.about.com/od/anatomy/p/Hypothalamus.htm>



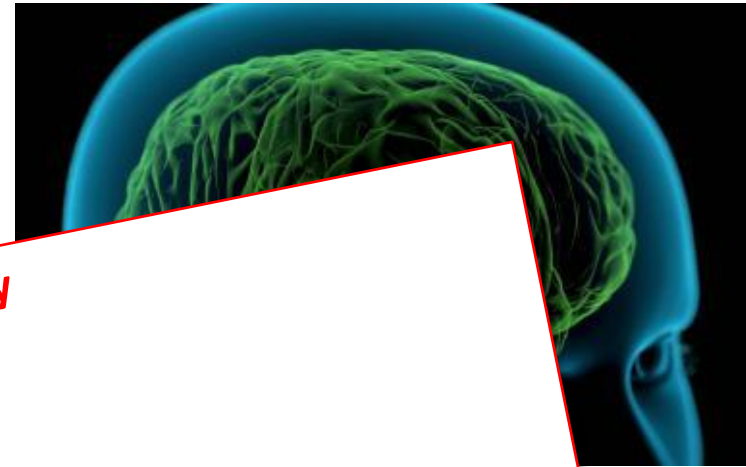
<http://www.slideshare.net/physiologymgmcri/hypothalamus-15-apr-2016>

# Hypothalamus

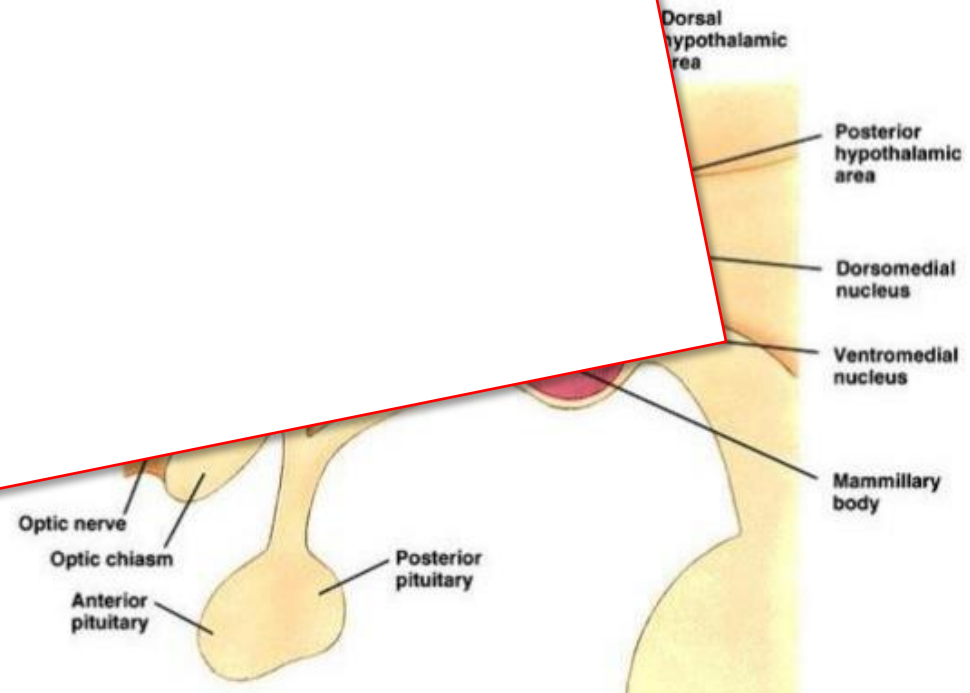
- Key center of autonomic regulations and coordination
- Integration of the information from inner and outer environment

- ✓ Biological clock – circadian /seasonal activity
- ✓ Autonomic nervous system regulation
- ✓ Endocrine system regulation
- ✓ Food and water intake regulation
- ✓ Regulation of body temperature

- Behavior
- Regulation of nervous system
- Maintenance of homeostasis



<http://biology.about.com/od/anatomy/pl/Hypothalamus.htm>



<http://www.slideshare.net/physiologymgmcri/hypothalamus-15-apr-2016>



# Hypothalamus

- Key center of autonomic regulations and coordination
- Integration of the information from inner and outer environment

✓ **Biological clock – circadian /seasonal activity**

✓ **Autonomic nervous system regulation**

✓ **Endocrine system regulation**

✓ **Food and water intake regulation**

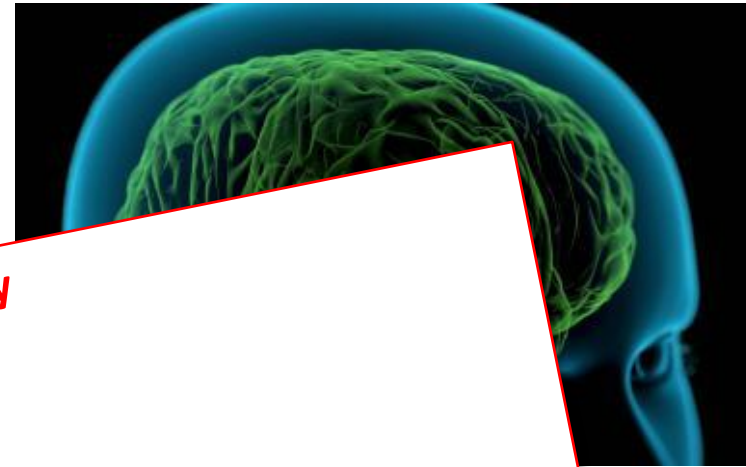
✓ **Regulation of body temperature**

✓ **„Immediate“ behavior regulation (e.g. when hunger)**

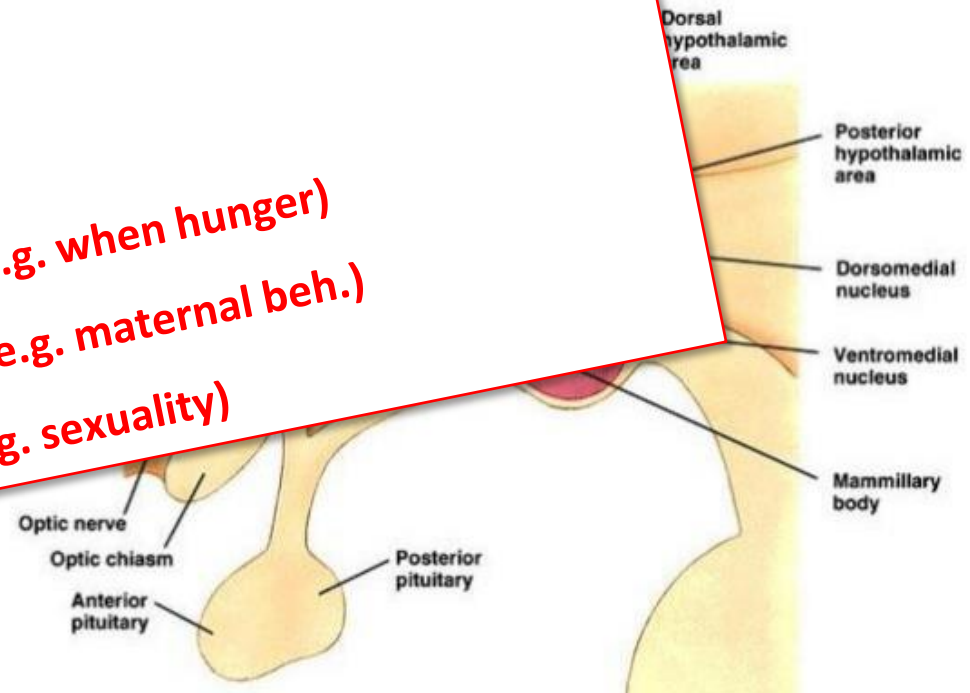
✓ **„Long-term“ behavior regulation (e.g. maternal beh.)**

✓ **Instinctive behavior regulation (e.g. sexuality)**

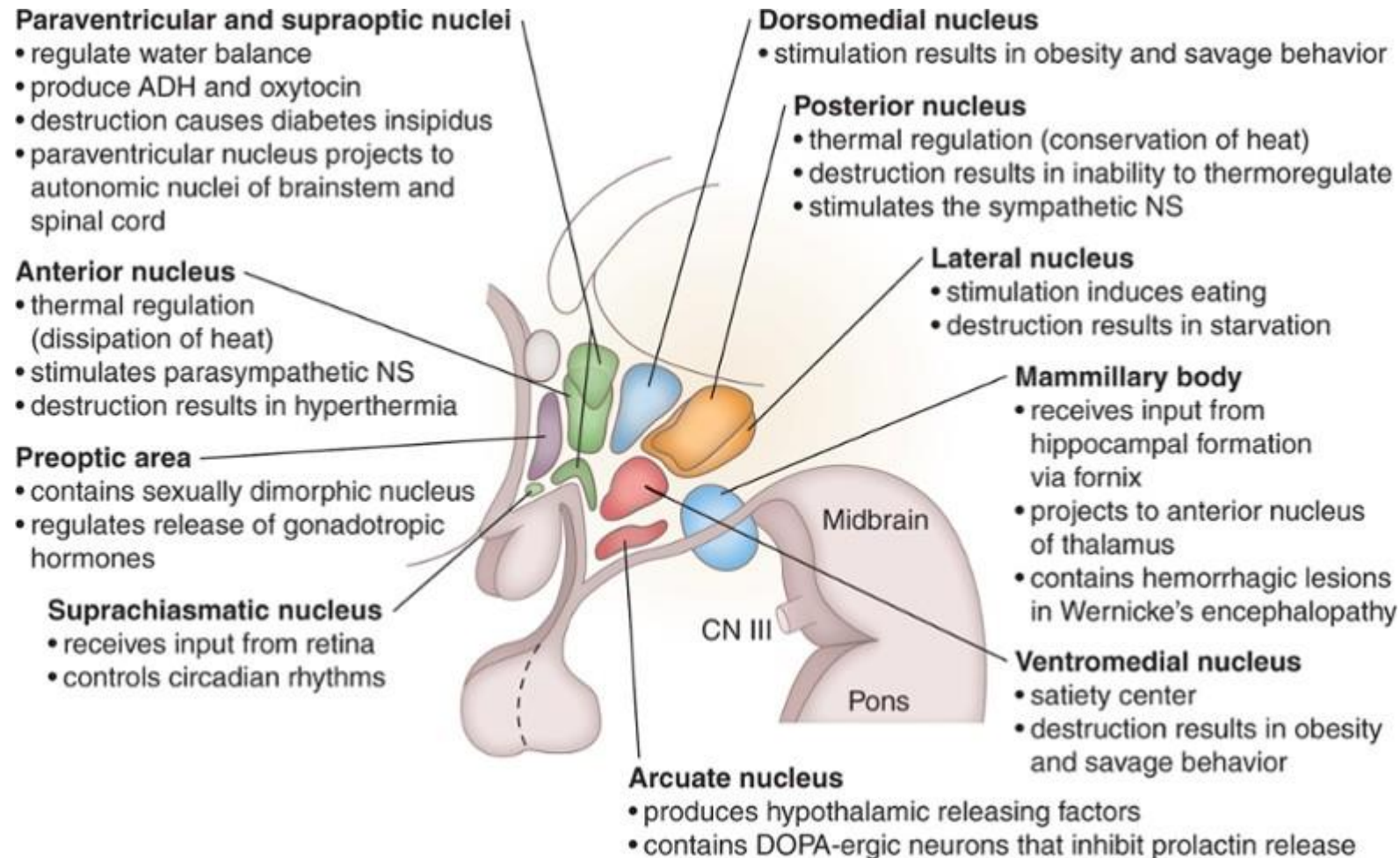
- Behavior
- Regulation of nervous system
- Maintenance of homeostasis



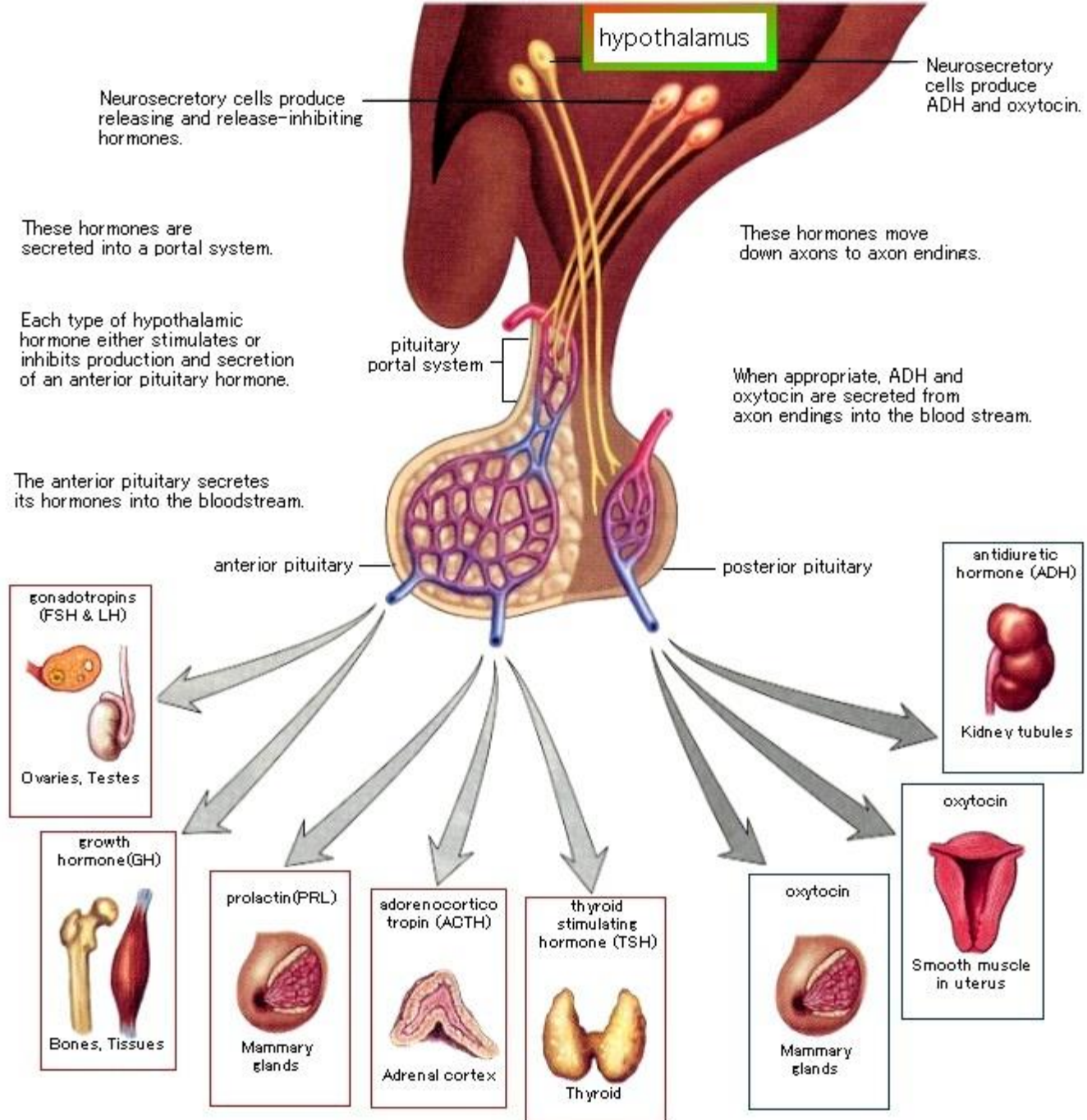
<http://biology.about.com/od/anatomy/pl/Hypothalamus.htm>



# Hypothalamus



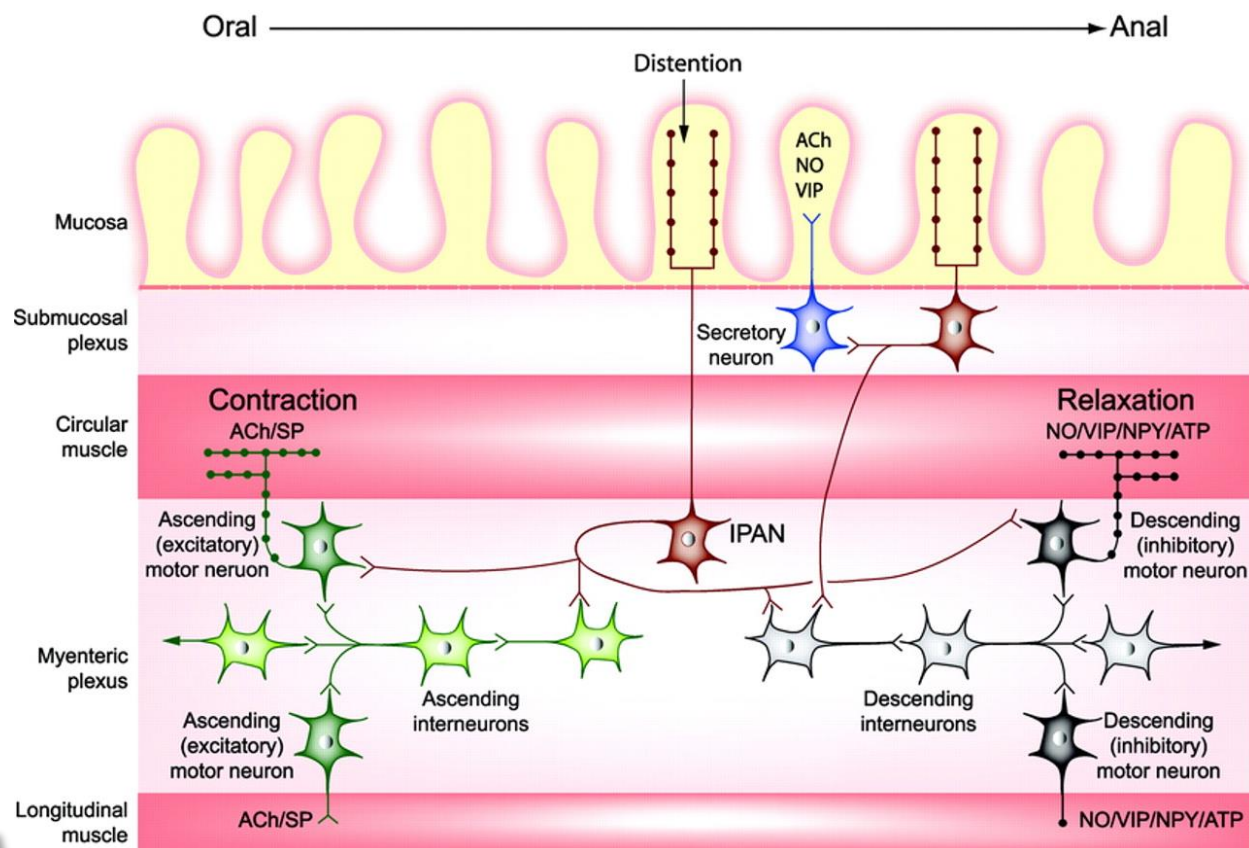
[https://d26zfesik67yjk.cloudfront.net/361c35841d554b30a85962e9a342c8a9/c7af8f76e1dd465ba5b886ad34a65c20/e21bfc6faf2b4e4c82dd247369a7f260/40cbc004f494419eab4552fbc298e645.jpg?Policy=eyJ0dGF0ZW1lbnQiOiBbeyJSZXNvdXJzI6Ij0dHRwczovL2QyNnpmZXNpazY3eWprLmNsb3VkZnJvbnQubmV0LzI2MWMWzNTg0MWMQ1NTRiMzBhODU5NjJIOWEzNDJjOGE5L2M3YWY4Zjc2ZTFkZDQ2NWJhNWVlODZhZDM0YTY1YzlwLWoiLCAiQ29uZGI0aW9uUlJogeyJEYXRITGVzc1RoYW4iOiB7IkFXUzpfCG9jaFRpbWUiOiAxNTc3ODY1NjAwfX19XX0\\_&Signature=OOebw4KROVFSKJaiXcJfMaolrqY0gYGE--PMKJbJ5cdHF-twpl3a-1J~Ltufp4SQQJ3~LyWEmkxqMhfq-WV-D3Z-y~yb-TDc~BWTfNf77cAbQdAm1CTrPbrHEqfB36ho4B5nZdKO4hit4WiR6kHloxXfZk69QrdJt5ulGuPrbbimAHLwGW-qRxs4bsW2nj41kxIN7z6MS8Dle7~XMAPsuQ1UkmylawBBEz~75vs4Q6cylCLEPT3B2e8qBpVR8y54h9gY63Uw4iohFPk2mmoa~FAWmc6yFPZU9kK~u7cq~39~uJEIYKc8W5Vy2IsDGeBtJfkAg3qWYdV9N2bXIA\\_\\_&Key-Pair-Id=APKAJY4Y3HIBJ7S76A](https://d26zfesik67yjk.cloudfront.net/361c35841d554b30a85962e9a342c8a9/c7af8f76e1dd465ba5b886ad34a65c20/e21bfc6faf2b4e4c82dd247369a7f260/40cbc004f494419eab4552fbc298e645.jpg?Policy=eyJ0dGF0ZW1lbnQiOiBbeyJSZXNvdXJzI6Ij0dHRwczovL2QyNnpmZXNpazY3eWprLmNsb3VkZnJvbnQubmV0LzI2MWMWzNTg0MWMQ1NTRiMzBhODU5NjJIOWEzNDJjOGE5L2M3YWY4Zjc2ZTFkZDQ2NWJhNWVlODZhZDM0YTY1YzlwLWoiLCAiQ29uZGI0aW9uUlJogeyJEYXRITGVzc1RoYW4iOiB7IkFXUzpfCG9jaFRpbWUiOiAxNTc3ODY1NjAwfX19XX0_&Signature=OOebw4KROVFSKJaiXcJfMaolrqY0gYGE--PMKJbJ5cdHF-twpl3a-1J~Ltufp4SQQJ3~LyWEmkxqMhfq-WV-D3Z-y~yb-TDc~BWTfNf77cAbQdAm1CTrPbrHEqfB36ho4B5nZdKO4hit4WiR6kHloxXfZk69QrdJt5ulGuPrbbimAHLwGW-qRxs4bsW2nj41kxIN7z6MS8Dle7~XMAPsuQ1UkmylawBBEz~75vs4Q6cylCLEPT3B2e8qBpVR8y54h9gY63Uw4iohFPk2mmoa~FAWmc6yFPZU9kK~u7cq~39~uJEIYKc8W5Vy2IsDGeBtJfkAg3qWYdV9N2bXIA__&Key-Pair-Id=APKAJY4Y3HIBJ7S76A)





# Enteric nervous system

- aprox. 500 mil. neurons
  - (brain aprox. 100 bil.)
  - (spinal cord aprox. 100 mil.)
- Plexus myentericus
- Plexus submucosus
- Sensory component
- Executive component
- Interneurons
- High level of autonomy
  - „brain in the gut“



[http://www.slideshare.net/carmencrivii/central-nervous-system-the-autonomic-nervous-system?qid=d1502190-93fe-4b05-9d92-6a42e3ca72fc&v=&b=&from\\_search=8](http://www.slideshare.net/carmencrivii/central-nervous-system-the-autonomic-nervous-system?qid=d1502190-93fe-4b05-9d92-6a42e3ca72fc&v=&b=&from_search=8)

**Microbiome**

# Enteric nervous system

- Autonomy
  - Control of motility
  - Control of secretion
  - Control of blood flow
- Autonomic nervous system
  - Whole GIT regulation
  - Coordination of all organ systems activities

## The Brain in Your Gut

The gut's brain, known as the enteric nervous system, is located in sheaths of tissue lining the esophagus, stomach, small intestine and colon.

### SMALL INTESTINE CROSS SECTION

#### Submucosal plexus

Layer contains sensory cells that communicate with the myenteric plexus and motor fibers that stimulate the secretion of fluids into the lumen.

#### Myenteric plexus

Layer contains the neurons responsible for regulating the enzyme output of adjacent organs.

#### Lumen

No nerves actually enter this area, where digestion occurs. The brains in the head and gut have to monitor conditions in the lumen across the lining of the bowel.

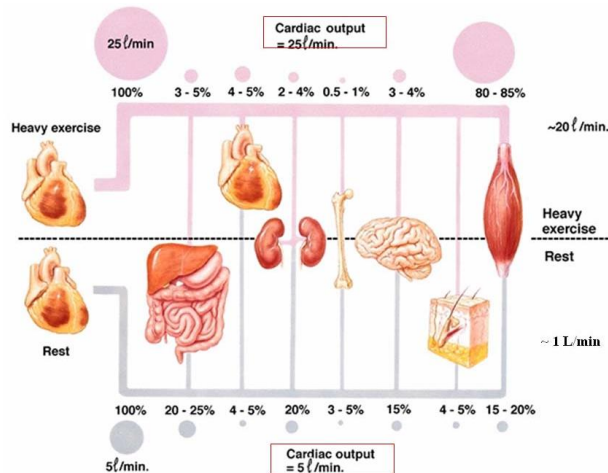
**Mesentery**  
Attaches the bowel to the body wall and contains major arteries, veins, lymphatics and external nerves.

Source: Dr. Michael D. Gershon, Columbia University

<https://kin450-neurophysiology.wikispaces.com/file/view/gut.jpg/187924395/gut.jpg>

# Enteric nervous system

- Autonomy
  - Control of motility
  - Control of secretion
  - Control of blood flow
- Autonomic nervous system
  - Whole GIT regulation
  - Coordination of all organ systems activities



## The Brain in Your Gut

The gut's brain, known as the enteric nervous system, is located in sheaths of tissue lining the esophagus, stomach, small intestine and colon.

### SMALL INTESTINE CROSS SECTION

#### Submucosal plexus

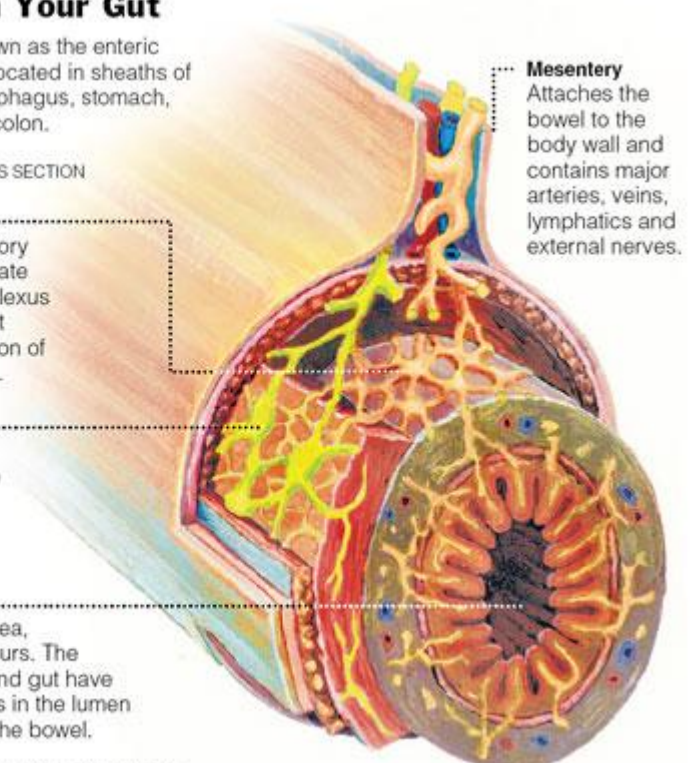
Layer contains sensory cells that communicate with the myenteric plexus and motor fibers that stimulate the secretion of fluids into the lumen.

#### Myenteric plexus

Layer contains the neurons responsible for regulating the enzyme output of adjacent organs.

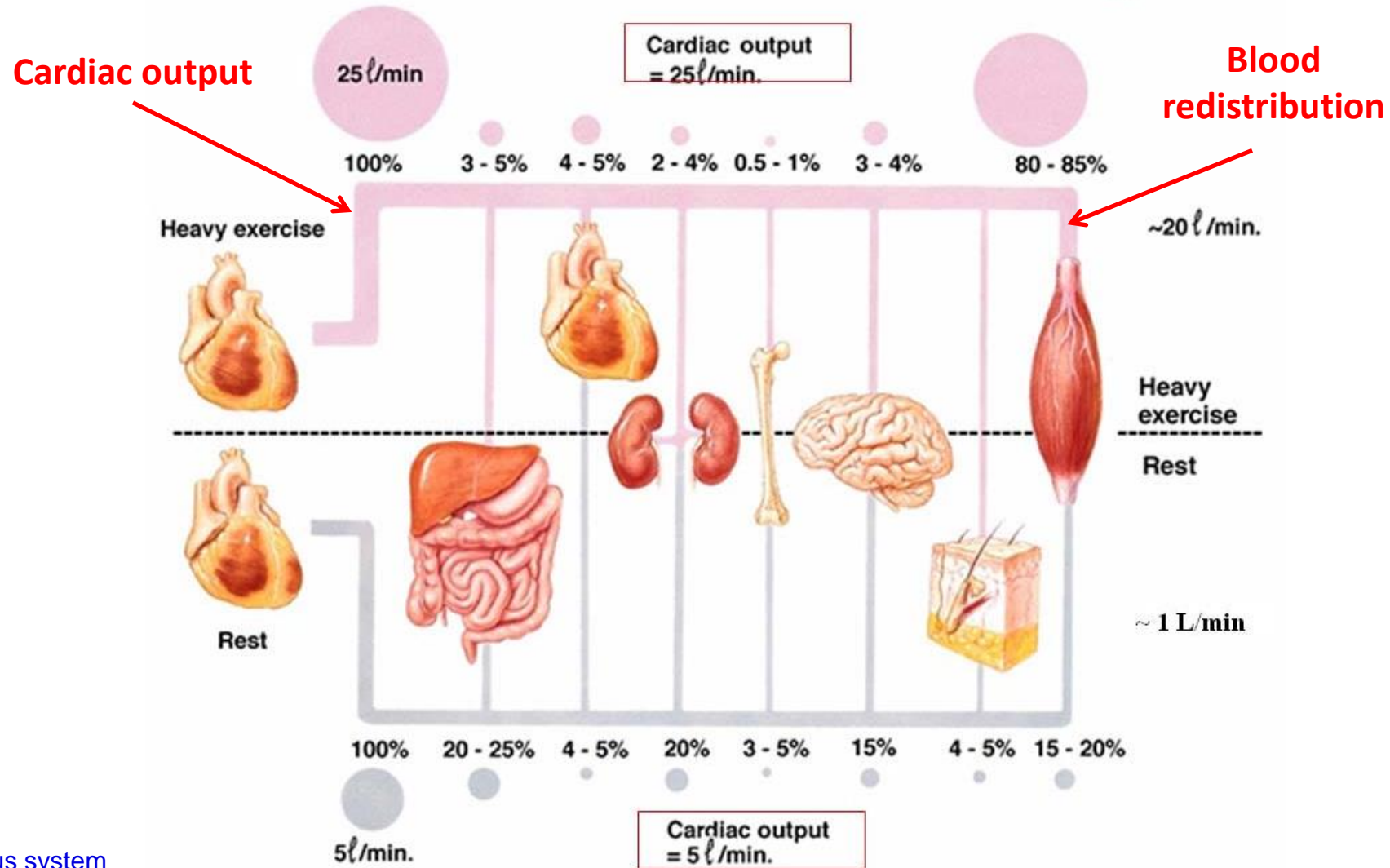
**Lumen** No nerves actually enter this area, where digestion occurs. The brains in the head and gut have to monitor conditions in the lumen across the lining of the bowel.

Source: Dr. Michael D. Gershon, Columbia University



<https://kin450-neurophysiology.wikispaces.com/file/view/gut.jpg/187924395/gut.jpg>

# ANS and cardiovascular system

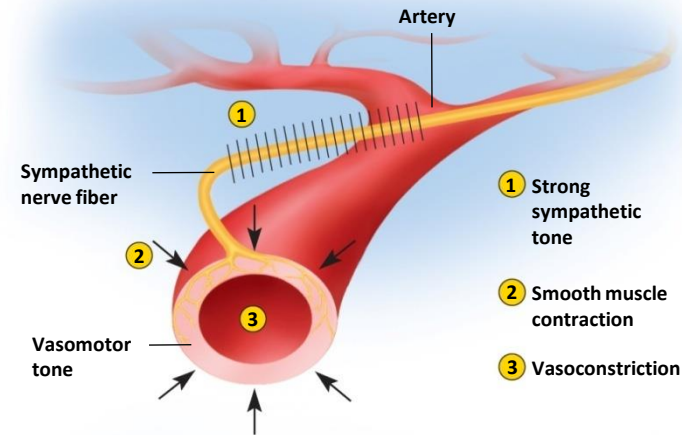




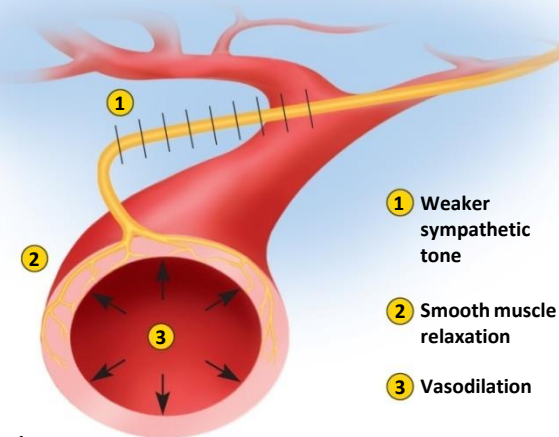
# ANS and cardiovascular system

Copyright © The McGraw-Hill Companies, Inc. Permission required for reproduction or display.

- Local regulatory mechanisms play major role in vasoreactivity
- Sympathetic regulation
  - Skin vessels contraction
  - Muscle vessels dilatation
- Parasympathetic regulation
  - GIT vessels dilation



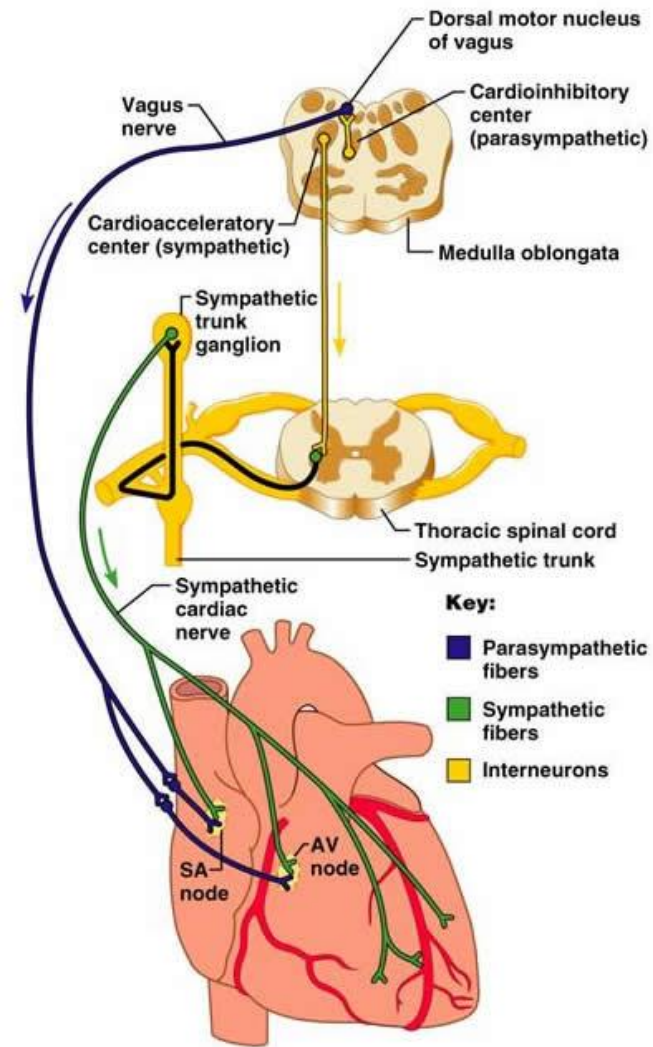
(a) Vasoconstriction



(b) Vasodilation

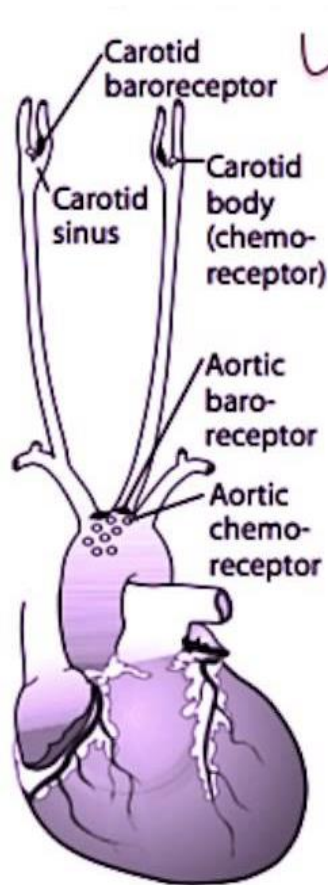
# ANS and cardiovascular system

- Sympathetic regulation
  - Heart rate increase
  - Contractility increase
  - Conductivity increase
- Parasympathetic regulation
  - Heart rate decrease
  - Contractility decrease
  - Conductivity decrease



[https://medwrite.biz/58603\\_vagus\\_nerve\\_anatomy/](https://medwrite.biz/58603_vagus_nerve_anatomy/)

# Baroreceptors a chemoreceptors



## Receptors:

1. Aortic arch transmits via vagus nerve to medulla (responds **only** to  $\uparrow$  BP)
2. Carotid sinus transmits via glossopharyngeal nerve to solitary nucleus of medulla (responds to  $\downarrow$  and  $\uparrow$  in BP).

## Baroreceptors:

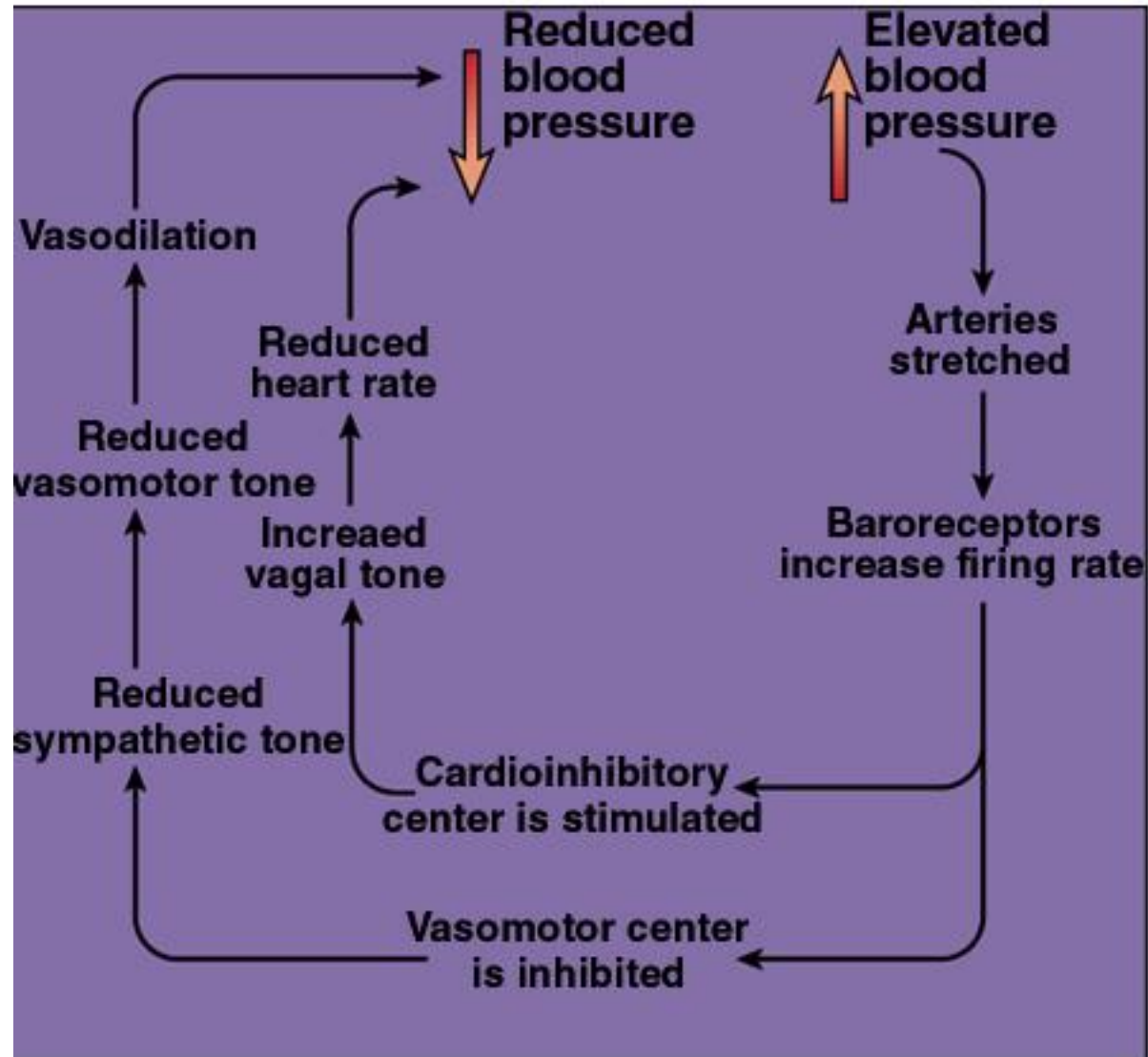
1. Hypotension —  $\downarrow$  arterial pressure  $\rightarrow$   $\downarrow$  stretch  $\rightarrow$   $\downarrow$  afferent baroreceptor firing  $\rightarrow$   $\uparrow$  efferent sympathetic firing and  $\downarrow$  efferent parasympathetic stimulation  $\rightarrow$  vasoconstriction,  $\uparrow$  HR,  $\uparrow$  contractility,  $\uparrow$  BP. Important in the response to severe hemorrhage.
2. Carotid massage —  $\uparrow$  pressure on carotid artery  $\rightarrow$   $\uparrow$  stretch  $\rightarrow$   $\uparrow$  afferent baroreceptor firing  $\rightarrow$   $\downarrow$  HR.

## Chemoreceptors:

1. Peripheral — carotid and aortic bodies respond to  $\downarrow$   $PO_2$  ( $< 60$  mmHg),  $\uparrow$   $PCO_2$ , and  $\downarrow$  pH of blood.
2. Central — respond to changes in pH and  $PCO_2$  of brain interstitial fluid, which in turn are influenced by arterial  $CO_2$ . Do not directly respond to  $PO_2$ . Responsible for Cushing reaction —  $\uparrow$  intracranial pressure constricts arterioles  $\rightarrow$  cerebral ischemia  $\rightarrow$  hypertension (sympathetic response)  $\rightarrow$  reflex bradycardia. Note: Cushing triad = hypertension, bradycardia, respiratory depression.

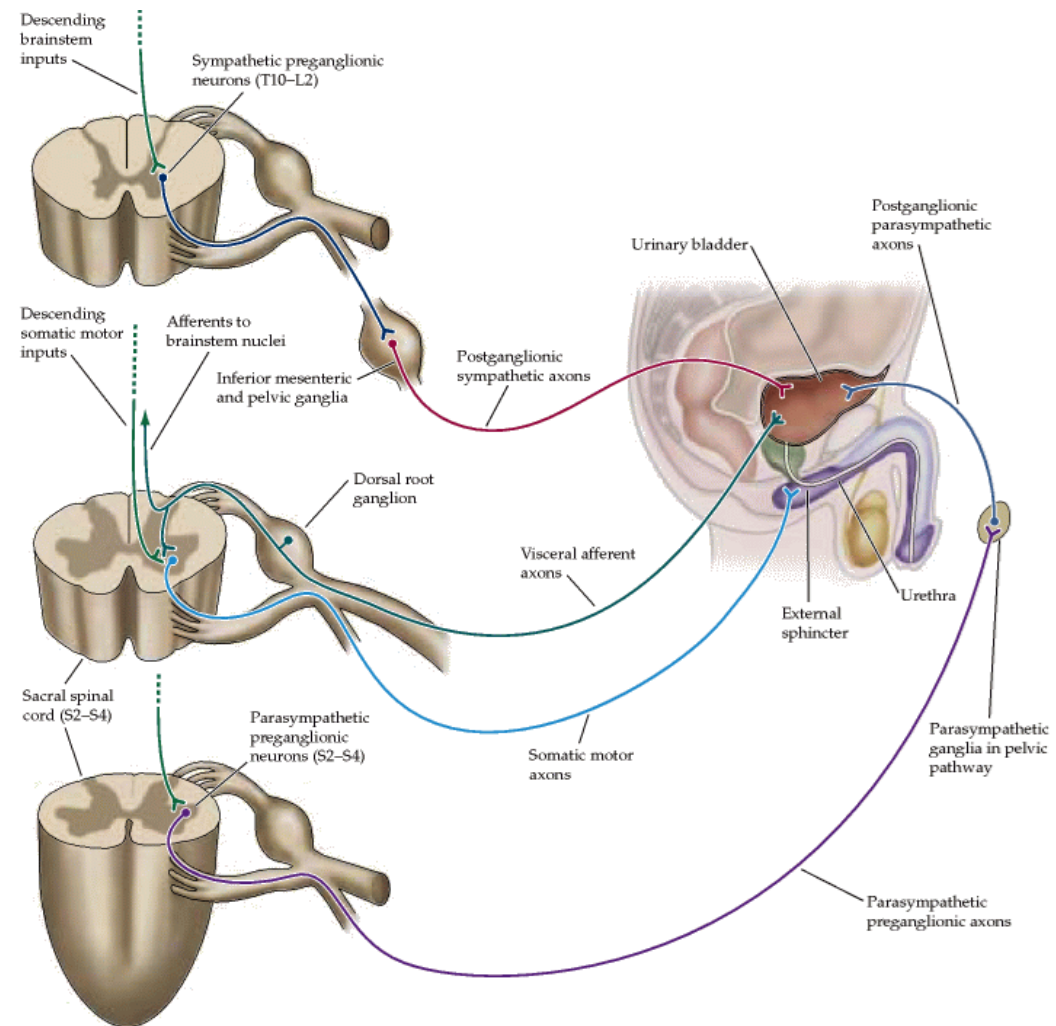


# Baroreflex



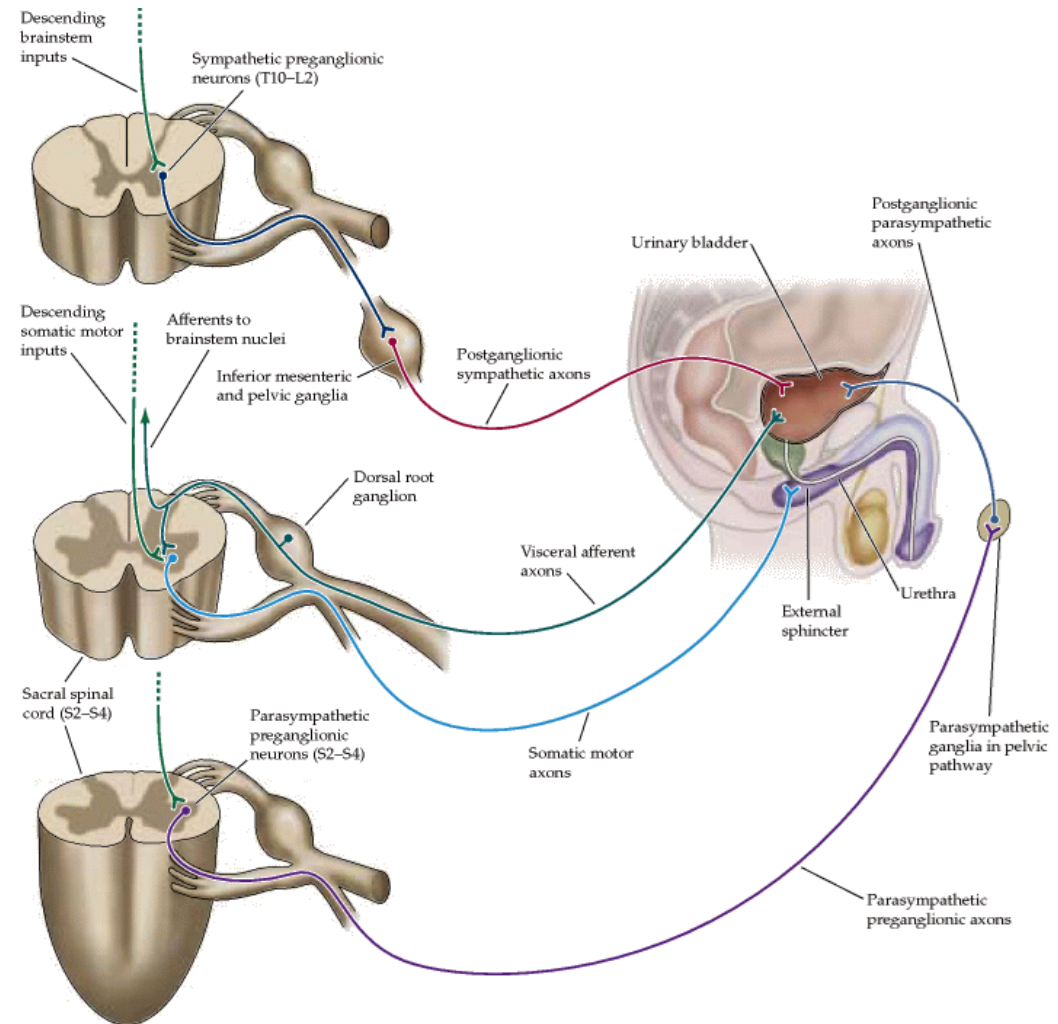
# ANS and urinary bladder

- Sympathetic regulation
  - Detrusor relaxation
  - Sphincter contraction
- Parasympathetic regulation
  - Detrusor contraction
  - Sphincter relaxation



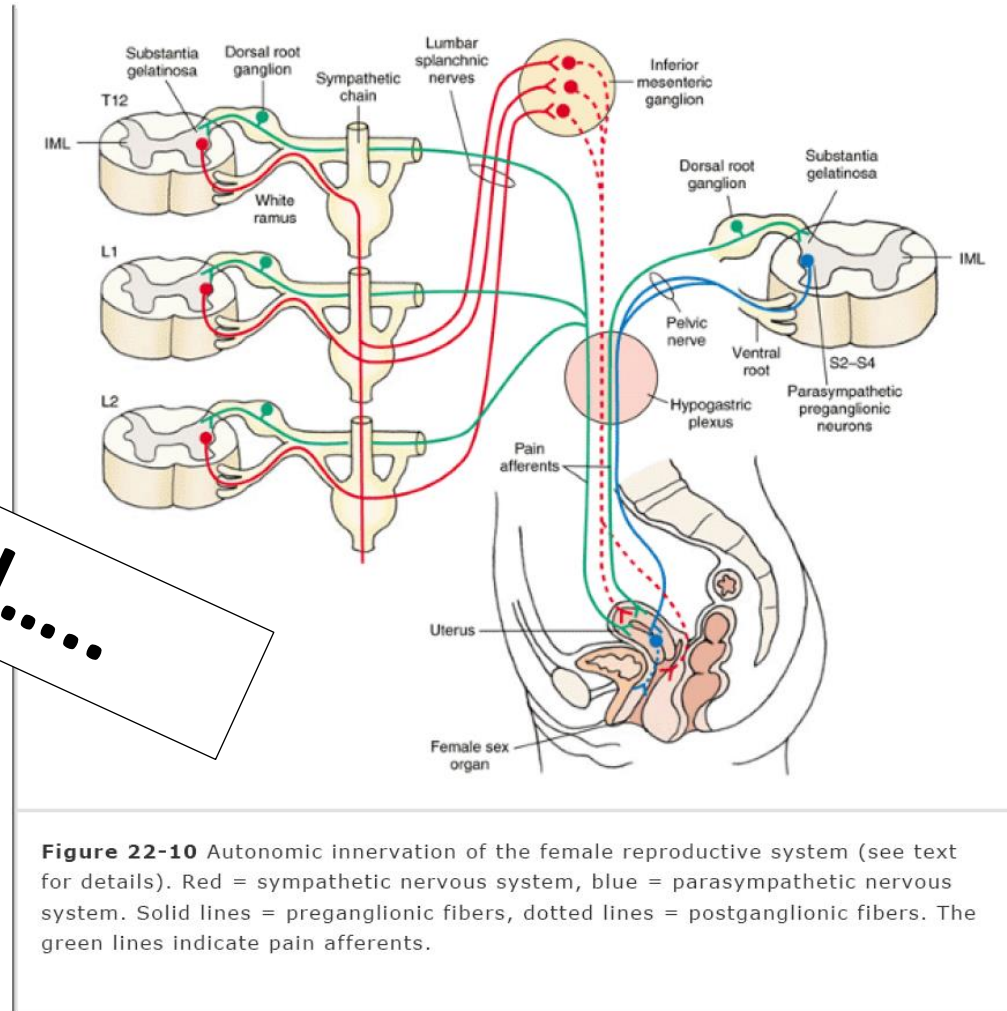
# ANS and male reproductive system

- Parasympathetic reg.
  - Erection
- Sympathetic reg.
  - Ejaculation



# ANS and female reproductive system

Very complicated....



**Figure 22-10** Autonomic innervation of the female reproductive system (see text for details). Red = sympathetic nervous system, blue = parasympathetic nervous system. Solid lines = preganglionic fibers, dotted lines = postganglionic fibers. The green lines indicate pain afferents.



## 82. The basic division and functions of autonomic nervous system

- Definition of autonomic nervous system
- Somatic and autonomic nervous system comparison (function, synapse reflex circuit...)
- Comparison of sympathetic and parasympathetic division
- Basic characteristics of neurotransmitter and receptor systems (description of autonomic innervation of particular systems is covered in each organ system separately)
- Examples of brain centers controlling the autonomic nervous system (both in hypothalamus, brain stem...)
- Pupillary light reflex
- Role of hypothalamus in essential regulations
- Brief characterization of enteric nervous system and its specifics

M U N I

M E D