



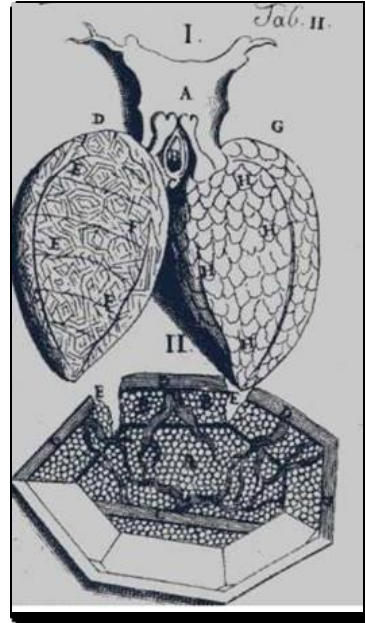
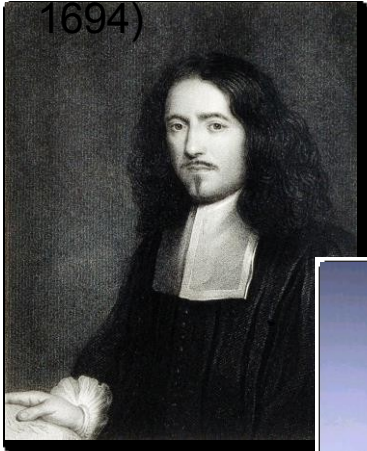
# Advanced microscopy techniques

Zuzana Tomášiková  
Cellular and Molecular Immunology,  
ICRC

# Microscopes allowed us to see the invisible...

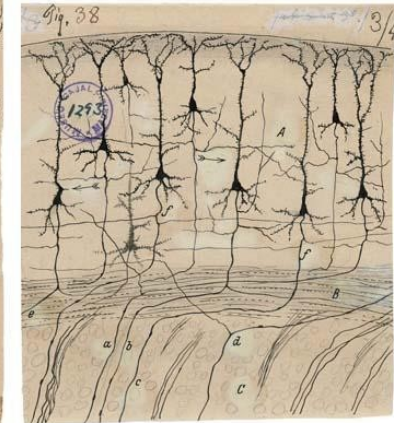
Marcello Malpighi (1628-

1694)



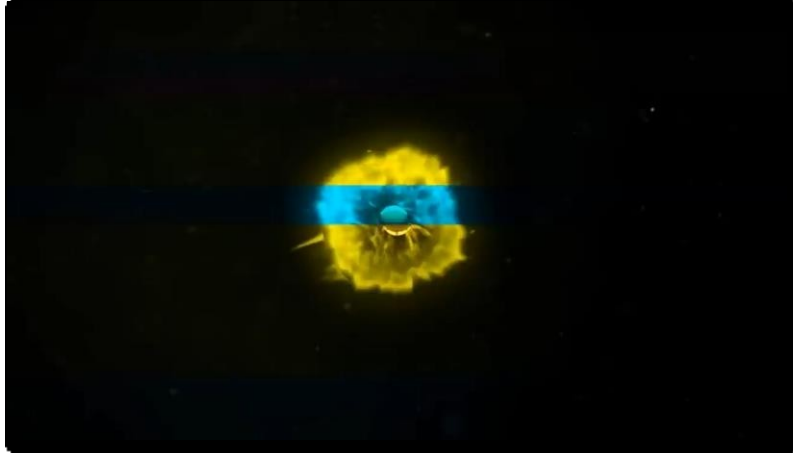
- Santiago Ramon y Cajal (1852-1934) Nobel prize 1906 “in recognition of his work on the structure of the nervous system”

- The first to observe capillaries in animals;
- Described the complex pulmonary structure;

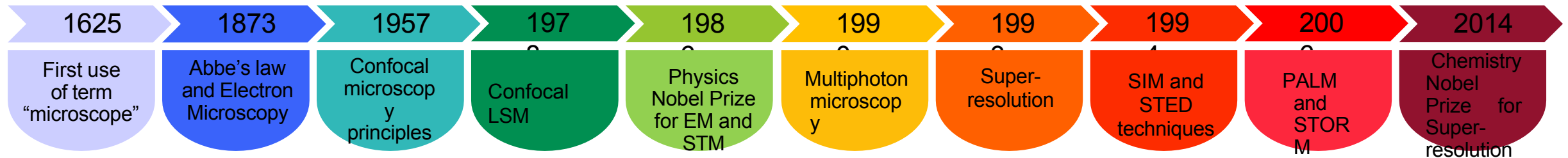


- Thanks to Golgi staining technique he was able to illustrate multiple structures of the nervous system, with particular attention to the multitude of neurons found in our brain

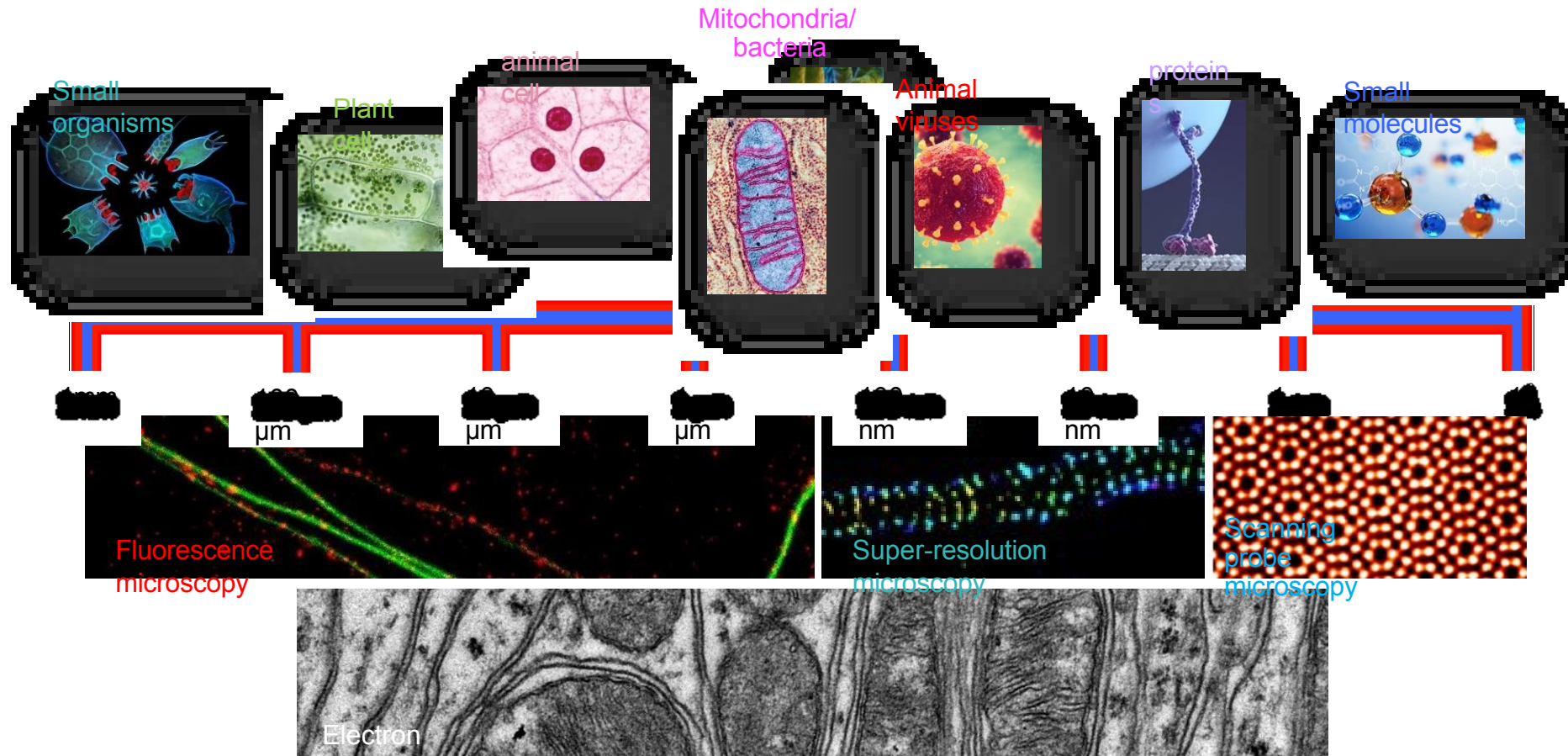
# Evolution of microscopes helped us to improve our knowledge on both microorganisms and our own anatomy



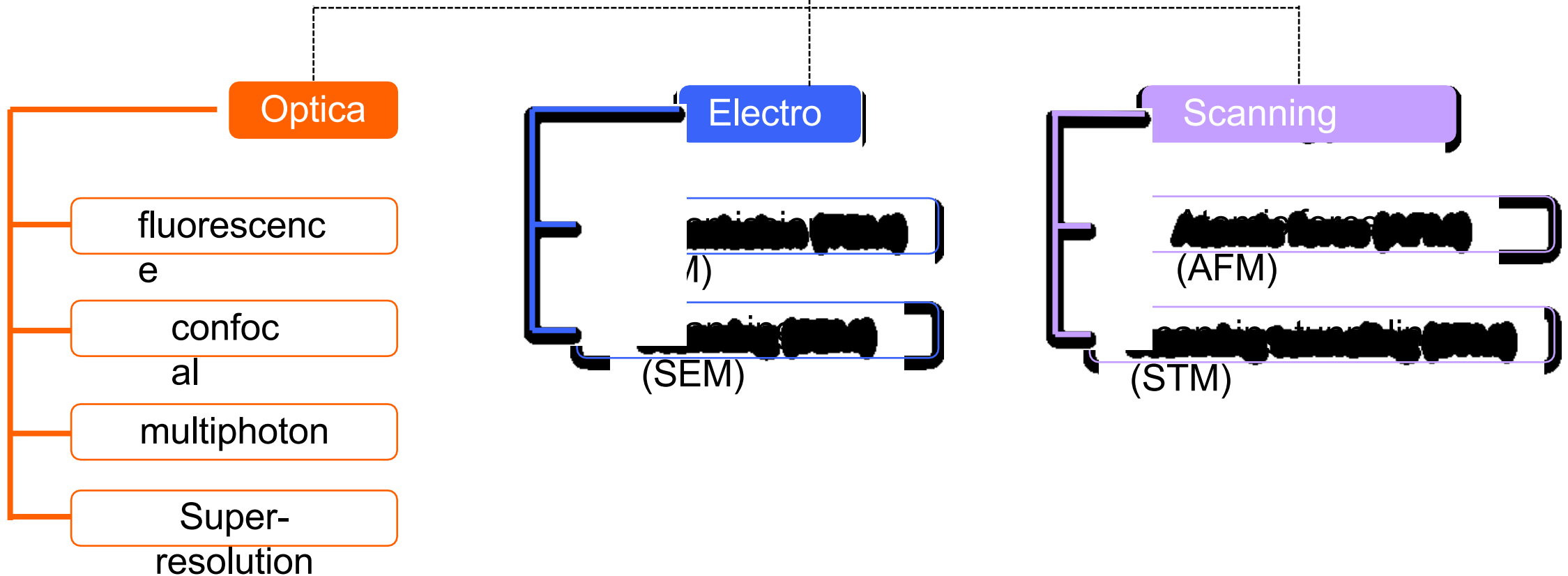
- Microscopy is one of the most powerful tool in many research fields;
- It gave us the possibility to unravel what is beyond the capacity to be seen by our eyes;
- Since the beginning of microscopy history breakthrough discoveries have been made (e.g., electron microscopy);
- Over the past two decades methods that can overcome the diffraction limit and allow the imaging of complex structures have emerged;



# Techniques for different scales



# Many microscopy techniques are available for different case-study





# Super-resolution microscopy



Michael D. Prizzi Chemistry 2014



Eric Betzig



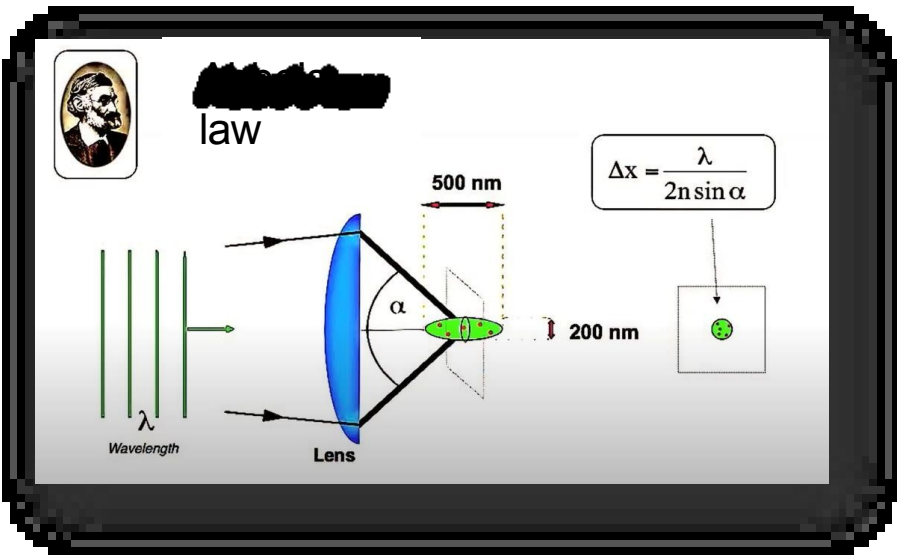
Stefan Hell



William Moerner



- **Labeling**
- **Immunocytochemistry approach**
- **Resolution (to sec)**
- **Resolution (20-50 nm)**
- **Resolution (interactions)**
- **Resolution (movement)**
- **Resolution (proteins)**

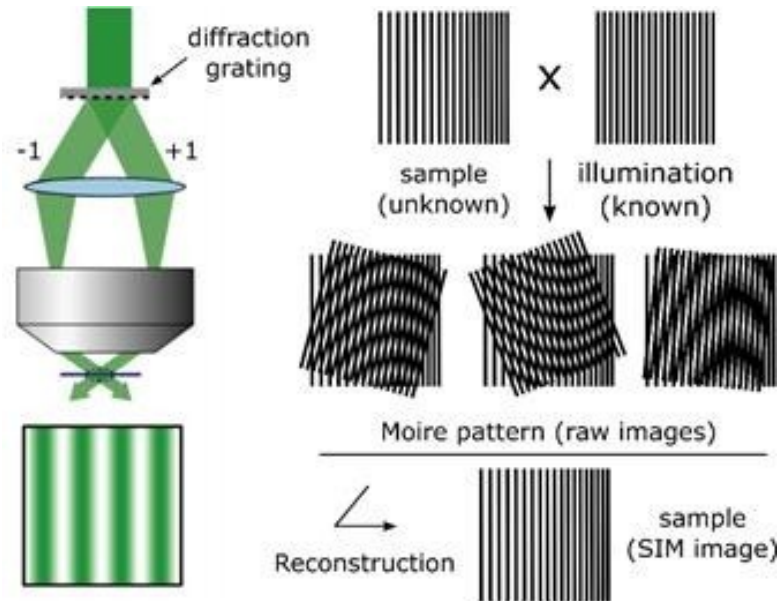


Structured Illumination Microscopy (SIM)

Stimulated Emission Depletion Microscopy (STED)

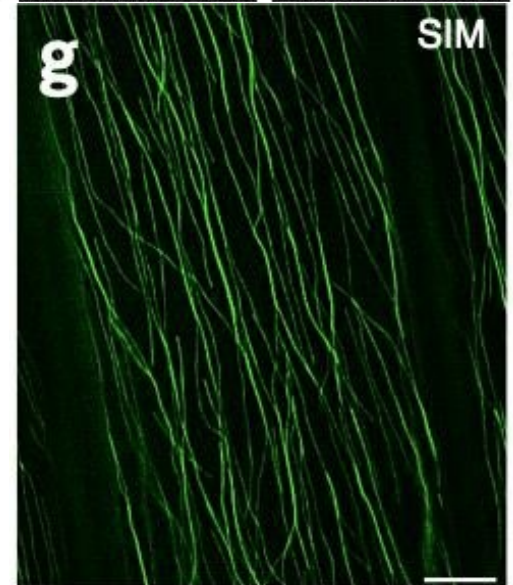
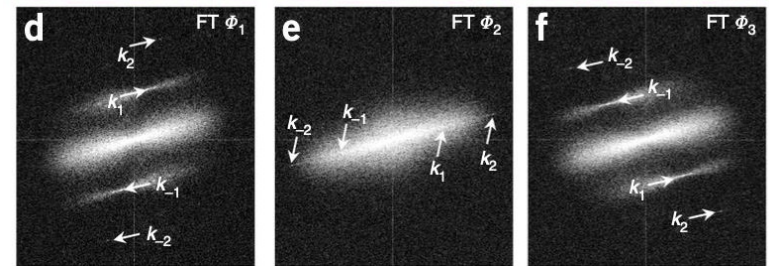
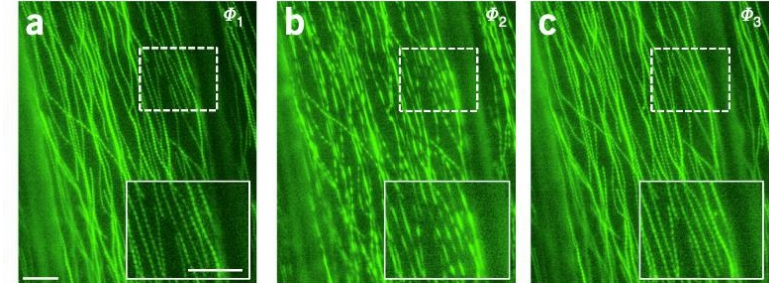
Single Molecule Localization Microscopy (SMLM)

# Structured Illuminated microscopy (SIM)



Different patterns

Different frequencies



- A sample with an unknown frequency pattern is illuminated with light of a KNOWN high-frequency pattern (moiré pattern);
- Angle changes to determine different patterns to apply for acquisition (15-25);

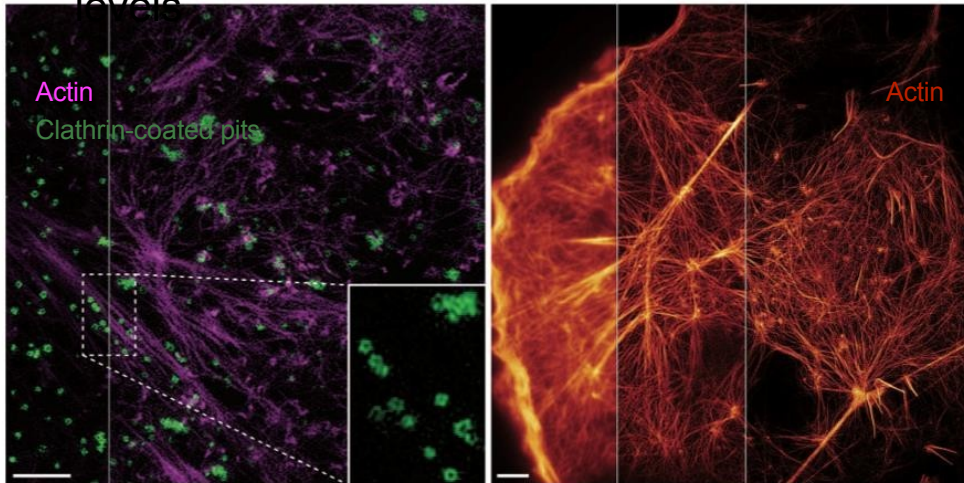
Processed image (overlap of many pattern/frequencies images)

GFP-labelled *Arabidopsis thaliana* microtubules



# What can we do with SIM?

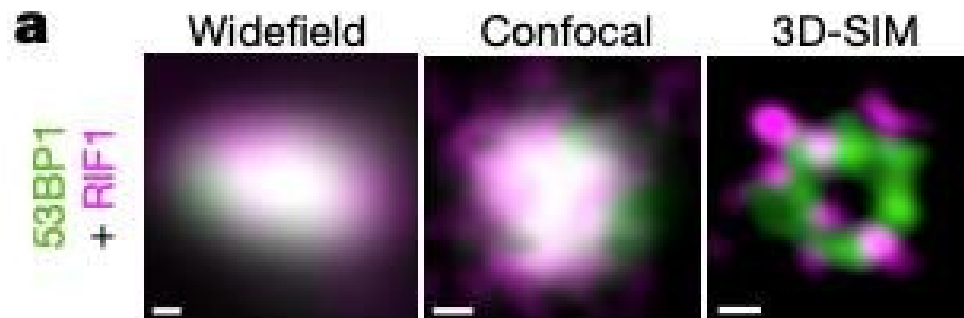
Visualization of proteins at high resolution levels



Li et al., 2015

Cortical actin and internal filaments in COS7 cells

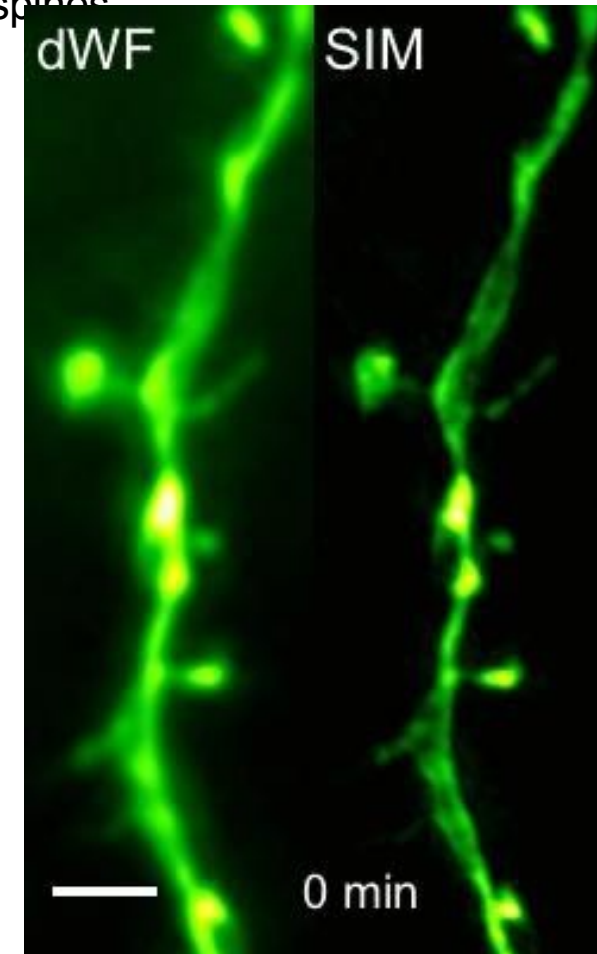
3D-SIM of DNA-damage repairing



Ochs et al., 2019

DNA-proteins visualized in Retinal epithelial human cells

SIM-Live imaging of dendritic spines

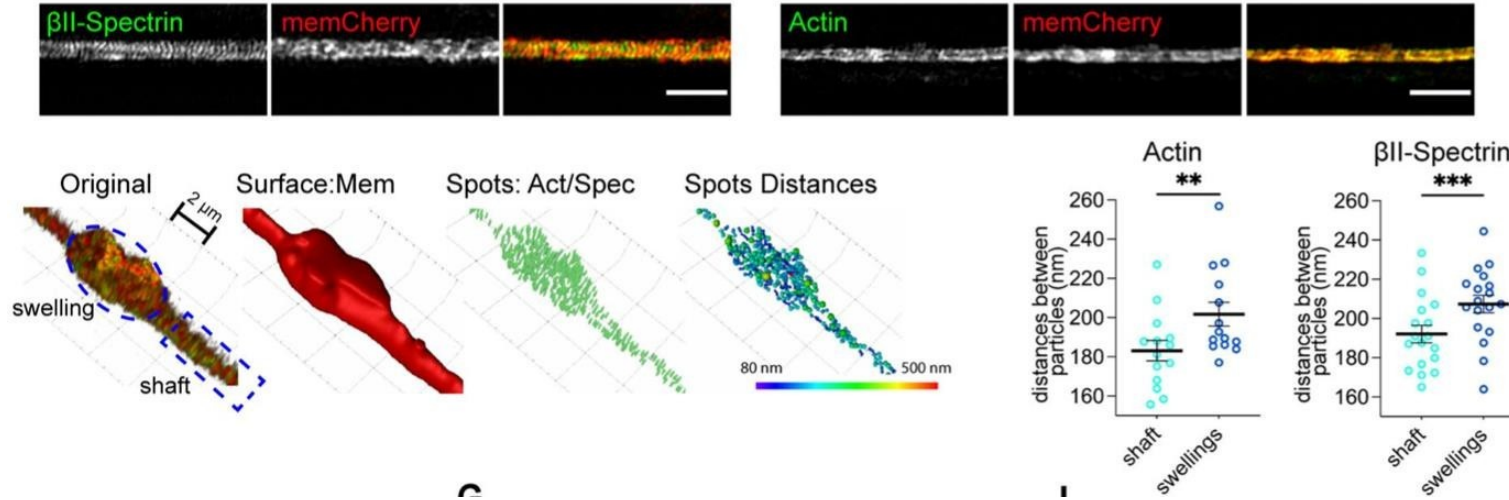


Turcotte et al., 2019

Cytosolic GFP expressed in mouse brain neurons

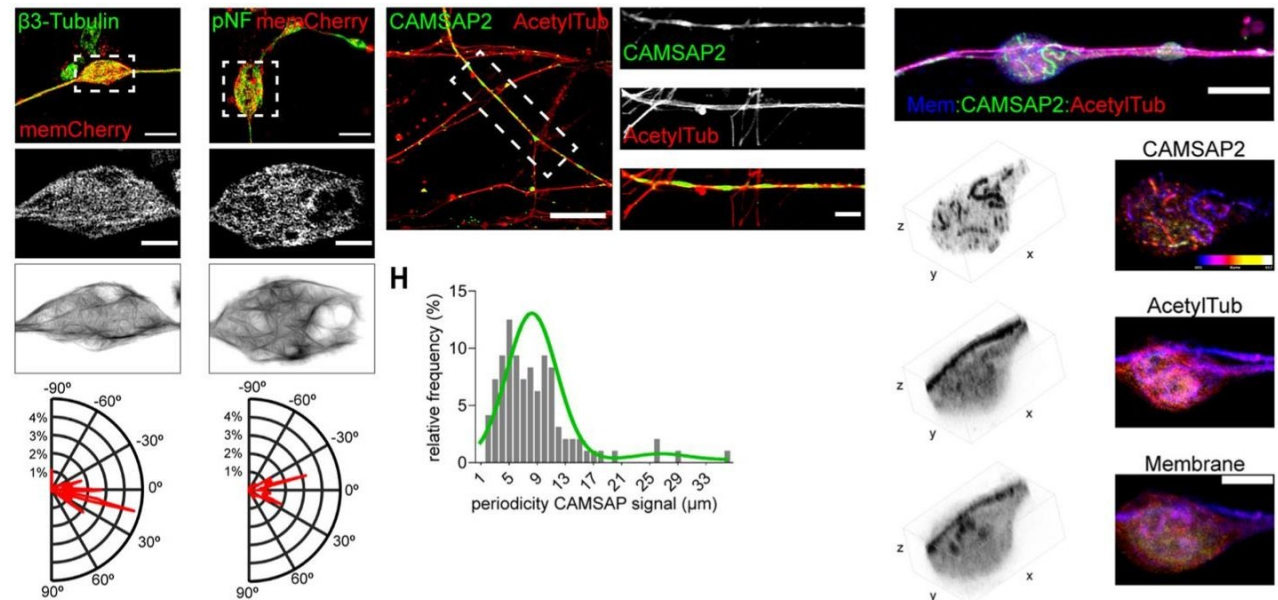


# Can we go a little bit further ? Organization of cytoskeletal proteins in an *in vitro* model of Trauma Brain Injury



Pozo Devoto et al., 2022

Figuring out details about proteins organization can help analyzing parameters such as **orientation**, **periodicity** of the protein in the cell, **changes in conformation** due to a pathological event



Unravel spatial organization of proteins and how it can change in specific conditions



# What are the main limitations of SIM?



1

## SPEED

The acquisition rate is limited by the movements of the illumination patterns (depends on the grating rotation options of the machine);

2

## SAMPLE QUALITY

Poor quality sample could lead to a wrong or no modulation of the grating pattern, requiring higher exposure, which can damage the sample;

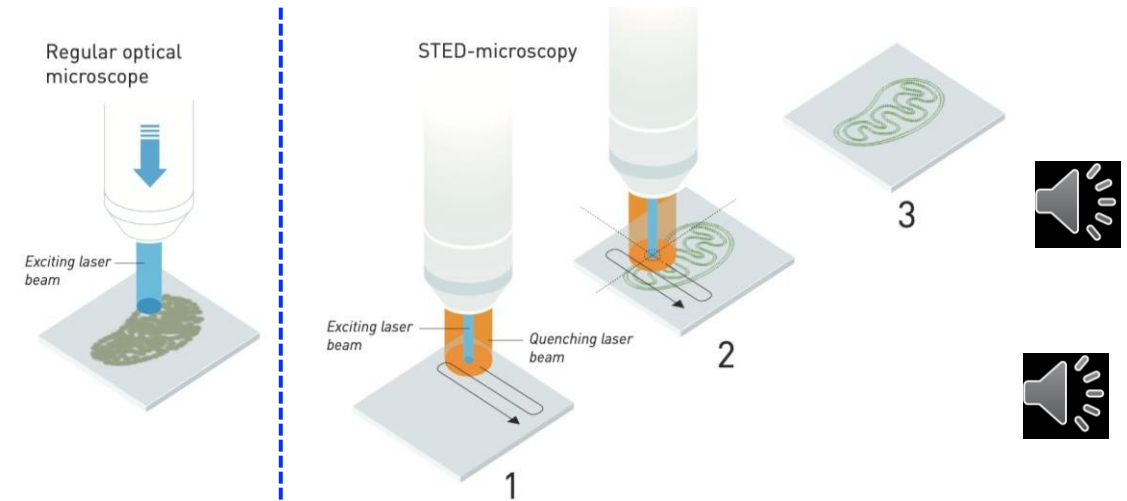
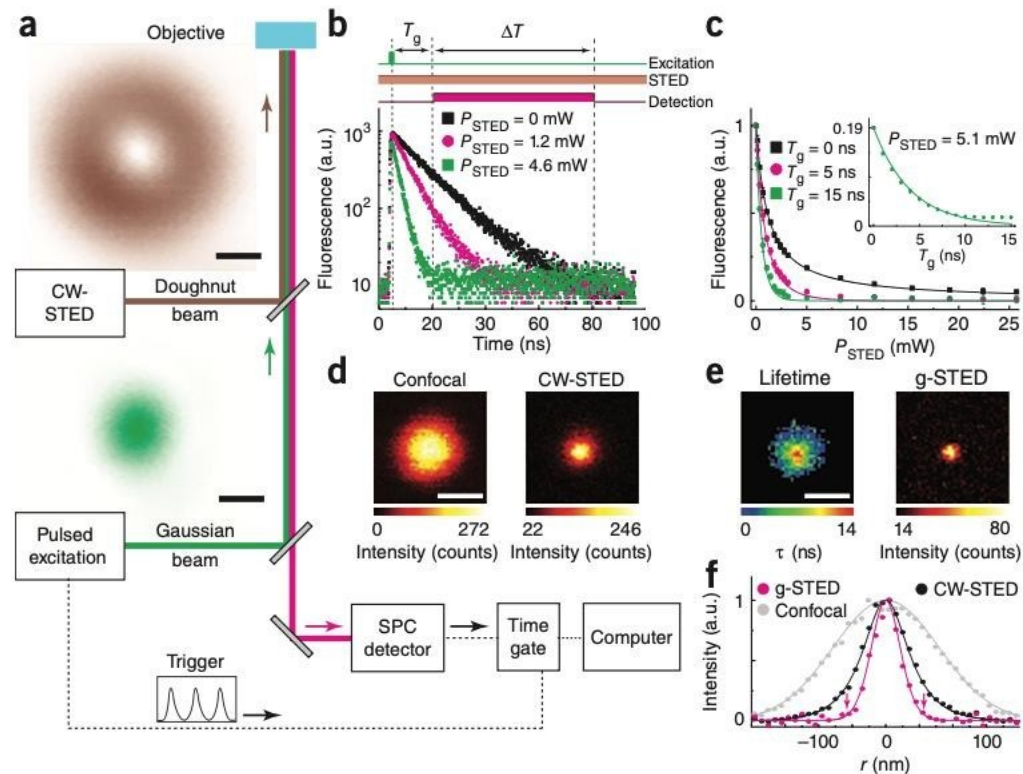


3

## RESOLUTION

It can only be doubled compared to the classical diffraction limit of point scanning microscopy

# Stimulated Emission Depletion Microscopy (STED)

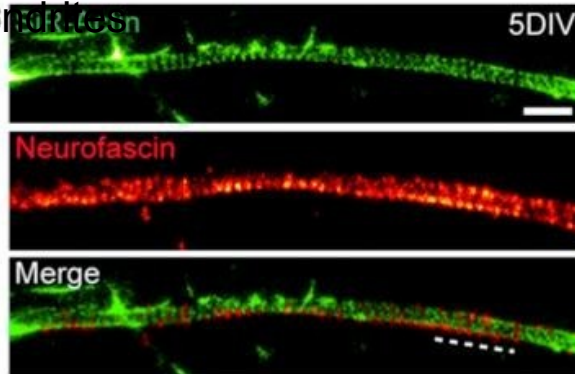


- Confocal microscope;
- The system needs an additional laser beam that quenches "unnecessary" light;
- Spatial resolution unlimited-bypass diffraction-limit;
- Doesn't require computational processing;

# STED applications and achievements

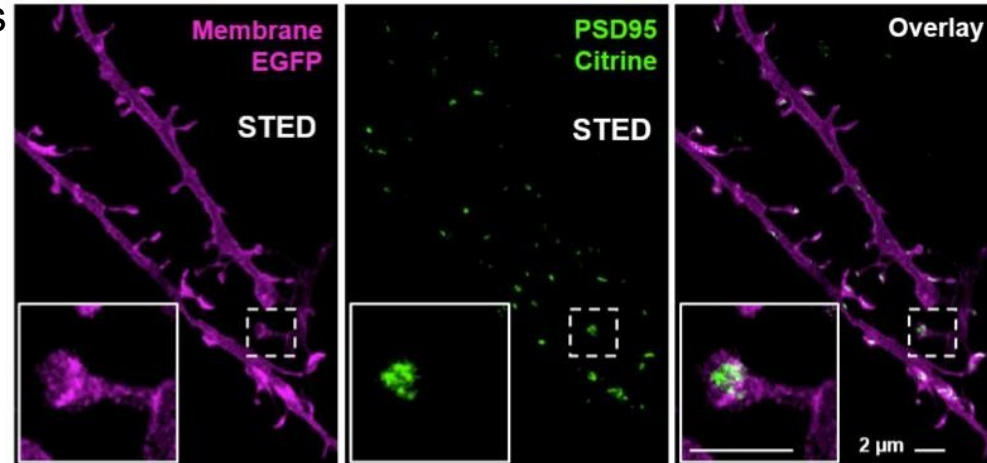
- Structural analysis;
- Protein-protein interactions;
- *in vivo*-imaging;

Actin rings periodicity at the dendrites



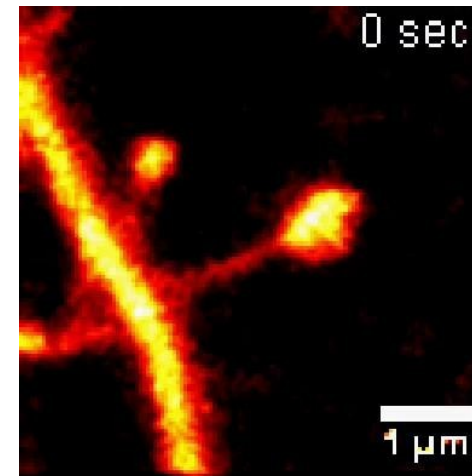
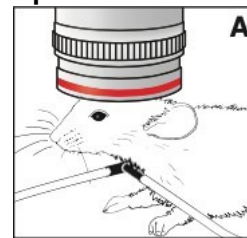
D'Este et al.,  
2015

Dual-color STED imaging for post-synaptic protein dynamic studies



Wegner et al.,  
2020

*In vivo* imaging in a mouse brain of its synapses

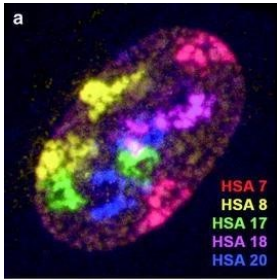


Berning et al.,  
2012





# STED is a powerful but challenging super-resolution technique



Solovei and  
Cremer, 2010

- Multicolor imaging can be done, but it can be difficult since for each excitation wavelength an associated depletion beam is needed;

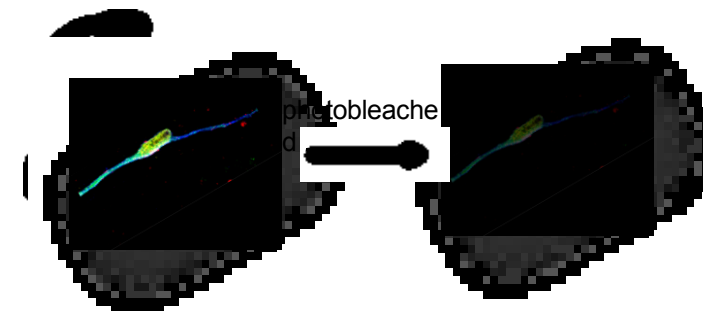


- Expensive technique, since requires a multilaser system;

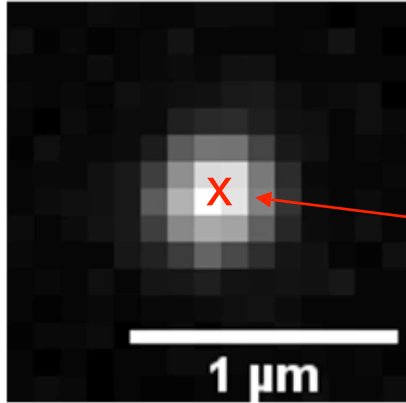
- High resolutions require massive laser intensities, which can conduct to photobleaching and phototoxicity;



- Sample preparation needs to be very accurate, both in the choice of fluorophores and the “density” of their staining;



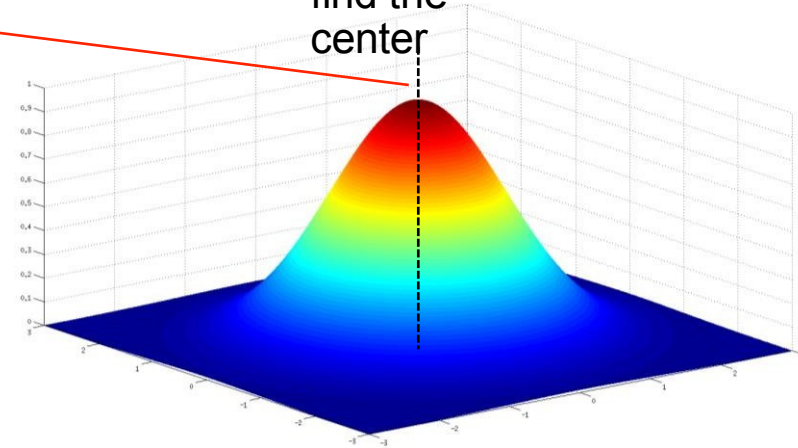
# Where is the center?



A single Alexa Fluor 647 dye

Are we confident about the exact center of this molecule?

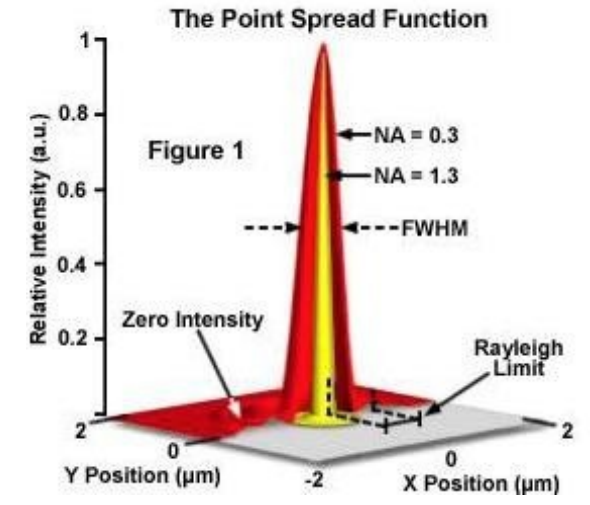
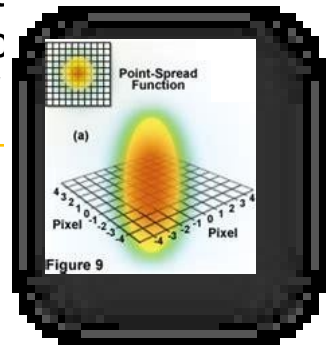
Gaussian fit to find the center



Some microscopy techniques can reach beyond the limits of resolution due to limitations for light for single molecule imaging



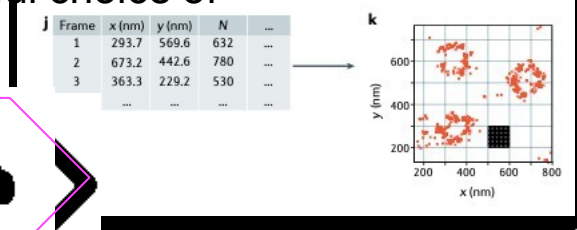
**Point Spread Function (PSF)** Light waves converge and interfere at the focal point to produce a diffraction pattern of concentric rings



# Single Molecule Localization Microscopy (SMLM)

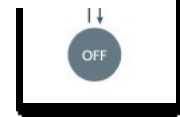


- Employs conventional wide-field excitation and achieves super-resolution by localizing individual molecules;
- Can achieve spatial resolution of ca. 20-50 nm and sometimes even better (10x more than conventional microscopy!);
- SMLM methods are relatively easy to implement, but require a careful choice of fluorophores;



**Principle (1):**  
Spatial coordinates of fluorescently labelled molecules can be determined with high precision, if their PSFs do not overlap;

**Principle (2):**  
Photobleaching of fluorescently labelled molecules is applied in multiple acquisition cycles of different molecules;



# Many ways to acquire single molecules in our samples



STORM  
Stochastic  
Optical  
Reconstruction  
Microscopy

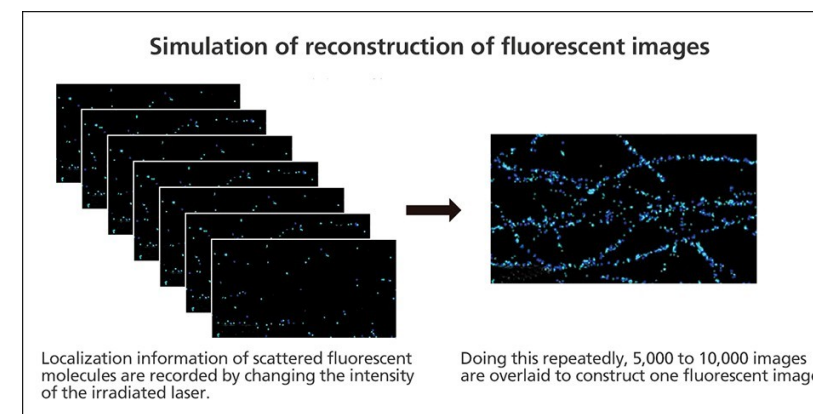
PALM  
Photoactivatable  
Localization  
Microscopy

The fluorophores used for all these techniques switch  
from a  
“bright” state to a “dark” one



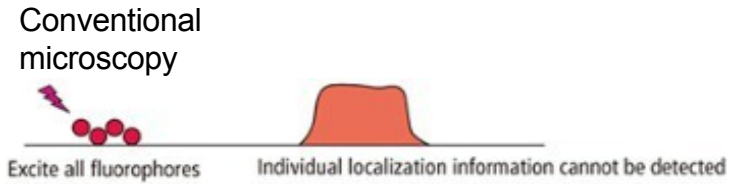
PAINT  
Points Accumulation  
for Imaging in  
Nanoscale  
Topography

Sequential imaging of fluorophores subsets and  
consequent reconstruction of their positions via  
multiple frame acquisition (the “blinking” image);





# Stochastic Optical Reconstruction Microscopy (STORM)



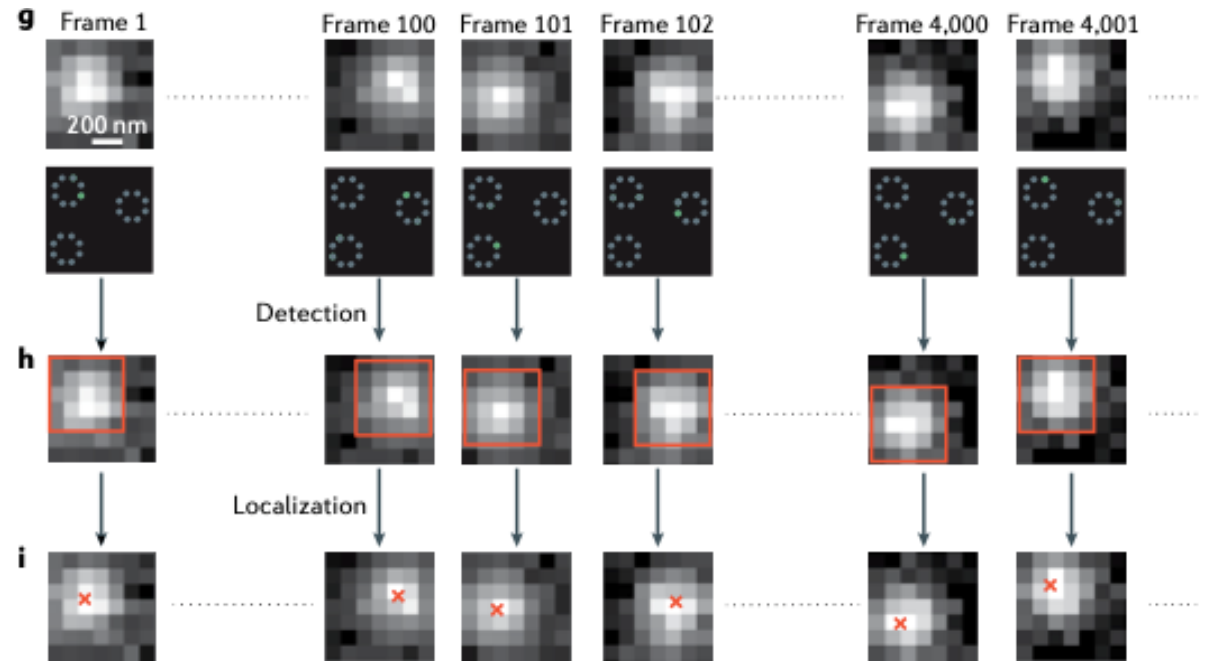
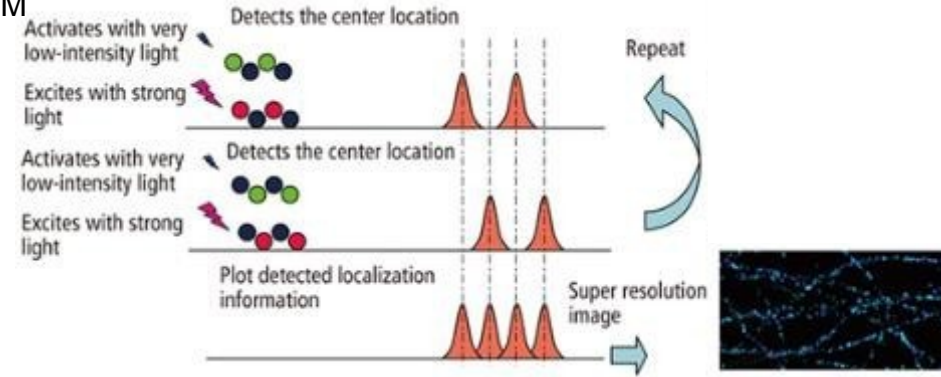
Lelek et al.,  
2021

Individual  
molecule  
activation

Individual  
molecule  
detection  
(gating)

Localization of  
single  
molecules  
(coordinates)

STORM

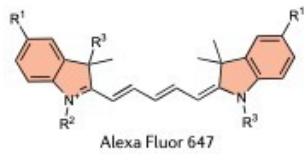


# Many fluorophores are available for different approaches



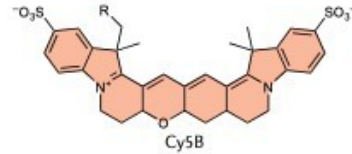
## a Photoswitchable

- Various synthetic dyes and fluorescent proteins
- Thiol and oxygen scavenger



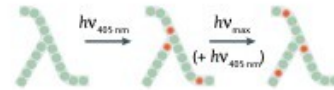
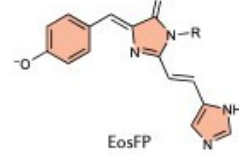
## b Photoactivatable

- Fluorescent proteins and synthetic dyes
- Activation and photobleaching



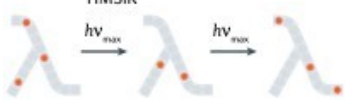
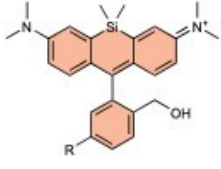
## c Photoconvertible

- Green to red spectral shift
- Activation and photobleaching



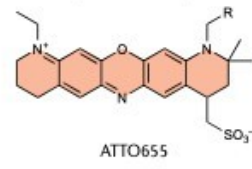
## d Spontaneously blinking

- pH-dependent
- Cell permeable
- Laser intensity-independent



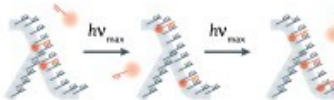
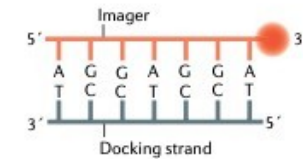
## e Temporarily binding

- PAINT
- Transient interactions
  - Unlimited adjustable fluorophore reservoir



## DNA-PAINT

- Complementary oligonucleotides



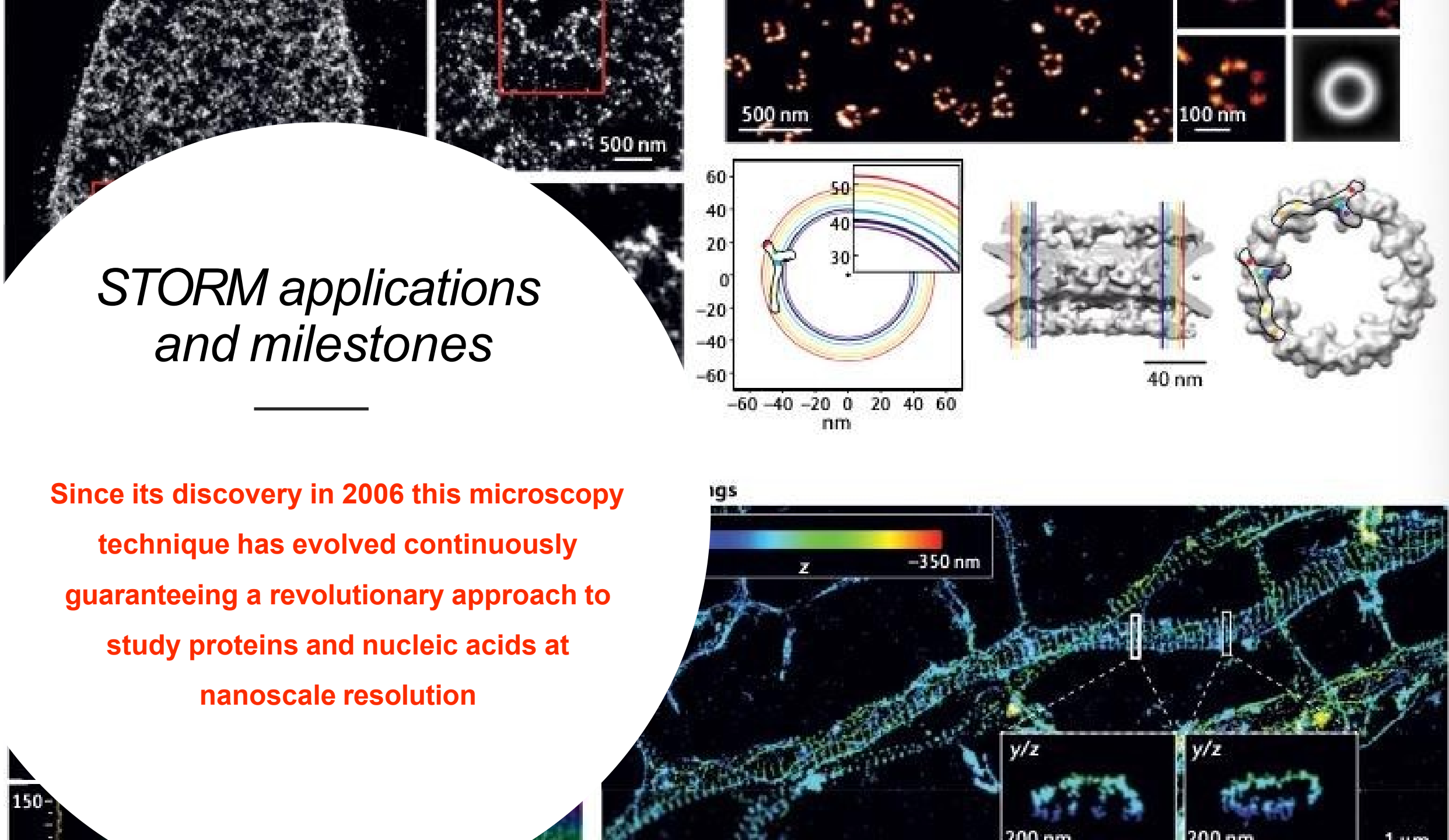
➤ Fluorophores used in SMLM techniques fall into one of five different classes based on how they exchange their ON<>OFF status

➤ Fluorescent dyes rather than fluorescent proteins have higher photon count therefore allowing shorter imaging times and higher localization precision

➤ Fluorescent proteins are more suited for live-imaging applications (PALM), but premature bleaching or poor levels of expression in the specimen may limit the structural resolution

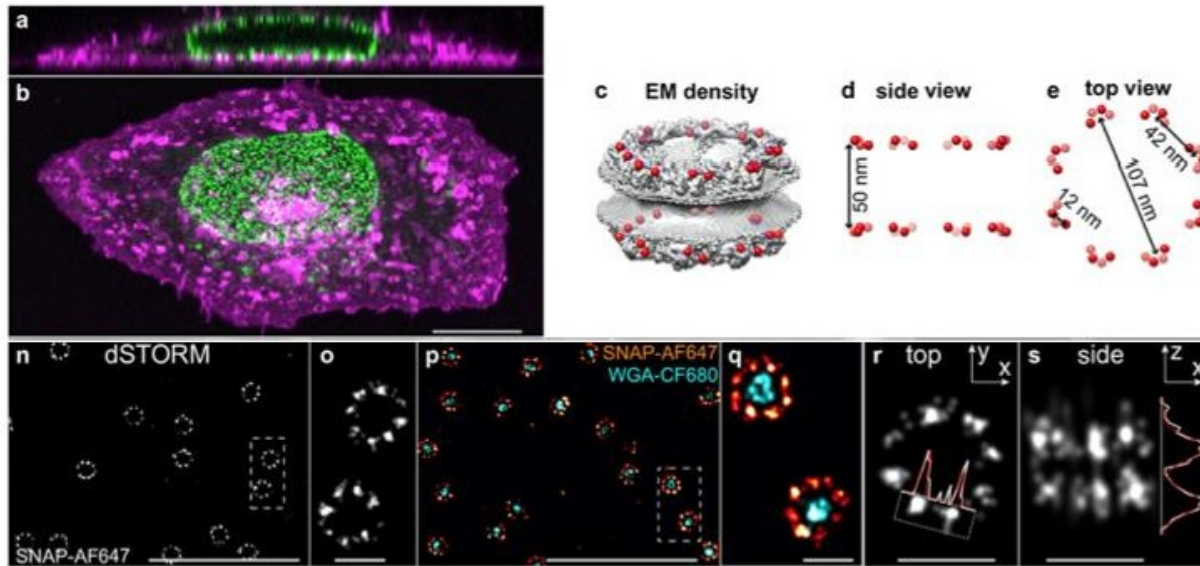
# *STORM applications and milestones*

Since its discovery in 2006 this microscopy technique has evolved continuously guaranteeing a revolutionary approach to study proteins and nucleic acids at nanoscale resolution



# Unraveling nano-structures in cell nucleus

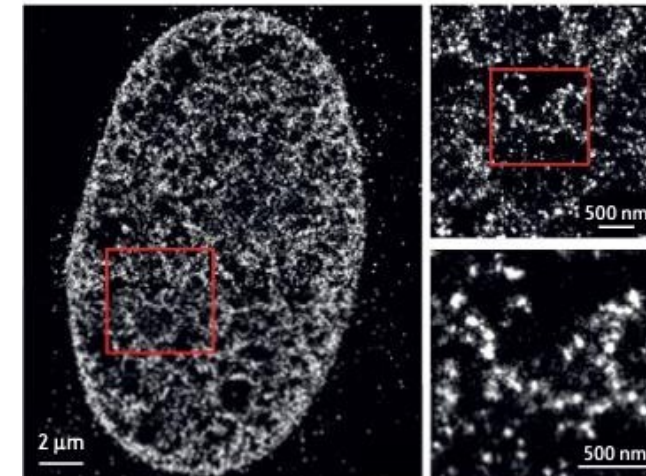
Tens to hundreds of nucleosomes  
along the chromatin fiber



Thevathasan et al., Nat. Methods  
2019

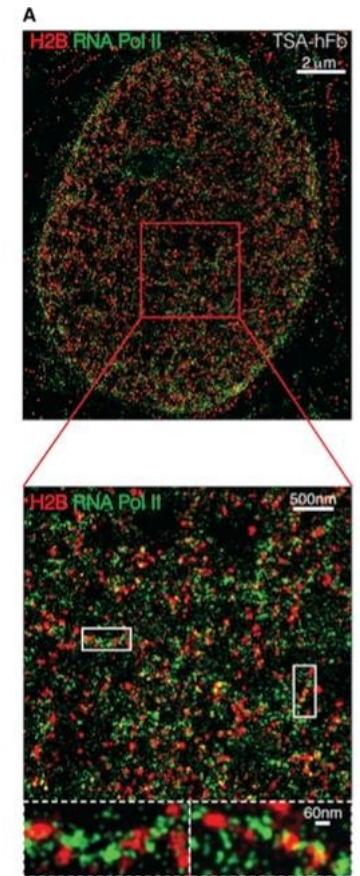
STORM imaging of single molecules for different nuclear pore proteins present at the nuclear level of Nup96 cells

a Nucleosome clutches



Ricci et al., Cell  
2015

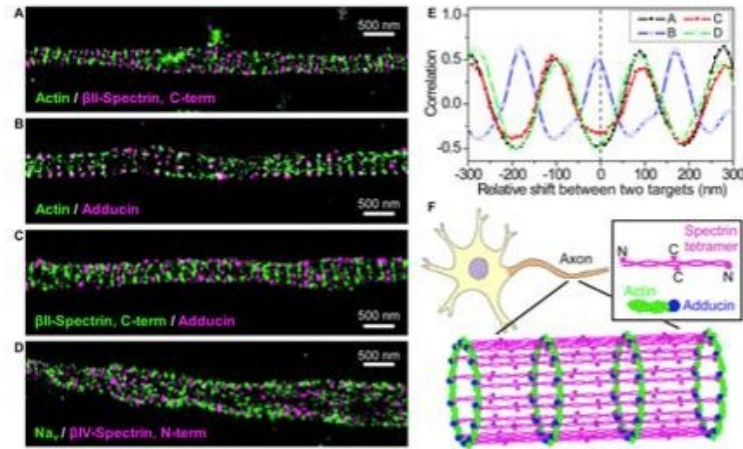
STORM images of H2B in  
human fibroblasts



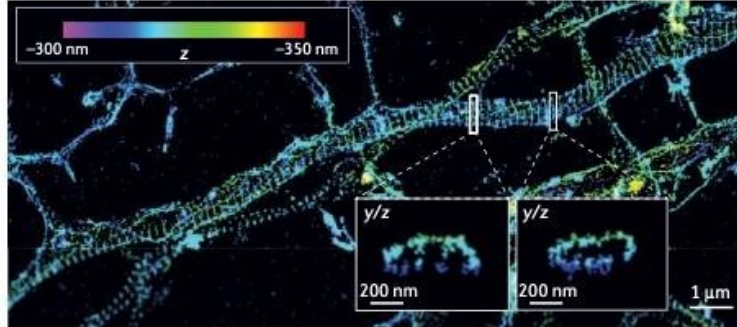
RNApol II and  
Histone protein 2B  
interaction



# Cytoskeletal proteins ultrastructure and synaptic receptor organization



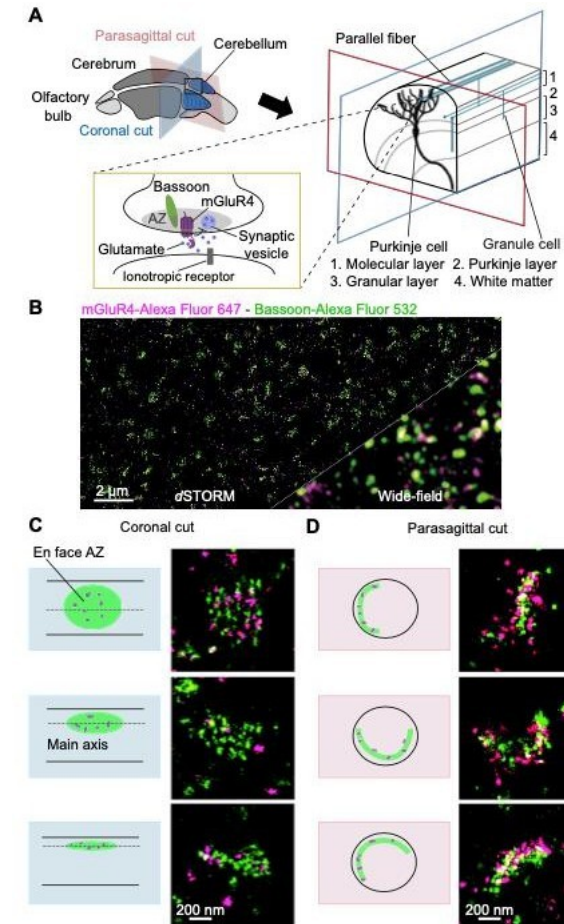
d Actin rings



Xu et al., Science  
2012

For the first time spatial organization of the cytoskeletal proteins of the axon was reconstructed thanks to STORM

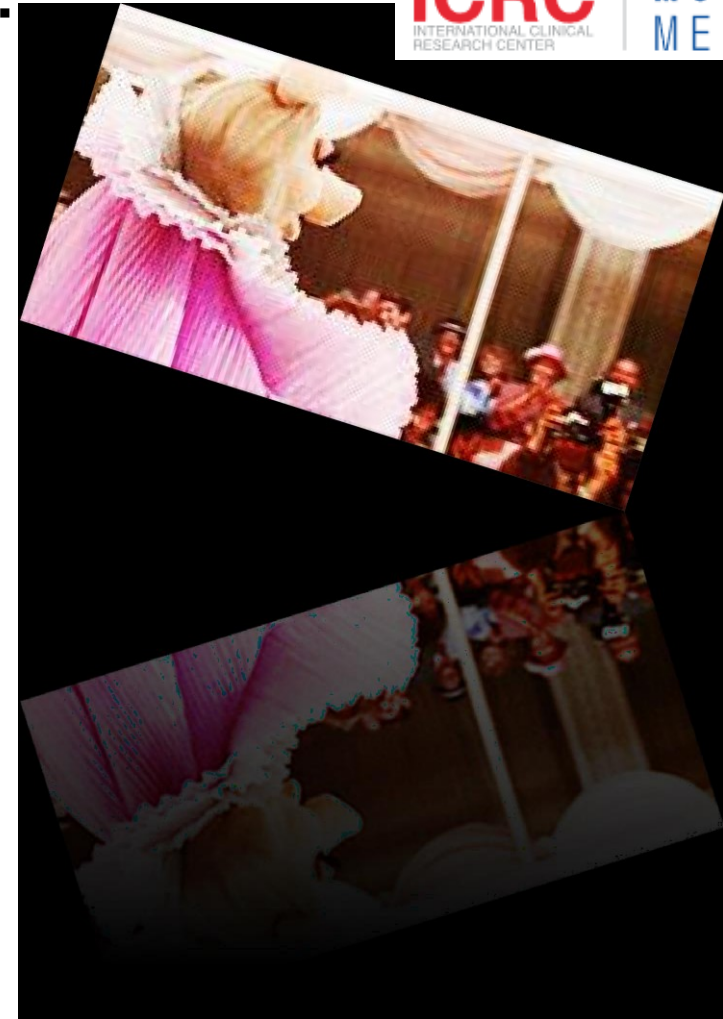
## Nanoscale organization of metabotropic glutamate receptors at presynaptic active zone



Siddig et al., Science  
2020

# A fancy technique with different limitations..

1. Susceptibility to artefacts upon image reconstruction;
2. Difficulties in imaging thick samples: not suitable for tissue samples;
1. Low-throughput due by the small field of view required for single molecule localization and imaging;



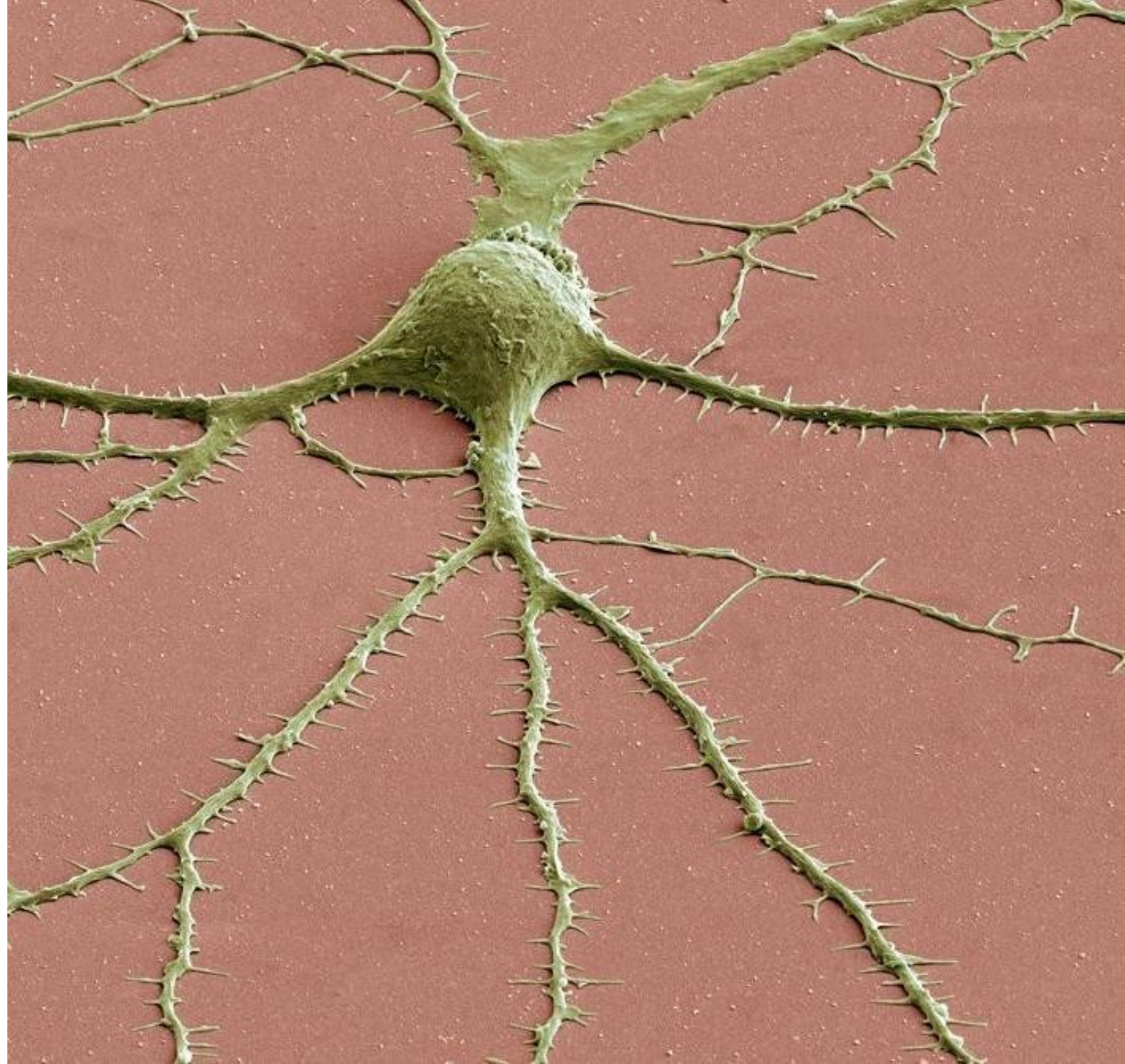
minimize  
with good  
**algorithms**  
algorithms



## Electron microscopy

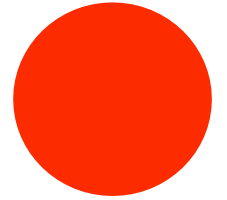
First application 1931  
when **Ernst Ruska**  
built the first electron  
microscope, for which  
he was awarded with  
the **Nobel Prize in  
Physics in 1986**;

*“for his fundamental work  
in electron optics, and for the  
design of the first electron  
microscope”*



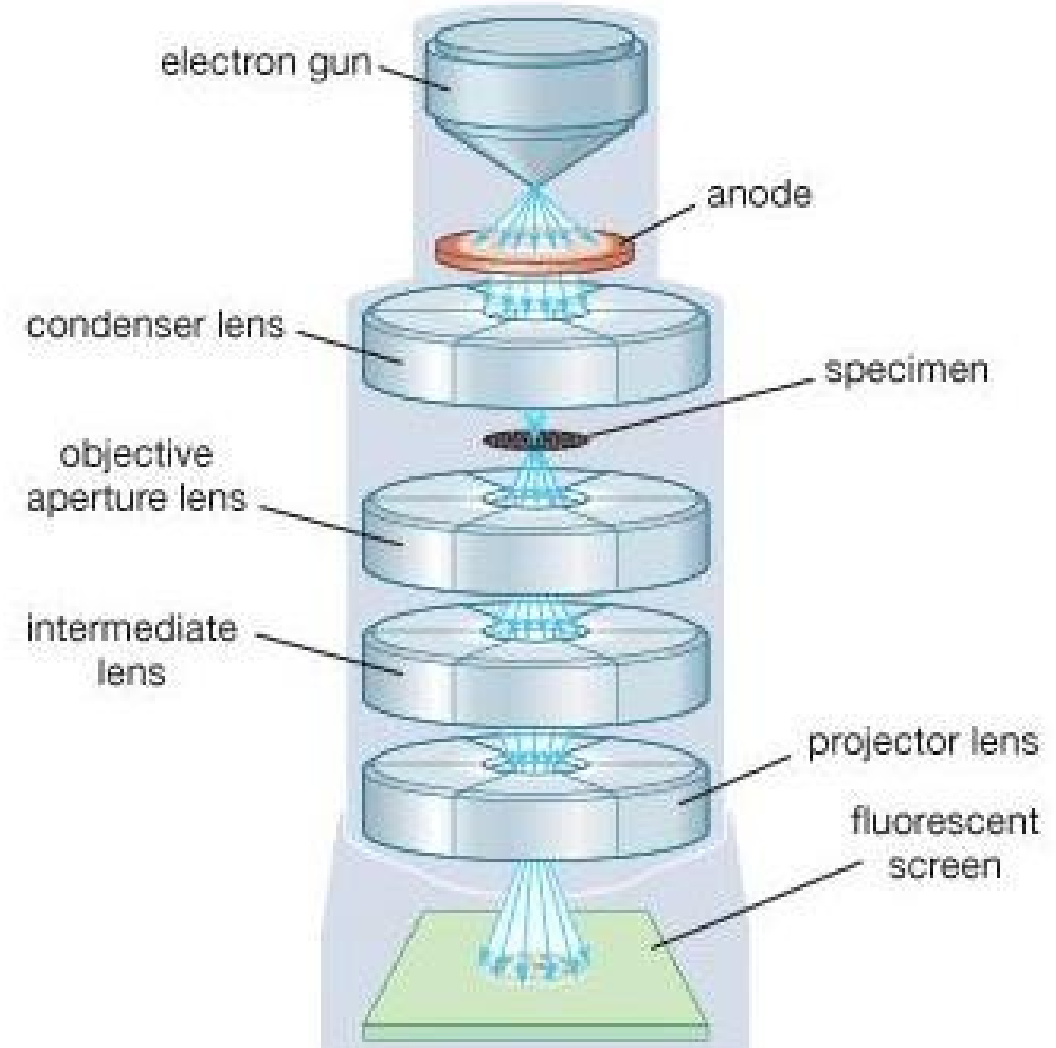
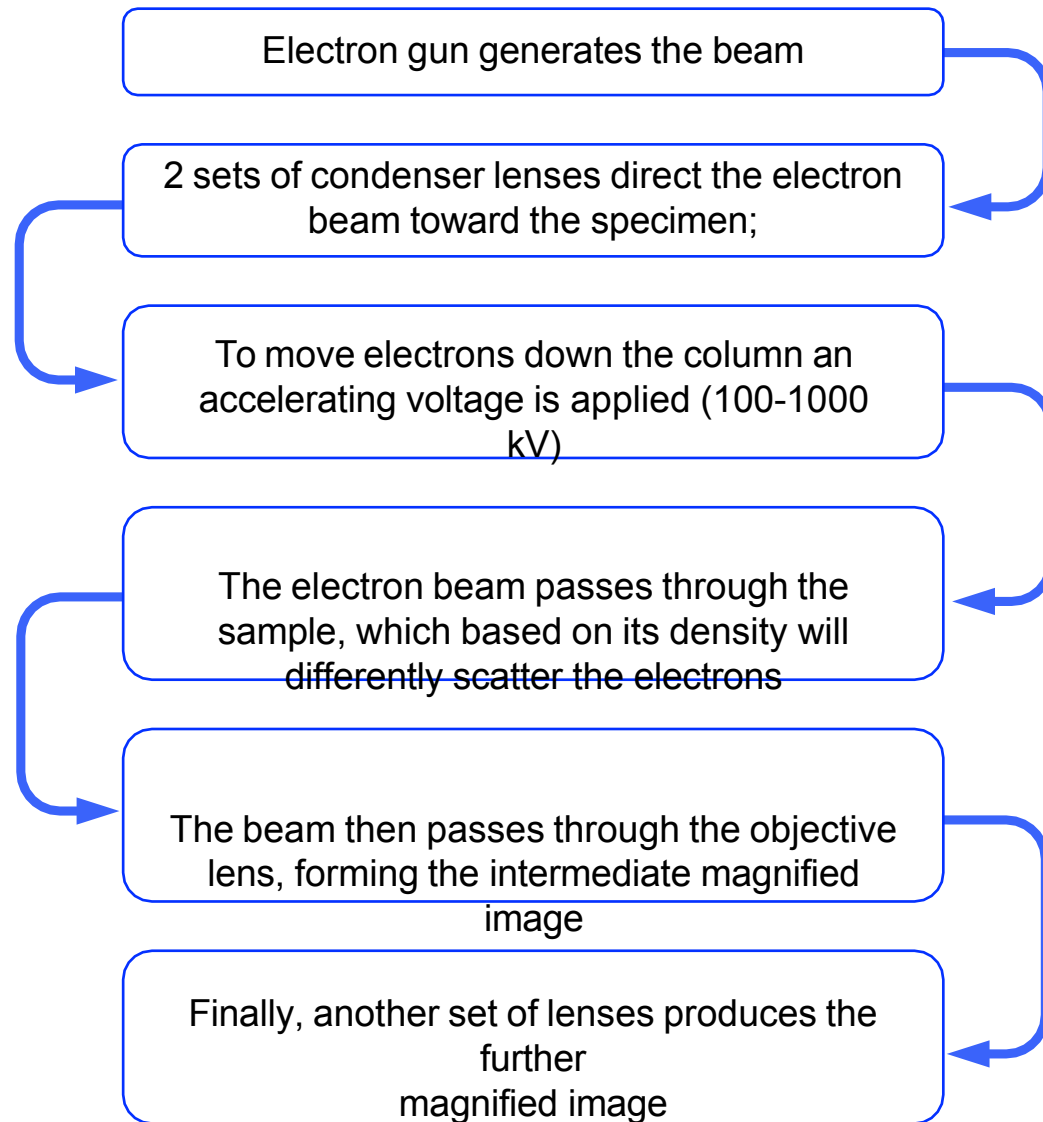
# Basic concepts of Electron microsc

- The source allowing the images to be built is not a beam of light but of electrons, captured under vacuum condition usually on a phosphorescent screen;
- Resolution and magnification capacities go beyond the classic diffraction limit, down to nm scale;
- The main concept is based on the theory of Louis De Broglie (1924) that **matter behaves like a wave exactly as light does**;
- the wavelengths of a beam of electrons is small such to don't have a remarkable impact on daily activities;
- The smaller the wavelength the higher the resolution.





# General “workflow” of an electron microscope

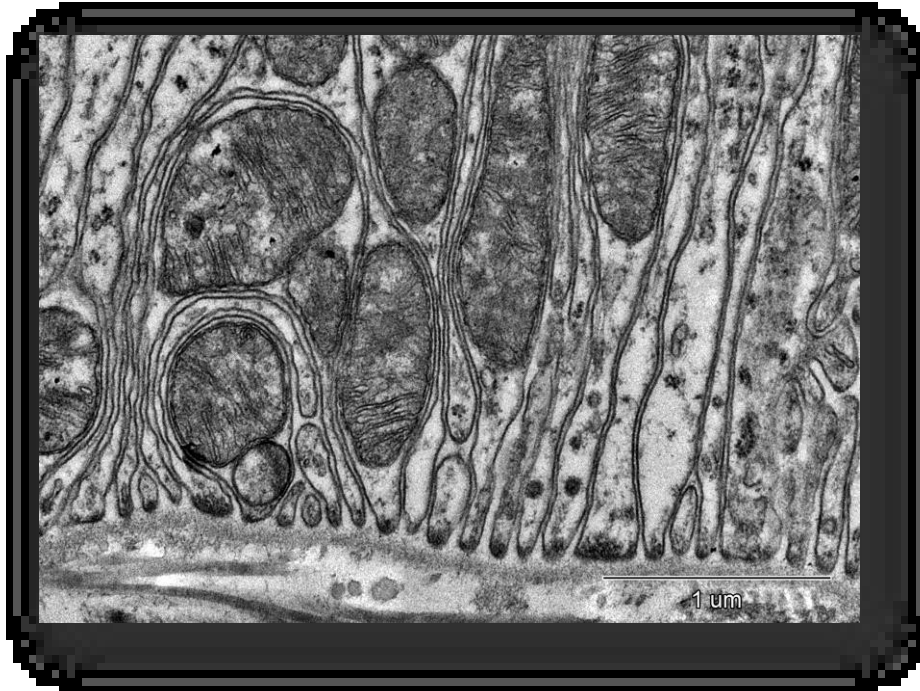


# How are the images generated in electron microscopy?

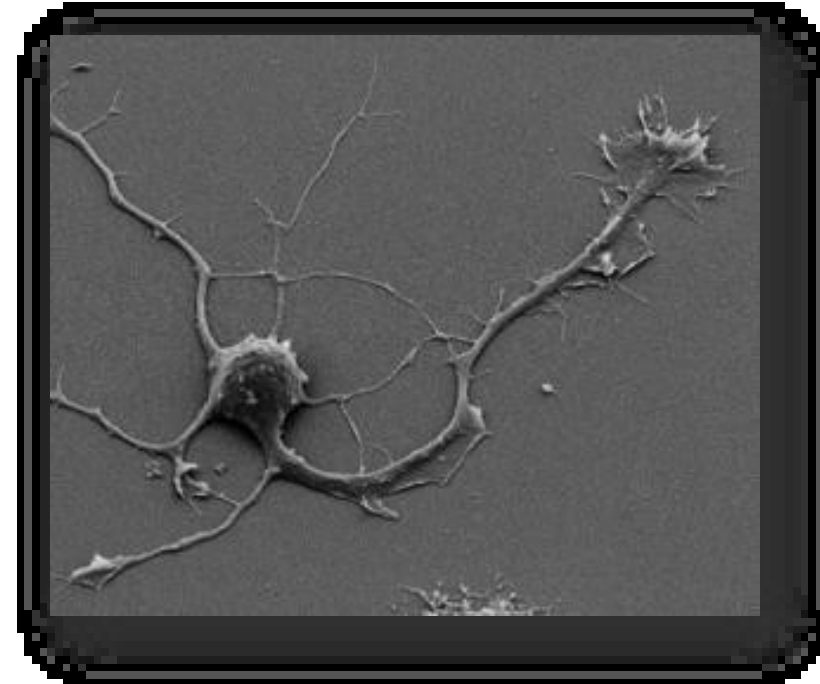
EMs work using signals arising from the interaction of an electron beam with the specimen

2 main EM techniques Transmission and Scanning Electron Microscopy (TEM and SEM respectively)

TEM (inner structures)

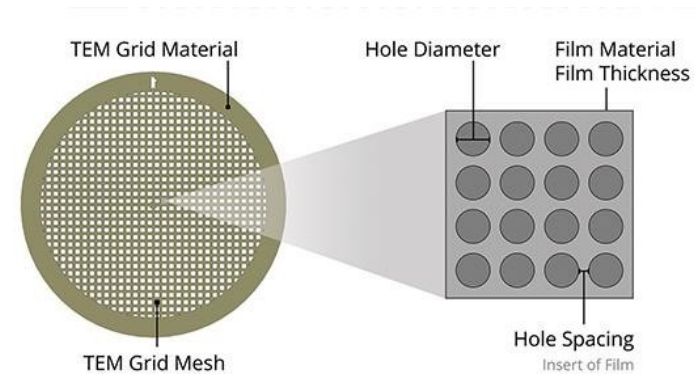
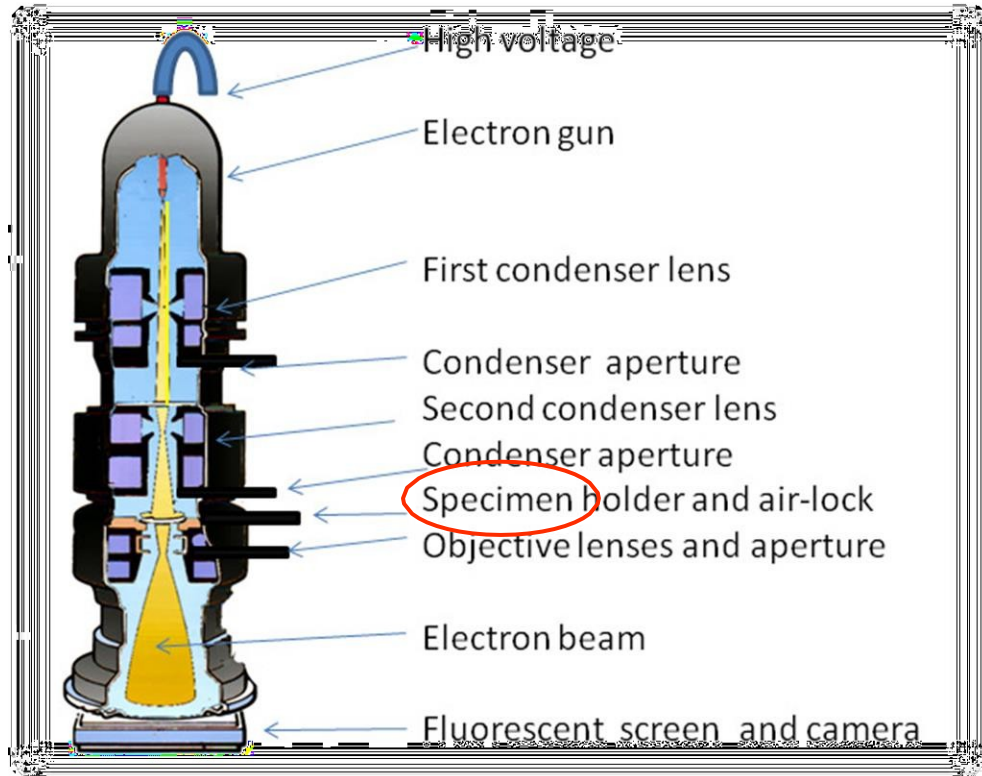


SEM (outer)



# TEM was the first non-optical technique to give a remarkable resolution improvement

- Analogous to a compound microscope where a system of multiple lenses are placed one after the other
- Powerful for visualizing many kind of small molecules:
  - Arrangement of proteins,
  - Lipids
  - Nucleic acids (DNA, RNA, ribosomes)



- Contrast for visualization of different structures is achieved often by using metal compounds
  - Osmium tetroxide (fixative, good lipid-binding)
  - Uranyl acetate (good for nucleic acid contrast)
  - Lead

Samples are dehydrated upon fixation and then stained;

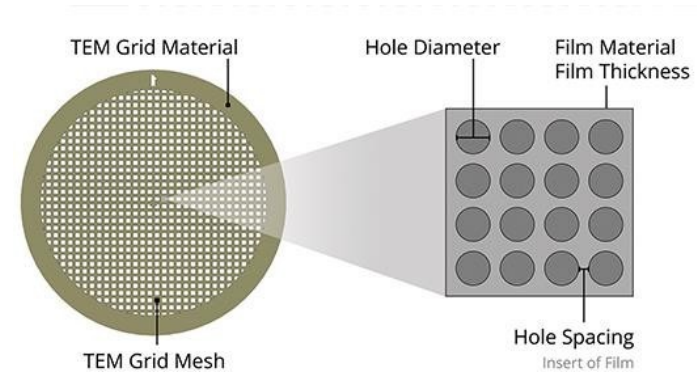
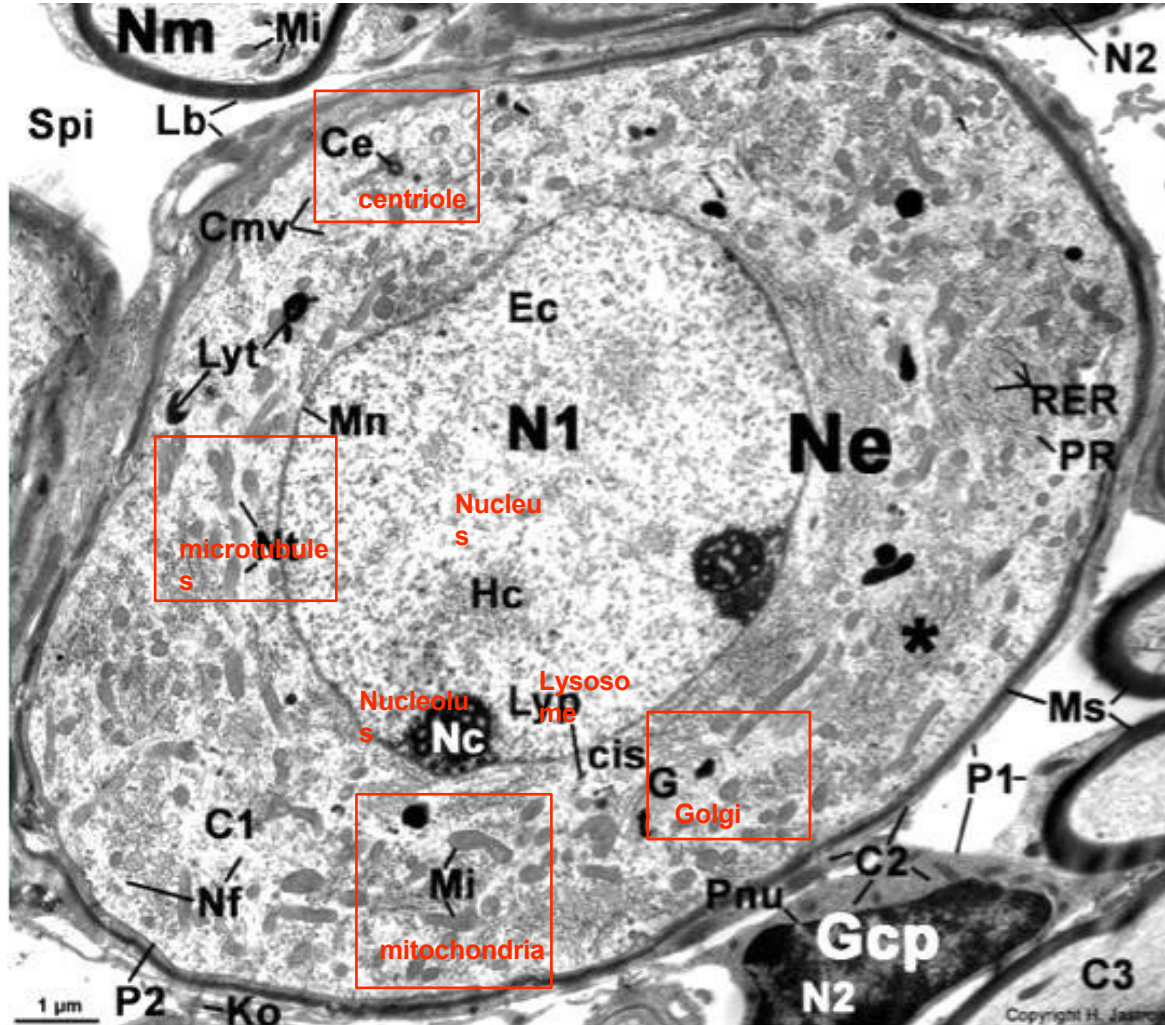
Ultra-thin sections of 20 – 100 nm are then cut before imaging;

After the cut the thin layers are placed/embedded on a copper grid that goes than to the microscope;

In the final image, the denser regions will reflect less and so they will be darker, while the less density will allow less absorption of electrons thus generating a “brighter” image



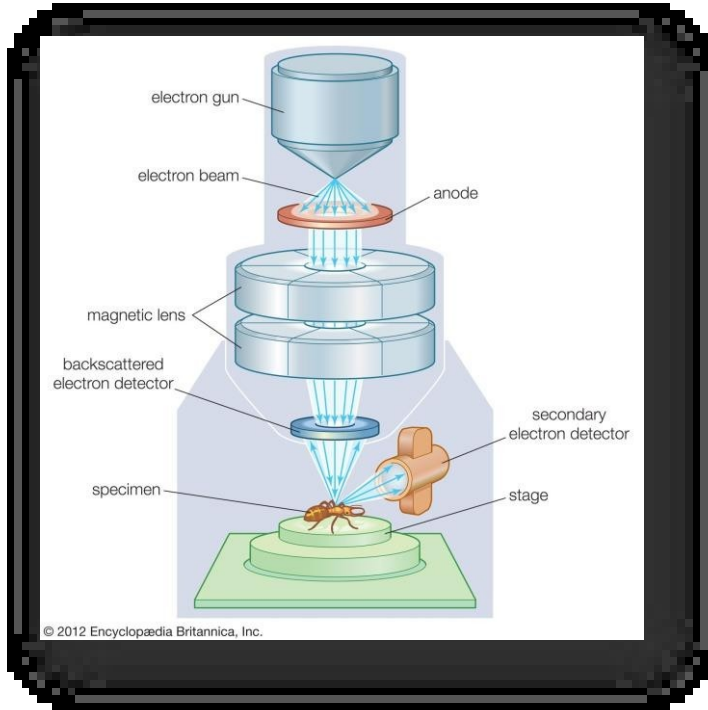
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  - Lead
- Samples are dehydrated upon fixation and then stained;
- Ultra-thin sections of 20 – 100 nm are then cut before imaging;
- After the cut the thin layers are placed/embedded on a copper grid that goes than to the microscope;
- In the final image, the denser regions will reflect less and so they will be darker, while the less density will allow less absorption of electrons, thus generating a “brighter” image



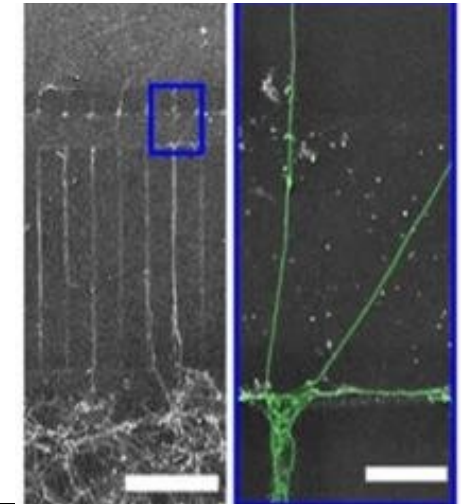
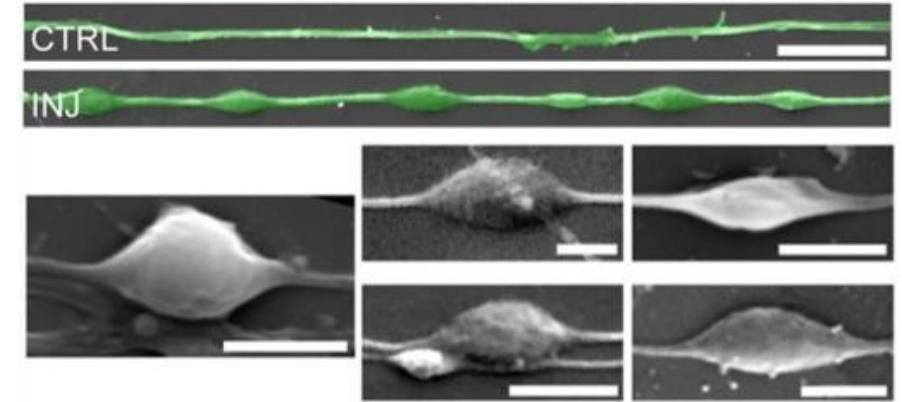
# Scanning Electron Microscopy (SEM)



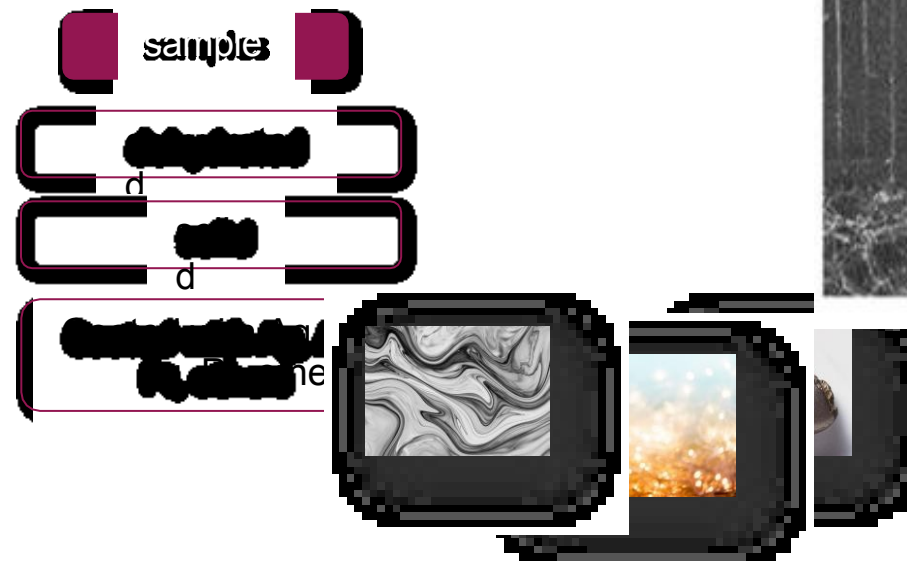
a focused beam of high-energy electrons generates a variety of signals at the surface of solid specimens;

signals deriving from electron-sample interactions reveal  
external morphology  
chemical composition  
crystalline structure and orientation of materials;

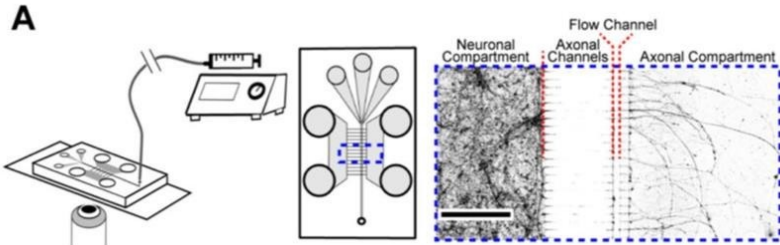
magnification range  $\gg 20\text{-}60000\times$   
spatial resolution  $\gg 50\text{-}100\text{ nm}$



- accelerated electrons carry significant amount of kinetic energy, then dissipated as a variety of signals:
  - > secondary electrons (produce SEM images)
  - > backscattered electrons
  - > diffracted backscattered electrons (used to determine crystal structures and orientations of minerals)

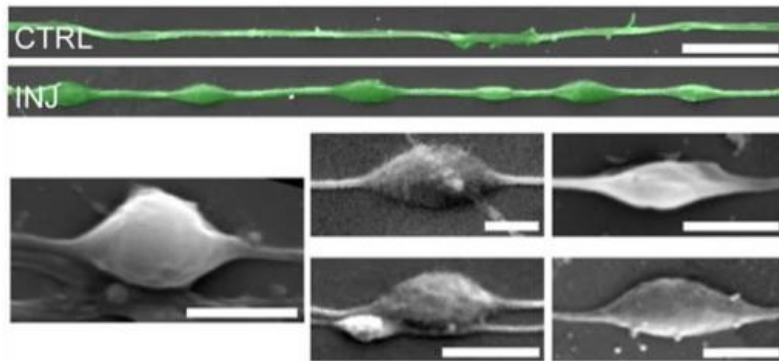


## Trauma brain injury model *in vitro*

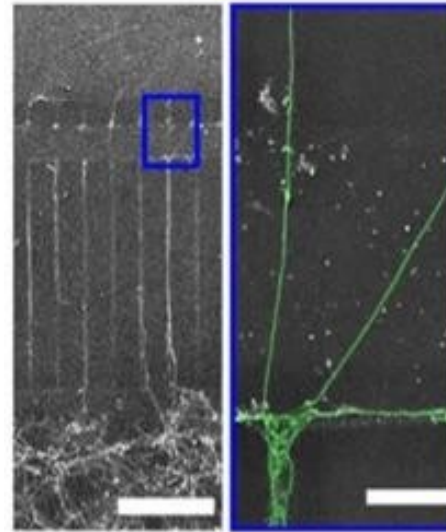


Pozo Devoto et al., 2022

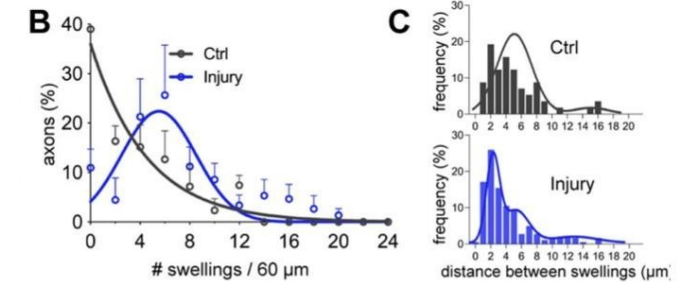
## SEM images of ctrl and Injured axons



## SEM image of full MF system



## Quantification of swellings in SEM images before and post-injury

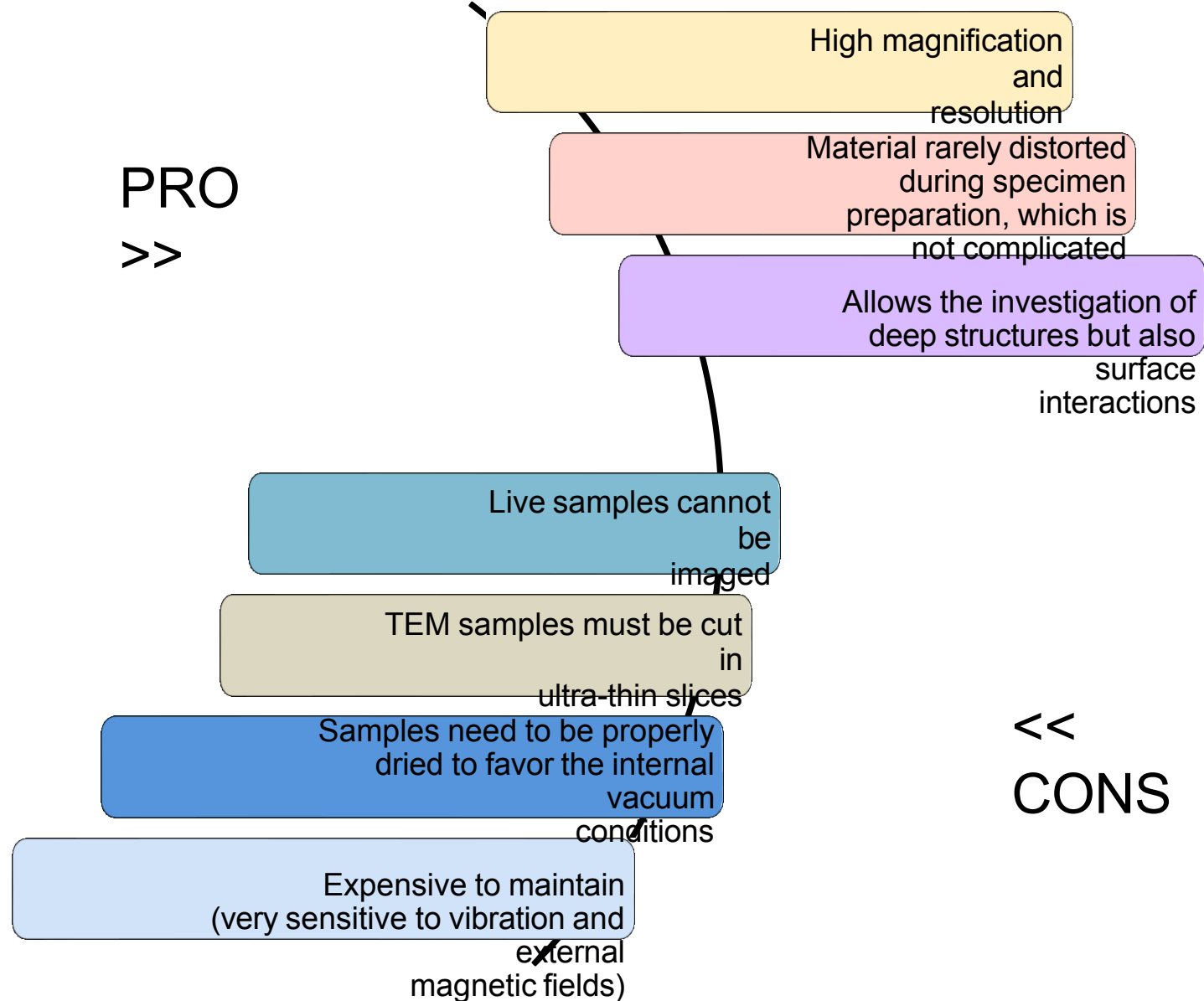


## An example of SEM application

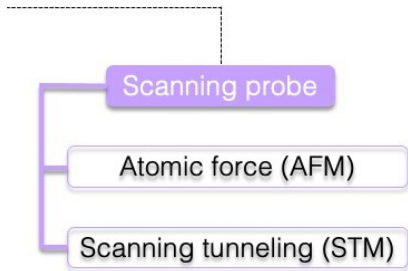
Workflow to establish swelling formation in human neurons, a mechanism occurring after a traumatic impact in the brain.

In this experiments the number of events (swellings) forming after injury were quantified by immediately fixing the cells and then scan images in an electron microscope

# TEM and SEM: advantages and limitations



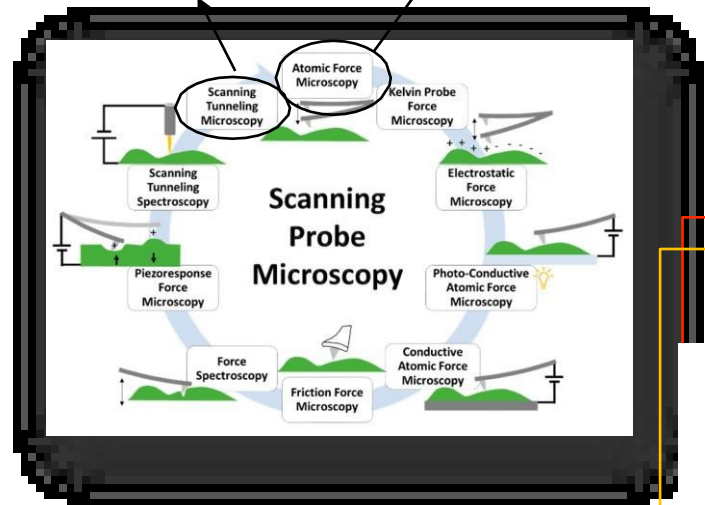
# .... And more.. Scanning Probe Microscopy (1980s)



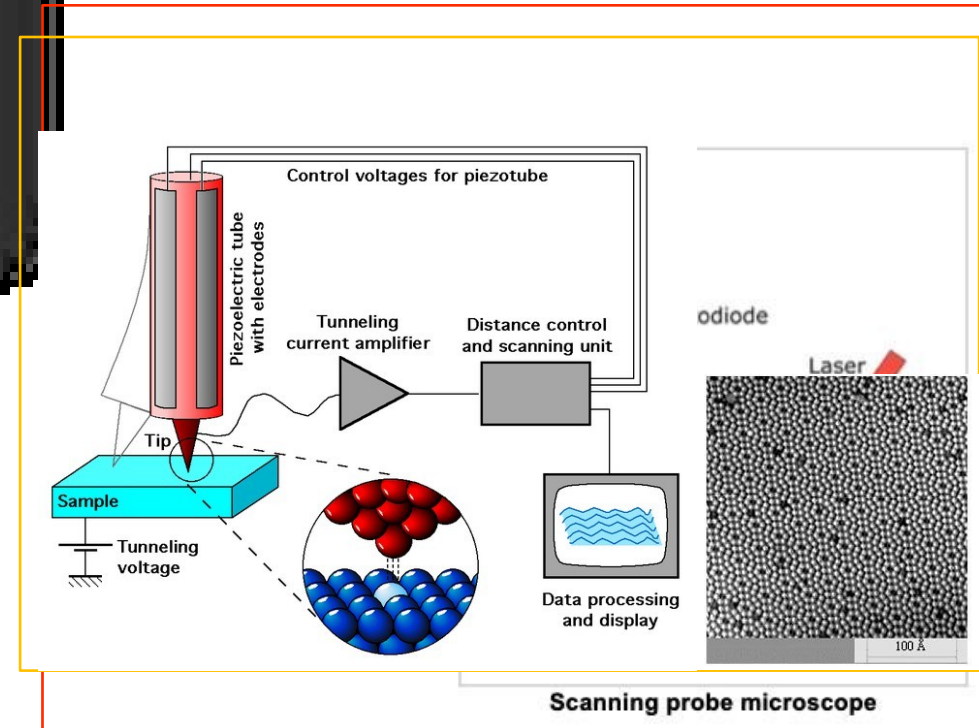
**STM**  
The electrical current flowing between the cantilever tip and the sample

**AFM**  
Electrostatic forces between the cantilever tip and the sample;  
Mechanical properties of cells/tissues

- Nanoscale surfaces and structures, including atoms;
- Resolution sometimes <1nm;
- A physical probe is used to scan back and forth over the sample surface;
- Probe tip mounted at the end of a cantilever;
- The tip can be as sharp as an atom;
- The user doesn't see the surface directly, is the tool that "feels" it;
- A computer collects the data to generate an image;



- SPMs can measure deflections caused by many forces
  - mechanical contact
  - electrostatic
  - magnetic
  - Van der Waals
- Images are colorless since they are measuring properties rather than reflection of light





# Conclusions

- Microscopy helped us to unravel the invisible;
- Nowadays advanced microscopy techniques have a variety of applications in many fields, being extremely important for biology and understanding of structure and interactions between proteins;
- Super-resolution microscopy allows multiple color imaging by breaking the boundaries of the diffraction limit;
- single molecule imaging allowed the visualization of cellular nanostructures never resolved before with light microscopy;
- Electron microscopy was the earliest technique able to reach resolutions that light microscopy had never reached;
- TEM and SEM are still of large use for describing composition of structures and microorganisms;
- SPM techniques achieved the ability to image a structure just based on the atomic composition and the forces involved in the interaction between a surface and a scanning probe;
- The use of fluorophores for staining cell cultures and tissues both for basic research purposes or diagnostic ones (histopathology) is in continuous evolution and the offer on the market improves very quickly;



Thank you for the  
attention!