Movement Disorders-DYSKINESIAS

The basic sign of movement:

ABNORMAL

INVOLUNTARY

CLASSIFICATION

- A. OBSERVATION
- 1. TREMOR
- 2. DYSTONIA
- 3. CHOREA
- 4. BALLISM
- 5. TICS
- 6. MYOCLONUS

- B. ETIOLOGY
- 1. Hereditary d.
- 2. SECONDARY d.
- Drug induced (neuroleptics)
- Vascular (lacunar stroke)
- Metabolic and Endocrine (Wilson d., thyreopathy)
- Immunologic (lupus erythematosus)
- Psychogenic

TREMOR

- Continual
- Rytmic movement
- patologic sign in every age

Classification

- According to:
- 1. POSITION
- rest or kinetic
- 2. LOKALIZATION
- focal (head,hands) to generalized
- 3. FREQUENCY
- slow, middle, serious
- 4. AMPLITUDE
- light, middle, serious

According to 5. ETIOLOGY :

Physiologic (fever, hypothermia)

Drug induced (antidepressants, antiasthmatics, AED)

Metabolic and Endocrine (hypoglycemia,hyperthyreoidism)

Withdrawal syndrome (ethanol)

ESSENTIAL TREMOR

- The most frequent Dyskinesia (4%)
- The most common cause of patologic tremor
- Mostly hereditary etiology
- Only monosymptomatic disease
- Tremor is kinetic, bilateral, mostly lokalized to hands
- Positive effect of ethanol abuse
- Long time of duration

Treatment

- 1. Does not take a trouble without therapy
- 2. Takes a trouble sometimes benzodiazepines intermittent
- 3. Takes a trouble most of the day betablockers
- barbiturates
- 4. Serious disability injections of BTX (botulinum toxin)
- DBS (very rare)

DYSTONIA

Slow spasm causing abnormal postures

Classification according to ETIOLOGY

- Idiopatic
 - Familiar (DYT 1.....DYT 35)

DRD (doparezponsive Dystonia) – low doses of L-Dopa

- Symptomatic (Wilson d., parkinson plus d. –CBD,PSP)
- Drug induced (antiemetics!, antiparkinsonics, neuroleptics)

Classification according to LOKALIZATION

- FOKAL D.
- SEGMENTAL D.
- GENERALIZED D. (hereditary, childhood)

FOCAL Dystonia

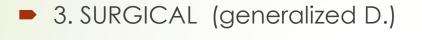
- CERVICAL
- torticollis (most common)
- anterocollis, retrocollis, laterocollis
- BLEPHAROSPASM
- WRITER'S CRAMP

Treatment

- 1. INJECTIONS OF BTX (focal D.)
- chemical denervation, blocade of acetylcholintransfer
- muscle weakness can be effective for about 3 months
- 5% of patients develop antibodies

2. MEDICAMENT (pills)

- Anticholinergics (Akineton)
- GABA agonists (Baclofen)
- benzodiazepines (Diazepam, Rivotril)



- DBS (globus palidum bilateral)

CHOREA

- Chaotic
- Nonstereotype
- Irregular

CLASSIFICATION

- A. Hereditary
- B. SECONDARY
- 1. Drug induced (antiparkinsonics, AED, neuroleptics, HAK, KS, opiates)
- 2. Metabolic (hepatal or uremic encefalopathy)
- 3. Endocrine (chorea gravidarum)
- 4. Immunologic (lupus erythematosus)
- 5. Other (senile orofacial f.e. due to new dental prosthesis)

HUNTINGTON DISEASE

- prevalence 4-10: 100 000
- adult form (age of onset 35 -50)
- hereditary, AD (children 50% risk)
- symptom : chorea + dementia + personality changes
- 100% mortality (survival 10 -15 years)
- no causal treatment possibility

PATHOLOGY

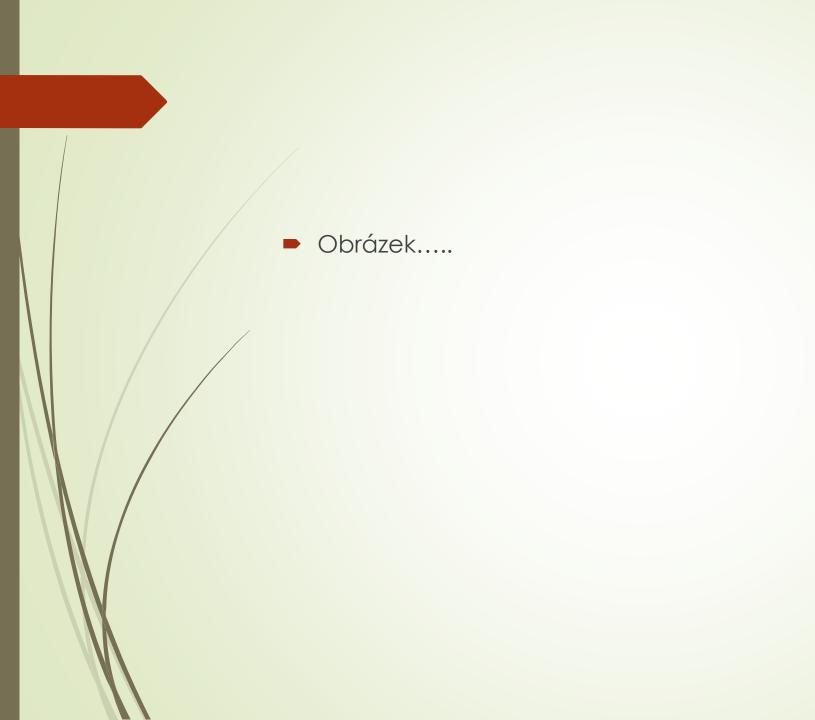
- faulty gen on the 4. chromozome and cause expansion of triplet CAG
- less than 35 triplets: exclude HD
- 40 and more triplets: confirm HD
- result: production of pathologic protein Huntingtin
- Genetic testing (adult person in risk...Prague)

Clinical Symptoms

- Dyskinesias (CHOREA f. to g. ... less dystonia)
- Mental symptoms (depression, anxiety, aggression, ethanol abuse, criminality)
- Dementia (present always in late stadium)

Neuroimaging

- Brain CT or MRI atrophy of caput ncl caudati
- Brain PET MRI hypometabolism of ncl caudati



Treatment only symptomatic

- CHOREA neuroleptics (Tiapridal, Haloperidol, Rispen)
- DEPRESSION SSRI
- PSYCHOSIS neuroleptics
- DEMENTIA no treatment
- Clinical trials (2019) gene therapy (target: inactivation of prescription huntingtin protein)

(HEMI)BALLISM

- Rapid
- Severe
- Unilateral
- Lokalizated mostly on radical muscles of limb

Prevalence - 1 : 500 000 (rare)

 Etiology - lession of ncl. subthalamicus Luysi mostly according to lakunar infarkt

■ Treatment - neuroleptics

- benzodiazepines

- AED

TICS

- Sudden
- Stereotypic
- Movement or Vocalization

CLASSIFICATION

- MOTORIC T.
- simple brief movement (head jerks, eye blinking)
- complex coordinated movement (grimace)
- VOCAL T.
- simple (coughing)
- complex (words, sentences)

GILLES De La TOURETTE SYNDROME

- simple brief jerks to complex pattern of rapid coordinated movements or vocalizations
- onset in childhood
- begin in the face and neck (97%)
- relapses and remissions are common
- association with compulsive and hyperactive behavior
- prevalence 50 : 100 000 (boys)
- hereditary possibility

Treatment

- Psychotherapy
- Severe tics : neuroleptics
- benzodiazepines
- injection of BTX
- Severe OCD: SSRI

MYOCLONUS

Brief muscle jerks

Focal Segmental Generalized Spontaneous Reflex

CLASSIFICATION

- 1. CORTICAL
- arising from the cerebral cortex
- epileptic or nonepileptic
- 2. SUBCORTICAL
- arising from the brainstem
- only nonepileptic
- 3. SPINAL
- arising from spinal cord
- only nonepileptic

According to EEG + EMG results we can differentiate between epileptic or nonepileptic M.

- A. EPILEPTIC progressive myoclonic epilepsy
- B. NONEPILEPTIC
- 1. Physiological (singultus)
- 2. Posthypoxic (KPR)
- 3. Metabolic (hepatal or uremic encephalopathy)
- 4. Infectional (JCD)
- 5. Drug induced (opiats, SSRI, Lithium, Gabapentin, anticholinergics)

TREATMENT

- AED valproic acid
- Benzodiazepines clonazepam