

PROBLEMS OF ADOLESCENCE

1 List possible problems of adolescence.

2 Choose one problem and prepare a small presentation. In your presentation include:

- identifying the problem;
- suggesting how to deal with the problem;
- giving tips for preventing the problem;
- encouraging discussion.

3 Listen to the woman talking about some of the problems of adolescence and take notes to answer the following questions.

a What are the main problems of adolescence?

b What do the specialists have to find out to start the treatment?

c Who usually starts taking drugs or drinking alcohol according to the woman?

d What is usually necessary to do for the treatment?

e When are the adolescents usually ready to talk about their feelings and abuse?

f How might they feel?

g What chances for the future do they usually have after non-judgemental acceptance therapy?

4 Complete the sentences with the following expressions.

addictive - addict - addicted - addiction - seek professional help - played truant - get withdrawal symptoms

- 1 Some teenagers are _____ to alcohol.
- 2 He had to stay in a hospital to try to get over his drug _____ .
- 3 Heroin is extremely _____ substance.
- 4 I have never met anyone who is actually a drug _____ .
- 5 He was unable to give up smoking, so he decided to _____ .
- 6 She started to _____ when she was not able to get hold of any drugs.
- 7 How would you react if your daughter or son _____ from school?