

Discover which intelligence is your type:

The following **Multiple Intelligences Checklist for EFL students** is adapted from an article by Mary Ann Christison published in the MEXTESOL Journal. The naturalist intelligence which was discovered later has been added to the list.

Evaluate each statement with 0, 1 or 2. **0** if you disagree with the statement. **2** if you strongly agree. **1** if you are somewhere between. In which type have you reached the largest number of points?

Linguistic Intelligence

- I like to read books, magazines and newspapers
- I consider myself a good reader
- I like to tell jokes and stories
- I can remember people's names easily
- I like to recite tongue-twisters
- I have a good vocabulary in my native language

Logical-Mathematical Intelligence

- I often do calculations in my head
- I'm good at chess and/or draughts
- I like to put things into categories
- I like to play number games
- I love to play around with computers
- I ask lots of questions about how things work

Spatial Intelligence

- I can read maps easily
- I enjoy art activities
- I can draw well
- Videos and slides really help me to learn new information
- I love books with pictures
- I enjoy putting puzzles together

Bodily-Kinaesthetic Intelligence

- It's hard for me to sit quietly for a long time
- It's easy for me to copy exactly what other people do
- I'm good at sewing, woodwork, building or mechanics
- I'm good at sports
- I enjoy working with my hands – working with clay or model-making
- I enjoy physical exercise

Musical Intelligence

- I can hum the tunes to lots of songs
- I'm a good singer
- I play a musical instrument or sing in a choir
- I can tell when music sounds off-key
- I often tap rhythmically on the table or desk
- I often sing songs
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Interpersonal Intelligence

- I'm often the leader in activities
- I enjoy talking to my friends
- I often help my friends
- My friends often talk to me about their problems
- I've got a lot of friends
- I'm a member of several clubs

Intrapersonal Intelligence

- I go to the cinema alone
- I go to the library alone to study
- I can tell you some things I'm good at doing
- I like to spend time alone

- My friends find some of my actions strange sometimes
- I learn from my mistakes

Naturalist Intelligence

- I spend a lot of time outdoors
- I enjoy listening to the sounds created in the natural world / birdsong, for example
- I can identify plant life and animal species
- I can distinguish between poisonous and non-poisonous snakes (mushrooms)
- I enjoy observing plants and/or collecting rocks
- I've got green fingers – I keep pot plants at home and have an interest in gardening, for example

Draughts = dáma (hra)