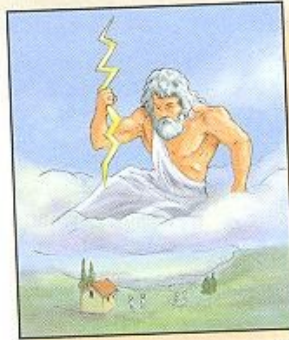


# 16

## Used to

Sick people often used to sleep in temples.

The Ancient Greeks **used to** think that they were ill because of bad magic, or because the gods were unhappy with them.



The Greeks **didn't use to** take **medicine** and they **didn't use to** go to the doctor. The first 'doctors' **used to** be **witches** or people with magic powers.

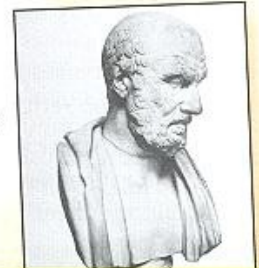


So, sick people often **used to** sleep in **temples**.



Some people **used to** eat flowers and herbs when they were ill but this **didn't use to** help everyone.

Hippocrates, born about 460 BC on the island of Kos, made medicine into a serious science. He is often called the father of medicine.



**Underline** the correct option: The first doctors were Greek / believed in magic / were women.

Answer: believed in magic

### Used to

- Used to** is for habits and states which finished in the past. **Used to** often contrasts the past and the present.  
*Jack used to live in Brighton, but now he lives in Liverpool.*  
*Most people used to believe in magic.*
- The past simple can usually replace **used to**.  
*The Greeks used to sleep / slept in temples when they were ill.*  
*They didn't use to go / didn't go to doctors.*
- Use the past simple, not **used to**, when talking about single activities, how long they took or how many times they happened.  
*I went to the doctor yesterday. NOT I used to go...*  
*We didn't eat for two days.*  
*NOT We didn't used to eat...*  
*Jane visited me in hospital twice.*  
*NOT Jane used to visit...*
- Used to + infinitive without to.** **Used to** has no present or continuous forms.  
*Sick people often used to sleep in temples.*
- Make questions with **Did + noun / pronoun + use to ...?**  
*Did doctors use to study science?*  
*Did you use to eat a lot of sweets when you were young?*
- Make the negative with **did not (didn't) use to** or **never used to**.  
*They didn't use to take medicine.*  
*Operations never used to be easy.*

#### TIP

In spoken English people often use **did + used** (instead of **use**) in questions and negatives.  
*Did you used to play with dolls?*  
*I didn't used to like him.*

## Practice

A Charlie is now a millionaire but he used to be poor. In your notebook, write sentences about Charlie's life with *used to* and *didn't use to*.

Now	10 years ago
1 He gets up at 11.00.	7.00
2 He doesn't work.	supermarket
3 He has a very big house.	X big house
4 He plays golf.	X golf
5 He wears expensive clothes.	cheap clothes
6 He is unhappy.	happy

1 He used to get up at 7.00

B Underline the correct option. Sometimes both options are possible.

- I had / used to have a shower last night.
- Kurt was / used to be a very good friend.
- It snowed / used to snow a lot in winter.
- I met / used to meet Janice yesterday.
- Children didn't watch / use to watch so much TV.
- It wasn't / never used to be very expensive.
- My sister went / used to go to Mexico in 2007.
- My sister went / used to go to Mexico every summer.

C Read these sentences about life 2,000 years ago. (Four are true, four are false.) If the sentence is true, rewrite it with *used to*. If the sentence is false, rewrite it with *didn't use to*.

- Latin was an international language.  
Latin used to be an international language.
- People used to think that the world was round.  
People didn't use to think that the world was round.
- There were bears in England.  
.....
- People ate a lot of meat.  
.....
- Builders made houses out of wood.  
.....

- Most people lived in towns.  
.....
- Travelling by sea was dangerous.  
.....
- Children learned English.  
.....

D Complete this advertisement with *used to* or the past simple of the verbs in the box.

not answer be change criticise do  
get lose not listen sit not worry

1 Did you get out of bed this morning and feel terrible?

2 ..... much fitter and healthier once?

If your answer is 'yes', you need **Powerflakes!**

Eva Clark (England): 'I <sup>3</sup> ..... about my health but I never <sup>4</sup> ..... exercise and my health got worse and worse. Then I tried Powerflakes! Now I feel like a new woman.'

Andrei Wojdylo (Poland): 'My friends <sup>5</sup> ..... me all the time because I was so lazy and unfit but I <sup>6</sup> ..... to them. I <sup>7</sup> .....

in front of the TV all night and eat chocolates. If the phone rang,

I <sup>8</sup> ..... it! Last

year everything <sup>9</sup> ..... because I

<sup>10</sup> ..... my job and I needed to change my life. Now, I have Powerflakes and life is perfect!



## MY TURN!

In your notebook, write sentences about changes in your life with *used to*, *didn't use to* or *never used to*.

Example: I used to do judo but now I do karate.

## MY TEST!

Circle the correct option.

- She wants to be a vet now, but she ..... want to be a doctor. a use to b used c used to
- He ..... eat healthy food, but now he only eats vegetables. a didn't used b didn't use to c doesn't used to
- ..... go to the doctor very often when you were young? a Did you use to b You used to c Did you used
- My dad used to smoke, but he ..... when I was born. a used to stop b stopped c used to stopped
- My parents ..... give us medicine when we were sick. a never didn't use to b didn't never use to c never used to

My Test! answers: 1c 2b 3a 4b 5c