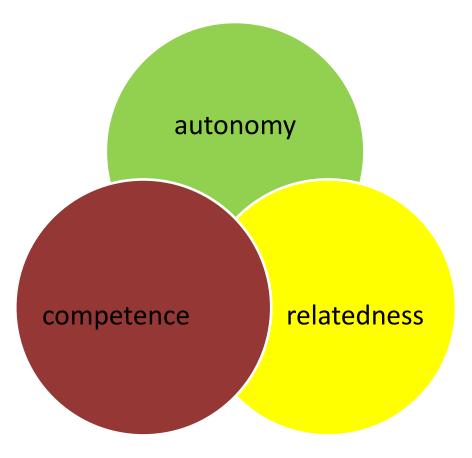
self-development

26th Feb 2018

self-determination theory

Deci and Ryan

http://selfdeterminationtheory.org/



motivation

Non self-determined

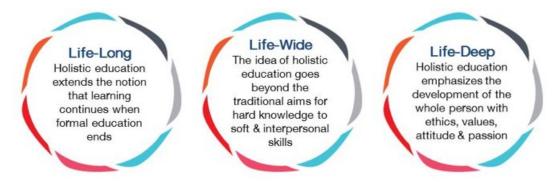
Self-determined

	Amotivation	Extrinsic Motivation				Intrinsic Motivation
Regulatory style:	Non- Regulation	External Regulation	Introjected Regulation	Identified Regulation	Integrated Regulation	Intrinsic Regulation
Source of motivation:	Impersonal	External	Somewhat external	Somewhat internal	Internal	Internal
Motivation regulators:	No intention Incompetence Lack of control	Compliance External rewards or punishments	Ego- involvement Approval from others	Valuing an activity Endorsement of goals	Congruence Synthesis with self	Interest Enjoyment Inherent satisfaction

The Self-Determination Continuum

poster session

life-long, life-deep, life-wide LEARNING



http://agile.taylors.edu.my/thesa/about-thesa/

life-long, life-deep, life-wide LEARNING

LIFE-LONG-LEARNING

You will spend plenty of time driving. This will allow you to experience many different situations and scenarios so you become familiar with them

LIFE-WIDE-LEARNING

You will spend plenty of time experiencing different situations. These situations may at times be difficult but will assist you in becoming a self-reliant and safe driver.

IFE-DEEP-LEARNING

You will spend plenty of time assessing and questioning your own driving mistakes. Figuring out your own mistakes will allow you to discover safe solutions which will suit you.

As a passenger with a committed supervisor Plater

http://www.leyladrivingschool.com.au/the-solution/

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