following adjectives: Complete the paired idioms in the sentences below. Choose from the 

alive dried square surely early easy fast sweet thin tired void white worseless low sound sapick 

For better or \_ part of people's lives. worse , the mobile phone is now a normal

Ö He drove slowly but

She was beaten fair and first round at Wimbledon. by her opponent in the

လ

'How's your father these days?'

\_ and kicking. He's living in Brighton now,'

6 so worried about you!

They promised to stand by each other through thick and

He won't believe anything unless he actually sees it in black and

ω, If we win next Saturday, we'll be home and place in the next round of the Cup. for a

© John's a farmer and has to get up bright and every morning

> 60 The result of tomorrow's match is cut and The lecture was just how the students liked it - short and I'm afraid you'll have to wear a jacket, sir. It's a hard and missing teenager, Connie Brown. But they still haven't found any The police have searched high and Natalia is sick and \_\_ Could you wait - I'm more or The contract was declared null and a well-kept museum than a home. Her flat was so trace of her. He lived a very free and the partners had forgotten to sign it. Zealand is bound to win. 'wonderful' and 'clever' her neighbour's children are rule at the club. and span that it looked more like \_\_ of hearing about how life in the country. ready now for the as one of New

4

### Healing music (Life Adv, SB/9b/track 2.12)

#### 1 Work in pairs and answer the questions.

- 1 How do different types of music affect your mood?
- 2 Think of examples of when you consciously use music to affect your mood (e.g. when driving, etc.)

## 2 Which of the following therapeutic properties do you think music has? Explain your reasons.

- a) relieving stress b) relieving pain c) acting as an anaesthetic d) helping sleep
- e) helping with learning difficulties f) preventing heart disease g) helping with speech difficulties
- h) combating memory loss

# 3 Listen to a talk by a neuroscientist about music therapy; which therapeutic properties does she mention?

4 Complete the following notes.

1 Area of the brain activated by music
2 The body releases endorphins to and produce
3 Same parts of the brain are used to process and and
4 Music could help people with and other
5 Gottfried Schlaug treated people who
6 The results of Schlaug's music therapy were really
7 Music therapy for memory loss is important because

# 5 Look at this idiom used by the speaker: "This news should be music to our ears." Now match these music idioms with the correct meaning.

accept responsibility give a contrary opinion know what's going on make a fuss seem very relevant to shout about one's achievements take things as they come

- 1. You've changed your tune. You said you didn't like rock music!
- 2. What she said about working long hours really **struck a chord** with the audience because they were mostly nurses.
- 3. It's a mistake to go to a job interview with a particular strategy. Just play it by ear.
- 4. Don't worry about John negotiating the deal for us. He knows the score.
- 5. I don't mean to blow my own trumpet, but I think my performance was the best :-).
- 6. Sooner or later someone will find out that he cheated and he'll have to face the music.
- 7. In the end he did help me tidy up, but he made a big song and dance about it.

#### 6 Put these words in the table: ballad, busker, eclectic, folk, soothing

dance
melodíc
solo artist
sophisticated
instrumental

### 7 Read the conversation, then put the words in bold in the correct category above.

- A: I saw John Williams in concert last night. You know, the composer and guitarist?
- **B:** Yes, I know. He plays classical, doesn't he? And some flamenco. I've heard some of his stuff he did with Segovia: it's very uplifting.
- A: Yes it is! Last night he played some West African pieces. I think people were surprised. They seemed quite a conservative audience and I think they had come expecting him to play his better known classical compositions. But I really liked it!