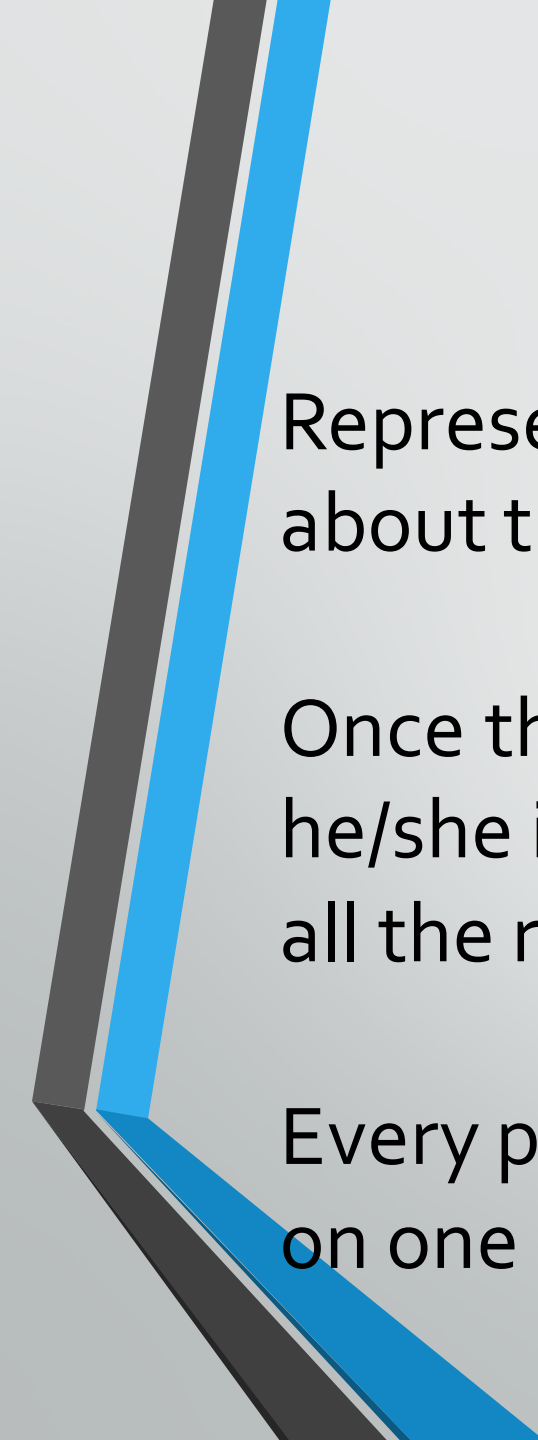


Life position and Education

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BERNE: The young child,
early in the process of script formation,
“already has certain convictions about himself
and the people around him and the world.”
These convictions can be summarized as:-

1. I'm OK
2. I'm not OK
3. You're OK
4. You're not OK



Represent fundamental stances a person takes up about the essential value he perceives in himself and others.

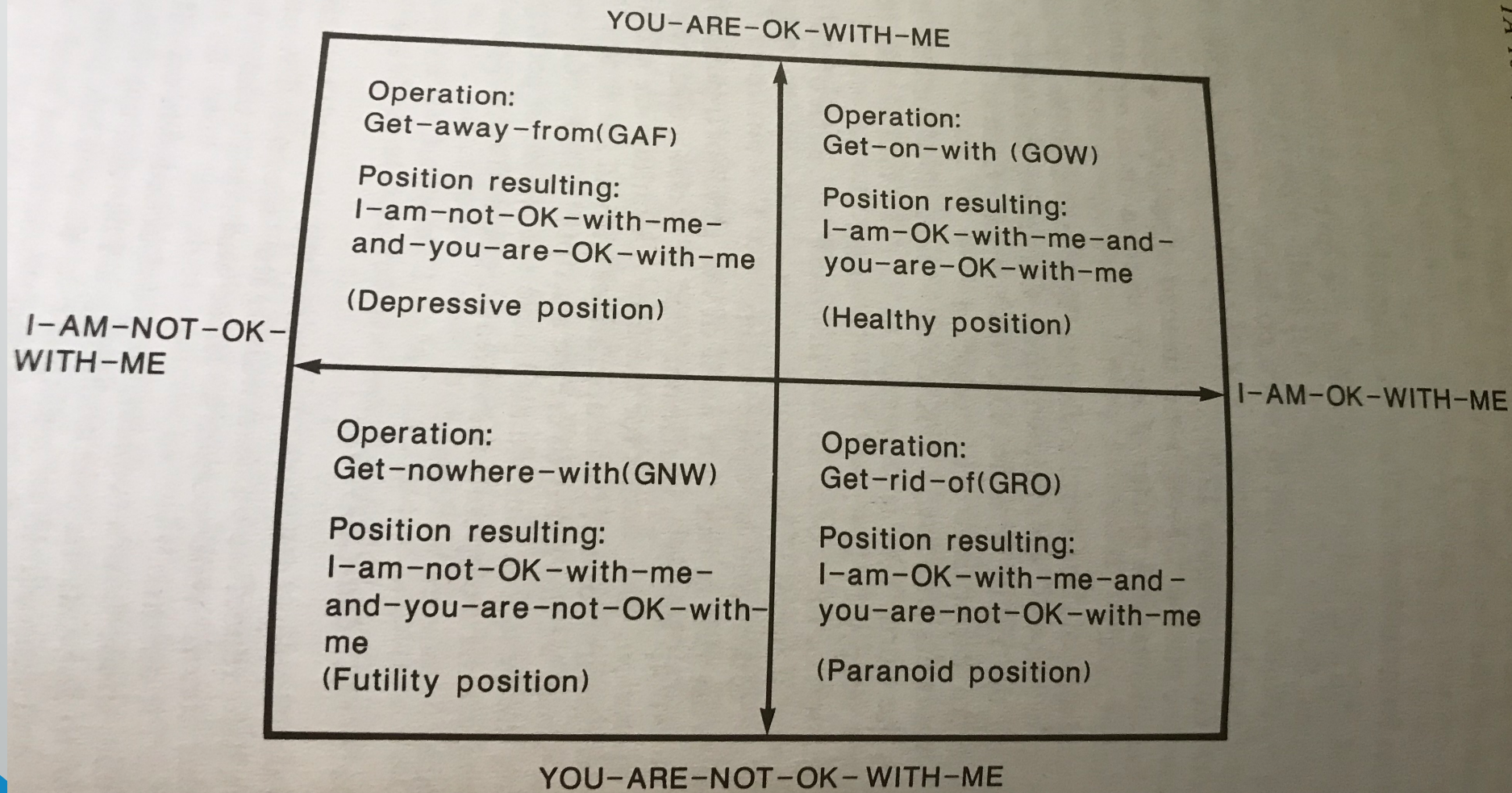
Once the child has adopted one of the life positions, he/she is likely to construct all the rest of his/her script to fit in with it.

Every psychological game, script and destiny is based on one of this four positions.(Berne)

THE FOUR LIFE POSTIONS:

Can be defined as one's basic beliefs about self and others which are used to "justify" decisions and behaviour.

1. I'm OK, You're OK
2. I'm not OK, You're OK
3. I'm OK, You're not OK
4. I'm not OK, You're not OK



TA Today

Figure 12.1 The OK Corral: Grid for What's Happening



The life position of the trainer

Influences

- **his training style**
- **his relationship to the students**
- **his expectations of successful training methods**

+/-: trainer is the competent one, student has to follow

-→ overadaption or rebellion

-/+: the trainer try's to be perfect, don't feel competent,
has problems with discipline or don't take his professional role of leading processes

-→ distortion, resistance, non interest or symbiosis

-/- : the trainer is disappointed and frustrated,
don't expect some efforts from the students.

-→ automatically work, no effort and relationship, indifference,
passivity and sometimes violence

+/: trainer has a realistic awareness about own capacity
and the capacity of the students,

he or she and the students are in a cocreative process,

learning happens in an adult ego state, process and content orientated

-→ belief that the trainer and the students do their best,
what is possible for them at the moment.