# DYSGRAPHIA

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#### DEFINITION OF DYSGRAPHIA IN CZECH REPUBLIC



- "Dysgraphia is a writing disorder which affects the graphic side of the written speech. These include readability and editing of written text."
- Dysgraphia is not related to movement disorder or sensory impairment
- From the beginning, the disorder can be considered laziness



- "Dysgraphia is characterized as a learning disability in the category of written expression when one's writing skills are below those expected given a person's age measured through intelligence and age appropriate education."
- Absence of handwriting and spelling skills
- Often the stress and frustration of writing



- "Dysgraphia is a disorder of writing ability at any stage, including problems with letter formation/legibility, letter spacing, spelling, fine motor coordination, rate of writing, grammar, and composition."
- Impairment in the production of written text
- Dysgraphia can be acquired

#### WHAT ARE THE MAIN FEATURES OF DYSGRAPHIA?

• dysgraphia is described as a specific disability of graphic expression

Deficits:

- fine and gross motor skills
- movement coordination
- movement memory, visual memory
- spatial orientation

#### CLASSIFICATION OF DYSGRAPHIA

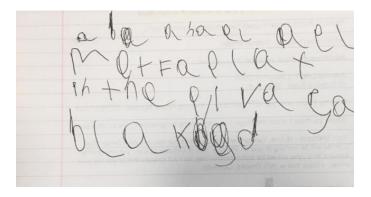
#### 1. Classification in the US

- dyslexic dysgraphia
- motor dysgraphia
- spatial dysgraphia
- lexical dysgraphia
- phonological dysgraphia
- 2. Classification in the UK
- surface dysgraphia
- deep dysgraphia
- 3. Classification in the Czech Republic
- phonological dysgraphia
- deep dysgraphia
- surface dysgraphia

#### SPECIFIC SIGNS OF DYSGRAPHIA

There are some skills that people with dysgraphia may struggle with:

- memory
- font
- spelling
- writing clearly
- similar letters
- geometry
- drawing



#### DOES DYSGRAPHIA OCCUR ALONE?

- dyslexia
- OWL LD (oral and written language learning disability)
- ADHD (attention-deficit hyperactivity disorder)
- mental disorders



- Diagnosed by a **special educator** in educational and psychological counselling centre.
- The **psychologist** can help with diagnosis
- The specialist will **look** at their:
  - gross and fine motor skills
  - Finished work
  - Hand and body position
  - Pencil grip
  - **Posture**
  - Writing process
  - Drawing process



#### DIAGNOSIS OF DYSGRAPHIA



- Diagnosed by a **licensed psychologist** trained in learning disorders.
- Pediatrician rule out other diseases.
- Occupational therapist works with child's motor skills.





#### TREATMENT OF DYSGRAPHIA

• There's no cure for dysgraphia.

- Medication used to **treat ADHD** has helped with dysgraphia in some kids who have **both conditions**.
- Problems associated with writing and fine motor skills can be improved.

#### IN DYSGRAPHIA THERAPY WE CAN FOCUS ON

### **GROSS MOTOR SKILLS**

Gross motor skills include:

- sitting
- crawling
- running
- jumping
- throwing a ball
- climbing stairs



#### IN DYSGRAPHIA THERAPY WE CAN FOCUS ON

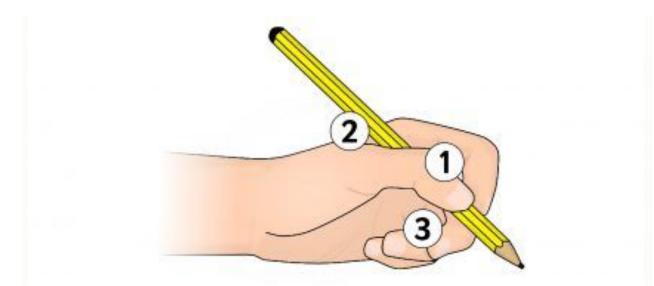
### FINE MOTOR SKILLS

The use of the smaller muscle of the hands

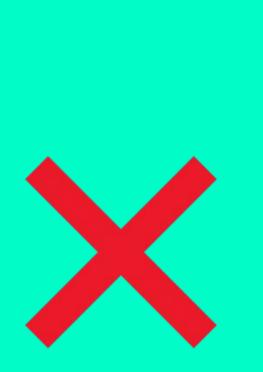
- using pencils,
  scissors
- construction with
  lego or duplo
- doing up buttons and opening lunch boxes.

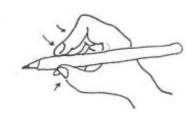


#### HOW TO HOLD A PENCIL CORRECTLY



- 1. Put your thumb and forefinger about 3 cm above the coned end of the pencil.
- 2. Let the pencil rest between your thumb and forefinger.
- 3. Then put your middle finger underneath for support.





KŘEČOVITÉ DRŽENÍ TUŽKY



SMYČCOVÝ ÚCHOP

HRSTIČKOVÝ ÚCHOP

PĚSTIČKOVÝ ÚCHOP



ŠPETKOVÝ ÚCHOP S PALCEM, KTERÝ PŘESAHUJE PŘES UKAZOVÁČEK



VAŘEČKOVÝ ÚCHOP



PROTAŽENÁ HRSTIČKA

#### SOME HELPFUL CHANGES IN THE CLASSROOM





Additional Time To Copy

Typed Copies of Notes



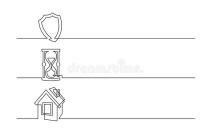


Choice of Print of Cursive

Type with Laptop



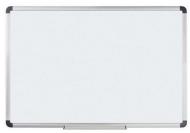
Do not Penalize Spelling Errors







Allow Oral Reports



Brainstorm Writing Ideas



## THANK YOU FOR YOUR ATTENTION!





- https://www.dyslexia.uk.net/wp-content/uploads/2018/06/Definition-of-Dysgraphia-1.pdf
- https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7082241/
- https://theses.cz/id/rtziz8/12173705
- <u>https://www.medicalnewstoday.com/articles/dysgraphia</u>
- https://www.lexialearners.com/blog/the-5-types-of-dysgraphia
- <u>https://nha-handwriting.org.uk/handwriting/about-handwriting-difficulties/</u>
- <u>http://www.ppp-ostrava.cz/co-mame-delat-kdyz-mame-doma-dite-s-dysgrafii/</u>
- <a href="https://www.webmd.com/add-adhd/childhood-adhd/dysgraphia-facts">https://www.webmd.com/add-adhd/childhood-adhd/dysgraphia-facts</a>
- <u>https://www.additudemag.com/dysgraphia-treatment-for-children-and-adults-at-school-or-home/</u>
- ZELINKOVÁ, Olga, 2015. Poruchy učení: dyslexie, dysgrafie, dysortografie, dyskalkulie, dyspraxie, ADHD. Vyd. 12. Praha: Portál. ISBN 978-80-262-0875-4.