

Sizes of Feelings

with Disney Pixar's Inside Out characters!

Use these visuals to teach students to:

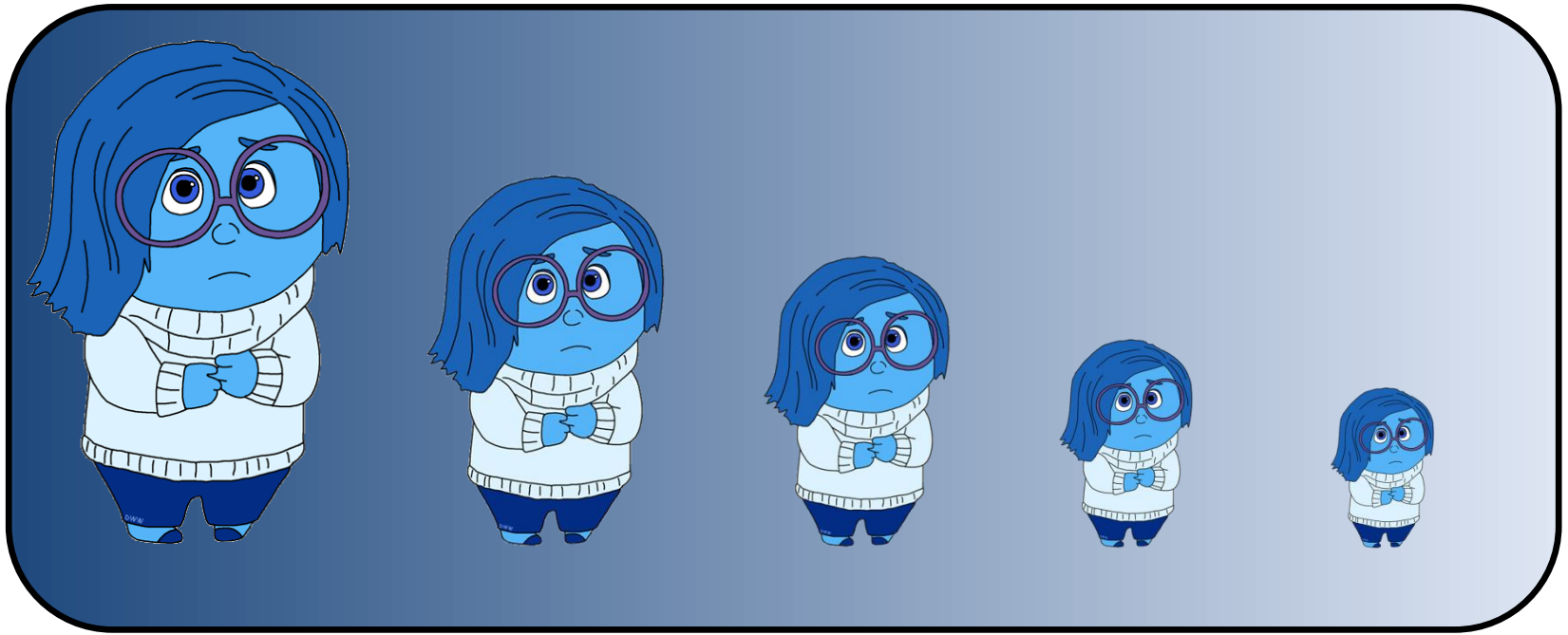
- Expand emotional vocabulary – gradations of feelings
- Identify what “size” of a feeling a child is having in the moment
- Describe a fiction texts character’s emotions and emotional change
- Understand “overlapping” feelings



Created by: Jill D. Kuzma, 7/2015 – <http://jillkuzma.wordpress.com>

Clip Art Credit: DigitalSurvey at <https://www.etsy.com/shop/DigitalSurvey>

Sizes of Sad Feelings



Size 5 Sad

4

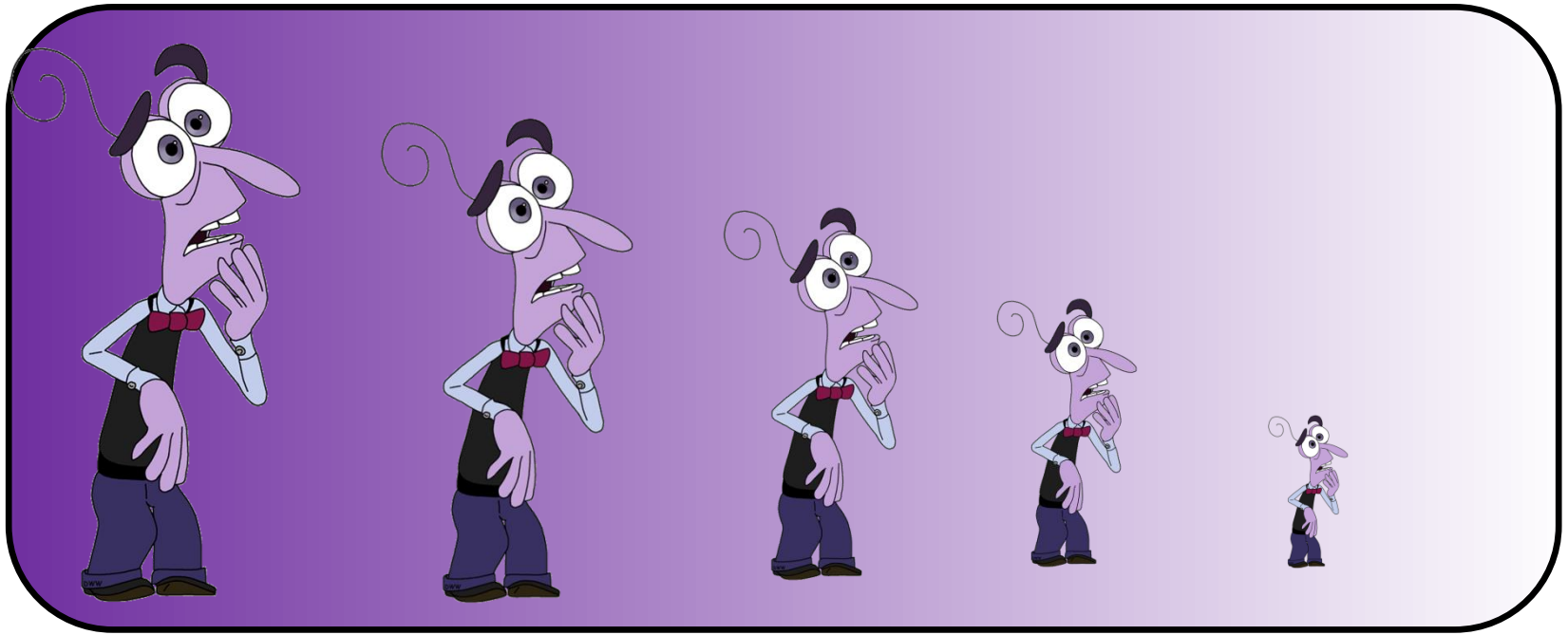
3

2

Size 1 Sad



Sizes of Fear/Worried Feelings



Size 5 Afraid, Worried

4

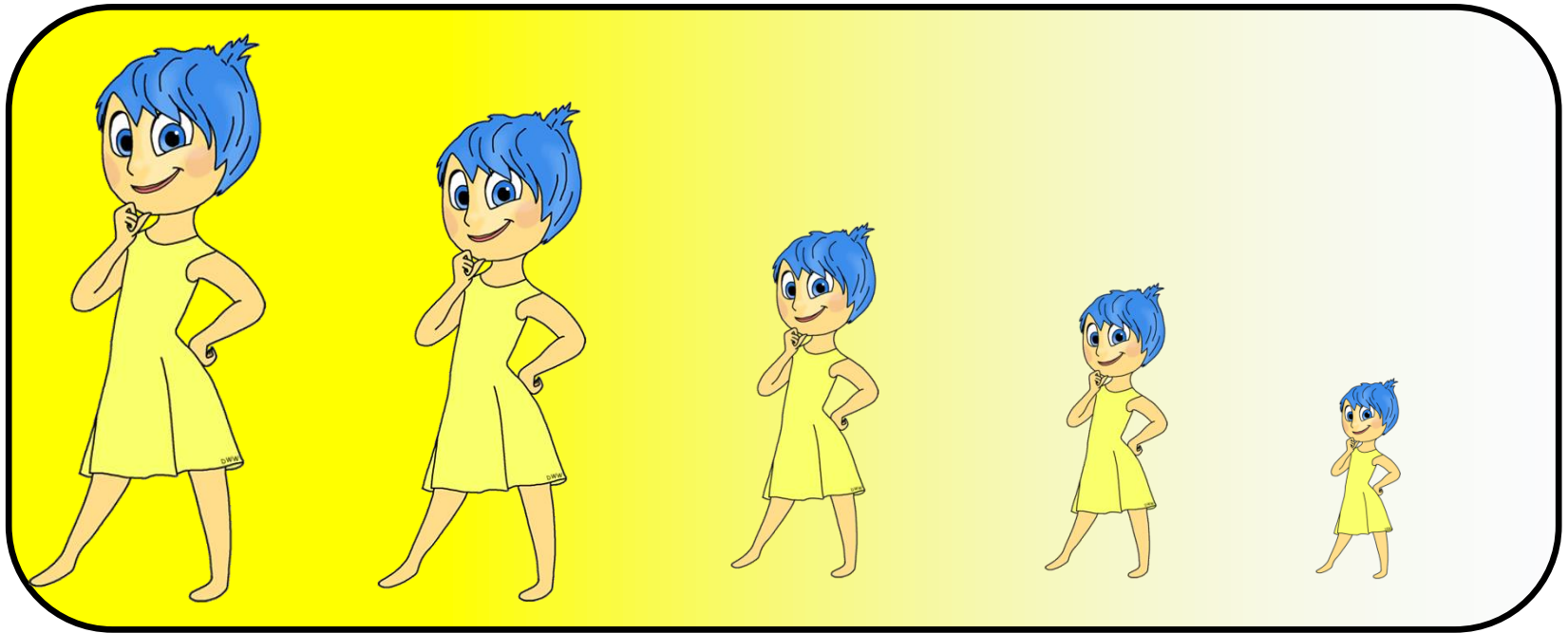
3

2

Size 1 Afraid, Worried



Sizes of Happy Feelings



Size 5 Happy

4

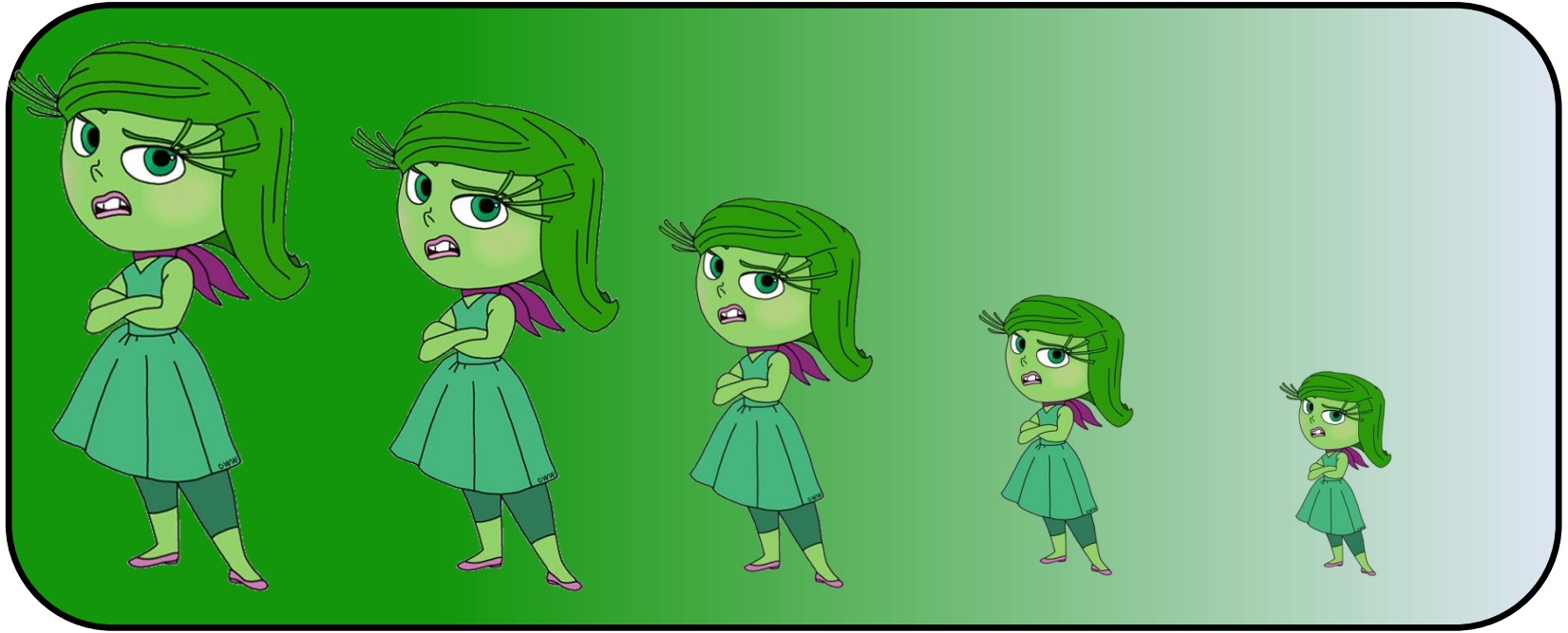
3

2

Size 1 Happy



Sizes of Disgusted Feelings



Size 5 Disgusted

4

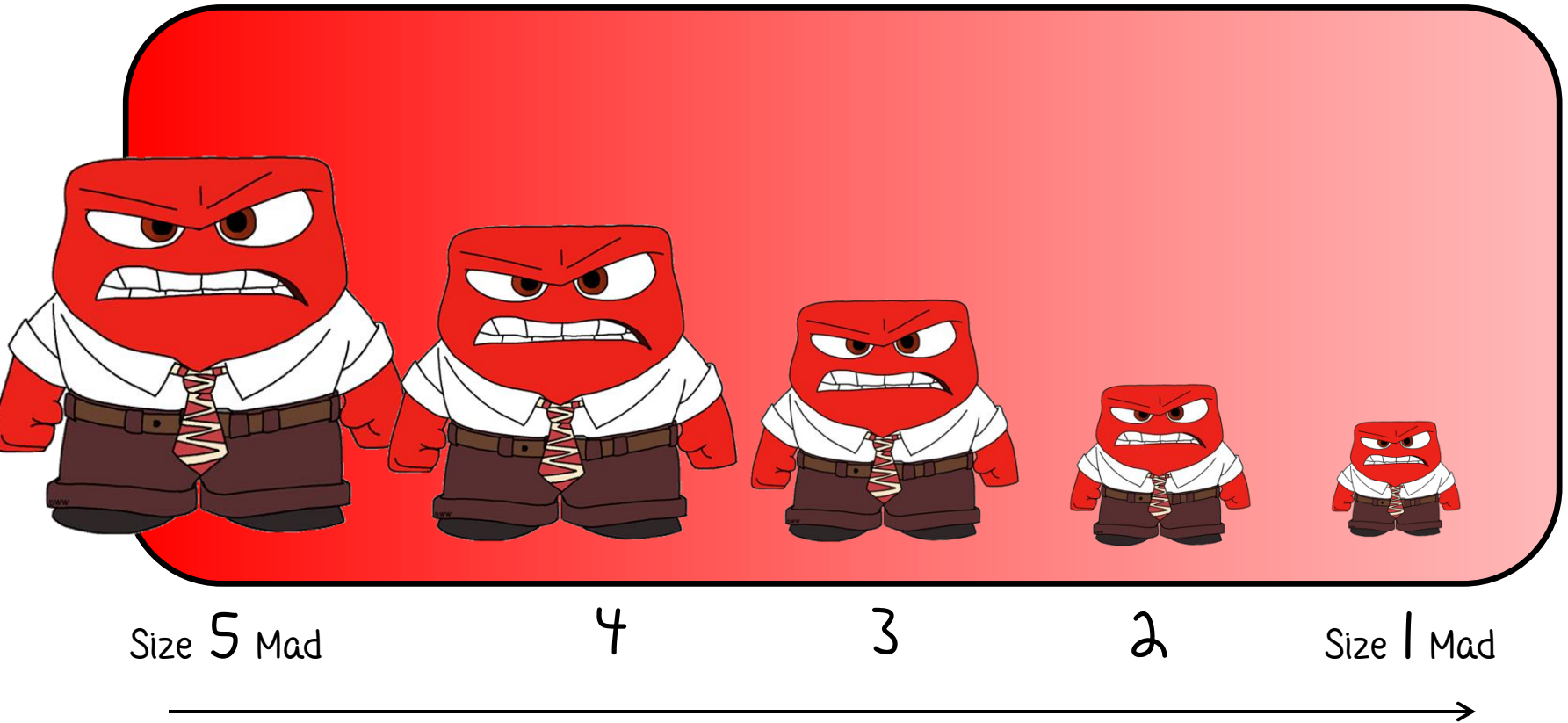
3

2

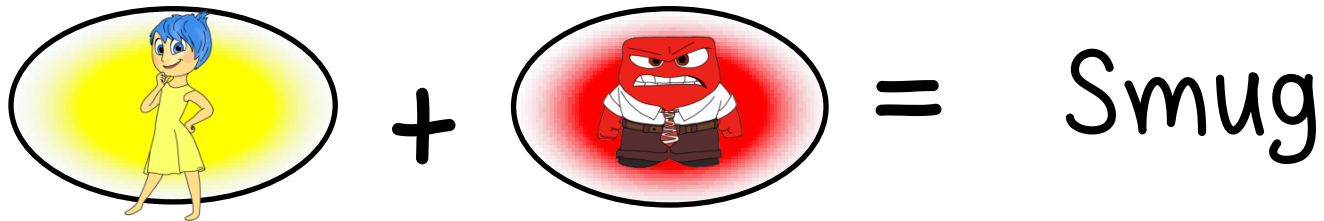
Size 1 Disgusted



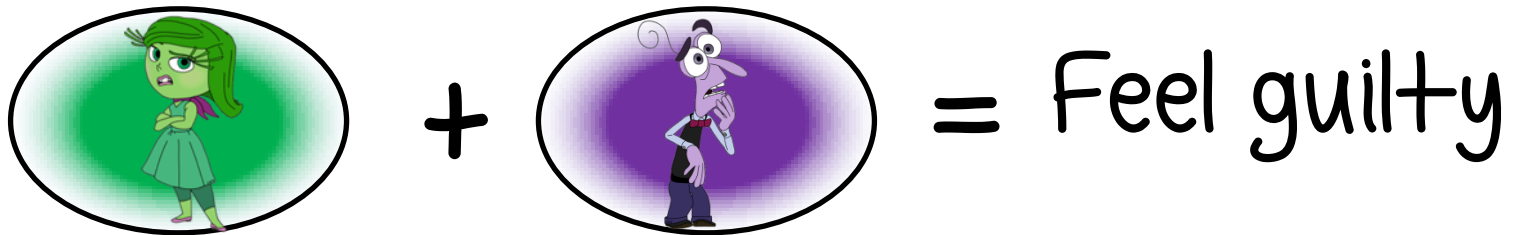
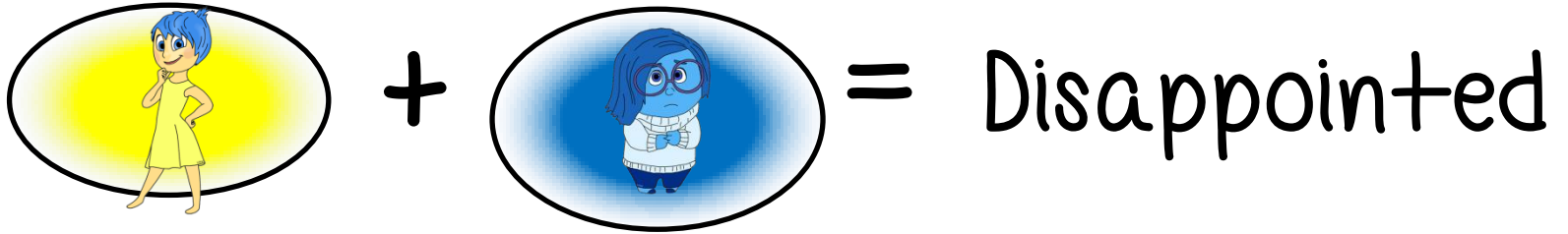
Sizes of Mad Feelings



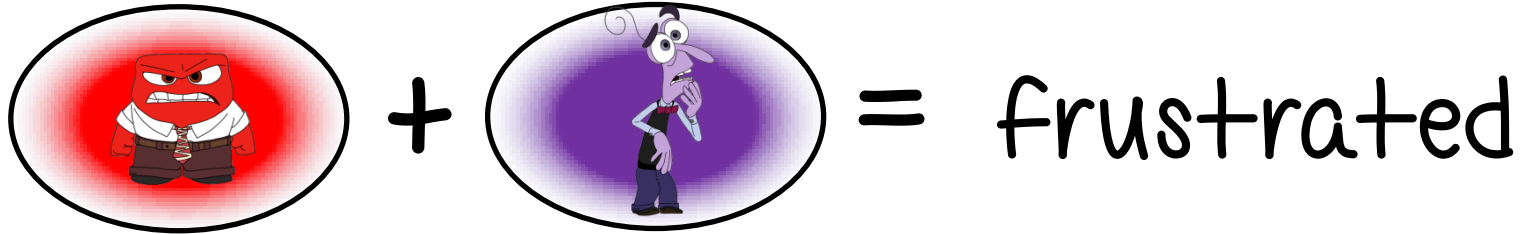
Overlapping Feelings



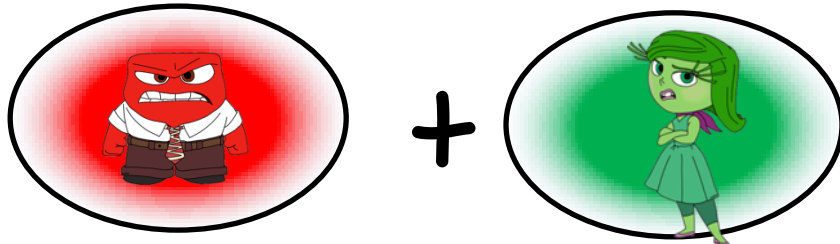
Overlapping Feelings



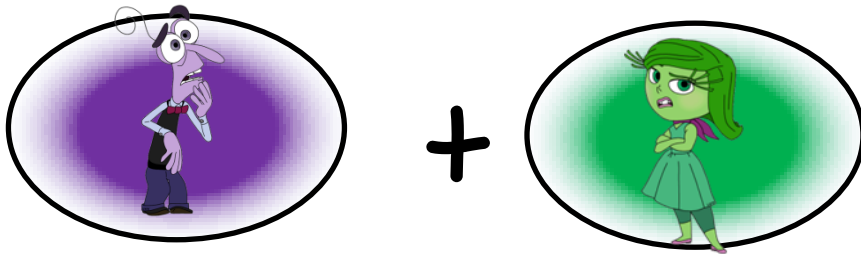
Overlapping Feelings



= frustrated



= Irritated,
annoyed



= embarrassed