

**READING and SPEAKING: "MEDICATION ...THE RIGHT SOLUTION TO ADHD?"**

- A) Study the cards below. Each of them describes a potential effect of ADHD medication.
- B) Divide the cards into two categories:
- Cards that GIVE REASONS FOR taking medication (F).
  - Cards that GIVE REASONS AGAINST taking medication (A).

**VOCABULARY:**

drugs	to fidget	**to stifle
to notice	self-confidence	appetite
self-esteem	side-effects	moodiness

\*to fidget /'fɪdʒ.ɪt/ = to make continuous, small movements that annoy other people

\*\* to stifle /'staɪ.fəl/ = to prevent something from happening, being expressed, or continuing

**1 Many people with ADHD who take medication find it easier to finish schoolwork and homework.**

**6 Some medication for ADHD can stifle creativity.**

**2 Medication cannot cure ADHD; the best it can do is to manage the symptoms until the person stops taking the drugs.**

**7 Medication often helps people with ADHD to control their emotions.**

**3 There are other ways of helping people with ADHD, including social skills training and parent education.**

**8 Some people who take medication notice improved self-confidence and self-esteem.**

**4 Some people with ADHD who take medication find that their relationships with friends and family improve.**

**9 Medication for ADHD can have many side-effects, including headaches, moodiness and a decrease in appetite. Some users stop growing.**

**5 Medication can help people with ADHD to fidget less.**

**10 One study found that one brand of ADHD medication can cause cancer in some animals.**

- C) Now choose two best reasons for taking medication and two best reasons against taking it and justify your choice.
- D) Talk to the person sitting next to you about your choices and explain your reasoning.
- Is it right, ethically, to give medication to young children with ADHD? Why? Why not?

