

Lesson plan - Nonverbal Communication

Time	Activity	Instructions for the teacher	Aids
5 minutes	Introduction	<ul style="list-style-type: none"> - Presentation with basic summary (slide number 2 and 3). 	computer, projector, ppt
20 minutes	First Activity	<ul style="list-style-type: none"> - Divide students into small groups. - In each group, have students discuss their interpretations of specific hand gestures (pictures are in the presentation). - Once the discussions are complete, instruct the groups to write down their conclusions. - After 10 minutes each group should present their findings to the class. 	paper, pens / notebook / tablet / phone, computer, projector, ppt
10 minutes	YT video	<ul style="list-style-type: none"> - Play a video about the various meanings of different hand gestures around the world. <ul style="list-style-type: none"> o https://www.youtube.com/watch?v=JCwyRn40fvk - Then discuss what you have learned and if students agree with the interpretations presented in the video. <ul style="list-style-type: none"> o Did your conclusions from the exercise before matched with the information from the video? o Do you agree with all the interpretations presented in the video? If no, then why, do you have different experience? 	computer, projector
10 minutes	Final activity, summary	<ul style="list-style-type: none"> - Divide students into pairs and let them discuss other ways of nonverbal communication among different cultures. - At the end of the class ask them to share their knowledge and write it on a board so the whole class can see it. 	board, marker

Presentation:

What is Nonverbal Communication?

- = **transfer of information from one person to another without the use of words or spoken language** (Akre, 2023)
- **It occurs in different ways:**
 - Facial expressions
 - Body posture and body position
 - Gestures
 - Eye contact
 - Touch
 - Space
 - Voice (the way you say things)
(Smith, 2023)

Cultural Factors

- „Research demonstrates that **people produce and understand nonverbal communication signals related to facial expressions in a universally shared manner across cultures**. Thus, these signals do not appear to require learning, implying that there is an instinctive evolutionary origin to nonverbal communication involving facial expressions. **Many other components of nonverbal communication appear to be learned and may depend upon where an individual lives.** (Akre, 2023)
- first activity



Video „The Definitions Of Hand Gestures Around The World“

<https://www.youtube.com/watch?v=JCwyRn40fvk>

References

Akre, K. (2023, October 10). *nonverbal communication*. *Encyclopedia Britannica*.
<https://www.britannica.com/topic/nonverbal-communication>

Smith, M. (2023, November 7). *Nonverbal Communication and Body Language*. HelpGuide.org.
<https://www.helpguide.org/articles/relationships-communication/nonverbal-communication.htm>