

Read the short stories aloud and practise + concentrate on the sound /æ/:

Stand up and clap your hands. Sam tracked and attacked the bat. That's a dam, and that's flat sand. A fat black rat sat on its back. The black bag is at the back. Can you carry that hat to uncle Sam? Pack these pants into the bag. Have you had a snack? Who ever heard of a cat with a hat? Pat married a bank manager. The cash in the sack was carried back to the bank. Can you fancy the lamb roasting on the pan? That bat is very fat. Jack had a heavy satchel.

Contrast /æ/ to /e/:

You'll get your headache back again if you stand on the sand like that. Jack left the bad man alone, and fetched his black hat from the cabin. Not every lad can stand on his head. Can you lend Pam a pen? I give a damn about what they had on their head. Lead is not so bad, if you have a heavy hammer. I never ate apple jam spread on a slice of bread. I had to stand in the sun for ten hours at a stretch.