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| **What exactly is personal culture?** |

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| 1. ***Introduction and video (5 min.)*** | * What is culture? <https://www.youtube.com/watch?v=yB7WwENGOgw> * What is personal culture? |
| 1. ***Discussion – Personal Culture (10 min.)*** | * How would you describe your personal culture? * How many differences in your personal culture can you find in comparison to your classmates? * What’s the difference between personal culture and other kinds of culture? |
| 1. ***Exercise – Group Culture (10 min.)*** | * In small groups, discuss and then try to point out similarities in your respective personal cultures. Make a small list with two columns. Write down things you all agree on, on the left, and things in which you differ on the right. * Compare your list with other groups. |
| ***4) Brainstorming – Our culture***  ***(10 min.)*** | - Since each and every one of us has  different culture in a way, how  come national or local cultures also  take part in who we are? |
| ***5) PP Presentation (5 min.)*** | - How do all of these kinds of cultures  mix together?  - Culture is what makes you... you. |
| ***6) Summary (5 min.)*** | - Why are we talking about this? |

**What exactly is culture?**  
There are so many factors to what culture is that we tend to ignore culture on the micro levels. It is what connects together all social groups we know. Religions, passions, hobbies, workspaces, schools, but also families, friends, people and ourselves. Have you ever had a friend with whom you created some funny words that only you two understand? Wouldn’t that also be considered a part of your culture? Does your family have a unique culture? For example, do you have some special way of celebrating birthdays or other celebrations? Some families may go get a nice dinner or an ice cream, some may go to the cinema or shopping. Some buy gifts, some cake, some both. Some people celebrate Christmas giving gifts to each other, some stuff all gifts under a tree first, and some believe on Santa, on Ježíšek, or on Father Christmas. Some people welcome new year with fireworks, some may not celebrate it at all. All these things, and more, shape our personal understanding of culture.   
  
**What is Personal culture?**  
Simply put, it is everything that makes us understand things both around us and inside us. It affects our perception of reality, even though it is only something that we pick up from our environment. When a baby is born, it can only perceive physical needs. Everything that the kid may pick up later on could be considered culture, from its behaviour to its education. Since different children had different parents from different backgrounds, they will perceive things differently, and they will never perceive all things the same way, even if it may seem like it sometimes. A child from a rich family will most likely see topics of poverty, charity or financial crisis differently than a child from a financially challenged background.  
What then is a personal culture by definition? There are many different interpretations of answer to this question (as could be seen on different pictures below). If I could add my small bit to the whole, I’d say that personal culture is simply all that makes us a person. A combination of all we can perceive, from the major factors, like family art, economic class, religion, race and many more, to the smaller ones, like our own abilities, beliefs, opinions and stances. It also is a culture of groups we are part of, be it voluntarily or otherwise. We are part of some families, some friend groups, some work and school environments, and we adapt a part of their culture too. The amalgamation of all these things combined make our unique personal culture.  
  
**Why do I think this topic is worth talking about?**  
I personally believe that culture is the be-all and the end-all of what defines us all as people. Since culture is what defines us as individuals, getting to know more about different cultural beliefs can help us understand opinions and beliefs we may not find agreeable, or even acceptable. Modern society is the most toxic one throughout the entire history of humankind, simply because internet gave us infinite access to people all around the globe, and spaces to express our opinion, only to see our beliefs get bombarded by people of different opinion. These things lead to toxicity and hate, that is highly unnecessary. If people instead try to learn how different cultures see things, they may be able to understand more where their opinions are coming from, and maybe even change their mind on things they now see they perceived incorrectly. Spreading more awareness of this is highly important and will only get more crucial in the future. I even dare say that this knowledge will not only be able of solving petty differences among colleagues or classmates, but it also has potential of solving modern global crises, like wars, terrorism and religious violence. I believe there is a future where people will learn tolerance to a point of reaching absolute peace. And the knowledge of cultural backgrounds we all are coming from is as solid of a starting point as I can think of.  
  
  
