

HIDDEN TALENT

LISTENING

1 Look at the photos of different martial arts on these pages and discuss the questions.

- What do you know about the martial arts in the photos?
- Why do you think people do martial arts?
- What abilities / qualities do you think you need? (e.g. strength, good balance, patience, etc.)
- Do you know anyone who does a martial art? Are they any good?
- What sports did you do at school? Did you like them? Why? / Why not?

2 ▶ 21 Listen to a conversation between Rika and her colleague Ian, who is working in Japan for an international company. Answer the questions.

- 1 What is the surprising information Ian finds out?
- 2 Why is he so surprised?
- 3 Why is Rika annoyed?

3 ▶ 21 Work in pairs. Decide if these sentences about the conversation are true (T) or false (F). Can you remember what Ian and Rika actually said? Listen again and check your ideas.

- 1 Rika gives someone her autograph.
- 2 Rika won the judo tournament she entered.
- 3 You need to be tall to do judo.
- 4 Rika started doing judo when she was a child.
- 5 Her teachers at school persuaded her to start doing it.
- 6 Rika boasts about how good she is.
- 7 She practises two or three times a week.
- 8 Rika was once national champion.

4 Work in groups and discuss the questions.

- Do you understand why Rika doesn't talk about her talent at work?
- Do you know anyone who has an unusual hobby or 'hidden' talent? What is it?
- Do you think learning a martial art is the best way to deal with bullying? Why? / Why not? What else could be done?

- Do you know anyone who is very competitive or a bad loser? Give examples.
- Have you ever taken part in a competition? What kind? When? Use some of the phrases below to talk about how well you did.

- I came first / second / 357th / last, etc.
- I lost in the first round / the second round, etc.
- I got to the quarter final / semi-final / final, etc.
- I did it in three hours ten minutes / under an hour, etc.

VOCABULARY Injuries and problems

5 Complete the sentences with these words.

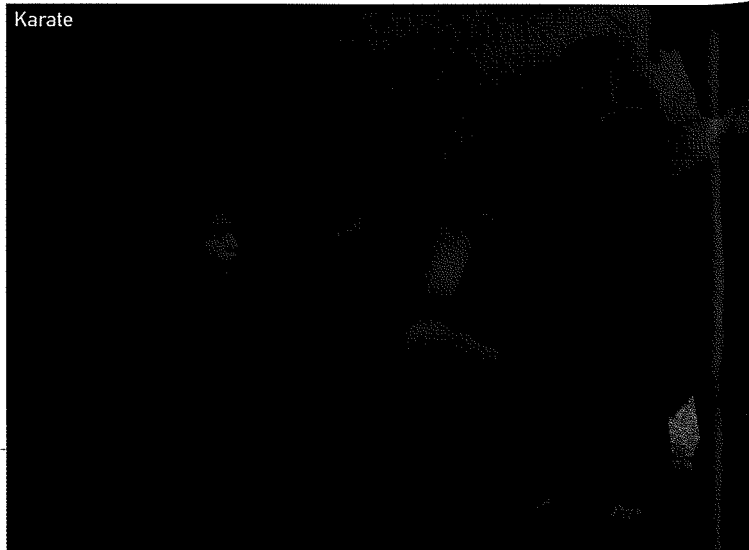
injury	pulled	injured	unfit
confidence	broke	banged	stiff

- 1 I fell off my bike and _____ my head. Luckily, I was wearing a helmet.
 - 2 I was playing football and _____ my leg. It was in plaster for six weeks.
 - 3 I didn't really warm up before we started playing and so I _____ a muscle in my leg.
 - 4 I'm so _____! I went running with a friend, but I had to stop after ten minutes.
 - 5 We did a twenty-mile walk yesterday, so my legs are really _____ this morning.
 - 6 I _____ my back skating. I tried to stand up and I slipped and fell backwards.
 - 7 He beat me 6-0, 6-0. I lost a lot of _____ after that and it took a while to recover.
 - 8 I got a really bad knee _____ a few years ago and it's never really recovered properly.
- 6 Work in groups. Rank the problems from Exercise 5 from 1 (= most serious) to 8 (= least serious). Explain your decisions.**
- 7 Choose three problems from Exercise 5 that you have experienced. Then work in pairs and tell your partner what happened.**

Sanda



Karate



GRAMMAR

Present perfect continuous and past simple for duration

We can use both the present perfect continuous and the past simple to talk about the duration (how long something lasts) of an activity or situation.

8 Look at these extracts from the conversation. Then work in pairs and answer the questions below.

I: So how long **have you been doing** judo, then?
(present perfect continuous)

R: Ever **since** I was a kid.

I: Really? How long **were you out of action**?

R: Well, I **didn't do** anything **for** a couple of months.
(past simple)

I: How long **have I known** you now? Six years?
(present perfect simple)

- 1 Does Rika still do judo?
- 2 Is Rika still out of action?
- 3 Does Ian still know Rika?
- 4 Why don't we say: *How long have I been knowing you now?*
- 5 What's the difference between *for* and *since*?

G Check your ideas on page 170 and do Exercise 1.

9 ▶ 22 Respond to these comments by writing a *How long ...?* question using the verb in brackets. Then listen and check your answers.

- 1 It's the first accident he's ever had. He's actually a very good driver. (drive)
- 2 I can't meet tonight. I have my kickboxing class. (do)
- 3 I used to be quite good at basketball before I gave up. (play)
- 4 He only started playing again after the injury two months ago. (be injured)
- 5 I need to stop. I think I've pulled a muscle. (warm up)
- 6 My parents are having a party for their wedding anniversary on Saturday. (be married)
- 7 Her Arabic is pretty good already. (learn)
- 8 At last! You're here. I was beginning to worry. (wait)

PRONUNCIATION

10 ▶ 22 Listen again to the questions from Exercise 9. Notice the contractions and weak forms of *have, has, been, did, you, etc.* when we speak fast. Practise saying the questions as quickly as you can.

11 Work in pairs. Have eight conversations starting with the comments and questions from Exercise 9. Continue each conversation for as long as you can.

A: It's the first accident he's ever had. He's actually a very good driver.

B: I'm sure. How long has he been driving?

A: About five or six years.

B: Right. So how did the accident happen?

A: This car didn't stop at the lights and crashed into him.

B: Oh dear.

G For further practice, see Exercise 2 on page 171.

SPEAKING

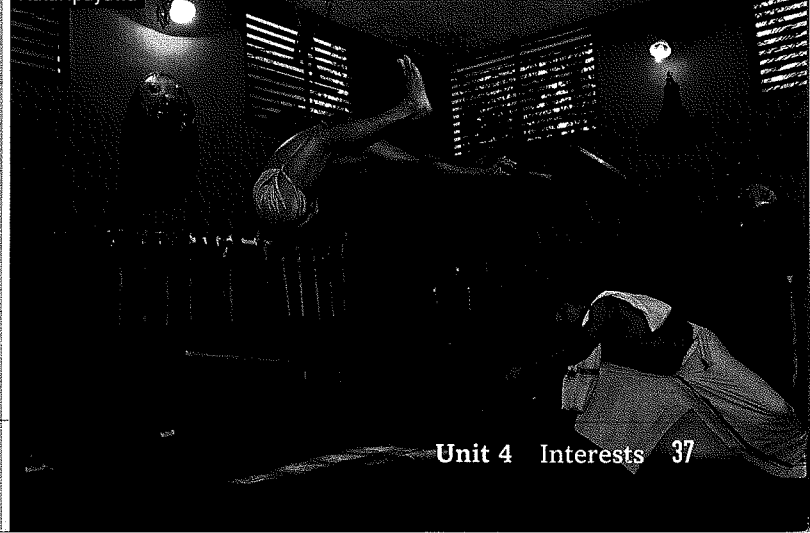
12 Work in groups. Find the answers to the questions below for your group. Find out two more details, such as *how long, when, where, how often, why or how.*

- 1 Who is the fittest person?
- 2 Who has run the longest distance?
- 3 Who has given up a hobby or sport?
- 4 Who plays a musical instrument well?
- 5 Who has got to this level of English the quickest?
- 6 Who has done the last homework the teacher gave you?
- 7 Who has been on the longest journey?
- 8 Who has experienced the longest wait for a plane or train?
- 9 Who has lived in their house for the shortest time?
- 10 Who has seen the longest film?
- 11 Who had the shortest journey to get here?

Judo



Kalaripayattu



THE SOUNDTRACK OF OUR LIVES


VOCABULARY Describing music

- 1 Check you understand the adjectives in bold in the sentences below. Think of songs or genres of music you could describe using these adjectives.
 - 1 If a song is **catchy**, you quickly want to sing it and can't stop.
 - 2 If music is **repetitive**, it has the same boom boom beat all the way through.
 - 3 If a song is **heavy**, it's very loud and has a strong beat.
 - 4 If a song is **soft**, it's quiet and relaxing to listen to.
 - 5 If we say the music or lyrics (the words to the song) are **sentimental**, they are romantic or sad in a bad way.
 - 6 If we say a song is very **commercial**, it is a negative way of saying it is written to sell a lot.
 - 7 If music or songs are **moving**, they make you cry.
 - 8 If music is **bland**, it's boring.
 - 9 If music is **uplifting**, it makes you happy or hopeful.
 - 10 If music is **depressing**, it makes you sad.
- 2 Work in pairs and compare your ideas. Say whether or not you like the songs / genres you thought of and explain why.

DEVELOPING CONVERSATIONS

Talking about tastes

We often move from asking about general tastes to more specific tastes. There are common questions we ask when talking about music, films and books.

- 3 Put the conversation into the correct order. The first one is done for you.
 - a Erm, I don't know ... Girls Rock, Soul Train, **stuff like that**.
 - b **All sorts really, but mainly** pop music and R&B.
 - c Oh right. **Anyone in particular?**
 - d Yeah, all the time.
 - e So **have you** heard **anything good recently?**
 - f **What kind of** music **are you into?**
 - g **Do you** listen to music **much?** 1
 - h Well, I downloaded this great song by K Boy. It's fantastic.
- 4  23 Listen and check your answers.
- 5 Talk to other students and have similar conversations about music, films and books. Try to use some of the expressions in bold from Exercise 3.

READING

- 6 Work in pairs. Look at the song titles and artists below. Do you know any of them? Do you like them?
 - *Hey Jude* (The Beatles)
 - *Stuck Me* (The Gimmies)
 - *Starships* (Nicki Minaj)
 - *The Four Seasons* (Vivaldi)
 - *Limón Y Sal* (Julieta Venegas)
 - *I Wanna Be Like You* (from *The Jungle Book*)
 - *Take My Hand* (Ivan & The Parazol)
 - *My Heart Will Go On* (Céline Dion)
 - *Gangnam Style* (Psy)
- 7 Read the article and find out if the readers like the songs in Exercise 6 or not – and why.
- 8 Read the article again. Which person / people in the article:
 - 1 likes different kinds of music to their father?
 - 2 finds some songs drive them mad?
 - 3 has good memories of time spent abroad?
 - 4 went to a concert by one of their favourite bands?
 - 5 predicts that one band will become famous?
 - 6 mention special ceremonies?
- 9 Correct the words in italics with words from the article. Then work in pairs. Discuss if any of the sentences are true for you.
 - 1 There's a song I dance to whenever it *puts* on in a club.
 - 2 If I'm sad, I like to play something sad to *same* my mood.
 - 3 I love singing *together* to songs. I like karaoke.
 - 4 I've seen lots of bands *lively*.
 - 5 I don't like *sensitive* songs about love and romance.
 - 6 There's a song which really *remembers* me of my father.
 - 7 I sometimes *make* stupid dances to some songs.
 - 8 I like to study with music on in the *behind*.
 - 9 Classical music doesn't *feel* anything for me. It's bland.
- 10 With your partner, discuss which person in the article you are most / least similar to – and why.

SPEAKING

- 11 Choose two playlist titles from below and make a list of three songs you want to include.

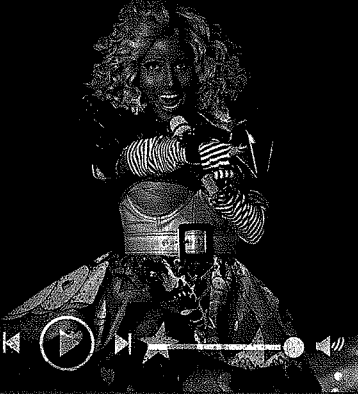
• My current favourites	• Music to fall asleep to
• That reminds me of ...	• Music for a romantic evening
• Party music	• I can't get it out of my head
• Music I can't stand	
- 12 Work in groups and compare your lists. Say as much as you can about the songs you have chosen. Ask extra questions to continue each conversation.

THE PLAYLIST OF YOUR LIFE

For generations, music lovers have made collections of songs to soundtrack their lives. Nowadays, technology makes it easier than ever to create, find and share playlists to suit every mood and occasion. We set our readers 'a playlist challenge'. Here is their response.

THAT WAS A GREAT YEAR PLAYLIST

Starships by Nicki Minaj reminds me of 2012, which I spent studying in Amsterdam. There were loads of other foreigners studying there and we became very close. We all worked hard, but we partied hard as well. Whenever this song came on at a party or club, we all jumped up and danced - it didn't matter how tired we were. There's a great video that goes with it too. I sometimes watch it online. [Corina, Germany]



Good Feeling FLO RIDA

Levels AVICII

Bom Bom
SAM & THE WOMP

Don't You Worry Child
SWEDISH HOUSE MAFIA

NOW PLAYING

Starships
NICKI MINAJ

ALL-TIME CLASSICS PLAYLIST

The top of any all-time classic list has to be *Hey Jude* by the Beatles. It's a song you immediately want to sing along to. The Beatles are the reason why I learnt English. *Stuck Me* is by The Gimmies, a Japanese band. I've seen them live and they were loud and energetic - incredible. [Toshi, Japan]



Hey Jude THE BEATLES

Stuck Me THE GIMMIES

NOW PLAYING

**Communication
Breakdown**
LED ZEPPELIN

I Feel Good THREE BAT

Shake Some Action
THE FLAMIN' GROOVIES

MUSIC FOR MY WORST ENEMY PLAYLIST

This was difficult to choose. I hate that Céline Dion song that was used in the film *Titanic - My Heart Will Go On*. I can't stand commercial pop music - it's so sentimental. However, the worst is *Gangnam Style* by Psy. It reminds me of family weddings and people doing the stupid dance. The problem is it's so catchy! The other day I heard it as the ringtone on a mobile phone and I couldn't get it out of my head all morning! It was really annoying. [Kevin, Scotland]

My Heart Will Go On CÉLINE DION

Gangnam Style PSY

The Hamster Dance HAMPTON THE HAMSTER

The Final Countdown EUROPE

Superstar TOY BOX

MUSIC WHEN I'M DOWN PLAYLIST

I've put Vivaldi's *The Four Seasons*, but I actually only play two seasons! The winter section is sad and moving and that sometimes matches my mood, but then I play the spring section because it's so uplifting. I'd actually like it played at my funeral! There was life before me, there will be life after me, like spring that comes again after winter.

Julieta Venegas' *Limón Y Sal* also cheers me up. My husband bought it for me. The lyrics basically say 'I love you however you are; you don't have to change anything.' [Kari, Chile]



The Four Seasons
VIVALDI

NOW PLAYING

Limón Y Sal
JULIETA VENEGAS

**Bridge Over Troubled
Water**
SIMON & GARFUNKEL

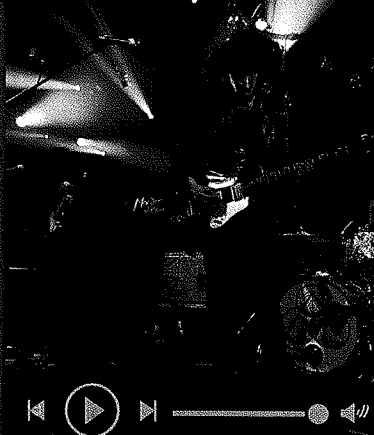
Happy
THE ROLLING STONES

Someone Special
POETS OF THE FALL

MY FAMILY PLAYLIST

My dad's a big jazz fan and always has music on in the background. Personally, jazz doesn't do anything for me. I just find it strange. However, he used to play one song for me - *I Wanna Be Like You* from the film *The Jungle Book*. Now we play it to my younger brother and it always makes him laugh.

Take my Hand is for my sister. We both love indie music and it's by a relatively new Hungarian band called Ivan & The Parazol that we've been listening to a lot recently. They're going to be big. [Natalia, Hungary]



I Wanna Be Like You
LOUIS PRIMA

Take My Hand
IVAN & THE PARAZOL

A Love Supreme
JOHN COLTRANE

NOW PLAYING

Move With The Season
TEMPLES

Not Quite Right
WOHLLEBE