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BLOOD plasma proteins

TEST-ALL SLIDES

Plasma Proteins

- Plasma contains a large variety of proteins including **albumin**, **immunoglobulins**, and clotting proteins such as **fibrinogen**. Albumin constitutes about 60% of the total protein in plasma and is present at concentrations between 35 and 55 mg/mL. It is the main contributor to osmotic pressure of the blood and it functions as a carrier molecule for molecules with low water solubility such as lipid soluble hormones, enzymes, fatty acids, metal ions, and pharmaceutical compounds. Albumin is structurally stable due to its seventeen disulfide bonds and unique in that it has the highest water solubility and the lowest isoelectric point (pI) of the plasma proteins. Due to the structural integrity of albumin it remains stable under conditions where most other proteins denature.

Group	Protein	M _r in kDa	Function
Albumins:	Transthyretin Albumin: 45 g · l ⁻¹	50-66 67	Transport of thyroxin and triiodothyronin Maintenance of osmotic pressure; transport fatty acids, bilirubin, bile acids, steroid hormones, pharmaceuticals and inorganic ions.
α ₁ -Globulins:	Antitrypsin Antichymotrypsin Lipoprotein (HDL) Prothrombin Transcortin Acid glycoprotein Thyroxin-binding globulin	51 58-68 200-400 72 51 44 54	Inhibition of trypsin and other proteases Inhibition of chymotrypsin Transport of lipids Coagulation factor II, thrombin precursor (3.4.21.5) Transport of cortisol, corticosterone and progesterone Transport of progesterone Transport of iodothyronins
α ₂ -Globulins:	Ceruloplasmin Antithrombin III Haptoglobin Cholinesterase (3.1.1.8) Plasminogen Macroglobulin Retinol-binding protein Vitamin D-binding protein	135 58 100 ca. 350 90 725 21 52	Transport of copper ions Inhibition of blood clotting Binding of hemoglobin Cleavage of choline esters Precursor of plasmin (3.4.21.7), breakdown of blood clots Binding of proteases, transport of zinc ions Transport of vitamin A Transport of calciols
β-Globulins:	Lipoprotein (LDL) Transferrin Fibrinogen Sex hormone-binding globulin Transcobalamin C-reactive protein	2.000-4.500 80 340 65 38 110	Transport of lipids Transport of iron ions Coagulation factor I Transport of testosterone and estradiol Transport of vitamin B ₁₂ Complement activation
γ-Globulins:	IgG IgA IgM IgD IgE	150 162 900 172 196	Late antibodies Mucosa-protecting antibodies Early antibodies B-lymphocyte receptors Reagins

Examples of Plasma Components for Clinical Use

- **Plasma Component:**
- factor VIII (hemophilia A)
- factor IX complex (hemophilia B, anticoagulant overdose,
- factor II and factor X deficiencies, liver disease)
- Immunoglobulin (passive prophylaxis some types of immune thrombocytopenic purpura)
- antithrombin III (congenital deficiency, disseminated intravascular coagulation)
- alpha-1-antitrypsin (hereditary deficiencies emphysema and COPD, cirrhosis)

Acute-phase proteins

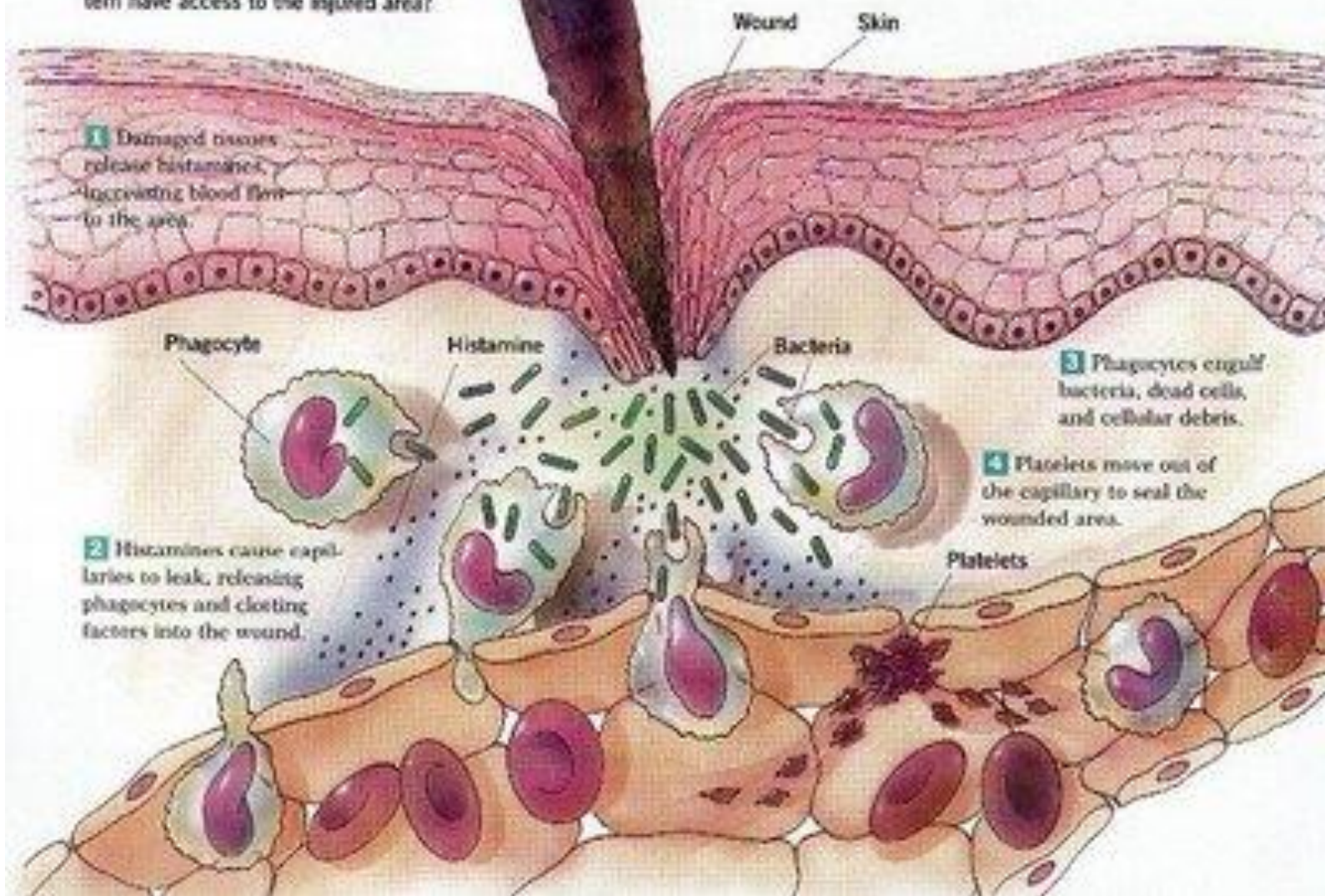
- Inflammation also induces high systemic levels of acute-phase proteins. In acute inflammation, these proteins prove beneficial, however in chronic inflammation they can contribute to amyloidosis. These proteins include C-reactive protein, serum amyloid A, and serum amyloid P, vasopressin, which cause a range of systemic effects including:
 - Fever
 - Increased blood pressure
 - Decreased sweating
 - Malaise
 - Loss of appetite
 - Somnolence

C-reactive protein (CRP)

- **C-reactive protein (CRP)** is a protein found in the blood, the levels of which rise in response to inflammation (an acute-phase protein). Its physiological role is to bind to phosphocholine expressed on the surface of dead or dying cells (and some types of bacteria) in order to activate the complement system via c1q.
- CRP is synthesized by the liver in response to factors released by fat cells (adipocytes). It is a member of the pentraxin family of proteins. It is not related to C-peptide or protein C.

Steps of the Inflammatory Response

The inflammatory response is a body's second line of defense against invasion by pathogens. Why is it important that clotting factors from the circulatory system have access to the injured area?



Serum amyloid A (SAA)

- **Serum amyloid A (SAA)** proteins are a family of apolipoproteins associated with high-density lipoprotein (HDL) in plasma. Different isoforms of SAA are expressed constitutively (constitutive SAAs) at different levels or in response to inflammatory stimuli. These proteins are produced predominantly by the liver. The conservation of these proteins throughout invertebrates and vertebrates suggests that SAAs play a highly essential role in all animals.
- Acute-phase serum amyloid A proteins (A-SAAs) are secreted during the acute phase of inflammation. These proteins have several roles, including the transport of cholesterol to the liver for secretion into the bile, the recruitment of immune cells to inflammatory sites, and the induction of enzymes that degrade extracellular matrix. A-SAAs are implicated in several chronic inflammatory diseases, such as amyloidosis, atherosclerosis, and rheumatoid arthritis. Three acute-phase SAA isoforms have been reported in mice, called SAA1, SAA2, and SAA3. During inflammation, SAA1 and SAA2 are expressed and induced principally in the liver, whereas SAA3 is induced in many distinct tissues. SAA1 and SAA2 genes are regulated in liver cells by the proinflammatory cytokines IL-1, IL-6, and TNF- α . Both SAA1 and SAA2 are induced up to a 1000-fold in mice under acute inflammatory conditions following exposure to bacterial lipopolysaccharide (LPS). Three A-SAA genes have also been identified in humans [\[4\]](#), although the third gene, SAA3, is believed to represent a pseudogene that does not generate messenger RNA or protein

The main classes of lipoproteins

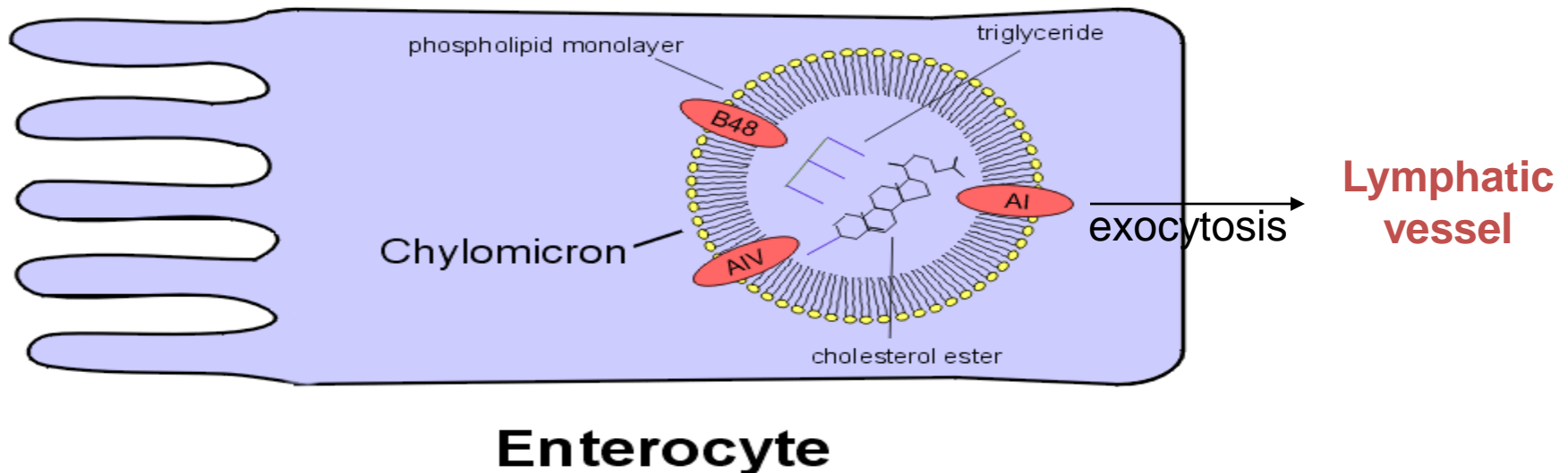
1. Chylomicrons.
2. Very low density lipoproteins (VLDL).
3. Intermediate density lipoproteins (IDL).
4. Low density lipoproteins (LDL).
5. High density lipoproteins (HDL).

Lipoproteins in human plasma

	Chylomicrons	VLDLs	IDLs	LDLs	HDLs
Molecular weight $\times 10^{-6}$	>400	10–80	5–10	2.3	0.18–0.36
Density (g cm^{-3})	<0.95	0.95–1.006	1.006–1.019	1.019–1.063	1.063–1.210
Chemical composition (%)					
Protein	2	10	18	25	33
Triacylglycerol	85	50	31	10	8
Cholesterol	4	22	29	45	30
Phospholipid	9	18	22	20	29

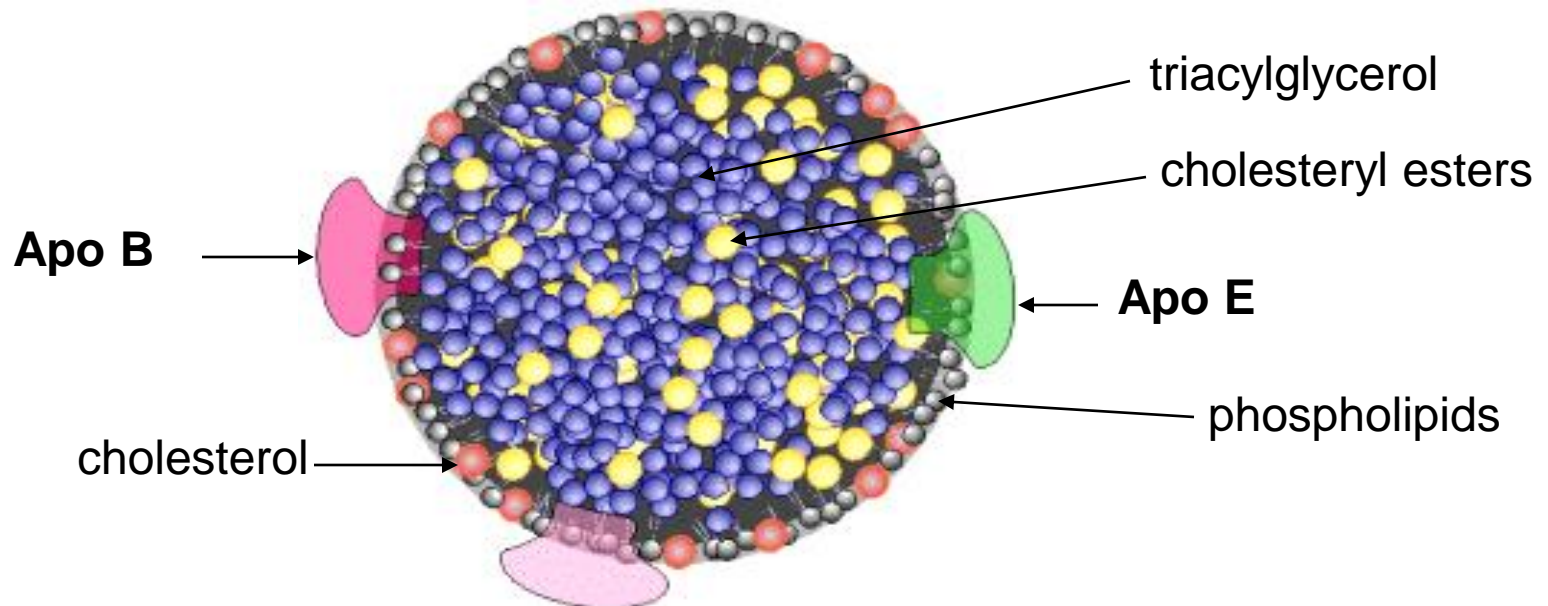
Chylomicrons

- are the **largest lipoproteins** (180 to 500 nm in diameter)
- are **synthesized in the ER of intestinal cells**
- contain 85 % of TGs (it is the **main transport form of dietary TGs**).
- **apoprotein B-48 (apo B-48)** is the main protein component
- deliver TGs from the intestine (via lymph and blood) to tissues (**muscle** for energy, **adipose** for storage).
- bind to membrane-bound **lipoprotein lipase** (at adipose tissue and muscle), where the triacylglycerols are **again degraded into free fatty acids and monoacylglycerol** for transport into the tissue
- are present in blood only after feeding



VLDL

- are **formed in the liver**
- contain 50 % of TGs and 22 % of cholesterol
- two lipoproteins — **apo B-100** and **apo E**
- the **main transport form of TGs synthesized in the organism (liver)**
- deliver the TGs from liver to peripheral tissue (**muscle** for energy, **adipose** for storage)
- bind to membrane-bound **lipoprotein lipases** (triacylglycerols are **again degraded into free fatty acids and monoacylglycerol**)



Lipoproteinlipase - enzyme which is located within capillaries of muscles and adipose tissue

Function: hydrolyses of TGs of chylomicrons and VLDL. Formed free fatty acids and glycerol pass into the cells

Chylomicrons and VLDL which gave up TGs are called **remnants of chylomicrons** and **remnants of VLDL**

Remnants are rich in cholesterol esters

Remnants of chylomicrons are captured by liver

Remnants of VLDL are also called **intermediate density lipoproteins (IDL)**

Fate of the IDL:

- some are taken by the liver
- others are degraded to the **low density lipoproteins (LDL)** (by the removal of more triacylglycerol)

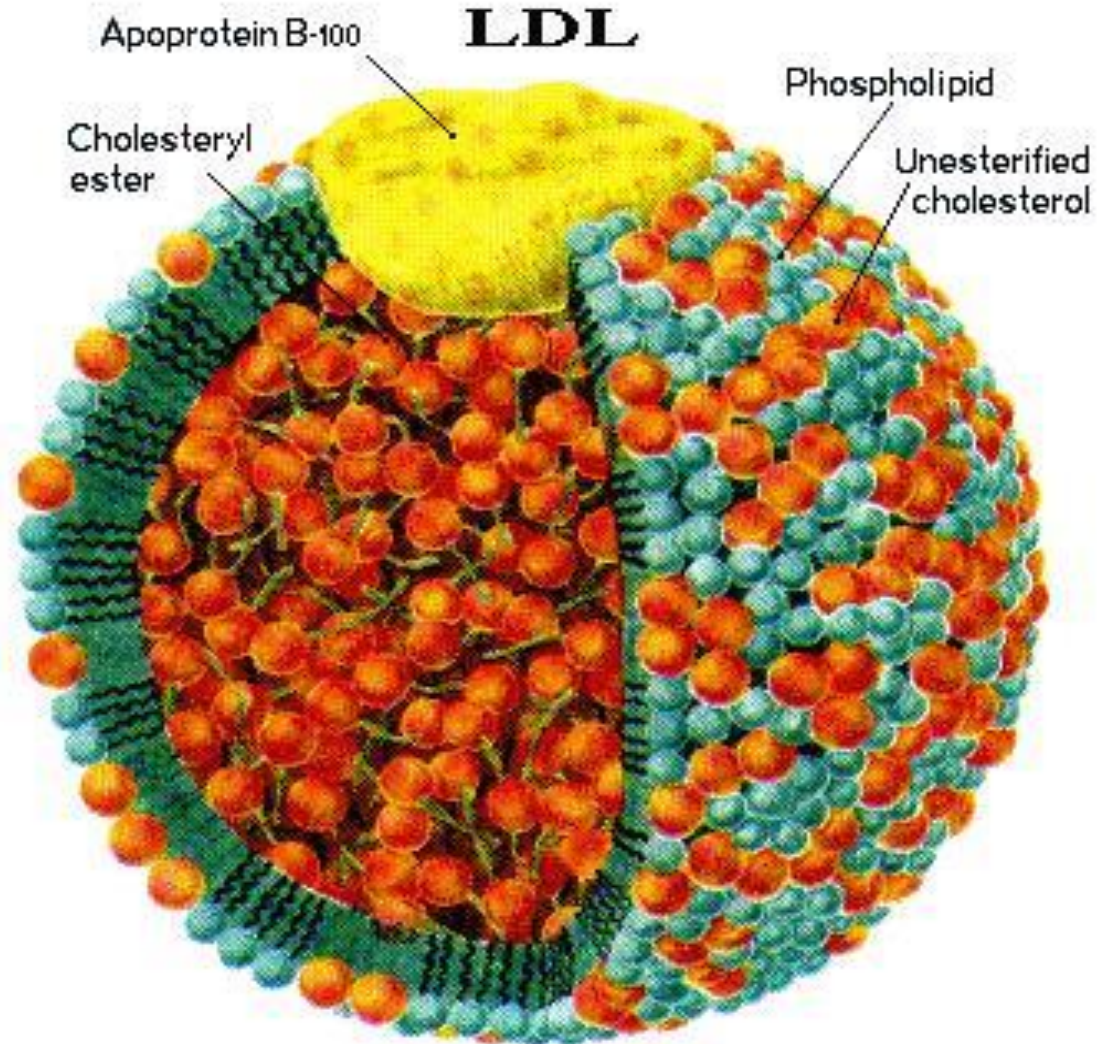
LDL

LDL are formed in the blood from IDL and in liver from IDL (enzyme - *liver lipase*)

LDL are enriched in cholesterol and cholesteryl esters (contain **about 50 % of cholesterol**)

Protein component - **apo B-100**

LDL is the **major carrier of cholesterol** (transport cholesterol to peripheral tissue)



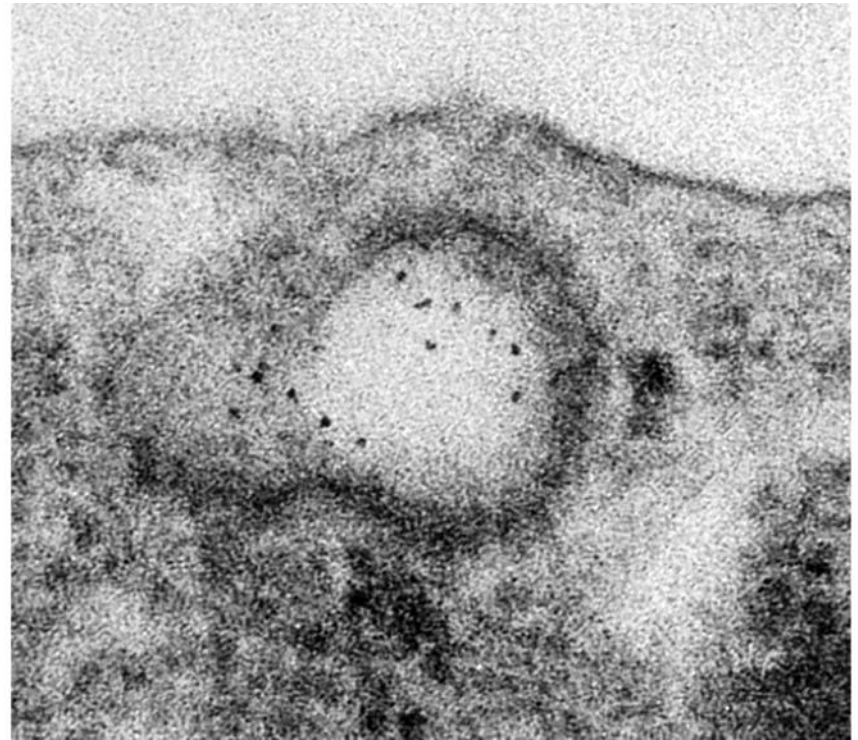
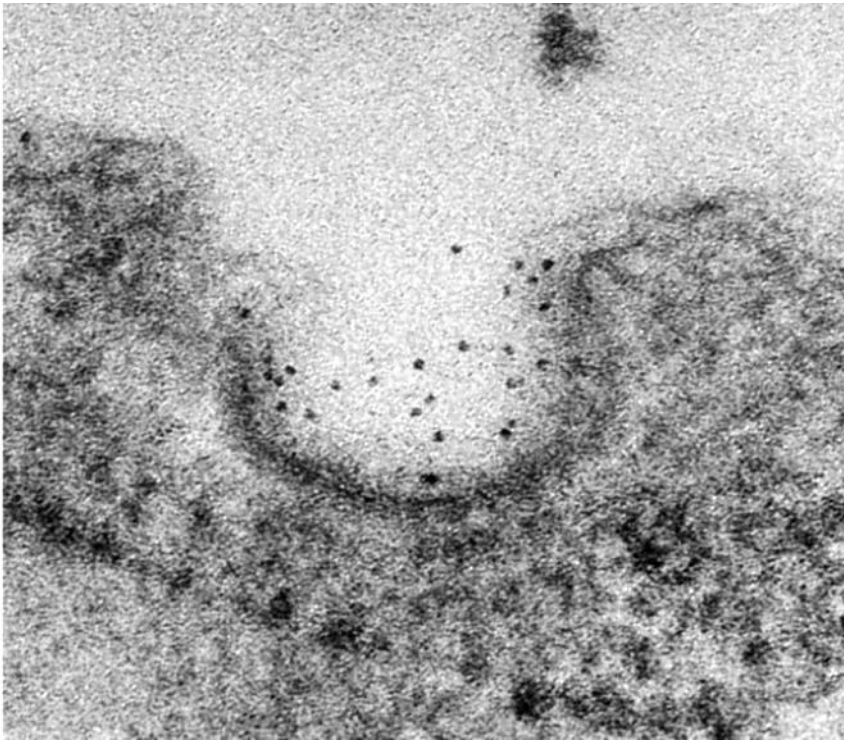
Cells of all organs have **LDL receptors**

Receptors for LDL are localized in specialized regions called **coated pits**, which contain a specialized protein called **clathrin**

Apo B-100 on the surface of an LDL **binds to the receptor**

Receptor-LDL complex enters the cell by **endocytosis**.

Endocytic vesicle is formed



Vesicle fuse with lysosomes

Lysosomal *lipases* and *proteases* degrade LDL

LDL receptor itself returns to the plasma membrane

Apo B-100 is hydrolyzed to amino acids

Cholesteryl esters are hydrolyzed to free cholesterol and fatty acids

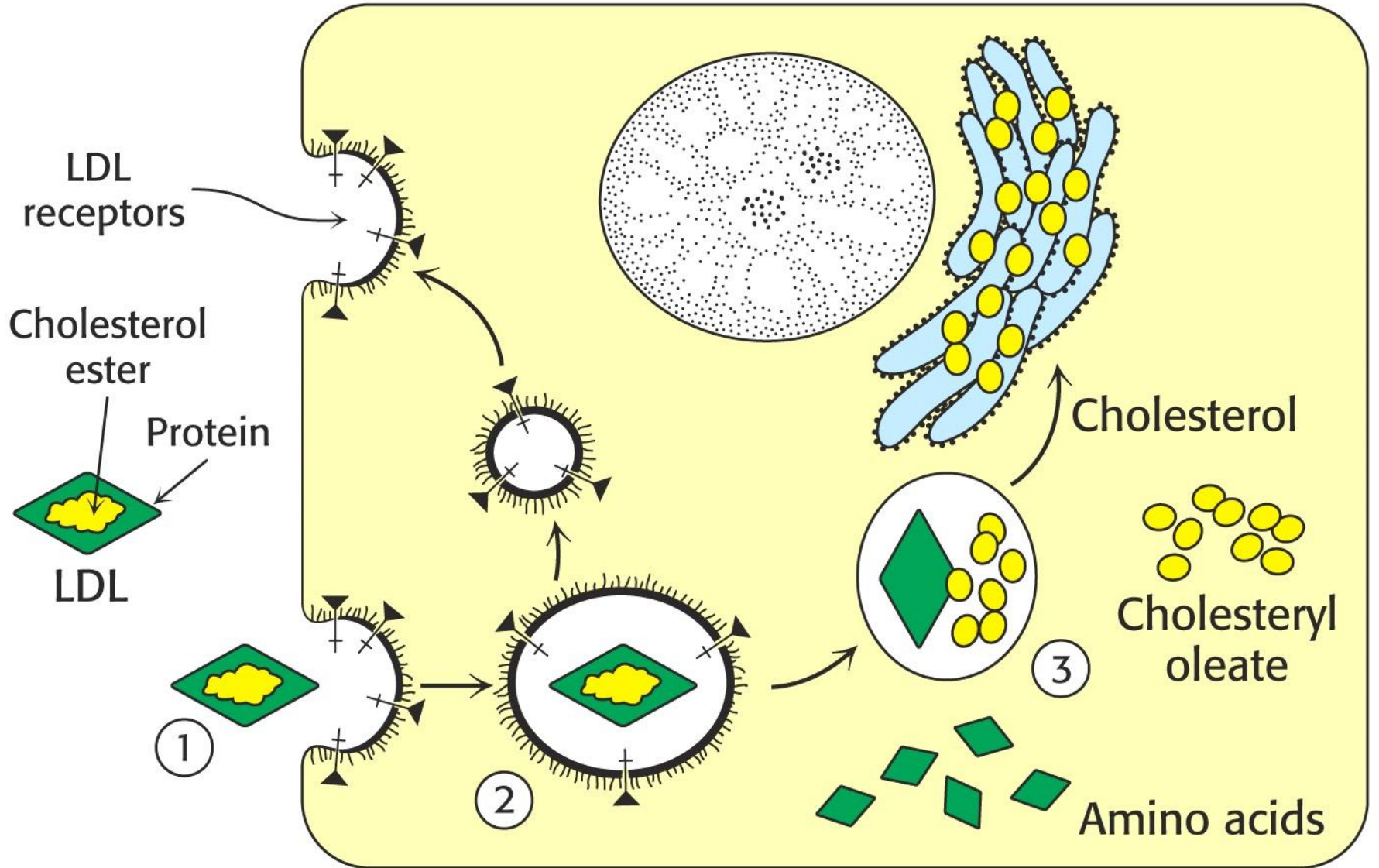
Released free cholesterol:

- is incorporated into the membranes or
- is reesterified for storage inside the cell by the enzyme *acyl CoA:cholesterol acyltransferase (ACAT)*

Feedback regulation:

abundance of intracellular cholesterol suppresses the synthesis of LDL receptors and so the uptake of additional cholesterol from plasma LDL is blocked

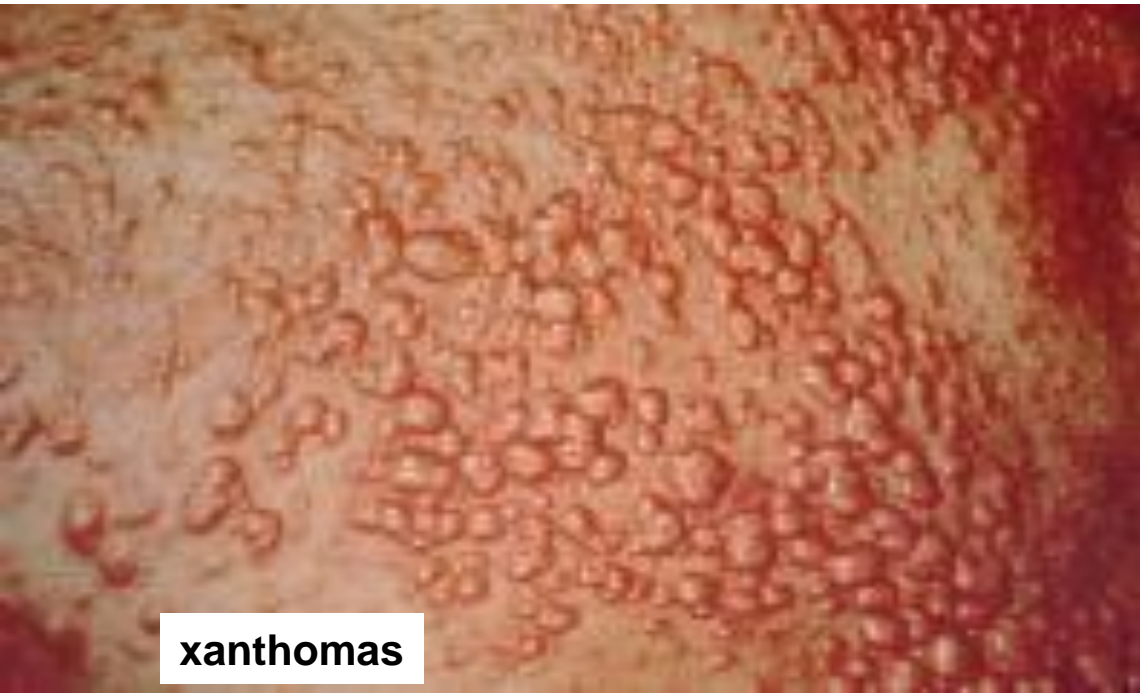
LDL uptake by receptor-mediated endocytosis



LDL binding → Internalization → Lysosomal hydrolysis

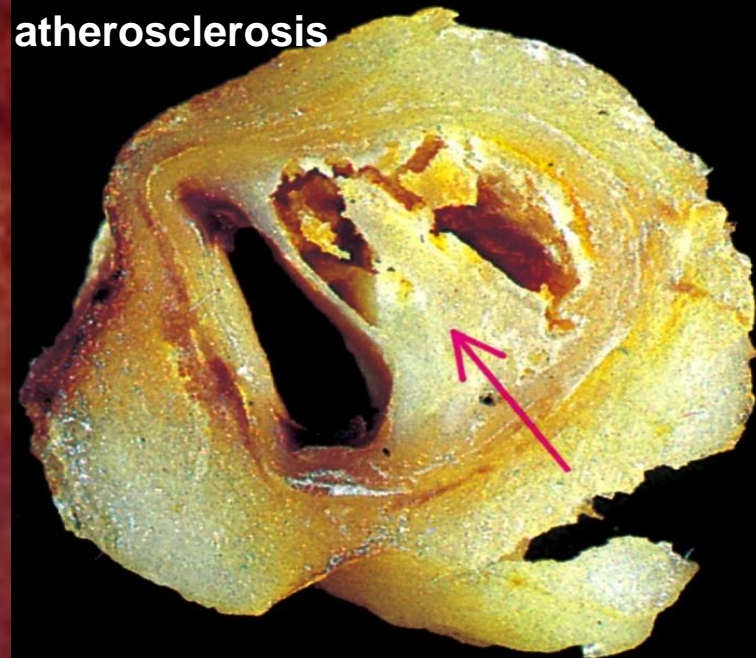
Familial hypercholesterolemia

- **congenital disease** when **LDL receptor are not synthesized** (mutation at a single autosomal locus)
- the **concentration of cholesterol in blood markedly increases**
- severe **atherosclerosis** is developed (deposition of cholesterol in arteries)
- nodules of cholesterol called **xanthomas** are prominent in skin and tendons
- most homozygotes die of coronary artery disease in childhood
- the disease in heterozygotes (1 in 500 people) has a milder and more variable clinical course



xanthomas

atherosclerosis

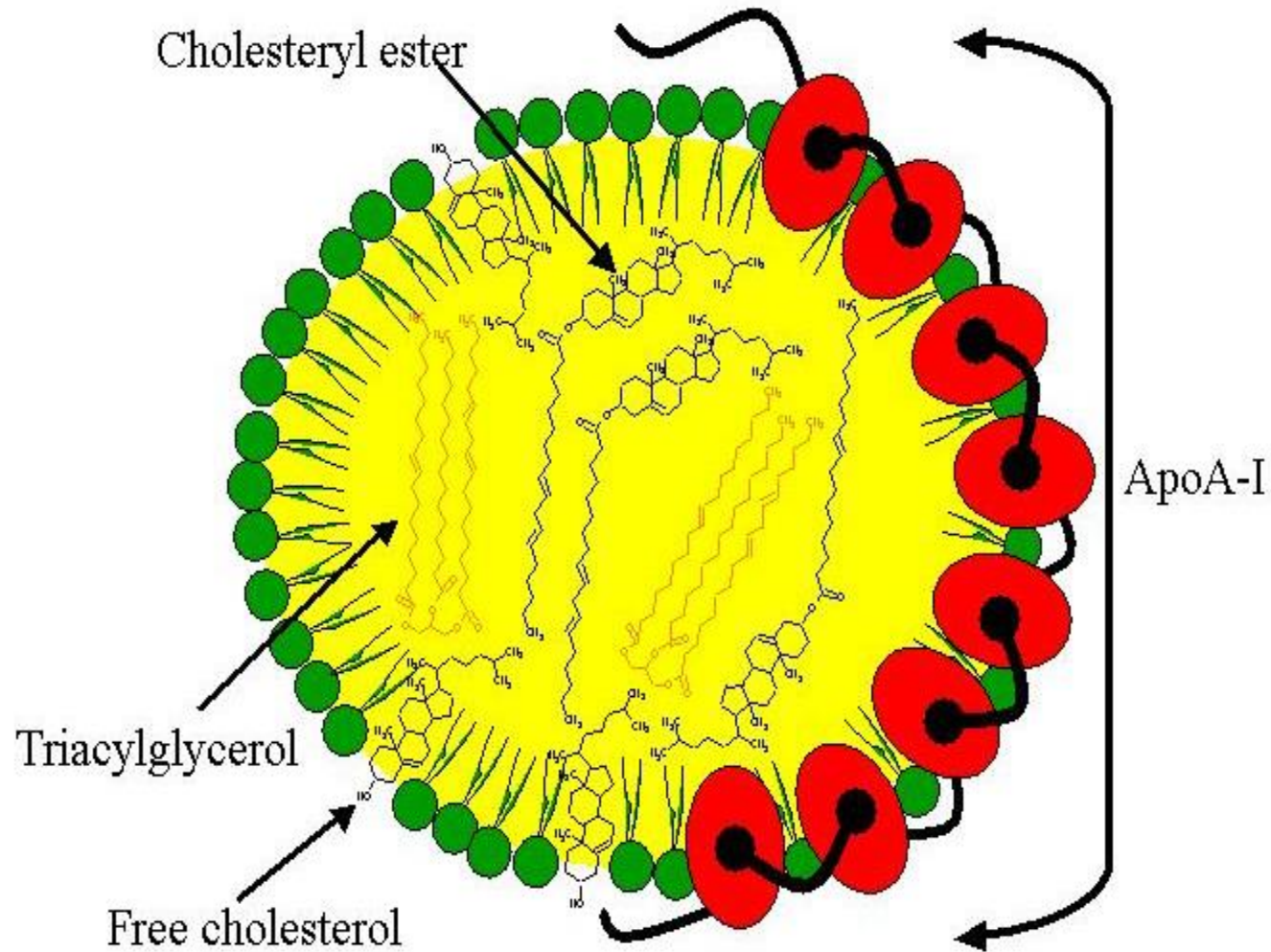


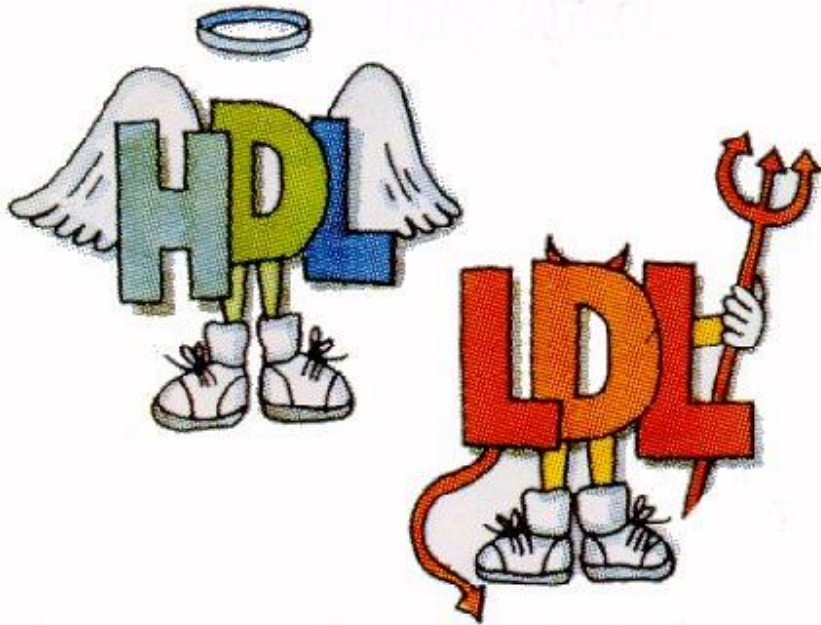
HDL

- are formed in the liver and partially in small intestine
- contain the great amount of proteins (about 40 %)

- pick up the cholesterol from peripheral tissue, chylomicrons and VLDL

- enzyme **acyltransferase** in HDL esterifies cholesterols, convert it to cholesterol esters and transport to the liver



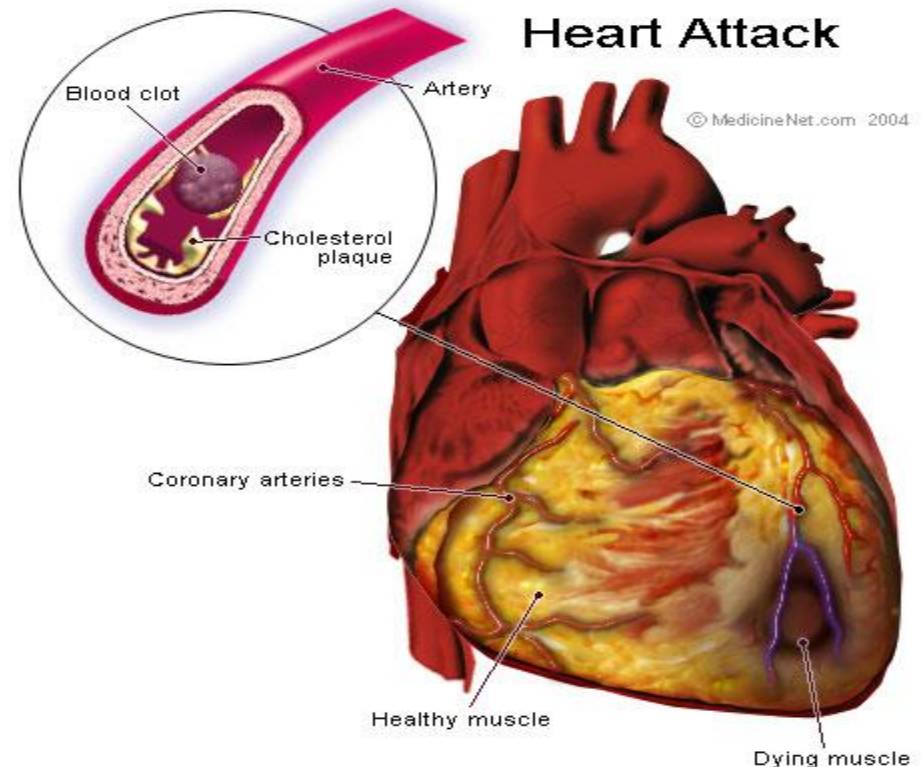


High serum levels of cholesterol cause disease and death by contributing to development of **atherosclerosis**

Cholesterol which is present in the form of the **LDL** is so-called "**bad cholesterol**."

Cholesterol in the form of **HDL** is referred to as "**good cholesterol**"

HDL functions as a shuttle that moves cholesterol throughout the body



LDL/HDL Ratio

The **ratio** of cholesterol in the form of **LDL** to that in the form of **HDL** can be used to evaluate **susceptibility to the development of atherosclerosis**

For a healthy person, the LDL/HDL ratio is 3.5



Transport Forms of Lipids

