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Oncology pharmacy

Cytostatics and treatment of cancer

Management of side effects

Compounding

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Cytostatics and treatment of cancer

Surgery

Radiotherapy

Pharmacotherapy

- Conventional chemotherapy
- „Biological“ therapy
- Conjugated molecules
- Hormonal therapy
- Radiopharmaceuticals

Cells, vaccines, and GMOs

Therapy protocols



Conventional chemotherapy

Stops growth/division of cells

Most significant effect in fast growing and dividing cells

- Tumour cells
- Bone marrow cells, hair follicles, mucosa, etc. - side effects

Does not work with slowly growing tumours

Use in non-oncological areas – transplantology and treatment of auto-immune diseases

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Conventional chemotherapy – alkylating substances

Agressive substances that react with DNA and disable it by alkylation

Mustard gas derivatives

- Cyclophosphamide
- Iphosphamide, busulphan, melphalane

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Conventional chemotherapy – platinum derivatives

Platinum complexes bind to DNA

- Cisplatin (renal toxicity, ototoxicity)
- Carboplatin (unique calculation of dose, based on eGFR)
- Oxaliplatin (neurotoxicity)




Conventional chemotherapy – antimetabolites

Mimicking the structure of physiological molecules (nucleosides, folic acid)

Replacing them in structures leading to dysfunction

- 5-fluorouracil, capecitabine (oral, prodrug)
- Gemcitabine
- Methotrexate

- Cytarabine, fludarabine, trifluridin, pemetrexed

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Conventional chemotherapy – plant alkaloids and terpenes

Inhibition of various enzymes essential for the cell growth / division

- Taxanes – paclitaxel, docetaxel
- Camptothecins – irinotecan, topotecan, govitecan
- *Vinca* alkaloids – vinblastine, vincristine, vinflunine, vinorelbine
- Podophyllotoxins – etoposide
- *Maytenus* macrolides - emtansine

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Conventional chemotherapy – bacterial and fungal products and weird marine material

- Anthracyclins – doxorubicine, epirubicine
- Bleomycin
- Mitomycin C
- Actinomycin D
- Ozogamicin

- Eribulin
- Trabectedin
- Vedotin



„Biological“ therapy – targeted therapy

Targetted on cancer cells more successfully than conventional chemo

Targetted on receptors on the cancer or supportive cells or on the enzymes inside them that are necessary for growth, division, DNA repairs

Effective only if their target is presented on/in the cells – some kind of testing is often needed


Less side effects than chemo

- Monoclonal antibodies
- „Small molecules“ - orally administered

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Targeted therapy – monoclonal antibodies

- Rituximab (since 1997) – against CD20 on B cells (B-lymphoma, autoimmune disorders)
- Trastuzumab, pertuzumab – against Her2 receptors on cancer cells
- Bevacizumab – against vascular endothelial growth factor A – slows down the formation of new veins
- Panitumumab, cetuximab – against epidermal growth factor receptor on colorectal cancer cells



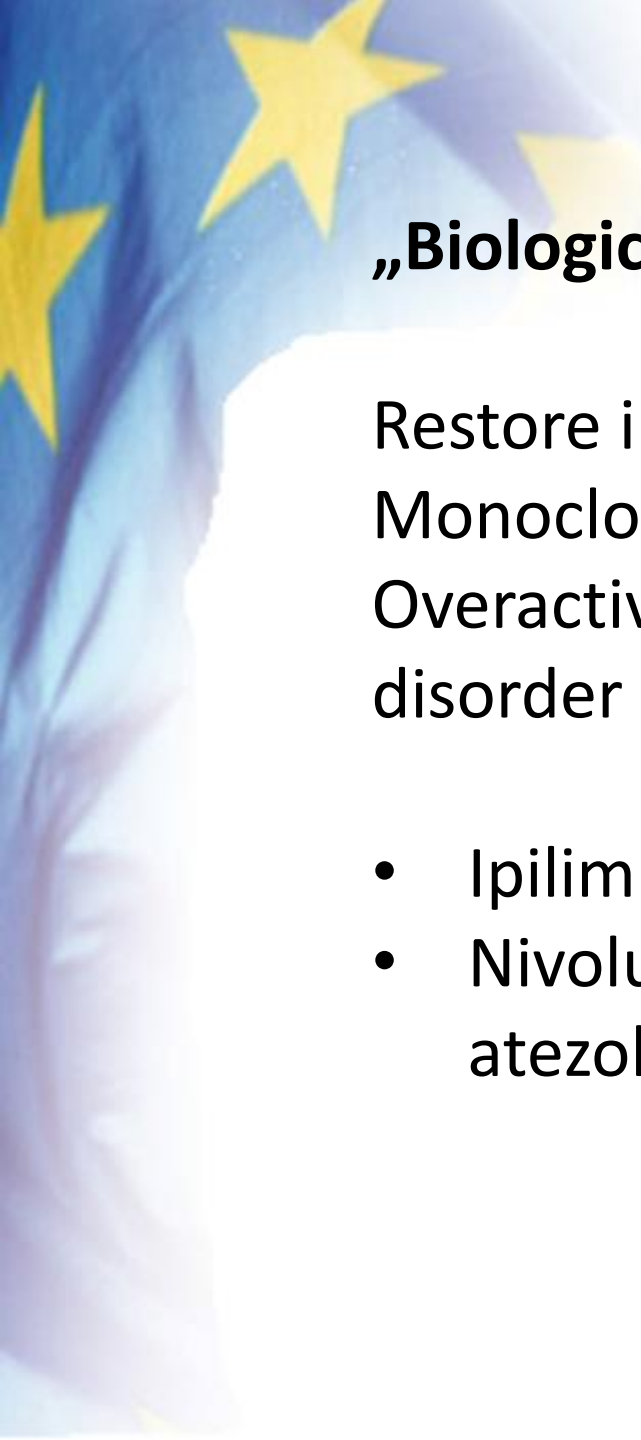
Targeted therapy – small molecules

Kinase inhibitors – against one or more enzymes in signal pathways in cancer cells

- Cyclin-dependent kinase inhibitors
- Vascular endothelial growth factor receptor inhibitors
- Poly ADP ribose polymerase inhibitors

Imatinib (since 2001)

About 30 molecules authorised for use now



„Biological“ therapy – checkpoint inhibitors

Restore immune system function that the cancer had blocked
Monoclonal antibodies (so far) against various receptors on T cells
Overactivation of the immune system can cause autoimmune disorder in almost any organ or tissue (severe in 1/7 of patients)

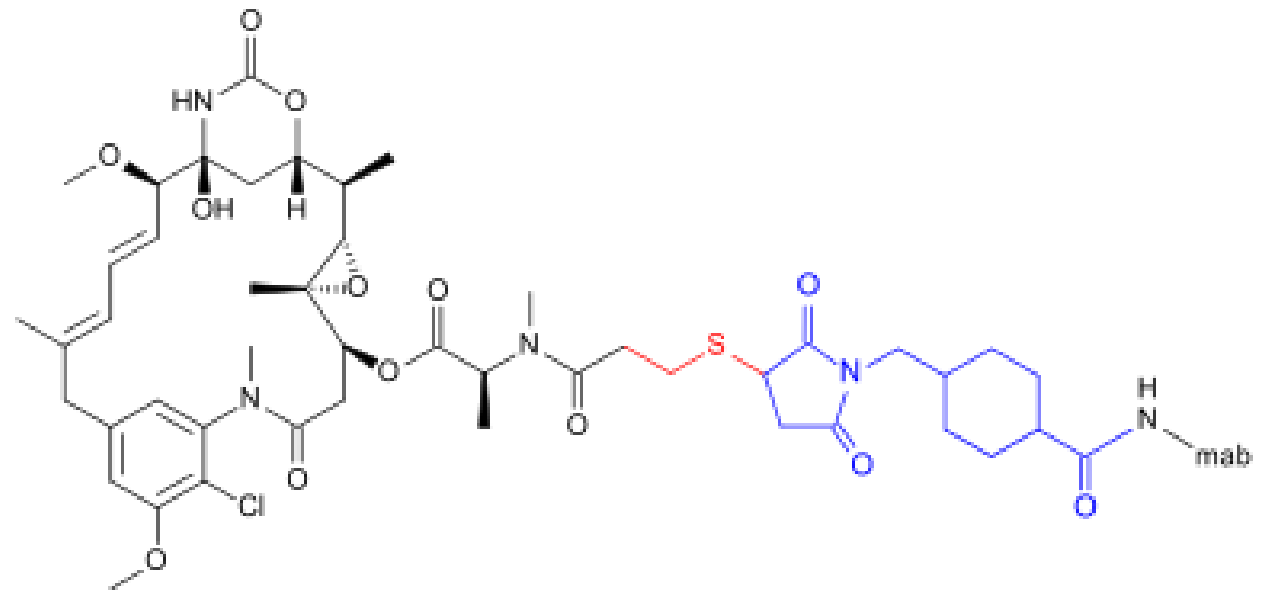
- Ipilimumab (since 2011)
- Nivolumab, pembrolizumab, avelumab, cemiplimab, atezolizumab, durvalumab

Conjugated molecules

Monoclonal antibody against a receptor on a cancer cell and conventional chemo are covalently linked

Better targetting, more efficacy, and less side effects

- Brentuximab vedotin
- Inotuzumab ozogamicin
- Trastuzumab emtansine
- Trastuzumab deruxtecan
- Sacituzumab govitecan





Hormonal therapy

Breast cancer – 80 % are estrogen-dependent

Prostate cancer

Anti-estrogen therapy

- Selective receptor modulators – tamoxifen
- Selective receptor degraders – fulvestrant (depot injection)
- Aromatase inhibitors – anastrozol, letrozol, exemestane

Antiandrogen therapy

- Androgen receptor antagonists – bicalutamide, enzalutamide, apalutamide, darolutamide
- Synthesis inhibitor – abiraterone



Hormonal therapy

Gender non-specific antihormonal therapy – gonadotropine releasing hormone agonists

Overstimulation of hormone production disrupts feedback systems, leading to downregulation of this production

Flare effect

- Goserelin, triptorelin, leuprorelin

Implants or dispersions of biodegradable polymers

1 month to 6 months dosing intervals

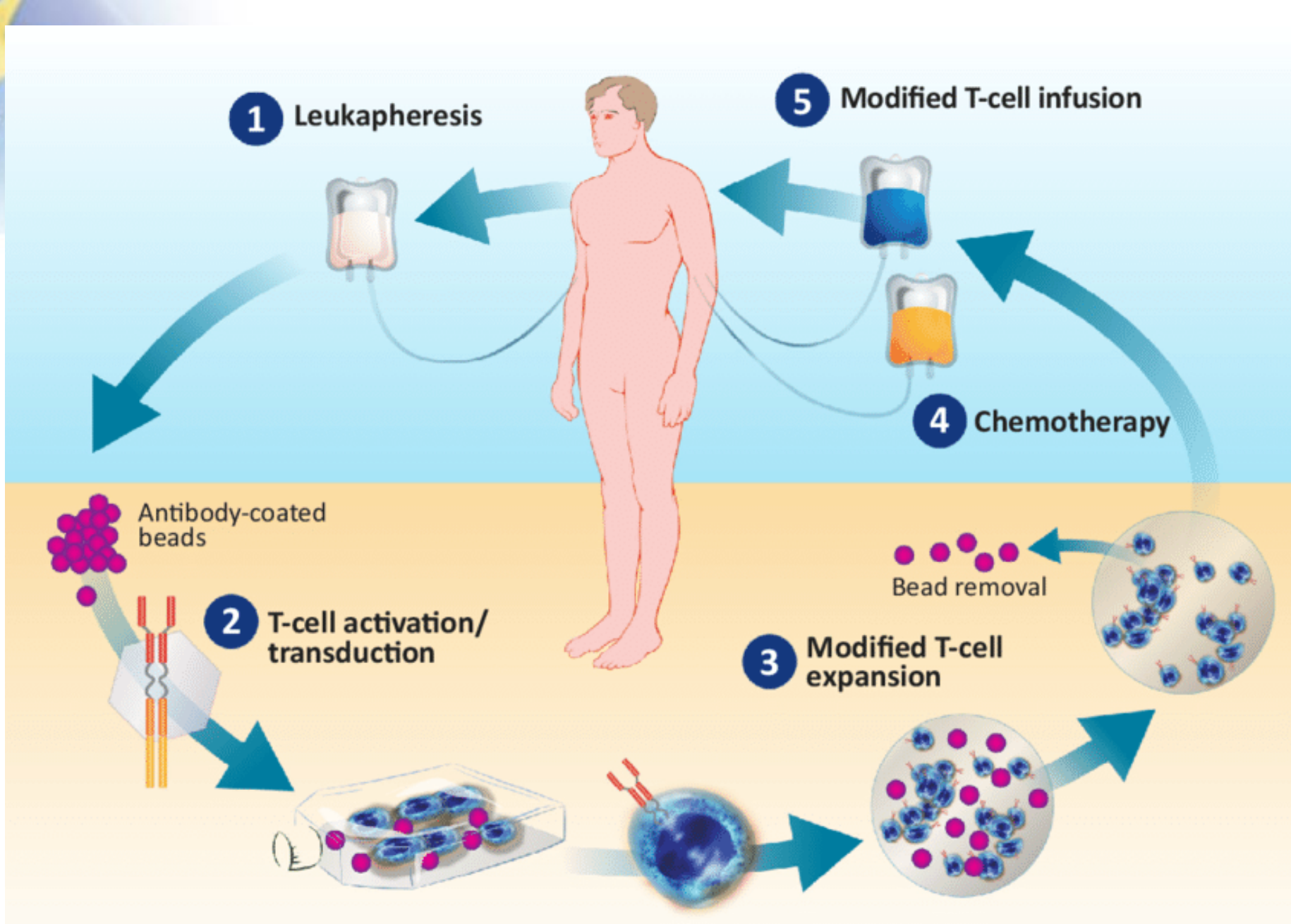


Cells, vaccines, and GMOs – CAR-T cells

- Leukocytes are isolated from blood of the patient or a donor
- T-cells are proliferated and stimulated to expand their number
- T-cells are treated with retroviral vector to change their DNA
- Patient undergoes lymphodepletion chemotherapy
- Patient receives infusion of CAR-T cells

The process has to be performed on-site under GMP conditions (it may be done in a sufficiently equipped pharmacy)

Extremely costly, 100000 euro per treatment



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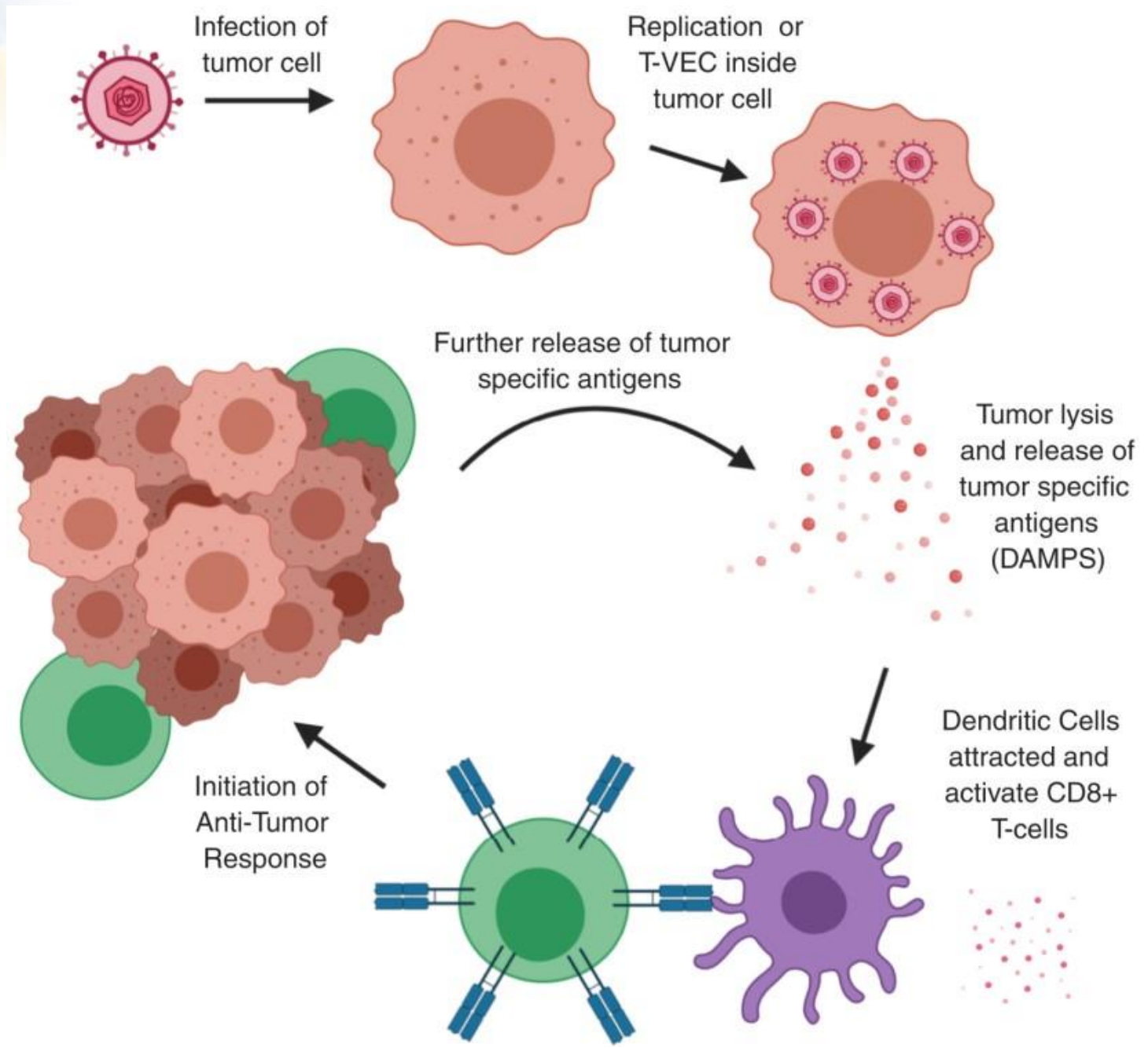
Cells, vaccines, and GMOs – oncolytic viruses

- Herpes simplex virus is genetically modified
- Two genes removed
- One gene added

Virus is unable to reproduce in normal cells, but reproduces in cancer cells, killing them in the process

Virus „persuades“ the host cell to produce granulocyte stimulating factor, attracting the attention of the immune system

Extremely costly, 50000 euro per treatment



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Therapy strategies

- Neoadjuvant setting (prior to surgery, aimed to reduce the size of the tumour)
- Adjuvant setting (after surgery, to prevent survival of remaining cancer cells)
- Curative setting (achieving complete remission)
- Palliative setting (improving the quality of life by slowing down the illness and/or mitigating the symptoms)



Therapy strategies

1st, 2nd, ... line of treatment

Treatment protocols following national/international standards

- Monotherapy
- Combined therapy
- Combined chemo
- Chemotherapy+radiotherapy
- Chemotherapy+targeted therapy
- Chemotherapy+immunotherapy
- Immunotherapy+targeted therapy



Dose calculation

- Flat dose
- Dose per bodyweight mg/kg
- Dose per body surface mg/m²

Studies in 1950s suggested dosing based on body surface to be more effective and safe, mainly in children

Various methods of calculation

DuBois & DuBois (1916) formula most common

$BSA = W^{0.425} \times H^{0.725} \times 0.007184$ (W in kg, H in cm, result in m²)



Way of administration

Intravenous injection/infusion

Oral

Intraperitoneal, intravesical, intrathecal, intracardial, intrapleural

Short-term intravenous protocol – cannula for every day of administration

- Risk of vein damage

Long-term intravenous protocol – PICC (up to 1 year), intravenous port (several years)

- Risk of thrombosis/infection



Dose modification

Due to side effects

In case of liver or kidney malfunction

Based on SmPC and clinical trials

Dose reduction at the first administration (frail patients)

Dose delay

Dose reduction (by %)

Omitting the causing agent in protocols with more drugs

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Management of side effects

Nausea and vomiting

Pain management

Alopecia

Mucositis

Diarrhoea

Nutritional advice and therapy

Skin toxicity

Myelotoxicity

Tumour-related osteoporosis

Thrombosis prophylaxis



Management of side effects – nausea and vomiting

Frequent side effect in most chemotherapy

Emetogenic potential of drugs

Acute, delayed and anticipatory vomiting

Decreases the quality of life and increases stress

- Dexamethasone
- Metoclopramide
- 5-HT antagonists – ondansetron, granisetron, palonosetron
- NK1 antagonists – aprepitant, netupitant
- Haloperidol
- Olanzapine



Management of side effects – pain

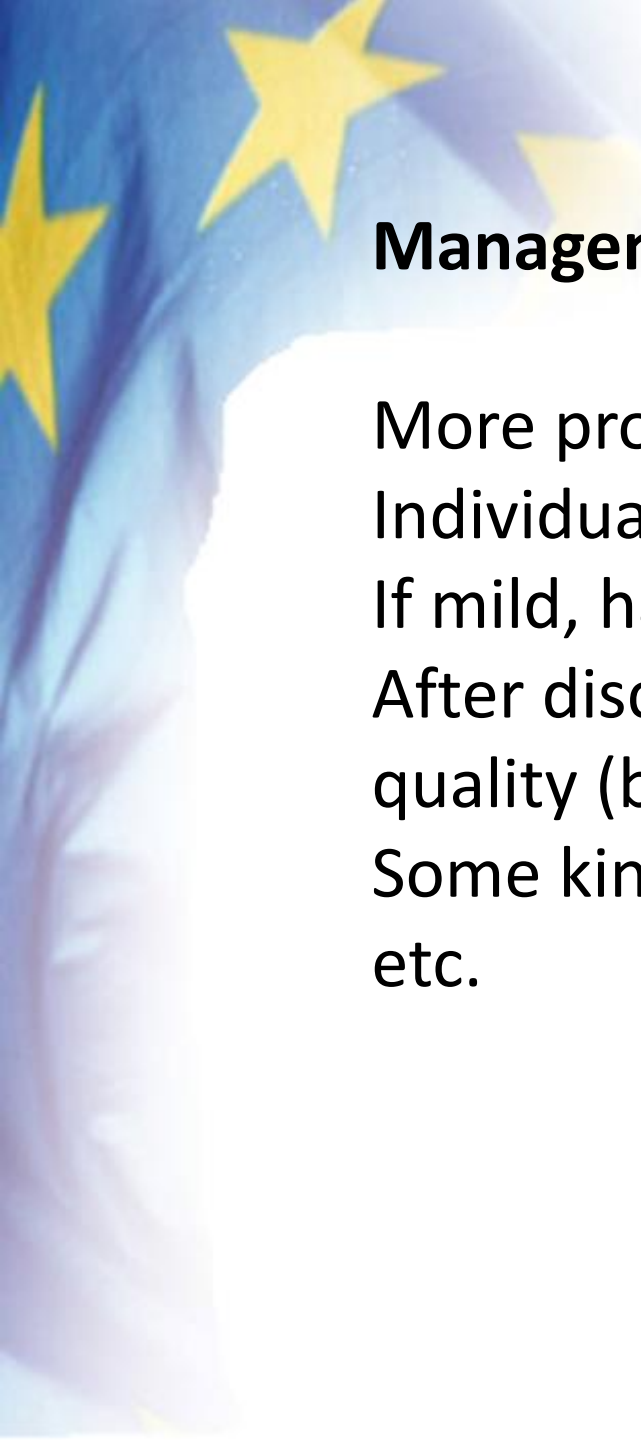
50 % of cancer patients suffer from pain

More severe pain in advanced stages

- Opioids

Controlled release (pump injection, tablets, patches) and immediate release (tablets, subcutaneous injection, buccal/sublingual films/tablets, nose spray) dosage forms

- Adjuvant non-opioid analgesics
- Co-analgesics (gabapentine, cannabis)



Management of side effects – alopecia and hair changes

More probable in some chemotherapy

Individual differences

If mild, hair cosmetics containing caffeine may help

After discontinuation of treatment hair grows back, often in different quality (better)

Some kinase inhibitors cause whitening of hair, eyebrows, eyelashes, etc.



Management of side effects – mucositis

Caused by radio and chemotherapy

May affect any mucosal tissue, most common is the inflammation of oral mucosa

Chemotherapy induced neutropenia is also a known risk factor

Mucositis may lead to pain, infection, malnutrition

- Proper oral hygiene, including non-alcohol mouthwash
- Special recipes done in experienced pharmacies
- Analgesic, antimycotic rinsing solutions, gels, etc.
- Solutions against xerostomy


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Management of side effects – diarrhea

Caused by radiotherapy, chemotherapy, targeted therapy

Symptom of some cancers producing relevant hormones and peptides (carcinoid syndrome)

- Dietary management
- Loperamide
- Somatostatine analogues (octreotide)

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Management of side effects – nutritional advice and therapy

Both the cancer itself and its treatment may cause malnutrition

- Dietary advice
- Appetite enhancement (bitter natural products, medroxyprogesterone)
- Energy enrichment (maltodextreine, protein powders)
- Nutritional supplement – sipping
- Enteral feeding – if feeding is disrupted by cancer or treatment (throat cancer, oesophageal cancer, radiotherapy on head and neck)
- Parenteral nutrition



Management of side effects – skin toxicity

Typical in some drugs

Fluoruracil/capecitabine – hand foot syndrome

Anti-EGFR therapy – acneiform exanthema or rash

Lower quality of life

Risk of secondary infection

Various treatment protocols, consultation with a dermatologist

Radiotherapy – burns

Prevention by „radiotherapy sunscreens“, non-irritant clothing and cosmetics, neutral soap, etc.



Management of side effects – myelotoxicity

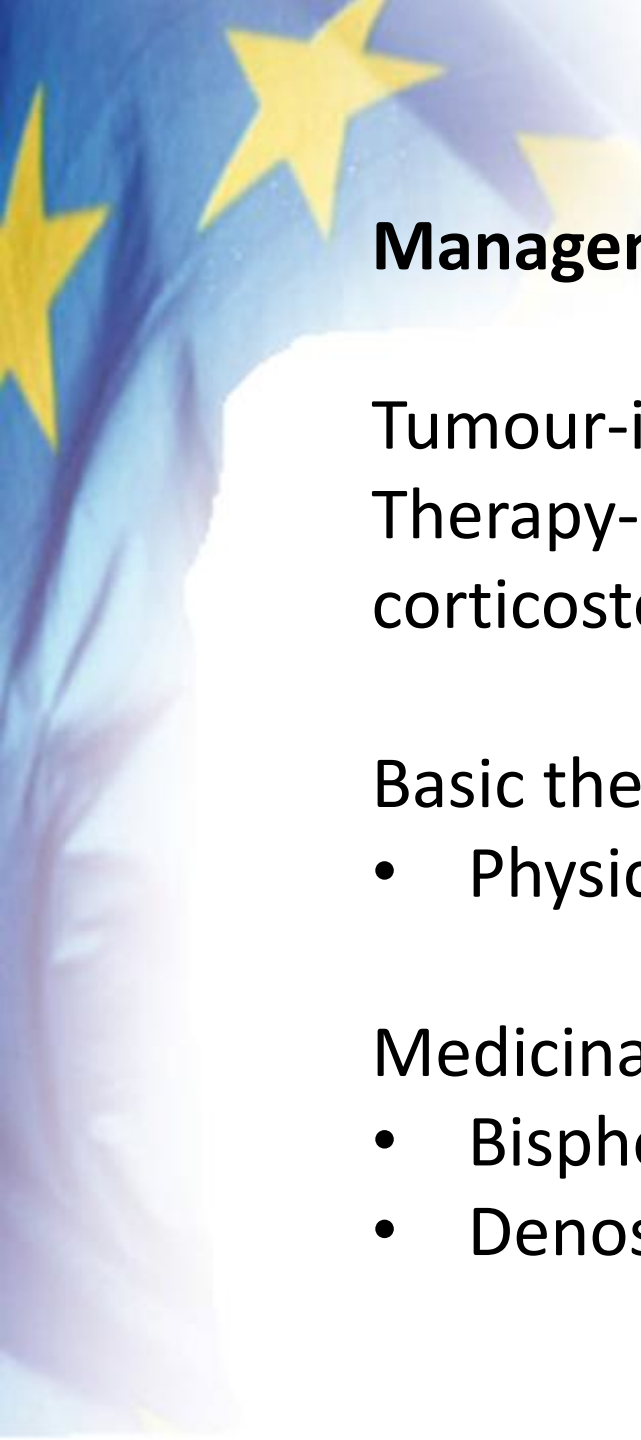
In the past, one of the major limitations of high-dose chemotherapy
Chemotherapy (and some other agents) in the course of the time
damage bone marrow

Decrease in red cell counts (leads to fatigue)

Decrease in white cell counts (increases the risk of infections)

Decrease in platelets (may cause bleeding)

- Transfusions of erymass, platelets
- Erythropoetin
- Filgrastim (also preventative use)



Management of side effects – tumour related osteoporosis

Tumour-induced osteoporosis – metastases, cytokine release

Therapy-induced osteoporosis – chemotherapy, antihormonal therapy, corticosteroids

Basic therapy

- Physical activity, vitamin D and calcium supplements

Medicinal therapy

- Bisphosphonates (oral, intravenous; very long dosing intervals)
- Denosumab



Management of side effects – thrombosis prophylaxis

Cancer is well documented risk factor for thrombosis and related events

More frequent in some types of cancer

Endothelial toxicity of some chemotherapy

Use of cannulas, catheters, and ports

- LMWHs
- Warfarin
- NOACs

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Compounding

Personnel

Occupational health and safety

Rooms and equipment

Aseptic working and its validation

Stability of the preparations

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Compounding – personnel

Pharmaceutical personnel

- Pharmacists, pharmacy students
- Pharmacy technicians, pharmacy technicians – trainees
- Pharmacy assistants, residents, interns, etc.
- Pharmacy engineers
- Nurses (in Greece)

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Compounding – personnel

Non-pharmaceutical personnel

- Pharmacy auxiliary staff
- Cleaning staff
- Transport staff

Pharmaceutical and non-pharmaceutical personnel without direct contact with compounding but sharing the premises

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Compounding – personnel

Properly trained and educated

Training plan

Adherence to quality management system

Hazard evaluation

Definition, ascertainment, evaluation, decision, control of the efficacy, documentation

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Compounding – personnel

Standard operating procedures

- Written SOPs required wherever hazardous substances are handled
- Description of workplace/activity
- Classification and labelling of hazardous substances
- Hazards for persons and environment
- Protective measures, rules for behaviour, and organisational rules
- Action in case of danger/incident/accident
- Disposal of residues, contaminated materials and devices

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Compounding – personnel

Instructing and educating the staff

- Based on their involvement in the process, every staff member has to be instructed and this instruction repeated on regular basis
- Instruction must be documented in writing, identifying date, instructor, instructees, and topic
- Practical simulations (use of protective equipment, training of clean working, incident management) should be included



Compounding – occupational health and safety

Medical check-ups

- Initial
- Follow-up (every 1-2 years)
- In case of suspecting work-related problems

Various legal requirements in particular countries

- Full blood count
- Allergies (i.e. latex)
- Biological monitoring of occupational exposure

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Compounding – rooms and equipment

High quality in every step of the process

- Protecting the sterile product from the environment
- Protecting the environment from the hazardous product

Follows national laws and regulations (even within the EU they are not harmonized)

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Compounding – rooms and equipment

General principles

- Appropriate maintenance and upgrading
- Logical workflow and segregation of activities
- Pest control
- Cleaning itself should not be a contamination source
- Special focus on cleaning after maintenance/repairs
- Accessibility for authorized personnel only
- Defining, monitoring and controlling of working and storage conditions
- Cleanliness, orderliness, sufficient lighting



Compounding – rooms

Stock receiving area

Documentation area

Air-lock(s)

Preparation area

Storage area

Production room

Checking and release area

Detailed layout depends on the size of the unit, technical possibilities of the building (adaptation x new construction), etc.

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Compounding – rooms

Stock receiving area

- Shelves, refrigerators, freezers
- Computer, readers, and printers
- Cleanly defined and marked space
- Separation of CMR and non-CMR drugs
- Personnel protecting equipment

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Compounding – rooms

Preparation and storage area

- Shelves, refrigerators, freezers
- Computer and printers (sheet and label)
- Display/control for the environment in cleanrooms
- Telephone

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Compounding – rooms

Checking and release area

- Black|white checking sheet for particle control
- Computer
- Sealing machine/zip locking bag
- Shelves with distribution containers

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Compounding – rooms

Fundamental rules for cleanrooms

- Contaminants must not be introduced from the outside
- The equipment and processes must not generate or give rise to contaminants
- Contaminants must not accumulate in the cleanroom
- Existing contaminants must be eliminated as fast as possible

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Compounding – rooms and equipment

Sources of contamination

- Air
- Surfaces
- Personnel

- Facilities
- Humans
- Tools
- Fluids
- Preparation itself

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Compounding – rooms

Workflow

- Personnel
- Material
- Information

The flows should be separated
One-way flows are preferred

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Compounding – rooms

Suitable materials

- Stainless steel
- Plastic

- Anti-static
- Washable
- Resistant to disinfectants



Compounding – rooms

Airlocks

- Links between zones with different cleanliness rates
- Empty airlock matches the cleanliness of the cleaner room
- Layout depends on cleanroom arrangement (A in B or A in C)
- Air pressure in the cleaner room is 10-15 Pa higher
- Air pressure in the last room before standard environment must be lower than standard pressure to prevent contamination to the outside
- The doors cannot open at both sides at the same time (visual, mechanical or electronical control; must work as emergency exit!)



Compounding – rooms

Gowning and changing rooms – personnel airlocks

- Series of rooms for changing from clothes into cleanroom gowns and back
- Cross-over bench
- Tall wall-mounted mirror
- Stainless steel washbasin with sensor/elbow operated tap (in the clean part)
- Liquid soap dispenser, sensor/foot operated (in the clean part)
- Toilet and shower (in the unclean part)

Compounding – rooms

EU GMP cleanroom classification

Outdoor urban air – 35000000 particles per m³

Class	Maximum particles / m ³			
	At rest		In operation	
	0.5 µm	5 µm	0.5 µm	5 µm
A	3520	20	3520	20
B	3520	29	352000	2900
C	352000	2900	3520000	29000
D	3520000	29000	Not defined	Not defined



Compounding – rooms

Preparation room – heating, ventilation and air conditioning (HVAC)

- Supplying airflow in sufficient volume and cleanliness
- Absence of stagnant areas
- Filtering the air through high efficiency particulate air (HEPA) filters
- Conditioning the air to meet temperature and humidity requirements (because of the stability of the products and because of maintaining working conditions)
- Maintaining positive pressurisation



Compounding – rooms

Preparation room – heating, ventilation and air conditioning (HVAC)

- Installed equipment should not affect room conditions
- Air-return grilles should be located near the floor
- Air from the area where CMR drugs are reconstituted should not be recirculated, but released directly to the environment without causing direct danger
- Air from the other areas can be recirculated

In general, cleanroom class B is required for the preparation room

Cleanroom class C or D can be used if properly validated

Depends on local regulations and laws



Compounding – equipment

Actual compounding can be done in:

- Safety workbench for anticancer drugs
- Isolator for cytotoxics
- Biohazard safety cabinet

In any case, cleanroom class A is required

Laws and regulations in particular countries demand usually particular equipment



Compounding – equipment

Proper functioning is guaranteed by:

- Balanced airflow that removes unwanted substances
- Structural integrity (relative in the workbench, absolute in the isolator)

Responsibility for performance testing lies with both the manufacturer and the operator

H14 HEPA filters should be used (filtration efficiency 99.995 %)

Compounding – equipment

Safety workbench requirements

- Downflow velocity ensuring laminar flow (usually at least 0.25 m/s)
- Inflow velocity ensuring proper function (usually at least 0.4 m/s)
- Protection against microbial contamination even under unfavourable conditions



Compounding – equipment

Isolator requirements

- Negative test pressure – no more than 10 % leak volume rate per hour
- Downflow velocity ensuring proper conditions
- Gauntlets or glove/cuff/sleeve system resistant to permeation and penetration by cytostatics
- Construction preventing release of aerosol in the environment if a glove is torn
- Airlocks can not be opened separately



Compounding – microbial contamination

The limits in the table represent average values

Cleanroom	Air sample CFU/m ³	Settle plate CFU/2-4 hours	Contact plate CFU/plate	5-finger glove print CFU/plate
A	< 1	< 1	< 1	< 1
B	10	5	5	5
C	100	50	25	Not done
D	200	100	50	Not done



Compounding – microbial contamination

Monitoring follows a plan describing layout of plates and time intervals

Air sampling is recommended quarterly

Settle plates, contact plates and glove prints are recommended much more frequently, up to after every work session (industrial standard)

Cleanrooms classes B to D do not have to be checked so often as A

Two basic rules:

- If everything is OK, prolong the intervals
- If something's wrong, try to improve it and shorten the intervals

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Compounding – microbial contamination

Cleaning plan

Rotation of disinfectants

Aseptic technique validation

Monitoring of environment

Sterility testing

Media fill



Compounding – handling of supplies

Suppliers should deliver cytotoxic drugs separately from other drugs

Cytotoxic drugs should be clearly labeled

Cytotoxic x cancer treatment often mixed together

Use of non-sterile gloves and gowns

Wiping vials with NaOH and isopropanole to remove possible contamination is recommended

Secondary packaging can be discarded after receiving (unless necessary for protection from light), note that it is dangerous waste

In case of returning the supplies to the supplier, follow special packaging and labelling procedures

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Compounding – protective equipment

Gown

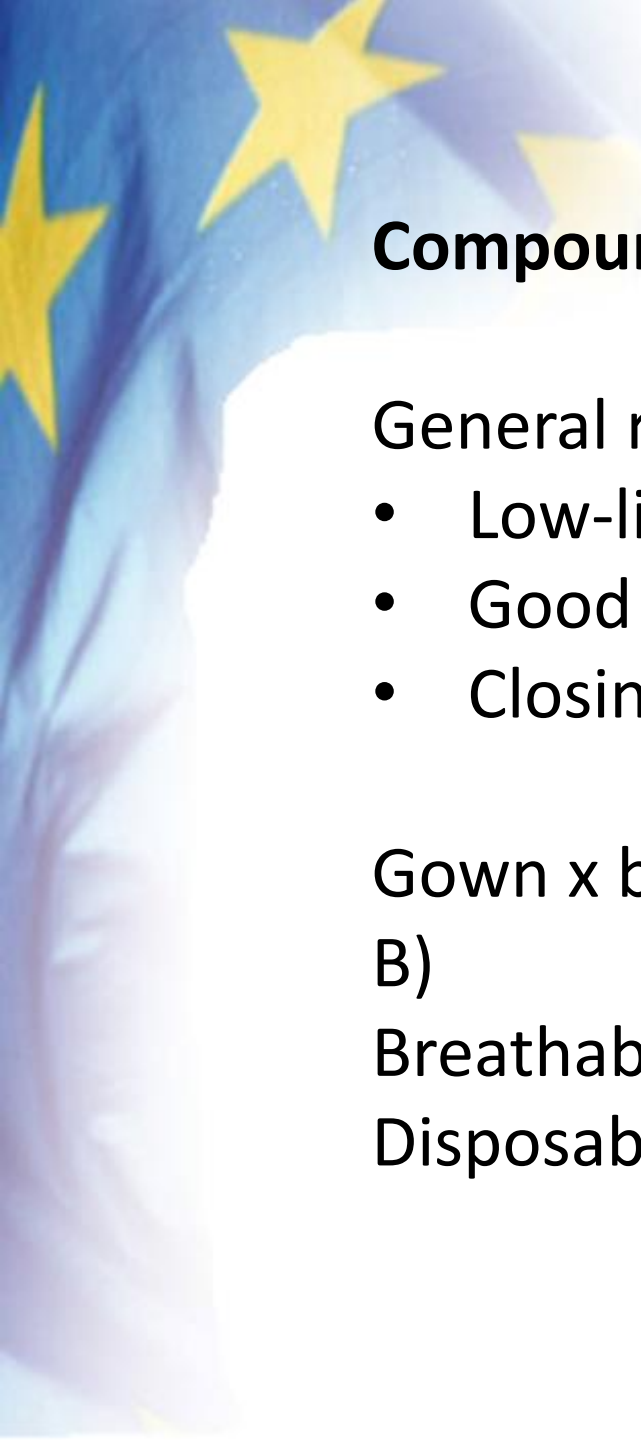
Gloves

Respiratory protection

Hair/beard protection

Protective eyewear

Protective footwear



Compounding – protective gown

General requirements

- Low-lint/lint-free
- Good fit and ergonomomy
- Closing down the front

Gown x bodysuit (bodysuit compulsory for cleanroom classes A and B)

Breathability x protection

Disposable x reusable



Compounding – protective gloves

- Sterile for compounding
- Non-sterile for handling before and after compounding

Resistant gloves used for compounding

Note that thiotepea and carmustine permeate all known materials

Double gloving

Regular changes after 30 minutes of work recommended

Breaking glass ampoules – look for holes after preparation



Compounding – respiratory protection and protective eyewear

Not required for standard work – safety workbench or isolator already supply this protection

Required for maintenance and cleaning when the workbench or isolator are opened

- FFP2 mask
- Goggles

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Compounding – protective equipment

Donning and doffing

- Remove rings, necklaces, watches
- No make up, artificial nails, smoking in past 30 minutes (sources of particulate contamination)
- Top-down sequence
- Poster with instructions with pictures
- Mirror check



Compounding – technical equipment

Standard infusion systems

- Infusion bag or bottle
- Infusion line
- Prefilled with carrier solution to reduce contamination
- In-line filter required in some products
- Residual volume (10-15 ml)

Gravitational infusion line

Pump infusion line

Compatibility between infusion lines and pumps

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Compounding – technical equipment

Safety infusion systems

- Infusion bag or bottle
- Infusion line with ports
- Equipped with infusion bag for prefilling and flushing
- Residual volume (1-2 ml)

Proper instructions for nurses concerning administration, safe handling, problem solving, and waste disposal



Compounding – surface monitoring

Most probable route of absorption is skin contact

Preparation room is the safest place in a pharmacy/hospital

Critical places – mixing of staff and patients, not respecting clean and unclean areas, waste production, etc.

Large scale monitoring to identify critical places (toilets, infusion stands, office work during administration)

Regular monitoring to verify protective measures and maintain low contamination



Compounding – stability

Saving money and environment – avoiding unnecessary waste

- Stability of reconstituted lyophilized vial
- Stability of prepared infusion bag/bottle/elastomeric pump/syringe

Physical-chemical stability (decomposition, absorption to material)

Microbiological stability (24 hours unless prepared under validated conditions)



Compounding – stability

- Summary of product characteristics
- Internal information of the manufacturer about their stability studies
- Running your own stability study (makes sense in expensive products like monoclonal antibodies)
- Sharing information – papers in journals, stability handbooks and databases (Trissel, Stabilis)

If there are competitors look at stability data when choosing the supplier



Compounding – requirements for prescription

Requirements according to local laws and regulations

- Name, date of birth, gender, unique identification code
- Body weight, height, surface area
- Requesting department
- Name of the drug, preferably INN
- Dose – nominal or absolute or both
- Any dose reduction including justification
- Route and duration of administration
- Type and volume of carrier solution

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Compounding – requirements for prescription

Requirements according to local laws and regulations

- Diagnosis to be treated with the prescription
- Date of administration (if prescribed beforehand or in multi-day protocols)
- Physician's signature and date of signature

Optional

- Cycle number
- Repetition dates

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Compounding – requirements for prescription

Prescription can be hand written or electronic

Use of software may help to decrease the risk of error by establishing various controls

The pharmacist should check the prescription and verify its plausibility before processing it further

Ideally, the prescription should be verified for all drugs together, including supporting medications

slapro	Protokol o přípravě aplikace	2022/5248_1
	<i>pacient:</i> Ing. Štanclová Nikola	č. chor. 3032/2020

umístění: Ambulantní

Přijato: 05.05.2022 09:41:17

diagnóza: C348 ZN - léze přesahující průdušku nebo plíci

žadatel: MUDr. Bílek Ondřej [tel:6171, ns 010214]

REŽIM: abTxC5, 4. cyklus, 0. část [interval: 124,2 dnů]**Studie**povrch těla: 1,63 m² Hmotnost: 57,5 kg**DEN - Čtvrtek 05.05.2022**

účinná látka	ATC	celk. dávka	pumpa	+ čas	doba	poznámky
ATEZOLIZUMAB	L01FF05	1200 mg		+00:00	00:30	F1/1 [250 ml], Infuse i.v.
BEVACIZUMAB	L01FG01	862,5 mg		+00:30	00:30	F1/1 [250 ml], Infuse i.v.
Bisulepin	R06AX59	1 mg		+01:00	00:15	Glukóza 5% [100 ml], Infuse i.v.
DEXAMETHASON	H02AB02	8 mg		+01:15	00:20	F1/1 [100 ml], Infuse i.v.
FAMOTIDIN	A02BA03	20 mg		+01:35	00:05	F1/1 [20 ml], Bolus i.v.
PAKLITAXEL	L01CD01	285,3 mg		+01:40	03:00	F1/1 [500 ml], Infuse i.v.
ONDANSETRON	A04AA01	8 mg		+04:40	00:15	F1/1 [100 ml], Infuse i.v.
KARBOPLATINA	L01XA02	568,1 mg		+04:55	01:00	Glukóza 5% [500 ml], Infuse i.v.

The image shows the top-left corner of a European Union flag, featuring a blue field with a circle of twelve gold stars. The flag is partially visible, with the rest of the slide being white.

Compounding – practical tips

Keep the naked spike or needle in your field of vision

Avoid leaving connection points open

Use isopropanole swabs

Avoid unnecessary and rash movements

Only place items you need in the cabinet

Spikes are single use items (1 vial = 1 spike)

Every step requires a plausible reason



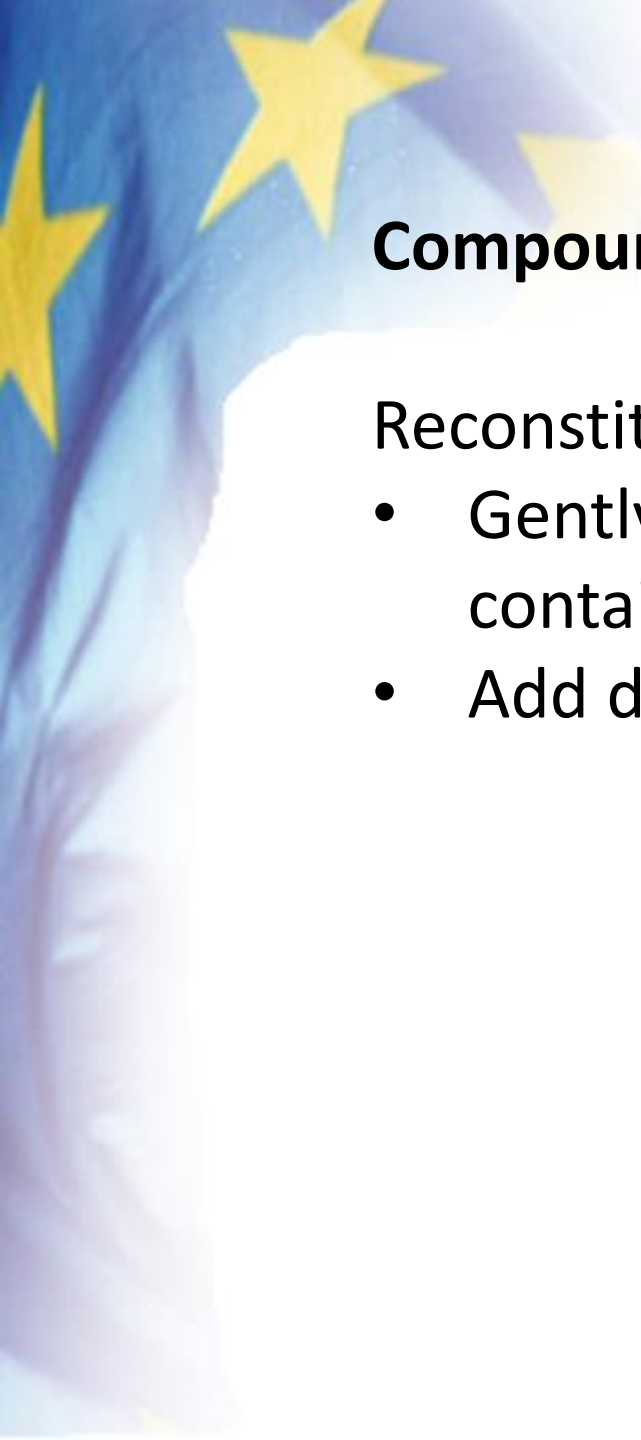
Compounding – practical tips

Vials are filled with a slight overfill

- If you work with a needle, you will withdraw more than is labelled
- If you work with a spike or safety device, you are likely to withdraw less due to dead volume

Software is able to deal with these situations

Labeled Size in mL	Mobile Liquids in mL (Percent of Labeled Size)	Viscous Liquids in mL (Percent of Labeled Size)
0.5	0.1 (20%)	0.12 (24%)
1	0.1 (10%)	0.15 (15%)
2	0.15 (7.5%)	0.25 (12.5%)
5	0.3 (6%)	0.5 (10%)
10	0.5 (5%)	0.7 (7%)
20	0.6 (3%)	0.9 (4.5%)
30	0.8 (2.7%)	1.2 (4%)
Greater than or equal to 50	2%	3%

The image shows the European Union flag, featuring a blue field with twelve yellow five-pointed stars arranged in a circle. The flag is partially visible on the left side of the slide, with the stars and blue background extending towards the center.

Compounding – practical tips

Reconstitution of lyophilized products

- Gently add diluent and let dissolve or just gently swirl – products containing proteins (monoclonal antibodies, nab-paclitaxel)
- Add diluent and shake vigorously to dissolve (cyclophosphamide)



Compounding – practical tips

Infusion bag x bottle

- Volume range from 50 to 1000 ml
- Empty infusion bags
- Infusion bags with carrier solution – up to 50 % of additional volume can be added
- Infusion bottles with carrier solution – up to 10 % of additional volume can be added
- Beware of compatibility (saline only, glucose only)

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Compounding – practical tips

Volumetric x gravimetric filling

- The software transforms the required dose into a volume of drug concentrate that you need to put in the bag/bottle/syringe
- If gravimetric control is included, you are able check if you added the right amount (weigh before, weigh after, density of the product must be in database)



Compounding – types of products and labelling

Syringe

Infusion bag or bottle

Elastomeric pump

Solution in a bottle for oral treatment

Every item has to be labelled

- Identification of the patient
- Active substance and dose
- Carrier solution, route of administration, total volume
- Storage conditions and expiry date/time
- Name of the pharmacy



Compounding – special formulations

- Atypical dosing schemes in adults, i.e. daily administration of drugs otherwise administered i.v. every week
- Administration to patients without oral intake (tube feeding)
- Obtaining doses used in pediatric oncology

Key questions when switching from parenteral to oral dosage form:

- Bioavailability (excludes a lot of drugs)
- Stability (up to 1 month is sufficient)



Compounding – production options for special formulations

Using parenteral drug to make oral solution

Dissolving or suspending tablets in a closed bottle

- Just use the workbench/isolator as usual (etoposide solution, topotecan solution)

Opening capsules or crushing tablets and processing the result in sachets or capsules

- Contaminated dust
- Dedicated area and equipment (in pediatric hospitals)
- Use standard equipment outside cleanroom (e.g. switched off laminar box) and clean extensively (procarbazine capsules, temozolomide suspension)