

# General anaesthetics



## Functions of general anaesthesia

- neither therapeutic nor diagnostic
- make surgical and other painful procedures easier

## Demands on effects of general anaesthetics

1. Analgesia (pain relief)
  2. Amnesia
  3. Lost of consciousness
  4. Decrease of movability of skeletal musculature
  5. Atenuation of autonomic responses
  6. Reversibility of effect
- all anaesthetics do not reach all demands

## Classification of general anesthetics according to the route of administration

### 1. Inhalation – gases, volatile liquids

- effect is less dependent on a particular structure more on lipophilicity

### 2. Intravenous

- more specific - receptor mechanisms of action

## Sites of action

CNS: Brain cortex, reticular system, thalamus, spinal cord

## Effect

Anaesthetics block nervous impulses transfer

- **decrease of activity of excitably acting synapses**
- **increase of activity of inhibitory synapses**
- **synaptic channels for  $\text{Ca}^{2+}$  and  $\text{Cl}^-$  ligand-activated ones =  $\text{Cl}^-$  channels activated by GABA or glycine are influenced by anaesthetics (propofol, barbiturates, benzodiazepins, inhalation anaesthetics)**
- increase of quiescent steady state membrane potential – hyperpolarization
- attenuation of neurons forming impulses – not elucidated – ventilation and heart frequency also influenced by anaesthetics

# Mechanisms of action of general anaesthetics

## Lipide theory

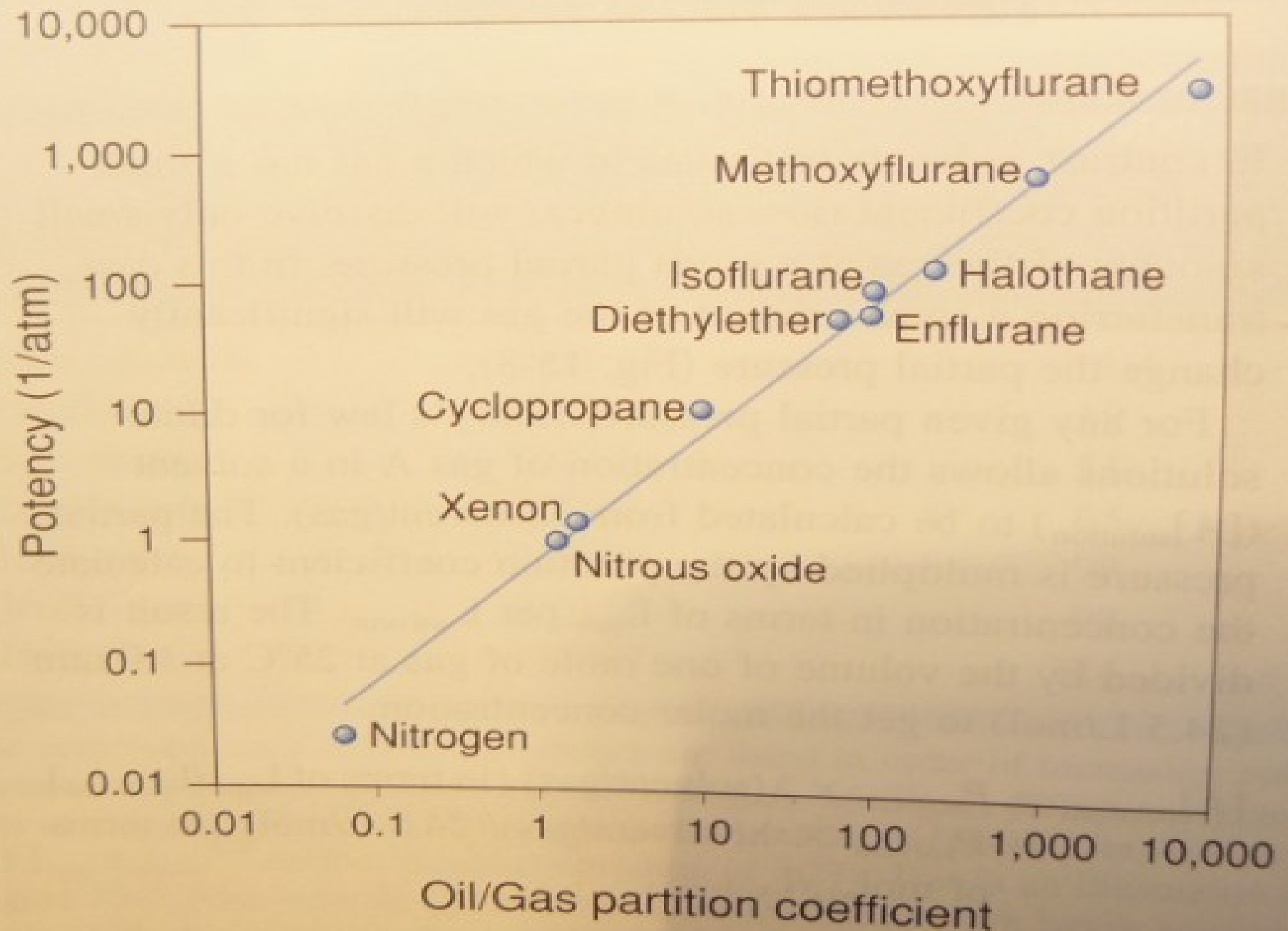
- anaesthetic is dissolved in a lipide membrane and causes some changes of physical properties of the membrane
- based on the Meyer-Overton rule
- higher lipids solubility expressed as  $P_{oil/air}$  implies higher **anaesthetic potency** i.e. lower **minimal alveolar concentration**
- valid for **inhalation anaesthetics** only

## Protein theory

- interaction of anaesthetic with a hydrophobic part of an integral transmembrane protein

Mixed effect on the protein-lipide interface

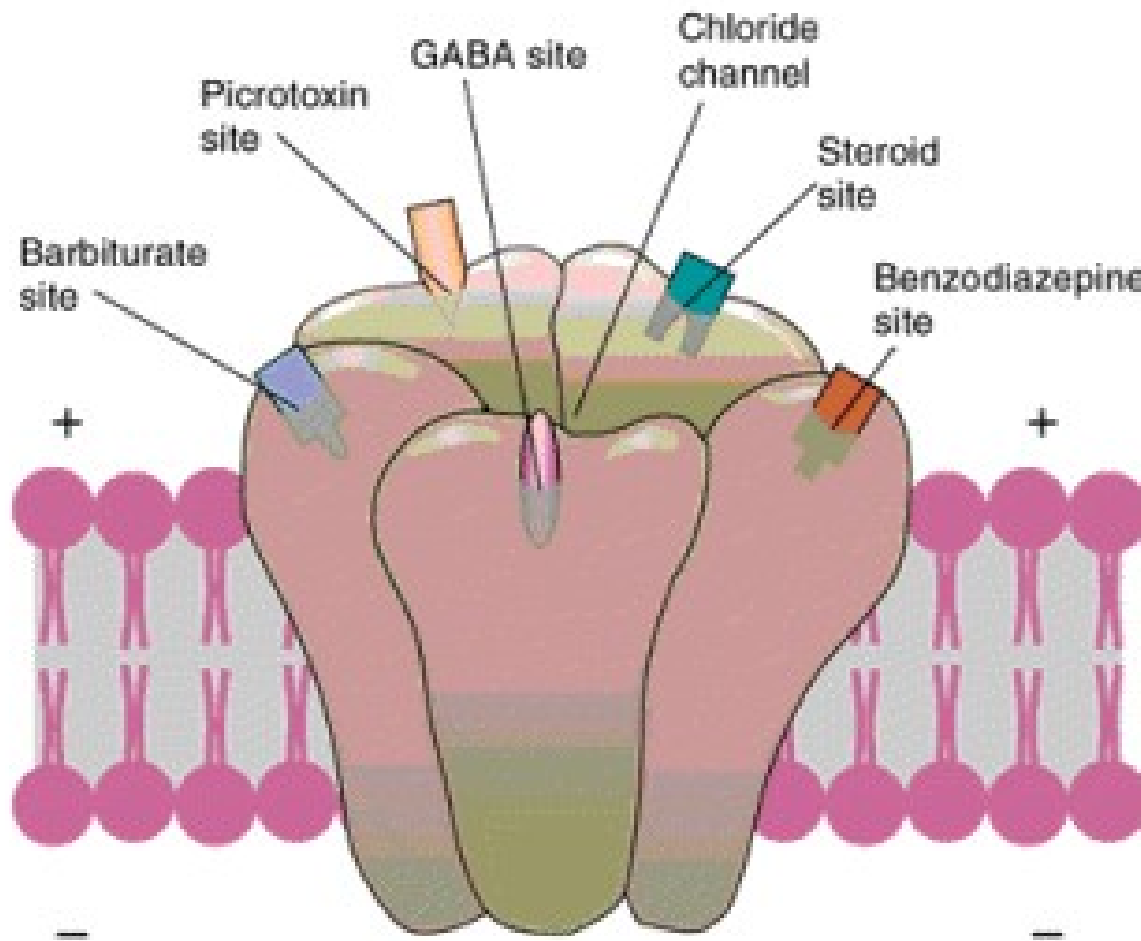
# Dependence of effect of inhalation anaesthetic on $P_{oil/air}$



**Figure 15-3. The Meyer-Overton rule.** Molecules with a high oil/gas partition coefficient are highly potent anesthetics.

# GABA<sub>A</sub> receptor

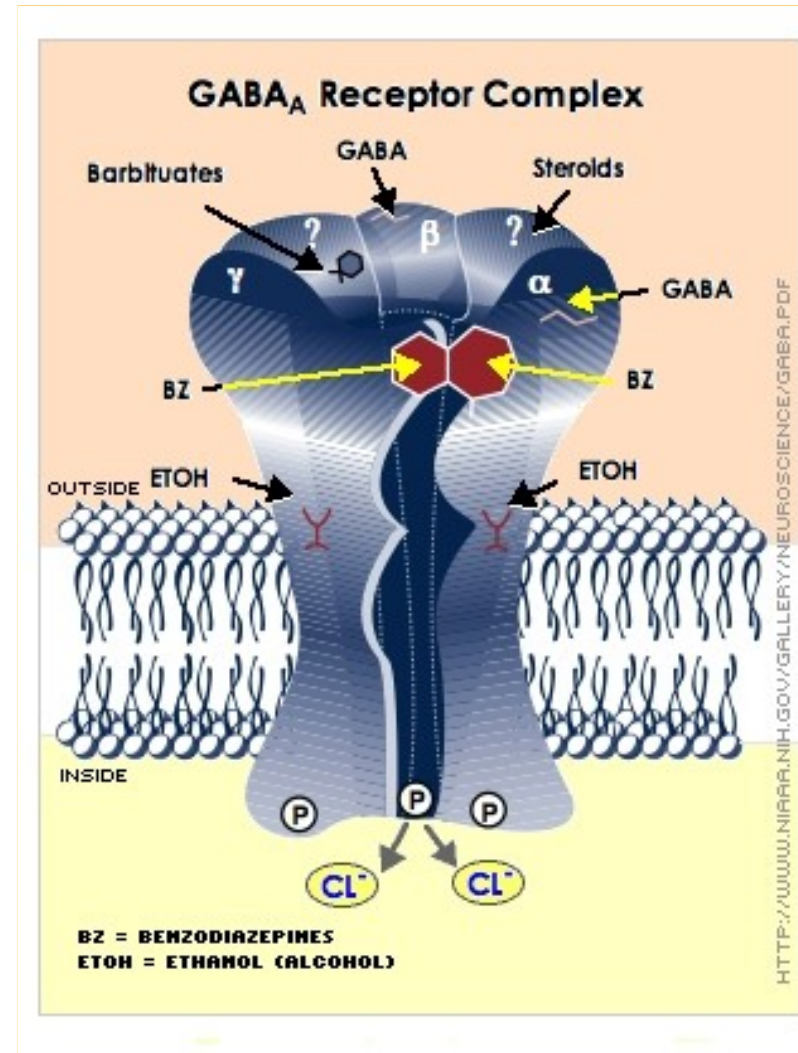
## ► Schematic Illustration of a GABA<sub>A</sub> Receptor, with Its Binding Sites



## GABA<sub>A</sub> receptor and its role in general anaesthesia

GABA<sub>A</sub> receptor = ligand controlled chloride channel

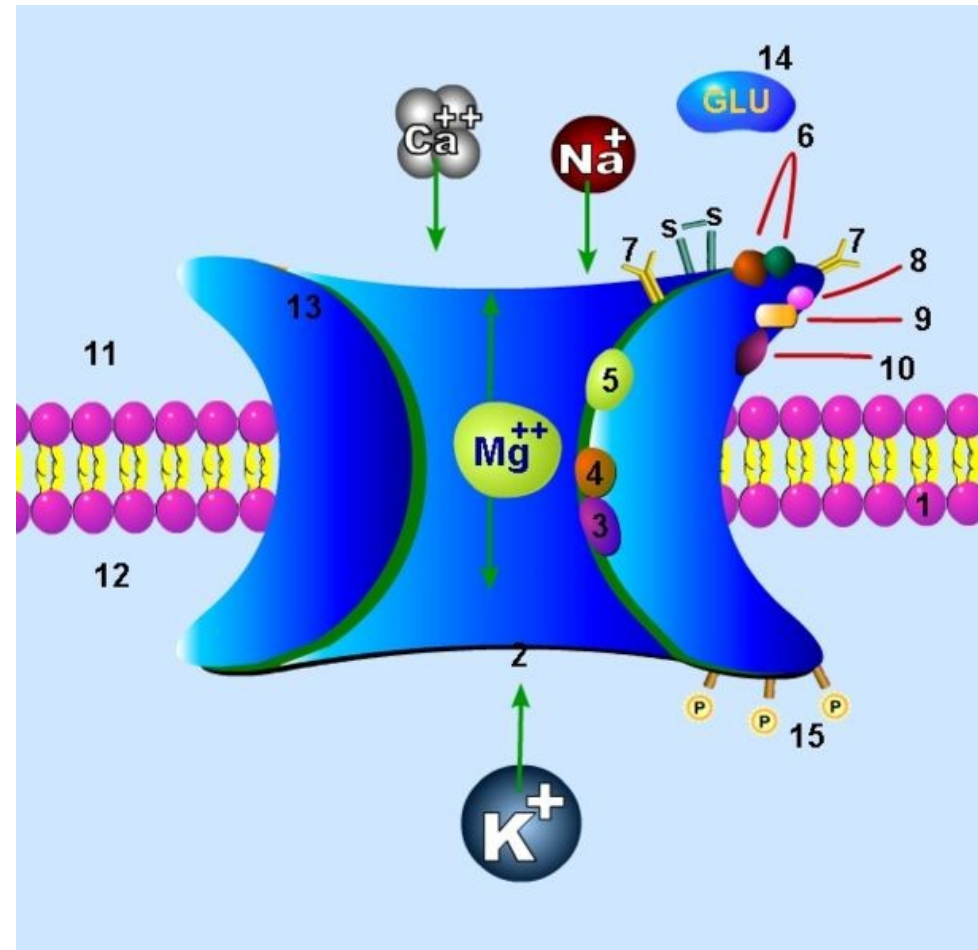
- opening of the channel causes cell hyperpolarization and thus its insensitiveness to impulses
- agonists: GABA, barbiturates, benzodiazepines, steroids (have identified binding sites)





# NMDA (N-methyl-D-aspartate) receptor

- a subtype of glutamate receptor
- anaesthetics are its **antagonists**
- activation  $\Rightarrow$  cell **depolarization** by entrance of  $\text{Ca}^{2+}$  and  $\text{Na}^+$
- takes part in effects of  $\text{N}_2\text{O}$ , Xe and ketamine



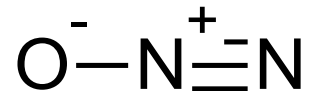
# Inhalation general anesthetics

## 1. Gases

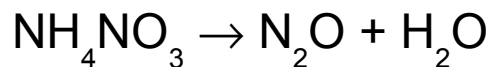
Nitrous oxide  $\text{N}_2\text{O}$

„laughing gas“, „Lachgas“

- used since 19th century (dentist Wells 1845)
- patient reaction badly predictable
- contemporarily sometimes in obstetrics – rather analgesia with consciousness retention



Preparation: heating of ammonium nitrate to 180 – 250°C:



Xenon Xe

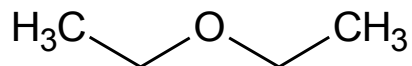
- inert gas
- name from Greek „xenos“ - stranger
- invented by Sir W. Ramsay and M.W. Travers 1898
- modern and secure inhalation anaesthetic

# Inhalation general anaesthetics

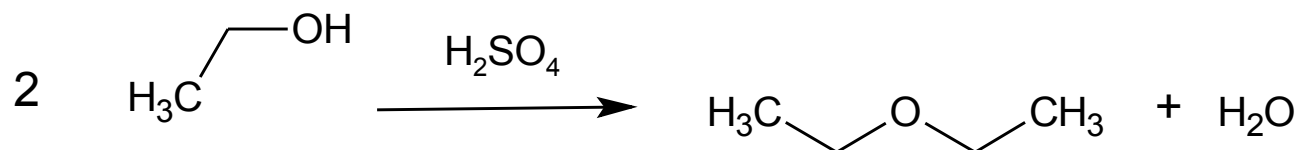
## 2. Volatile liquids

### 2.1 Ethers

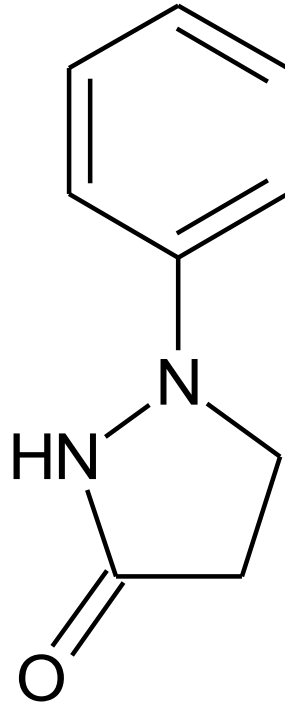
Diethylether, aether, „aether sulphuricus“



Preparation



- known since 10<sup>th</sup> -11<sup>th</sup> century: Abu al-Khasim al-Zahravi Ibn Zuhr, an Arab alchemist
- as an anaesthetic used since 1846 (William Morton; the first patient Gilbert Abbott)
- well controlled introduction of a patient into anaesthesia: all phases clearly expressed
- disadvantages: highly inflammable, mixture of vapours with air highly explosive
- forming of explosive peroxides  $\Rightarrow$  stabilization needed (Cu sealing of bottles, phenidone)
- *Ether anaestheticus*, *Ether solvens PhEur*, *Aether pro narcosi PhBs IV*



1-phenylpyrazolidin-3-one  
phenidone

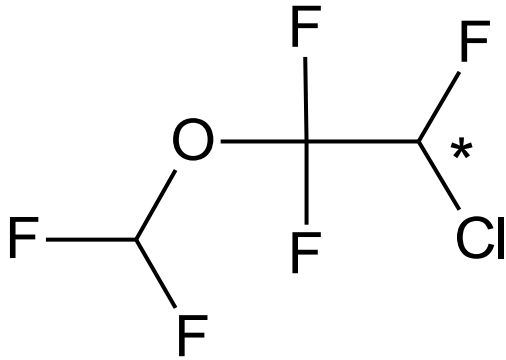
- antioxidant stabilizing agent added into diethylether according to some pharmacopoeias



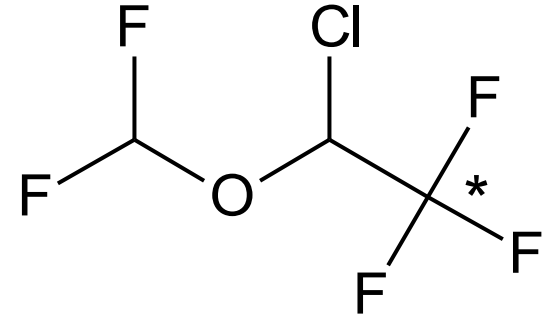
Ether anaesthesia in U.S. army at the end of 19<sup>th</sup> century

## Halogenated ethers

- non-toxic, non-inflammable



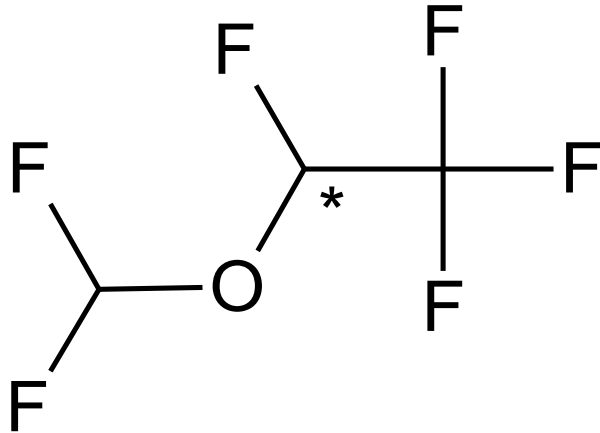
**enfluran**



**isofluran**

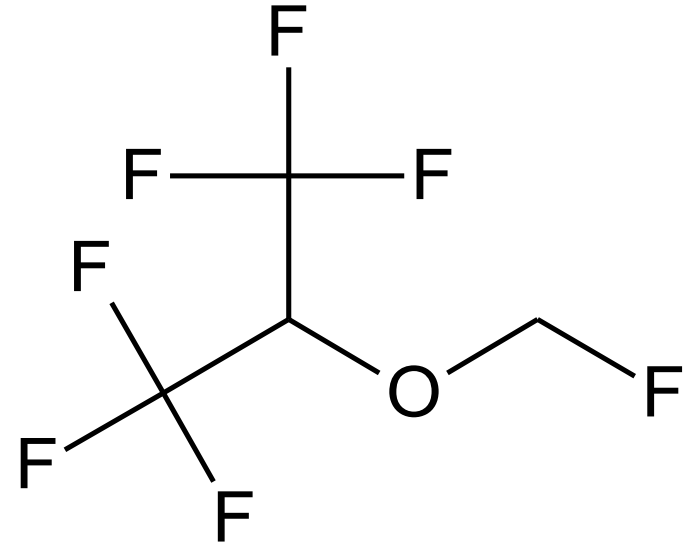
*Isofluranum* PhEur

## Halogenated ethers



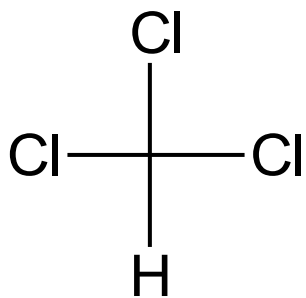
**desfluran**

*Desfluranum PhEur*



**sevofluran**

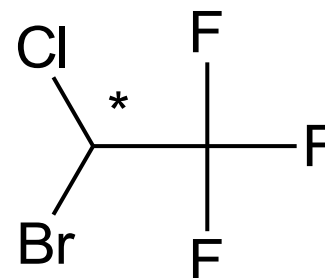
## 2.2 Halogenated alkanes



chloroform

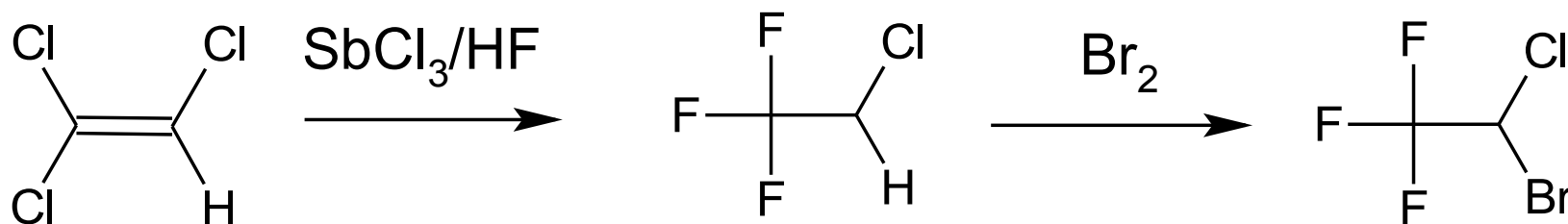
trichloromethane

- at first Simpson 1847
- strongly hepatotoxic, suspect cancerogene, not used as anaesthetic now (decomposition to  $\text{COCl}_2$ )



halothan

*Halothanum* PhEur  
b. p. 49 - 51°C

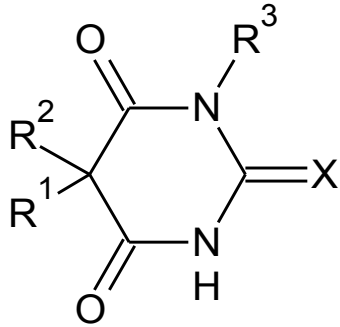


Synthesis of halothan



### 3. Intravenous general anaesthetics

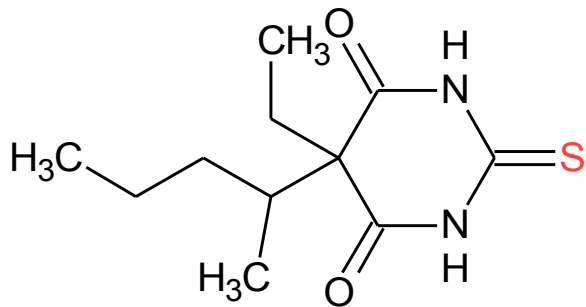
#### Barbiturates and thiobarbiturates



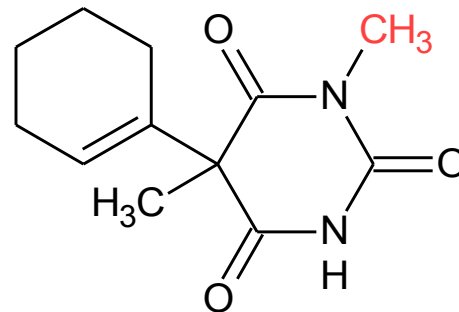
$R^1=R^2=R^3=H$ ;  $X=O$  barbituric acid

$R^1, R^2=$  alkyl, aryl,  $R^3= H$  or alkyl;  $X=O$  barbiturates

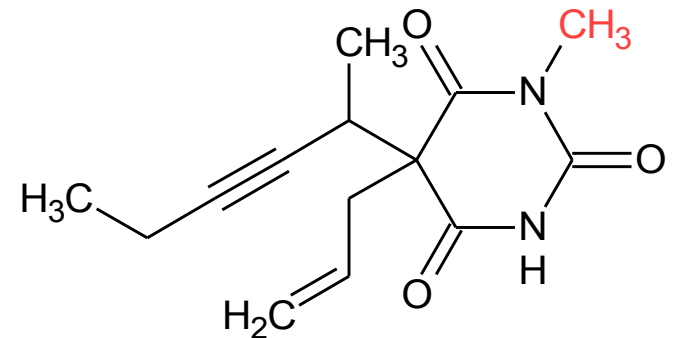
$R^1, R^2=$  alkyl, aryl,  $R^3= H$  or alkyl;  $X=S$  thiobarbiturates



**thiopental**



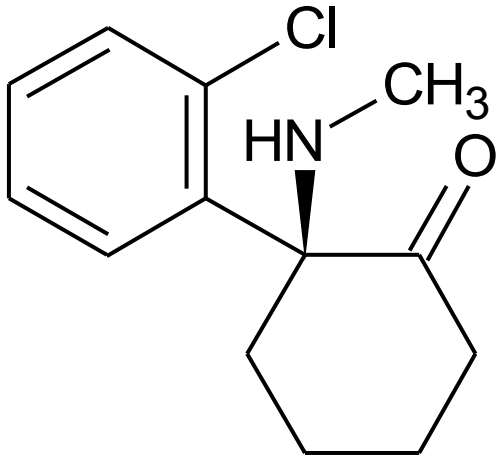
**hexobarbital**



**methohexital**

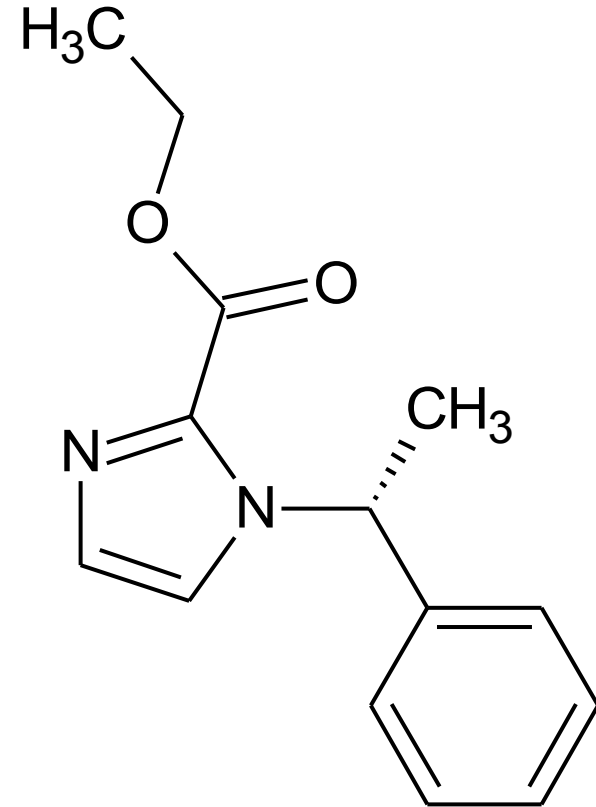
•one- or dibasic acids (lactame/lactime-tautomerism  $\Rightarrow$  N- or O-/S-acids  $\Rightarrow$  used as water soluble  $Na^+$  salts

## Intravenous general anaesthetics



**(S)-(+)-ketamine**

- neuroleptic and strongly pain relieving effects
  - short surgical procedures
  - stunning (narcotization) projectiles for catching wild animals
- Narkamon Spofa ® 1%

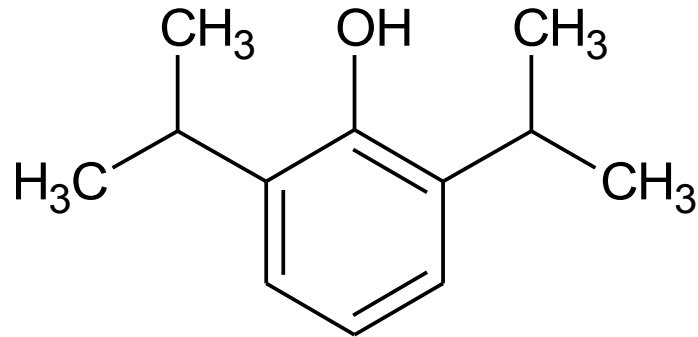


**(R)-(+)-etomidate**

- ultrashortly acting narcotic

- used as hydrochlorides

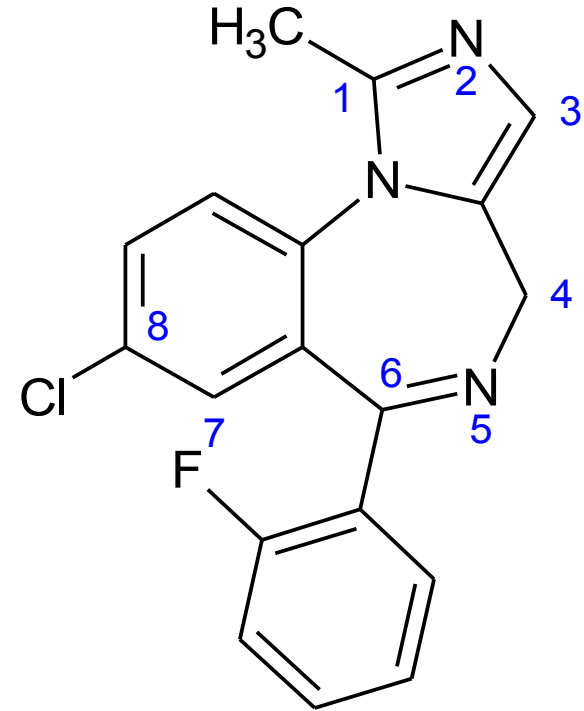
## Intravenous general anaesthetics



**propofol**

- poor solubility in water ⇒ use in emulsions
- very fast onset of action and very fast awakening after finishing of infusion also (in several minutes)
- anticonvulsive and antiemetic effects

Diprivan®



**midazolam**

- derivative of 4*H*-imidazo[1,5-*a*][1,4]benzodiazepine
  - for both onset and keeping of anaesthesia
  - combined with ketamine
  - hydrochloride
- Dormicum® inj. sol.