

# Sterilization

## Sterilization

Disinfection

Progress of sterilization

Sterilization by heat

Radiation sterilization

Chemical sterilization and disinfection

Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Sterilization

- ▶ Sterilization
- ▶ Sterilization in pharmaceutical praxis
- ▶ Aseptic preparation
- ▶ Disinfection

- 
- ▶ destruction/removal of all microorganisms: bakteria (including spores), protozoa, viruses, fungi, prions

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# Sterilization

- ▶ Sterilization
- ▶ Sterilization in pharmaceutical praxis
- ▶ Aseptic preparation
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- 
- ▶ decrease the amount of microbes 3000 – 6000000 (acceptable level)

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# Sterilization

- ▶ Sterilization
  - ▶ Sterilization in pharmaceutical praxis
  - ▶ **Aseptic preparation**
  - ▶ Disinfection
- 

- ▶ approach, when during drug preparation microorganism contamination is prevented

## Sterilization

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# Sterilization

- ▶ Sterilization
- ▶ Sterilization in pharmaceutical praxis
- ▶ Aseptic preparation
- ▶ **Disinfection**

- 
- ▶ destruction of living pathogenic microorganisms (but no spores are destroyed)
  - ▶ protective (preventive)
  - ▶ disinfection in the epidemy center
  - ▶ cleaning — disinfection — sterilization

## Sterilization

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## Autoclave

# History

- ▶ **Oliver Wendell Holmes 1843**
  - ▶ Ignác Filip Semmelweis 1844
  - ▶ Louis Pasteur 1860
  - ▶ Joseph Lister 1867
- 

- ▶ essay about possibility of transmitting puerperal sepsis

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# History

- ▶ Oliver Wendell Holmes 1843
  - ▶ Ignác Filip Semmelweis 1844
  - ▶ Louis Pasteur 1860
  - ▶ Joseph Lister 1867
- 

- ▶ high mortality on puerperal sepsis (about 15 %)
- ▶ worst in hospitals, lower in home deliveries assisted by midwives
- ▶ relation between autopsy room and nursing mothers (cadaverous poisoning)
- ▶ introduced disinfection (chlorinated lime)
- ▶ disagreed with colleagues, his ideas (washing hands) were ridiculed and rejected, left for Pest, died in mental hospital soon after admission

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# History

- ▶ Oliver Wendell Holmes 1843
  - ▶ Ignác Filip Semmelweis 1844
  - ▶ **Louis Pasteur 1860**
  - ▶ Joseph Lister 1867
- 

- ▶ chemist, microbiologist
- ▶ fermentation, vaccination (rabies), pasteurization and other discoveries
- ▶ germ theory of disease

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# History

- ▶ Oliver Wendell Holmes 1843
  - ▶ Ignác Filip Semmelweis 1844
  - ▶ Louis Pasteur 1860
  - ▶ **Joseph Lister 1867**
- 

- ▶ surgery under carbol shower
- ▶ prevented suppuration of surgical wounds
- ▶ great appreciation (baron, founder of modern surgery)

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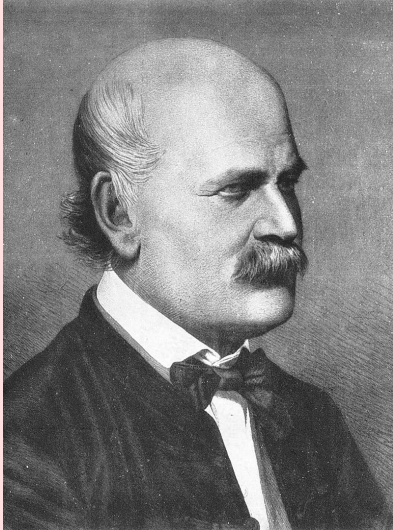
Chemical sterilization and disinfection

Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Ignác Semmelweiss



Sterilization

## Sterilization

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# Sterilization

- ▶ **Destroy all microorganism (if possible)**
- ▶ Never destroy the stuff which is being sterilized
- ▶ Economic acceptance
- ▶ Time schedule acceptable
- ▶ Sterilized items is necessary to protect against another colonization

- 
- ▶ depends of resistance, initial amount, material structure. . .

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# Sterilization

- ▶ Destroy all microorganism (if possible)
  - ▶ **Never destroy the stuff which is being sterilized**
  - ▶ Economic acceptance
  - ▶ Time schedule acceptable
  - ▶ Sterilized items is necessary to protect against another colonization
- 

- ▶ heat of the flame on the platinum loop
- ▶ sterilization of drugs

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# Sterilization

- ▶ Destroy all microorganism (if possible)
- ▶ Never destroy the stuff which is being sterilized
- ▶ **Economic acceptance**
- ▶ Time schedule acceptable
- ▶ Sterilized items is necessary to protect against another colonization

- 
- ▶ common, widely used methods
  - ▶ industrial production

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# Sterilization

- ▶ Destroy all microorganism (if possible)
  - ▶ Never destroy the stuff which is being sterilized
  - ▶ Economic acceptance
  - ▶ **Time schedule acceptable**
  - ▶ Sterilized items is necessary to protect against another colonization
- 

- ▶ laboratory, production
- ▶ heat: heating, effective time, cooling

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# Sterilization

- ▶ Destroy all microorganism (if possible)
- ▶ Never destroy the stuff which is being sterilized
- ▶ Economic acceptance
- ▶ Time schedule acceptable
- ▶ **Sterilized items is necessary to protect against another colonization**

- 
- ▶ intact envelopes
  - ▶ time

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# Disinfection

- ▶ **Disinfection**
  - ▶ Factors that influence the degree of killing
- 

- ▶ a process that eliminates a defined scope of microorganisms, except most spores, viruses and prions
- ▶ the purpose: prevent transmission of certain microorganisms with objects, hands or skin and prevent spreading the infection
- ▶ physical or chemical methods
- ▶ most disinfectants are chemical agents applied to inanimate objects

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### Disinfection

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# Disinfection

- ▶ Disinfection
  - ▶ **Factors that influence the degree of killing**
- 

- ▶ types of organisms
- ▶ number of organisms
- ▶ concentration of disinfecting agent
- ▶ presence of organic material (e.g., serum, blood)
- ▶ nature (composition) of surface to be disinfected
- ▶ contact time
- ▶ temperature
- ▶ pH
- ▶ biofilms
- ▶ compatibility of disinfectants

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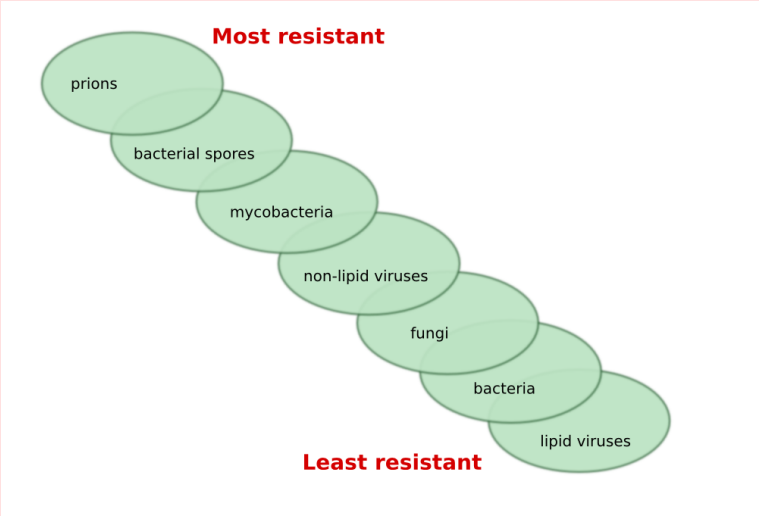
## Autoclave

# Resistance of microorganisms

## Sterilization

- Disinfection
- Progress of sterilization
- Sterilization by heat
- Radiation sterilization
- Chemical sterilization and disinfection
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- Heat resistance of microorganisms

## Autoclave



# Materials and their purpose

- ▶ **Critical materials**
  - ▶ Semicritical materials
  - ▶ Non critical materials
- 

- ▶ will enter tissues or blood system
- ▶ will produce infection if contaminated
- ▶ require sterilization

## Sterilization

### Disinfection

Progress of sterilization

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Chemical sterilization and disinfection

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Heat resistance of microorganisms

## Autoclave

# Materials and their purpose

- ▶ Critical materials
- ▶ **Semicritical materials**
- ▶ Non critical materials

- 
- ▶ will have contact with mucos membranes
  - ▶ require high-level disinfection agents

## Sterilization

### Disinfection

Progress of sterilization

Sterilization by heat

Radiation sterilization

Chemical sterilization and disinfection

Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Materials and their purpose

- ▶ Critical materials
- ▶ Semicritical materials
- ▶ **Non critical materials**

- 
- ▶ will have contact with intact skin
  - ▶ require intermediate-level to low-level disinfection

## Sterilization

### Disinfection

Progress of sterilization

Sterilization by heat

Radiation sterilization

Chemical sterilization and disinfection

Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Progress of sterilization

- ▶ Dying of mikroorganisms is exponential
  - ▶ D-value (DRT)
  - ▶ Z-value
  - ▶ F-value
  - ▶ L-value
- 

- ▶ slowly at first, then faster, finally slow again
- ▶ the amount of microbes entering the process is necessary to limit as much as possible

## Sterilization

Disinfection

Progress of sterilization

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Heat resistance of microorganisms

## Autoclave

# Progress of sterilization

- ▶ Dying of mikroorganisms is exponential
- ▶ **D-value (DRT)**
- ▶ Z-value
- ▶ F-value
- ▶ L-value

- 
- ▶ *decimal reduction time*: time, during which the amount of microorganism decreases to 1/10

- ▶  $\frac{\text{heating time}}{\log N_0 - N}$

## Sterilization

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Heat resistance of microorganisms

## Autoclave

# Progress of sterilization

- ▶ Dying of mikroorganisms is exponential
  - ▶ D-value (DRT)
  - ▶ **Z-value**
  - ▶ F-value
  - ▶ L-value
- 

- ▶ increase of temperature necessary to increase the D-value  $10\times$

## Sterilization

Disinfection

Progress of sterilization

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Chemical sterilization and disinfection

Sterilization by bacterial filters

Heat resistance of mikroorganisms

## Autoclave



# Progress of sterilization

- ▶ Dying of mikroorganisms is exponential
  - ▶ D-value (DRT)
  - ▶ Z-value
  - ▶ **F-value**
  - ▶ L-value
- 

- ▶ time in minutes necessary to kill all the microbes under defined conditions

## Sterilization

Disinfection

**Progress of sterilization**

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Chemical sterilization and disinfection

Sterilization by bacterial filters

Heat resistance of mikroorganisms

## Autoclave

# Progress of sterilization

- ▶ Dying of mikroorganisms is exponential
- ▶ D-value (DRT)
- ▶ Z-value
- ▶ F-value
- ▶ L-value

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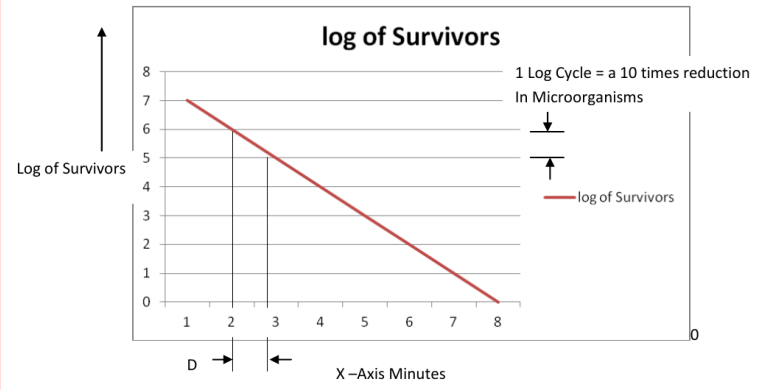
- 
- ▶ lethality factor ( $1/F$ ), heat efficiency under defined conditions compared with the temperature  $121^{\circ}\text{C}$

# D-value, DRT

## Sterilization

- Disinfection
- Progress of sterilization
- Sterilization by heat
- Radiation sterilization
- Chemical sterilization and disinfection
- Sterilization by bacterial filters
- Heat resistance of microorganisms

## Autoclave



# Methods of sterilization

- ▶ Defined for various sterilized items
  - ▶ Physical methods
  - ▶ Chemical methods
  - ▶ Plasma
- 
- ▶ drug production specifications

## Sterilization

Disinfection

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Heat resistance of microorganisms

## Autoclave

# Methods of sterilization

- ▶ Defined for various sterilized items
  - ▶ **Physical methods**
  - ▶ Chemical methods
  - ▶ Plasma
- 

- ▶ heat
- ▶ radiation (gamma rays, UV)
- ▶ bacterial filters

## Sterilization

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Heat resistance of microorganisms

## Autoclave

# Methods of sterilization

- ▶ Defined for various sterilized items
  - ▶ Physical methods
  - ▶ **Chemical methods**
  - ▶ Plasma
- 

- ▶ baktericid gasses and vapours

## Sterilization

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**Progress of sterilization**

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Heat resistance of microorganisms

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# Methods of sterilization

- ▶ Defined for various sterilized items
  - ▶ Physical methods
  - ▶ Chemical methods
  - ▶ **Plasma**
- 

- ▶ vapourizes sterilizing agent in vacuum; plasma is then generated by microwave generator

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Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Sterilization by heat

- ▶ **Wet heat**
- ▶ Dry heat

- 
- ▶ boiling in water 100°C 30 minut, 3× in 24 hours
  - ▶ boiling in water under pressure 300 kPa/134°C for 30 minutes
  - ▶ heating in running steam 100°C for 45 minutes, 3× in 24 hours
  - ▶ heating in running steam páře (pressure/temperature):
    - ▶ 110°C/150 kPa for 40 minutes
    - ▶ 115°C/170 kPa for 30 minutes
    - ▶ 120°C/200 kPa for 20 minutes
    - ▶ 134°C/300 kPa for 10 minutes
  - ▶ microwave heating
  - ▶ tyndalization: repeated heating to low temperature with 24 hours intervals

## Sterilization

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**Sterilization by heat**

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Chemical sterilization and disinfection

Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave



# Sterilization by heat

- ▶ Wet heat
  - ▶ Dry heat
- 

- ▶ annealing, heating to yellow heat (platinum loop)
- ▶ circulating hot air, 160°C for 60 minutes
- ▶ mineral oil 160°C for 30 minutes

## Sterilization

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Progress of sterilization

**Sterilization by heat**

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Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Radiation sterilization

- ▶ **Advantages**
  - ▶ Ionizing irradiation
  - ▶ UV irradiation
  - ▶ Checking
- 

- ▶ normal temperature
- ▶ can run continuously
- ▶ sterilized items can be in wrappings

## Sterilization

Disinfection

Progress of sterilization

Sterilization by heat

**Radiation sterilization**

Chemical sterilization and disinfection

Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Radiation sterilization

- ▶ Advantages
  - ▶ **Ionizing irradiation**
  - ▶ UV irradiation
  - ▶ Checking
- 

- ▶ gama rays, 25 kG
- ▶ accelerated electrones

## Sterilization

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Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Radiation sterilization

- ▶ Advantages
  - ▶ Ionizing irradiation
  - ▶ **UV irradiation**
  - ▶ Checking
- 

- ▶ sterilization of the air
- ▶ sterilization of some surfaces (work boxes)

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Heat resistance of microorganisms

## Autoclave

# Radiation sterilization

- ▶ Advantages
  - ▶ Ionizing irradiation
  - ▶ UV irradiation
  - ▶ **Checking**
- 

- ▶ dozimeters
- ▶ bioindicators

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# Chemical sterilization

- ▶ Etylenoxid
- ▶ Formaldehyd
- ▶ Persteril

- 
- ▶ complicated process, special device
  - ▶ plasts, some drugs

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Heat resistance of microorganisms

## Autoclave

# Chemical sterilization

- ▶ Etylenoxid
- ▶ Formaldehyd
- ▶ Persteril

- 
- ▶ traditional method
  - ▶ affects the surface only, easy to remove
  - ▶ simultaneous wet conditions are necessary
  - ▶ temperature over 80°C

## Sterilization

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Sterilization by bacterial filters

Heat resistance of microorganisms

## Autoclave

# Chemical sterilization

- ▶ Etylenoxid
- ▶ Formaldehyd
- ▶ **Persteril**

- 
- ▶ aggressive against metals
  - ▶ unstable
  - ▶ steam (20 minutes in defined concentration)
  - ▶ solution 30 – 30 minut in concentration 0.2 – 0.4 %

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Heat resistance of microorganisms

## Autoclave



# Chemical disinfection

- ▶ Disinfecting agents
  - ▶ Mechanism
- 

- ▶ alcohols (alcohol 70 %)
- ▶ aldehydes (formaldehyd)
- ▶ halogens (chlorine)
- ▶ phenols (added to soaps etc.)
- ▶ surfactants (detergents, tensides)
- ▶ heavy metals (silver nitrate 1 % eyedrop)
- ▶ dyes (crystal violet, brilant green. . . superficially on wounds)
- ▶ gases (ethylene oxide, oxidants, eg. hydrogen peroxide)

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# Chemical disinfection

- ▶ Disinfecting agents
  - ▶ **Mechanism**
- 

- ▶ reaction with components of the cytoplasmic membrane (surfactant compounds, alcohols)
- ▶ denaturation of cellular proteins (alcohols, phenols, aldehydes, oxidants)
- ▶ reaction with the thiol (-SH) groups of enzymes (heavy metals)
- ▶ damage of RNA and DNA (aldehydes, oxidants, dyes)

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# Sterilization by dry running air

- ▶ Sterilized items
- ▶ Time of sterilization
- ▶ Bioindicators

- 
- ▶ glass, metal, machine parts
  - ▶ sterilized items must be dry and clean
  - ▶ must not touch each other
  - ▶ the air must run

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## Autoclave

# Sterilization by dry running air

- ▶ Sterilized items
- ▶ Time of sterilization
- ▶ Bioindicators

- 
- ▶ 160°C 60 minutes, 170°C 30 minutes, 180°C 20 minutes
  - ▶ + time of heating
  - ▶ + time of cooling

## Sterilization

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# Sterilization by dry running air

- ▶ Sterilized items
- ▶ Time of sterilization
- ▶ **Bioindicators**

- 
- ▶ Bacillus subtilis

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## Autoclave

# Sterilization by bacterial filters

- ▶ Bacterial filter

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- ▶ pores  $0.22\ \mu\text{m}$  or smaller
- ▶ must not release its parts to the filtrated substance

Sterilization

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# Heat resistance of microorganisms

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class	temperature	time	microorganism
I.	62°C	30 minutes	mycobacteria, brucella, streptococcus, polyomavirus
II.	80°C	30 minutes	most vegetative bacterial forms, yeasts, fungi, most viruses
III.	100°C	5 – 30 minutes	hepatitis B virus, spores of fungi
IV.	105°C	5 minutes	anthrax — spores
V.	121°C	8 – 12 minutes	b. thermophilus — spores, spores of clostridia
VI.	134°C	6 hours	highly resistant spores

# Autoclave

- ▶ Device for sterilizing by hot steam
  - ▶ Method
  - ▶ Check-up
- 

- ▶ efficient sterilization method

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## Autoclave



# Autoclave

- ▶ Device for sterilizing by hot steam
  - ▶ **Method**
  - ▶ Check-up
- 

- ▶ steam (water heating or steam from other source)
- ▶ air removal (evacuation)
- ▶ heating
- ▶ temperature equalization
- ▶ sterilization
- ▶ cooling
- ▶ letting the air back again

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## Autoclave

# Autoclave

- ▶ Device for sterilizing by hot steam
- ▶ Method
- ▶ Check-up

- 
- ▶ heat monitors
  - ▶ bioindicators

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