

Diuretics

= compounds used for ↑ of urine excretion in order to ↓ the excessive volume of extracellular liquid or for other therapeutical purposes

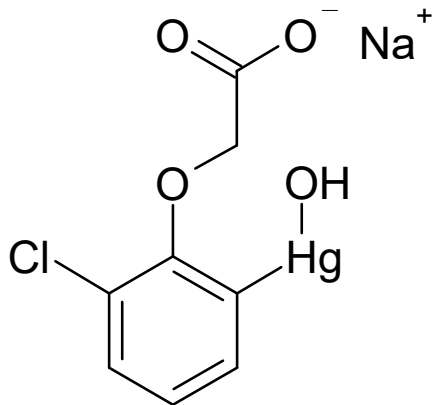
History

Mercury compounds

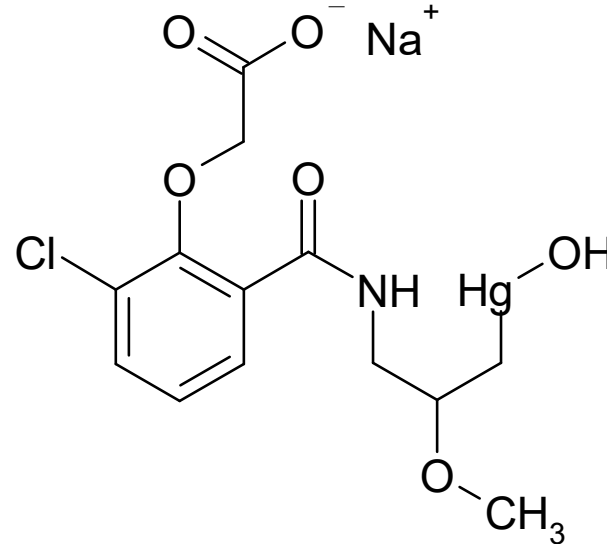
16th century – *Paracelsus* – red HgO (?)

19th century – Hg₂Cl₂ „calomel“

beginning of the 20th century – less toxic organic compounds with covalently bound Hg



Novasurol



mersalyl
Salyrgan®

Classification of actually used diuretics

1. Saluretics

1.1. Sulfonamides

1.1.1 Sulfonamides with acyclic $-\text{SO}_2\text{NH}_2$ group

1.1.2 Thiazide diuretics

2. „Potassium conserving“ diuretics

3. „Loop“ diuretics (= diuretics acting in the loop of Henle)

3.1. Sulfonamides – amino(hetero)arenesulfonamide derivatives

3.2. Phenoxyacetic acid derivatives

4. Osmotic diuretics

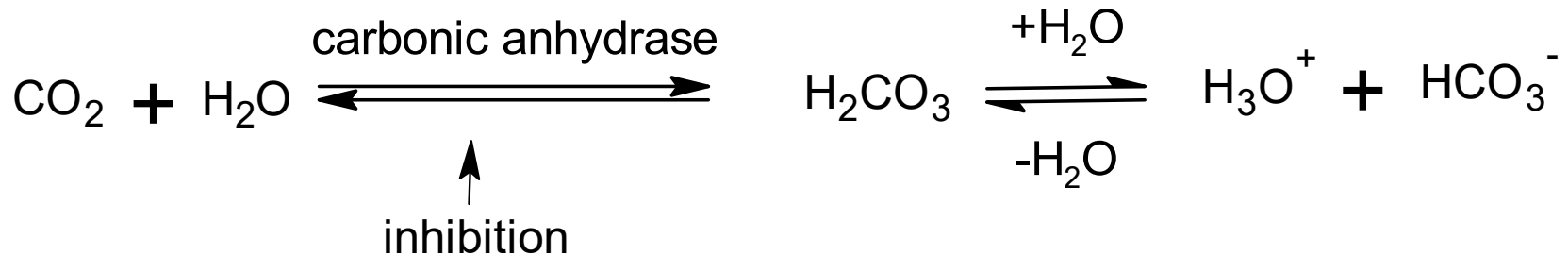
(5. Purine alcaloida – xanthine derivatives)

1. Saluretics

- inhibit reabsorption (back resorption) of Na^+ and Cl^- in more distal part of the nephron, ions bind water, which is then excreted
- they cause decrease of K^+ in organism (exchange for Na^+ and active secretion in distal tubule)

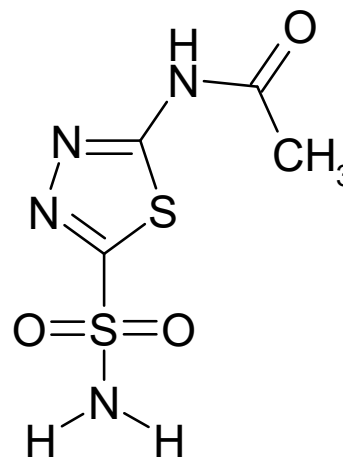
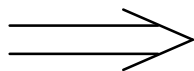
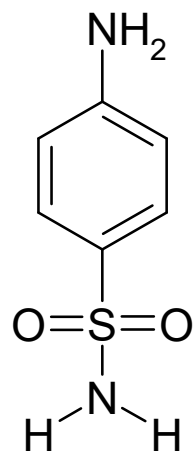
1.1. Sulfonamides

- diuretic activity of antibacterial sulfonamides observed as a side effect before 1940
- 1949 Schwartz: carbonic anhydrase inhibition



- the enzyme is inhibited $\Rightarrow \downarrow \text{H}_2\text{CO}_3 \Rightarrow \downarrow \text{H}_3\text{O}^+$, which normally exchanges for Na^+ , in glomerular filtrate $\Rightarrow \text{Na}^+$ remains in the renal tubule together with HCO_3^- , they bind osmotic equivalent of water \Rightarrow excretion of a large quantity of urine

1.1.1. Sulfonamides with acyclic $-\text{SO}_2\text{NH}_2$ group



N-(5-sulfamoyl-[1,3,4]thiadiazol-2-yl)-acetamide

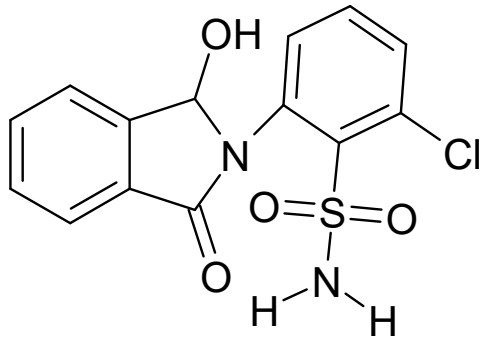
sulfanilamide

(lead compound of antibacterial sulfonamides)

acetazolamide

one of the first sulfonamide diuretics
Diluran[®] - today treatment of glaucoma

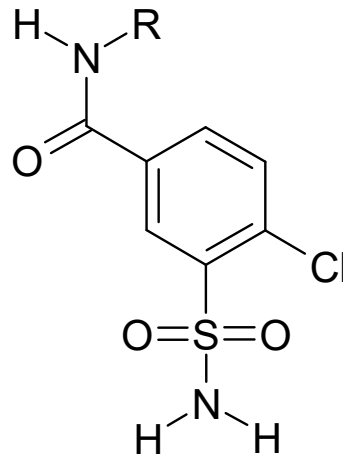
1.1.1. Sulfonamides with acyclic -SO₂NH₂ group - continued



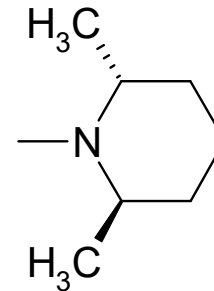
chlorthalidone

Urandil[®]

•hypertension,
edema in heart
insufficiency



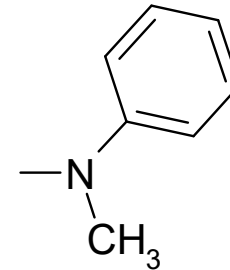
R =



clopamide

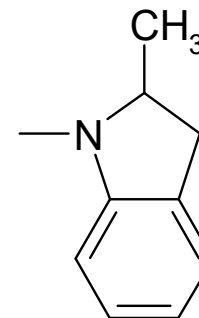
Crystepin[®]

(+ reserpin,
dihydroergocristin)



metipamide

Hypotylin[®]



indapamide

•also antioxidant effect

Indap[®]

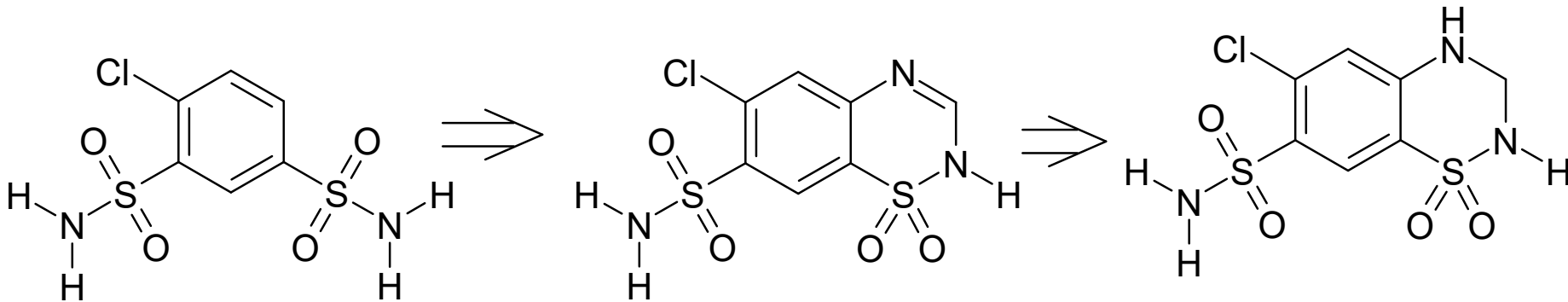
Noliprel[®](+ perindopril)

Prenewel[®] ...

1.1.2 Thiazide diuretics

= sulfonamides with $-\text{SO}_2\text{NH}-$ group in a cycle

Elicitation of their structure



clofenamide

diuretic sulfonamide
with acyclic $-\text{SO}_2\text{NH}_2$ groups;
today obsolete

chlorothiazide

1st „thiazide“
diuretic; today
obsolete

hydrochlorothiazide

most frequently
combined with
amiloride (Moduretic[®],
Rhefluin[®]) or with
quinapril (Accuzide[®])
for treatment of
hypertension

1

Activity

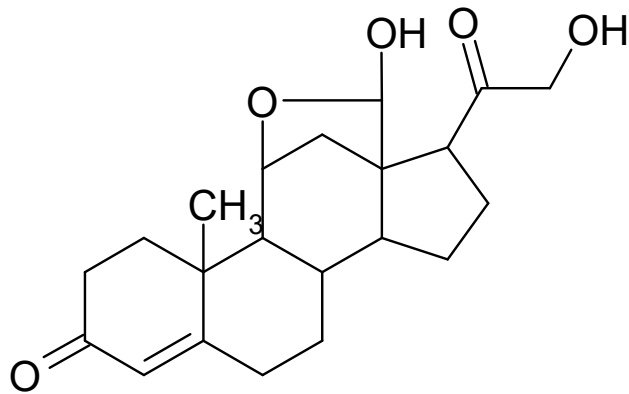
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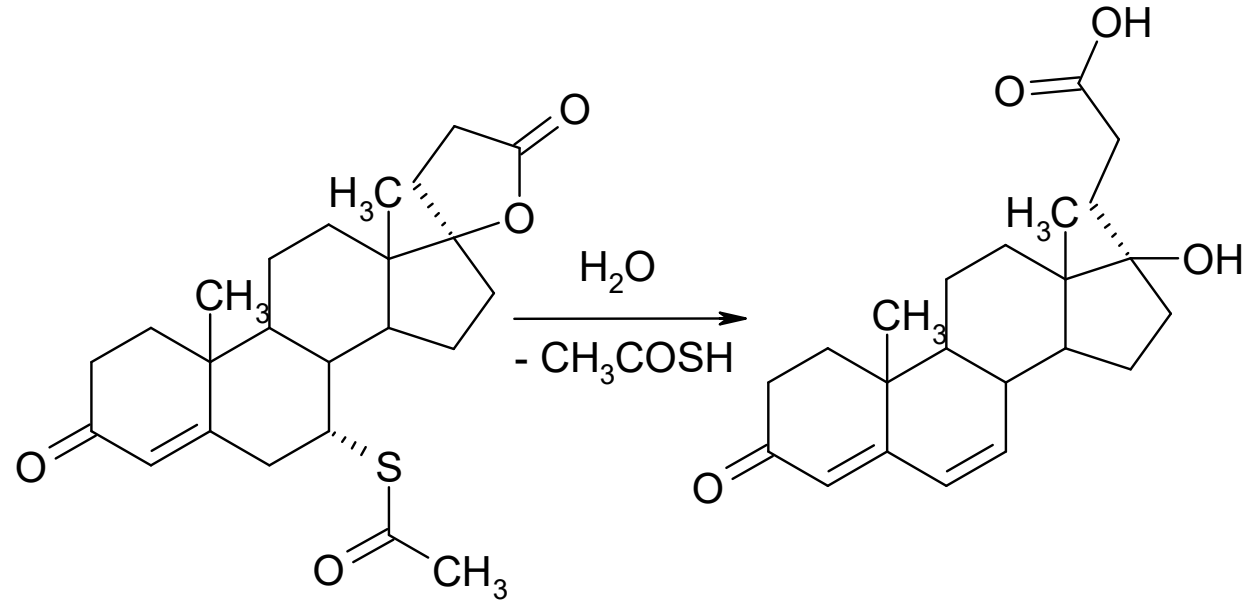
2. „Potassium conserving“ diuretics

- inhibit reabsorption of Na^+ v distal tubule; retention of K^+ occurs simultaneously

Aldosterone antagonists



aldosterone



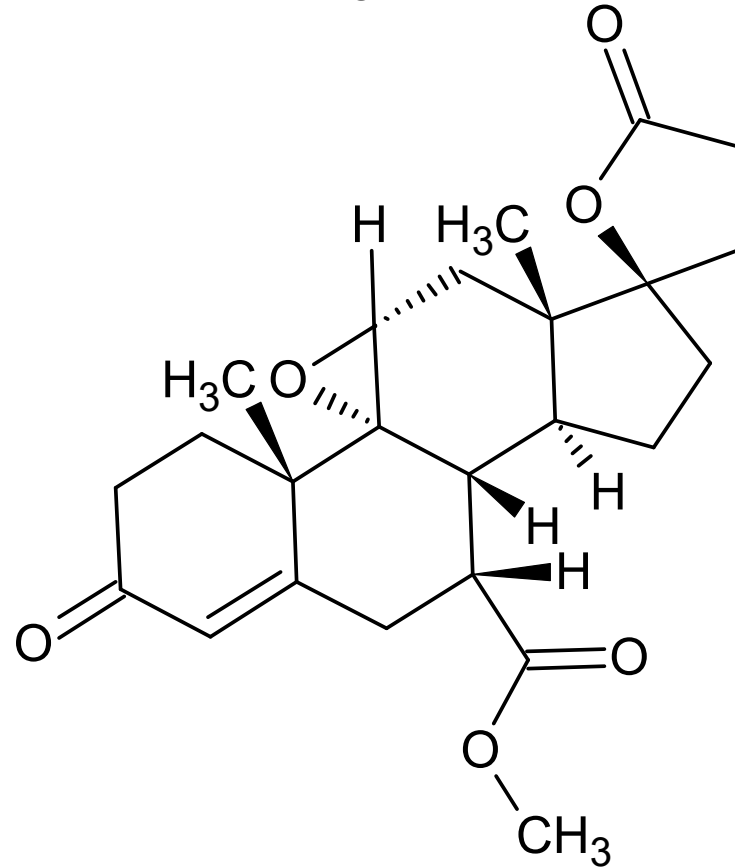
spironolactone

- prodrug of canrenoic acid
 - hyperaldosteronemia
- Verospiron® tbl.

canrenoic acid

- active compound
- Aldactone® inj. – K^+ salt for parenteral application (*kalii canrenoas*)

Aldosterone antagonists continued



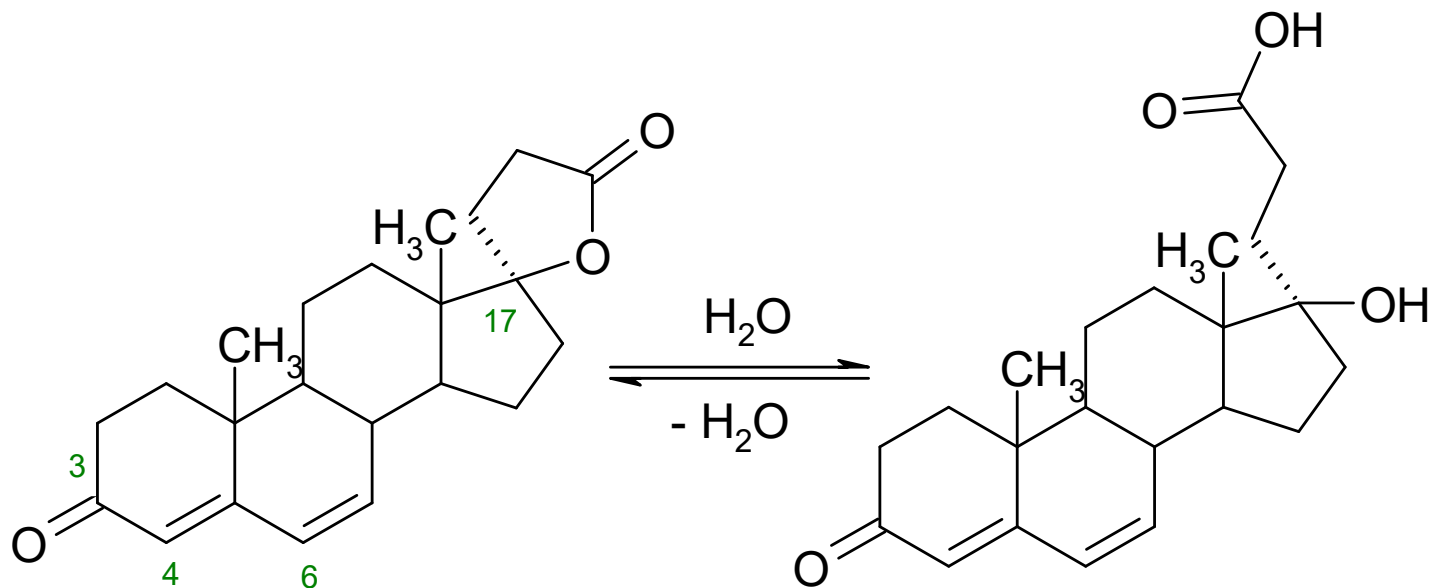
eplerenone

Inspra[®] tbl., Aldoplewel[®] tbl. ...

- No oestrogenic activity

Canrenon and canrenoic acid

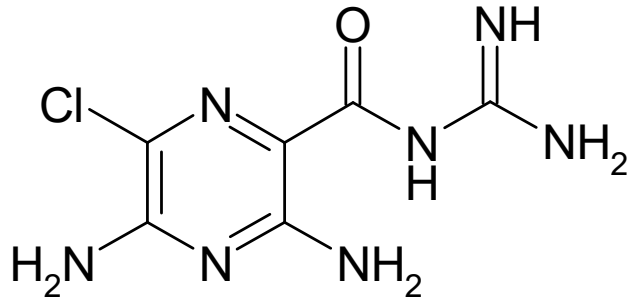
- both forms are in an equilibrium



canrenone
(lactone)

canrenoic acid
(a hydroxy acid)

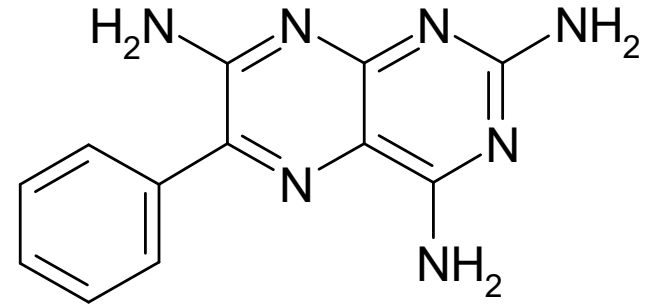
2. „Potassium conserving“ diuretics - continued



N-(3,5-diamino-6-chloropyrazine-2-carbonyl)-
guanidine

amiloride

Amicloton[®], Moduretic[®], Loradur[®] (+
hydrochlorothiazide) ...



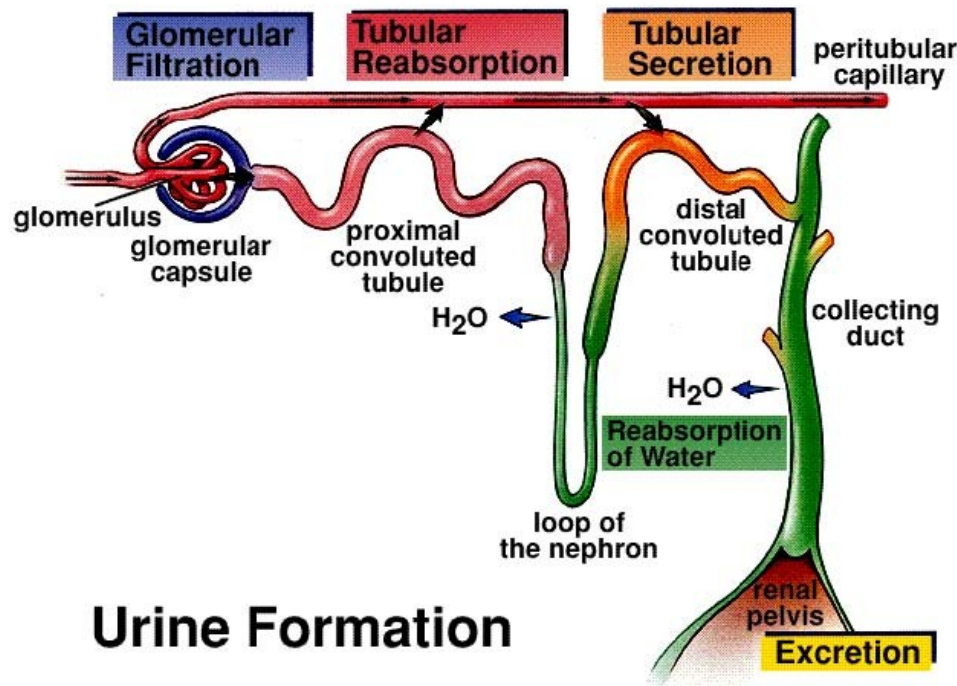
2,4,7-triamino-6-phenylpteridine

triamterene

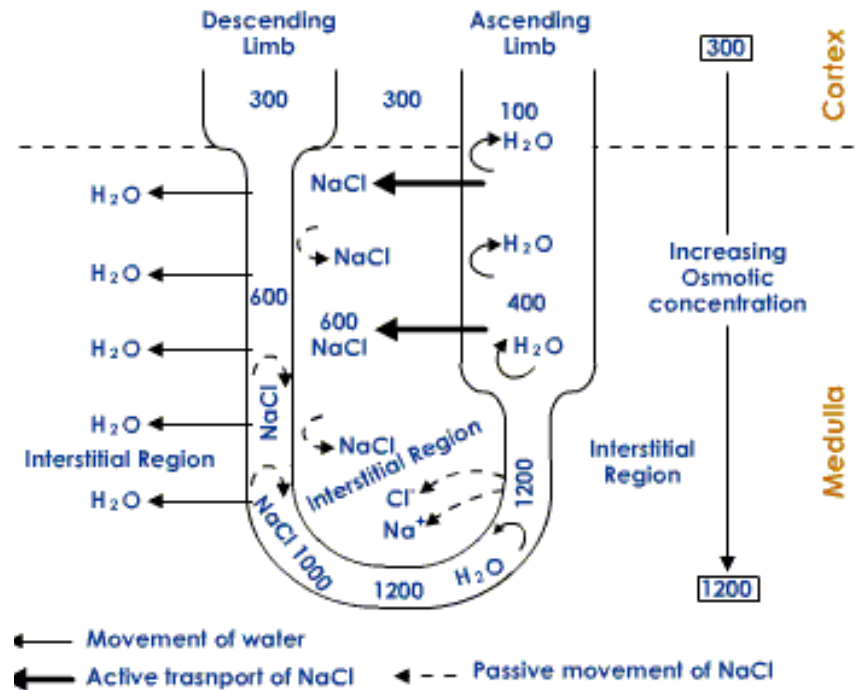
Dytac[®]-tbl.

3. „Loop“ diuretics

- inhibit absorption of electrolytes (Na^+ , K^+ , H^+ a Cl^-) in the ascending limb of Henle loop
(\Rightarrow hyponatraemia, hypokalaemia, hypochloraemia and alkalosis possible)
- efficient also in \downarrow function of kidneys

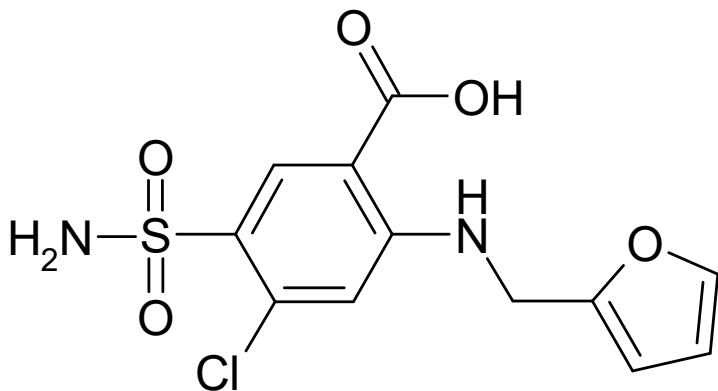


Urine Formation



3. „Loop“ diuretics

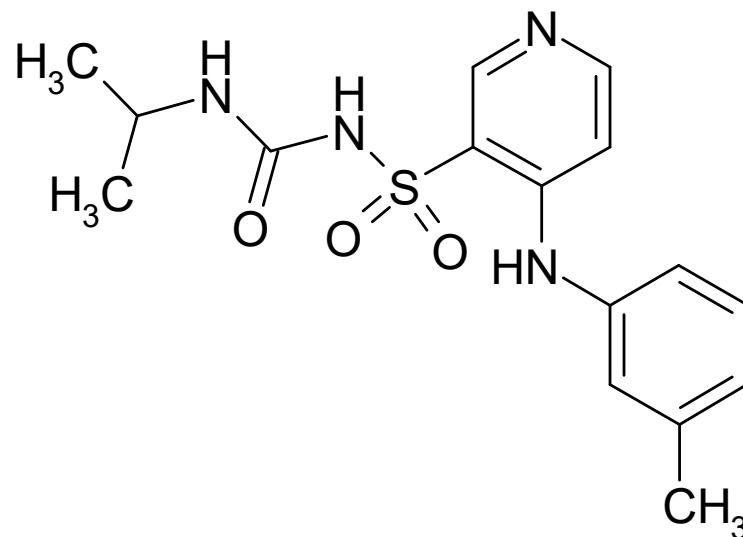
3.1. Sulfonamides – amino(hetero)arenesulfonamide derivatives



furosemide

Furon[®] tbl.

•oedema, chron. renal insufficiency



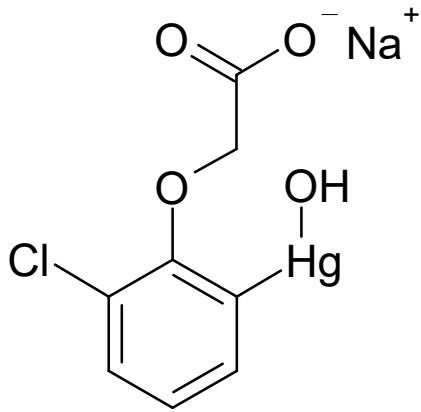
torasemide

syn. **torseamide** [USAN]

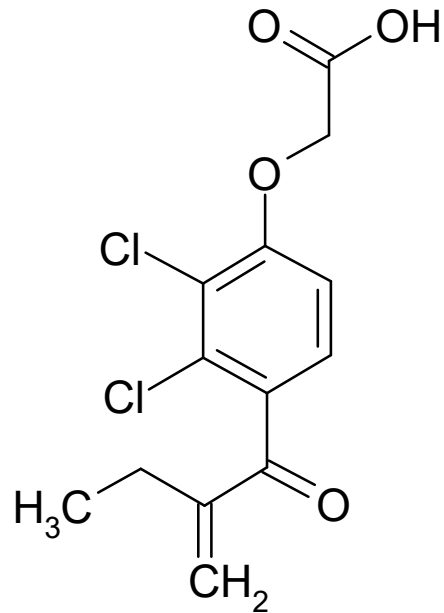
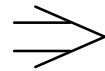
Trifas[®] tbl.

3.2. Phenoxyacetic acid derivatives

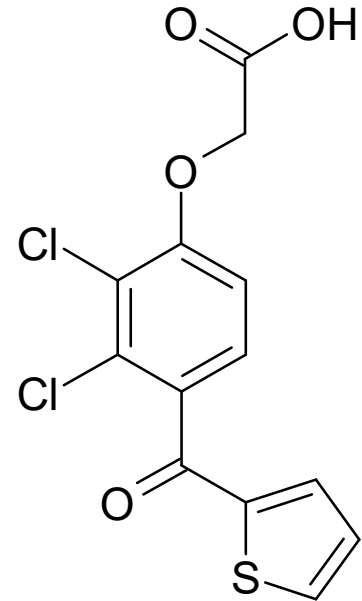
Derivation of the structure: directly from mercury diuretics



Novasurol



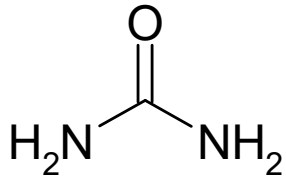
ethacrynic acid
Uregyt[®] tbl.



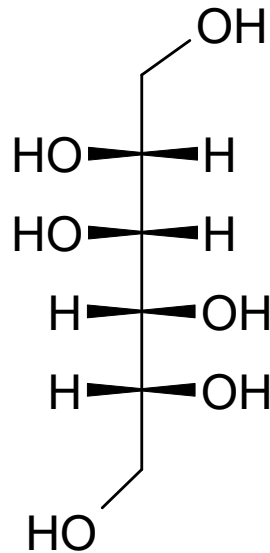
tienilic acid
(syn. **ticrynafen** [USAN])

4. Osmotic diuretics

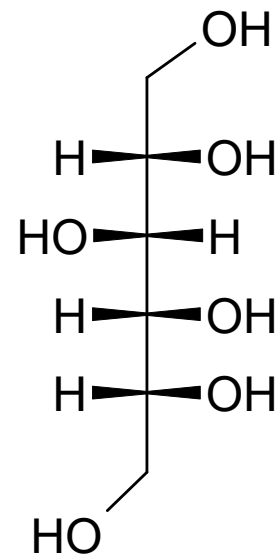
- osmotically active compounds, \uparrow osmotic pressure of the glomerular ultrafiltrate \Rightarrow \downarrow its glomerular reabsorption
- administered only intravenously
- removal of intracranial hypertension in patients with brain oedema, treatment of acute renal failure, forced diuresis in intoxications



urea
Urea VUAB[®] inf. sic.



D-mannitol
Osmofundin 15% N[®] inf.



D-sorbitol
syn. **D-glucitol**
Infusio sorbitoli[®] inf. sol.