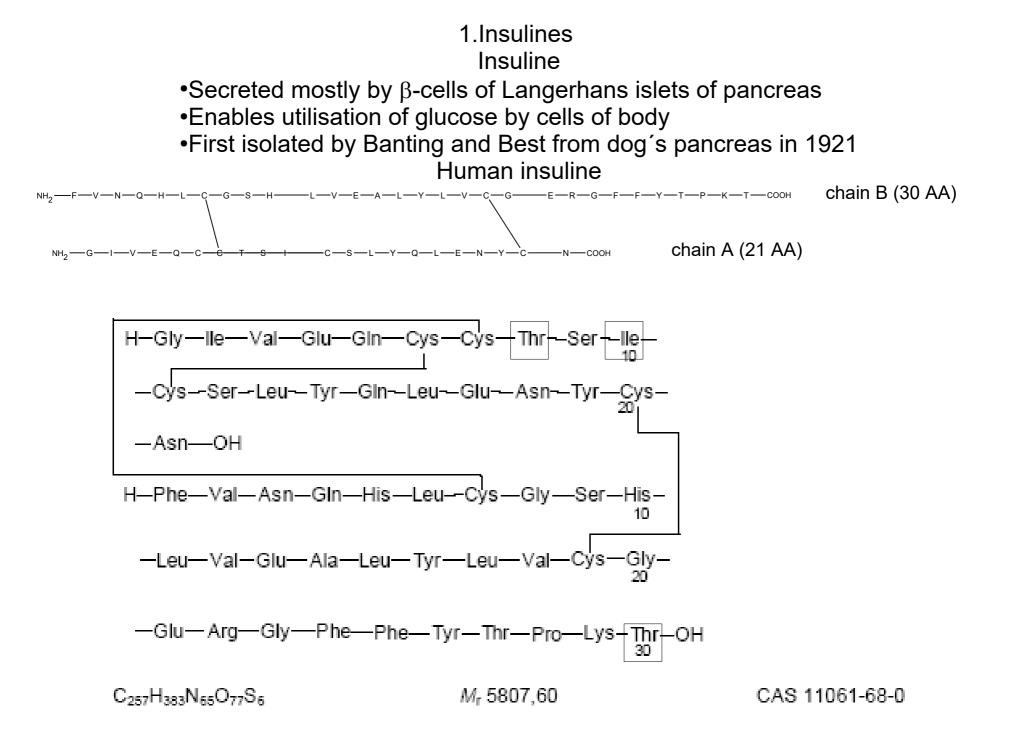
# Insulin(s) and other, mainly oral antidiabetics

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# One- and three-letter symbols of L- $\alpha$ -amino acid rests

One-letter A	Three-letter Ala	alanine
В	Asx	asparaginic acid or asparagine
C	Cys	cysteine
D	Asp	asparaginic acid
Ē	Glu	glutamic acid
F	Phe	phenylalanine
G	Gly	glycine
H	His	histidine
1	lle	isoleucine
K	Lys	lysine
L	Leu	leucine
Μ	Met	methionine
Ν	Asn	asparagine
Р	Pro	proline
Q	Gln	glutamine
R	Arg	arginine
S	Ser	serine
Т	Thr	threonine
U	Sec	selenocysteine
V	Val	valine
W	Trp	tryptofane
Х	Xaa	unknown or "other" amino acid
Y	Tyr	thyrosine
Z	Gİx	glutamic acid or glutamine (or compounds such
as 4-carboxyglutamic acid 5-oxoproline)		

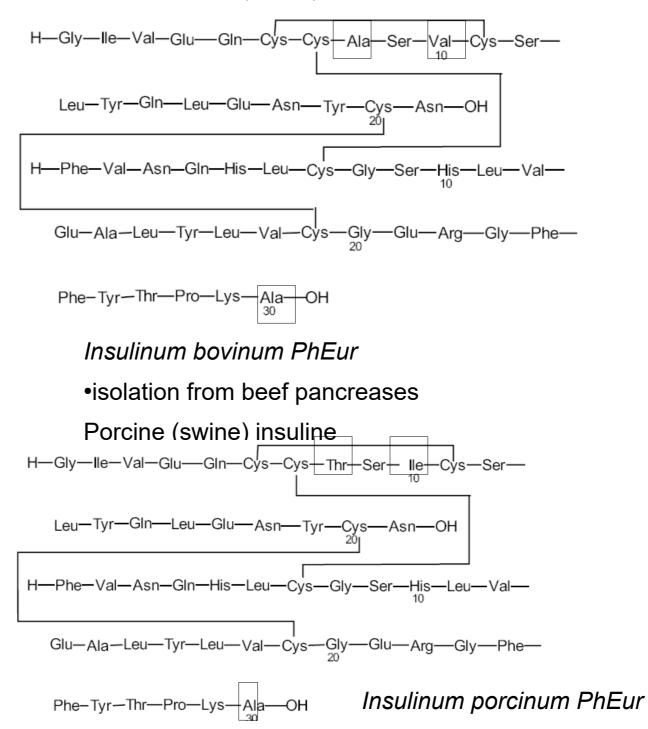


•formed from its precursor proinsuline consisted of 110 AA 10 20 30 40 50 60 MALWMRLLPL LALLALWGPD PAAAFVNQHL CGSHLVEALY LVCGERGFFY TPKTRREAED

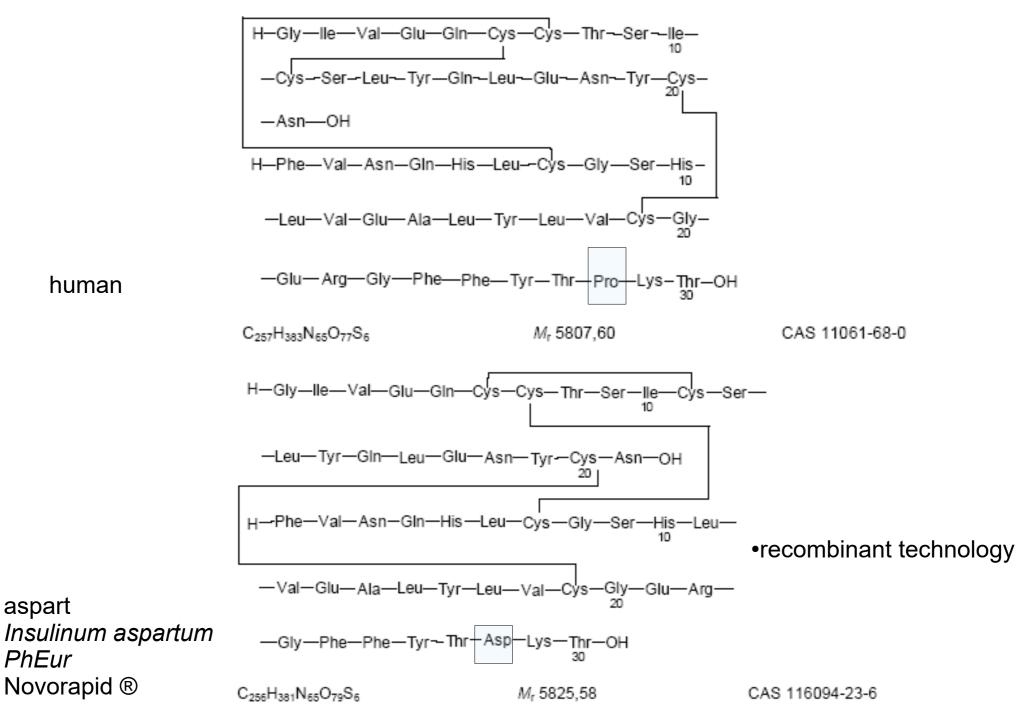
70 80 90 100 110 LQVGQVELGG GPGAGSLQPL ALEGSLQKRG IVEQCCTSIC SLYQLENYCN

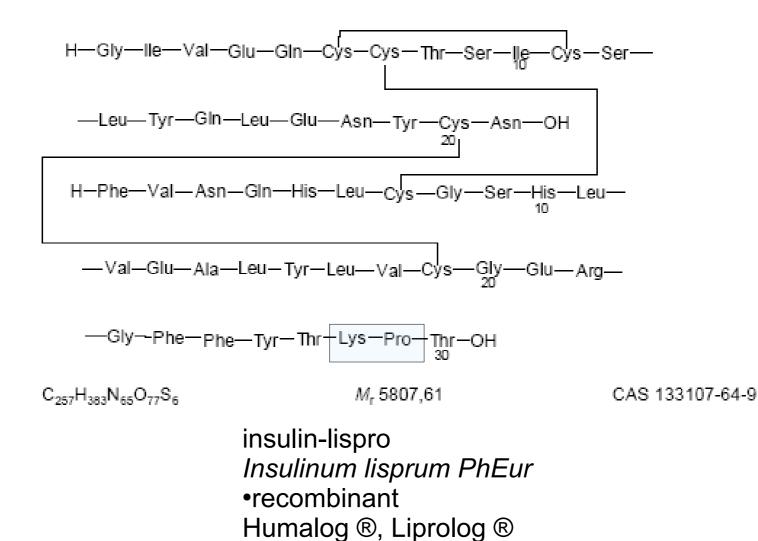
1-24 signal sequence; 25-54 chain B; 57-87 peptide C; 90-110 chain A
•today produced by recombinant technology, or by partial synthesis from the porcine one *Insulinum humanum PhEur*•syn. humuline

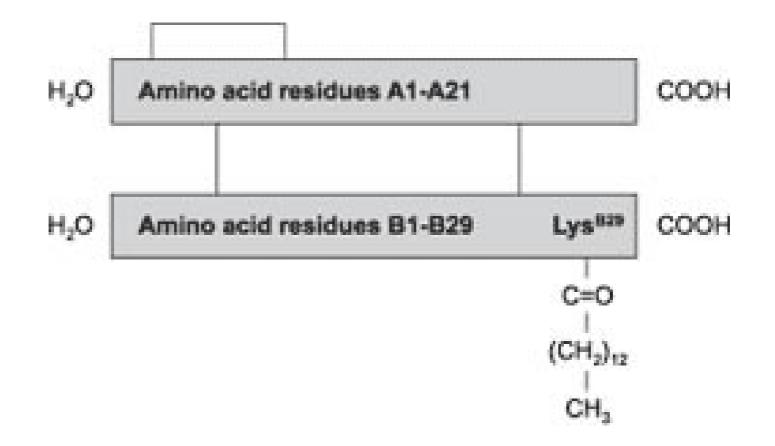
## Bovine (cow's) insuline



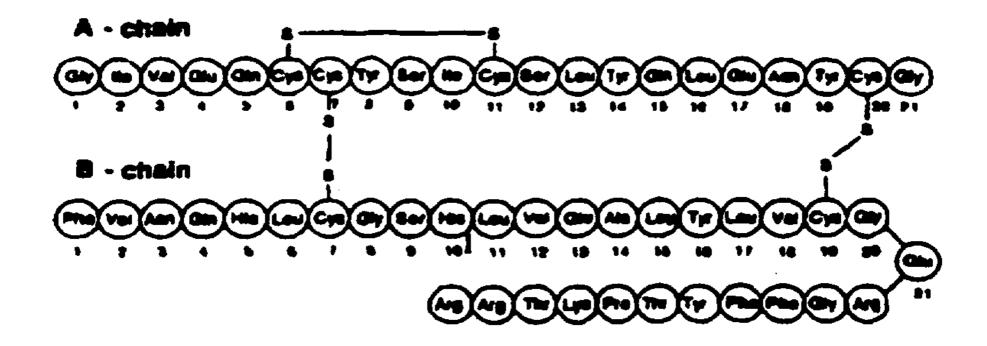
## Insuline analogues





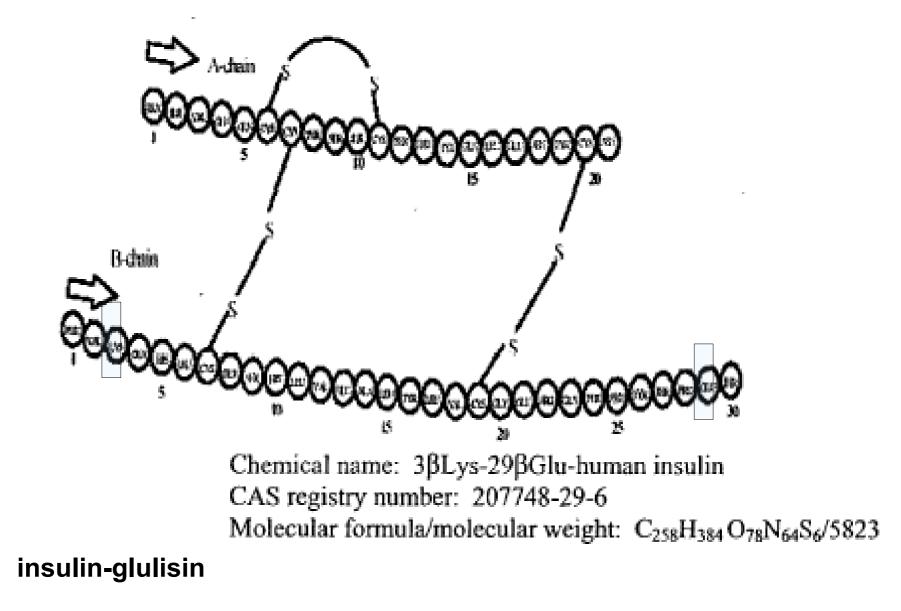


insulin-detemir •chain B has only 29 AA, tetradecanoyl (myristoyl) attached to Lys<sup>B29</sup> •recombinant-semi synthetic Levemir ®

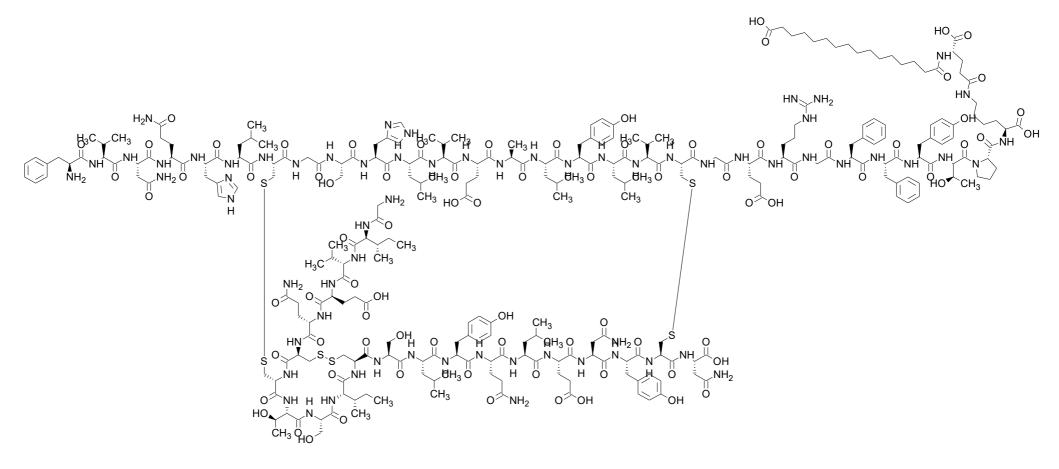


## insulin-glargin

Gly<sup>21A</sup>-L-Arg<sup>30B</sup>-L-Arg<sup>31B</sup>-insulin Lantus<sup>®</sup>, Optisulin ® •insulin of 1<sup>st</sup> choice in diabetes of 2<sup>nd</sup> type when oral antidiabetics are not satisfactory •long T<sub>1/2</sub>, typically administered 1x daily s.c. before sleeping



Apidra ®

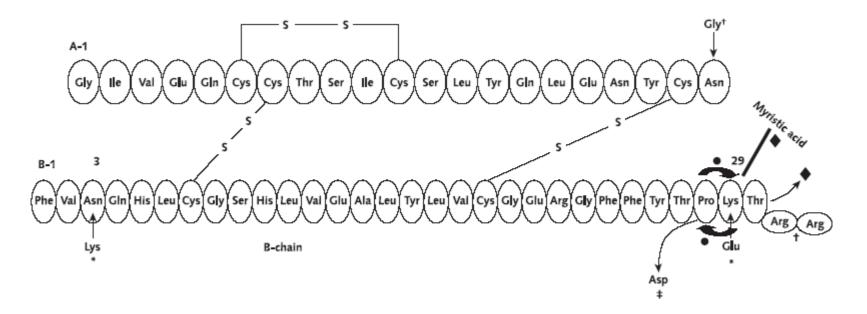


#### insulin **degludec**

B29N(epsilon)-omega-karboxypentadekanoyl-gama-L-glutamoyl desB30 human insuline •very long time of action

- •Tresiba ®
- •s.c. administration

#### Summary of some insuline analogues



Insulin lispro differs from human insulin by the substitution of proline with lysine at position 28 and the substitution of lysine with proline at position 29 of the insulin β chain.

<sup>‡</sup> = Insulin aspart is designed with the single replacement of the amino acid proline by aspartic acid at position 28 of the human insulin β chain.

\* = Insulin glulisine is designed with the substitution of the amino acid lysine with asparagine at position 3 of the human insulin  $\beta$  chain and by substitution of the amino acid lysine at position 29 with glutamine.

 $\dagger$  = Insulin glargine differs from human insulin in that the amino acid asparagine at position A21 is replaced by glycine and 2 arginines are added to the C-terminus of the  $\beta$  chain.

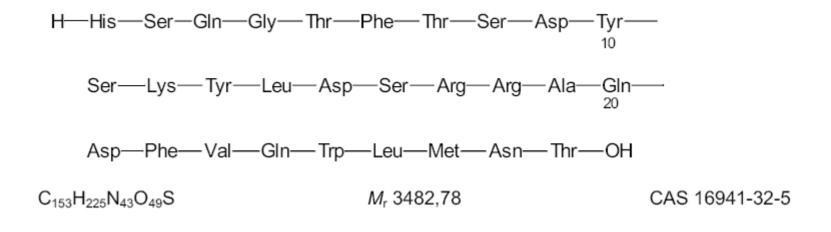
• = Insulin detemir is designed to bind albumin in plasma after absorption. Threenine is omitted from position 30 of the insulin  $\beta$  chain and replaced by myristic acid, a C14 fatty acid chain.

Figure reprinted with permission from reference 2: Oiknine R, Bernbaum M, Mooradian AD. A critical appraisal of the role of insulin analogues in the management of diabetes mellitus. Drugs. 2005;65:325-40. [PMID: 15669878]

#### Glucagone

•peptid consisted of 29 AA from pancreas supporting cleavage of liver glycogene and increasing glycaemia

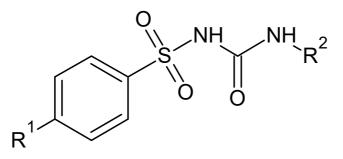
•causes relaxation of smooth gastric muscules similarly to cholinergics



Glucagonum PhEur
isolated from porcine or bovine pancreases
Glucagonum humanum PhEur
produced by recombinant technology; AA sequence is identical
usage: treament of serious hypoglycaemia, X-ray GIT diagnostic etc.

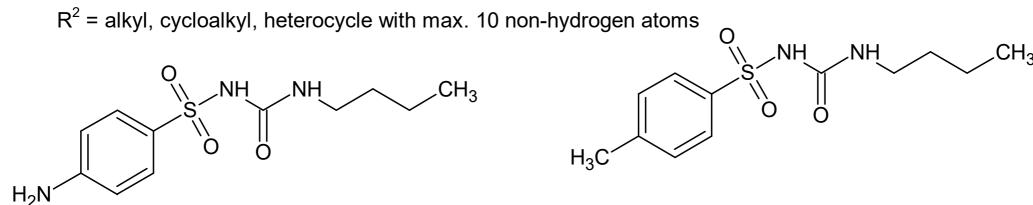
## Sulfonylurea derivatives

- •1942 hypoglycaemic side effect of antibacterial sulfonamides discovered
- •1955 carbutamide as 1<sup>st</sup> p.o. antidiabetic introduced



common is struct. fragment of 1-benzenesulfonylurea subst. in the position 4 of the benzene ring and and on the N<sup>3</sup> of urea

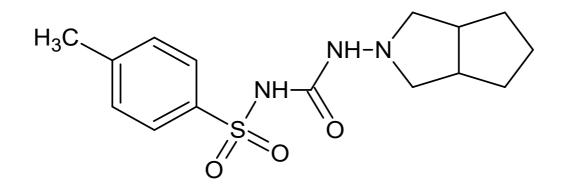
 $R^1$  = -H or anything



#### carbutamide

tolbutamide

Sulfonylurea derivatives



1-(3-Azabicyclo[3.3.0]oct-3-yl)-3-(*p*-tolylsulfonyl)urea **gliclazide** 

Diaprel MR ®

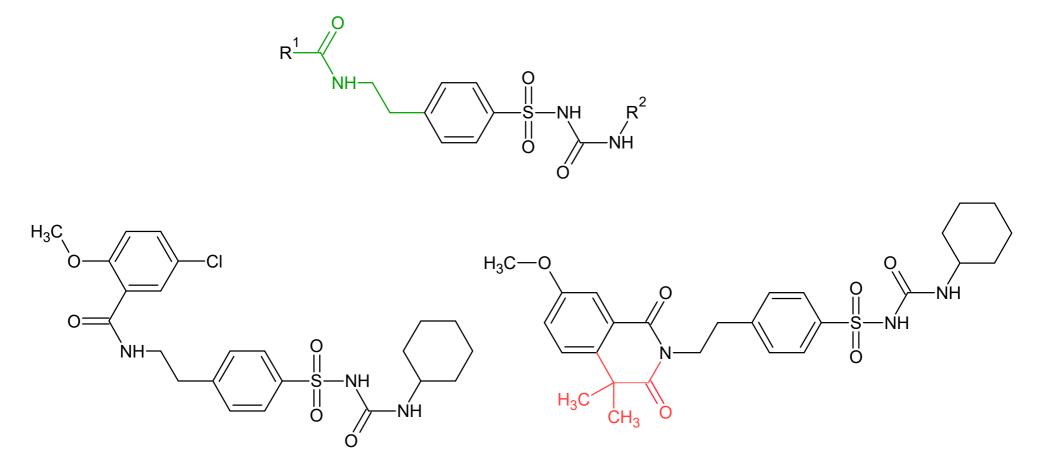
•antiradical effects

↓ reactivity of platelets, ↑synthesis of prostacyclin in endothel and fibrinolysis
•improves plasmatic antioxidant parameters (SOD, total antioxidant capacity, thiols)
•probably a result of the presence of 3-azabicyclo[3.3.0]octane moiety

Sulfonylurea derivatives of 2<sup>nd</sup> generation

•first prepared in 1970<sup>th</sup>, enabled  $\downarrow$  dosing g  $\rightarrow$  mg

•result of introducing of carbonylaminoethyl fragment into position 4 of the benzene ring



glibenclamide

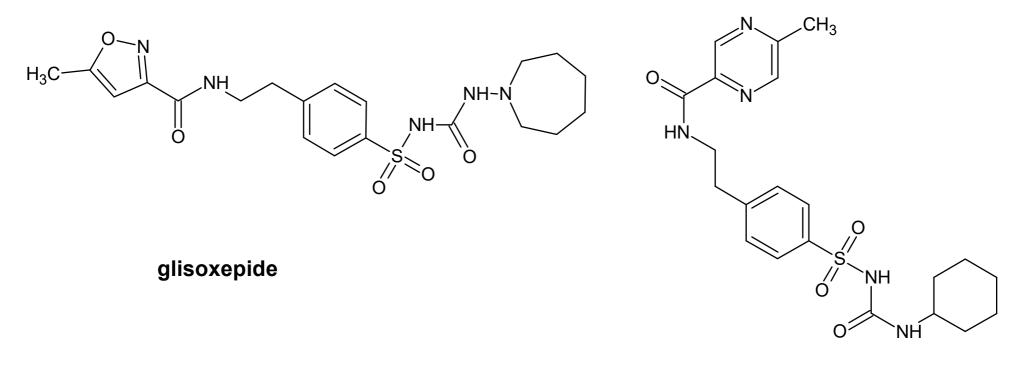
Glucobene ®

#### gliquidone

Glurenorm ®

 an *in vitro* evidence of PPARγ receptor stimulation given; as active as pioglitazone in induction of the PPARγ target gene expression

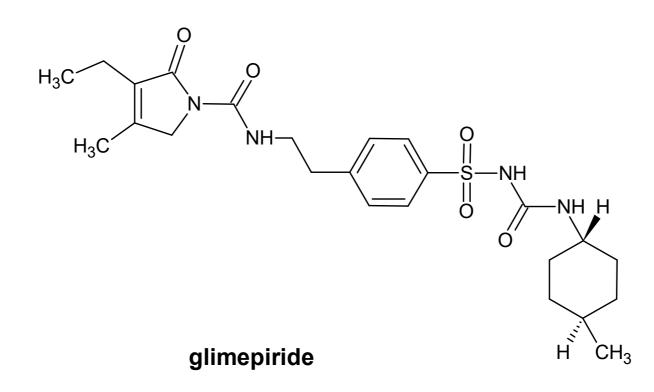
Sulfonylurea derivatives of 2<sup>nd</sup> generation





Minidiab ®

Sulfonylurea derivatives of 3<sup>rd</sup> generation



Amaryl ®

**Mode of action of sulfonylureas:** binding to sulfonylurea receptor, which is a part of K<sup>+</sup>-ATP complex  $\Rightarrow$  channel closure  $\Rightarrow$  changes of voltage of  $\beta$ -cells membranes  $\Rightarrow$  influx of Ca<sup>2+</sup>  $\Rightarrow$  exocytosis of insulin granules Adverse effects: •interference with K<sup>+</sup>-ATP channels of the myocard  $\Rightarrow$  impairing of its function

•further development of hypoglycaemia

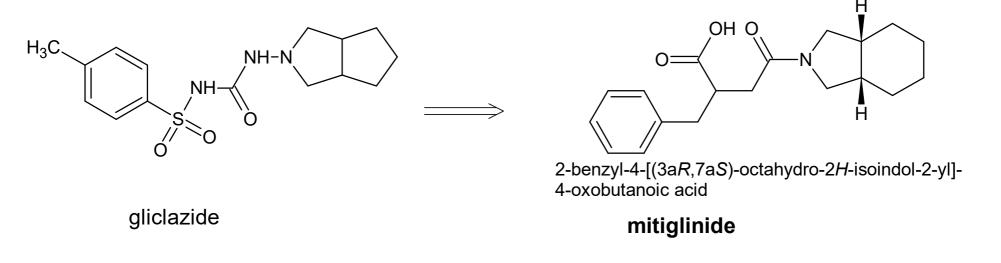
•enhancement of apoptosis and exhaustion of  $\beta$ -cells.

# Glinides

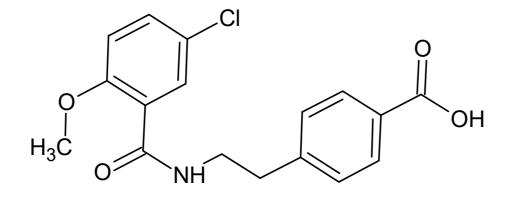
•structurally relatively heterogenous group

•mode of action similar to that of sulfonylureas (binding to the same receptor):  $\downarrow$ conductivity of membranes of  $\beta$ -cells mediated by K<sup>+</sup>  $\Rightarrow$  depolarisation of membranes and opening of voltage-gated Ca<sup>2+</sup> channels  $\Rightarrow \uparrow$  intracellular concentration of Ca<sup>2+</sup>  $\Rightarrow \uparrow$  release of insulin granules

•stimulation of PPARγ receptor demonstrated in vitro also

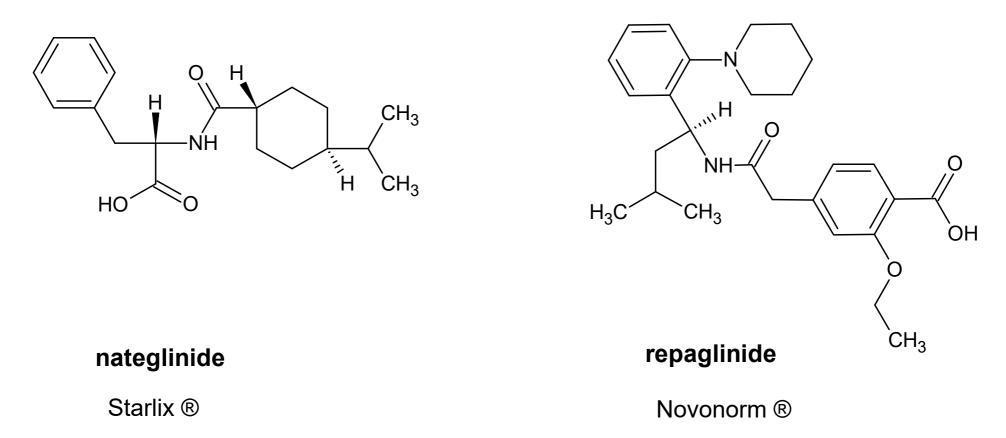


Glinides



meglitinide

# Glinides



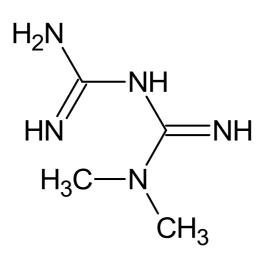
•probably prolong the life of  $\beta$ -cells

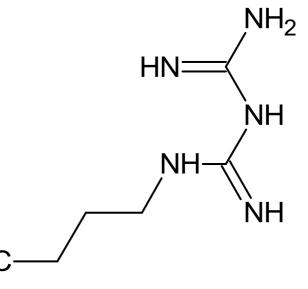
•reduce postprandial  $\uparrow$  glycaemia in pacients with worsened glucose tolerance  $\Rightarrow$  slow down thinning of *intima media* of carotids

•positive effect on triglycerides and free fatty acids levels in plasma of diabetics of 2<sup>nd</sup> type 120 min after meals

# Biguanide derivatives

 $H_3$ 





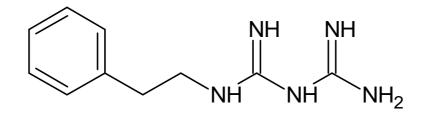
1,1-dimethylbiguanide

Adimet ®

#### metformin

•also cardioprotective effect; improves also conditions in chronic heart failure probably by means of activation of AMPactivated protein kinase (AMPK) and subsequently endothelial nitric oxide synthase (eNOS) and co-activator of PPAR $\gamma$  receptor (PGC-1 $\alpha$ ) 1-butylbiguanide **buformin** 

# **Biguanide derivatives**



1-(2-phenylethyl)guanidine **fenformin** 

•obsolete in humans; causes strong lactate acidosis

#### Effects of biguanides:

- $\downarrow$  glucose synthesis in liver by gluconeogenesis
- tutilisation of glucose in peripheral organs
- $\downarrow$  fatty acids oxidation about 10 20 %

**Mode of action:** activation of AMPK (AMP-activated protein kinase; in absence of insuline, biguanides renew uptake of glucose in insulin-resistant cardiomyocytes by complementary activation of AMPK and protein kinase B; this was demonstrated also in hepatocytes and cells of skeletal musculature

•target site of gluconeogenesis inhibition: glyceralehyde-3-phosphate reductase; biguanides inhibit expression of the gene for this enzyme

**Unwanted effects:** lactate acidose:  $\downarrow$  gluconeogenesis  $\Rightarrow$  accumulation of pyruvate and

NADH,  $\downarrow$  NAD<sup>+</sup>  $\Rightarrow$  (lactate dehydrogenase)  $\Rightarrow$  1 lactate productin

#### **Compounds interacting with PPAR receptors**

PPAR = peroxisome proliferator- activated receptors – a family of receptors of the cell nucleus directly linked to DNA

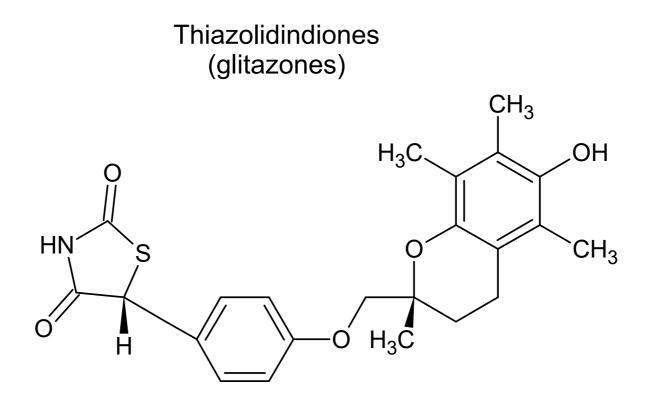
•sensitive to fatty acids; cause changes of transcription, which alter utilisation (catabolism) of fatty acids and glucose

•activities of the particular subtypes of PPARs take part in regulation of sensitivity to insulin and obesity symptoms and also in food intake control

•activation of PPAR<sub> $\alpha$ </sub>  $\uparrow$  lipolysis and fatty acids oxidation; these receptors take part in the mode of action of fibates

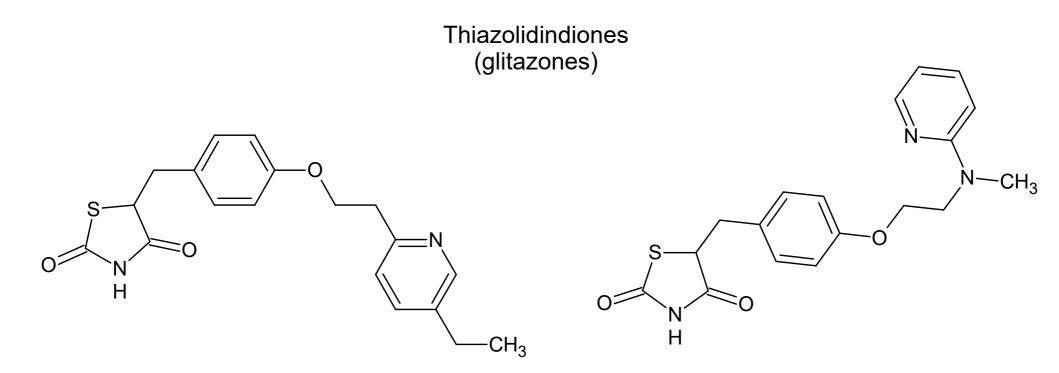
•PPAR<sub>v</sub> receptors = key regulators of insulin resistance; take also part in activation of adipocytes differentiation,  $\uparrow$  adipogenesis and thus body weight PPAR<sub>s</sub> (=PPAR<sub>β</sub>) receptors are engaged in the process of development of obesity, which is caused by inproper alimentation

•**PPAR agonists are useful as p.o. antidiabetics,** partial selective agonists of PPARγ are the most suitable ones



#### troglitazone

•withdrawn;  $\uparrow$  risk of hepatotoxicity; approx. 1.9 % of patients in clinical tests exhibited  $\uparrow$  of alanine aminotransferse (ALT) over the triple of the upper limit



#### pioglitazone

## rosiglitazone

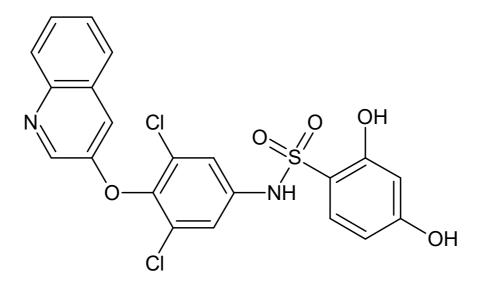
Mode of action: stimulation of PPAR $\gamma$  rp. increases sensitivity of cells of peripheral tissues (fat, muscles) and of liver to insulin  $\Rightarrow \uparrow$  insulin-dependent supply of glucose to cells &  $\downarrow$  release of glucose from liver

•probably protect  $\beta$ -cells by  $\downarrow$  of direct glucotoxicity and insulin requirement Adverse effects: oedema, cardiomegaly, anaemia, haemodilution

Actos<sup>®</sup> •quite positive effect to blood lipids: ↓ increased triacylglyceroles, ↑HDL; ↑LDL less than rosiglitazone Avandia<sup>®</sup>

•  $\downarrow$  concentration of glycated haemoglobin (HbA<sub>1c</sub>)

#### Selective PPAR<sub>γ</sub> modulators

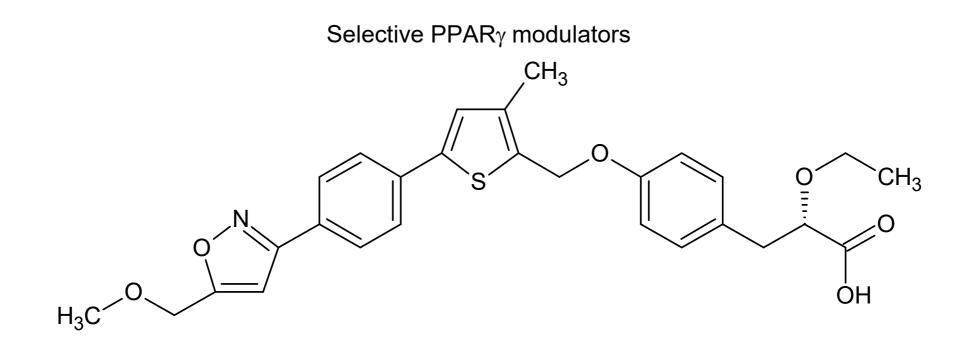


#### INT-131

•pharmacological profile different from glitazones: minimal stimulation of adipocytes

differentiation, partial activation of target genes PPARγ engaged in do adipogenesis, it simultaneously exhibits activity to another set of target genes, which is capable to affect directly insulin sensitivity; gain of glucose tolerance; preclinical evaluation demonstrated lower impact to lungs and heart weights and total increase of body weight, haemodilution and plasma volume •clinical studies of the phase II: INT-131 is 8times more active than rosiglitazone, no evidence of liquids retention and weight gain was acquired

• X-ray crystallography: other way of binding to the receptor than that of glitazones, primarily forms hydrophobic contacts with the "ligand binding pocket" without direct H-bonds to key amino acids rests of the helix 12, which are typical for full agonists



#### **PAR-1622**

•partial agonist of PPAR $\gamma$ : 37 % of the activity of the full agonist rosiglitazone, does not interact with PPAR $\delta$ , 56x more selective to PPAR $\gamma$  than to PPAR $\alpha$ •improves hyperglycaemia

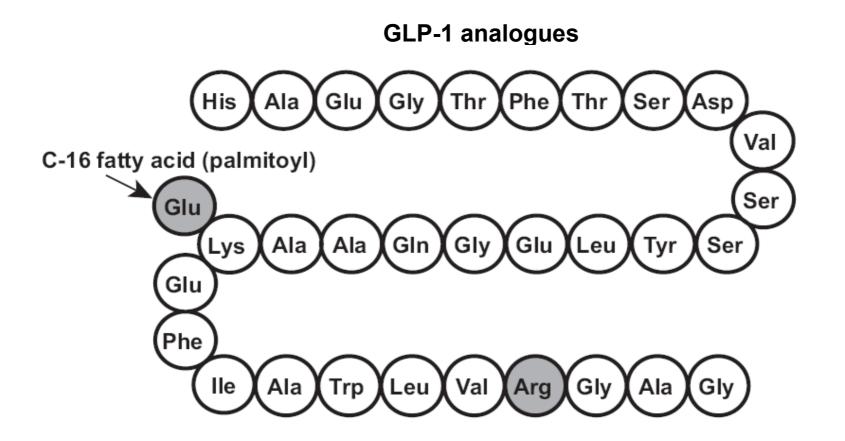
does not increase blood plasma volume

# **GLP-1** analogues

 GLP-1: Glucagon-like peptide 1 = an intestinal hormone, which together with glucose-dependent insulinotropic polypeptide(GIP)\* potentiates insulin secretion induced by food
 •potetiates all steps of insulin biosynthesis; has positive impact to function and surviving of β-cells

•decreases redundant glucose production in liver, slows down stomach emptying leading to postprandial hypoglycaemia, its central effect leads to appetite decrease (⇒ body weight loss), probably also positive effects to cardiovascular system
•disadvantages of GLP-1 as a drug: necessity of administration in a continual infusion, extremely short biological half-time T<sub>1/2</sub> = 2 – 3 min (fast decomposition by peptidases) ⇒ need of more stable analogues

\*Both are known also as **incretins**.



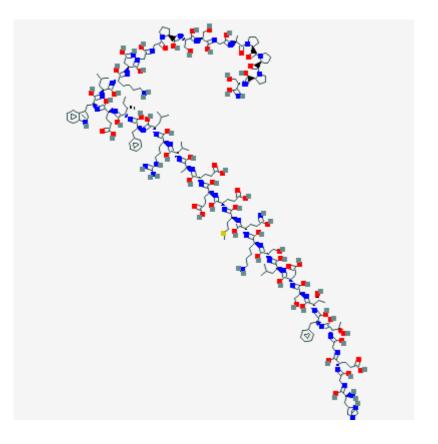
## liraglutide

Victoza ® inj. sol.

 $\gamma$ -L-glutamoyl(N- $\alpha$ -hexadecanoyl)-Lys<sup>26</sup>, Arg<sup>34</sup>-GLP-1(7–37)

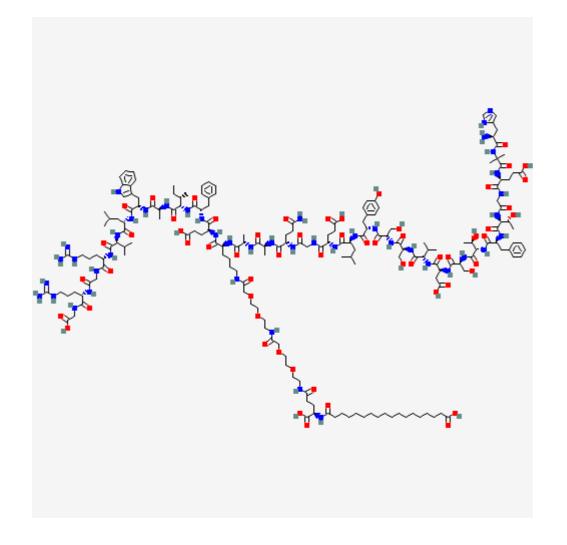
•sequence of amino acid rests shares 97 % identity with the fragment 7-37 of the native GLP-1

•strong binding to serum albumin, mutual association of molecules, does not come under glomerular filtration  $\Rightarrow T_{1/2} = 12.5$  hours after *s.c.* injection •improves functions of both  $\alpha$  and  $\beta$  cells Exenatide



•syn. exendin 4
•a syntetic analog of exendin 3, isolated from the lizard *Heloderma suspectum*•replacement Ser(2)-Asp(3) za Gly(2)-Glu(3)
Byetta ®, Bydureon ®

## Semaglutide

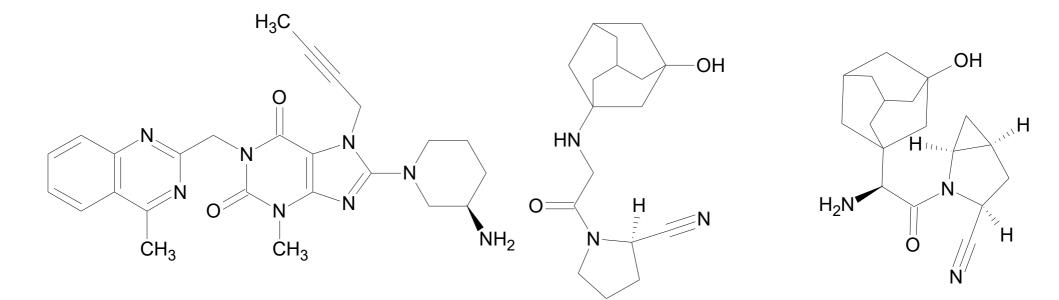


Ozempic<sup>®</sup>, Wegovy<sup>®</sup>, Rybelsus<sup>®</sup> *s.c.* or *p.o.* (higher doses)
antidiabetic, anobesic ("adjuvant" treatment to diet a excersizing)

Inhibitors of dipetidyl peptidase 4 (DPP-4)

•DPP-4 (EC 3.4.14.5) cleaves incretins: GLP-1 and glukoso-dependent insulinotropic polypeptide (GIP)

•cleaves out N-terminal dipeptide from a polypetide chain Xaa-Yaa-/-Zaa: preferably, if Yaa is Pro, provided that Zaa is neither Pro nor OHPro



**linagliptin** Trajenta ® tbl. (2S)-{((3-Hydroxyadamantan-1yl)amino)acetyl} pyrrolidin-2-karbonitril **vildagliptin** Galvus ® tbl.

**saxagliptin** Onglyza ® tbl. flm.

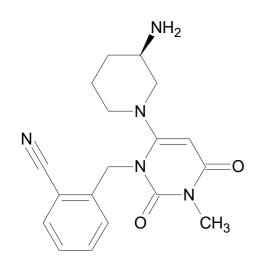
#### Inhibitors of dipetidyl peptidase 4 (DPP-4)

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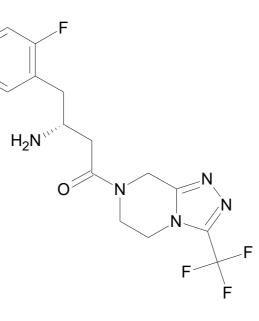
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gemigliptin

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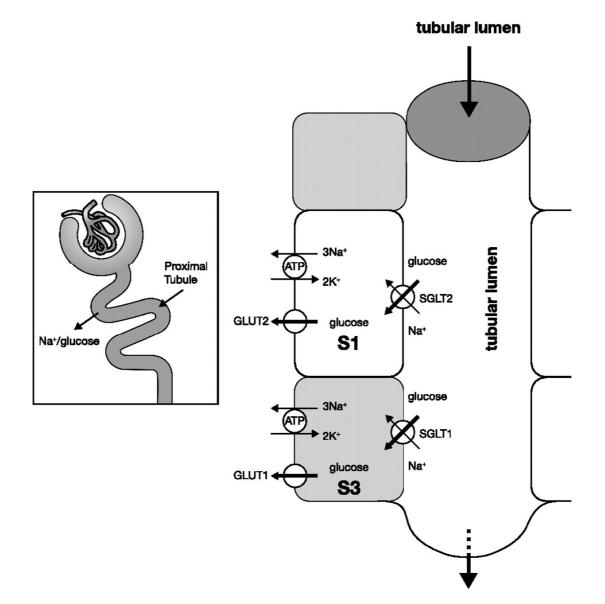
Zemiglo ® • now aproved in India, Columbia, Costa-Rica, Panama, Equador...

#### **alogliptin** •benzoate Vipidia ® tbl.

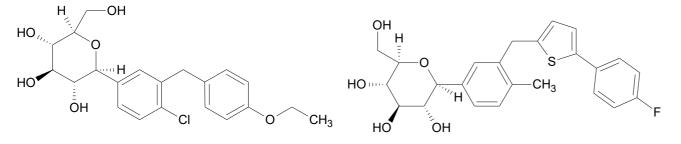
## Inhibitors of sodium-glucose co-transporter 2 (SGLT2)

•also glucuretics

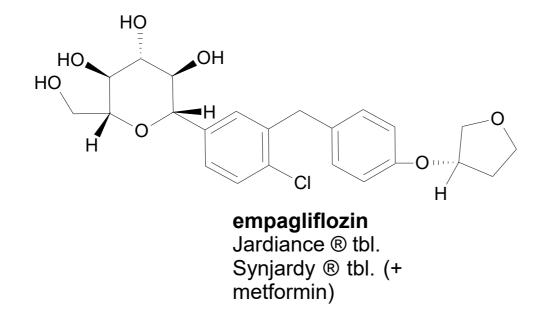
inhibitors in principle usable in diabetes of both 1. and 2. and hyperglycaemia of any origin
SGLT 2: protein, absorbing glucose back from urine to blood circulation during filtration of the blood in kidneys together with Na<sup>+</sup> ions (1:1)



#### Inhibitors of sodium-glucose co-transporter 2 (SGLT2)



#### dapagliflozine •complex with propan-1,2-diole monohydrate Forxiga ® Xigduo ® (+metformin)

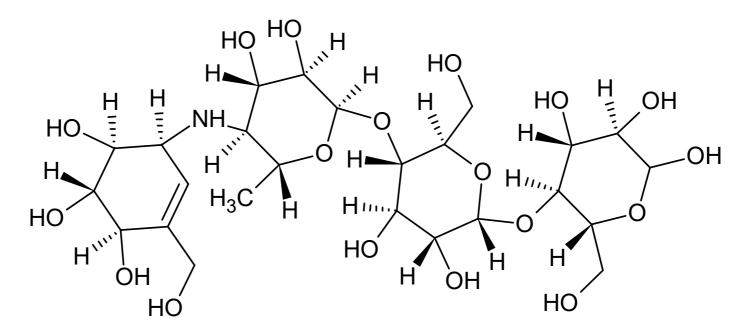


#### canagliflozin

•hemihydrate Invokana ® tbl.

A.E. inh. SGLT2: diabetic ketoacidosis  $\Rightarrow$  EMA: gliflozins aproved only in 2<sup>nd</sup> type diabetes (NIDDM)

 $\alpha$ -Glucosidase inhibitors



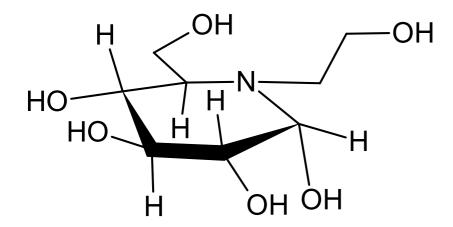
 $O-4,6-Dideoxy-4-\{[(1S,4R,5S,6S)-4,5,6-trihydroxy-3-(hydroxymethyl)-2-cyclohexen-1-yl]amino\}-\alpha-D-glucopyranosyl-(1-4)-O-\alpha-D-glucopyranosyl-(1-4)-D-glucose$ 

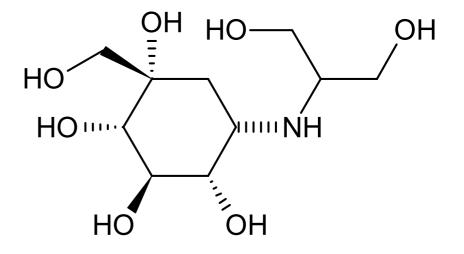
#### acarbose

Glucobay®

**Mode of action of**  $\alpha$ -glucosidase inhibitors: inhibition of cleavage of  $\alpha$ -glycosidic bond  $\Rightarrow$  hydrolysis of poly- and oligosaccharides to monosaccharides inhibited  $\Rightarrow \downarrow$  absorption of saccharides in small intestine  $\Rightarrow \downarrow$  glycaemia •slow down also emptying of stomach and  $\uparrow$  postprandial hypotension and heart rate; probably also by stimulation of GLP-1 •reduce postprandial  $\uparrow$  glycaemia in patients with worsened glucose tolerance  $\Rightarrow$  slow down thinning of *intima media* of carotids

## $\alpha\text{-}\mathsf{Glucosidase}$ inhibitors





N-(2-Hydroxyethyl)-1-deoxynojirimycin miglitol

(Glyset ®)

a piperidine analogue of glucose
derived from natural nojirimycin from Streptomyces ficellus voglibose (Basen ®)