

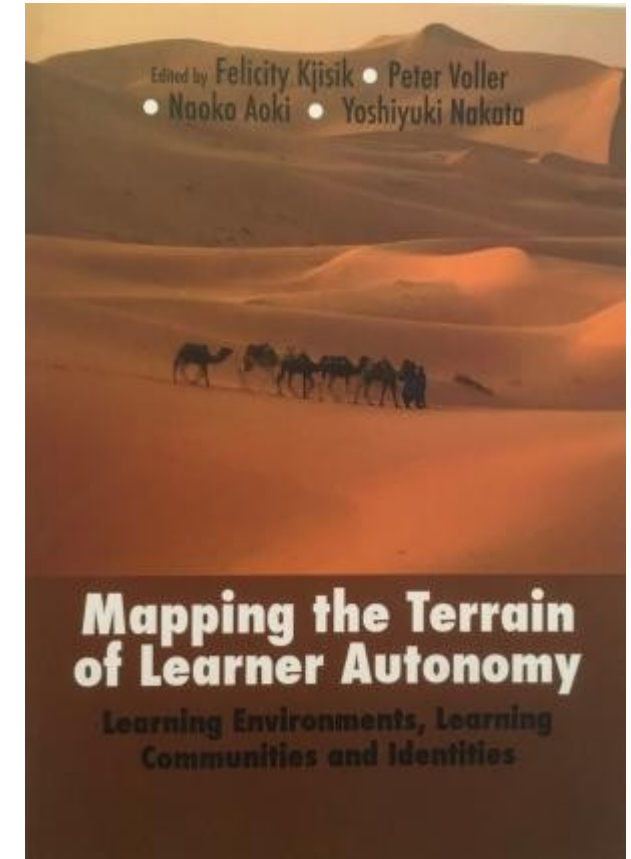


English Autonomously

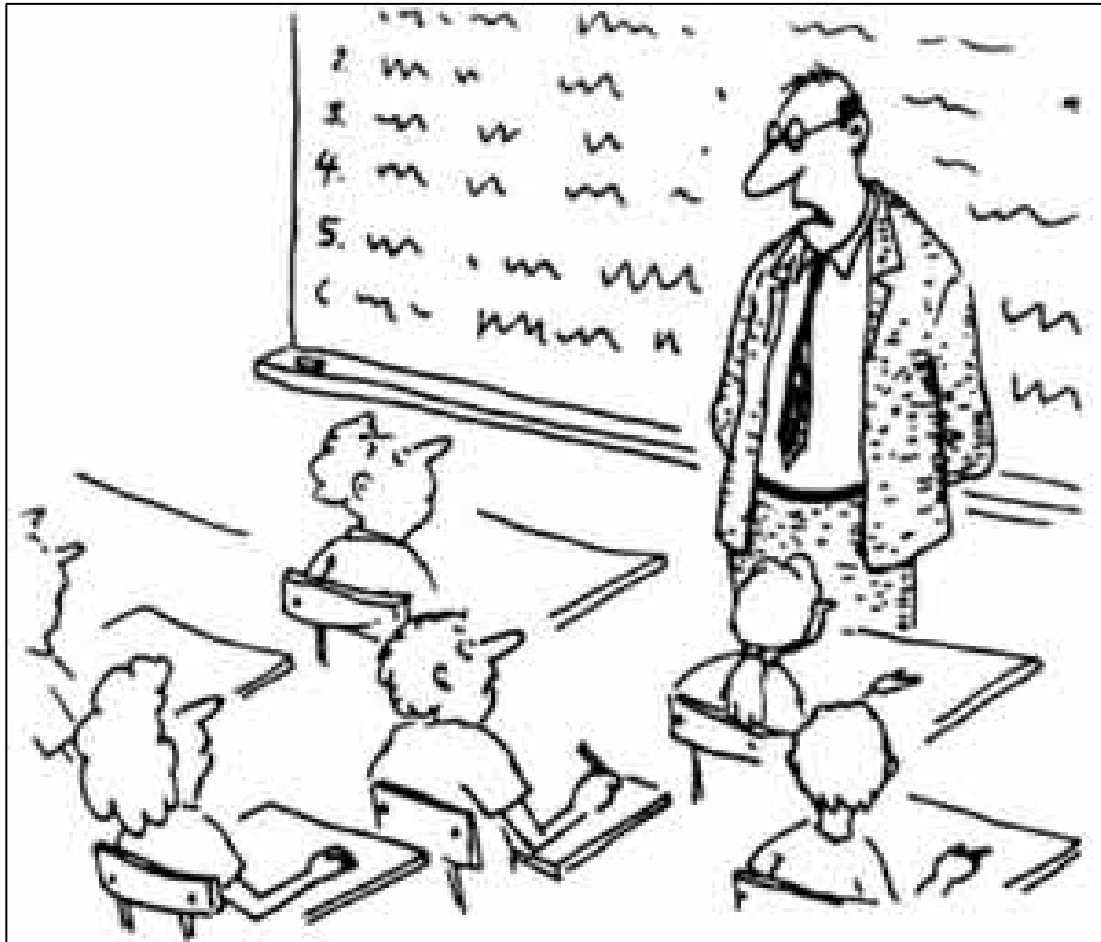
Eva Rudolfová
Marcela Sekanina Vavřinová
Martina Šindelářová Skupeňová

First session outline

- Autonomous learning - mapping the terrain
- English autonomously – describing the course



ENGLISH AUTONOMOUSLY



“I expect you all to be independent, innovative, critical thinkers who will do exactly as I say!”

ENGLISH AUTONOMOUSLY



?

Why are you here?

How do you picture **autonomous learning**?

ENGLISH AUTONOMOUSLY



Mapping **autonomous learning**

www.menti.com

code: 5840 0495

ENGLISH AUTONOMOUSLY

What is autonomous learning?



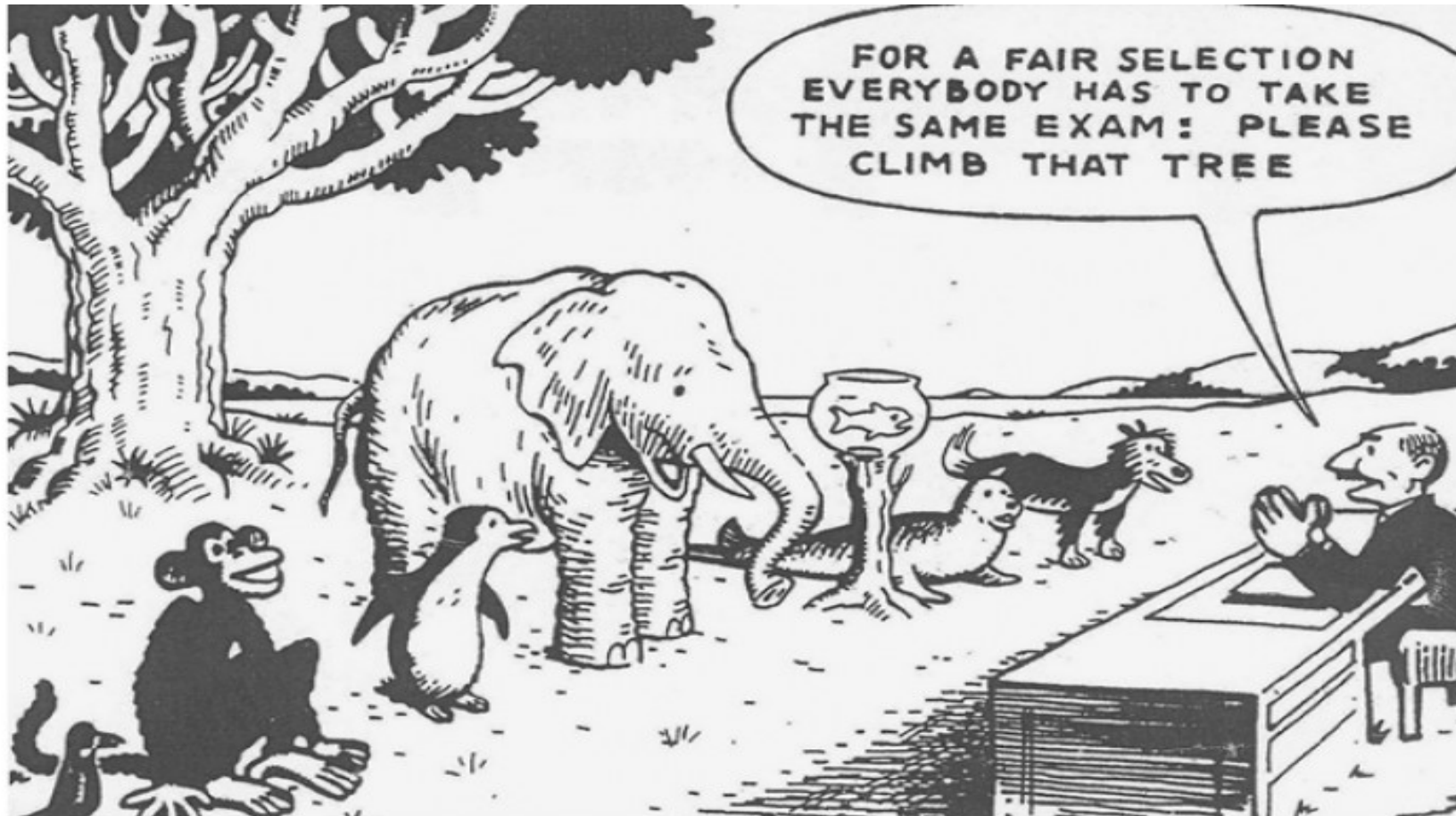
ENGLISH AUTONOMOUSLY autonomous learning

„Autonomy is the ability to take charge of one's own learning.“ (Holec, 1981)

„Autonomy is drawing together the threads of self-assessment, goal-setting and reflection...“
(Little, 1991)



ENGLISH AUTONOMOUSLY personalized learning



ENGLISH AUTONOMOUSLY community learning



ENGLISH AUTONOMOUSLY self-assessment

Where are you?



SWOT ANALYSIS

ENGLISH AUTONOMOUSLY self-assessment tools

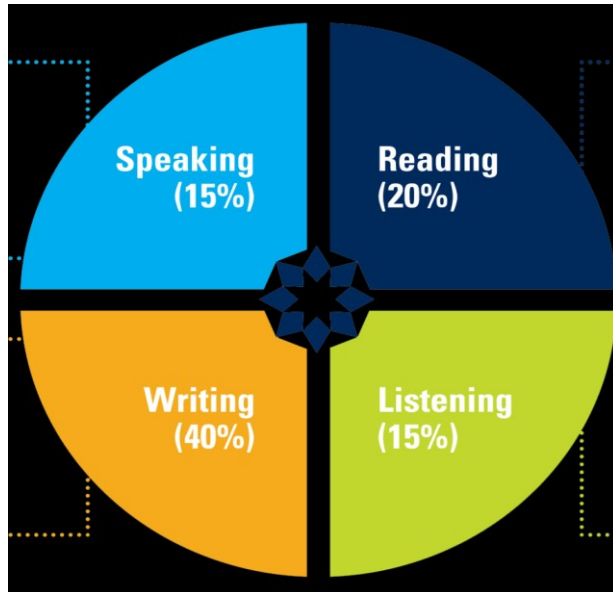


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ENGLISH AUTONOMOUSLY needs analysis



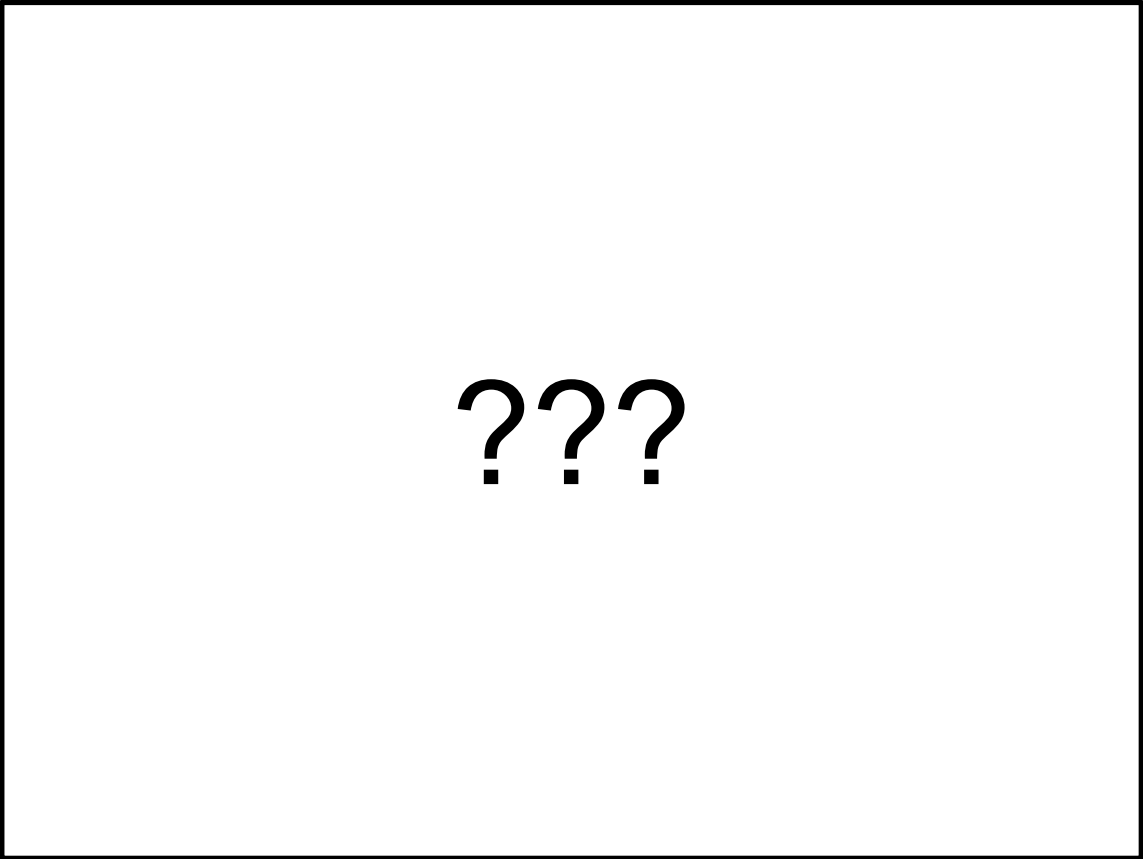
ALMS ENGLISH NEEDS ANALYSIS

PRIORITISING YOUR NEEDS
In the table below you have the language skills related to particular types of tasks. Tick (->the skills you see yourself *needing most* at present or in the future.

LANGUAGE FOCUS	NOW	FUTURE
READING		
reading academic articles or texts		
reading literature		
reading text on the Internet		
reading newspapers or magazines		
reading advertisements and public information		
WRITING		
writing essays, reports		
writing academic articles/papers		
creative writing		
writing curriculum vitae		
writing a diary		
writing formal letters		
filling in forms		
writing informal letters		
writing texts on the Internet		
writing memos and messages		
writing newspaper articles		
writing scholarship, grant proposals		
writing for talks and presentations		
LISTENING		
listening to lectures, talks, presentations		
listening to conversation, discussions		
listening to entertainment (e.g. TV, films, drama)		
listening to interviews		
listening to news on TV, radio		
listening to songs, music		
listening on the Internet		
listening on the telephone		
SPEAKING		
holding social conversation		
taking part in group discussions (e.g. tutorials)		
having interviews		
giving talks and presentations		
holding telephone conversations		
attending meetings		
communication when travelling (e.g. airports, hotels)		

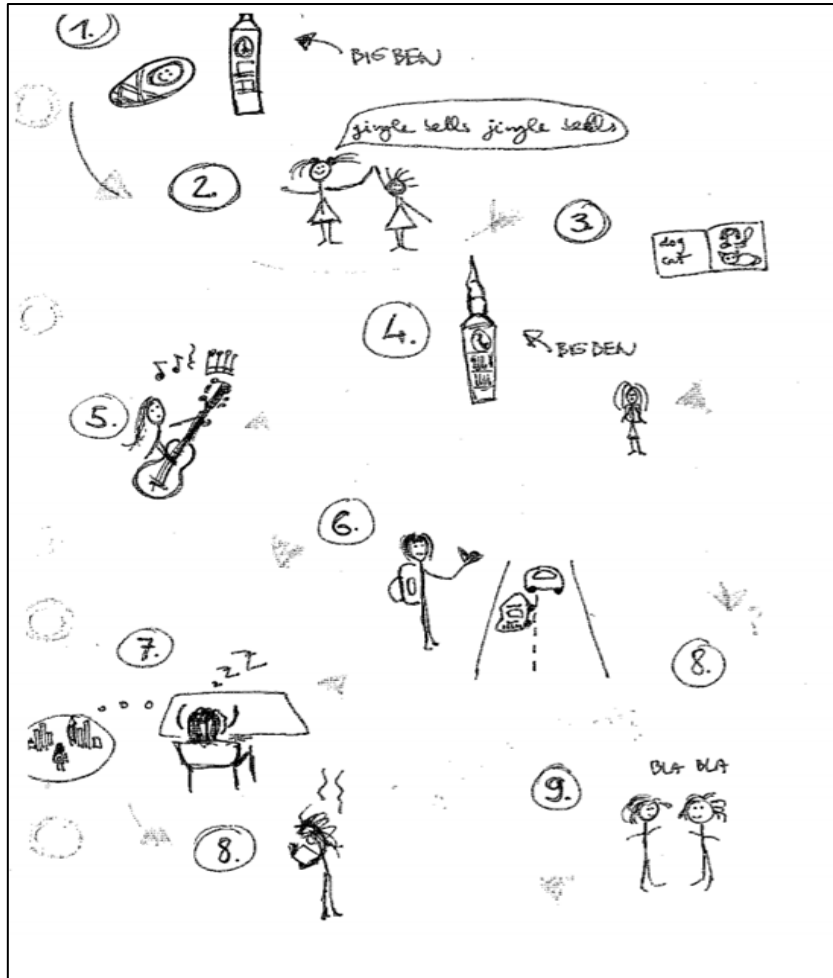
ENGLISH AUTONOMOUSLY language learning history

What have you already experienced?



???

ENGLISH AUTONOMOUSLY language learning history



Language learning history

My "English-learning journey" has started when I was 15 and I got to a grammar school. At the elementary school I had learned German so when I came to high school English was new for me. After a half year I found out that there were not enough people in my year who was learning German. There were two consequences from this situation. We would have troubles taking A-level from this language because teaching would not be provided for such a small number of students and the second impact was that we needed to get to level B2 at English in the next 3 year.

As I realized I would need English for the whole life and especially at the university simultaneously with high school I started to attend language school. The first year was kind of easy but I knew that if I wanted to take the A-level at level B2 (or if I had to) I had to work harder. For the next year I enrolled in a course not with other students but with adult working people and for much harder level. It was a great motivation for my self-summer studying because I would like to look so stupid in front of all these people. I think it was very good decision because the people in the course were much more motivated than students in the previous course because they were paying kind of lots of money for it and on the other hand they needed the language mostly for their work, so I could feel a great learning space. I also had one of the best English teachers there. I passed the A level with a grade 1.

As I became a university student, I think my English was on the downgrade. At the faculty of Economics in Banská Bystrica we had very interesting English teacher and the lectures were very great, but I did not have enough contact with the language outside of school. I decided to go back to learning by myself...many times. I tried a lot of methods but each time I gave up because of lack of motivation or my frustration of learning again something that I had already known or whatever?

Last year when I have started my master's degree programme, I decided to become a member of ESN community. I made a couple of great friends who I am still in contact with and my talking ability got a little better. This summer I spent in the USA which was a big test for me and my English. After a lot of communication in English in the States I know what I should

ENGLISH AUTONOMOUSLY community and communication

[Google calendar](#)

facebook.com/englishautonomously/

cjh.muni.cz/en/english-autonomously/





ENGLISH AUTONOMOUSLY community learning

REGARDLESS OF ENGLISH...

- *What are you good at?*
- *What do you like doing?*

ENGLISH AUTONOMOUSLY community learning

What activities did you talk about?

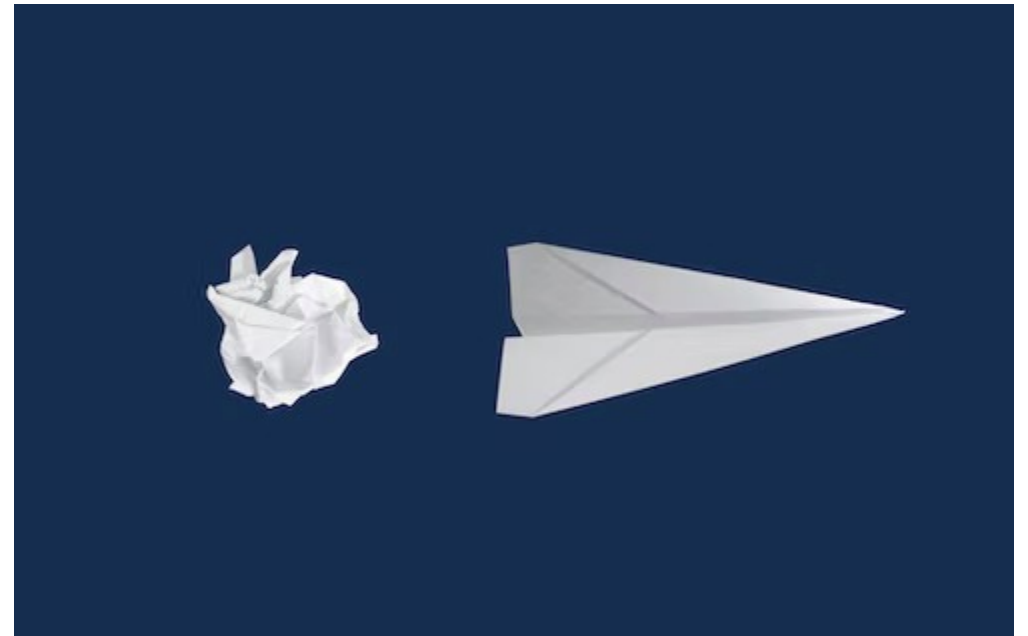


ENGLISH AUTONOMOUSLY

peer learning

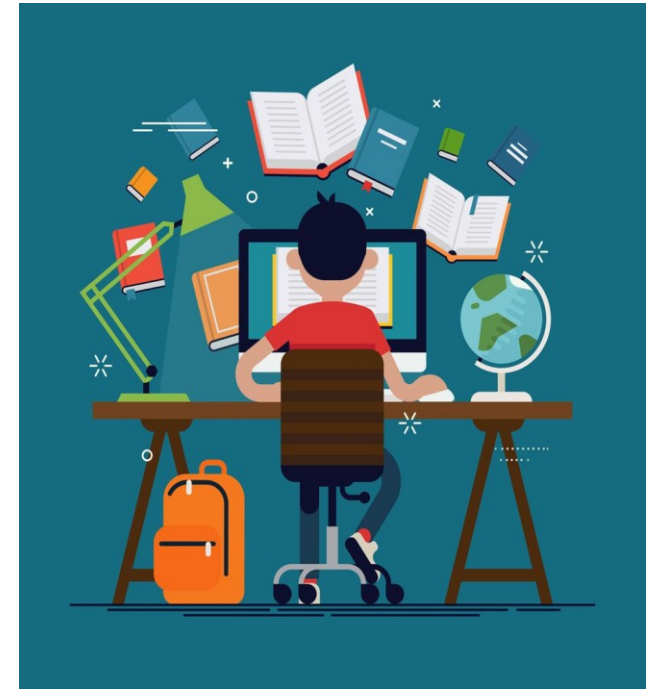
What can we do together to improve our English?

hw: Think about the how...



ENGLISH AUTONOMOUSLY core values

- students are in charge
- learning about learning is important
- English is a tool and means of communication
- students and teachers learn from each other



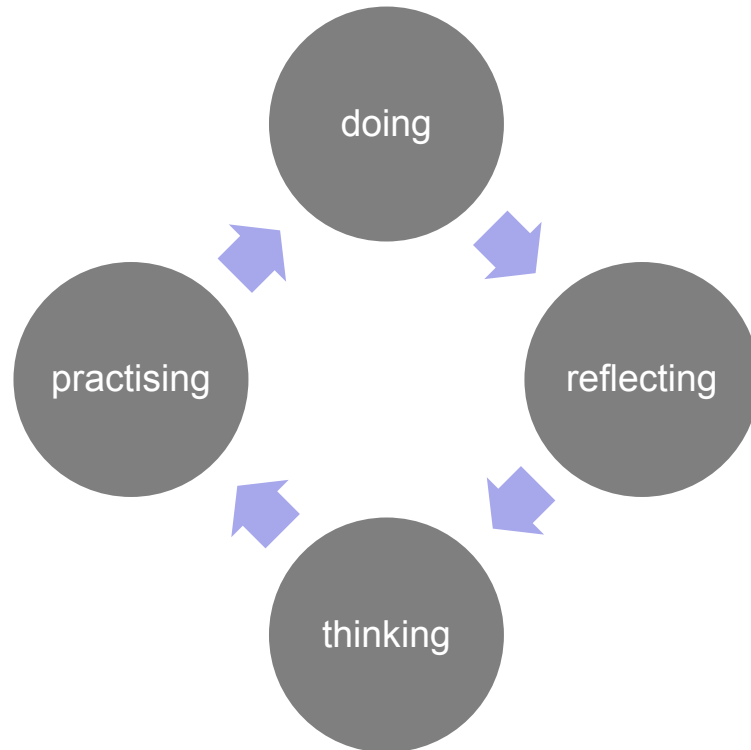
ENGLISH AUTONOMOUSLY **learning cycle**

What have you learnt recently?

How did you do that?



Kolb's learning cycle



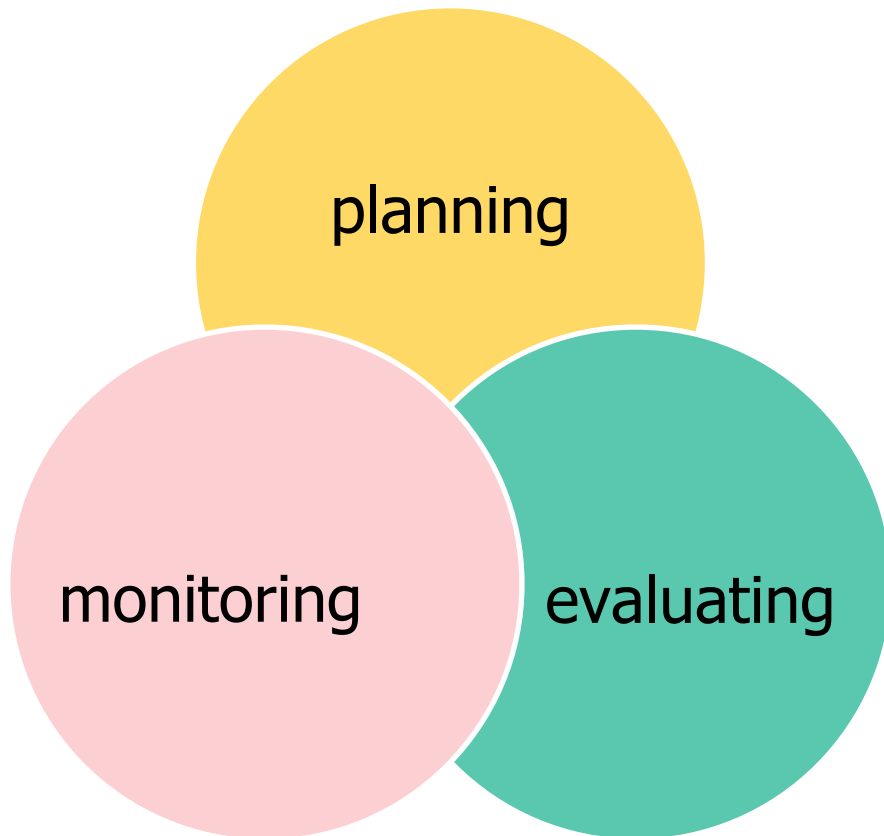
ENGLISH AUTONOMOUSLY learning cycle

[illustrative video](#)

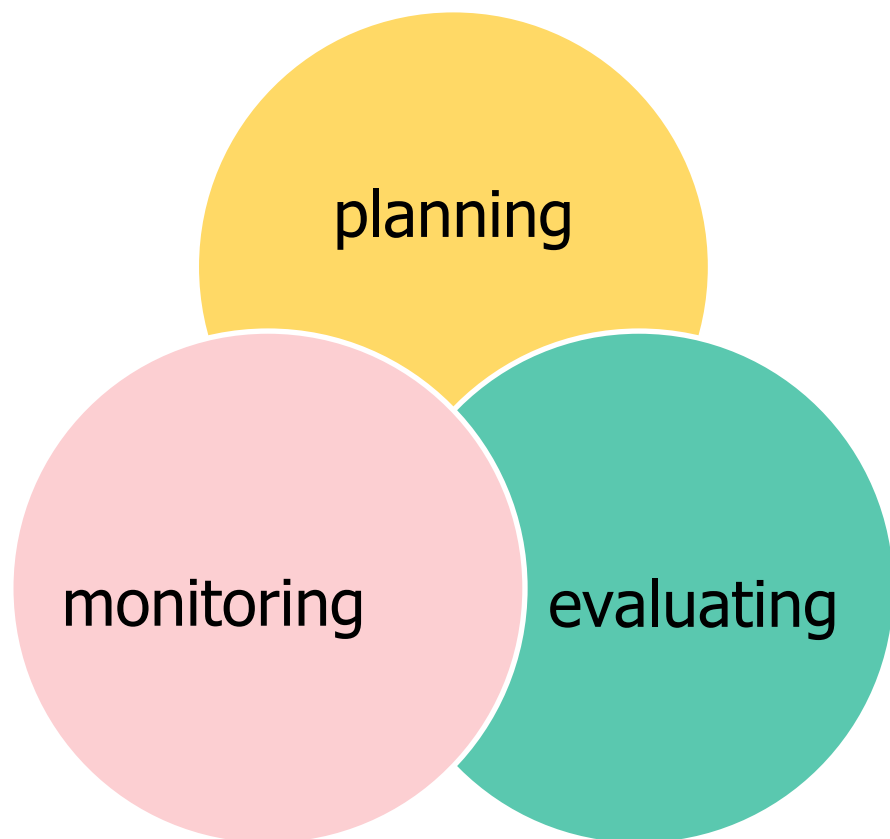
Experiential Learning: How We All Learn Naturally

ENGLISH AUTONOMOUSLY

metacognition for autonomous learning



ENGLISH AUTONOMOUSLY metacognition and course structure



- participating at the opening sessions
- writing a log / learning diary
- attending individual counsellings
- preparing a learning agreement



ENGLISH AUTONOMOUSLY ~~regular~~ modular course structure

- students plan activities
- students choose materials and methods
- differentiation ensured for each student
- teachers provide support
- teachers ask questions and listen

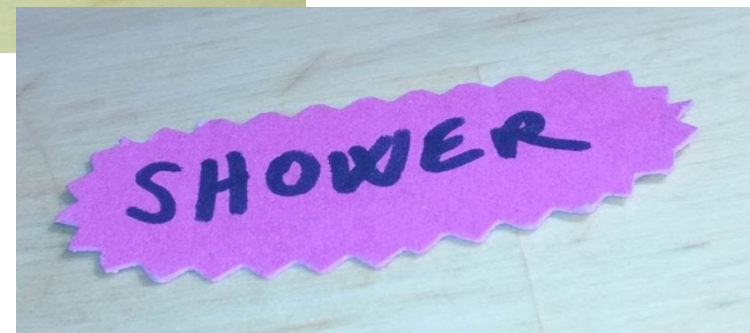
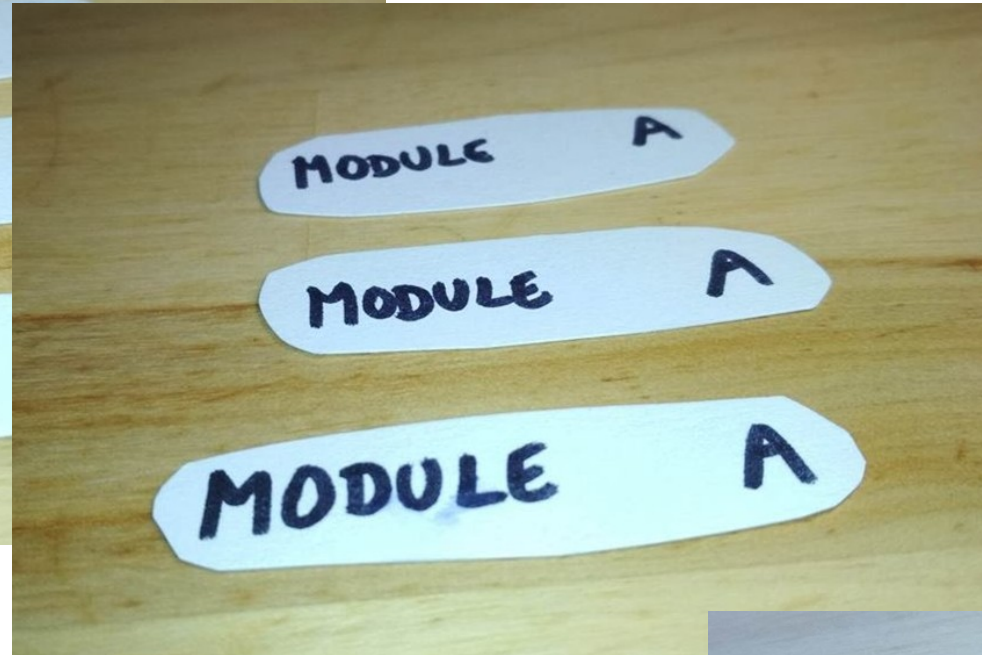
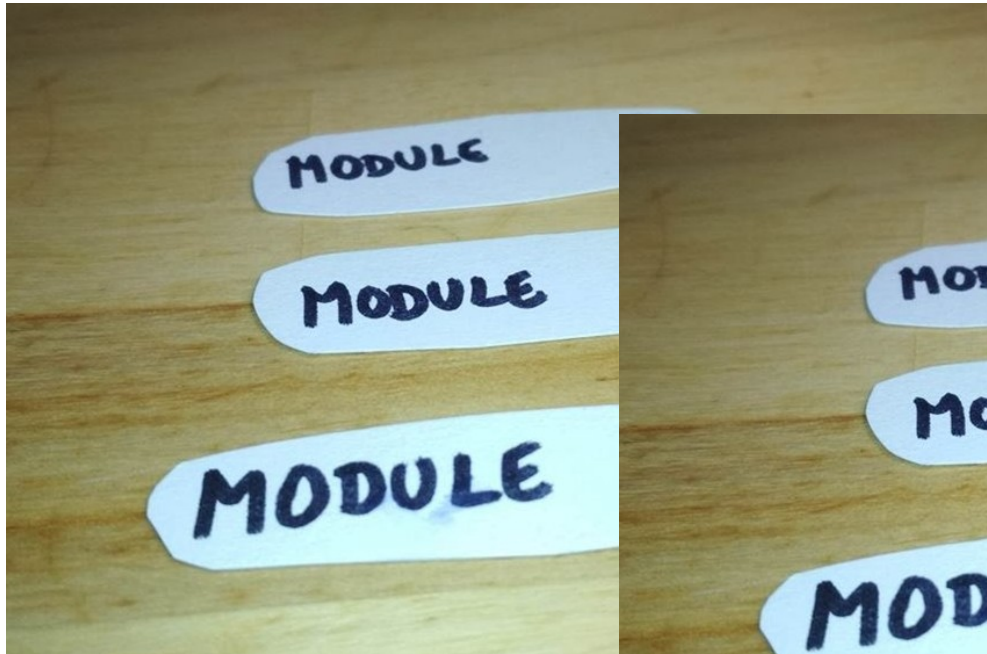
ENGLISH AUTONOMOUSLY metacognition and course structure



learning agreement

log, learning journal, vlog...

ENGLISH AUTONOMOUSLY course structure



You need to choose **two** modules.

ENGLISH AUTONOMOUSLY numerical course structure

intro sessions	= 4 hours
3 advising sessions	= 1 hour
module A	= 10 hours
module B	= 10 hours
showers	= ?
log writing	= ?
<u>individual activities</u>	= ?
2 ECTS	= 50 hours

ENGLISH AUTONOMOUSLY checklist

I know what to do with the EA tools (SWOT, ALMS English Needs Analysis, CEFR grid)

I know what to do with my language learning history.

I know where to find information on places and people.

I understand the structure of the course.

I know what advising/counselling is.

I know what a module/shower is.

ENGLISH AUTONOMOUSLY

course structure

Question time: Ask each other about the things you did not understand about the course structure...

ENGLISH AUTONOMOUSLY

summary of EA principles

- taking responsibility over one's learning
- teachers providing support
- students analyse their needs
- students plan their learning
- students reflect on their learning
- 100% differentiation required and ensured
- peer cooperation

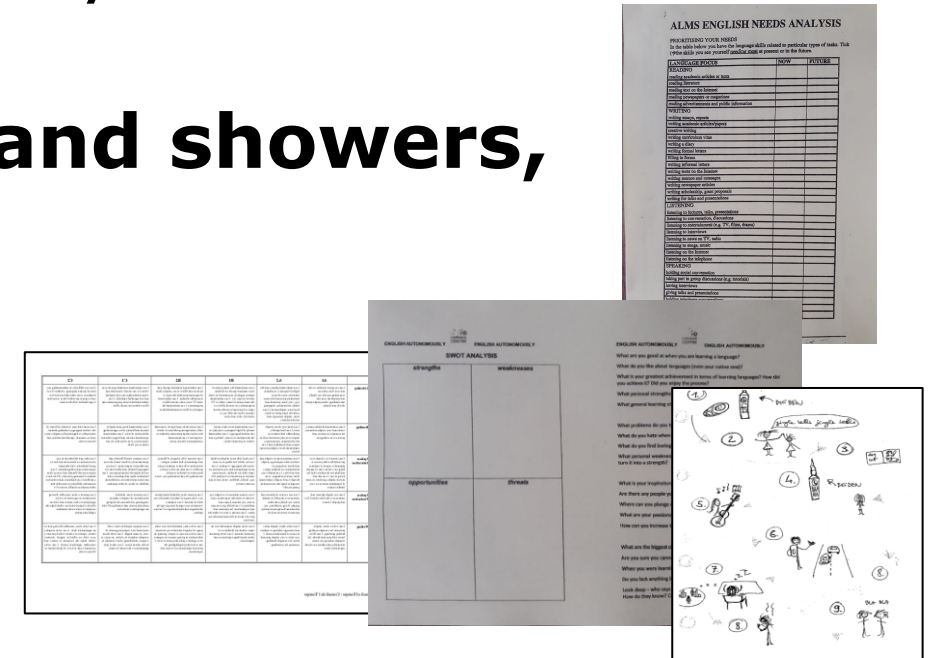
ENGLISH AUTONOMOUSLY schedule

- 2nd introductory session, 1st March - **planning**
- 1st ind. advising/ counselling sessions, 6/3- 10/3 - **bring your agreement/study plan**
- 2nd ind. advising sessions in April - **monitoring**
- 3rd ind. advising sessions in the exam period - **evaluation**

ENGLISH AUTONOMOUSLY

to do list – before next time (1st March)

- work on **self-assessment and reflection** (SWOT)
- Write your Language Learning History
+
- read descriptions of the **modules and showers**, think about your preferences and **choose** at least **2 modules** and some showers



ENGLISH AUTONOMOUSLY

Thank you for accepting our invitation
to be autonomous with us...

ENGLISH AUTONOMOUSLY

bibliography

- Holec, Henri: *Autonomy and Foreign Language Learning*. Oxford, 1981.
- Little, David: *Learner autonomy 1: definitions, issues and problems*. Dublin, 1991.
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Picture sources: unsplash.com