

STUDENT'S DUTIES

- attending **introductory group session 1** that will introduce the concept of autonomy, you will reflect on your learning experience, you will assess your needs and think about the opportunities (25th September 2013 in N41 at 7:10pm)
- attending **introductory group session 2** that will help you evaluate your requirements, you will set your goals, sign a contract and decide which support groups are the best for you (2nd October 2013 in N41 at 7:10pm)
- three individual **counsellings** – 15minute appointments that will help you monitor and evaluate your progress
- writing a **log** that will help you monitor your progress
- active participation in at least **two support groups** of your own choice (to be selected at the 2nd group session)