



English Autonomously

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ENGLISH AUTONOMOUSLY

2nd session, 4th September

- last week summary, your HW
- logs
- think outside the box
- agreement
- support group selection
- counselling reservation

ENGLISH AUTONOMOUSLY

last week summary

- principles of autonomy
- evaluating yourself (SWOT)
- strategies (SILL)
- metacognition (MAI)
- CEFR self-assessment
- support group offer



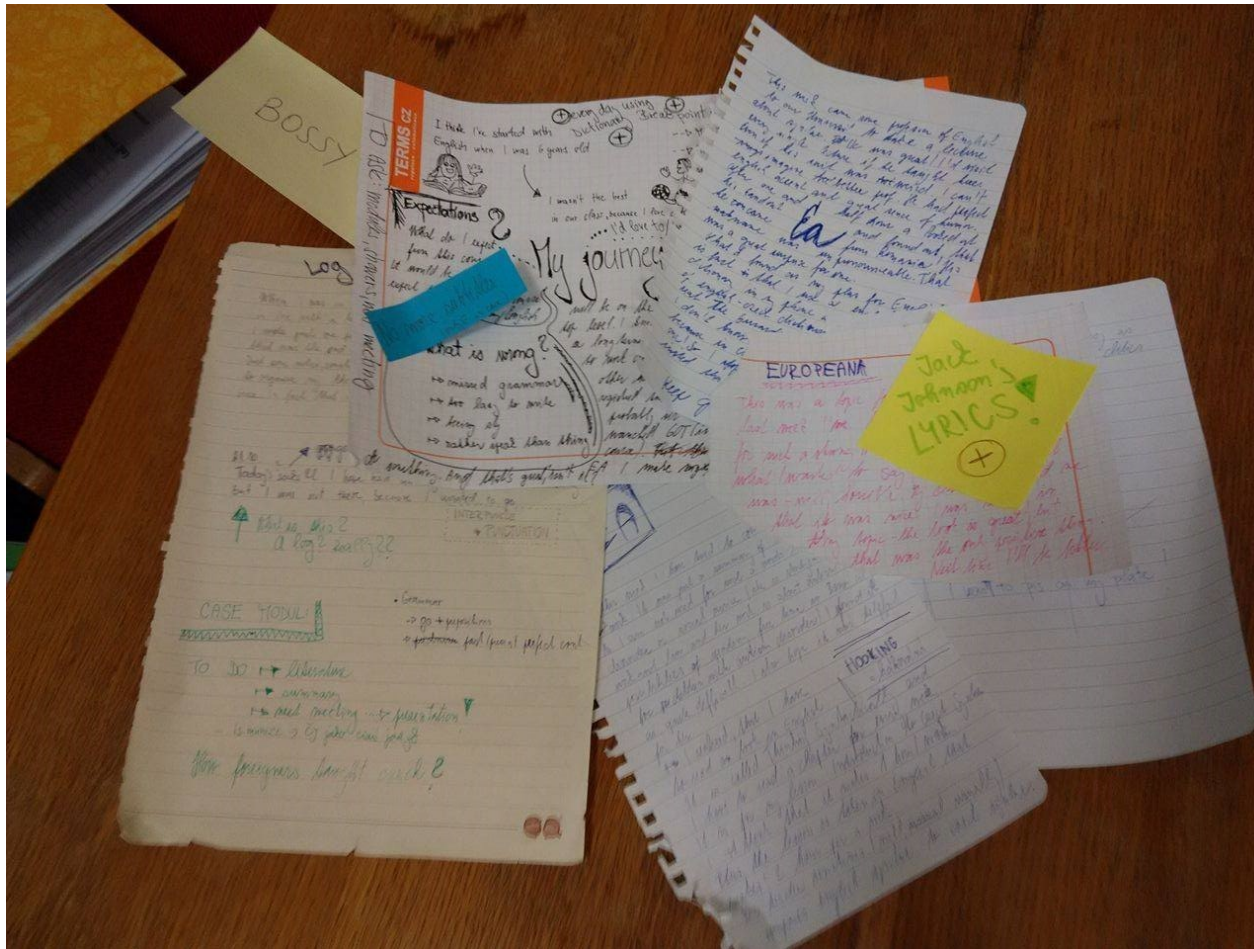
go KAHOOT!

kahoot.it

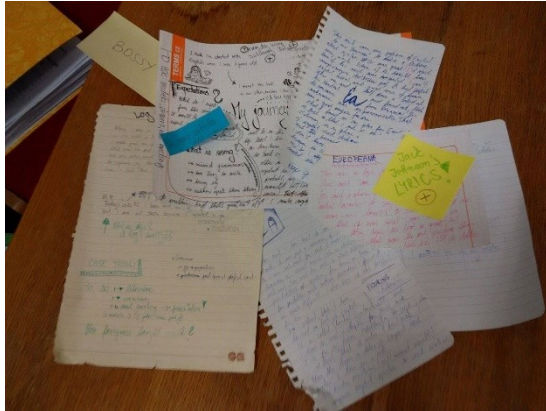


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learning diary / log / reflective writing



ENGLISH AUTONOMOUSLY learning diary / log / reflective writing



LZL: Last week I was here with Martina. Apart from some time schedule issues, the whole session was really efficient – we did what we had planned, we didn't forget about anything and the students know everything they should know. Only the papers we handed out went too quickly after each other...

MŠS: Last week we covered everything. The session seemed a bit too long because there is so much to tell the students! We prepared some new activities and the students seemed engaged. I felt we managed the whole crowd of students with relative ease, even though we missed Eva. We even mentioned her name from time to time! Next time we could give them more time and fewer handouts.

JL: The session Martina and Lenka led last week was a bit „over-efficient“. They wanted to cover too much and missed some lightness or levity that Eva usually adds to the sessions. I suggest they try reduce the paperwork and have more fun next time...



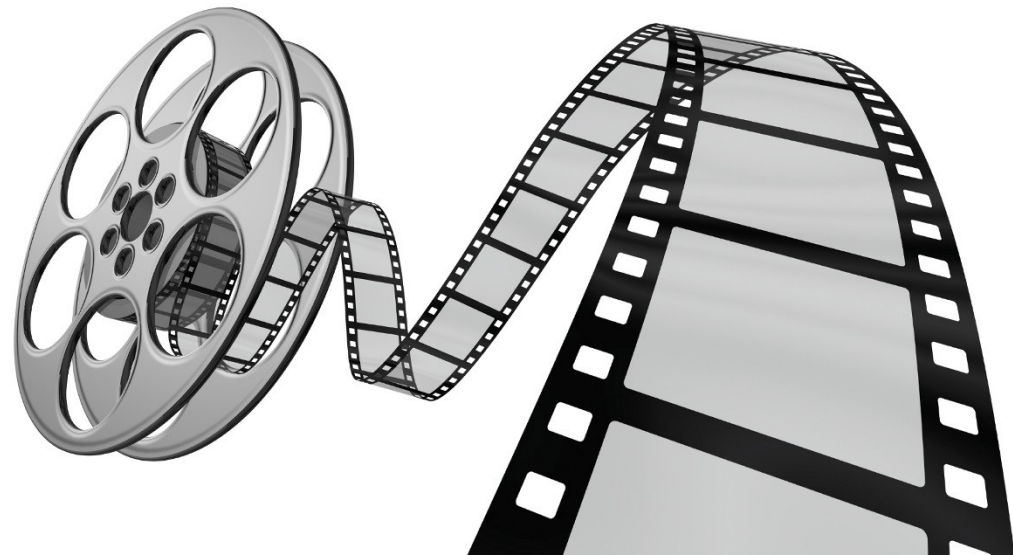
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log writing

- “black book“ log
- blog - <http://myenglishcabbage.tumblr.com/>
- electronic log

ENGLISH AUTONOMOUSLY reflective writing

- University of Hull
- Vancouver Community College



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log writing

- regular, frequent, English learning focused
 - *what, why, when, where...*
 - *objective, goal, reflection, actual gain...*

- online log, video log, audio log, hand-written log, portfolio, book...

- Language learning history to start with

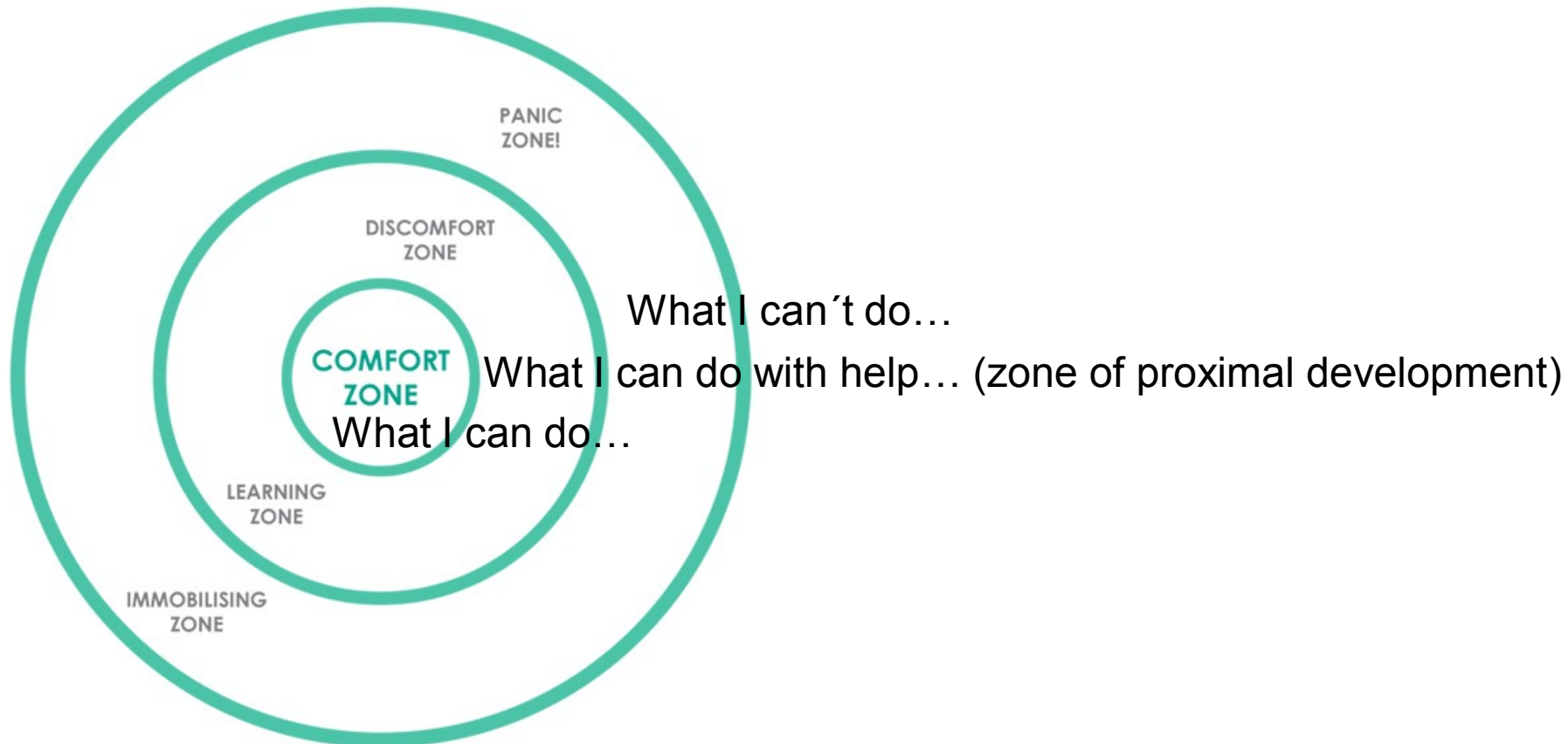
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language learning history

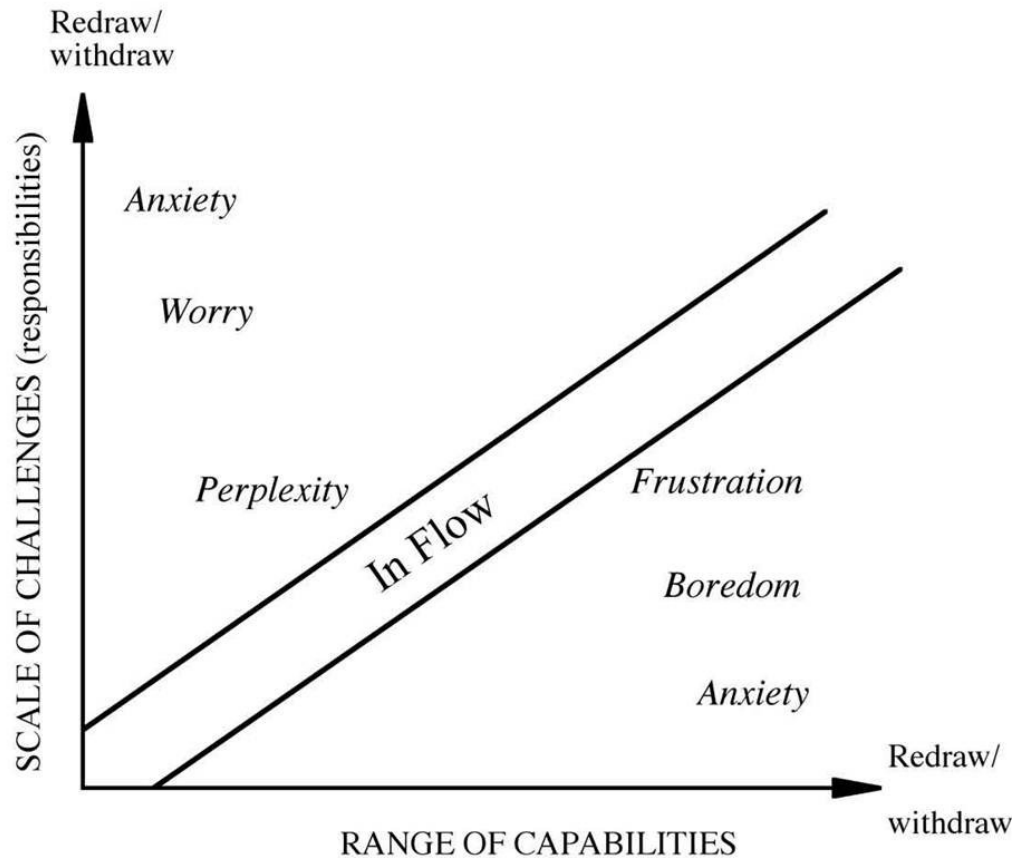
- English learning – first steps...
- English learning milestone
- English learning sticky object
- English learning – my VIP
- English learning – anything else...

ENGLISH AUTONOMOUSLY comfort zone

COMFORT ZONE MODEL

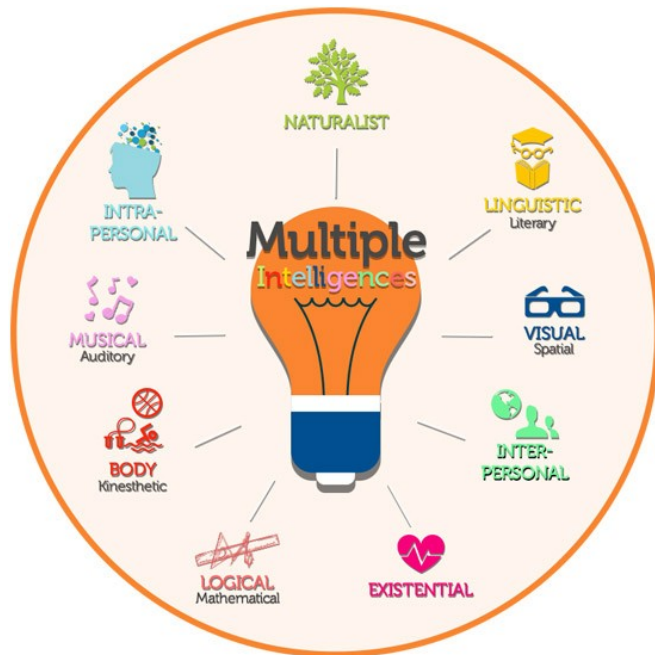


ENGLISH AUTONOMOUSLY flow



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Adapted from Csikszentmihalyi, M. *Optimal Experience*
Cambridge University Press 1988



ENGLISH AUTONOMOUSLY personalized support



www.possopreschool.com
www.4yourtype.com
motivatedonline.com



ENGLISH AUTONOMOUSLY passion is the key



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passion is the key

What is your passion? Can you use it for learning English?

Counsel your neighbour...



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passion is the key

What do you want/ need to learn most (based on reflection from last week)?

How could you achieve that (what is your MI, how do you process things, your passion)

How far are you willing to go (comfort zone)

What particular activity can you do?





ENGLISH AUTONOMOUSLY contract / plan / agreement

	<i>hours</i>
1st and 2nd session + HW + 3 ind.counsellings	10
min. 2 modules of your choice	10 + 10
log writing	5
??? (more modules, showers, your own work...)	15
TOTAL	50



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HW for your first counselling session:

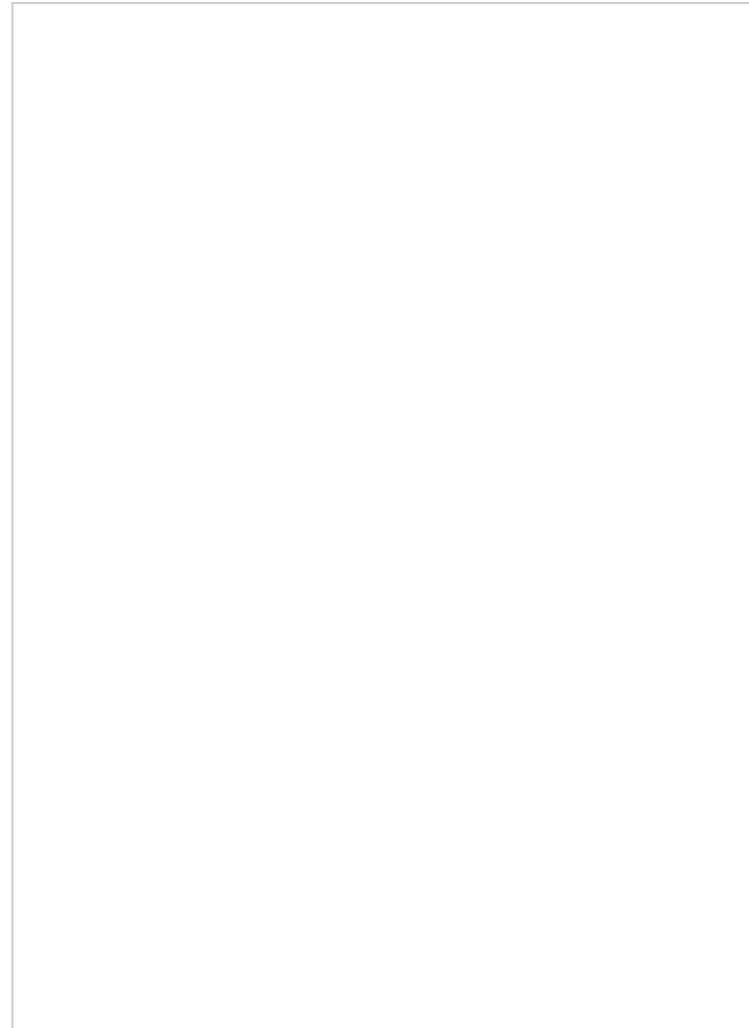
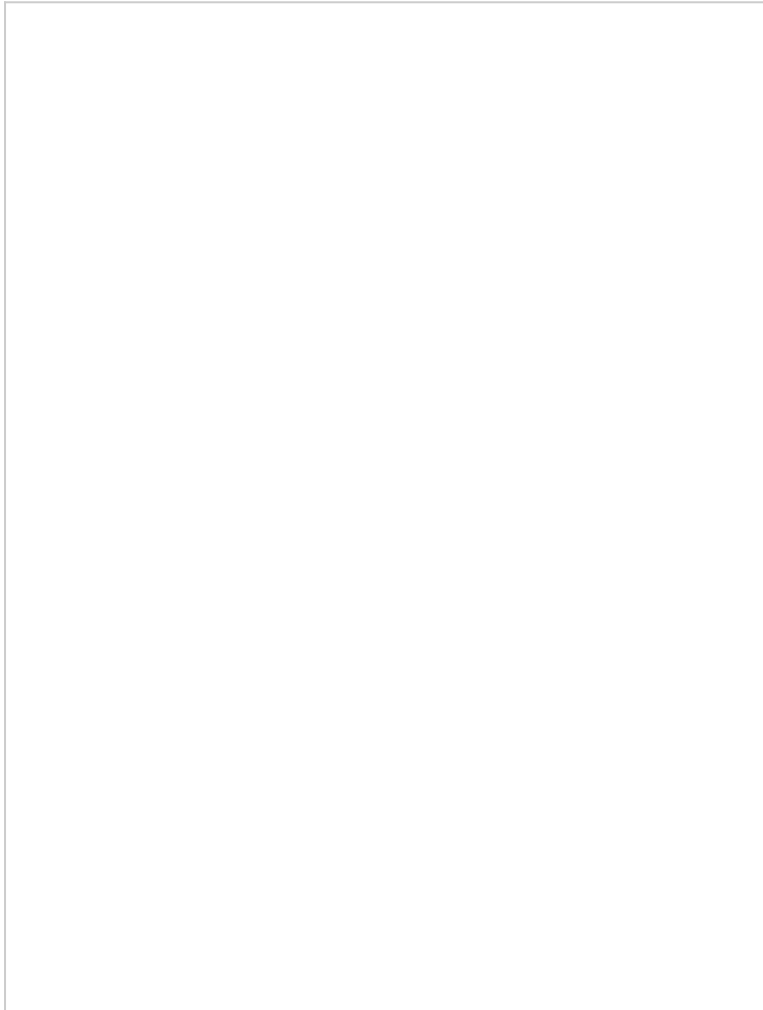
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HW for your first counselling session:

- Language learning history starting your log
- SWOT
- SILL1
- MAI1
- CEFR
- needs analysis
- agreement



ENGLISH AUTONOMOUSLY modules and showers



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- **book your 1st counsellings**
- **choose at least 2 modules**
- **choose a shower or more if you want**

Check which modules and showers are going to be open at 6:45pm

Thank you for the second session:).

ENGLISH AUTONOMOUSLY bibliography

- Holec, Henri: *Autonomy and Foreign Language Learning*. Oxford, 1981.
- Little, David: *Learner autonomy 1: definitions, issues and problems*. Dublin, 1991.
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- Oxford, Rebecca: *Strategy Inventory for Language Learning*. 1989.
- Schraw, Gregory and Dennison, Ryne Sperling: *Assessing metacognitive awareness*. In: *Contemporary Educational Psychology*, 19, 460-475