

If energy cannot be created or destroyed, where does our energy go after our death? Where does energy come from for new life?

"Tell your friend that in his death, a part of you dies and goes with him. Wherever he goes, you also go. He will not be alone." Jiddu Krishnamurti

Due to our topic I would rather say: "After a friend's death a part of him is still with you, wherever you go, he also goes. You will never be alone."

Death is probably the greatest taboo of our time. It is something we don't talk, don't think about. Something evil and haunted. The finality of life scares us, provokes anxiety and fear. We would do everything we could to avoid the death.

According to physicists human body consists of matter and energy. The origin of energy is electrical and chemical. Thanks to thermodynamics we know that energy cannot be created or destroyed. The energy is still the same only its states change. Human bodies exchange energy with surroundings, gain it or lose it. When we died, the atoms and energy from our body is repurpose. Our energy continues to echo throughout the universe. In order to create something new, something has to cease to exist.

This is the way how scientists explain what happens to the energy of our body. But what about the energy of soul? Does it exist?