



Japanese Work Culture

Japanese Culture and Film, Autumn, 2022
October 25th, Tuesday

Today's Film

To Each His Own (2017)

JPN “Chotto Imakara Shigoto Yametekuru”
Lit- “I’m just going to quit my job”

Director : Narushima, Izuru
Original : a novel titled same



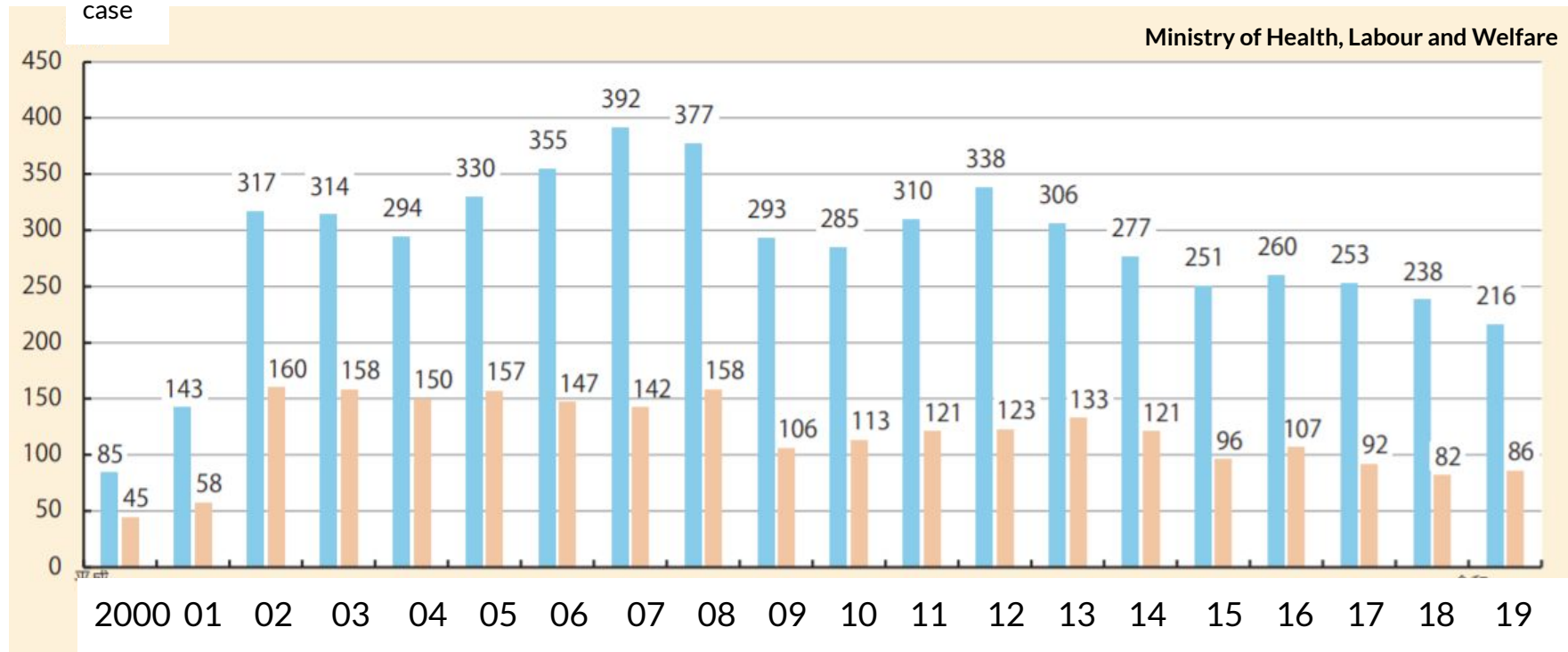
What do you know about
Japanese work Culture?

過勞死

1. Karoshi (Death due to Overwork)

- ▷ Occupational sudden mortality
- ▷ The most common medical causes of Karoshi
 - heart attack
 - strokes
 - suicide

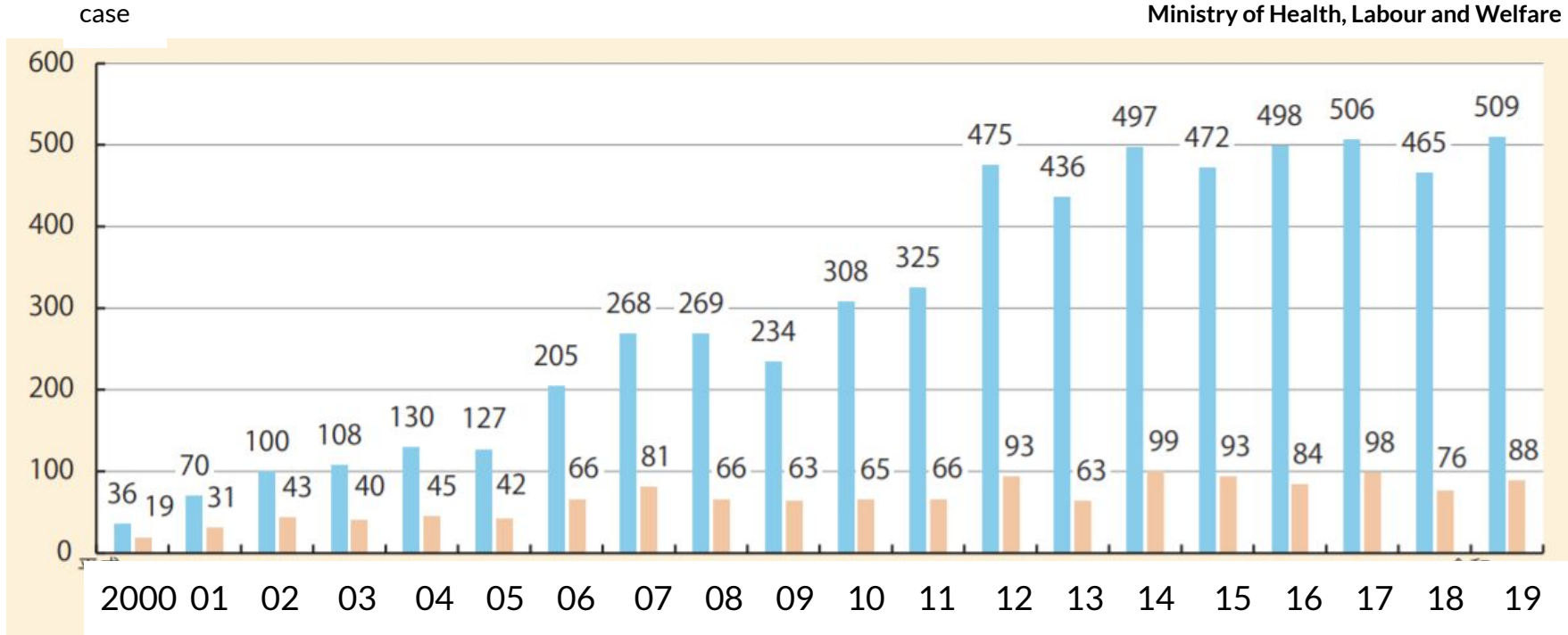
Brain disease / Heart Failure due to Overwork



Blue : Total number of cases acknowledged disease caused by overwork
Orange : Number of death due to overwork "Karoshi"

Mental disorder due to Overwork

Ministry of Health, Labour and Welfare



Blue : Total number of cases acknowledged mental disorder caused by overwork

Orange : Number of suicide acknowledged "Karoshi"

Famous Cases

24-year old female employee committed suicide after having been working up to 105 hours overtime in the previous month.

Japanese authorities brought charges against the company, Dentsu, but it is unusual.

31-year old journalist died due to heart failure. She logged 159 hours of overtime and took only two days off in the month.

She was working at the country's public broadcaster, NHK.

2. Black Kigyo (Black company)

- ▷ Forces excessive working hours
- ▷ Often without overtime pay
- ▷ Harasses and/or abuses employees
- ▷ Threaten employees with disrepute when they choose to leave the company

Black Company Awards

Nominated companies in the past

- Dentsu
- Mitsubishi Electric Melco Semiconductor Engineering Corporation
- Seven-Eleven Japan
- Rakuten

etc...

3. Many types of Harassment

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- ▷ Sexual harassment (Seku-hara)
- ▷ Power harassment (Pawa-hara)
- ▷ Moral harassment (Mora-hara)
- ▷ Age harassment
- ▷ Maternity harassment (Mata-hara)
- ▷ Paternity harassment (Pata-hara)