



Intervencia



Miesta podpory ČR

The logo for autismport features a stylized blue graphic above the text. The graphic consists of two light blue, tapered shapes that meet at a central point, resembling a lens or a stylized 'A'. Below this graphic, the word "autismport" is written in a lowercase, sans-serif font. The letters "autism" are in a light grey color, and "port" is in a medium blue color.

autismport

Behaviorálne
prístupy

Doplnkové
terapie a
alternatívne
prístupy

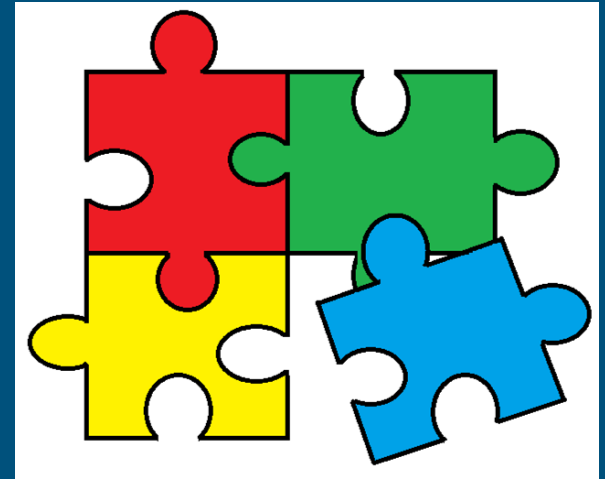
Dietetické
úpravy

Medikácia

Behaviorálne programy

- ABA - Applied Behavioral Analysis
 - DTT - Discrete Trial Training
 - EIBI - Early Intensive Behavioral Intervention
 - ESDM - Early Start Denver Model

- TEACCH - Treatment and Education of Autistic and Communication related handicapped Children



ABA

Assessment of current skills & needs



Formulation of target skills & goals



Design & implementation of individualised programme



Ongoing progress evaluation



Modification of goals for increased effectiveness, as needed

ABA - základné princípy

- Správanie je ovplyvnené prostredím
- Správanie môže byť posilnené alebo oslabené
- Zmeny správania sú efektívnejšie na základe pozitívneho posilnenia
- Správanie musí byť posilované opakovane

Inštrukcia
(antecedent)



Správanie
(behavior)



Odmena
(consequence)

ABA

- Pokus
- Posilnenie
- Výzva
- Generalizácia
- Náhodné učenie



TEACCH

(Treatment and Education of Autistic and related Communication Handicapped Children)



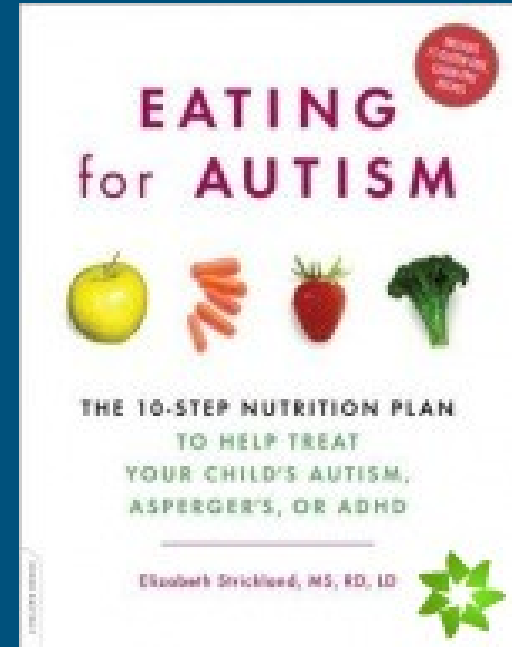
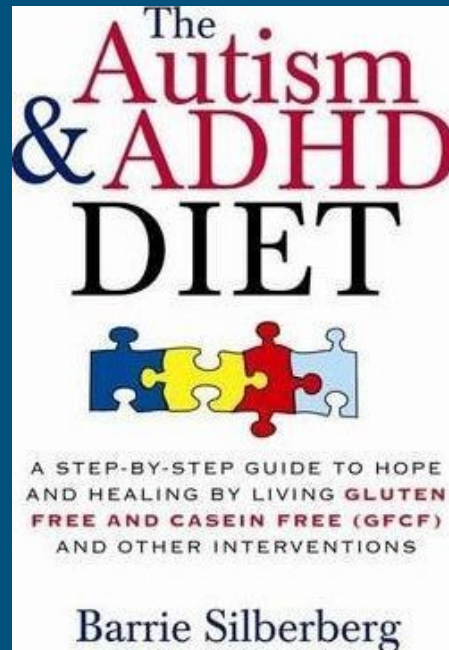
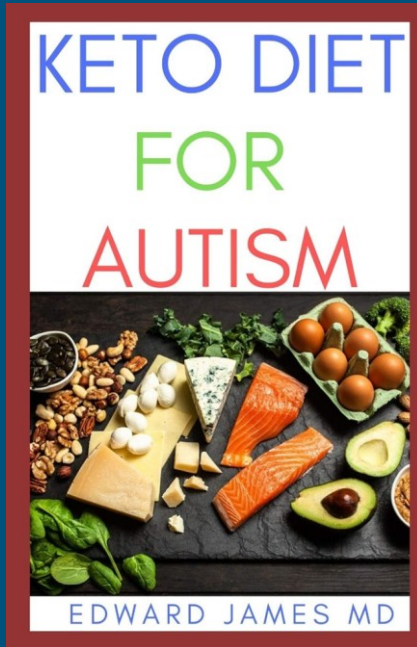
- Zlepšenie adaptácie
 - úprava správania
 - úprava prostredia
- Spolupráca s rodičmi
- Individuálny program
 - Psychoedukačný program
- Štruktúrované učenie
 - Organizácia priestoru
 - Časový plán
 - Vizuálne pomôcky
 - Rutina
 - “najprv práca, potom zábava”
 - “zhora dole”, “zľava doprava”
- Stavanie na silných stránkach
- Multidisciplinarita

Medikácia

- Antipsychotiká
 - Risperidon
 - Aripiprazole
- SSRI
 - Prozac
 - Paretin
- Stimulanciá
 - Ritalin
 - Adderall
- Medikácia komorbidity



Dietetické úpravy



What foods should kids with autism avoid?



Is protein good for autism?



Does stress during pregnancy cause autism?



Is Wheat bad for autism?



Is keto good for autism?



Does dairy free help autism?



What helps autism naturally?



Does fish oil help autism?



Does folic acid cause autism?



Why does camel milk help autism?



What foods are casein free?



Is white rice good for autism?



Dietetické úpravy

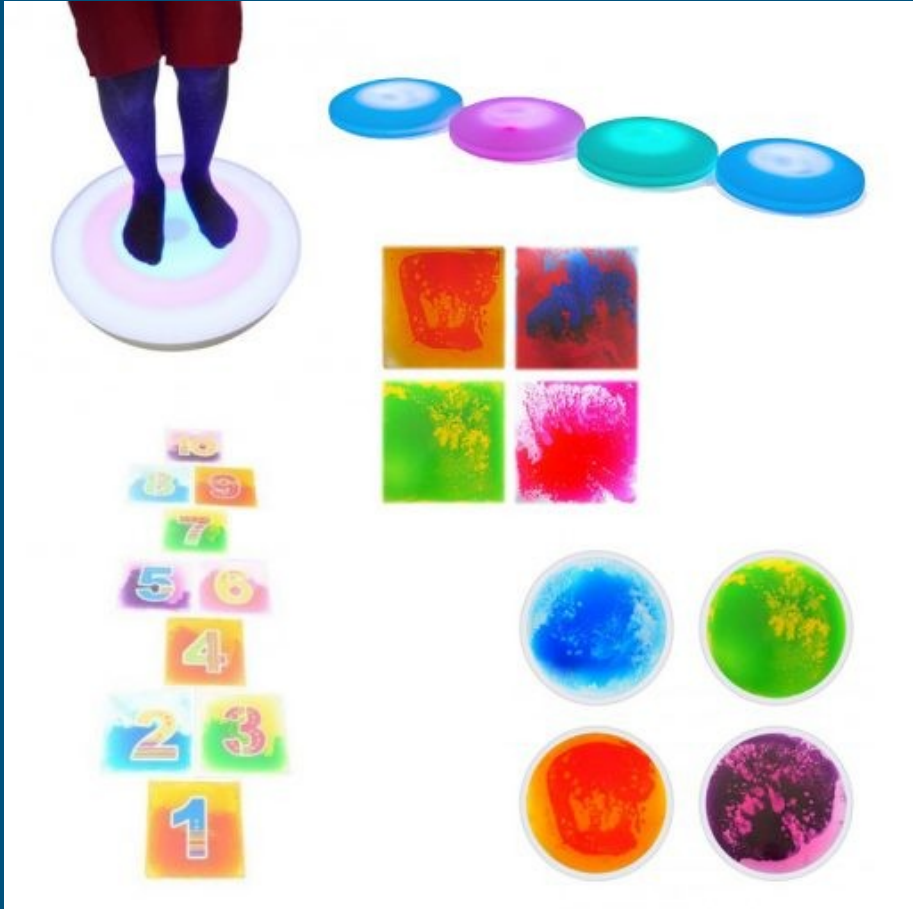
- obmedziť alergény
 - glutén
 - kazeín
- zabezpečiť vyváženú výživu!
- vitamínové doplnky



Doplnková terapia

- [Rečová terapia](#)
- KBT
- [Arteterapia](#)
- [Muzikoterapia \(2. dospelý\)](#)
- Canisterapia
- Tréning sociálnych zručností
- Pracovná terapia
- Deep Pressure Therapy
 - [Senzorické hračky](#)
 - [Sensory room](#)

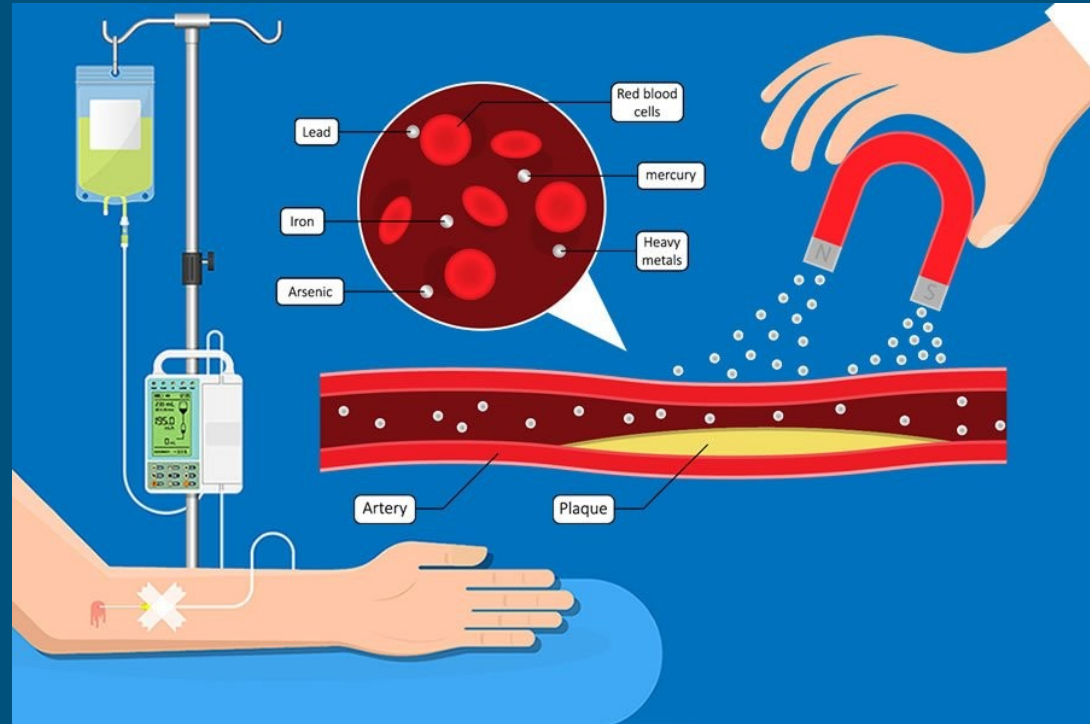




Alternatívne prístupy

- Masáže
- Akupunktúra
- Aromaterapia
- Chelácia.....!

teploty, bolesti hlavy, zvracanie, záchvaty, nízky krvný tlak, hypocalcémia, anémia, poškodenie obličiek, nepravidelný srdcový tep, poškodenie pečene, alergické reakcie, strata vitamínov a minerálov, zlyhanie dýchania



Zdroje obrázkov

<https://i.pinimg.com/originals/d4/e1/c5/d4e1c505798adc2c664188c2bd7e5042.png>

https://www.worldallergy.org/UserFiles/image/10_iStock_000023876167_Doub.jpg

<https://assets.tvo.org/prod/s3fs-public/article-thumbnails/child-therapy-exercises.jpg?nSPptDkeLGBcHqLTPFDITm0wogdN9oAw>

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<https://x3r9t7q7.rocketcdn.me/wp-content/uploads/2011/07/chelation-therapy-florida.jpg>

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https://nautis.cz/_files/news-images/11251845_logo-autismport-final-page-001-1.jpg