

# Quality of life

Seminar 4

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# Concepts of QoL

- Environmental quality
  - Livability
  - Satisfaction
  - Happiness
  - Well-being
- > Quality of life??

# Questions

- What is the best geographical definition of quality of life according to you?
- Why do so many concepts exist? How are they related to quality of life?
- Which approach / conceptualization is the most suitable to geographical definition of quality of life?

# Conceptualization of QoL

- Human ecology
- Health-related quality of life
- City planning approaches
- Social indicators
- Satisfaction research
- Transactional focus

# 4th homework

- Choose a meta-concept of quality of life (model, construct...) and contextualize your quality of life inside this concept (just prepare a speech)
  - Liveability, health, well-being, environmental quality, happiness, satisfaction...
- Choose the subjective or objective dimension and describe the other through the first one
  - e.g. subjective dimension through livability or environmental quality