Quality of life

8th seminar

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Objective x subjective

- What is relation between objective and subjective indicators of quality of life (according to you)?
- Which indicators are more important and more reflective a reality? Objective or subjective?

| | Quantitative | Qualitative |
|-----------------------------|--|---|
| General framework | Seek to confirm hypotheses about phenomena | Seek to explore phenomena |
| | Instruments use more rigid style of eliciting and categorizing responses to questions | Instruments use more flexible, iterative style of eliciting and categorizing responses to questions |
| | Use highly structured methods such as questionnaires, surveys, and structured observation | Use semi-structured methods such as in-depth interviews, focus groups, and participant observation |
| Analytical objectives | To quantify variation | To describe variation |
| | To predict causal relationships | To describe and explain relationships |
| | To describe characteristics of a population | To describe individual experiences |
| | population | To describe group norms |
| Question format | Closed-ended | Open-ended |
| Data format | Numerical (obtained by assigning numerical values to responses) | Textual (obtained from audiotapes, videotapes, and field notes) |
| Flexibility in study design | Study design is stable from beginning to end | Some aspects of the study are flexible (for example, the addition, exclusion, or wording of particular interview questions) |
| | Participant responses do not influence or determine how and which questions researchers ask next | Participant responses affect how and which questions researchers ask next |
| | Study design is subject to statistical assumptions and conditions | Study design is iterative, that is, data collection and research questions are adjusted according to what is learned |

Combination of quantitative and qualitative approach

- Example: questionnaire
- Which aspects (domains) of quality of life are inquired?
- Which method is prefered? Why?
- What are the results of this research? For who? How could we interpret them?

Quantitative methodology

- Statistical analysis of objective dimension
 - Social indicators
 - Indicators of living conditions
- Statistical analysis of subjective dimension
 - Evaluation of satisfaction with domains QoL
- Using multivariate methods
 - Factor analysis
 - Principal component analysis

Qualitative methodology

- Questionnaires
- In-depth interviews
- Mental mapping
- Observation
- Etnomethodology
- Alternative methods...

How to realize research?

- You have to frame:
 - Research problem (quality of life?)
 - Research topic (Quality of life in a region, in some communities, Domains of quality of life...)
 - Research question
- Then you have to define:
 - Goals
 - Focus groups + focus region
 - Evaluation, interpretation, for who it is intented
 - Capacities x constraints (time, collaborators, money...)
 - -> METHODS

Task to next lessons

- Suggest and write methodical approach to measure subjective dimension of quality of life
- Follow the points (framing problem, question...) and finally suggest appropriate method
- Think about innovativeness, feasibility!