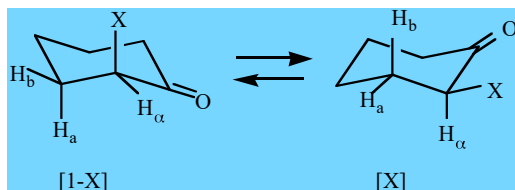


### CALCULATING CONFORMATIONAL FREE ENERGY USING COUPLING CONSTANTS

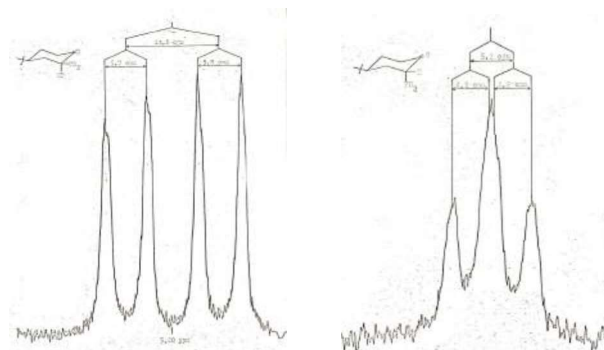


$$\text{Average } J_{H_{\alpha}H_b} = J_{aa}[X] + J_{ee}[1-X]$$

$$\text{Average } J_{H_{\alpha}H_a} = J_{ae}[X] + J_{ea}[1-X]$$

The values of  $J_{aa}$ ,  $J_{ee}$ ,  $J_{ae}$  and  $J_{ea}$  are determined from Conformationally rigid cyclohexanone systems

### NMR OF 4-t-BUTYL-2-NITROCYCLOHEXANONE



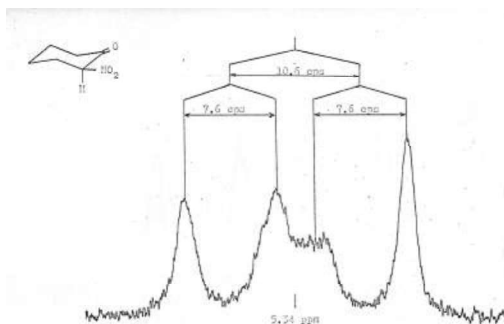
$$J_{aa} = 12.6 \text{ Hz}$$

$$J_{ae} = 5.7 \text{ Hz}$$

$$J_{ea} = 5.2 \text{ Hz}$$

$$J_{ee} = 4.3 \text{ Hz}$$

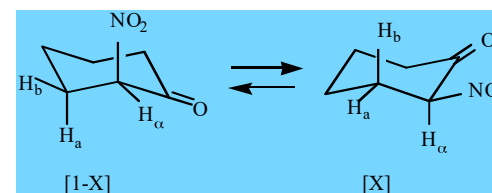
### NMR OF 2-NITROCYCLOHEXANONE



$$\text{Average } J_{H_{\alpha}H_a} = 10.6$$

$$\text{Average } J_{H_{\alpha}H_b} = 7.6$$

### CALCULATING THE CONFORMATIONAL FREE ENERGY OF 2-NITROCYCLOHEXANONE USING COUPLING CONSTANTS



$$\text{Average } J_{H_{\alpha}H_b} = J_{aa}[X] + J_{ee}[1-X]$$

$$10.6 = 12.6 [X] + 4.3 [1-X]$$

$$X = 0.76$$

$$K = [X]/[1-X] = 0.76/0.24 = 3.17$$

$$\Delta G^\ddagger = -RT \ln K = -(2.3)(2)(298) \log 3.17 = 0.73 \text{ kcal/mol}$$