

Gender	Diet	Bodyweight
F	hf	31.94
F	hf	32.48
F	hf	22.82
F	hf	19.92
F	hf	32.22
F	hf	27.5
F	hf	27.56
F	hf	36.44
F	hf	19.39
F	hf	23.16
F	hf	24.29
F	hf	18.78
F	hf	25.43
F	hf	24.3
F	hf	33.9
F	hf	31.47
F	hf	32.01
F	hf	18.52
F	hf	26.86
F	hf	25.41
F	hf	29.18
F	hf	25.3
F	hf	29.64
F	hf	20.73
F	hf	28.26
F	chow	27.03
F	chow	24.8
F	chow	27.02
F	chow	28.07
F	chow	23.55
F	chow	22.72
F	chow	24.82
F	chow	21.6
F	chow	23.98
F	chow	26.6
F	chow	19.24
F	chow	21.43
F	chow	22.73
F	chow	20.1
F	chow	20.6
F	chow	21.49
F	chow	24.73
F	chow	27.92
F	chow	27.51
F	chow	19.88
F	chow	20.72
F	chow	24
F	chow	25.08
F	chow	25.27

F	chow	22.08
F	chow	20.52
F	chow	23.39
F	chow	19.87
F	chow	17.95
F	chow	31.83
F	chow	21.71
F	chow	29.99
F	chow	20.89
F	chow	29.6
F	chow	22.77
F	chow	26.03
F	chow	36.84
F	chow	26.25
F	chow	22.93
F	chow	28.25
F	chow	23.84
F	chow	20.53
F	chow	24.1
F	chow	24.79
F	chow	23.68
F	chow	21.86
F	chow	27.25
F	chow	21.55
F	chow	24.12
F	chow	23.07
F	hf	20.8
F	hf	24.54
F	hf	27.28
F	hf	22.13
F	hf	27.78
F	hf	28.01
F	hf	19.18
F	hf	21.4
F	hf	27.53
F	hf	28.61
F	hf	20.45
F	hf	23
F	hf	28.26
F	hf	24.76
F	hf	23.82
F	hf	21.9
F	hf	26.07
F	hf	31.15
F	hf	27.92
F	hf	19.81
F	hf	24.94
F	hf	22.6
F	hf	22.39
F	hf	34.93

F	hf	29.66
F	hf	26.46
F	chow	20.43
F	chow	24.82
F	chow	25.43
F	chow	22.12
F	chow	20.99
F	chow	23.28
F	chow	25.78
F	chow	22
F	chow	20.74
F	chow	21.51
F	chow	26.85
F	chow	25.54
F	chow	22.51
F	chow	21.92
F	chow	21.32
F	chow	23.59
F	chow	26.14
F	chow	20.27
F	chow	29.6
F	chow	24.77
F	chow	22.36
F	chow	21.65
F	chow	22.08
F	chow	26.59
F	chow	24.6
F	hf	21.88
F	hf	26.5
F	hf	24.55
F	hf	16.56
F	hf	29.18
F	hf	26.07
F	hf	17.54
F	hf	26.18
F	hf	25.26
F	hf	27.5
F	hf	23.14
F	hf	31.41
F	hf	25.14
F	hf	22.12
F	hf	17.01
F	hf	22.8
F	hf	25.37
F	hf	28.61
F	hf	22.13
F	hf	21.66
F	hf	24.9
F	hf	33.13
F	hf	29.58

F	hf	23.05
F	chow	22.19
F	chow	29.19
F	chow	25.14
F	chow	23.19
F	chow	27.36
F	chow	23.53
F	chow	23.54
F	chow	18.41
F	chow	28.14
F	chow	23.34
F	chow	20.11
F	chow	18.08
F	chow	21.03
F	chow	24.23
F	chow	19.67
F	chow	22.66
F	chow	26.66
F	chow	20.69
F	chow	27.42
F	chow	21.91
F	chow	16.82
F	chow	24.47
F	chow	23.96
F	chow	23.18
F	chow	28.8
F	hf	23.98
F	hf	26.37
F	hf	24.05
F	hf	31.18
F	hf	34.3
F	hf	31.63
F	hf	23.83
F	hf	25.84
F	hf	26.84
F	hf	36.23
F	hf	23.52
F	hf	24.65
F	hf	24.47
F	hf	39.28
F	hf	26.42
F	hf	18.55
F	hf	20.67
F	hf	23.43
F	hf	20.88
F	hf	18.73
F	hf	24.64
F	hf	25.22
F	hf	29.1
F	hf	25.34

F	hf	34.61
F	chow	26.37
F	chow	23.61
F	chow	26.07
F	chow	27.75
F	chow	23.7
F	chow	23.73
F	chow	24.49
F	chow	22.87
F	chow	29.23
F	chow	21.46
F	chow	22.12
F	chow	33.47
F	chow	24.96
F	chow	26.15
F	chow	24.89
F	chow	19.41
F	chow	26.36
F	chow	26.47
F	chow	23.19
F	chow	22.32
F	chow	20.03
F	chow	23.51
F	chow	21.35
F	chow	21.58
F	chow	22.27
F	hf	21.79
F	hf	18.789
F	hf	20.29
F	hf	26.44
F	hf	25.88
F	hf	23.48
F	hf	22.98
F	hf	24.04
F	hf	32.96
F	hf	23.09
F	hf	24.29
F	hf	28.72
F	hf	29.93
F	hf	26.5
F	hf	23.26
F	hf	19.21
F	hf	21.15
F	hf	20.23
F	hf	18.24
F	hf	15.97
F	hf	30.81
F	hf	25.38
F	hf	30.34
F	hf	31.53

F	hf	22.19
F	chow	23.09
F	chow	23.88
F	chow	24.04
F	chow	27.15
F	chow	18.8
F	chow	28.07
F	chow	24.46
F	chow	25.42
F	chow	20.28
F	chow	24.06
F	chow	15.51
F	chow	22.51
F	chow	15.94
F	chow	19.9
F	chow	19.44
F	chow	22.18
F	chow	25.97
F	chow	25.96
F	chow	23.12
F	chow	20.98
F	chow	24.78
F	chow	22.56
F	chow	20.36
F	chow	16.05
F	chow	17.95
F	hf	37.52
F	hf	28.88
F	hf	22.62
F	hf	22.57
F	hf	28.72
F	hf	25.11
F	hf	25.22
F	hf	25.41
F	hf	27.22
F	hf	23.44
F	hf	27.79
F	hf	31.1
F	hf	25.71
F	hf	25.99
F	hf	28.55
F	hf	24.97
F	hf	39.73
F	hf	27.23
F	hf	27.97
F	hf	25.23
F	hf	21.8
F	hf	25.62
F	hf	24.15
F	hf	50.49

F	hf	30.12
F	chow	22.71
F	chow	28.22
F	chow	21.5
F	chow	20.3
F	chow	19.96
F	chow	19.07
F	chow	22.35
F	chow	20.54
F	chow	30.45
F	chow	23.54
F	chow	20.61
F	chow	20.18
F	chow	20.59
F	chow	23.32
F	chow	26.35
F	chow	22.91
F	chow	25.1
F	chow	28.46
F	chow	21.31
F	chow	28.53
F	chow	28.43
F	chow	20.81
F	chow	27
F	chow	24.55
F	chow	21.18
F	chow	21.77
F	chow	23.8
F	chow	20.99
F	chow	23.11
F	chow	24.82
F	chow	22.59
F	chow	18.47
F	chow	21.1
F	chow	25.83
F	chow	16.31
F	chow	24.79
F	chow	26.08
F	chow	32.74
F	chow	27.26
F	chow	31.24
F	chow	33.81
F	chow	23.52
F	chow	27.73
F	chow	28.26
F	chow	23.3
F	chow	18.83
F	chow	27.7
F	chow	19.79
F	chow	27.2

F	chow	25.4
F	hf	30.92
F	hf	29
F	hf	22.8
F	hf	20.2
F	hf	33.28
F	hf	30.14
F	hf	24.47
F	hf	22.93
F	hf	35.4
F	hf	17.97
F	hf	28.29
F	hf	18.35
F	hf	27.49
F	hf	28.05
F	hf	25.1
F	hf	28.44
F	hf	30.11
F	hf	30.13
F	hf	27.54
F	hf	31.97
F	hf	26.9
F	hf	21.07
F	hf	22.86
F	hf	22.74
F	hf	33.65
F	chow	26.75
F	chow	23.45
F	chow	24.77
F	chow	23.39
F	chow	22.95
F	chow	21.84
F	chow	28.4
F	chow	28.21
F	chow	33.36
F	chow	29.13
F	chow	24.21
F	chow	22.99
F	chow	24.68
F	chow	24.67
F	chow	25.12
F	chow	23.95
F	chow	25.69
F	chow	28.36
F	chow	24.96
F	chow	27.36
F	chow	26.91
F	chow	26.58
F	chow	23.39
F	chow	20.25

F	chow	23.22
F	hf	23.56
F	hf	25.67
F	hf	29.22
F	hf	41.42
F	hf	34.02
F	hf	27.44
F	hf	31.96
F	hf	21.02
F	hf	29.49
F	hf	21.94
F	hf	27.85
F	hf	39.42
F	hf	26.35
F	hf	22.52
F	hf	27.07
F	hf	36.47
F	hf	21.47
F	hf	24.11
F	hf	28.14
F	hf	20.34
F	hf	28.37
F	hf	24.14
F	hf	25.08
F	hf	31.86
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M	hf	35.11
M	hf	31.25
M	hf	38.26
M	hf	29.06
M	hf	42.8
M	hf	32.34
M	hf	35.48
M	hf	33.05
M	hf	37.06
M	hf	29.71
M	hf	34.4
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M	hf	36.34
M	hf	26.7
M	hf	36.77
M	hf	41.83
M	hf	37.89
M	chow	45.23

M	chow	23.73
M	chow	34.03
M	chow	24.98
M	chow	28.56
M	chow	29.32
M	chow	39.16
M	chow	32.04
M	chow	32.09
M	chow	24.16
M	chow	27.38
M	chow	30.29
M	chow	36.79
M	chow	28.63
M	chow	31.01
M	chow	32.11
M	chow	31.22
M	chow	32.05
M	chow	24.58
M	chow	35.15
M	chow	30.71
M	chow	32.81
M	chow	33.96
M	chow	29.34
M	chow	31.56
M	chow	35.51
M	chow	36.2
M	chow	36.64
M	chow	25.14
M	chow	32.1
M	chow	28.74
M	chow	31.55
M	chow	28.88
M	chow	36.21
M	chow	33.39
M	chow	33.83
M	chow	34.11
M	chow	29.38
M	chow	31.71
M	chow	31.95
M	chow	31.77
M	chow	33
M	chow	31.64
M	chow	37.5
M	chow	23.66
M	chow	33.92
M	chow	31.63
M	chow	25.65
M	chow	39.98
M	chow	25.63
M	hf	26.69

M	hf	41.71
M	hf	28.45
M	hf	35.85
M	hf	38.74
M	hf	35.54
M	hf	38.62
M	hf	32.09
M	hf	29.88
M	hf	29.76
M	hf	41.25
M	hf	27.64
M	hf	35.62
M	hf	40.02
M	hf	36.63
M	hf	42.89
M	hf	28.5
M	hf	34.59
M	hf	40.81
M	hf	36.58
M	hf	34.47
M	hf	38.29
M	hf	22.61
M	hf	34.09
M	chow	28.19
M	chow	33.89
M	chow	29.87
M	chow	29.72
M	chow	26.64
M	chow	39.85
M	chow	33
M	chow	36.63
M	chow	31.37
M	chow	33.46
M	chow	29.99
M	chow	24.19
M	chow	29.31
M	chow	31.83
M	chow	28.8
M	chow	32.24
M	chow	29.89
M	chow	36.53
M	chow	24
M	chow	37.98
M	chow	25.24
M	chow	31.48
M	chow	29.21
M	chow	25.91
M	chow	29.09
M	hf	33.29
M	hf	29.93

M	hf	33.55
M	hf	30.58
M	hf	35.63
M	hf	26.86
M	hf	30.53
M	hf	36.95
M	hf	36.78
M	hf	29.51
M	hf	40.25
M	hf	31.28
M	hf	40.47
M	hf	37.65
M	hf	32.5
M	hf	48.93
M	hf	23.57
M	hf	36.75
M	hf	36.43
M	hf	32.95
M	hf	31.86
M	hf	32.66
M	hf	41.26
M	hf	41.34
M	hf	29.26
M	hf	35.27
M	chow	27.27
M	chow	25.66
M	chow	32.06
M	chow	33.11
M	chow	25.73
M	chow	32.76
M	chow	30.81
M	chow	33.14
M	chow	29.2
M	chow	27.65
M	chow	26.92
M	chow	27.29
M	chow	27.66
M	chow	28.81
M	chow	26.01
M	chow	28.78
M	chow	29.76
M	chow	29.91
M	chow	29.87
M	chow	25.65
M	chow	25.67
M	chow	36.25
M	chow	27.93
M	chow	32.5
M	chow	27.36
M	hf	36.74

M	hf	47.44
M	hf	39.2
M	hf	37.58
M	hf	39.78
M	hf	48.14
M	hf	26.45
M	hf	49.18
M	hf	34.83
M	hf	39.08
M	hf	47.1
M	hf	27.16
M	hf	32.94
M	hf	31.06
M	hf	54.08
M	hf	31.82
M	hf	35.22
M	hf	40.09
M	hf	36.36
M	hf	24.77
M	hf	40.36
M	hf	35.18
M	hf	29.62
M	hf	37.13
M	hf	38.34
M	chow	31.18
M	chow	30.32
M	chow	27.79
M	chow	32.35
M	chow	27.64
M	chow	34.62
M	chow	39.38
M	chow	30.93
M	chow	32.81
M	chow	30.83
M	chow	39.22
M	chow	34.48
M	chow	34.53
M	chow	32.11
M	chow	36.27
M	chow	30.02
M	chow	28.54
M	chow	33.52
M	chow	33.43
M	chow	36.85
M	chow	24.67
M	chow	33.4
M	chow	31.29
M	chow	23.63
M	hf	32.72
M	hf	28.57

M	hf	42.09
M	hf	33.18
M	hf	28.56
M	hf	30.72
M	hf	24.34
M	hf	34.54
M	hf	33.34
M	hf	29.39
M	hf	43.24
M	hf	31.15
M	hf	32.6
M	hf	33.8
M	hf	29.79
M	hf	24.07
M	hf	34.02
M	hf	31.01
M	hf	35.73
M	hf	39.83
M	hf	31.27
M	hf	33.54
M	chow	27.8
M	chow	23.1
M	chow	27.26
M	chow	32.23
M	chow	28.17
M	chow	32.23
M	chow	29.59
M	chow	26.33
M	chow	31.84
M	chow	26.26
M	chow	21.23
M	chow	30.29
M	chow	25.41
M	chow	33.55
M	chow	26.69
M	chow	26.04
M	chow	22.42
M	chow	28.22
M	chow	32.91
M	chow	32.65
M	chow	26.94
M	chow	27.79
M	chow	33.63
M	chow	21.67
M	chow	32.89
M	hf	30.76
M	hf	37.31
M	hf	33.31
M	hf	29.1
M	hf	33.78

M	hf	33.67
M	hf	39.66
M	hf	38.23
M	hf	36.53
M	hf	37.13
M	hf	33.43
M	hf	29.05
M	hf	33.03
M	hf	36.73
M	hf	43.7
M	hf	23.52
M	hf	39.84
M	hf	33.15
M	hf	37.12
M	hf	36.13
M	hf	30.92
M	hf	23.69
M	hf	33.19
M	hf	36.82
M	hf	31.97
M	chow	29.08
M	chow	33.17
M	chow	40.28
M	chow	32.73
M	chow	31.66
M	chow	29.57
M	chow	27.29
M	chow	35.17
M	chow	30.36
M	chow	37.13
M	chow	36.44
M	chow	29.88
M	chow	27.77
M	chow	42.31
M	chow	20.72
M	chow	29.65
M	chow	26.55
M	chow	34.35
M	chow	32.98
M	chow	35.35
M	chow	32.1
M	chow	23
M	chow	40.7
M	chow	28.95
M	chow	28.39
M	chow	35.13
M	chow	29.16
M	chow	32.69
M	chow	26.42
M	chow	31.77

M	chow	27.01
M	chow	30.58
M	chow	25.76
M	chow	38.37
M	chow	37.51
M	chow	35.03
M	chow	32.47
M	chow	29.85
M	chow	36.2
M	chow	28.18
M	chow	36.1
M	chow	40.45
M	chow	30.55
M	chow	22.96
M	chow	28.61
M	chow	32.2
M	chow	33.21
M	chow	46.71
M	chow	30.53
M	hf	30.13
M	hf	36.58
M	hf	36.23
M	hf	41.03
M	hf	32.94
M	hf	34.98
M	hf	41.46
M	hf	35.19
M	hf	25.42
M	hf	40.78
M	hf	34.81
M	hf	29.92
M	hf	38.9
M	hf	32.78
M	hf	41.94
M	hf	34.01
M	hf	42.95
M	hf	30.48
M	hf	40.26
M	hf	40.28
M	hf	27.57
M	hf	41.98
M	hf	39.73
M	hf	45.79
M	hf	38.02
M	chow	30.8
M	chow	35.83
M	chow	25.99
M	chow	36.58
M	chow	31.8
M	chow	28.71

M	chow	37.02
M	chow	32.51
M	chow	26.65
M	chow	32.15
M	chow	33.83
M	chow	27.07
M	chow	28.38
M	chow	41.7
M	chow	30.87
M	chow	29.21
M	chow	34.74
M	chow	30.06
M	chow	33.53
M	chow	30.86
M	chow	27.9
M	chow	31.57
M	chow	26.09
M	chow	23.14
M	chow	31.28
M	hf	30.81
M	hf	36.21
M	hf	39.21
M	hf	37.99
M	hf	39.69
M	hf	36.98
M	hf	24.52
M	hf	38.53
M	hf	33.83
M	hf	30.04
M	hf	27.03
M	hf	34.89
M	hf	32.07
M	hf	22.48
M	hf	30.93
M	hf	29.69
M	hf	34.52
M	hf	30.85
M	hf	36.43
M	hf	24.09
M	hf	32.18
M	hf	34.14
M	hf	41.82