

Markéta Kvíčalová, Kamil Matulka, Andrea Staršíchová

# Mechanisms of ageing



# Ageing

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- Process of intrinsic deterioration that is reflected at the population level as an increase in the likelihood of death and a decline in the production of offspring

## Ageing-related damage

- Malfunction of organelles
- Changes in extracellular matrix
- Oxidative damage
- Damage to DNA
- Necrosis, apoptosis

# Ageing

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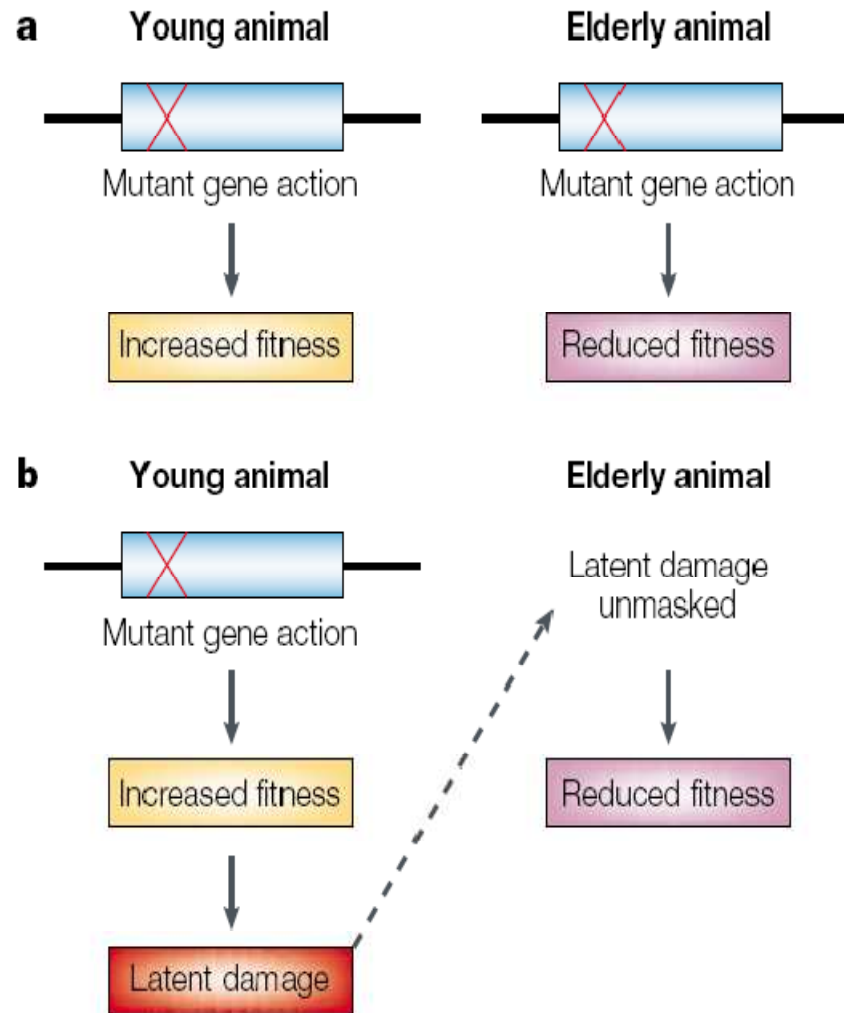
- Public or private mechanisms?
- Is it a programmed process or not?
- Rate of ageing
  - caloric restriction
  - reproductive rate

# Evolutionary theories of ageing

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- Mutation-accumulation theory
- Pleiotropy/ trade-off theory

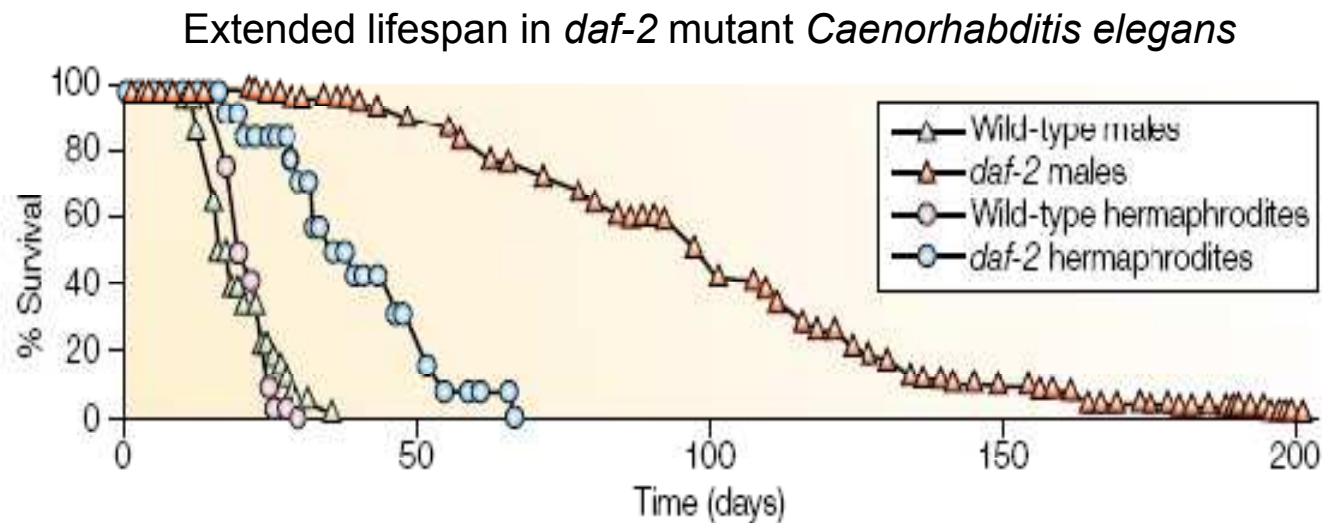
# Antagonistic pleiotropy



# Model organisms

- *Saccharomyces cerevisiae*
- *Caenorhabditis elegans*
- *Drosophila melanogaster*

→ long-lived mutants

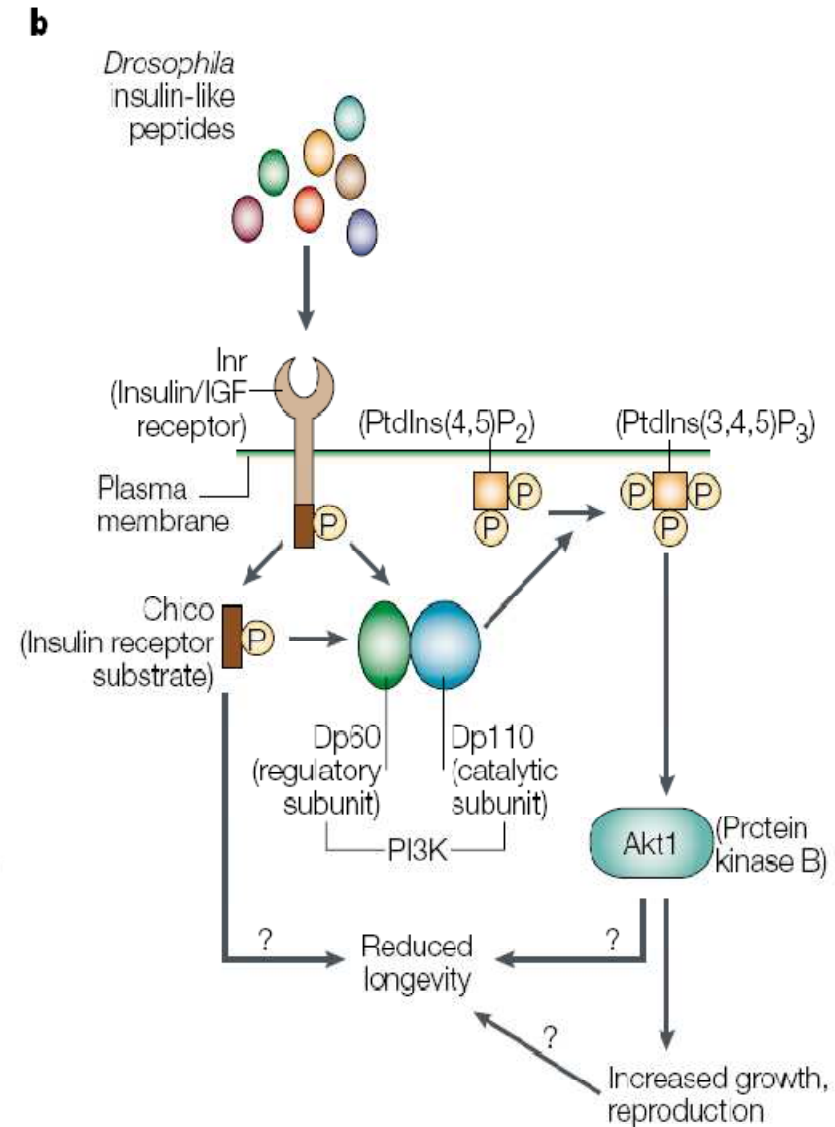
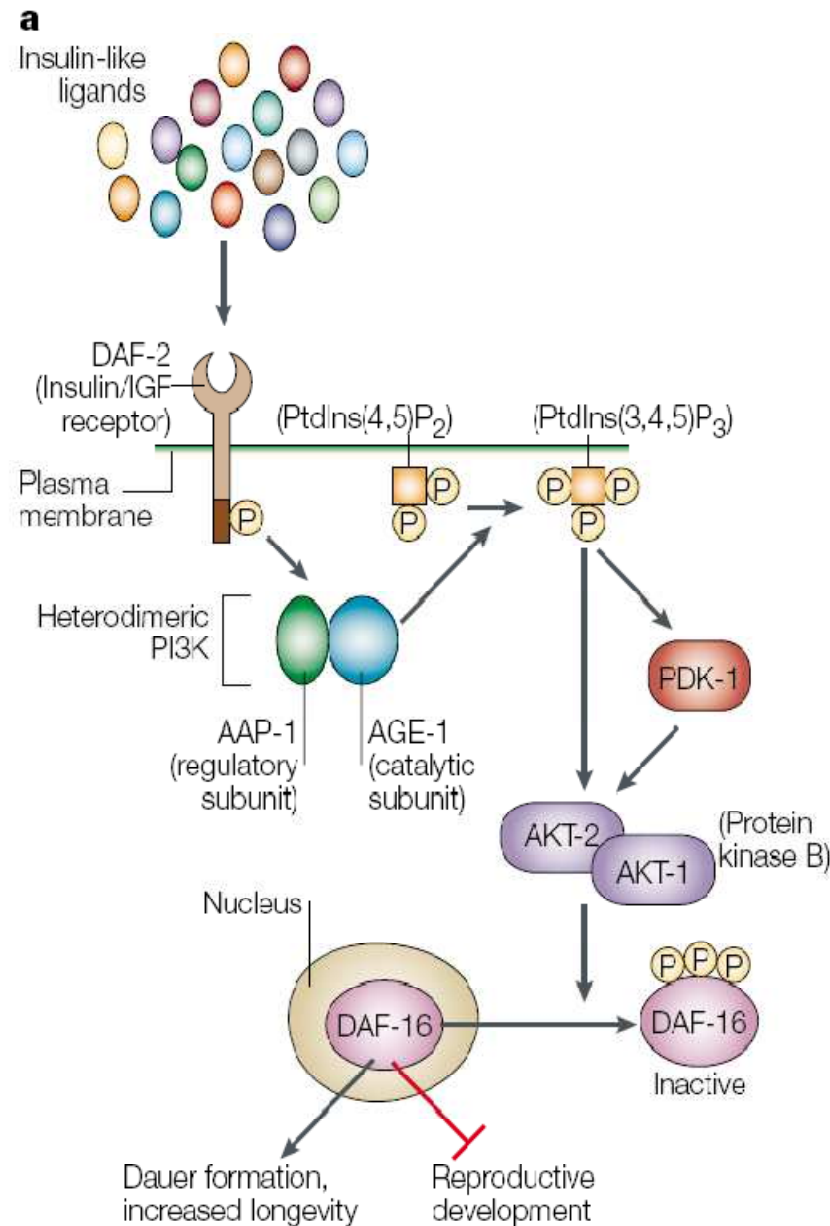


# Insulin/IGF signalling

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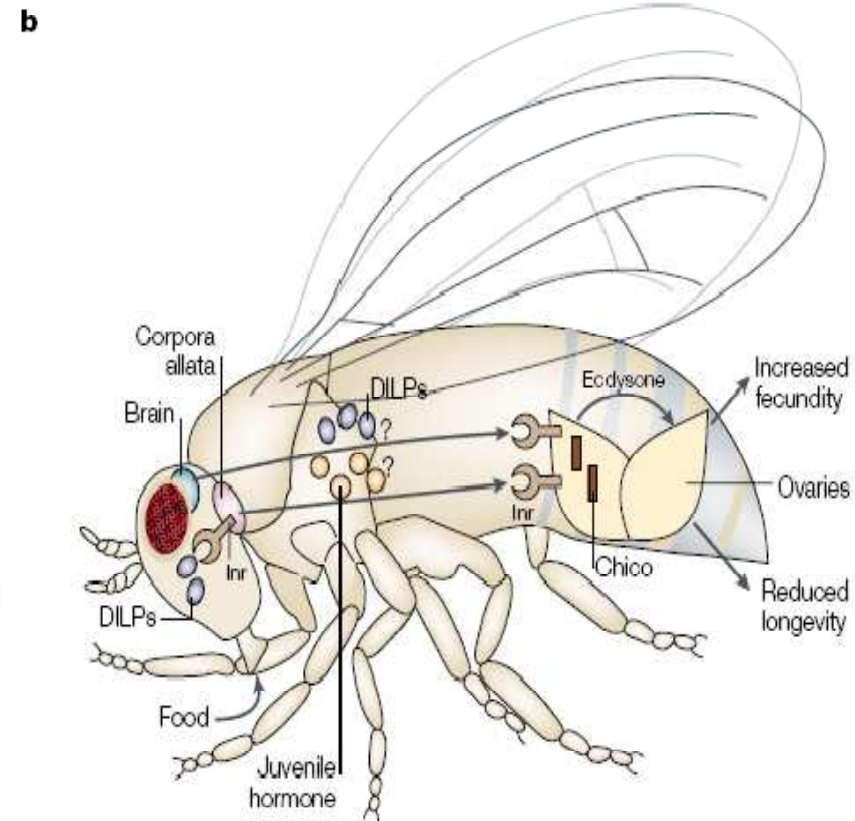
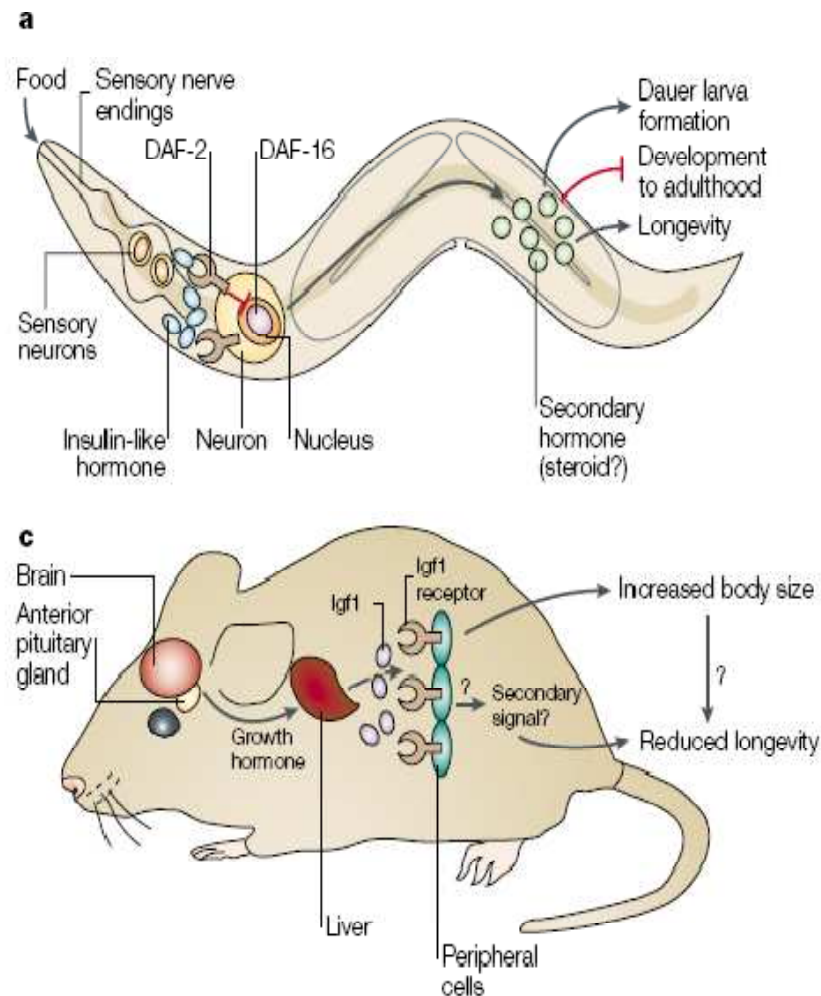
- a part of central neuroendocrine axis
- regulation of development and ageing
- 2 secretory steps:
  1. environmental stimuli/food levels → secretion of INS ligands ... received by neuronal e.g. DAF-2
  2. global signal/steroid ... received by receptors e.g. DAF 12
- some mutants (*age-1*, *daf-2*) ↑ lifespans

# Insulin/IGF signalling pathways in *Caenorhabditis elegans* and *Drosophila*



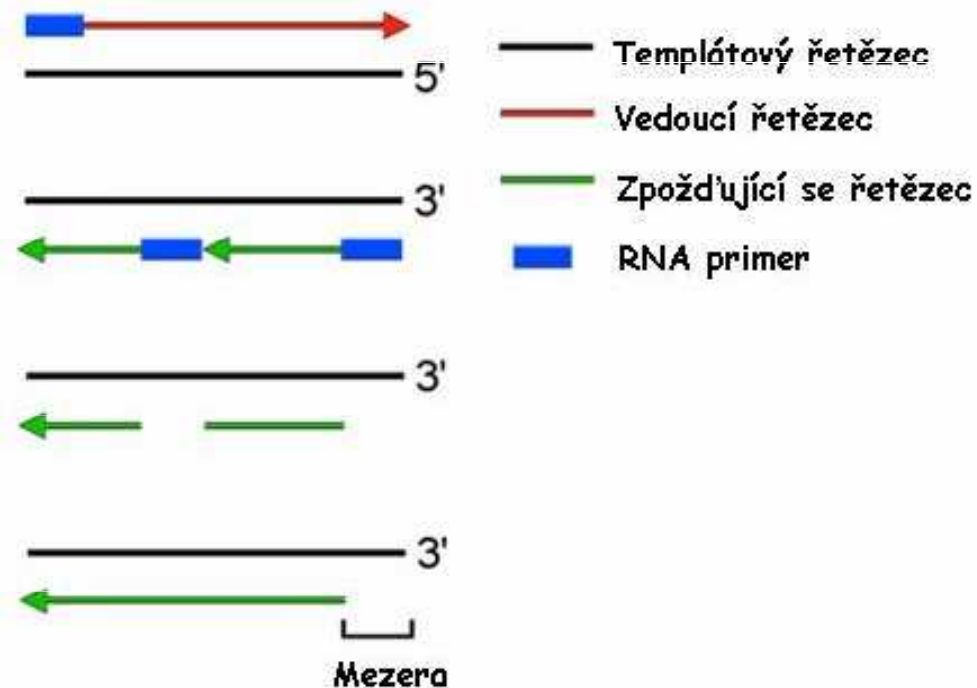


# Neuroendocrine regulation of ageing



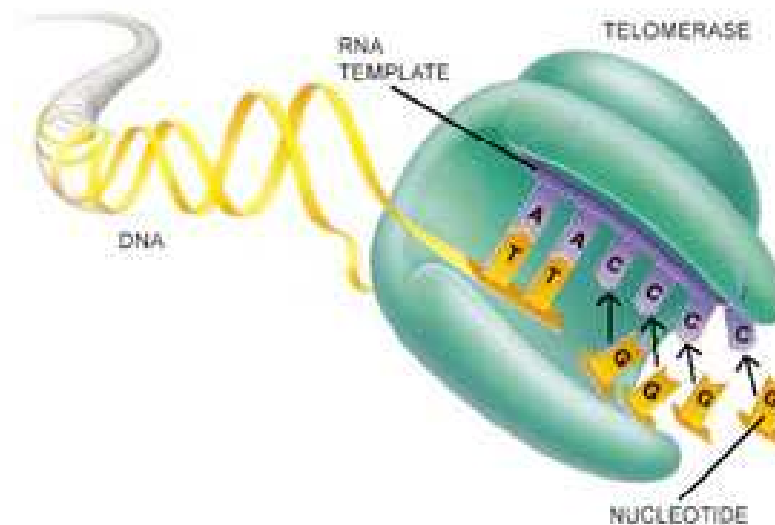
# Telomery

- Repetitivní sekvence na koncích lineárních chromozomů
- Vážou proteinové komplexy
- Ochrana konců chromozomů
- Zkracují se během mitózy
- Limitující faktor pro růst buněk



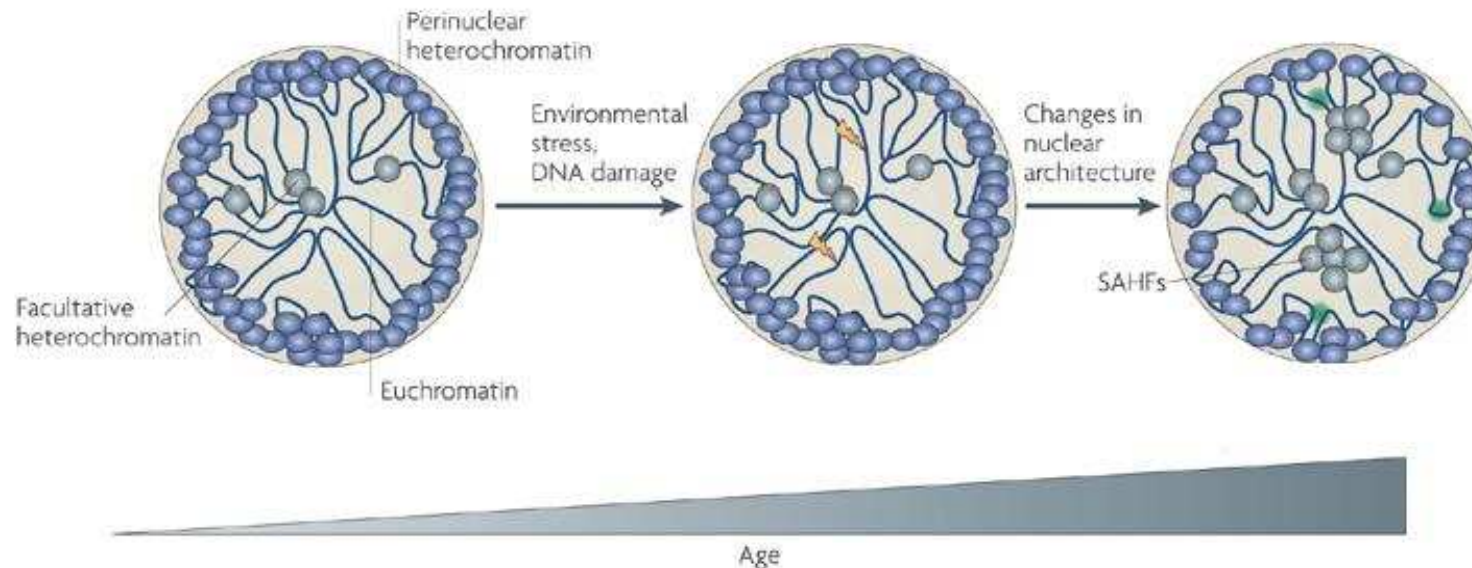
# Telomeráza

- Ribonukleoproteinový enzym, který je nutný pro kompletní replikaci konců DNA
- Rozpoznává 3'-OH konce chromozomů
- Tert: syntéza repetice
- Terc: templát pro Tert
- Většina buněk tento enzym netvoří → replikativní senescence



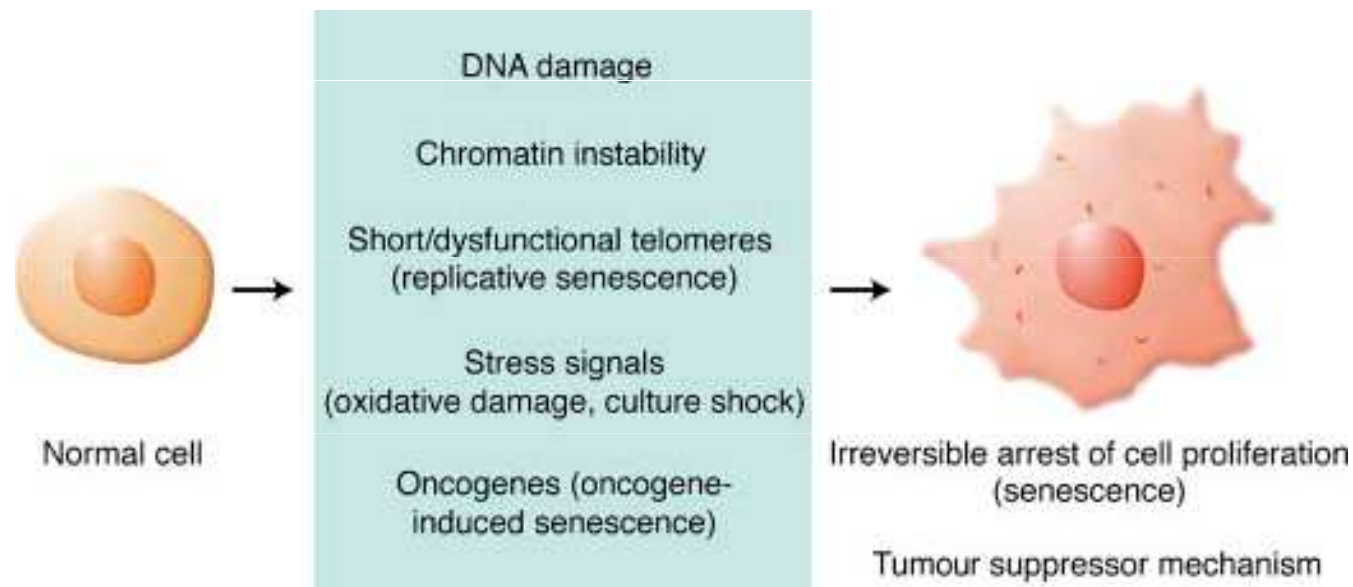
# Genomová nestabilita

- Perinukleární konstitutivní heterochromatin
- V centru jádra – euchromatin
- Kumulace poškození v jádře během života
- Změny v distribuci histonů a jejich modifikací
- Destabilizace genové exprese
- Aktivace lokusu *INK4A/ARF* → *senescence*



# Senescence

- Hayflickův limit
- Nezvratná zástava buněčného cyklu: *p53*, *p16*, *p21* a *RB*
- Ochrana před vznikem nádorů
- Změna morfologie buněk a genové exprese



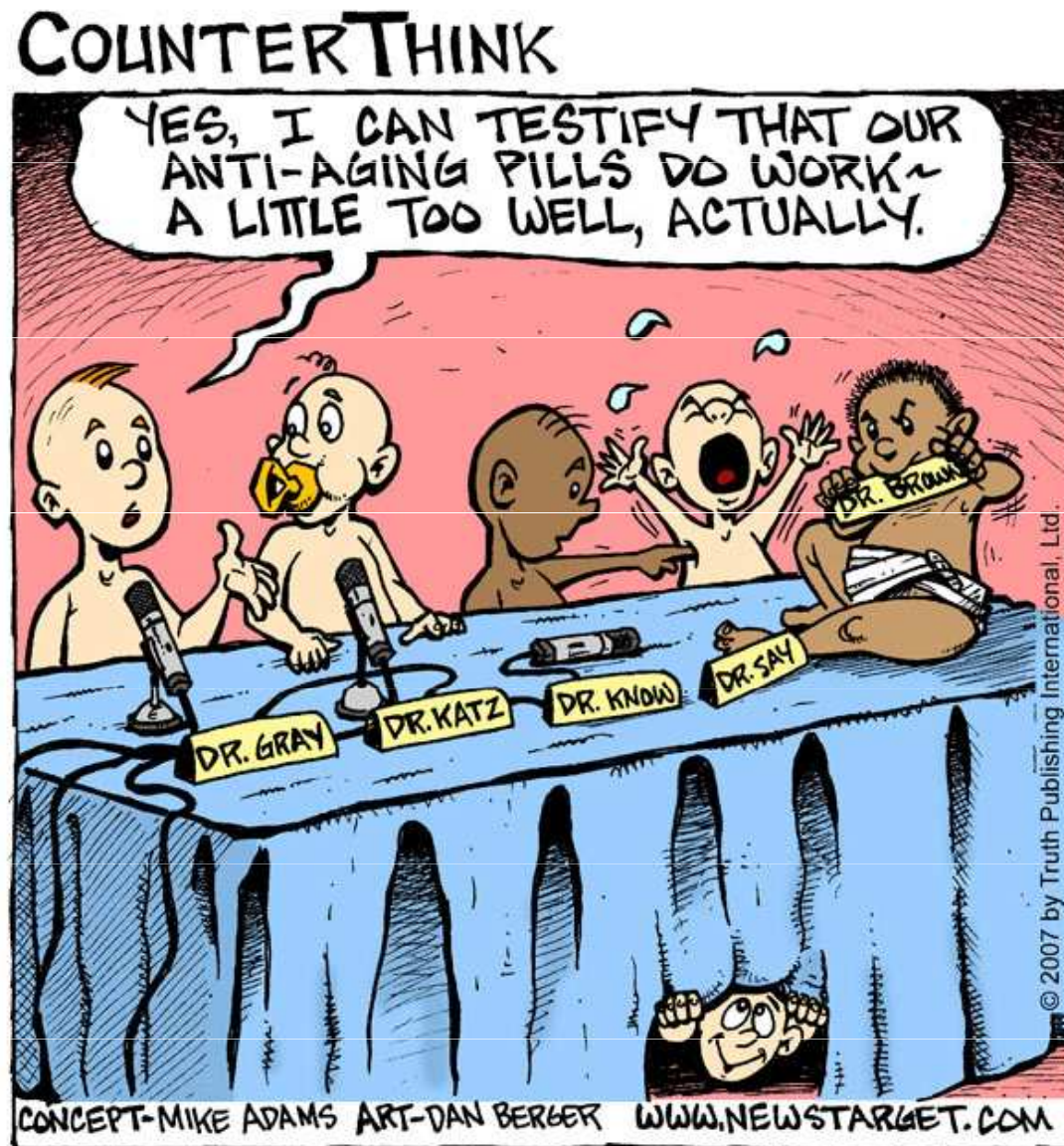
# Senescence

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Ztráta schopnosti kmenových buněk  
tkání nahrazovat poškození → stárnutí  
organismu

# Inspiration ☺



# References

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